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## TALES FROM THE CHINESE CRYPT

VOL II



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# Editor's Note

OCTOBER 2020

I've always looked forward to the month of October, as the weather gets colder and the holiday season is right around the corner. This year, Halloween will be a welcomed celebration for everyone to dress-up and pretend like the world isn't one giant dumpster fire. With so much happening over the last nine months, costumes should be as current and creative as ever.

To get you into the Halloween spirit, we compiled a second volume of 'Tales from the Chinese Crypt' to remind readers of the otherworldly tales recorded in the Middle Kingdom (pages 42-49).

Elsewhere in the magazine, our newest editor Sophie Steiner shares with readers a plethora of exciting things to do in up-and-coming Wuyuan in Jiangxi province (pages 30-35). Additionally, hear from Henry Novoa, founder of Karate Tiger Temple, as he shares with us the positive impact that karate has had on his students in Guangzhou (page 51).

In The Nation section, we focus our attention on the epic tale of one cyclist's journey from Switzerland to Shanghai (page 12-17).

Lastly, enjoy the National Day holiday break – and whatever you end up doing, be safe.

Until next month,



**Ryan Gandolfo**  
Editor-in-Chief

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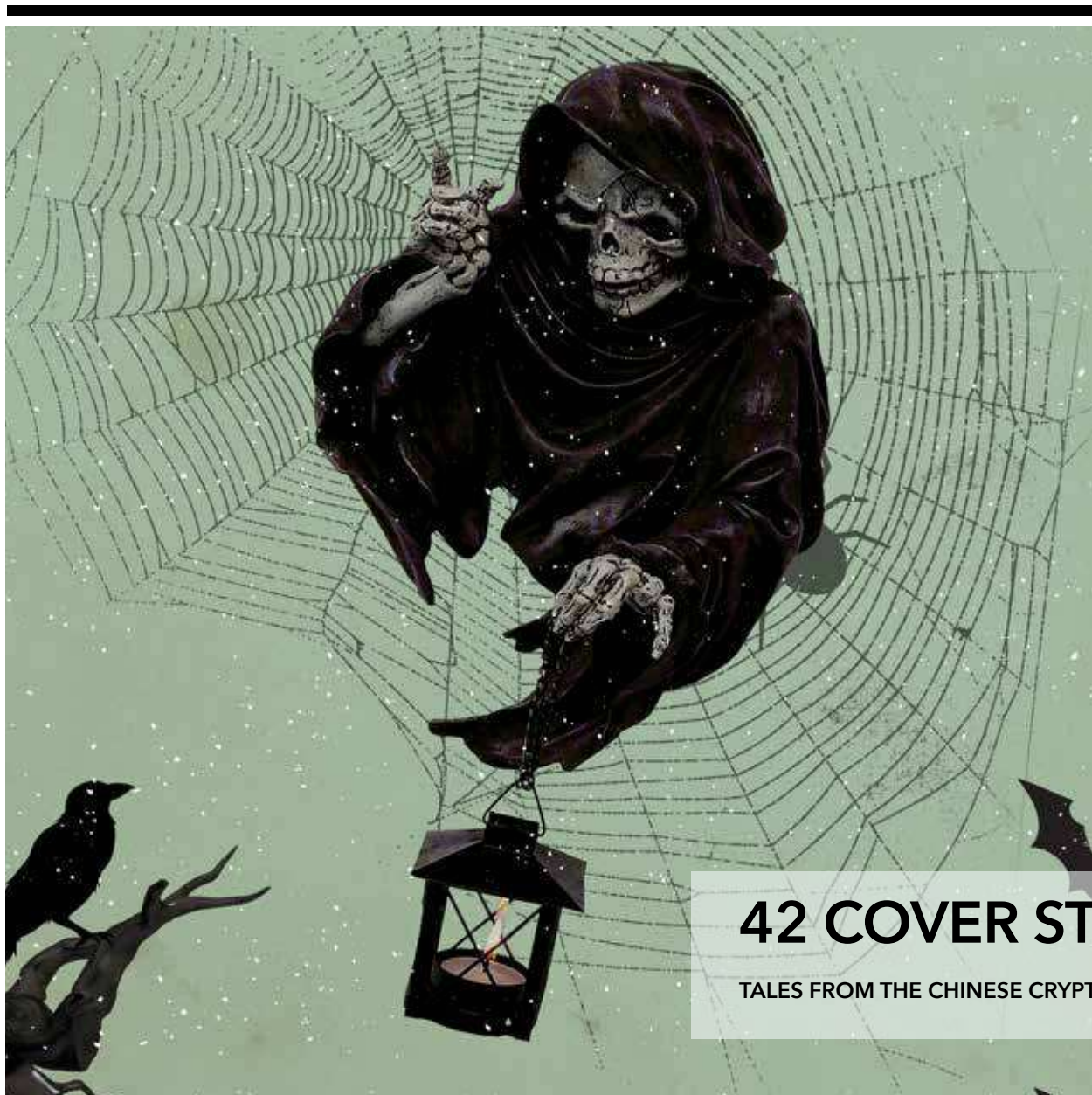
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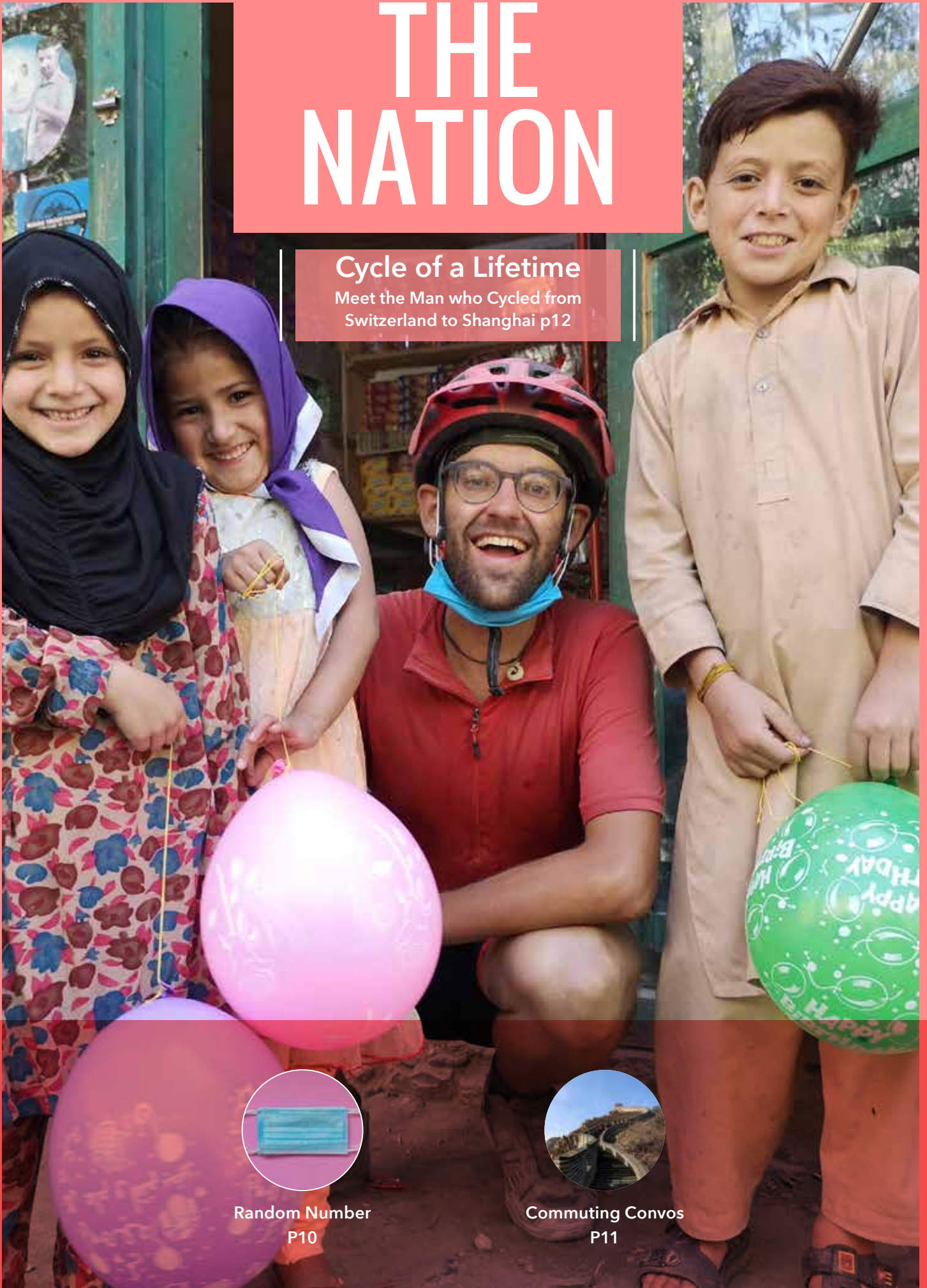
Reacting to Rabies.



# THE NATION

## Cycle of a Lifetime

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Commuting Convos  
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# FACE FLIGHT

## Chinese Airports Roll Out 'One ID' Facial Recognition Tech

By Joshua Cawthorpe

Guangzhou Baiyun International Airport has installed facial recognition technology across the airport to enhance passenger security, as reported by Xinhua.

The 'One ID' system being piloted at the airport is part of an international initiative in airports around the globe.

The goal is to apply the technology to security screening, check-in and luggage drop while compiling an information database for each passenger.

At this time, passengers who have registered for the service can reserve the right to decline airport access to their facial information at any time, according to the airport, as cited by Xinhua.

The system has not yet been deployed at departure gates, as part of epidemic prevention and control measures, to ensure that passengers are not congregating and removing their masks to use the system.

The drive to make airports smarter and more convenient comes from the International Air Travel Association (IATA).

The IATA insists that the future of air travel will soon be a document-free process with the implementation of biometric data collection at airports around the world. Thus, eliminating the need to show passports or boarding passes throughout the passenger's experience at the airport.

Here's an excerpt from the IATA official website on One ID: "Passengers will be able to identify themselves at each airport touchpoint through a simple biometric recognition. The objective is to achieve a truly interoperable system coordination between airports, airlines and governments."

IATA also states that the system will

"help combat human trafficking and other cross-border criminal activities" by making it more difficult to travel under false identities.

The system is currently only in place for domestic routes, however, Guangzhou Baiyun International Airport intends to extend the use of One ID tech for all aspects of terminal services.

The One ID facial-recognition system also recently completed a testing phase at Beijing Daxing International Airport, according to Xinhua.

For more China news, scan the QR code below:



# THE BUZZ

## RANDOM NUMBER

# 151

... is how many billions of masks China exported between March 15 and September 6. State-run newspaper *China Daily* published multiple figures highlighting the work China has done after a meeting in Beijing where President Xi Jinping presented medals to several role models in the fight against COVID-19. If accurate, that means China exported nearly 20 masks per person in the world, on average, over the past six months. To also put the statistic into perspective, China produced just five billion masks in 2019.

As the first country hit hard by COVID-19, China turned into a mask-making machine with factories all across the country producing for the domestic market. After China had limited the spread of the virus in March, manufacturers ramped up exports to governments dealing with severe mask shortages as well as other personal protection equipment (PPE) materials. In April, Chinese regulators tightened restrictions on mask and PPE exports after highly publicized complaints surfaced from foreign governments over exported PPE deemed 'faulty,' Reuters reported.



## DON'T YOU KNOW WHO I AM?

### Faye Wong

Legendary C-pop songstress Faye Wong made the news last month after singing a duet with Alibaba founder Jack Ma on Wong's live broadcast (which are rare). The duo performed the emotional 1996 song 'If the Cloud Knows'. The atmosphere was pretty relaxed, Wong sang from what looked like a karaoke room, surrounded by friends, while Ma joined in virtually. He praised the songstress, saying, "I think Faye Wong sings very well, her (voice) floats from the sky." As for Ma? Some were surprised by his abilities while others muted him right away.



## QUOTE OF THE MONTH

"The durians tasted fresh, but they were a little salty after soaking in the seawater for so long. They tasted better after I rinsed them with bottled water"



Said one woman in Guangxi after buying a contaminated durian. In late August, durians were collected from the coastal areas of the region, where they had fallen overboard from a cargo ship. Locals from Dongxing, a city near the border of Vietnam, took advantage by hoarding the floating fruit. After eating the durians, 523 people reported that they were experiencing nausea, stomachaches, diarrhea and vomiting, among other symptoms, including nine who went to hospital to seek treatment.



## MANDARIN MUMBLES

## Commuting Convoys

Travel is big around the National Day Holiday and with many destinations around the globe enforcing COVID-19 restrictions, exploring the Chinese mainland is sure to be a popular choice. According to China Internet Watch, 2019 saw 42% year-on-year growth for domestic travel during the October holiday which, even then, exceeded outbound travel for the week-long holiday. Travelers can expect crowds, queues and (hopefully minor) complications when traveling during peak times. Here are some slightly more nuanced phrases to help *That's* readers travel like pros.

To learn more about aoe Chinese, scan the QR code:



With epidemic prevention and control methods still in place, expect to be asked to show your green health code at a number of stops along your journey. Here is something you will surely be asked:

请出示你的行程码和绿码。

Please show your itinerary code and green code.

Qǐng chūshì nǐde xíngchéngmǎ hé lǜmǎ.

Rather than waste time buying single-journey tickets for the metro, snag a three or seven-day pass to tackle the turnstile. However, it's not always obvious where to buy one, so here is how to ask:

我哪里可以买地铁三日票?

Where can I buy a three-day subway ticket?

Wǒ nǎlǐ kěyǐ mǎi dìtiě sānrìpiào?

If you are traveling to a new city and you haven't registered for the destination city's health code, then you can ask for assistance like this:

请帮我填写这个表格。

Please help me fill out this form.

qǐng bāng wǒ tiánxiě zhège biǎogé

Some popular tourist attractions continue to enforce social distancing measures and require guests to schedule their visit in advance. Call ahead and ask if it's necessary by using this question phrase:

需要提前预定吗?

Do I need to book in advance?  
xūyào tíqián yùdìng ma?

During peak travel times, taxi drivers will often demand inflated rates for trips that would otherwise be quite affordable. If you don't feel like haggling, then try this polite way of asking the driver to just turn on the meter like they are supposed to:

大哥, 请打表

Brother, please use the meter

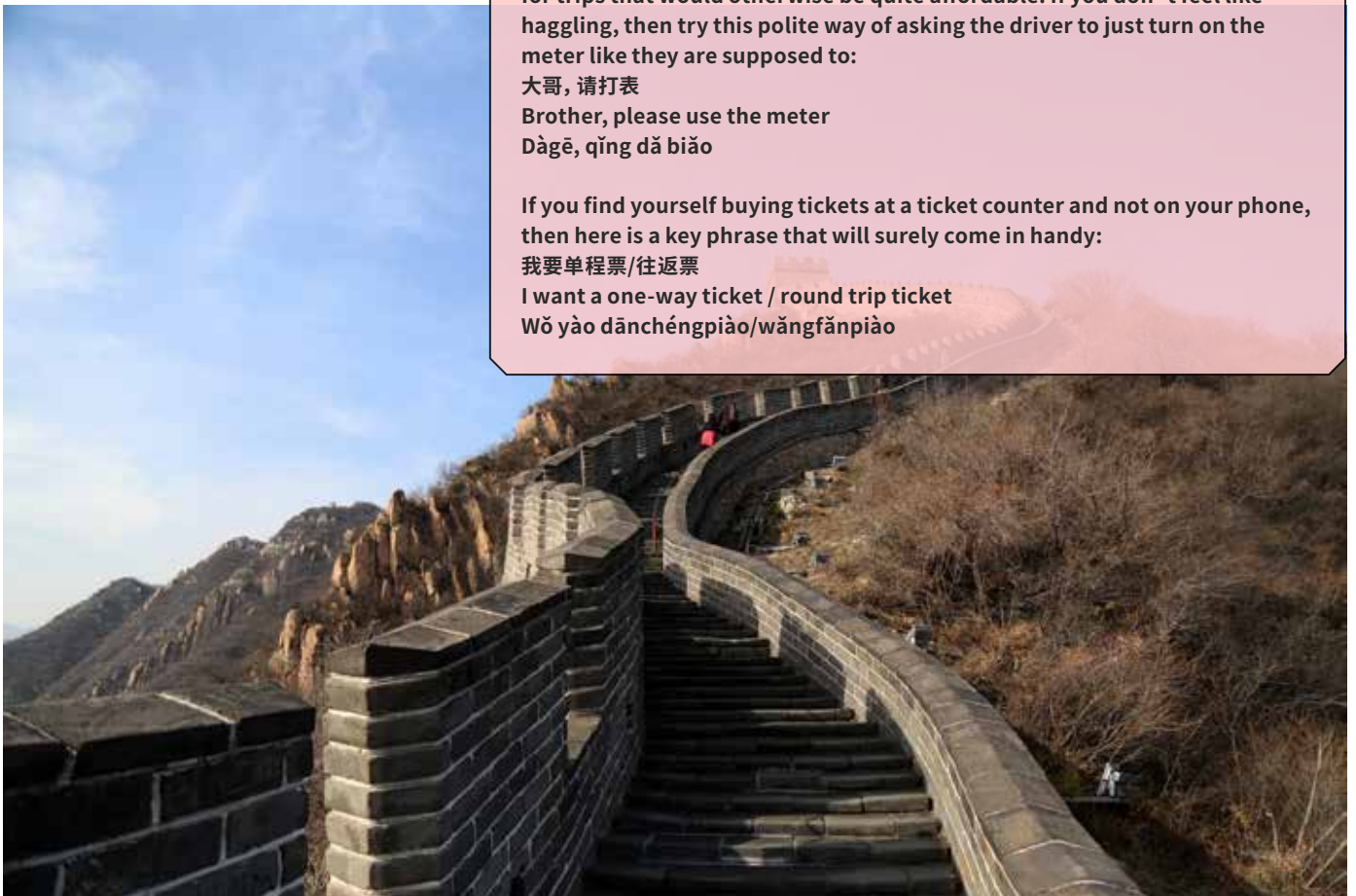
Dàgē, qǐng dǎ biǎo

If you find yourself buying tickets at a ticket counter and not on your phone, then here is a key phrase that will surely come in handy:

我要单程票/往返票

I want a one-way ticket / round trip ticket

Wǒ yào dānchéngpiào/wǎngfǎnpiào





# CYCLE OF A LIFETIME

Meet the Man Who Cycled from  
Switzerland to Shanghai

By Ned Kelly







“

I toured around my beautiful country as a manager of a circus

”

**W**hat kind of person cycles over 30,000 kilometers and through 27 countries, all the way from their home in the shadow of the Swiss Alps to the coast of the East China Sea? The same kind of person who runs away to join the circus, of course. Meet Dave Muehlemann.

"I'm a 40-year-old guy from Switzerland. I've done a lot of different jobs in my life, but never for the big money. I've worked in an office, as a pizza chef, a waiter on a train and as a nurse caring for elderly people. I also toured around my beautiful country as a manager of a circus."

It was his stint in the circus, perhaps unsurprisingly, that gave him itchy feet, or itchy wheels. In 2013 he rode 3,500 kilometers to the south of Morocco to visit some friends he had met while working in the big top.

"Before I started, I hadn't cycled one single kilometer on my new bicycle. So, I have to confess, it was a bit of a naive project. But in amazing Morocco,



I got a taste for this way of traveling."

So much of a taste that he flew on to Jordan, and then cycled all the way back to Switzerland from there. His 'Mediterranean Tour' covered 13,500 kilometers over eight months. As for this latest adventure, the original plan was to cycle to Tokyo.

"The idea came about in autumn 2013 when I read that the Olympic Games would take place in Tokyo in 2020. Before my departure, I applied for a job at the Olympics. My goal was to be a little cogwheel in the biggest sports event in the world, and hopefully, meet Roger Federer!"



“

The main road, the Karakorum Highway, built by the Chinese for the Belt and Road Initiative, is in perfect shape

”



After COVID-19, he was forced to switch his route to Shanghai. The pandemic worked to Muehleemann's advantage in China, though.

"In normal times, I would have been able to stay in China for only two months. But with the special situation, it was five months. It made it possible to cycle 8,150 kilometers from Yunnan and Shangri-La to Xi'an and Shanghai and onto to Hong Kong. This distance is equal to London to Beijing as the crow flies."

Taking things as they come and adapting to the situation is very much part of Muehleemann's philosophy.

"I'm not the type of guy who wants to plan every detail. On

the one hand, I'm too lazy for it. And on the other hand, it's often senseless to organize too much; when traveling the world, you have to be flexible, and I also want to be able to make spontaneous decisions concerning my route."

Muehleemann would sleep where he ended each day's ride. "Sometimes I pitched my tent, other times I would get invited in by families, most of the time I went to the cheapest shabby hotel or guesthouse. One memorable evening in Pakistan, some construction workers let me sleep in one of their beds by the side of a remote and dusty road, with noisy trucks driving by all night."



Pakistan was one of the unexpected delights for Muehlemann. "Through the media – it's true – there had been several terror attacks only a few years ago, I had warning voices in my head cycling through this region. I planned to rush through this leg of my journey as fast as possible, doing 150 kilometers a day.

"In the end, I was so surprised by the beauty of the mountains in the Hunza Valley and Gilgit-Baltistan that I cycled the shortest legs of the whole trip, integrated some hikes and made a very exhausting six-day detour. The main road, the Karakorum Highway, built by the Chinese for the Belt and Road Initiative, is in perfect shape. Next to it can be quite wild and raw – what I really like."







Other highlights for Muehlemann include Tajikistan and the famous Pamir-Highway, stretching across a barren plateau 4,600 meters above sea level, where he rarely encountered another living soul.

The Iranians, meanwhile, were arguably the most hospitable. "The welcoming behavior of the Iranians is legendary – so much so it was almost too much! I cannot say where I met the friendliest people, or where I had the best food. What I can tell you, however, is how many humans gave me something, without knowing me and often without having much for themselves. It was so astonishing and touching."

Nowhere more so in China than Yunnan, says Muehlemann. "It is an amazing region, so diverse regarding the nature and the people, with 35 minorities. This was where I was given the most presents from the people. I spent some time with a young and very generous guy who, on the day I left his small, pretty village, gave me 60 warm quail eggs for my onward journey. Because it was way too much for me, I shared them with the girls and boys along my route."

The children in all countries were the highlight for Muehlemann. "It's a joy to interact with them, even without a common language. I always had dozens of balloons with me, and tied them to a thread so the kids could have some fun for a while."

Muehlemann says that his chosen form of transport is a big advantage when it comes to meeting people along his journey, with people attracted by the fully loaded bike. His trusty steed is a Papalagi GPi of MTB Cycletech – "a robust touring bike with a steel frame and the perfect travel mate for this trip, and even manufactured in my hometown."





The bicycle itself weighs 19 kilograms, while all his kit weighs 24 kilograms, with 3 kilograms of food and drinks thrown on for good measure. Powering all that up Pakistani mountains would require a special diet, one would imagine. Not so, says Muehlemann: "I always ate what I felt like, if possible local food from the street. Nothing special."

In the end, his journey from his hometown near Zurich to Hong Kong took in 30,200 kilometers, with 226 days in the saddle over a period of 18 months, giving Muehlemann time to explore the cities and countries he was in, and "giving my bicycle some time to rest and recover."

He hopes to inspire other people to travel the world in a similar fashion. "Everyone can do it: one week to Nanjing, three days to Hangzhou. It's a mental thing – you just have to start, of course."

Muehlemann says he never felt like giving up – "No, never ever!" And as for whether he would do it all again? "If things go as planned, I will continue my journey on from Shanghai to South Korea and Japan in spring 2021."

For an interactive map of Muehlemann's journey, with pictures and notes (in German) visit [daily-dave-diary.travelmap.net](http://daily-dave-diary.travelmap.net) or scan the QR code below. Follow him on Instagram @daily\_dave\_diary





# ARTS & LIFE

## Strike a Pose

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City Snapshot  
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# ZHAO CHENXI

## Founder of Fabric Porn

Interview by Phoebe Kut

Zhao Chenxi, the mastermind behind the 'Make China Lit Again' hat and fashion label Fabric Porn, certainly made a splash in the fashion world last year. Spending time in both Xi'an and California while growing up, Zhao accumulated a well-rounded perspective of China and the US. After graduating, he started his label fabric porn in 2019. The collection features tongue-in-cheek pieces inspired by Chinese street culture, paired with Western silhouettes. We catch up with the budding designer to see what's in store for season three.

**What is fabric porn's mission? What is your biggest inspiration?**

As someone who grew up in China, who has experienced both Eastern and Western cultures, I want to bridge the gap, but in a different way. Most of Chinese culture hasn't been discovered, many just see the China portrayed by Western media. I feel there is a lot of beauty and philosophy in Chinese culture that could help contribute to the world. I want to help express that culture.

**How was your first Shanghai Fashion week?**

It was an all-new experience; I've never done something like that before. The original plan didn't end up working out because of unexpected circumstances, so a lot of changes were made. However, we



"Most of Chinese culture hasn't been discovered, many just see the China portrayed by Western media"

still managed to gain a lot more followers on social media after the livestream, while previous followers gained a deeper understanding about our brand and vision.

**How do you feel about copycats on Taobao?**

I've seen other shops with the same or similar t-shirt designs as ours. Unfortunately, the application process for intellectual property rights is long – it takes three to eight months to get the copyright. I think copycats don't hurt brands too much as it depends on their target audience. For example, a fellow designer's brand ranges from RMB1,000-2,000, while copycats are cheap. It's still not a good feeling, though.

**What can we expect from season three? When will it launch?**

I'm currently working on season three; it will be ready by Shanghai Fashion Week in early October. A lot has happened in 2020. There has been so much hate,

racism, bad vibes and negative energy. Although there are many different countries, we are all humans living on this Earth. Therefore, the title of the collection will be 'A Community of Shared Future for Mankind.' I hope for more positive energy and love. We're also making suit jackets dedicated to George Floyd, Kobe Bryant and other influential people from this year. For example, the jacket dedicated to Kobe will incorporate 24 and the color way he is known for.

**Do you think the future of fashion is in live-streaming? Are brick and mortar stores dead?**

Online shopping is taking up the brick and mortar market, but real stores cannot be replaced. For more expensive pieces, trying them on and feeling the fabric in-store is irreplaceable.

> Follow @fabric\_qorn on Weibo and Instagram for more info.

# STYLE RADAR

## OVERHEARD

**"The Chinese elements in the discussion are of little significance. The real problem is the plot logic"**

We promise, this is the last time we'll write about *Mulan* (for the time being, at least). As you probably know, the film was finally released in September and was met with mixed reviews from audiences. Chinese novelist and blogger Ma Boyong took to Weibo, writing, "Discussing the Chinese elements of the film are of little significance. The real problem is the logic of the plot." He goes on to explain the sloppy writing, saying, "In short, the screenwriters completely messed up the last 20% of the climax, and forced the elements of the plot. Fortunately, the front half was pretty good." Others didn't like the fact that Mulan in this version was born with abilities to harness chi, making her more powerful to begin with. A netizen wrote, "I don't like the idea very much [that] she is hiding her strength at the beginning. Obviously, Mulan in the cartoon was originally clumsy and finally became very strong by her own efforts; isn't this more inspirational?"



## COVET

### Make China Lit Again

A cheeky play on Trump's controversial MAGA hat, 'Make China Lit Again' was the theme of indie fashion label, fabric porn's debut collection. Raised in China and the US, designer Zhao Chenxi feels that "Chinese people are lacking in their own cultural confidence," which is the inspiration behind 'Make China Lit Again.' The rest of the collection mixes vintage aesthetics with Chinese references from the '80s and '90s. Keep your eyes on this brand, season three's collection is titled 'A Community of Shared Future for Mankind' and will explore societal issues faced in 2020.

> RMB499. Scan the QR code with the Taobao app to purchase.



## UNDER THE LENS

### Hot Pot Hilarity

Recently, a funny video called #欧美火锅店# or 'European-American Hot Pot' went viral online. Ariana Grande 'stars' in the video, working as a waitress in a hot pot shop while other stars act as patrons in the video, singing lines from their hit songs which 'sound' like Mandarin. For instance, Justin Bieber's croons 'love me love me' which is supposed to sound like him ordering 'lamian lamian' (拉面拉面). Other celebs who also make an appearance are Katy Perry, The Weeknd, Lorde and Nicki Minaj.

> Scan the QR code below to watch:







## CITY SNAPSHOT

## @latte.wanderer

Alex Feal, or @latte.wanderer, is (as you can tell by the name) a coffee-addicted photographer currently based in Shenzhen. He works in marketing for one of the city's big tech companies, but lives for those coffee-filled mountain-climbing weekends out of the city.

He describes stumbling upon the green-tiled temple in this photo as a "happy coincidence." Like most of us, Alex was tired of the city after a long week so he drove out to Dapeng for a change of pace. "I had no idea what to expect and had no expectation to get a photo but saw this temple while wandering around, took out the drone and snapped the shot. This has honestly become my favorite photo of Shenzhen. It's quiet and relaxing – everything the city chaos lacks sometimes."

> For more of his work follow @latte.wanderer on Instagram or visit [www.lattewanderer.com](http://www.lattewanderer.com) to find posts about where to get the best coffee or travel to.

# HAPPY HA

## Costumes to Get You in the Spirit

Compiled by Rakini Bergundy

It's that time of the year again, Halloween. Whether you love or dread spooky season, we have some great ideas to get you prepped for the big night – 2020 style. (Read: Karen)

### Tiger King

Lion Costume for Cats

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Hippie Costume RMB111

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### Bat Wings (for your pet)

RMB26

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### Jay Chou's Mojito MV

Cactus Shorts RMB2,190

Flower Shirt RMB6,161

Scan the QR code to purchase.





# HALLOWEEN

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## Kaonashi from Spirited Away

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## Mulan

RMB643.89

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## Karen

RMB96

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## Hamilton

RMB98.80

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# STRIKE A POSE

## 7 Tips on Getting the Perfect Photo

By Nadine Esterl and Anthony Pontillas

**N**adine Esterl and Anthony Pontillas, co-owners of Evrydy Studios, give us the lowdown on how to take the best photos for your social media feed. Esterl is a German-Ghanaian model, and Pontillas is a photographer who hails from Manila. Both studied design and ended up partnering together to establish Evrydy Studios for your complete commercial, editorial and fashion photography and videography needs.



For more info, contact Anthony via WeChat (ID: Kojolovesbread) or check out his work on Instagram at @anthony.pontillas.

1

**Confidence is key** Make sure you're comfortable wherever you're taking the photo. Maybe that means moving to a less crowded area. Relax, your confidence will shine through and make for a great photo.

2

**Angles, baby** Cameras and phone cameras have different lenses and create distortion. If you're taking a body shot and want your legs to look longer, take it from a lower angle, tippy toe or slightly place one leg forward. Take face selfies from above because it will make your chin smaller. Never look at the camera straight on, try tilting your face 45 degrees to the left or right or tilt your chin down. Make sure not to look too far too one side as only the whites of your eyes will show.

3

**Posing** Relax your lips, breathe through your mouth and exhale. If you don't know what to do with your hands, try holding a drink. For men, looking a bit 'angry' works.

4

**Movement** Always add a bit of movement for that 'candid' shot. Flicking or touching your hair always works.

5

**Preparation** If you want that perfect photo, make sure you put on your best outfit, or just touch up your makeup. If you're heading on a vacation, check the location on Instagram and see other pictures people have taken for inspiration. If you're heading to the beach, pack some baby oil - it'll give you a glossy shine.

6

**Lighting** If you're in a dark location, make a DIY reflector by using a white towel. Reflectors are amazing and we would recommend a 5-in-1 reflector for beauty or half body shots. Also, having light directly shine from above (aka midday sun), creates shadow on your nose. Have light coming from straight on, and face the light.

7

**iPhone Hacks** Turn on your camera grid to easily center the subject or position them using rule of thirds. Also, the new 0.5x optical zoom feature is great for capturing landscape, scenery and architecture.



# THE PULI HOTEL AND SPA UNVEILS STAYCATION OFFERS

*The PuLi Hotel and Spa has launched a series of 'Staycation' packages, carefully curated around the needs of everyone wishing to unwind in the #2 Hotel in China/Asia, according to the latest Condé Nast Travellers' Reader Choice Awards.*



With its location between the famous Nanjing Xi Lu and Yanan Lu, right at the very heart of Shanghai's business, shopping, sightseeing and entertainment district, Shanghai's first luxury 'urban resort' is the ideal point for the exploration of Shanghai's unique heritage, as well as the venue of choice for a relaxing and engaging stay for guests and their loved ones.

Seamlessly connecting contemporary design with the soothing characters of an urban resort, The PuLi Hotel and Spa is renowned for its sophisticated, elegant and conscientious design, its unparalleled service and for its unique blend of luxury, comfort and style.

The hotel boasts Michelin-rated restaurant, PHÉNIX eatery & bar (1 Michelin Star) and Long Bar as well as its award-winning UR SPA, in collaboration with Valmont and Comfort Zone. The PuLi Hotel and Spa has a lot to offer, well beyond the greenery of Jing'an Park.

The Staycation packages represent an authentic interpretation of the hotel's Hostmanship™ philosophy, the URC Group's unrivalled, resolutely human, engaging and generous guest experience.

For any stay of two consecutive nights, guests can choose their perfect retreat from the following.

## Urban Exploration

Indulge in the comfort of a tranquil sanctuary, enjoy daily breakfast and afternoon tea for two, and choose one of three exclusive experiences:

- Immersive half-day city tour of your choice
- Limousine airport or train station pick-up and drop-off service and half-day car rental service
- Any 90-minute spa treatment for two at UR SPA.

## Family Delight

For a memorable break with your family, stay at The PuLi to enjoy the following children's perks, daily breakfast for two and full club benefits:

- Children in-room amenities
- Free sofa bed
- Children under 12 years old dine on us throughout their stay (children's menu only)

Pamper yourself and select one of two exclusive experiences:

- Half-day car rental service
- Limousine airport or train station pick-up and drop-off service

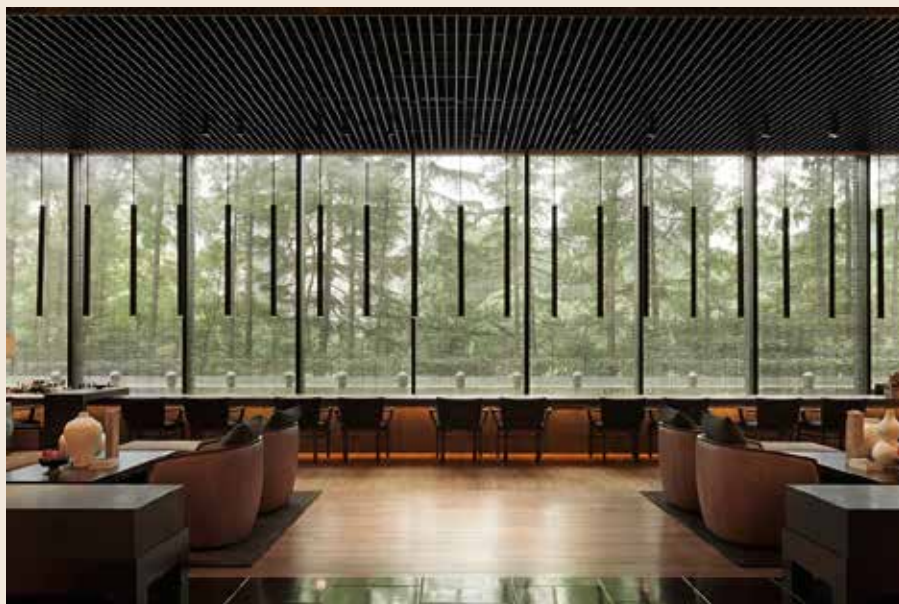
The offers are valid for bookings and stays until February 28, 2021.

Rates for Staycation packages start from RMB4,980 for two nights, subject to service charge and VAT.

Both packages include the hotel's Hostmanship™ benefits:

- Guaranteed 24-hour check-in and check-out
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- Daily breakfast in our restaurants, lounges, your guest room or on the go
- Daily laundry service for up to 3 pieces
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- Best-in-class WiFi everywhere in the hotel
- No check out required, unless you wish so
- Secretarial services
- Use of meeting room for up to 2 hours
- Local calls

For reservations or inquiries, please visit [www.thepuli.com](http://www.thepuli.com), call +86 21 3203 9999, or email [reservations@thepuli.com](mailto:reservations@thepuli.com). No. 1, Changde Lu, by Middle Yan'an Lu, Jing'an district 静安区常德路1号 近延安中路

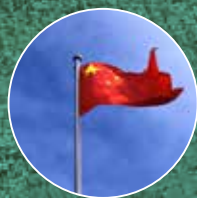




# TRAVEL

## Wuyuan

Vistas and Villages, p30



Mile High  
P28



Hot Spot  
P29



# MIKE SLIM

## Founder of Supoholic

Interview by Ryan Gandolfo

When it comes to popular stand-up paddleboarding (SUP) destinations around the world, people's minds turn towards Hawaii, the Florida Keys and Costa Rica, among others. Needless to say, China's coastal waters don't get the same attention. However, Mike Slim of Supoholic is giving people living in China a taste of the 'SUP' life with tours in Sanya, Shenzhen and Huizhou. Slim shares with us why paddleboarding has yet to take off in the Middle Kingdom.

### How have you seen paddleboarding develop in China since you got started?

While water sports are very popular all over the world, it seems they are still undervalued here in China. There are two major problems: dirty waters and an apparent phobia of water. China has a lot of things they need to do before paddleboarding becomes a popular activity. I estimate that we're still a few years away before people in the PRC start buying paddleboards for recreational use and begin paddling out on their own. Regarding paddleboarding as a sport, I don't have any forecast. I'm not involved in the sport industry at all, my passion is stand-up paddleboarding (SUP) tourism.

### What are the best spots to paddleboard in China?

Any clean and uncontaminated water source is a good spot for paddleboarding. I prefer seas, especially in Hainan province – if you have not been there yet, you should pay a visit. I'm organizing a SUP trip to Sanya over the October National Day holiday. You can also visit my winter paddleboarding club in Sanya.

### What have you learned about the country's coastal areas since you started providing tours?

China has one of the longer coastlines in the world. While I've been to many places [along the coastline], I still haven't even seen 1% of it yet.



"China has a lot of things they need to do before paddleboarding becomes a popular activity"



### How does typhoon season play a factor into your tours?

Any offshore wind is potentially dangerous and a hazard. However, strong winds blowing in a predictable direction can be used for a nice downwind ride. This way you can start from one spot and paddle to the other spot through the open seas along with the wind. Downwind rides are great for covering long distances.

As for typhoons, it's totally unsafe for our activities as wind direction is hardly predictable and scattered rains can reduce visibility. Vessels and rocks are arguably the most dangerous obstacles during a storm.

To add Supoholic, scan the QR code and follow them on Instagram (@supoholic):



# ITCHY FEET

## ROLLER COASTER

### Travel Frenzy

China is getting ready for a big surge in domestic travel for the October National Day holiday as COVID-19 comes more under control. According to China's railway ticket-booking website 12306.cn, many popular train routes were fully booked up within a few hours after presale began at the beginning of September. Due to the longer holiday this year (because of Mid-Autumn Festival falling on October 1), many are looking to use that extra time to travel further. Mid-Autumn Festival is traditionally for family reunions, and after the extended time apart, most are looking forward to returning home. To plan for this, China's aviation sector is preparing for an increase in travelers. For example, Haikou Meilan International Airport is resuming more than 1,500 flights to meet the increased travel demands. The boom in travel bookings is a clear sign that consumers have a strong desire to travel again, hastening the travel sector's recovery and lifting tourism to its peak period this year.



## MILE HIGH

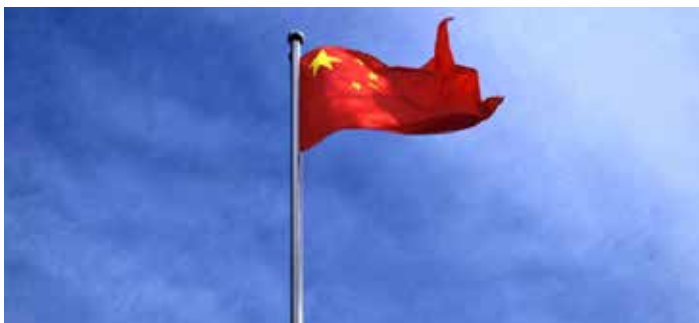
### Welcome Home

After a six-month hiatus, foreign nationals with valid residence permits will be allowed to return to the Chinese mainland. The Department of Consular Affairs and Ministry of Foreign Affairs announced on its official WeChat in late September foreign nationals with valid residence permits for "work, personal matters or reunion are allowed to enter China" can return without having to apply for new visas. However, for those planning to return to China, we regret to inform you that international flight prices are still sky high.

We checked Trip.com and found that the cheapest ticket on October 2 from

New York to Shanghai is currently around RMB50,000.

So, be prepared to drop a lot of money if you're looking to return sooner than later.



## HOSPITALITY HIGHLIGHT

### Dawang Mountain Resort

At the newly opened Dawang Mountain Resort in Changsha, guests can both bundle up and dress down for some time in the snow at the Entertainment Ice World followed by a dip in the multi-level outdoor swimming pool that is part of the connected Water Park. With over 270 suites, 60 executive suites, an executive club lounge and a six-room presidential suite, everyone is treated to a broad spectrum of activities and entertainment



ideal for all four seasons. The hotel façade is a 100-meter glass tower that provides state-of-the-art sun shading and natural ventilation to the exciting multi-seasonal world inside. From indoor skiing to a 60-meter high indoor waterfall to hanging gardens to shopping facilities, this resort falls in a unique space between architecture and landscape.



## HOT SPOT

## Tulum, Mexico

Located along the Caribbean coast of Mexico's Yucatán Peninsula, in Quintana Roo state, Tulum is a truly magical destination.

In addition to breathtaking coastline and one of the nicest beaches in the entirety of the United Mexican States, Tulum municipality is home to the ruins of a Mayan walled city of the same name. The archaeological site is a popular tourist attraction and features a number of well-preserved structures, including El Castillo, the Temple of the Frescoes and the Temple of the Descending God. For those keen to learn more about the area's Mayan heritage and culture, a trip inland to the ruins of Coba is strongly encouraged.

Swimmers, snorkelers and scuba divers can take advantage of both the ocean reefs off Tulum's coast and the region's spectacular underwater caves, known locally as cenotes. A diving adventure into one of Tulum's underwater caverns is a truly humbling experience and one we'd strongly encourage you to consider (diving tour operators offer excursions for licensed PADI divers).

Being a coastal settlement, visitors to Tulum can also expect a wide range of fresh and affordable seafood dishes. Of course, a Corona (the beer, not the virus, obviously) or two on the beach is also in order.

Of note, as of writing Mexico is one of 42 countries around the globe to have zero travel restrictions in place as a result of the COVID-19 pandemic, which means a trip to the land of tacos, cervezas and mariachi bands is very much an option.


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AD





# WU YUAN

## Vistas and Villages

By Sophie Steiner

With Golden Week here and borders still mostly closed off for travel, expats and Chinese nationals alike are looking for a way out of the city and off the beaten path yet still within the confines of China. While more common options, like Moganshan (for those in Shanghai), Guilin or Yunnan are top of mind, there are alternatives that are even easier to reach and explore that arguably offer a more authentic side of China.

Wuyuan, in Jiangxi province, is located just 3-4 hours from Shanghai by high-speed train and boasts an impressive array of options for travelers seeking any combination of relaxation, nature, culture, art and food.

After heavy investment from the government and the construction of a high-speed railway station in Wuyuan, the lesser-known province of Jiangxi has garnered a well-deserved boost in tourism over the last five years, yet it remains relatively untouched and retains its rustic, authentic countryside charm. March and April see the largest influx of tourists for the sea of yellow rapeseed flowers that cover the rolling hills and small villages. Still, Wuyuan really is a year-round destination, with outdoor activities and distinct natural benefits found during all seasons.

Here are our suggestions for where to spend your time, what to eat and where to stay for an ideal Wuyuan vacation.





Image credit: Sywells





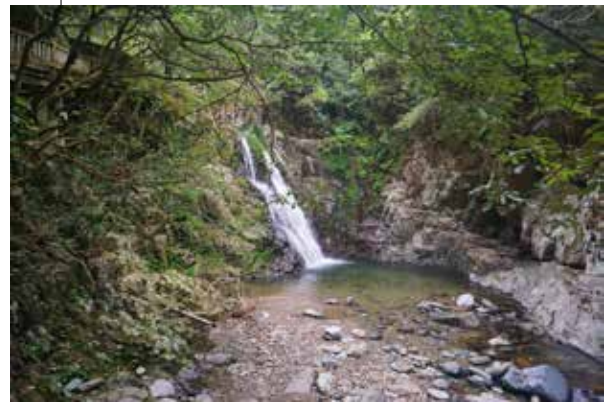
## Village Hopping

Wuyuan has no shortage of small villages, each with their own unique personality and point of interest. Visiting a handful in a day is quite popular, and will usually set you back around RMB300 for a full-day driver. There are a few popular routes, like the East Line that takes you from Small Likeng, a sleepy village with great sunset views and late-night local foodie spots that spill out onto the main road, to Wangkou, famous for its 1,000-plus-year-old 'Moon Well' that's been used for drinking, washing and medicinal properties for longer than most civilizations have even been around. Next, hop to Huangling with its expansive cable car ride and then over to Xiaoqi, a village divided in two where the upper section is more geared towards tourism and the lower area is secluded and peaceful. The North Line also has a few branch options that take you across other parts of the region. Along this route, you can ride a boat through a cave forest park in Lingya, make traditional paper umbrellas at its birthplace in Jialu, admire a *Game of Thrones*-esque moat surrounding Jujing or bask in Changxi's exquisite autumn foliage.

## Xitou Waterfalls

The 4-kilometer loop brings trekkers to 15 unique waterfalls in Xitou. If it's nature sounds you seek rather than squawking photo gawkers, push past the first few falls for the ones near the end of the trail, where you can swim and take in the surroundings in peace. Grab a bite at Yejiā Dayuan (叶家大院), a country-style restaurant where the menu is a refrigerator, and fish are caught to order from the pond that the restaurant is built around. Featuring loads of fresh produce and tofu options, this restaurant is quite vegetarian friendly.

Follow up a visit to the falls by submerging yourself into the slow-paced country life at Jiangangling and neighboring Huangcun villages. These authentic villages are located just 5-10 minutes' drive away. They are ideal for an afternoon meander through back alleys to watch people going about their daily lives, fishing, washing clothes and catching the latest village gossip.



## Jingdezhen

Every Saturday morning in Jingdezhen, a creative market is held outside the sculpture factory. Young artists display their individually designed and created wares of anything from cups, mugs and plates to scarves, jewelry and even artisan liquor. Known as the world's porcelain capital, ceramics are found everywhere, even molded into patterns on the sidewalk. Check out the



Sculpture Factory Main Street for some extra shopping, and swing by Southern Sloth, a new father and son-run craft brewery tucked down a narrow alley. Kai, the face of the brand, focuses on marketing and design, while his father, a Mao-era engineer, is in charge of production. Tao Xi Chuan district, an industrial factory area, has also been converted into an everyday art district, filled with displays, cafes and shops.

## Wulongyuan

For the adventure seekers, Wuyuan offers white water rafting at Wulongyuan, albeit tame when compared to more rugged rafting in other parts of the world. With manicured slides and minimal physical activity, the 40-minute journey downriver is still thrilling nonetheless. Confident swimming ability is advised.



## Jiangxi Lengfen

The cold bean starch noodles, a popular dish in Jingdezhen, feature unctuous, chewy noodles that soak up all of the flavor of the vinegar, soy and sesame oil dressing. Topped with cilantro, fresh cucumber, crunchy pickled radish, citrusy dried orange peel and insanely spicy chili sauce, the crazy combination of flavorful components is memorable in more ways than one. We found our favorite version at a small no-name cafe nestled beside an art gallery in Jingdezhen's Tao Xi Chuan district.



## Zheyuan Moon Cakes

Zheyuan may seem like any of the other 50 plus Wuyuan villages, but along the main street sits the most famous moon cake baker and Chinese pastry maker in the entire area. Here, people come from the city directly to the shopkeeper's humble store, adorned with a self-made pizza-oven look alike used for baking *bing* of all kinds around the clock. The buttery black sesame and tangerine peel-stuffed *bing* crumble like a sugar cookie, and thankfully are available year-round, while the more typically-shaped moon cakes filled with thick red bean paste or a mix of sweetened nuts and seeds put all other moon cakes to shame.

## Lotus Leaf Wrapped Steamed Ribs with Sticky Rice

Jiangxi is known for its steamed yet flavor-packed dishes, and the pork ribs with sticky rice wrapped in a lotus leaf are a taste of pure comfort. Similar to the Cantonese *lomaigai*, this dish incorporates simple flavors, like ginger, soy sauce and Shaoxing wine mingled with the earthy flavor imparted by the lotus leaf wrapper and extra body from rice flour to create that perfect bite. Think fall-off-the-bone meat accompanied by chewy, fat-soaked, flavor-filled rice. We found our favorite version in Zhangcun, a small village right behind the larger town of Sikou. The restaurant and hotel combo, Jialu Nongzhuang, is popular among locals and tourists alike, and for good reason – their rustic food and wide range of specialty dishes are top-notch.



## Sleeping Sound



### The Wuyuan Skywells

The Wuyuan Skywells is a family inn and passion project of England-native Edward Gawne, his Jiangxi-born wife, Selina Liao, their adorable daughter Victoria and soon-to-join-the-family baby boy. This 300-year old refurbished mansion from the Qing Dynasty is the family's antidote to the mile-high skyscrapers, ruthless overtime culture and relentless pace of life in modern China.

Ed quit corporate life just three months before his 30th birthday to pursue his passions after working in market research in Shanghai for years. While living in Nanchang, his wife's hometown, he studied Chinese for a year and spent his weekends exploring the Jiangxi countryside, where old houses, farms, and forests are in no short supply. Selina, a passionate entrepreneur, was equally intrigued by her home province's untapped village tourism, and together they decided to venture into this nearly untouched market.

After building a dream team of global architects, design agencies and carpenters, the project was underway in 2016 and came to fruition in 2017. By 2018, the unique balance between preservation and state-of-the-art design afforded them universal acclaim, being named the 2018 Red Dot Award Winner, 2018 LEAF Award Winner, 2018 Travel

Hospitality Award Winner and many more.

The Skywells name comes from the signature architectural feature of Wuyuan houses, a wide-open 'window' in the structure's roof that keeps both the heat and other unwanted people out, while still allowing fresh air and light to reach inside. Ed and Selina honor the home's history by maintaining as much of the original structure as possible, while still making it a comfortable oasis for guests and themselves. (They got married and still live at Skywells today.)

Ed and Selina take pride in tailor-making itineraries to fit each individual's wants, caring about everyone's overall experience both in and out of the inn. Since they live at Skywells about 80-90% of the time, it's not uncommon for them to enjoy a dinner with guests, pouring over maps, pulling up photos and sending WeChat pins of obscurely famous tofu makers and moon cake bakers located in villages off the beaten path. "If it's on Dianping or Google, we generally won't send our guests there. We prefer to find our own trails and unique trip highlights to make each person's stay that much more memorable," says Ed, while harvesting Jerusalem artichokes in the garden, preparing them to be pickled as a breakfast side dish.





Ed and Selina have designed a set of hiking, biking and of-interest village maps for their guests to use. From grueling 10-kilometer treks through forests, across tea fields and into tiny villages, to relaxing bike rides passing by farms and cornfields, they pride themselves on finding something special and appealing, no matter what their guests seek out of a vacation.

"A hotel is only as good as its guests," is the motto Ed and Selina live by. Still, we are pretty sure that in this case, it rings especially true if you swap out the word 'guests' with 'owners.'

Stay tuned for the family's newest project, an English Country Manor surrounded by

lush tea fields on one side and a picturesque calm lake on the other, located just 5 kilometers away from Skywells. This 30-room venue is aimed at families, with two acres of garden, kayaks, a large library and Victorian-style fireplaces in each building. We look forward to seeing it open to the public around early Winter 2020.

> To book a room at Wuyuan Skywells, call +86 136 1194 6697 or email [frontdesk@wuyuanskywells.com](mailto:frontdesk@wuyuanskywells.com)



# BUSINESS & TECH

## Rice to the Finish

Meet the Chinese Company Disrupting the Rice Industry p40



Inspect-a-Gadget  
P38



High and Lows  
P39



# MAXIMILIAN BUTEK

Delegate and Chief Representative of Delegation of German Industry and Commerce in Guangzhou

Interview by Ryan Gandolfo

Maximilian Butek arrived in Guangdong's capital city in 2018 to take over the German Chamber of Commerce's activities in South and Southwest China. Below, Butek share with *That's* his role at the German Chamber and how German companies are faring in the Middle Kingdom.

## What's your typical day like at the German Chamber?

I don't have typical days, which makes my job interesting. From morning till night, my team and I are in communication with German and Chinese companies, Chinese authorities and other institutions. We help our companies address their business issues of any kind, we support them in finding the right investment destination in China or Germany, we match them with relevant suppliers or distributors and offer professional trainings, such as vocational training for technicians or management training for CEOs. We are in constant contact with the authorities, on the one hand to solve actual and specific issues but also about further projects and concepts on how to enhance the Sino-German business cooperation.

## What are some of the more common barriers you see German companies face when entering the Chinese market?

We are in a constant exchange with our member companies and on a larger scale also with the more than 5,000 German companies operating in the Chinese market. Most of them have been active here for decades. A lot has been achieved and German companies in China acknowledge the country's commitment to further opening up, but despite many efforts to improve the market access, German companies in



"We know that around every second German company in China has postponed or reduced their investment decisions for 2020"

China are experiencing an implementation deficit. Market access and regulatory reforms should go hand in hand to improve overall business environment.

## How has your outlook on business in China changed since the COVID-19 pandemic?

Over the years, German companies active in the Chinese market reported stable investment plans. However, we could already see that growth in terms of net sales, profit, investment and employment has been slowing down since 2018. Investment confidence has thus come under additional pressure from COVID-19 as the crisis creates additional uncertainties. From our latest survey, we know that around every second German company in China has postponed or reduced their investment decisions for 2020. However, we can already see signs of recovery, German companies in China are cautiously optimistic. Still, reaching the pre-pandemic levels will remain a tour de force for all market players.

## What kind of services does the German Chamber South & Southwest offer to member companies?

We see ourselves as a platform between our members, Chinese companies and the government for experience sharing, knowledge enhancing and business development. Often we are also a kind of safe harbor for members, knowing that they have a strong institution representing their interests on a daily and individual basis. We have a comprehensive 'tool kit' for that, and my colleagues are sound experts in their respective fields, always looking to find the best solution for any problem. Our platform in Greater China extends to 12 offices, but we are part of a worldwide network with 140 offices

in 92 countries, and with that we are globally one of the biggest Chamber organizations in the world. This not only materializes in joint projects, but also in a very practical way.

## How has your view of economic relations between Germany and the Chinese mainland changed since joining the German Chamber?

The longer I am here, the more I understand that Sino-German economic relations are more complicated as they appear from the outside. The relations are strong, deeply rooted and decades old. German companies are committed, not only to the Chinese market, but also to their employees and their communities. To highlight this, one initiative is our program 'More than a Market,' where German companies showcase their commitment to improving the communities they are acting in. From a business angle, German companies are known for taking decisions rather slow. This makes it sometimes challenging when operating in a different system, where people seem to choose a 'trial-and-error-approach' over considering the consequences that actions might have in the long term. In many cases, this approach has proven to be successful. Nevertheless, this often leads to misunderstandings, especially to those who are not yet well experienced within the Sino-German business climate. We see our organization as a bridge builder: To act as a mediator, translator and connector.

>This interview has been edited for brevity. To follow the German Chamber of Commerce South and Southwest, scan the QR code:



# TAKE STOCK

## TAP THAT APP

### Youdao

Released as a search engine by NetEase in 2007, Youdao has developed into arguably China's most popular translation tool. With translating capabilities for 26 languages, we find ourselves often using the app to get accurate and complete translations from English to Mandarin. Similar to the Merriam-Webster's Dictionary app, you can find plenty of example sentences with links back to original site sources.

While the app is positioned to help Mandarin speakers learn English, we've found it's also a great resource for Mandarin learners as well. However, one big drawback is that you won't find pinyin on this app, so unless you can recognize characters, you'll have a more difficult time. Regardless, it's still a great tool for conveying a clear message to a taxi driver, *ayi*, or Cherry from accounting.

Youdao also offers functionalities like document translation and AI essay assessment (automatically grades English papers and offers suggestions).

> Youdao is available on iOS and Android.

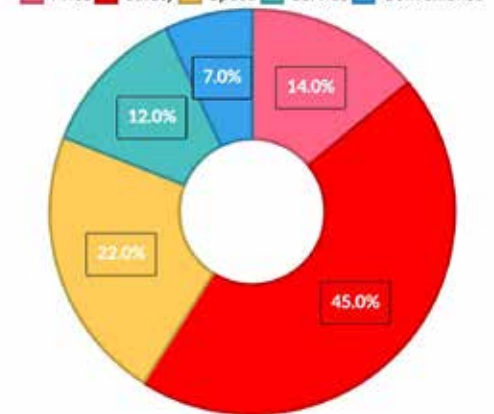


## CHART ATTACK

### Package Preference

In late September, an express deliveryman revealed that the delivery payment for packages fell to RMB0.4 in July, and claimed he only earns RMB0.25 per package after accounting for his personal phone fee. A Weibo survey conducted by China National Radio asked netizens what they deem important regarding delivery. As you can see, package safety is the most important factor for express delivery, followed by speed, price, service and convenience.

What Do You Find Most Important Regarding Express Delivery?



Source: Weibo

## INSPECT-A-GADGET

### Xiaomi Smart Alarm Clock

We have a tendency to stay glued to our phones right up until bedtime. It's by no means a good habit, and difficult to fix.

While smartphones have effectively replaced alarm clocks for obvious reasons, it'd be wise to bring the trusty tool back into your life. Xiaomi Smart Alarm Clock will make it so you can leave your phone in the other room and get proper rest without distractions. With a sleek and simple design, this smart clock will impress with a multitude of neat features. The Xiaomi Smart Alarm Clock can play over 2,000 internet radio stations, wake you up in 80 languages and read you the news (and weather).

And with voice recognition technology, you can tell 'Xiaoai' that you want to snooze without moving a muscle. Brightness and other settings are automatically adjusted with this gadget for optimal performance.

So if you're tired of falling asleep with phone in hand, this clock makes for a better, less distracting bedside companion.

> The Xiaomi Smart Alarm Clock can be purchased on [mi.com](http://mi.com) for RMB139.





## HIGHS AND LOWS



## Highs

- In early September, Beijing-based private space launch company LandSpace finished its C+ round of financing totaling almost RMB1.2 billion. The company is currently developing reusable rocket technology, and capital is expected to be used for development and launch preparation for LandSpace's Zhuque-2 liquid-fuelled rocket. The Chinese company still has 'light years' to go before catching up with Elon Musk's SpaceX, which is considered the benchmark for reusable rocket tech.

- Is Tmall's algorithm not cutting it for you? In such a case, consumers may be interested in trying out Kuaishou's e-commerce platform Kwaixiaodian – which had 500 million orders in August 2020. The platform is said to be more focused on user growth, and gives livestreamers more freedom to feature original content.

- 5G plans are on the rise in China, with over 110 million users signed up so far, according to the China Academy for Information and Communications Technology (CAICT). The think tank, which is under the Ministry of Industry and Information Technology, noted that China has the largest 5G market in terms of user size, as cited by TechCrunch.



## Lows

- Property foreclosures were on the rise this year due to worsening job prospects and shrinking income during one of the worst economic contractions in China in decades. Up to 1.25 million homes were foreclosed in China as of mid-September, according to Taobao. *South China Morning Post* reported that another factor was borrowers' repayment ability.

When you think of 'fresh,' canned rice usually doesn't come to mind – but Jiang Feng would beg to differ.

As the founder of Longmijia, a rice brand based in South China, Jiang has taken a concept that started in Japan and turned it into a budding enterprise in China's Greater Bay Area.

"While the concept comes from Japan and their canned rice for natural disaster relief, we're the first to turn it into a viable product on the Chinese mainland," Jiang tells us from his company's main office, overlooking a scenic view of the historic Pearl River in Guangzhou's Zhujiang New Town.

Rice is deeply ingrained in Chinese culture, with the term 'wild rice' (稷) dating back to an oracle bone of the Shang Dynasty (1600-1046 BCE). It's turned into China's staple food and has become a symbol of Chinese culture.

"70% of the Chinese population [primarily] eat rice, while 30% eat *mian* (noodles) – those of which mainly live in China's northwest region," says Jiang.

Originally from northeast China, Jiang has settled in southern Guangdong and intends to disrupt the rice industry.

When we ask Jiang what sets Longmijia apart from the rest of the 'rice field,' he shares three key differences: healthy, fresh and convenient.

"You can directly add water and start cooking, there's no need to wash the rice: Simply a can of rice and a can of water make for an ideal bowl for the whole family," Jiang tells us.

Longmijia's rice is processed and cleaned in their recently built rice plant in Guangzhou's Zengcheng district, where they take fresh rice from factory to restaurant or household within 18 hours. The cans are sealed with nitrogen to keep the rice from oxidizing and remain fresh for a much longer duration.

Also, Longmijia says this style of packaging will have a positive impact on the environment by avoiding vacuum-sealed plastic wrapping and using recyclable materials.

The result has been surprisingly positive for Longmijia, as the company sold 30 million cans in its first three years.

At the end of 2019, the company secured RMB10 million in a series A1 round of financing, which Longmijia plans to use on building up its supply chain management system, brand marketing and customer expansion, among other things.



# Rice to the Finish

## Meet the Chinese Company Disrupting the Rice Industry

By Ryan Gandolfo







## Branding Brains

As we discover during our visit to Longmijia's Guangzhou office, the company is all about branding.

Dubbed the 'Internet famous rice' (网红大米), Longmijia has continued to innovate on multiple levels. Starting with product packaging, the company spends a considerable amount of resources turning a can of rice into an artistic expression, which helps it stand out among other products on supermarket shelves.

The company has been increasingly involved with livestreaming, even designating a full section of their sprawling office to livestream with notable influencers.

Positioned as a medium-to-high-end rice brand, Longmijia utilizes new media to further its brand messaging to appeal to a growing segment of young people and families with higher wages.

And it's paid off, with revenue surpassing RMB600 million in 2019, one million customers and a 30% customer return rate, according to Cyzone.



## Global Grains

While Longmijia appears to be on the right trajectory in China, Jiang is quick to point out the obstacles facing his company for further expansion. "The Chinese market is too big, and America's rice industry is so developed," he notes while adding that the two countries have plenty to gain from closer cooperation amid the ongoing trade war.

Having spent time touring rice plants in the US and inviting overseas guests to Guangzhou for industry conferences, Jiang views both the trade war and restricted travel due to COVID-19 as impediments to growth.

But while it's not clear when those barriers will fold, Longmijia continues to market its product to a massive market in China.

"You can buy our cans anywhere, Tmall, Taobao, JD, as well as supermarkets in Guangdong from Ole to Hema," Zuo Yi, a marketing officer at Longmijia, shares with us.

The company's product scope is also set to expand, as they partner up with different local companies to offer cured meats and other goods that match perfectly with a tasty bed of rice.



# TALES FROM THE

# VOL

**Y**ou know the feeling when a spooky story keeps you up at night – heightening your senses to every faint sound within an ever-widening radius.

Sometimes the story is about a demonic cult hunting for an innocent soul to sacrifice. Other times, the legend involves other-worldly creatures feasting

on the prey of the Earth. Could be aliens. Could be mask-wearing, knife-wielding boogeymen or... the tales go on.

Often referred to as urban legends – contemporary folklore mainly fictional, these spooky stories widen our imaginations and welcome in a rush of fear and chilling uncertainty.





# CHINESE CRYPT

By Matthew Bossons

While many of our readers are familiar with popular urban legends such as Bloody Mary or the Headless Horseman commonly shared in the West, we presume less folks know of the collection of mysterious, goose bump-inducing tales of undiscovered ghosts and creatures from the Middle Kingdom.

With October being the spookiest month of the year, it's time we revisit some of the Middle Kingdom's eeriest folklore in our second volume of the 'Tales from the Chinese Crypt'. Prepare to discover the metro line once filled with ghosts, scary (and sexual) alien encounters and more.

# THE HAUNTING OF BEIJING'S METRO LINE 1

**W**hen you turn the clocks back to 1965, when Beijing's Metro Line 1 began construction to tell this tale. According to a narrative from Xu Ziqian in a 2013 *Global Times* article, the early phases of the subway's construction were mired with problems, including "dangerous accidents" and broken equipment. As urban legend would have it, these issues were the result of vengeful homeless souls whose graves were destroyed while building the metro line.

To oust or appease these bitter spirits, monks were allegedly brought in to conduct ceremonies aimed at securing the blessing of the now restless ghosts (cue the *Ghostbusters* theme). To

appease the restless souls, the monks promised the spirits that the metro would close before 11pm – since 11pm to 1am is the dead's time of rest (who knew?), according to the *Global Times*.

The monks also promised the souls that after the subway closed and all the passengers had left, the trains would do one last lap to return the dead to their proper resting places.

According to the story, the remainder of Line 1's construction went smoothly, and no further issues were encountered.

Those who believe this tale point out that Beijing is an ancient city with evidence of paleolithic human habitation dating back 27,000 years, so it is more than likely that human

remains were disturbed at some point during the subway's construction.

Line 1 also services the Babaoshan Revolutionary Cemetery – a slightly eerie connection.

However, the problem with this story is that most (if not all) metro lines in Beijing now close after 11pm and the last train arrives at Line 1's Pingguoyuan station at 12.11am most nights.

Much like the disturbing Beijing Ghost Bus tale, this spine-chilling story seems to us to be simply that: a story. What *That's* can confirm, though, is that Beijing Metro Line 1 is home to two phantom metro stations – Gaojing and Fushouling – both of which are off-limits to the commuting public...



**M**ulder, Scully, we have another one: An unexplained aerial apparition – specifically, a ‘bright spot’ in the sky that captivated an alleged 10 million people in Sichuan and Yunnan.

The aerial event occurred at 10.38pm on July 24, 1981, when a bright star-like spot appeared above the Earth and began to oscillate, creating a ‘cloud-like’ band of light around it. The entire event lasted six to seven minutes.

The band of light that appeared that cloudless night has been referred to as a ‘sky spiral’ and described as both magnificent and grand (although we imagine terrifying would also be an appropriate term).

Naturally, you have to ask: Was it aliens?

Conspiracy website Before It's News quotes Professor

Wang Sichao, a planetary astronomer at the Purple Hills Observatory and the Chinese Academy of Sciences, as stating the mysterious spiral had an altitude of roughly 650 kilometers and a speed of about 1.6 kilometers per second before disappearing.

Professor Wang believes that extraterrestrials can visit earth. But have they? The late acclaimed physicist Stephen Hawking would likely have disputed this idea. According to Hawking, if aliens visited us, it would be much like the arrival of the first Europeans in America – in other words, not good for the indigenous inhabitants.

Based on Hawking's theory, if aliens had visited us in the past, we would likely know about it – like, really know about it (possibly dead from an introduced space disease or working in alien-run slave labor camps). We will side with Hawking on this one, meaning we highly doubt aliens were responsible for 1981's aerial show.

To debunk the extraterrestrial theory, though, it's essential to look at another famous sky spiral – one that occurred over Norwegian skies in 2009. This particular anomaly has been described as a large spiral emitting a spiralling blue beam. It was seen by hundreds (and potentially thousands) of people.

The Norwegian case was eventually exposed as a Russian missile experiment gone awry. This conclusion lends credence to the US Air Force's deduction that the Chinese sky spiral was the result of a clumsy spy plane.

While the US Air Force has admitted this is just a hypothesis, it somehow seems more likely than an alien light show. We will file this case in the same folder (the strange but explainable, in an earthly sense, folder) as the mysterious ‘floating city’ seen several years ago in Jiangxi and Guangdong's Foshan.

# CHINA'S OTHERWORLDLY ‘ALIEN SKY SPIRAL’ OF

# 1981

# CHINA'S PHANTOM RULER AND THE ANCIENT CULT HE CREATED

In this legend, we explore the strange and often creepy world of cult worship – specifically, the Cult of Jiang Ziwén.

Jiang Ziwén was a tyrannical and arrogant leader who ruled over Moling county, now modern-day Nanjing, during the Eastern Han Dynasty. His death came prematurely, following a violent encounter with a group of marauding bandits.

Aside from declarations of Jiang's brutal nature, noted in numerous online sources, not much additional information seems available to expand upon his ruthless rule. A Wikipedia entry on Jiang claims the ruler developed a deep adoration for wine and women during his time. However, this article boasts only one citation and is thus difficult to rely on.

Jiang's story becomes most interesting after his death, which local legend claims was a restless one. Legend has it that after his death, a phantom Jiang returned to haunt Moling county, looking

to recoup the power he so greatly cherished in life.

The ghost allegedly ordered Moling's inhabitants to worship him as the *tudi*, or deity, of the area – a demand that appears to have been met, according to Tekijät Richard von Glahn's *The Sinister Way: The Divine and the Demonic in Chinese Religious Culture*.

Although the cult of Jiang Ziwén has received little scholarly attention, researchers believe the area around Mount Zhong, east of Nanjing, was the epicenter of the cult during the Six Dynasties Period, from the third to sixth centuries.

Mount Zhong, also sometimes referred to as Mount Jiang and the Purple Mountain, located in Jiangsu province

Archeological evidence discovered in the Nanking area in the early 1930s, in the form of shrine ruins and two stone tablets, seems to support the cult claims. All the sources we accessed in writing this story agree the Jiang cult did exist – where disagreement arises is over how widespread and influential the group really was.

According to some scholars,

Jiang was never an official *tudi*, simply a powerful unofficial one. Others suggest his influence stretched far beyond the confines of Jiangsu province, possibly reaching as far as southern China. In 1948, Miyakawa Hisayuki published *Rikuchō shukuyōshi*, in which he claims Jiang became a war god for emperors and warriors in the southern reaches of the Middle Kingdom. He claimed the cult spread south due to frequent wars between the northern and southern portions of the country.

Regardless of the Jiang-based faith's range, there is little doubt the tyrant received considerable attention in death – arguably far more so than in life (returning as a ghost often has that effect).

The legend of Jiang, by our assessment, would make a brilliant plot for an *Indiana Jones* film. It has all the necessary trappings: an ancient dead guy, a ghost, a primeval cult and artifacts recovered in the lead up to WWII. Please take note, Hollywood, it can't be any worse of an idea than the crystal skull adventure.



**A**lien-human sex is not something that's a common topic of conversation. This is likely for several reasons: For one, it's a bit strange, and two, there is no concrete evidence aliens have visited our planet – let alone get intimate with our species. Even Hollywood has largely ignored the concept, with only a handful of films exploring the idea, the most notable of which is a passing comment in *District 9* about Nigerian prostitutes selling sex to the film's alien refugees. That and a clever bit on NBC's *Saturday Night Live* about a middle-aged woman who claims to have been the focus of an alien orgy.

While the notion of interplanetary love may seem like something that is strictly bound to the realm of science fiction, it does (allegedly) have a precedent on our green and blue galactic home. This is the story of Meng Zhaoguo – a man from Wuchang, near Harbin in Heilongjiang province, who claims to have engaged sexually with an extraterrestrial.

The tale starts on June 7, 1994, when Zhaoguo was working at a logging camp and spotted lights and metallic flashes from nearby Mount Phoenix. When our humble protagonist went to investigate what he assumed was a downed helicopter, he was hit in the head by an unknown entity or force – knocking him out instantly.

"I thought a helicopter had crashed, so I set out to scavenge for scrap," Zhaoguo told a reporter from The Huffington Post. "Foom! Something hit me square in the forehead and knocked me out."

When Zhaoguo came to, he encountered a tall human-esque female alien, which he described as: "10 feet [3.03 meters] tall and had six fingers, but otherwise she looked completely like a human." Some forms of the story also claim the alien had fur-covered legs.

What allegedly happened next is where the story goes from bizarre to bat-shit insane. According to one version of the story, Zhaoguo was transported back home, where he engaged in a marathon 40-minute sexual encounter with the galactic visitor while hovering above his sleeping wife and daughter. When the space creature finally finished with the genital rubbing, Zhaoguo was left with a mysterious scar on his thigh – a mark which, when investigated by a doctor in September 2003, was deemed unusual and not caused by normal injury or surgery.

The strangeness doesn't stop there, though, because Zhaoguo claims to have ascended through a wall to visit the aliens on their spaceship a month later. When onboard, he requested to see his alien lover one more time, a bid that was denied. While on the spacecraft, Zhaoguo was told that his human-alien hybrid son would be born on a far-away planet in 60 years.

"They said in Chinese, but with a heavy accent, so it was hard for me to understand at first that they were refugees. Like me, they wanted to

escape their former lives, so they left their dying home," Zhaoguo told The Huffington Post.

In addition to the medical exam Zhaoguo received in 2003, he was also subject to a polygraph test which, according to some sources, proved he was telling the truth. One of the stranger aspects of this story is the fact that Zhaoguo claims to have never heard of UFOs or outer space people until he reported his experience...

Zhaoguo's wife reportedly forgave him for his adulterous alien escapades. He stated: "I told my wife all about it afterwards. She wasn't too angry."

The one thing that stood out to us after researching this story is the fact that Zhaoguo received numerous gifts as a result of his abduction, including a Sony television, a cow and, most notably, a job at a Harbin university... Naturally, this raises some questions.

We must admit there are various versions of this story floating around on the internet, including some where the abductee was already in his home when the sexual encounter took place (instead of being transported from Mount Phoenix). For other forms of this story, do a quick Google search and prepare to burn through several hours of your life.

# THIS CHINESE MAN CLAIMS TO HAVE HAD SEX WITH AN ALIEN



# IS A MAN-EATING SALMON LURKING IN A CHINESE LAKE?

Famed for its rich cultural heritage and internationally renowned cuisine, Xinjiang resides in China's far-flung northwest. One of the Middle Kingdom's five autonomous regions, the territory's landscape is a scenic patchwork of rivers, lakes, prairies, forests, deserts and imposing peaks.

It's also the supposed home of lake monsters.

We first heard the tale of Xinjiang's aquatic leviathans while researching China's best fishing holes.

Although we can't recall the source, the story we accessed made a passing mention of unknown creatures lurking in the depths of Lake Kanas, located in the autonomous region's Altay prefecture.

At the time, we made a mental note of the creepy

story (because we simply love weird tales) and moved on with our investigation into China's fishing hotspots. But the story popped back up again in a report by the *Guardian* titled 'Myth and majesty in China's Xinjiang lake district,' and we figured it was as good a time as any to explore the tale.

Lake Kanas is located in a valley running through the Altai Mountains and is home to sizable populations of ethnic Tuvans and Kazakhs. In the Tuvan language, the lake cryptids are called *hobzhk*, which translates to 'strange' or 'changing,' according to the *Guardian*.

Local lore contends that the freshwater beasts are tasked with maintaining the lake's water level, by plugging a hole in the bottom to prevent its liquid contents from disappearing into the earth.

While it is difficult to ascertain exactly how far back the Lake Kanas legend

goes, we can assume at least 800 years, according to the *Guardian*, when Genghis Khan stationed troops at the lake to guard the creatures.

Fast forward to the 1980s and Yuan Guoying, from Xinjiang University, reported seeing 50 fish that he assessed to be 10-15 meters long. The fish were reddish-brown in color and Yuan's students estimated their weight could exceed 4 tons.

In more recent times, a video surfaced in the mid-aughts showing unknown creatures cruising along the surface of Lake Kanas, the footage was aired by various Chinese news programs and can be viewed on YouTube as well.

On September 9, 2013, hundreds of tourists to the lake allegedly watched a creature for several minutes before it disappeared back into the depths.



A 20-year-old tour guide quoted in the *Guardian* piece claims that farmers who have taken their livestock to the shore of the lake have returned later to find only skeletal remains. This claim is repeated on various online blogs and forums dedicated to cryptozoology.

The same guide, named Xiao Yue (Little Yue), also dropped a suggestion as to what the animal might be, telling writer Sam Gaskin,

**“Technically, the *hobzhk* are huge fish that love to eat meat”**

“Technically, the *hobzhk* are huge fish that love to eat meat. Their scientific name is *hucho taimen*.” She added she believes the species are a danger to humans and that she cautions tourists not to swim in the lake.

Yue's take on the creature is partially correct, by our assessment, in that we also believe the ‘monster’ is likely a taimen, sometimes more ominously referred to as the ‘Mongolian terror trout.’ Where she is wrong is that human flesh is not on the menu for taimen, the largest member of the salmon family.

*Taimen*, similar to Yuan's 1985 account, has a reddish-brown body, while its head

is typically greenish-gray. It also gets big (although, we think 10-15 meters is a stretch), reaching lengths of over 6 feet and weighing up to 200 pounds. The largest one ever caught weighed in at 231 pounds.

According to Gaskin, Yue claimed that fish “exceeding 12 meters in length have been caught on camera in Kanas,” although we were unable to find any evidence of this online.

Located in northern Xinjiang, near the borders of Mongolia and Russia, Lake Kanas is

also in the right geographical region for *taimen*, with both aforementioned nations boasting the only significant populations of the fish.

Video of the ‘monsters’ also appears to back up the taimen theory, with much of the footage showing several creatures cruising the surface of the lake, consistent with the way the species forms ‘packs’ to chase down prey – earning them the name ‘river wolves.’

There are, however, a few problems with assuming the species is responsible for the various Lake Kanas monster sightings. For one, taimen typically only live in rivers and, when they do appear in

lakes, it tends to be near a tributary.

The other issue is that the salmonid is extinct or near extinct in China due to overfishing, according to *National Geographic*.

In July 2005, a team of divers was reportedly sent to search the lake for the monsters at a cost of RMB1.5 million. We presume they didn't find anything, as no follow up appears to have been published.

If *taimen* does reside in Lake Kanas, it goes without saying that the animal is (probably) not responsible for killing livestock grazing near the lake – further removing it from the monster of legend.

Still, all things considered, and removing the generic debunker explanations like unique wave formations and floating logs, taimen is probably the most likely culprit for the sightings.

But is a 12-meter-long, cow-eating salmon really lurking in the depths of Lake Kanas? Perhaps not. If it ever is discovered though... ‘dusts off fly rod’... we'll be the first ones there!



# FAMILY

## Wildlife City

Bringing Awareness to Issues Faced by  
Wildlife p57



Class Clown  
P52



Veggie Mama  
P53



# HENRY NOVOA

## Founder of Karate Tiger Temple

Interview by Ryan Gandolfo

With Netflix's Karate Kid spin-off *Cobra Kai* now available, we thought we'd reach out to Henry Novoa, founder of Guangzhou-based Karate Tiger Temple, to learn about the benefits karate can have on children's physical and mental development. Novoa shares with *That's* what got him interested in the sport and his academy's success in international competitions.

**How did you get started in karate? What prompted you to open a karate academy?**

I started taking karate lessons when I was just 5 years old, while living in Venezuela. As a child, I absolutely loved martial arts movies. My parents realized very quickly that I had a keen interest in learning, so they took me to a karate academy. From the very first moment I started, karate became a huge part of my life and my entire attention was devoted to this exciting sport. But I never thought I was going to open a karate academy in the place where martial arts was born! This has truly been a dream come true. When I opened KTT Academy, I knew that I had to share all the life-changing skills that I had learned in Venezuela to young people here in south China. I am very proud and humbled by the fact that I can represent my native country in my host country for a sport that I love so much.

**What has the reception been like in South China for learning karate?**

It's been completely wonderful! Everyone, from the students to the parents, have supported us more than I would have ever expected. They enjoy karate because it is an energetic activity and builds discipline, as well inner and outer strength. The more that our students train, the more disciplined they become. This is beneficial for them, as they learn to control their emotions and release daily stress. Our parents have slowly begun to understand that karate is not only to defend but also to help with the maturity and lifelong

development of an individual's mind and body.

**What important skills do you think kids learn from your program?**

The KTT program is strategically developed to maintain a fine balance between continuous learning and having fun, as it is very important that students enjoy the learning process. Our program allows students to acquire physical skills (coordination, elasticity, physical strength, resistance) and discipline (self-esteem, respect, courtesy, teamwork, discernment, getting to know each other better and so on). But more than these important skills, we are building habits to live a better life.

**What kind of competitions does your academy participate in Asia?**

We take part in several competitions around the world on a regular basis. But for us, the most important of all is the World Shotokan Karate-do Federation World Cup. In August 2019, our team traveled to Tokyo to represent China, and it brought us the greatest pride and joy we have ever felt. We won seven medals, including a gold for first place, and it was a moment of many stirring emotions because we saw what we could achieve if we pushed ourselves. All our efforts during the



*"In August 2019, our team traveled to Tokyo to represent China, and it brought us the greatest pride and joy we have ever felt"*

last few years had finally paid off. As for our students, it was an unforgettable experience. Being in another country in an international combat competition, with children from around the world, is something that has undoubtedly helped them with their development and training. It proved to them that with effort and the right mindset, they can achieve all that they have set out to do. It also showed them that it did not matter if they won or lose; all they needed was to be brave, face their adversaries and do their very best. This has always been our mission at KTT to exemplify this.

**Name your favorite martial arts movie.**

Well, that's a hard question for a karate coach and lover of martial arts movies! My favorite Hollywood flick is *Blood Sport* with Jean Claude Van Dame. And my ultimate go-to karate-themed film is *Kuro Obi*. I have watched both so many times and I don't think I will ever tire of them.

This interview has been edited for clarity and brevity.

To learn more about Karate Tiger Temple in Guangzhou, scan the QR code below:



# LIVING ROOM

## DAD'S BOOK LIST

Book recommendations from former *That's* editor-in-chief and 'girl dad' Matthew Bossons.

Ages 4-8

### Stellaluna

By Janell Cannon

A classic of children's literature, *Stellaluna* has won heaps of praise and numerous awards, including the 1996 Grammy Award for 'Best Spoken Word Album for Children' (yes, that was an award). This story follows the adventure of a young bat who's separated from her mother and adopted by a family of friendly birds. Does *Stellaluna* find her mother? Pick up this heartwarming book to find out!



Ages 10+

### After Man: A Zoology of the Future

By Dougal Dixon

What unusual creatures will roam our planet in the distant future (provided we can stop destroying the earth, of course)? Dougal Dixon's celebrated hypothetical anthropology work merges science and imagination to create a stunning zoology of the world after humankind. The book's proposed animals are carefully thought out, and the illustrations are well worth the book's hefty price tag.



## CLASS CLOWN

### China Bans Sex Offenders From School Jobs

A government notice published last month is aiming to eradicate sex offenders from school and preschools in China. Caixin reported that Beijing announced a nationwide rollout of a new policy that will allow access to judicial records of sexual misconduct from various regions in China. The move comes following repeated calls to further restrict sex offenders from entering the education sector as there have reportedly been a rising number of cases involving sexual assault. The government said sex offenders will be banned from receiving teaching qualifications and current workers with histories of sexual misconduct will lose their positions.



## ECO HOME

### Unplug

You don't always need a new gadget or product to live a more environmentally friendly lifestyle. One simple habit we've developed over the years is unplugging sockets when not in use. In order to save energy (and money) take the time to develop the habit of unplugging your devices when they're not in use around the house. For example, does your oven really need to be plugged in for the 10 hours you're out of the house each day? These appliances are still leeching a little energy while plugged in, so by developing the habit of unplugging, you'll be doing your part to conserve electricity. Teach your children these tips at an early age and they'll be sure to carry it with them as they get older.





## VEGGIE MAMA

## Vegan Breakfast Tacos with Sweet Potato Cheeze

It's hard to beat breakfast tacos on a sunny Saturday morning – and there are some great vegan options that will leave you and the whole family satisfied and energized to start the day. Using tofu and sweet potatoes as key substitutes for this flavor-packed breakfast meal, these tacos will be sure to join the 'clean plate club' with ease. This recipe made by Veggie Mama is a great choice for even the pickiest eaters. Give it a try and your kids will be asking for you to make them every day. Pro Tip: You can easily double this recipe to have extra on hand for those busy weekday mornings (or for lunch later that day). Scan the QR code below for the full recipe.





# Wildlife City

## Bringing Awareness to Issues Faced by Wildlife

By Isaac Cohen



When I first arrived in Shenzhen three years ago, I was amazed at how green the city was.

There were trees on every road and no matter how modern and developed the city was, the sensation of being surrounded by nature was always there.

Despite the extremely fast growth of Chinese cities, it is impressive to see how some cities like Shenzhen have carefully planned, designed, developed and maintained a wide range of natural corridors, parks, protected areas, mountains and reservoirs.

For two years, my workplace was located right next to the entrance of a very ambitious project called the Dasha River Ecological Corridor, which aims to protect the Dasha River from its origin to its connection with the sea and has become one of the largest and most beautiful natural corridors in the city. It's a place where everyone can admire and enjoy an urban oasis of wildlife.

However, designing and maintaining a minimal natural environment is not enough to preserve the species that inhabit the city and its surroundings; there are still some conditions that directly affect the wildlife in the city. These are, of course, related to the growth and development the city is experiencing but also to the measurements taken by local

authorities and, in some cases, the attitudes and behavior of citizens.

One of the biggest problems I have found is the number of feral cats wandering the streets and the city parks. You can see cats in the mountains and even in protected reservoirs, representing a threat to local wildlife as they lack predators, competition and population control.

Another problem that can be spotted in the city is the extensive usage of pesticides. One of the things I often notice when I visit city parks is the small number of insects that can be seen compared to other cities I have visited internationally. This is due to a strict pest control policy, which does not fully consider the way these practices may affect the complex trophic network that is supposed to be naturally occurring.

It is also common to see supermarkets and street shops selling exotic wildlife, including fish, birds and reptiles. Oftentimes, people will buy these animals as pets for young children who often end up killing them or, even worse from an environmental perspective, releasing them back into nature.

This is a common practice, and it might feel like the right thing to do for most people. However, the ecological impact of releasing an animal into a completely alien ecosystem can be disastrous for both the released animal and the environment. It is known that reintroduced animals can bring with them new pathogens that the environment would not be able to resist. Furthermore, some of these animals do not have natural predators that would keep their numbers in check, which can lead to uncontrolled population growth and a reduction of local species via competi-

tion, causing a devastating impact on the ecosystem.

Last but not least, we need to reconsider the common practice of feeding animals in their natural environment. Throwing food to fish, birds, or turtles can cause great harm to our local species by changing their behavior and feeding habits and, in worst cases, even killing them.

It's important to understand that processed foods like potato chips and even bread contain chemicals and substances that animals are not used to, and these can cause digestive problems and, occasionally, even death. Also, animals that are used to being fed would often congregate around feeding spots, leading to disruption of their natural behavior.

Despite the recent efforts by authorities to try and preserve natural environments across cities, there are no environmental education programs that reach citizens citywide. It is important to develop a deeper appreciation of the natural environment where animals are not seen as objects to preserve simply to amuse the local population. It is all too common to see citizens harm local flora and fauna, often due to ignorance rather than malice. We need to start generating consciousness among citizens – starting with students – who will take this knowledge to their homes and will create a positive impact in the city for future generations.

Isaac Cohen holds a BS in Biology, Ed.S Pedagogy and M.S Continental Hydrobiological Resources and is based in Shenzhen.







## 粉红丝带 We Care More 关爱有嘉 Pink Ribbon Women's Health Awareness Month

# Jiahui Health 'Pink Ribbon - We Care More' Women's Health Awareness Month Officially Launches

On September 26, Jiahui Health kicked off its 'Pink Ribbon - We Care More' event series with a small piano concert. The series is intended to honor and celebrate 'Breast Cancer Awareness Month' and promote breast cancer prevention and treatment.

Breast cancer is the most common malignant tumor in women worldwide and the leading cause of death from cancer in women. According to data from the National Cancer Center of China, there were about 304,000 cases of breast cancer in 2019, accounting for 17.10% of annual cancer cases. In the promotion of breast cancer prevention and treatment, the 'pink ribbon' has gradually become a globally recognized symbol, and October has become an important time for the promotion of breast cancer prevention and research.

### Pro-bono consultation and surgery for breast cancer patients

Jiahui International Hospital will cooperate with the breast cancer patient community to recruit a limited number of lower-income breast cancer patients to receive pro-bono consultations and breast reconstruction surgery from Dr. Tibor Kovacs, Chairman of the European Society of Oncology and Surgery and Director of the Jiahui Breast Institute.

### 'Pink Ribbon' bracelets raise money for a worthy cause

During this month of charity activities, every Jiahui visitor will receive customized themed charity bracelets and gift cards. The specially-designed pink bracelets, emblazoned with one of three messages: strength, hope, or faith, aim to promote the 'Pink Ribbon' activity and call on people to be more aware of breast cancer. Visitors can then scan a QR code on their gift card to donate directly to help breast cancer patients.

In addition, Jiahui will also organize a series of women's health fairs at Jiahui International Hospital, with all funds being donated to charity organizations that help breast cancer patients.

### Harnessing the healing power of music

Every visitor to Jiahui International Hospital has come to expect soothing music to greet them. But this October, Jiahui is kicking it up a notch by setting up a small stage in the main lobby and inviting young Shanghai musicians to perform live, conveying hopes and ex-

pectations for breast cancer patients through the beauty of music.

At the concert site, pink-themed decorations and a small charity art show entitled 'Hope' will serve as accompaniment to the beautiful music. Working together, they will transform Jiahui International Hospital into an even more pleasing environment for patients.

Three such concerts will be held during the 'Pink Ribbon - We Care More' campaign on September 26 (Saturday 1.30-3pm), October 16 (Friday 11am-12.30pm) and October 31 (Saturday 1.30-3pm). Under the premise of complying with the epidemic prevention and control regulations, the concerts and accompanying art show and fairs are open to the public. Jiahui invites everyone to join in honoring Breast Cancer Awareness Month.

JIAHUI INTERNATIONAL HOSPITAL  
上海嘉会国际医院

## Pink Ribbon Women's Health Awareness Month

### We Care More

Jiahui Health and its partners are launching the 'Pink Ribbon Month - We Care More' event series, including pro-bono surgery, three concerts, and women's health fairs!

Sign up for concert    Consult on surgery



# Preparing Students for a Lifetime of Interest-driven Learning

If necessity is the mother of invention, then COVID-19's global impact has resulted in a reinvention of teaching and learning processes to ensure the education of millions of students.

Last spring, as the outbreak gathered pace, Xi'an Jiaotong-Liverpool University, an international joint venture in Suzhou, went fully online within just one month. This autumn, with 90% of students back to campus and 10% scattered across the globe, the university is embracing the use of 'hybrid-flexible', or HyFlex teaching methods, which combines advantages of online and onsite teaching in the same class.

While many universities saw an increased use of online teaching as a stop-gap to deal with the pandemic, Professor Youmin Xi, Executive President of XJTLU, says the university has long planned to include aspects of online learning even in onsite teaching.

"The pandemic simply sped up the timeline of our plans to move toward the new learning ecosystem we envision for XJTLU's future that includes blending the best of online and onsite education methodologies," says Professor Xi.

Combined online-onsite education is a tool to achieve the university's educational strategy, a departure from the tradition where a teacher imparts knowledge to passive learners, he explains. The departure is necessary since today's knowledge cannot solve tomorrow's problems.

"With advancements in artificial intelligence, robotics, the internet of things, use of big data and digitalization, the world will be a different place in 10 years," Professor Xi says.

"Instead, a university should help students learn how to learn, to have a life-long learning plan and a future-oriented mind set," he says.

XJTLU, founded just 14 years ago and today educating 17,000 students, used its blank-slate beginnings as an opportunity to find new ways to teach.

"We use a continuous innovation model that enables students to choose their own paths, whether to become experts in their field or future industry leaders," Professor Xi says.

Implementation of online or combined online-onsite teaching provides new ways to exercise student-centered, interest-driven learning. For example, last semester during all-online instruction, XJTLU instructors found that when they posted videos, articles and other resources for students to study in advance, they could save lecture time for more meaningful in-class discussion and analysis.

In addition, last semester many students discovered the benefits of recorded lectures, since they could rewatch the re-

cordings to increase their understanding.

Now that some classes include both online and onsite students, XJTLU has implemented measures to ensure all students receive the highest quality of teaching and learning.

High-definition, light-sensitive web cameras on tripods with top-quality microphones ensure students who are online can see and hear the same information as students in the physical classroom.

"Students both in the classroom and online can ask questions, receive answers and feedback in real time, and interact with one another no matter where they are located," says Roland Sherwood, educational technology manager at XJTLU.

This semester's online-onsite modules pave the way for future learning and teaching that will occur simultaneously between the site of XJTLU Entrepreneur College (Taicang) (to be completed in 2022), and XJTLU's existing Suzhou Industrial Park (SIP) campus.

They also prepare XJTLU students for a future of lifelong learning available via the XJTLU Learning Mall (XJTLU-LM), a unique online and onsite, campus-to-community learning hub that will be at the heart of XJTLU Entrepreneur College (Taicang). The XJTLU-LM will raise the bar for lifelong learning, moving away from a traditional concept to one addressing the need to continually up-skill during working life. On offer will be non-credit-bearing courses, programs and training from leading educational content providers around the globe to benefit students, alumni and the greater public.

In 2019, before the pandemic, UNESCO's Futures of Education Initiative was launched. UNESCO believes it's time for "knowledge, education and learning need to be reimagined in a world of increasing complexity, uncertainty and precarity."

If ever a year was defined by uncertainty, it would be 2020, and at XJTLU that reimagining is taking place right now.



To learn more about XJTLU, scan the QR code below or visit [www.xjtlu.edu.cn](http://www.xjtlu.edu.cn)





# Stray Away

## Reacting to Rabies

China has implemented measures to effectively control rabies cases in recent years. You're less likely to see a pack of stray dogs roaming your neighborhood as you would have a decade ago. According to a 2012 study, nearly 20% of human rabies cases are caused by stray dogs. And with many traveling over the National Day holiday, here's some key information provided by Jiahui Hospital to learn more about the disease and how to prevent it from getting out of hand.

### What is rabies?

Rabies is one of the zoonotic diseases (transmitted from animals to human being) caused by a virus. Rabies can infect pets and wild animals, and spread to human being by bites or scratches (usually through saliva).

### What are the clinical features of rabies?

The incubation time is usually 2-3 months. It can be as short as one week and as long as one year, which depends on where the rabies virus enters the body and the load of rabies virus. The initial symptom tends to be a fever. Patients often feel pain over the wound or an unexplained burning sensation or tingling (Paresthesia). As the virus spreads across the central nervous system, the lethal encephalitis and myelitis will develop.

There are two subtypes of rabies:

1. Encephalitic rabies – with main symptoms being hyperactivity, agitation and combativeness, hydrophobia and aerophobia;

2. Paralytic rabies – accounts for about 20% of all the fatal rabies cases. The progression is slower and longer. The muscles around the wound gradually turn paralytic, then keep progressing to other parts of the body until death occurs. Paralytic rabies may be misdiagnosed as other disorders and lead to failure of report.

### Is rabies 100% fatal?

Rabies can be found in over 150 countries, claiming thousands of lives every year mainly in Asia and Africa. It is almost always fatal for human beings once rabies symptoms start to show up. There were 422 confirmed rabies cases in China in 2018 and among them 410 died, with a 97% mortality rate. There were five confirmed rabies cases in Shanghai in 2018 and all died, with nobody receiving standard full post-exposure prophylaxis.

### Can rabies be prevented?

Receiving standard and full post-exposure prophylaxis after being bitten or scratched by animals will give you 100% protection. Over 15 million people

received the rabies vaccine after being bitten by animals around the globe every year, which indeed saves many lives. There are over 30 officially licensed dog bite clinics in Shanghai, with medical staff having the certificate and standard training by the CDC. The wound management and vaccine quality control are all followed by the guidelines. Shanghai United Family Hospital Dog Bite Clinic is a certified location. You can reach them by calling 021-22163999. If you're based in another city in China, please consult your local hospital to learn more about preventative measures.



# LISTINGS

## SHANGHAI



**Jiahui Health's** experienced dentists provide dental health services for adults and children, including dental check-ups, fillings, prevention of tooth decay, painless dental pulp treatment, and treatment and protection against periodontal disease. The Dentistry Department also carries out multi-disciplinary collaboration in the hospital, such as working with dermatologists to offer invisalign orthodontics and solutions to skin problems for beauty seekers; working with E.N.T. specialists to help adolescents with problems such as mouth breathing, adenoidal hypertrophy and allergic rhinitis; working with MSK to provide sports lovers a comprehensive range of preventive strategies on sports injury. **1) Jiahui International Hospital**, 689 Guiping Lu, by Qinjiang Lu **2) Jiahui Health (Yangpu)**, 1F/2F, Suite 3, 99 Jiangwancheng Lu, by Yingao Dong Lu **3) Jiahui Health (Jing'an)**, Suite101, 88 Changshu Lu, by Changle Lu **1)** 桂平路689号, 近钦江路 **2)** 江湾城路99号3号楼1-2层, 近殷高东路 **3)** 常熟路88号, 近长乐路 (400 868 3000)



**SinoUnited Health** is a leading medical service provider based in Shanghai. Their team of medical specialists are selected from both abroad and China, and renowned for their excellence and rich experience in their respective fields of medical expertise. Shanghai-wide appointment center (400 186 2116, sinounitedhealth.com.cn, contact@sinounitedhealth) **1) Shanghai Center Clinic**, Suite 601 West Tower, Shanghai Center, 1376 Nanjing Xi Lu, by Xikang Lu Open Mon-Sat, 9am-6pm **2) Gefei Center Clinic**, Medical, Dental and Endoscopy Center, 3/F, Gopher Center, 757 Mengzi Lu, Open Mon-Sun, 9am-6pm **3) New Bund Clinic**, Medical and Surgical Center, 255 Dongyu Lu, by Qirong Lu Open, Mon-Sat, 9am-6pm **4) Zhangjiang Clinic**, Medical and Dental Center, 1/F, 268 Xiangke Lu, by Baiye Lu Open Mon-Fri, 9.30am-5.30pm **5) Century Park Clinic**, Sports Medicine and Rehabilitation Center, 1717 Huamu Lu, by Fangdian Lu Open Mon-Fri, 9.30am-6pm; Sat, 9am-1pm **1)** 南京西路1376号上海商城西峰办公楼601室, 近西康路 **2)** 黄浦区蒙自路757号歌斐中心3层304-307室 **3)** 浦东东育路255号S7号1-3层, 近东明路 **4)** 浦东东育路255号佑越国际1层 **5)** 浦东花木路1717号御翠园内, 近芳甸路



**DeltaHealth** is a foreign-funded health-care provider based in Shanghai. Operating in Qingpu and Changning, DeltaHealth provides a range of comprehensive healthcare services including 24/7 ER services, preventive health, general practice, emergency, internal medicine, surgery, orthopedics, thoracic, gynecology, pediatrics, ophthalmology, rehabilitation, medical imaging, traditional Chinese medicine and more, to people living in East China and beyond. DeltaHealth hospital has also maintained a strategic collaboration with Columbia Heart Source, with a focus on cardiovascular care. **1) DeltaHealth Hospital**: Xule Road, Xujing Town, Qingpu District, Open 24/7 **2) DeltaHealth Clinic**: 5th Floor, Building B, 2558 West Yan'an Road (Next to Grand Millennium Shanghai Hongqiao, in Shanghai Workers' Sanatorium) Open Mon-Sat, 8.30am-6.00pm **1)** 上海市青浦区徐乐路109号 **2)** 上海市延安西路2558号B座5层 (上海虹桥千禧海大酒店旁, 工人疗养院内) www.deltahealth.com.cn (400 821 0277)



**Jiahui Health's** an international health-care provider operating in several downtown locations. Our integrated network includes an international hospital with 24/7 emergency services and a Rabies Prevention Clinic, two medical clinics, a wellness center, and a team of internationally trained physicians. Our services include: emergency care, OB/GYN, family medicine, surgery, pediatrics, dermatology, dentistry, rehabilitation, clinical psychology, and CT/MRI imaging diagnostics, among others. **1)** Mon-Sun, 24 h, **Jiahui International Hospital**, 689 Guiping Lu, by Qinjiang Lu **2)** Mon-Sat, 9am-6pm, **Jiahui Health (Yangpu)**, 1F/2F, Suite 3, 99 Jiangwancheng Lu, by Yingao Dong Lu **3)** Mon-Sat, 9am - 6pm, **Jiahui Health (Jing'an)**, Suite101, 88 Changshu Lu, by Changle Lu (400 868 3000) **1)** 桂平路689号, 近钦江路 **2)** 江湾城路99号3号楼1-2层, 近殷高东路 **3)** 常熟路88号, 近长乐路 (400 868 3000) www.jiahui.com/en

## BEIJING



**Lianbao Apartments 联宝公寓**  
Lianbao Apartments is near Sanlitun Street, next to the second Embassies area. The apartments here rent out very quickly because of the wide space and reasonable prices. People who live here can enjoy satellite TV, including CNN, HBO, TV5, BBC etc.

2Br.	176m <sup>2</sup>	¥ 16,500
3Br.	202m <sup>2</sup>	¥ 18,500
4Br.	227m <sup>2</sup>	¥ 20,500

Hotline: 84184001 / 13810936118  
E-mail: hanxingyue1127@126.com

**Beijing Lianbao** > Unite 1C, Building 7, Xingfu Yicun Xili, Chaoyang District 朝阳区幸福一村西里7号楼1C (6415 8001, 138 1093 6118, hanxingyue1127@126.com)



**Middle 8 Restaurant 中8楼** An oasis at the top of Taikoo Li, Middle 8 is the go-to destination for fresh authentic Yunnan cuisine. The restaurant, stylish yet understated, has plenty of flavorful well-priced dishes and a killer view to boot.  
> Raffles: Daily 11:00am-10:00pm, 9 Floor Of Raffles shopping center Dongzhimen Dongcheng District. 来福士店: 东城区东直门来福士购物中心5层 8409 8199/8409 8234  
> Indigo: Daily 11:00am-10:00pm, Jiuxiangqiao Road No.20 Indigo F2, Chaoyang 朝阳区酒仙桥路20号颐堤港2层 8420 0883  
> Sanlitun: Daily 11:00am-10:00pm, 60 Meters Of No. 6 Building Sanlitun South Road Chaoyang District. 三里屯店: 朝阳区三里屯南路6号楼南侧60米 6595 9872/6593 8970



**Yosemite Clinic** is a "Physician Owned, Physician Managed" healthcare institution. We currently operate at both locations: Shanghai Yosemite Clinic (Pudong) close to Kerry Parkside and Shanghai Yosemite Hospital (JingAn) close to JingAn Kerry Center. We specialize in Minimally Invasive Surgery. Yosemite Clinic works in collaboration with domestic and international insurance providers. (4008-500-911, 24/7 ER Hotline:021-3101 3136 **1)** Daily: Mon-Sun: 9am-6pm B1-1F, 1398 Fang Dian Lu, Pudong, Shanghai **2)** Mon-Sun, 9am-6pm (Emergency Service 24/7) Fumin Lu, by Julu Lu **1)** 上海浦东新区芳甸路1398号B1-1F (Plus乐坊下沉式广场) **2)** 富民路118号, 近巨鹿路



# EVERYTHING EVERY. SINGLE. DAY.



NEWS



EVENTS



FASHION



ART



RESTAURANTS



HEALTH



BARS



CULTURE



NIGHTLIFE



GUIDES



MUSIC



GIVEAWAYS

# GO ON, FOLLOW US.



BEIJING



SHANGHAI



GUANGZHOU



SHENZHEN

# HOTEL NEWS

## BEIJING



### Paulaner Brauhaus Celebrates New Brewing Milestone

Paulaner Bräuhaus Beijing celebrated six million brewed liters of fresh beer with a garden party, gathering over 70 Beijing artisan vendors ranging from food and cultural crafts to popular lifestyle brands to revel in this historic Paulaner brewery milestone. The weekend outdoor festivity included a garden market, beer tapping and opening ceremony, Concertini, family-friendly activities, food and wine courses and boutique options, attracting more than 3,500 attendees.



### Enjoy Easy Living at Dongsì No. 78 Boutique Apartment

Dongsì No. 78 Boutique Apartment is located in Dongcheng District. Close to Metro Line 5's Dongsì Station and Wangfujing Commercial District, the building is within walking distance to the Palace Museum. It is also close to the political, economic and commercial landmarks such as the CBD International Trade Center, the Embassy District and Financial Street. The 14 units of exquisitely designed Chinese-style and Western-style simple and pleasant apartments show a truly aesthetic blend. Exquisite studios, one-bedroom suites and a two-bedroom penthouse, with a comfortable layout and suitable moving lines, can meet the dwelling needs of any Beijinger. To learn more, call 010-8406 1099.

### New Children Interactive Activities

Grand Bay Hotel Beijing has launched new interactive program for children on weekend, offering children to learn more tips while playing. Different interactive courses are arranged for every Friday, Saturday and public holidays, including little star kitchens, little firefighters and other activities. At the same time, the hotel has a children's club of 1200 square meters, which can bring wonderful service experience for your whole family to share parent-child joy. For reservations, please contact 010 6100 6666, or email reservation.bj@gbvh.com.



## SHANGHAI



### Jing An Shangri-La, West Shanghai Reopens Calypso Restaurant & Lounge

Calypso Restaurant & Lounge has reopened its second floor al fresco lounge, and guests can once again enjoy the unique and refreshing atmosphere on the terrace of the glass-house restaurant and lounge in the centre of the city.

Meanwhile, Calypso Restaurant & Lounge has upgraded the Happy Hour offering to start from 5-8pm daily. During the three-hour aperitivo time, guests can enjoy a variety of drinks from RMB40 net each, and also receiving a complimentary signature snack with each order of drinks. Two hours' free-flow of selected Cocktails, Beer and Wine will also be offered at RMB198 net per person, and the newest snack menu that has been launched can be creatively enjoyed as a pairing. Chickpeas Hummus, Beef Albondigas, Gambas Al Ajo and other original and unique Mediterranean flavours can be savoured with the starting price of RMB48 net.



### Pudong Shangri-la Launched the Valmont 'Purity' Afternoon Tea

Collaborated with world top Swiss skincare brand – Valmont, inspired by the brand philosophy – 'When Art Meets Beauty,' Executive Chef Olivier Pistre developed Valmont 'Purity' Afternoon Tea Collection for you to explore. Receive one set of Valmont-selected gift, total 10 sets limited per day during the promotion. Lobby Lounge located on level one of the River Wing, is renowned for its gracious and impeccable service and comfortable environment. Available from 2-6pm daily until October 26. For reservations, please call (86 21) 6882 6888.



# GUANGZHOU



## A Taste of Refined Elegance: Remodeled Pearl Lounge at The Ritz-Carlton, Guangzhou

With an unwavering commitment to crafting an ambience of refined elegance, contemporary luxury, superlative gastronomy and bespoke service, The Ritz-Carlton, Guangzhou has recently completed the upgrading of the Pearl Lounge to offer an elevated experience of sophisticated living. Drawing inspiration from the timeless Hollywood classic, *Breakfast at Tiffany's*, this upgrade was conceptualized by the leading interior and architectural design firm Hirsch Bedner Associates (HBA), giving full expression to the Pearl Lounge's sense of bespoke ultra-luxury with the interior's breathtaking aesthetics and elegant decor. Inspired by the newly elevated Pearl Lounge, Mr. Calvin Sia, the Executive Pastry Chef of The Ritz-Carlton, Guangzhou, has put together a unique pearl-themed afternoon tea for guests' enjoyment.



## Oh Hey Fei, Welcome Back! W Guangzhou Renovates Nightlife Lab

Fei now has a new look and a fully upgraded image designed with bold innovation. The design was inspired by the jewelry boxes of ancient emperors' concubines, who enjoyed a myriad of treasures. It is like their jewelry box full of fun, full of amusement. With the unique design, music, fuel and fashion, the bright atmosphere of rare treasures is integrated into the overall space design of Fei. Visit [www.whotels.com/guangzhou](http://www.whotels.com/guangzhou) to learn more.

# SHENZHEN



## Ritz Kids Night Safari Adventures

Let your little ones embark on an evening of adventure from the comfort of your hotel room. The all-new Ritz Kids Night Safari taps into your child's inquisitiveness, creative spirit and thirst for new adventures, making for an unforgettable holiday experience.



## Jewelry Box Afternoon Tea for the Jewel in Your Life

From October 1 until the end of December, a jewelry box-inspired afternoon tea crafted by Pastry Chef Mr. Tony Zhao will be available at The Lounge. A variety of handcrafted savory and sweet desserts await.

# CHANGSHA

## The St. Regis Changsha Announces Bennie Peng as new Hotel Manager

The St. Regis Changsha recently announced the promotion of Mr. Bennie Peng to the Hotel Manager. In this new role, Bennie will lead the hotel operation team with his excellent management skills, solid operation and sales & marketing foundation. Bennie started his career journey as IT Supervisor at the Sheraton Changsha Hotel back in 2006, since then he progressed through sales discipline. In 2017, he joined The St. Regis Changsha as the Director of Sales & Marketing. With his in-depth understanding of the local market and precise grasp of positioning and strategy, he led The St. Regis Changsha sales team to achieve numerous successes.



# SCHOOL NEWS

## SHANGHAI



### Wellington College International Shanghai IB and IGCSE Results

Wellington College International Shanghai's students have made some landmark accomplishments in 2019-20's year-end exams. All year 11 pupils achieved seven or more A\*/A grades in subjects ranging from computer science to Chinese as a Foreign Language, and 64% of them achieved eight or more A\*/A or 9-7 grades. Twelve pupils achieved eight or more top grades A\*/9, and five achieved 10 A\*/9 grades. Moreover, the College's 2020 graduating class surpassed a school record, achieving an average score of 38.5 out of 45 possible points. This places them well above the global average of 29.9 points.



### Inquiry-Based Learning is Alive at Dulwich College Shanghai Puxi

Dulwich College Shanghai Puxi has a green campus filled with nature that sparks interest and provides incredible opportunities for self-guided learning, the key to inquiry-based education. As Ms. Higgins explains: "Some Reception children found a very big caterpillar in our garden and we put it in a special box with leaves and the next day it had made a cocoon... We are still waiting for the cocoon to open. I wonder what will come out?" Enquire today about how your child can experience the Dulwich Difference



### Dulwich College Shanghai Pudong Students lead on diversity and inclusivity initiatives

This year Dulwich College Shanghai Pudong welcomed two new female Houses and new gender-neutral House ties. These student-led initiatives are examples of the Dulwich values of inclusivity and diversity, as well as student leadership, coming to fruition. Joining a House is an integral part of life at Dulwich, and all students and staff are allocated to one of four Houses where community is built and relationships are formed. The selection of the new Maathai and Curie Houses was a College-wide initiative, with students proposing and choosing their favorite role models.

## BEIJING



### Beijing Enlighten School Happy to Have New School Year

The first day of school was on September 1 for Beijing Enlighten School. From the very first moment of arrival, the teachers of Beijing Enlighten School were well prepared to welcome students back from a sunny summer vacation.



# SHENZHEN



## Shenzhen International Foundation College Prepares First Classes Training Camp

It was training day for the savvy students at Shenzhen International Foundation College. The school used project-based teaching methods to teach students at Tanxiang Island, Dongguan. There were four different types of experiential classes. Each experience has been carefully designed by PBL tutors to maximize the enthusiasm of participating students. The aim is that in the process of getting contact with nature, students can cultivate their sense of team work and international vision to help them be prepared for an ever changing world.



## International Dot Day at Shenzhen Whittle School & Studios

The theme of international dot day this year is 'Connecting the Dots!' to show that even when they are physically apart, because of COVID-19 hitting the world so hard, they're all in this together. Grade 1 to 6 students from Whittle Shenzhen Campus had been preparing for this project designing different special dots and teachers connecting all the dots together with lines on a big wall. By doing so, they also connected hearts and souls. Whittle School & Studios also received an official certificate for showing the deep appreciation of Peter Reynolds, the writer of the book, towards the initiative.



## QSI Shenzhen Excited to Welcome Students of Every Age Back on Campus

After the many challenges over the last seven months, QSI Shenzhen is charging forward into the new normal as they navigate the challenges created by COVID-19 while maintaining the high standards of safety alongside academic rigor. They are glad to be navigating these challenges together with the leadership of new director, Mr. John Shirley, who joins QSI Shenzhen after many years leading other QSI schools, most recently in Zhuhai.



## Shenzhen International School (SIS) Constructing New Campus

Shekou International School (SIS) has started construction on their new Grade 6-12 campus. SIS built a reputation for excellence over 30 years and now is expanding the capacity of their secondary program. The new campus remains in the heart of Shekou at Net Valley and will feature an expansive design studio where innovation and problem solving will meet real-world applications. The science hub will allow seamless integration of the disciplines and the contemporary library is a fusion of traditional and online resources. Performance and creativity will be fostered in the music suite, arts space and theaters.

# GUANGZHOU



## Phase One of Master Facility Plan Completed (AISG)

AISG's Master Facility Plan is designed with the future of learning in mind. Consisting of large, bright, open learning spaces, the plan is designed to promote collaborative and transparent learning. The new buildings are also sustainable, both in terms of green building design and flexible space that will allow them to evolve with the pedagogical changes that lie ahead. The construction has four phases that will take place over a period of several years and this month, one year after the groundbreaking ceremony, phase one was completed.

## UISG Students Named Finalists for MYP Innovators Award

Last year, the International Baccalaureate (IB) organization launched the MYP Innovators Award. The Student Innovators platform and grant is an opportunity for students in the IB Middle Years Programme to make an impact in their community as they develop into socially conscious leaders, innovators and entrepreneurs.

After a rigorous application and global review process, the 'Utahfresh' team from Utahloy International School Guangzhou learned earlier this year that their project, which supports sustainability in conjunction with a local organic farm, was among the 21 award finalists selected from IB World Schools in 13 countries. They are the only finalists selected from a school within China.



## BIS Principal Extends Warm Welcome

BIS has introduced a house system for all our students and staff. Their house teams launch commenced on Friday, September 11, with many great events collaborated across all year groups and school sections. The students came together as mixed year groups for house events each Friday, last period. They implemented some extra health & safety procedures for the safety of all the students and furthermore to ensure we follow all the guidelines set by the Government. Similar to the Bush Administration, the philosophy at BIS is that 'Every Child Matters' and all the staff at BIS work as one team to ensure we deliver the best education at the most affordable price.



That's

# Horoscopes

Finally, a horoscope that understands your life in China.

By Larold Davidson



**Libra**

9.24~10.23

Stop being so dramatic – you don't have to tell everyone (including your *ayi* and the *ba'o'an*) that you and your *paoyou* broke up. You were barely even together. Your heart isn't even cracked, let alone broken. You got more of an emotional high from your best friend's reaction than you ever did from your three weeks of 'dating.'



**Scorpio**

10.24~11.22

Your spirit food is roasted goose and your spirit drink is *liangcha*. You've got China knowledge down pat. There is nothing more you need except maybe to learn to read Chinese characters.



**Sagittarius**

11.23~12.21

Major changes are coming to your love life. You have started to develop feelings for your partner that you'd never thought you'd be feeling. Unfortunately, these feelings could also be the result of passing a kidney stone, so you should probably get that checked out.



**Capricorn**

12.22~1.20

Your chronic bronchitis is acting up again. Go see the doctor about getting some non-invasive meds before people start giving you weird looks at Halloween pub quiz night. And no, yelling at people who move away from you on the metro isn't the best way to cope with your constant cough.



**Aquarius**

1.21~2.19

It's time to get a real job in China. No, livestreaming and 'modeling' occasionally doesn't count. Your significant other is beginning to get fed up with your leisurely *laowai* lifestyle.



**Pisces**

2.20~3.20

Russian interference, COVID-19, Jeffrey Epstein, Area 51, the US post office, murder hornets. These all fuel your fire, you weird little conspiracy theorist, you. We love you anyways, but hold back a bit before you tell us that Donald Trump is communicating with aliens. (Mitch McConnell on the other hand...)



**Aries**

3.21~4.20

Stop messaging the person that expressed interest in a threesome a year ago. Your significant other is getting annoyed and will make your life hell if you keep lowkey talking to someone who has outright asked for a *menage a trois*.



**Taurus**

4.21~5.21

You have discovered the joy of Sichuan spicy beef jerky and you will never again go back to the mediocrity of other Chinese snack foods. "Sichuan beef jerky 24/7!" will become your motto. It also helps with your anemia.



**Gemini**

5.22~6.21

As an amateur economist, you are constantly thinking about supply and demand. This is probably your last opportunity to go for a career change and get a ultra high salary as an English teacher because face it, there are so few left in China.



**Cancer**

6.22~7.22

Yes, you hate costume parties, but Halloween is coming up at the end of the month. Time to start filling your cart up on Taobao to find a perfect 2020 costume. Please don't dress up as a Minion or Mario and Luigi, those ships have sailed.



**Leo**

7.23~8.23

You haven't gone back to your favorite Sichuan hot pot since you learned they reuse their oil. but you miss it oh so bad. It may be time to try the hot pot again after all this time. After all, you are a *huiyuan* (member).



**Virgo**

8.24~9.23

There's a proverb in Chinese that describes your month perfectly, *yi yan ji chu, si ma nan zhui* (一言既出驢馬難追). It means that once you say something, you can't go back. You may make promises or say things this month that may haunt you, so think before you speak.



# Pink Ribbon Women's Health Awareness Month-

# We Care More

Jiahui Health and its partners are launching the "Pink Ribbon Month – We Care More" event series!

## **Pro Bono Surgery/Consultation – An Action for Public Welfare**

Jiahui will provide pro bono surgery/consultation to a limited number of qualified patients

## **Public Welfare Concerts – A Voice for Public Welfare**

From Sep. 26th, Jiahui will organize 3 concerts!



Consult Jiahui WeChat assistant  
about the surgery/consultation



Come and sign up  
for the concert

## **Women's Health Fairs**

We look forward to your participation!



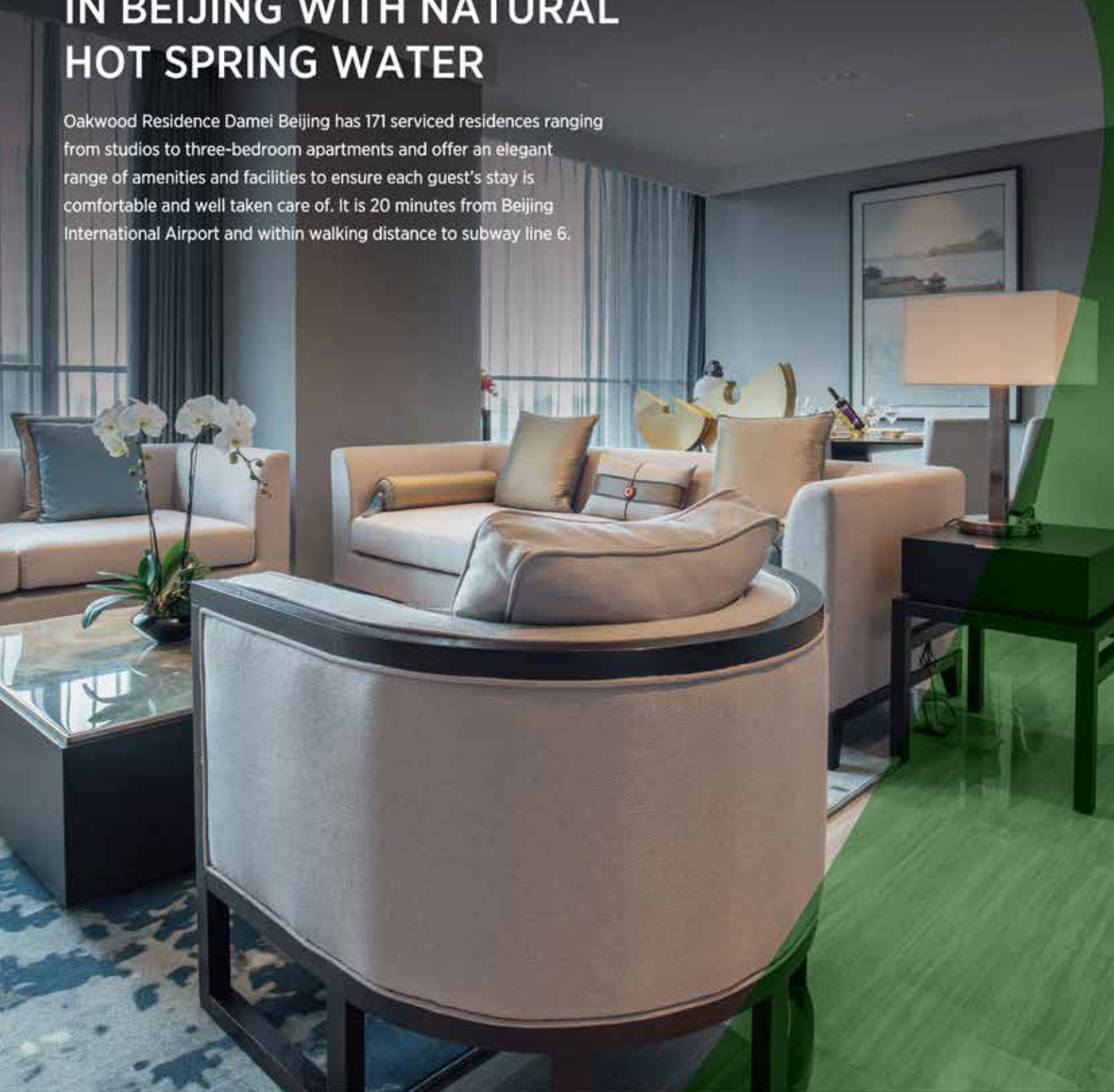
上海徐汇区妇女联合会



JIAHUI INTERNATIONAL HOSPITAL  
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