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# SHANGHAI that's

## ART AQUARIUM in 上海 & NIGHT AQUARIUM

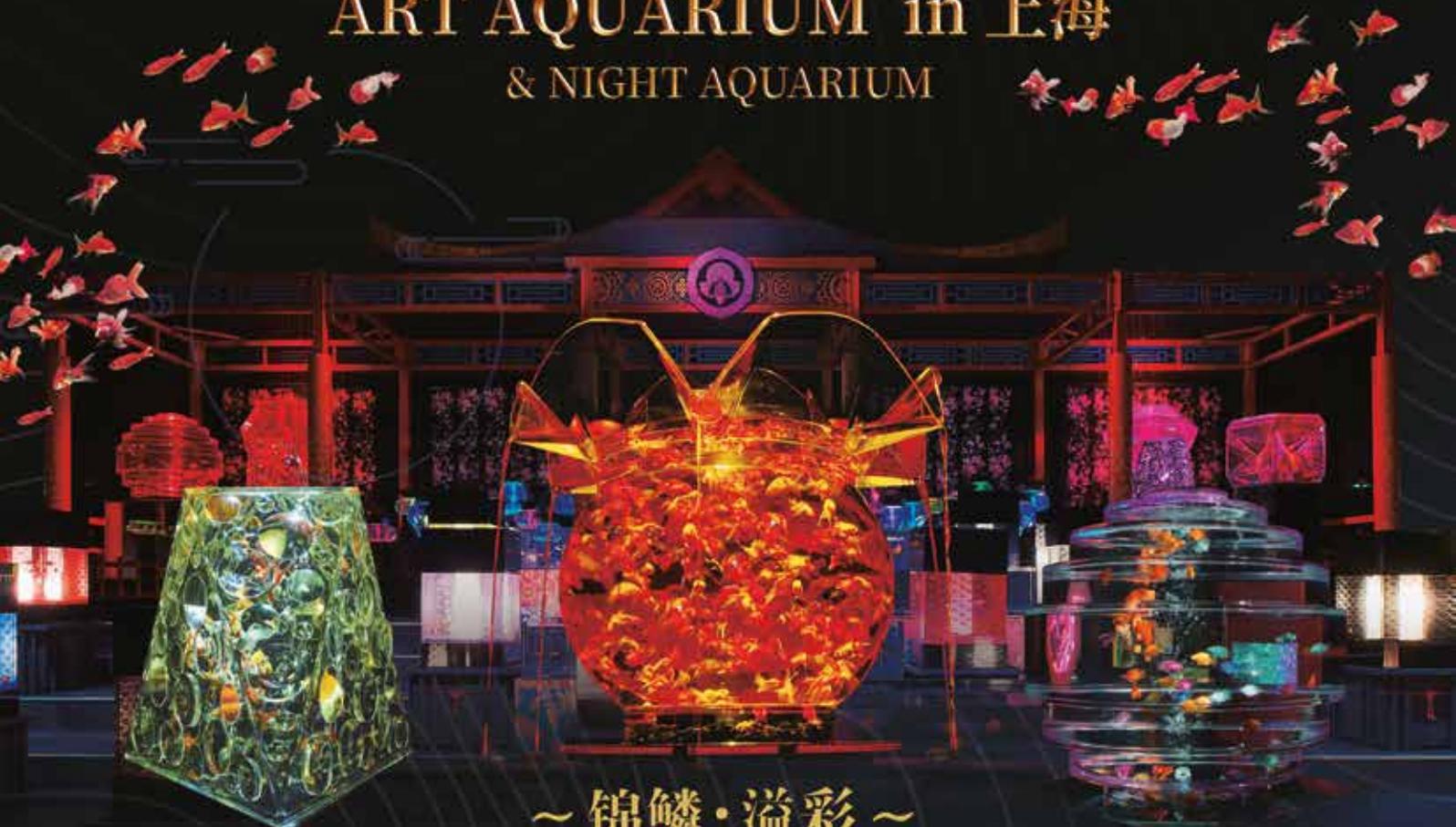


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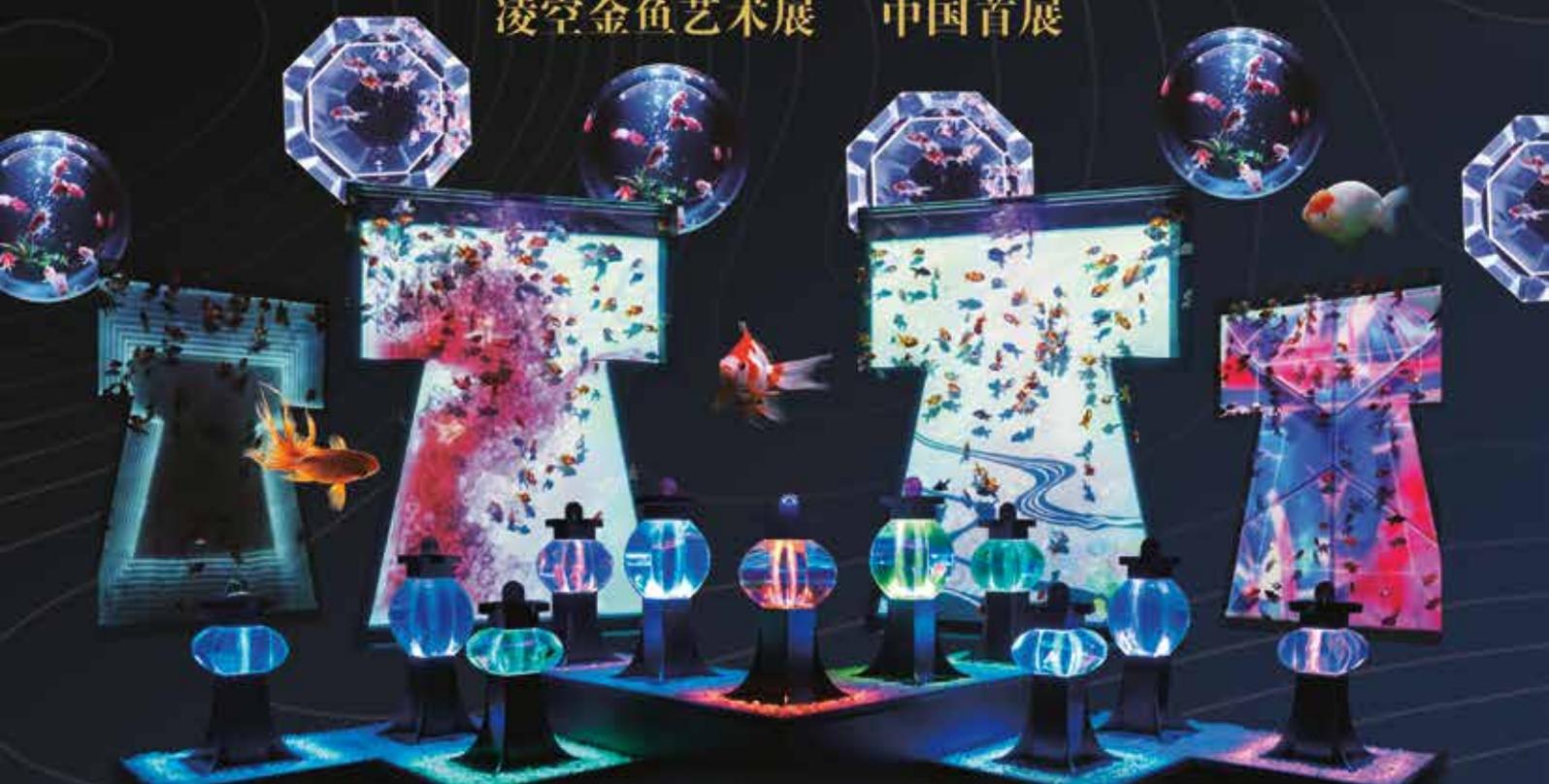
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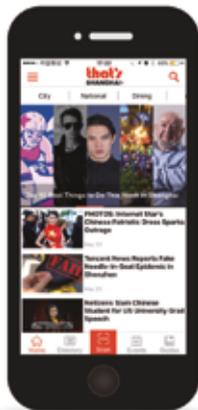
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# Editor's Note

NOVEMBER

Throughout history, there have been many myths and legends about the foreign relations between China and the rest of the world. Did Marco Polo really travel all the way to the Middle Kingdom, and did he really bring pasta back to Italy?

In this month's cover story, *That's* PRD Editor-in-Chief Matt Bossons travels to the village of Liqian in Gansu province to find out more about what historians refer to as the Lost Roman Legion of China. Did members of a Roman Empire army travel all the way here some 2,000 years ago, and are the residents there today descendants of these troops? Read his findings on p40.

Speaking of traveling, last

month's Golden Week holiday saw recording breaking numbers of Chinese travelers making their way to hundreds of domestic and international destinations. Find out who went where, and why, in our City feature (p10).

Looking ahead to November, this month marks the return of Art021 and the West Bund Art & Design, as well as the 12th Shanghai Biennale. Sarah Forman gives you a taste of what to expect from these fairs on p38. Meanwhile, our Food Editor Cristina Ng eats her way through Shanghai's favorite spots for dishes from Taiwan. Turn to p54 to get your (visual) fix of *lurou-fan*, *sanbeiji*, beef noodle soup, and much more.

Last but not least, you'll find Singles Day gift ideas (p18), highlights from this season's Shanghai Fashion Week (p26), and an in-depth feature about the Freitag brothers (p22) in the action-packed Life & Style section.

Until next month,

**Dominic Ngai**  
Editor-in-Chief

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NOV 15 THU

Vaccines



NOV 16 FRI

Four Tet



NOV 18 SUN

Shanghai Marathon



NOV 24 SAT

Feeder

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# CITY



A woman with long dark hair, wearing a patterned top and a dark backpack, stands with her back to the camera, looking at a large digital departure board in an airport terminal. The board displays flight information in red and white text on a blue background. Above the board, a digital clock shows 12:08. The board lists various flight details including destinations like 'BERNH', 'LON', 'PARIS', and 'LAX', along with flight numbers and times.

FLIGHT	TO	STATUS	TIME	CLASS	FARE
BERNH	12:08	ON TIME	12:08	Y	1381
LON	12:10	ON TIME	12:10	Y	1381
PARIS	12:15	ON TIME	12:15	Y	1381
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## GOLDEN WEEK RUSH

Where Chinese Travelers Went During the October Holiday, P10



Falling Stars  
P8



Ye Vs. the People  
P8



# THE FUTURE OF AVIATION

## You Can Now Check in with Your Face at Hongqiao Airport

By Yuzhou Hu

Following a three-year renovation, Terminal 1 of Shanghai Hongqiao International Airport finally reopened to the public last month with improved efficiency, thanks to the newly-introduced self-service machines and a fancy automated clearance system.

As the country's first airport self-service facial recognition system, the technology allows travelers to complete check-ins, print boarding passes and receive luggage tags, all by merely scanning their identification cards or faces without the assistance of any staff at the airport. Security checks and boarding can be managed through the machines as well. (Note: As of publication time, the feature is only available to Chinese passport holders, however the technology could soon be rolled out to all travelers.)

In total, there are 26 passenger check-in machines — 18 for luggage check-in and eight security check. A brigade of 50 volunteers is on standby to guide travelers through the process. In addition, six counters with airport staff will be maintained for those who prefer manual service.

In addition to the self-service machines, the revamped terminal also has 11 newly installed restrooms, nine nursing rooms and 10 wheelchair accessible toilets. Free internet and charging stations will also be available. The primary purpose of the upgrade is to elevate the service quality by improving the internal infrastructure, interchange system and the surrounding environment.

Even though the revamped terminal's capacity will remain at 10 million people per year, it is said that it can handle 2,000 passengers

per hour in peak time with the aid of the new self-service machines. The same technology will eventually be implemented at Terminal 2.

Beijing is also planning to build an airport using facial recognition technology. While it is still currently under construction, it is said the new airport will not only recognize passengers but also match them to their belongings.

Facial recognition technology has already been applied to many aspects of life in China. In 2017, Shanghai police began using facial recognition to bust jaywalkers, and the technology was even used to track down toilet paper thieves in Beijing.

And in the foreseeable future, Shanghai residents may even be able to board Metro trains via face-scanning payments. Earlier this year, Shanghai Metro authorities unveiled next-generation turnstiles installed with facial recognition cameras. Travelers would be able to pass through turnstiles just by looking at the cameras. Scan the QR code to see more images of the new technology at Hongqiao Airport.



# THE BUZZ

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# RMB10,000

– how much a man was fined for selling VPNs in Shanghai

Last month, a software developer was fined RMB10,000 and imprisoned in Shanghai for selling virtual private network (VPN) services online. A court in Shanghai's Baoshan District found the man, surnamed Dai, guilty of operating a website offering illegal VPN software that was sold to hundreds of China-based users between April 2016 and December 2017. Dai was slapped with the fine, sentenced to three years in prison and given a three-year suspension for his crimes. Read more about the incident by scanning the QR code.



## DON'T YOU KNOW WHO I AM?

### The Falling Stars Challenge



You've probably seen some of the photos spread across social media depicting people sprawled upon the floor, surrounded by their most prized possessions. Aptly named the 'Falling Stars Challenge,' this new viral phenomenon can be traced back to early August when a Russian man posted a picture of him falling out of a grounded plane with his luggage clutched in hand on Instagram. The social media craze eventually made its way to China, which in mid-October had over 1.2 billion followers and nearly 800,000 people actively talking about and/or doing the challenge on Weibo. The hilarious photo-ops have been very creative, with renditions featuring a gym-goer surrounded by free weights, a firefighter faceplanting in front of a row of firetrucks and a man losing his balance at an emergency call center with papers scattered everywhere. Scan the QR code to see some of the best 'Falling Stars Challenge' photos from China.



## QUOTE OF THE MONTH



## “We're cheating on our country”

... So said Kanye West during a bizarre public appearance with US President Donald Trump at the White House last month. Ye ranted about everything from the US criminal justice system to North Korea (while wearing a 'Make America Great Again' hat, of course). Shortly after proposing replacing Air Force One with an Apple-designed 'iPlane 1,' West switched the topic to China. “We have to bring jobs into America, because our best export is entertainment and ideas,” he said. “But when we make everything in China and not in America, then we're cheating on our country.” Read more of his comments by scanning the QR code.





开挂 (kāiguà) v. To use cheat codes in a game, to excel so much as if one has a cheat code

What kids today understand – and we all should get through our thick and aging skulls too – is that life is a game with the sole objective of leveling up in the material world. If Level 10 is like working a demanding rat-race job for a crabby boss, Level 100 is like having a trust fund while traveling the world “searching for yourself” and Level 1,000, is like having a fabulous wine cellar or a fleet of yachts (or both). Happiness simply can’t be found on Level 10 when some are at Level 100 or even on Level 1,000. But how do we get there?

Until very recently in China, life seemed fair. Everyone logged into the game at the same level and whoever worked the hardest and killed the most trolls leveled up the quickest. However, in the past couple of decades, it seems that some players were automatically born into Level 100 status and quickly leveled up to 1,000 without diligently killing trolls or spending much time in the game at all. Some players started on the same level with us, but after a while started to level up much faster, leaving us in the dust. To the rest of us still killing trolls one by one, they look like they have typed in some kind of cheat codes into the game.

Originally meaning 'to use cheat codes' in video games, *kaigua* refers to what we think those overachievers seem to have done to advance so much in so little time, as if they knew some kind of secret to the game that we don't know.

We all know these people, who got into good schools, were given coveted jobs and became CEOs by the age of 26, all seemingly without much effort. Or those who went to the same high school as us, but later became international film stars and business moguls. Or those who used to share an office desk with us, but later launched a Nasdaq-listed company. They don't seem to be following the same rules of leveling up as we are, but we don't know their secrets.

Upon closer inspection, people who seem to *kaigua* have many reasons for over-achieving – some due to family connections, others by deciding to abandon the rat race or focusing on one craft, starting the right business at the right time or pursuing a true passion.

You don't have to *kaigua* at a young age. Plenty of accomplished people only started to *kaigua* later in life, like Colonel Sanders who founded KFC in his 60's. In the game of life, it's never too late to *kaigua*. Just remember to play it smart, not hard. **Mia Li**

**A** The CEO of this billion-dollar company is only 22 years old.

I'm the same age but I'm broke. **B**

**A** He must know something we don't.

What a *kaigua* life he has. We'll never get to his level. **B**

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# TRAVEL IN PACKS

## Who Was Traveling Over Golden Week?

Compiled by Dominic Ngai



If *chunyun* is the largest human migration on the planet, then the Golden Week in October would be a warm-up race for the annual event that sees billions of Chinese returning to their hometowns or traveling overseas in the 40-day period surrounding Spring Festival.

According to Ctrip's 2018 October National Day Holiday Travel Report, the seven-day break last month saw 726 million tourists traveling to 798 destinations within the Chinese mainland, while revenue from domestic tourism reached 599 billion yuan (a year-on-year increase of 9.04 percent).

What's more interesting is outbound travel trends, where Chinese tourists traveled to 1,000 destinations in 100 countries. This year,

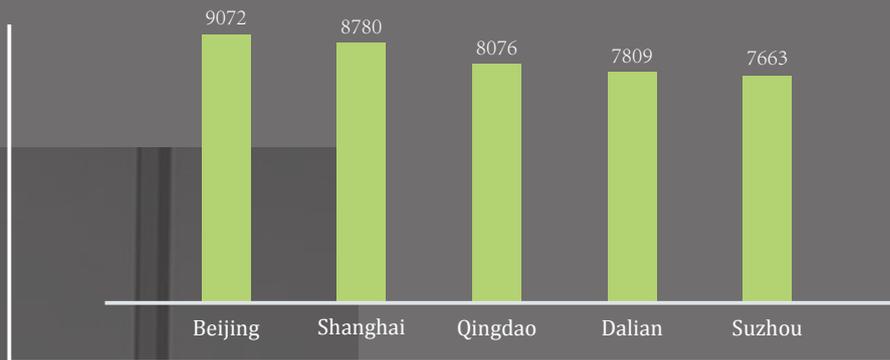
Thailand overtook Japan as the most popular countries or regions for those from the mainland, while Hong Kong, Vietnam and Singapore round out the top five.

In terms of age, those born in the 1980s and 1990s remain as the backbone of the Golden Week traveling population, making up 36 percent and 18 percent of the pie respectively.

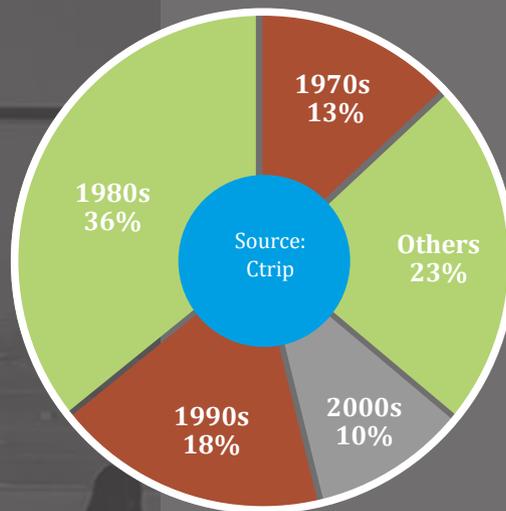
When it comes to travelers with the highest spending power, those from Beijing, Shanghai, Qingdao, Dalian and Suzhou came out on top. Many travelers chose to take their families overseas over the seven-day holiday, with partner (30 percent), children (29 percent) and parents (13 percent) being the top travel companions.

## Top 5 Cities with Highest Spending Power (Average Spending in RMB)

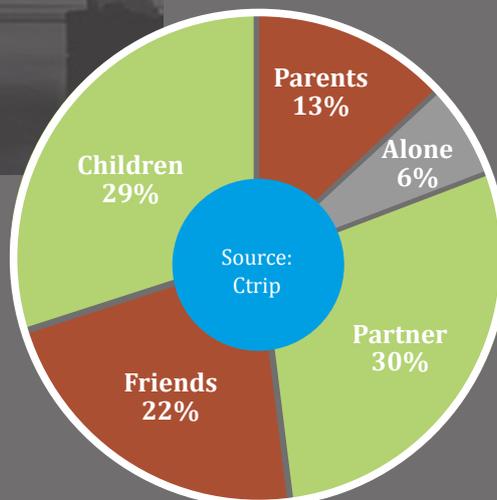
Source: Ctrip



## Age of National Holiday Travelers (Birth Year)



## Most Popular Travel Companions



GROUNDING IN CHINA'S  
MANAGEMENT PRACTICE  
PROMOTE SOCIAL AND ECONOMIC  
DEVELOPMENT

IMPROVE THE  
WORLD'S  
MANAGEMENT  
THEORY

**18** MASTERS IN MANAGEMENT RANKING  
FINANCIAL TIMES

MIM 2018

- # 1 Employed at three months
- # 1 Salary increase
- # 15 Careers progress

**34** GLOBAL MBA RANKING  
FINANCIAL TIMES

MBA 2018

- # 1 Employed at three months
- # 1 Salary increase

**8** EXECUTIVE MBA RANKING  
FINANCIAL TIMES

EMBA 2018

- # 1 Salary increase
- # 6 Salary today (US\$)
- # 21 Aims achieved

**17** EXECUTIVE EDUCATION RANKING  
FINANCIAL TIMES

EE 2018

- Custom Programme**
- # 6 Follow-up
- # 18 Programme design
- Open Programme**
- # 1 Follow-up
- # 18 Course design

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<http://www.acem.sjtu.edu.cn/en/>



# HOTTEST DEALS

Natural Spring Water, Towels, Designer Homeware and Tea Cocktails



## Harrogate Spring Water, from RMB187

Favored by celebrities and high-end restaurants around the world, this natural water from The Pinewoods Conservation of the renowned UK spa town Harrogate epitomizes style, quality and refinement.



## Beverly Hills Polo Club Towels, from RMB89

These soft, fluffy towels are made with premium cotton, which absorbs moisture to keep your skin dry and comfortable.



## Desktop PD, RMB180

Created by Canada's Umbra Design Studio, you can easily display multiple photos of your loved ones and favorite memories on this 'photo tree' on your desk or shelf.



## Umbra Tub Dish Rack, from RMB130

Available in three different colors, this dish rack by Canadian design label Umbra allows you to keep your kitchenware organized.



## Noveltea, from RMB 118

Combining tea and booze – two things that the Brits love – Noveltea offers a series of cold-brew tea and fine spirits mixes that are perfect for a lazy afternoon.



# LIFE & STYLE



## Freitag Brothers

The Swiss Cult Brand Founders on  
Entering the China Market, P22



Single Dogs  
P18



New Temple  
P20



Fashion Week  
P26

# WANBING HUANG

Designer and Founder of  
AT-ONE-MENT

Interview by Dominic Ngai

Since rolling out her eponymous label in 2016, Wanbing Huang has caught the eye of the fashion industry in China and beyond, and her work has been featured in some of the most prominent fashion magazines and websites around the world. Just before her return to Shanghai Fashion Week to showcase her SS2019 collection, we chatted with the Guangzhou-born, London-based designer about her design inspirations, collaborating with Nike on a global campaign and the decision to rename her brand.

**You grew up in Guangzhou, studied in Tokyo, and are now based in London. In what ways have these cities influenced your designs?**

Guangzhou is my hometown and 'spiritual comfort zone,' I love the cosy environment, delicious food and all my friends. In Tokyo, besides world-class pattern cutting skills, I learned a lot about the rigorous and professional attitude and traditional Japanese artisan spirit. London is a melting pot of different cultures and a world-class art capital. I really enjoy immersing myself in this environment as it keeps me calm and creative.

**How would you describe someone who wears your clothes?**

I want to create clothes for those sophisticated yet emotional women. They are strong and fragile, and are seeking artistic design that allows them to express themselves. My clothes capture their subtle but dynamic consciousness and highlights their beauty by creating a feminine image with elegance and spiritual connotation to help them to find the true self. My clothes can be a form of protection in a feminine way, but not an armor.

**Can you tell us about the new SS19 collection?**

The theme of my SS19 collection is called 'La Lumiere Interieure,' which is inspired by the French avant-garde movie *La Cicatrice Interieure*. I want to use clothes to show the experience of a woman defeating her inner



“My clothes can be a form of protection in a feminine way, but not an armor”

loneliness and pain through self-resistance to find the light of their soul and the meaning of life. The silhouettes are more fluid and romantic, and all the sharp edges are hidden to express a sense of elegance. The use of my signature fabric with peony-patterned jacquard conveys a romantic charm, and through the overlapping of lace and organza, I want to create some subtle yet polarizing hues. The collection also features exquisite craftsmanship of embroidery in the form of three-dimensional floral decorations.

**You recently renamed your label as AT-ONE-MENT. Why did you make this decision? How will your design under this new label be different from before?**

AT-ONE-MENT is also the name of my graduation collection at Central Saint Martins, and I think it is a good name for my new chapter – to scale up and share my vision and creation with more women. I still follow my heart when I design, so the artistic and experimental parts are still in the new label. I'm start-

ing to think about sophisticated female as a wider group, and to further consider their emotional and physical needs. I want to build a wardrobe for them, which allows me to create more wearable pieces and develop a more complete collection.

**You worked with Nike in 2017 in their Vision-airs campaign. How did the collaboration come about, and what was the experience like for you?**

Nike spotted my work at my Labelhood presentation. Though Stavros Karelis (founder of Machine-A), they invited me to participate in this global campaign. I have to say it was really a wonderful collaboration. The Nike team was very respectful of my approach and provided some very useful feedback. I've learned a lot from them about how a big company operates and the importance of professionalism.

wanbinghuang.co.uk

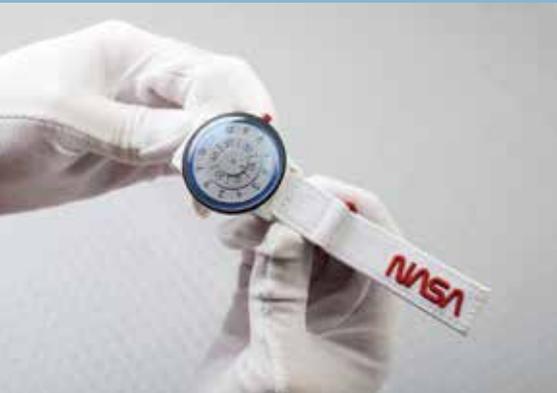
# STYLE RADAR

## COVET

### Anicorn x NASA

Hong Kong's Anicorn Watches has teamed up with NASA to create a limited edition time-piece to commemorate the 60th anniversary of the US government organization devoted to space research advancement. With only 60 pieces available worldwide (each marked with its own number from 1-60), the white textile strap features NASA's logo as well as the GPS coordinates of the Kennedy Space Center in Florida, and Cerakote ceramic coatings. Available on Anicorn's website for USD650.

> [anicorn-watches.com](http://anicorn-watches.com)



## COVET

### Nike Air Max 98 Shanghai

Nike just released a pair of Air Max 98 that is exclusive to the China market. Inspired by the Middle Kingdom's most populated city, the 'Air Max 98 Shanghai' features the black-grey monogram of the Chinese characters of Shanghai printed all over its upper. Available for RMB1,299 at select Nike retailers and official website.

> [nike.com](http://nike.com)



## OVERHEARD

### "There are a lot of fake products on most of these platforms"

... said Gucci CEO Marco Bizzarri of his decision to refrain from partnering with ecommerce platforms run by Alibaba and JD.com at the Business of Fashion conference in Shanghai last month. Despite China's continuous growth in luxury sales, luxury giants like Louis Vuitton, Prada and Gucci only sell their products through their official websites and still have yet to jump on the third party ecommerce platform bandwagon. According to Bizzarri, in addition to maintaining the brand's exclusivity, his main concern is that the brand's presence on these platforms would legitimize the act of counterfeiting. While he admits that the company had been in touch with both Chinese ecommerce giants, he'd still prefer to wait until the situation improves before rethinking his decision.

> [Gucci.cn](http://Gucci.cn)





# DRAGONFLY

## A New Oasis in Xintiandi's Lu One Mall

**D**ragonfly is well known as China's leading chain of contemporary urban retreats. With dozens of massage packages, manicures, pedicures and self-care treatments, they've built a reputation around quality, consistency and care.

Now, you can find Dragonfly's latest outpost hidden away in the new Lu One Mall. Conveniently located on Madang Lu and Xujiahui Lu, it serves as the perfect respite

from the hustle and bustle of the nearby Xintiandi area, with a shockingly serene design for a mall.

Enter right and a nail salon awaits you – with wine and tonic on offer, one couldn't imagine a more pleasant way to treat oneself. Enter left, a dark, ambient lit hall guides you to a series of private massage rooms, where you can receive everything from the Traditional Chinese Aroma Oil massage to the Happy Landing – a comprehensive treatment designed to help relieve travel and jet lag related discomfort.

You can also opt for a four hands treatment in their cinematic massage chair room. Here you can treat yourself to simultaneous shoulder and foot massages, with warm com-

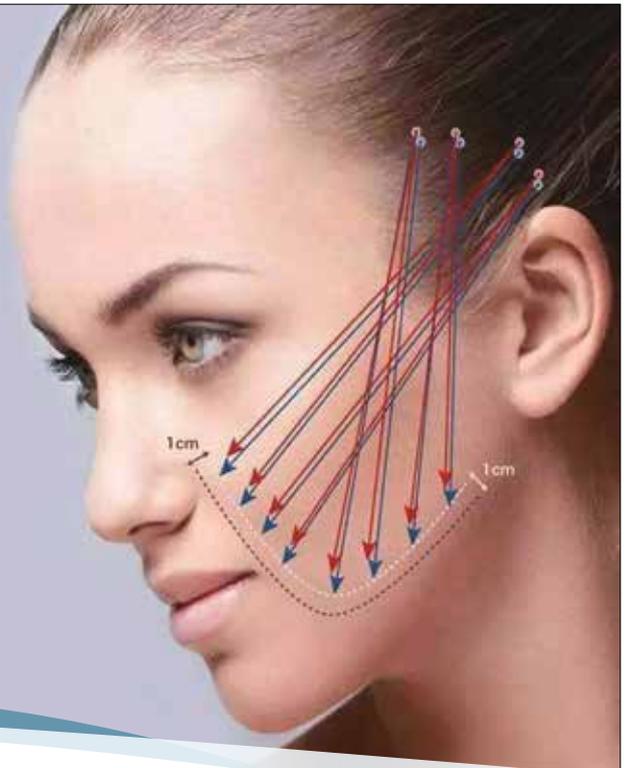
presses, blankets and soothing footbaths, surrounded by a gently animated traditional ink painting and calming music.

Refreshed and rejuvenated, this cove of tranquility leaves you primed for more than just a physical and emotional reset. Whether you're looking to relax after work, can steal away in the middle of the day, or are seeking out a little personal upkeep through gentle waxing or eyelash extensions, from facials to four-hand massages, this new Dragonfly location is the perfect place for your next city escape.

B1-11/12, Lu One Mall, 268 Xujiahui Lu, by Madang Lu 徐家汇路268号LuOne凯德晶萃广场B1层11/12号, 近马当路 (6266 2378)

# FINE THREAD LIFTING

Line carving is also known as buried line lifting, it is a minimally invasive cosmetic technique. In other words, the absorbable cosmetic line is implanted in the defect or sag part of the skin. Meanwhile, the skin and fascia are stimulated to rearrange the flabby or sag muscle tissue, so as to restore the youthful and beautiful appearance. The beauty line implanted in the skin has been applied in the field of medicine for decades, and its safety is beyond doubt.



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# One Crazy Only

## 11 Quirky Gifts for Your Single Friends

Compiled by Dominic Ngai

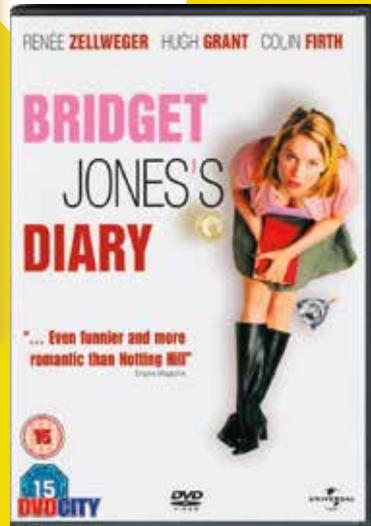
Singles Day has in recent years become another excuse to shop online in China, but to honor the origins of this special day, here are a few funny gift ideas for your single and fabulous friends.



'SINGLE' T-SHIRT  
RMB118  
TMALL.COM



'SINGLE DOG' PLUSH TOY  
RMB23  
TMALL.COM



BRIDGET JONES'S DIARY DVD  
APPROX. RMB15  
YOUR LOCAL DVD VENDOR





**FOUR PIECES OF YOUTIAO ('1111')**  
APPROX. RMB10  
YOUR LOCAL BREAKFAST FOOD VENDOR



**LEI FENG COFFEE MUG FOR SINGLES**  
RMB31.6  
TMALL.COM



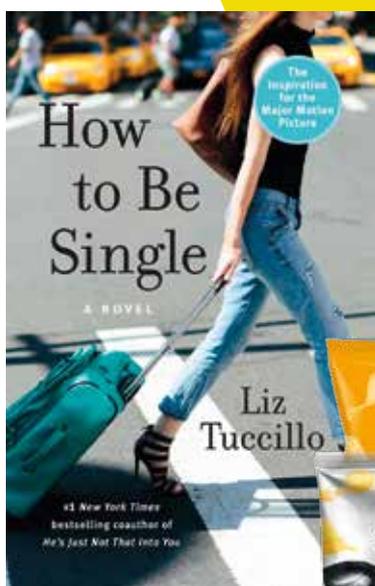
**'SINGLE AND LOOKING' IPHONE COVER**  
RMB76  
TMALL.COM



**INSTANT NOODLES FOR SINGLES (12 PACK)**  
RMB66  
TMALL.COM



**'SEEKING SUGAR DADDY' CUSHION**  
RMB56  
TMALL.COM



**HOW TO BE SINGLE NOVEL**  
RMB40.85  
AMAZON.CN



**'SINGLE DOG' CHIPS**  
RMB10  
TMALL.COM



**'MISSING A GIRLFRIEND' HOODIE**  
RMB169  
TMALL.COM



# NEW MONEY

## Giving the Temple for the God of Wealth a Fresh Look

Words by Dominic Ngai, Photos by Zhang Qianxi

**Project name:** Temple for the God of Wealth

**Location:** Huoshan county, Lu'an

**Area:** 20 square meters

**Design company:** CNRPD / Fuyingbin Studio

**The brief:** While they were constructing a public square and parking lot for Huoshan county, the project team from CNRPD and Fuyingbin Studio found a nearly 200-year-old temple for the God of Wealth onsite. As they dug deeper into its history, and discovered it had been a spiritual gathering space, as well as a symbol for fortune and luck for the local village for generations, the designers decided to convince their client to allow them to move the monument and rebuild it nearby.

> [cnrpd.com](http://cnrpd.com)





▲ Unlike the former structure, which was dark and covered by concrete walls and a traditional roof, the new pavilion features an open-air area for worship.

◀ Moved just 10 meters away from where the original used to be, the new temple is surrounded by hills and greenery on three sides.

▶ For the temple's concrete frame, designers enlisted the help of local craftsmen to create a unique mold that resembles woven bamboo mats.



▲ The walls are made with hollow red bricks, which allow plenty of natural light to enter the area of worship. Local villagers have also filled the holes with blessings for their loved ones.

# BAGS & BROS

Markus and Daniel Freitag on Taking Their Brand from Zurich to Shanghai

By Dominic Ngai





FREITAG STORE SHANGHAI. PHOTOS ON THIS PAGE BY PETER DIXIE.

With a devoted fan base around the world, Freitag, a Zurich-based company that has been producing one-of-a-kind messenger bags, backpacks and accessories from old truck tarpaulin, seatbelts and bicycle inner tubes since 1993, is considered by many to be a cult brand. Search for its name or the '#frtg' hashtag on Instagram and you'll find hundreds of accounts, as well as tens of thousands of posts where fans all over the world show off the latest addition to their colorful and unique collections.

And if Freitag is a cult brand, then founders Markus and Daniel Freitag would be considered cult leaders. Both designers by training, the two brothers created their very first messenger bag out of recycled material some 25 years ago when they needed a water-repellant bag to transport their design drafts while cycling through their hometown's notorious wet weather.

Today, the brand produces 450,000 bags and accessories a year from their factory in northern Zurich, selling them through their website, 24 Freitag stores in Europe and Asia, as well as hundreds of dealers and partner stores across the globe.

Over a period of 10 days in September, the brothers roamed through Hong Kong, Shenzhen, Beijing and Shanghai to participate in a series of design talks at various universities, bookstores and art museums, in addition to attending the opening of their first store

on the Chinese mainland in partnership with local reseller Harbook+ on Julu Lu. During their whirlwind tour, I sat down with Markus and Daniel to discuss their brand philosophy, Freitag's popularity in Asia, and what it's like to build a business as brothers.

## Out of Context

The official opening party of Freitag Store Shanghai is still a couple of hours away, but a group of diehard fans from Beijing are already patiently waiting in line outside the cordoned off complex. Armed with their favorite Freitag bags and accessories, they're determined to be the first to see the inside of the brand's 23rd branded outlet around the world, and to have Markus and Daniel Freitag sign their bags. This is a scene that the brothers are familiar with, as it is something that they've done many times at previous store openings, or at brand events in anywhere from Tokyo and Bangkok to New York and Berlin.

Throughout history, design has always reflected the cultural and economic realities in which an idea is conceived. And for Freitag, the 'terroir' that gave birth to the bread and butter of the brand was a busy freeway outside the brothers' window where hoards of colorful trucks pass by on a daily basis. The brothers' resourcefulness allowed them to become one of the pioneers of upcycling, and many of their loyal fans are initially drawn to the brand because of its sustainable nature.

"This is something that has remained the same over the past 25 years, which I think is quite special for a fashion brand," says Marcus of Freitag's main offerings. "And no matter if they're young or old, male or female, or where they're from, many of our customers all share the same mindset and values of the brand."

Even with their success and recognition worldwide, the Freitag brothers still remain the company's creative directors, acting as central figures of the brand's internal and external storytelling process. "In the beginning we just called it recycling," Daniel says. "But over the years, we've become much better at articulating what we do in a more precise manner – dissecting the issue of sustainability down to finer points with a term that we've come to love: 're-contextualization.'"

It is indeed one of their most frequently used buzzwords in different public speaking engagements and interviews. Recontextualization, or taking something out of its original context and putting it into a new one, makes one stop and raise questions: Why do Freitag bags look so dirty? (Because they're made with used truck tarps.) Why are there 19 rusty freight containers stacked on top of each other in the center of Zurich? (That's Freitag's Flagship Store.) From that point on, a dialogue is established, and the conversion process is initiated. ▶

“ In the beginning we just called it recycling... we’ve [now] become much better at articulating what we do ”



THE BROTHERS IN LAOXIMEN. PHOTO BY BENJAMIN THELLIER.

## Spreading the Gospel

“You can’t really narrow [our target audience] down to a specific demographic or style,” Daniel tells me. “But we know that Freitag is popular among the ‘creators’ in various fields – music, arts, journalism... This is an advantage for us as they’re good storytellers and love to spread the word out, and the rise of social media has really helped in that regard.”

One example of a devout disciple of Freitag in China is Darou, who is better known as his Instagram handle @freitag-stranger. A longtime follower of the brand, the Shanghainese designer and art teacher has been taking snapshots of Freitag bags he sees on the streets of the city since 2015.

“These days, I run into three to seven people wearing Freitag bags in my neighborhood of the former French Concession on a daily basis,” Darou tells me. “But in terms of the hardcore collectors, I think those in Japan

and Thailand are much ‘crazier’ than the ones in China. In particular, I think Japanese pop culture has had quite a lot of influence on the brand’s popularity in China.”

From fans who specifically seek out rare all-black items to those who go out of their way to find all products cut out of the same piece of tarp to reconstruct an entire truck, Freitag has established a loyal fan base in the two aforementioned Asian countries since the late 1990s and early 2000s.

In the book *Freitag – Out of the Bag*, a brand biography published by the Museum für Gestaltung Zurich, Ken Jungnickel, former director of JyKK Japan Inc (Freitag’s local reseller), attributes the brand’s popularity among the Japanese to the society’s preference for collectivism over individualism, a notion that also rings true for other East Asian countries like China.

“The individuality that is part of the philosophy behind the brand also gives custom-



TARP CUTTING AT THE ZURICH FACTORY. PHOTO BY JOEL TETTAMANTI.

ers the chance to be unique and to show it, to be proud of their choice of bag. That's what makes Freitag so special here," Jungnickel said to the interviewer.

Besides the desire to rebel against the collective social norm, however, Freitag fans in Asia are actually not all that different from their Western counterparts. "We see Asian male customers prefer smaller bags, something that isn't very common for Europeans; that's the most obvious difference," explains Daniel. "Color-wise, it's as diverse as other markets. But generally speaking, newer markets go for more colorful bags with interesting patterns or designs, while more mature ones favor more laidback, darker colors and monochromatic designs."

### Family Business

Working as brothers, according to both Markus and Daniel, comes with its pros and cons. While the duo often can agree quickly on 'what' initiatives to take on and 'why' they're doing it, there's often a debate in 'how' to reach these goals. "I think one of the good things about working as brothers is that you can challenge each other in a tough way, but in the end, you know you're still family," Marcus says, adding that disagreements between business partners is common regardless if they're brothers or not.

"Since we've been working together for 25 years, and have known each other for our entire lives," Daniel continues, "we've developed a slang where we're able to communicate with just a few spoken words – that's both good and bad because we run into the danger of staying in the same pattern, and breaking them is a constant challenge that we have to work on."

While their company has grown from a two-person team to 200 employees since 1993, Markus and Daniel still very much consider Freitag to be a family business. "We've been known as a Zurich brand, a Swiss brand and a European brand, but I think it's time to become a multi-domestic brand. Having established local teams with local colors of the brand in different countries has really enriched our perspective," says Daniel of Freitag's growing global presence.

"Living in Europe, China's portrayal in mainstream media is always related to its politics, its rapidly growing economy and changing society," he adds. "What's interesting for us on this trip is to see that the awareness for sustainability is also growing here. Freitag may still be speaking to a niche audience here today, but hopefully this niche will become the future of the market." ■

758 Julu Lu, by Fumiñ Lu 巨鹿路758号, 近富民路 (freitag.ch)



## FOUR SEASONS HOTEL PUDONG, SHANGHAI

### A Taste of Artistry at the Hotel's Secret Garden

On November 1-21, Four Seasons Hotel Pudong, Shanghai is transforming itself into a secret garden in the heart of Lujiazui with the offerings at Camelia Italian restaurant, Camelia Bar and FLARE Spa.

Inside the kitchen, Chef Nicola Frizzale taps into his Italian culinary roots to present an innovative five-course set dinner menu accented with the flavors and aroma of seasonal mushrooms and herbs. Over in the pastry station, Chef Steven Chen prepares an afternoon tea set inspired by the Acqua di Parma Le Nobili collection, where guests can enjoy garden-themed pastries and small bites at the Camelia terrace filled with the associated scent from the Italian perfumer.

At night, the Camelia Bar morphs into a butterfly garden as the hotel's resident mixologist Toby Sit creates a selection of whimsical cocktails and dynamic music plays in the background. Over at FLARE Spa, three personalized aromatherapy treatments featuring various exotic flowers are available for guests to choose from. To get a taste of this feast for the body and soul, contact the hotel for reservations.

210 Shiji Dadao, by Pucheng Lu 世纪大道210号, 近浦城路 (2036 8888, [fourseasons.com/pudong](http://fourseasons.com/pudong))



# SEASONAL TOUCHES

## Four Labels That Caught Our Eye During Shanghai Fashion Week

By Dominic Ngai



### 80N8

The 1980s disco era served as the main inspiration behind menswear label 80n8's SS19 collection. Titled 'Nonsense Move,' designer Li Gong transports the audience back in time with a well-balanced mix of classic menswear silhouettes in subtle colors, as well as some bold prints and geometric patterns on more casual hoodies and functional activewear pieces featuring shades of neon.

### AT-ONE-MENT

After renaming her eponymous label to AT-ONE-MENT earlier this year, the SS19 collection by Wanbing Huang (see p15 for her interview) is yet another celebration of femininity. Dresses feature soft and fluid silhouettes and the overlapping of various polarizing textures and hues to showcase the designer's mastery in craftsmanship and poetic design language.



### FENG CHEN WANG

Converse teams up with the London-based menswear Feng Chen Wang for a showcase titled 'This Is My Journey Through Life.' Featuring 'half' as the main theme, the London-based designer's streetwear aesthetic is melded together with the American shoe label's sporty vibe in a series of sweaters, shirts and classic Converse high-cut sneakers.



## SAMUEL GUI YANG

Vases have long been considered by many as the ideal shape for the female body, and the popular home décor item is the central theme for the SS19 collection of Samuel Gui Yang. Here, the designer continues to add traditional design motifs like Chinese button knots into his creations, while showcasing the elegant body shapes of the models through classic womenswear silhouettes.



ADVERTORIAL



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264 Jinfeng Lu, by Zhuyuan Lu 金枫路264号, 近竹园路 (0512 6528 6666)



# ARTS

## What's On at Art Week

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# GRANT NICHOLAS

## Lead Singer of the Welsh Rock Staple Feeder

Interview by Sarah Forman

Feeder released their first album back in 1997 and went on to become one of the most successful bands their hometown of Newport, Wales had ever seen. With 10 studio albums, 12 compilations, four EPs and 40 singles, they've authored an extensive library over the years, despite their two year hiatus. While their lineup has changed more than once, two of the original members - Grant Nicholas and Taka Hirose - still remain after two decades. We sat down with lead singer, Nicholas, to talk fish, The Rolling Stones and throwing cans of tuna.



“Our tour manager got hit in the face with a bottle of urine and I remember getting a can of tuna thrown in my direction”

**Why was your pet goldfish the inspiration for your band's name? How did that come about?**

I think I had a pet goldfish called Feeder when I was very young, but the name actually came after flipping through a course-fishing book when we were looking for an original name. I liked the way it looked with the three e's in the logo and it was a bit different.

**In 1996 you guys first played at Reading - do you still remember that gig?**

It was a massive show for us and I remember it being huge turning point in our musical career.

**What are some of your most memorable shows?**

Reading festival in '98 is definitely up there, but we have had some great shows at Fuji Rock festival in Japan and supporting U2 and the Rolling Stones was surreal. One of the worst shows was at a big Italian festival many years ago, when the audience decided to pelt all the bands with whatever they could pick up. Our tour manager got hit in the face with a bottle of urine and I remember getting a can of tuna thrown in my direction.

**You guys have been together a long time and been through some pretty trying times. When Jon Lee died, did you guys talk about breaking up the band? How did you get through that period?**

It was a very tough time and I think Taka and I kind of felt it was the end of something we had dreamed about our whole lives. I personally decided to deal with it by locking myself away in a small local recording studio and continuing to write songs. It was a really emotional time, but it somehow inspired me to write in a different way and express feelings I had not shown before. The songs that came about ended up in *Comfort in Sound*, which is still our bestselling album. I think that album had a connection with people.

**Have you had any songs that you guys are particularly attached to that weren't major hits?**

I still have a musical loyalty with 'Descend,' 'High' and 'My Perfect Day' from our first album *Polythene*, but as a songwriter, 'Forget About Tomorrow' from the *Comfort in Sound* album is one of my favorites.

**Having played together for so long, how did it feel to go on hiatus? And to pick things back up again?**

After being in a band for 20 years without any real breaks, it was important for us to try some new projects for a while and think about the next step for Feeder. Personally, doing a more stripped back solo album (*Yorktown Heights*) was key as it inspired me for making the next Feeder record *All Bright Electric*. It made me approach and record with a more organic and fresh headspace to capture Feeder's heart and sound. We are really looking forward to playing China and can't wait to see you all in November.

Nov 24, 8pm. Bandai Namco Shanghai Base, 179 Yicheng Lu, by Jiangning Lu 宜昌路179号, 近江宁路



# COLLAGE

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## COMING TO A THEATER NEAR YOU



★ NOVEMBER 1 ★

## The House With The Clock in its Walls

Based of the spellbinding novel by John Bellairs, Jack Black, Cate Blanchett and Kyle MacLachlin face off in a wizardly battle of good versus evil. Black and Blanchett's characters seek the help of orphan Lewis Barnavelt (Owen Vaccaro) in an attempt to save themselves and their home from the evil that is bound to strike when the clock in its walls hits its final strike. With an all-star cast, this children's fairytale comes to life in a magical spectacle for all ages.



★ NOVEMBER 9 ★

## Venom

Marvel's back with their newest anti-hero, Venom. Investigative journalist Eddie Brock (Tom Hardy) gets more than he bargained for when pursuing a lead at a bioengineering lab. Science-fiction, intense fight scenes, Hong Kong skylines and impressive motorcycle races ensue when Brock embraces his inner demon (and by that, we really mean an alien parasite that's requiring him to play host). Critics claim that Marvel learned their lesson with *Deadpool* and have come back in full swing with this action-packed atypical good-gone-bad film.



## TRANSLATED

“Unique storytelling, worth a watch #filmkissingbooth I've waited so long. Youth is still merry. Want to see #GoldPickingUnexpectedRomance”



... so writes an excited Weibo user. Fans of Kevin Kwan's best-selling novel *Crazy Rich Asians* were ecstatic last month when it was announced that the recent film adaptation would hit the big screen in China under the name 'Gold Picking Unexpected Romance.' Having made international news as Hollywood's first all-Asian cast, the blockbuster was originally released in North America on August 15, with subsequent international releases in the following weeks. While there's been some question as to how the movie will sit with Chinese viewers, you'll find out whether or not these glammed up, good looking men and women about town will bring in the same kind of cash that the studio's been banking overseas at the end of the month.

## HAO BU HAO



## Hao

Krish Raghav of Splitworks and music journalist/former drummer for Chui Wan Josh Feola have started working on a comic book, highlighting 10 formative bands in contemporary Chinese music history. Starting with Beijing-based Hang on the Box, one of China's earliest all-girl punk bands, the respective chapters aim to present a corrective history from the mid-90s to present day – one that puts the musicians at the forefront. With the first chapter well underway, this narrative is looking to add an important voice to the industry's ever-evolving story.



## Bu Hao

Xinhua reported that world-famous actress Fan Bingbing has been fined RMB884 million for tax evasion. The actress, who has been in and out of the public eye for the last few months, and was accused of signing illegal 'yin-yang' contracts (declaring two different incomes). As a first-time offender, Fan won't be prosecuted if the fines are paid in full by the established deadline, however, if she does not she could face criminal charges. One thing's certain, crime doesn't pay, especially when it comes to your taxes.



**SINO CELEB**

## Jay Chou

If you enjoy watching Voice of China, Jay Chou is a familiar face, having acted as a ‘mentor’ on the show for the past two seasons. Chou is also notable for teaming up with NBA star Jeremy Lin this past year to take on a role in Dunk of China, a popular basketball game show.

Here’s five things you should know about the Mandopop and pop culture icon behemoth that is Jay Chou.

- 1 Piano Before Books**  
As a student, Chou did terribly academically. Instead, he put channeled his energy into music and practicing the piano.
- 2 Budget Musician**  
Before making his mark on the Chinese music scene, Chou lived in a tiny studio in Taipei where he composed music on a TWD600-a-song contract for less-talented, good-looking singers, subsisting on ramen and fried chicken.
- 3 A Prolific Musician**  
After dropping his debut, self-produced album in 2000, *Jay*, ‘President Chou,’ as he’s referred to by fans, has gone on to release 13 additional albums.
- 4 The Cover of Time**  
Chou was profiled for the first cover story of Time’s Asia edition in 2003. The story was titled ‘New King of Asian Pop.’
- 5 From Music to Movies**  
Chou directed and acted in the well-received film *Silent* in 2007, before collaborating with Canadian funnyman Seth Rogan in *The Green Hornet* in 2011.

**WHAT’S NEW**



## I Told You I’d Tell Them Our Story

Copenhagen-based electronic producer and singer-songwriter Jenny Rossander released a new album in late September, and it’s all about Shanghai. Under the name Lydmor, *I Told You I’d Tell Them Our Story*, is based on the six months the artist spent living in China’s largest metropolis. There’s a clear narrative and recognizable imagery in the album, with track titles like ‘一 To The Mansion’ and ‘二 Money Towers’ referencing one of the city’s more boisterous clubs and the Pudong skyline. Catch her live performances this month in Beijing, Shanghai and Hong Kong to hear songs about friend groups, navigating nightlife and living at the edge of the world.



# SOFT AND SOUND

Rhye on the Emotive New Record and Being Vulnerable

By Valerie Osipov





From their ambiguous start, made even more ambiguous by the androgynous and illusive vocals of lead singer Mike Milosh, Rhye captivated listeners with their subdued R&B-influenced pop. Though Milosh admits this initial cloud of mystery was never intentional.

"I was never trying to dupe anybody. It was just other people's interpretations. But I wasn't really surprised by it – I just sing high." The Canadian artist never neatly fit into society's mold of masculinity, having no trouble expressing fragile and inevitable human emotions.

"I don't think I ever adhered to the normal male archetypes," says Milosh, who was involved in dance at a young age. "I was never overly sensitive or overly dominant, I just never understood why so many men can't be vulnerable. Everyone has emotions, everyone has feelings and everyone needs to express that."

Illuminated by sultry synths and honeyed melodies, his music mirrors that very belief, intimately conveying themes of love, heartbreak and everything in between. Starting out as a duo with Danish instrumentalist Robin Hannibal, Rhye debuted their first album *Woman* in 2013. The romantic record, featuring the tender and expansive single 'Open,' is a flawless collection of delicate disco layered with lush vocals – an echo of the soft and sensual funk perfected by '80s singer-songwriter Sade.

After parting ways with his collaborator and riding the tumultuous waves of a divorce, Milosh returned with *Blood*, his valiant sophomore release, in February of this year. The tantalizing record flows gracefully with some newfound edge, yet keeps the same velvety vocals and slow, pulsating beats. Tracks like 'Count To Five' and 'Taste' are more experimental and bass-driven, while the haunting opener 'Waste' is raw

and simple, a gentle exposure of the wounds Milosh is reflecting on. On playing those songs live, he takes pride in bringing Rhye's serene, sonic sound to the stage with a full band: "It's all live music. There are no backing tracks, no computers on stage. It's a very organic experience."

"I wanted to make a record that translates live really well. For me, it was a product of playing so many concerts and allowing that to inform the sound of the new record."

Despite being quite well traveled from touring all over the globe, Milosh makes his China debut this month, with stops in Shanghai and Beijing. He looks forward to discovering unfamiliar cities and connecting with even more of his fans.

"It's kind of amazing to find a place I've never been to before," he says. "A place that's still unique to me – it's a very adventurous feeling."

Aside from writing and producing his music, the ambitious musician is also inspired by other art forms such as photography, and even directs his own music videos, with plans to make a feature film eventually. Though he's shouldering a demanding career, Milosh has no complaints. "I do things that I enjoy doing. I enjoy making music, I enjoy producing, I enjoy trying – I do the things I love doing."

"If I don't enjoy it, then I just don't do it."

Nov 13, 9pm, RMB350 pre sale, RMB450 door. Modern Sky Lab, 3/F, 188 Ruihong Lu, by Tianhong Lu 瑞虹路188号3楼, 近天虹路



# BANDCAMP BABY



## The 19-Year-Old Internet All-Star, Boy Pablo

By Sarah Forman

**A**midst a shaky frame in low-resolution, the camera slowly zooms in on a boy standing alone on a dock in Bergen, Norway. Donning a pink sweatshirt and black athletic shorts, Nicolas Pablo Muñoz plays an unplugged electric guitar. After a quick cut, four other teenage boys join him, all playing their own disconnected instruments, while the camera zooms in and out to relaxed, dreamy, indie rock. This would be where it all kicked off for Boy Pablo.

Taking influence from old Chilean music, rapper Tyler the Creator and Sweden's queen of pop Veronica Maggio, Pablo's sound incorporates aspects of all three in a true dream-pop bedroom lo-fi phenomenon that's designed to go viral, but their sound isn't the only thing working in their favor. The music video for 'Everytime' would go on to rack up over 13 million views thanks to thousands of up votes on Reddit and YouTube's algorithms, but this 2017 release was just the first of many to make the internet A-list. The opening shot of 'Sick Feeling' zooms in on a partially submerged floating guitar from the eponymous videogame, and ends with Pablo jumping fully clothed into the body of water. As of October 2018, the video has 2.3 million views. The band has three recorded a capella versions of 'Afternoon Delight', originally written by Bill Danoff, sung in a park, a desert and in a lake while the five of them sit in an inflatable lounge.

Their videos are fun with an inextricably DIY feel, but one of their most appealing traits is that it doesn't seem like Boy Pablo is doing it for anyone but themselves. In live shows, songs are constantly interrupted by laughter and occasional quips. They introduce each other under fake names and relationships, and clearly don't take themselves too seriously. The band is simply comprised of a group of high school friends who like making and playing music together – a refreshingly genuine stance on a worldwide web that's saturated with try-hards.

While the US-based streaming platform has been huge in spreading the band's music, Pablo got his own start on Bandcamp, an independent distribution platform for unsigned artists and indie record labels. He came from a musical family, picking up his brother's drum set and his father's guitar before moving to the computer, where he learned to record and mix on Garageband. While the band may be moving into bigger and better recording spaces, their sound and attitude remain true to their boyish charm. They've just released their most recent album *Soy Pablo*, and will be making their way through Asia with instruments and video cameras in hand. At this rate, if anyone's going to break the internet, we think it just might be them.

Nov 17, 10pm. Arkham, B/1, Found  
158, 158 Julu Lu, by Ruijin Er Lu  
B/1, 巨鹿路158号, 近瑞金二路



# CHINA

## MUSIC CORNER

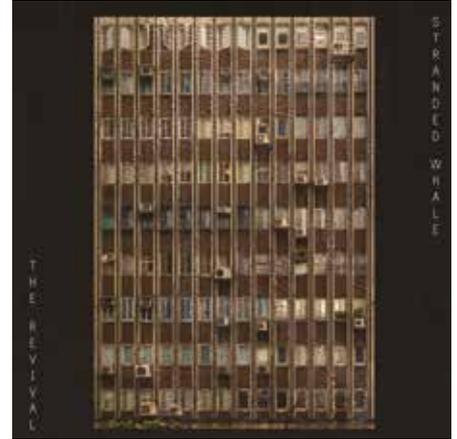
### Three New Homegrown Albums on Our Radar This Month

By Sarah Forman

#### The Revival by Stranded Whale

Sad boy city folk and harmonies reminiscent of Elliot Smith are two of the most notable features of Stranded Whale's new album *The Revival*. Their 2015 release, *Northern Tower*, sported lazy guitars, vaguely psychedelic chords, a dose of jazz and soft vocals, while their new work is pointedly darker. The second album from the Hong Kong-based band turns more toward alternative rock, with a diverse range of influences that really highlight the work they have put in over the last two years. 'Sunday's Over' takes a page from Radiohead with eerie, monotonous vocals and a heavy piano presence, while 'Grey' features the members of Taiwan-based chamber orchestra, Cicada. Distributed via Qii Snacks Records, this conversion of their sound toward a heavier and more emotional ethos truly is a revival for the five-piece band.

Listen here: [qiiisnacksrecords.bandcamp.com/album/the-revival](http://qiiisnacksrecords.bandcamp.com/album/the-revival)



#### Disorientalism by Cruel Buddhist

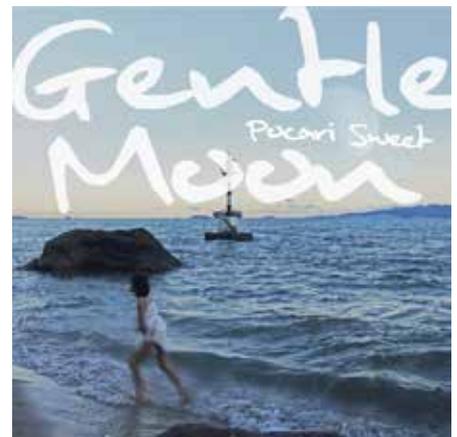
With a lo-fi Christmas album under his belt, Cruel Buddhist is no stranger to songs built to break the internet. *Disorientalism* isn't any different – a seven-track release with seamless transitions, well-timed glitches and synth strained strings. Instrumental hip-hop and low-sitting beats make for a perfect late-night bike ride or slightly disorienting study soundtrack. It's a good kind of weird that lands somewhere between the softer side of Flying Lotus and the less aggressive side of Adult Swim. With sparingly used distorted lyrics pulled from other media samples, this Shanghai-based producer has continued to solidify his place in the lo-fi funk rolodex.

Listen here: [cruelbuddhist.bandcamp.com/album/disorientalism](http://cruelbuddhist.bandcamp.com/album/disorientalism)

#### Gentle Moon by Pocari Sweet

Riffing off of one of Asia's favorite hangover cures, Pocari Sweet's first album truly lives into its moniker. The four-person band from Guangzhou put together a four-track dream pop gem. Its beachy vibes (with track titles like 'By the Ocean'), gentle reverb and echoing verses are a beautiful ode to a season quickly fading into memory. This album gently floats you from summer to fall, with the full potential to carry you through to warmer weather six months from now, in the meantime, these songs may cause you to stare out of windows and wish for rain.

Listen here: [pocarisweet.bandcamp.com/releases](http://pocarisweet.bandcamp.com/releases)





## Artist Lindy Lee on Identity, Taoism and 'White Australia'

By Sarah Forman

Born in Brisbane, Lindy Lee grew up as a first generation Australian in a Chinese family. From a young age, she knew she had no other choice besides being an artist. Having practiced throughout her life, the 63-year-old with her iconic, black fringe bangs has experimented with a number of mediums. From photography to burning paper, it wasn't until later in her career that she turned to the large scale, perforated steel sculptures that she's become famous for - and that can be found across China.

For nearly 40 years now, Lee has been working in and outside of the PRC, finding different ways to engage with her heritage. Having recently won one of the Melbourne Art Foundation's biennial Visual Art Awards, Lee found herself surrounded by a new generation of female, Asian-Australian artists, in a moment that she refers to as one of the brightest in her career. Her role navigating a white-dominated art space is part of a larger conversation about the narratives being put forward through contemporary cultural relics in Australia, but her practice is one that reaches far beyond its borders.

“ Life is very mysterious — there is something wonderful, ineffable and magical about it. ”

# FIRE

## How did you first come about working in China?

I've been traveling to China since 1979, first as an art student, then during the 1990s and early 2000s when I did a number of artist residencies in Beijing. In 2009, I began to incorporate fire and water in my work. Shortly after that, Alison Pickett, a Hong Kong-based art consultant, commissioned me to do a work for Shanghai ifc Mall. Coincidentally, it was through this commission that I met Daniel and Matthew Tobin, the founding directors of UAP Company, a public arts firm with factories in China, New York and Australia, to name a few. Since then, I have collaborated with them on many public art projects not only in China but also throughout Asia, Australia and the US.

## How does it compare to working in Australia?

I love living and working in Australia. My studio is in a rainforest so it doesn't get better than that. However, it completes me to work and travel to China frequently, particularly Shanghai where I have strong connections in both friendships and work relationships. Although I was born in Australia, a very big part of my psyche is Chinese.

## What is the focus of your practice?

The focus of my work has always been concerned with the nature of 'self' in the world. Being born Chinese in a predominantly white society gave me pause when I was growing up. I had to reflect very deeply on how I could live an authentic life when my primary

experience of 'being' was of schism between ancestry and birthplace. This profound sense of 'split-ness' led me to Zen Buddhist philosophy, where the first principle is that humanity and cosmos are inextricably linked. By virtue of interconnection, we can never step outside of cosmos. A sense of intimate connection with the infinite is what I want to convey.

## You work in a lot of different mediums - was that process something that came naturally for you, or how did you go about transitioning from 2D to 3D (paper to metal)?

The transition from 2D to 3D had a lot to do with my relationship with UAP. I showed Dan and Matt my fire drawings and they immediately saw the potential for this method to be applied to more substantial materials like steel. They offered to support my experiments, so my modest fire perforated drawings, which were done in the isolation of my Beijing studio 10 years ago, became the basis of my monumental stainless steel sculptures like 'Life of Stars' and 'Tenderness of Rain.'

## As a Chinese-Australian woman, how has your experience and your identity shaped what you do?

It has shaped my entire existence. In Australia, from 1949-1973 (editor's note: the policy was implemented in 1901 and was dismantled over the 24 years mentioned above), there was an immigration policy called 'White Australia.' Chinese in particular were not welcome. Luckily, my grandfather was already living in Australia, although he was not allowed to ask his family from China to join him. When my grandfather decided to return to China, my father was granted permission to take his place. However, it took almost a decade for my father to find a way to bring my mother and brothers to Australia, and then my sister and I were born. Questioning race, identity and belonging have been a core motivation in my work, especially at the beginning of my career.

## What do you hope viewers take away from your work?

I'd like people to experience a deep sense of connection with something vaster than any individual human life, but contains every aspect of that existence nonetheless. Life is very mysterious - there is something wonderful, ineffable and magical about it. We lose sight of that sometimes.

## What ongoing project are you most excited about?

Generally speaking, I'm excited about all my projects, but I get most excited about the ones that are closest to installation. Right now, I'm finishing 'Tenderness of Rain' - a large work that will be placed outside the headquarters of the Times Group in Guangzhou.

## What would you most like to experiment with?

I'm going to learn to paint with fire on metal. Fire warps and scorches metal to produce a wondrous array of lustres, depending on the type of metal.

## What has been one of the most rewarding aspects of working in China? How about making art in general?

The rewards of working in China have been immeasurable. Those early residencies in Beijing gave me the space and time to be very experimental in my studio practice and were extremely important for developing the work I am now doing. Now I work mostly in Shanghai, which gives me another kind of opportunity to immerse myself in Chinese culture as a way of connecting with my ancestry, especially through the friendships I've been able to form.

To learn more about where you can see Lindy's exhibitions and installations, look her up on [lindylee.net](http://lindylee.net)

# AN INFLOX OF ART

## What To Expect from Art021 and West Bund Art & Design

By Sarah Forman

November 8th marks the start of another art week in Shanghai as West Bund Art & Design and Art021 and the 12th Shanghai Biennale make their return to the city. While the first two weeks of the month have repeatedly been making their way into the calendars of industry titans across the globe, the growing importance of the arts in Shanghai is reflective of larger trends across China.

In March, Beijing plays host to its own Gallery Weekend and launched the inaugural edition of JINGART in May of this past year. Art Basel in Hong Kong follows just after that, with the newer Art Central running concurrently. As Asia cements its position as a growing hub for visual and performance art, China has made itself a central part of the conversation. Here's what you can expect from Art 021 and West Bund Art & Design.





## Art021

Now in its sixth edition, collectors David Chau, Kelly Ying and Bao Yifeng founded Art021 Shanghai Contemporary Art Fair in 2013. Running from November 8-11 at the Shanghai Exhibition Center, the event brings together top galleries, institutions, collectors and patrons by focusing on local resources while adopting a global perspective. The fair includes five separate sections, housing 103 premier galleries from 30 cities and 18 countries – the broadest geographical range to date.

It's not uncommon for art fairs to showcase works and galleries by named, organized sections. Typically, the individual galleries will a range of their artists and works within the main hall, but the remaining sections revolve around a theme and sometimes extend beyond the physical space.

The 'Approach' section of Art021 enables galleries to present either a solo or group show that's organized around a curatorial theme, where 'Beyond' exists specifically to cater to installation works, sculptures or large paintings. This year, Whitestone Gallery will stage a live performance painting by Miwa Komatsu, a Japanese originally known for her copperplate practices. 'Beyond-

Extends' takes place outside of the exhibition hall, promoting public art and placing installations inside the city center. Finally, 'Detour: Lived Worlds' is a curated exhibition that highlights lived experiences, this year engaging with the affected narratives of trade and exchange in the Pacific Rim.

> Nov 8-11, check the event schedule for individual times, RMB100 early bird, RMB150 regular. Shanghai Exhibition Center, 1000 Yan'an Zhong Lu, by Shaanxi Lu 延安中路1000号, 近陕西路



## West Bund Art & Design

Halfway across town, West Bund Art & Design kicks off on November 8 for their fifth edition. Taking over two separate halls on the ever-developing waterfront, they're welcoming 87 galleries to present in their main section. Eighteen additional works can be seen via ArtReview Asia Xiàn Chǎng – a segment of the fair comprised of solo presentations from invited international artists with their works displayed across the West Bund art district and pre-existing urban venues (curated by contemporary magazine *Art Review Asia*). From Julian Opie's iconic, flat-figured profiles to Takashi Murakami's large-scale blue dragon 'Dragon in Clouds – Indigo Blue,' the section will be comprised of familiar styles in an equally familiar, if not atypical, setting. Keep an eye out for Choi Jeong Hwa's 'Fruit Tree.'

The fair will also be launching a new section named Dream Video 100, where they will feature more than 100 film and videos on an outdoor LED projection wall at the Dream Center on the West Bund Plaza. With a growing attention toward, and influx of, new media works, the fair aims to provide a glimpse into the diverse development of Chinese and international video art.

> Nov 8-11, check the event schedule for individual times, RMB130-150. West Bund Art & Design Center, 2555 Longteng Dadao, by Longyao Lu 龙腾大道2555号, 近龙耀路

## 12th Shanghai Biennale

The 12th Shanghai Biennale will open at Power Station of Art on November 10 under the theme 'Progress – Art in an Age of Historical Ambivalence.' It will run during regular hours all the way through to March – so you can skip the art week crowds and see it anytime in the next few months.

> Nov 8-Mar 10, Tuesday-Sunday 11am-8pm, ticket prices vary. Power Station of Art, 200 Huayuqiang Lu, by Miaojiang Lu 花园港路200号, 近苗江路

# LOST IN TIME

## The Vanished Roman Legion of Ancient China

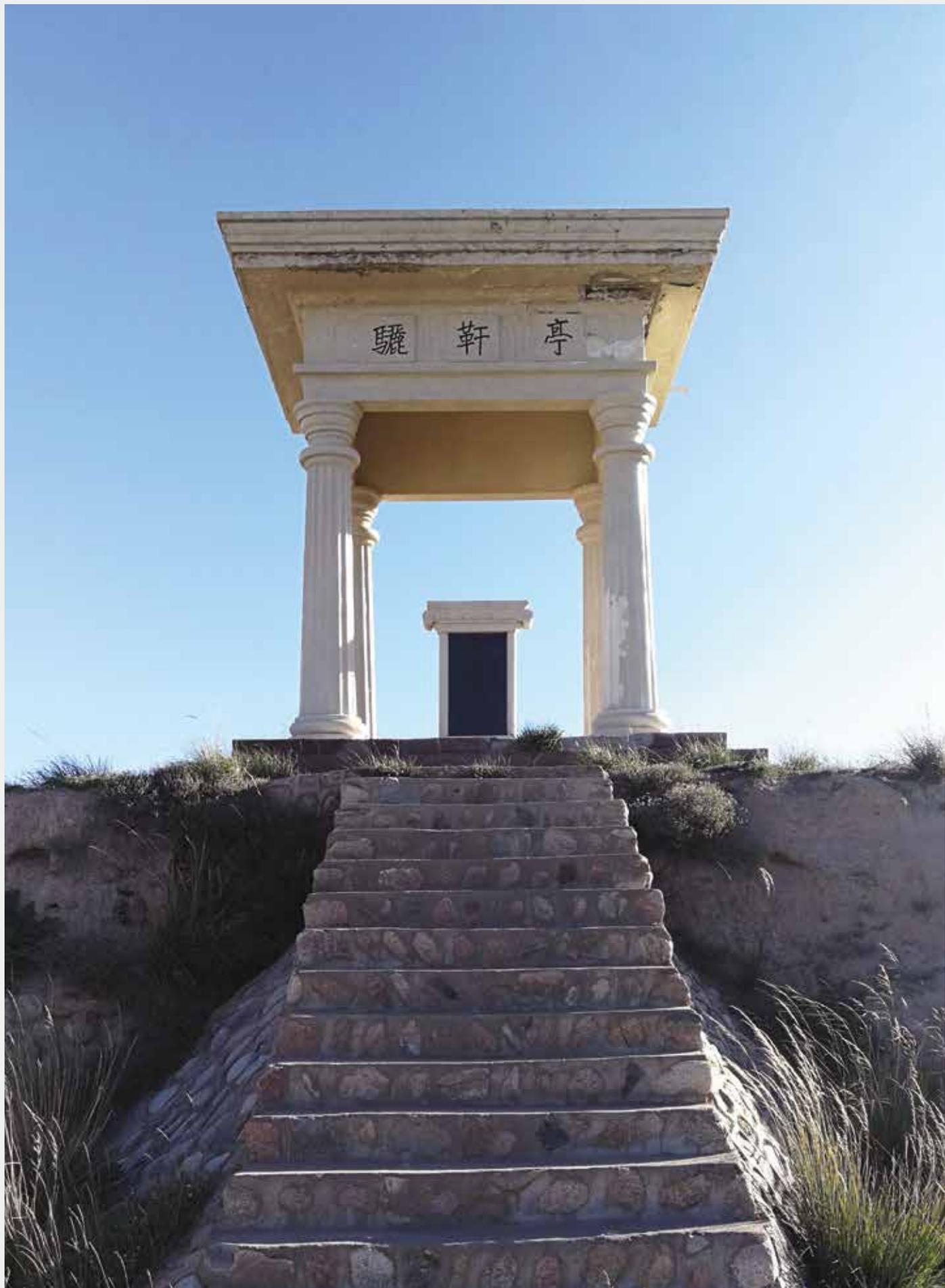
Text and photos by Matthew Bossons

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In 1957, American sinologist Homer H. Dubs published *A Roman City in China*, a book detailing the academic's theory that a group of Roman soldiers worked as border guards for the Western Han Dynasty at the empire's western edge. These ancient expatriates, Dubs suggests, were survivors of Rome's catastrophic loss to Parthia at the Battle of Carrhae in 53 BCE, afterwards moving to the eastern front of the Parthian Empire before eventually finding their way into battle with Chinese troops. In defeat, Dubs claims, the out-of-place legionaries were moved by the Western Han Dynasty to "a specially created frontier city, to which the Chinese of course gave their name for Rome, which was Lijien (now Liqian)."

Today, Liqian is a small village of earth-rammed homes located in Gansu province and, in the decades since the publication of *A Roman City in China*, Dubs' theory has led researchers, archeologists and even geneticists to visit the town, all looking to answer the same tantalizing questions: did a Roman legion settle in ancient China? And, if so, are those living in Liqian today the descendants of these lost troops?





# A ROMAN TOWN IN CHINA

**O**n an arid expanse of earth at the edge of the mighty Gobi Desert lies the county of Yongchang. Located in Gansu province's north-central region, the area is a four-hour drive away from the provincial capital of Lanzhou via the National Highway G30, and three and a half hours by rail.

The journey by slow train, while scenic, puts Yongchang's remoteness into perspective. China's iconic green and yellow-striped trains travel the barren landscape like aged serpents, slowly passing forgotten town after forgotten town, crumbling, abandoned industrial infrastructure, derelict, earthen homes and the occasional golden-domed mosque. It's a three-and-a-half hour ride from Lanzhou to Jinchang, the nearest train station to Yongchang, and when I make the journey on a cool afternoon in late September, the train is virtually empty.

From the prefecture-level city of Jinchang, Yongchang town is a 40-minute drive over long stretches of rocky, unpaved road. While more remote places certainly exist within the boundaries of the Middle Kingdom, the area feels about as far away from the comforts and convenience of first-tier cities as one could imagine.

Yongchang, which had a population of around 235,000 in 2010 according to census records, has a long history. The area is set within the Hexi Corridor, formerly a key section of the ancient Northern Silk Road, and human habitation here dates to before the Common Era. It is within the boundaries of Yongchang county that one finds the town of Liqian, the fabled city founded by Roman survivors of the slaughter at Carrhae.

Liqian, according to Dubs, is the "most ancient Chinese name for Rome," and the name first found its way into the history books when it appeared on the record of

Chinese countries and cities for the year 5 CE. The settlement existed until 746 BCE, when, Dubs writes, "the Tibetans overran that part of China." Inspired by Dubs' research, Australian scholar and author David Harris suggested the town of Zhelaizhai could be the ancient city of Liqian. At the conclusion of the 20th century, Zhelaizhai officially adopted the ancient moniker of Liqian.

It is late in the afternoon when I arrive in Yongchang proper. While wandering the small city's central area, the rumored Roman heritage of the region is on full display. The lampposts running along the city's roads sport plate-sized metal plaques featuring Roman architecture and a helmet-clad legionary, and along the main thoroughfare stands a towering, concrete statue of two Romans flanking a Western Han Dynasty official.

"The statue was built in 1983 or '84," Mr. Zeng, a security guard at the Yongchang Museum, tells me. When I arrive at the small museum, which is located a short stroll from the aforementioned station, Zeng is the sole person at the site.

At the mention of my research into the county's alleged Roman heritage, Zeng - who is eclectically dressed in a suit two sizes too big and a pair of weathered red Nikes - becomes visibly excited.

"The locals believe this story about the Romans," he tells me, adding that descendants of ancient Romans still live in the area. Zeng leads me into one of the museum's three exhibition halls, walking me through a small display on the area's Roman roots, the centerpiece of which is a glass-topped box housing skeletal remains. The bones, he claims, are those of an ancient Roman immigrant to the region. ►

"The locals believe this story about the Romans"

# FROM CARRHAE TO THE EDGE OF THE GOBI

“Outside the wall horsemen gallop about, and more than a hundred foot-soldiers are lined up on either side of the gate in a fish-scale formation”

In the year 53 BCE, Marcus Licinius Crassus launched an unprovoked invasion of the Parthian Empire, marching an army of 35,000 heavy infantry, 4,000 light infantry and 4,000 cavalry into Upper Mesopotamia.

Crassus was an extraordinarily wealthy politician and, along with Julius Caesar and Gnaeus Pompeius Magnus (otherwise known as Pompey the Great), he was a member of First Triumvirate, a political alliance established to counter the Roman Senate. Crassus launched war with the Parthians in an effort to further his political aspirations and to earn himself a military reputation in line with that of his partners, Caesar and Pompey.

His grand military ambitions came to a head near the town of Carrhae, close to the present-day settlement of Altınbasak, southeastern Turkey. On his advance across the barren landscape, Crassus spotted an army of Parthian mounted troops. The commander ordered his troops to execute a large, hollow square formation, with heavy infantry forming the four boundaries of the square and his 4,000 cavalry inside. The battle formation was intended to prevent his army from being flanked by the enemy.

He then commanded his light infantry forward to engage the Parthians, although they were swiftly driven back towards the relative safety of the square by a flurry of arrows fired by 9,000 horse archers.

Parthian forces, which were dreadfully outnumbered by about four to one, then moved on Crassus' square of soldiers, launching arrows at the Roman heavy infantry while maintaining a distance that kept them out of range of Roman projectiles.

Crassus then dispatched his son, Publius, to lead a charge of 1,500 mounted soldiers to push back the Parthian horse archers. While

this tactic initially appeared successful, Publius and his men were baited into an ambush by 1,000 heavily armored mounted troops called cataphracts. The majority of Publius' force was slaughtered in the maneuver and Publius is believed to have killed himself.

What happened next was a bloodbath, with both Parthian mounted archers and cataphracts descending on Crassus and his square formation of soldiers. Arrows rained down on the helpless men, while cataphracts directly engaged the Roman heavy infantry. The slaughter continued until nightfall, when the surviving Romans were able to flee.

The following day, Crassus was summoned to meet with the commander of the Parthian forces, Surena, to negotiate a truce. Crassus was killed in a scuffle that broke out during the assembly, and legend has it that molten gold was poured into his mouth by the Parthians to signify the Roman leader's 'thirst for wealth.'

When the dust of war settled, 20,000 Roman men were killed, and 10,000 captured. While estimates on Parthian losses vary greatly, it is widely accepted that the number of Parthian dead was relatively low. A meager one-fourth of Crassus' army is believed to have escaped to Syria.

The fate of the 10,000 captured Roman troops is a key element of Dubs' lost legion theory. He notes in his book that little is known about what happened to these prisoners, before adding that Pliny (presumably a reference to Pliny the Elder, a Roman author, philosopher, naval and army commander) claimed the captives were moved to Margiana "to guard the eastern frontier of Parthia."

Margiana is a historical region that is now part of Afghanistan, Turkmenistan and Uzbekistan; the area was home to the Silk Road oasis of Merv.



There are no records indicating how many of the Parthian's Roman prisoners made it to Margiana. Dubs notes that the distance between the battlefield at Carrhae and Margiana is vast and that captive invaders "would hardly have been treated kind on such a march."

Dubs suggests that some of the Roman survivors of Carrhae did manage the journey to the eastern frontier of Parthia, and that the next time they appear in the historical record is on a battlefield facing down soldiers of the Western Han Dynasty.

The Battle of Zhizhi took place in 36 BCE in what is present day Kazakhstan. The belligerents were the Western Han Dynasty and the chieftain Zhizhi Chanyu of the nomadic Xiongnu, with Chinese troops laying siege to a fortified settlement occupied by Zhizhi and his troops. Dubs

notes that 100-145 Roman troops who fled Parthia were possibly present at the battle, fighting as mercenaries on behalf of Chief Zhizhi. To offer weight to his claim, Dubs cites an account of the battle by Chinese historian Ban Gu: "Outside the wall horsemen gallop about, and more than a hundred foot-soldiers are lined up on either side of the gate in a fish-scale formation."

'Fish-scale formation' is a historical clue for Dubs, who notes that the term is wholly unique in Chinese literature. He likens the concept of a fish-scale battle formation to that of the famous Roman testudo formation, a defensive tactic in which a legion's members press their shields together in a manner that, visually speaking, is not unlike that of fish scales.

*A Roman City in China* also states that Zhizhi's troops made use of a wooden

palisade during the battle, something Roman forces frequently utilized "to strengthen their ditches, especially before gates."

This evidence, coupled with the fact Roman troops were (in theory) within walking distance of the site of the conflict, leads the Roman-curious sinologist to conclude that survivors of the Battle of Carrhae were on the field of battle when troops from the Western Han Dynasty laid siege to Zhizhi's fort.

At the conclusion of the confrontation, Dubs surmises that the Roman mercenaries surrendered to the Western Han Dynasty. The ancient foreigners were then settled on the fringes of the empire in a settlement their conquerors gave their name for Rome: Liqian. ►

# MAYBE THEY ARE, MAYBE THEY AREN'T

“The people here don’t know if they are descended from Romans. “It’s uncertain”

**B**ack in Gansu, I arrive at the village of Liqian. The site is now split into two distinct – and vastly different – sections: the town itself and the recently built Jinshan Temple. Both sites lie within a couple kilometers of each other, roughly a 25-minute drive from Yongchang county’s urban center.

Jinshan Temple, which according to the locals was constructed some time in the past decade, is where I’m dropped off. As I meander passed the toll collector stationed at the gate to the gravel parking lot outside the temple, the man in the booth eyes me curiously, his vivid green eyes and light brown hair immediately set him apart from other parking lot attendants I’ve seen in China.

Passing the decidedly European-looking toll man, I wander into the deserted entrance of the Buddhist temple complex, an area occupied by a bizarre, Coliseum-inspired visitor’s center that, among other Roman-esque elements, features 11 large, life-like statues of Roman legionaries.

There’s a gift shop, of course, and inside Rome-themed trinkets and faux suits of armor are available for purchase.

Beyond the entrance and through the gate of a large stonewall, Jinshang Temple is anything but traditional by Chinese standards. The grand, column- and dome-clad structure draws serious inspiration from neoclassical architecture, and a sign outside the building states it was designed in the style of a Roman temple – “skillfully combining Buddhist and Roman culture.”

It’s an interesting spot, but it’s hard to ignore the obvious: Jinshang Temple feels rather gimmicky, an empty Disneyland for Chinese tourists looking to snap a selfie at the alleged

convergence point of two ancient powers.

“It’s rarely busy here,” a barbecue stand attendant tells me on my way out of the temple. “Except on holidays.” The middle-aged woman of Hui ethnicity says that she’s been living in the old town of Liqian for over 20 years. I head there next.

While all roads led to Rome, only one road leads into modern day Liqian, and visitors traveling through must walk pass a massive gate – part of a wall erected last year that surrounds most of the village.

Inside the barrier, Liqian is a ghost town, aside from the occasional camel grazing on the yellow-tinged grass that protrudes in patches from the rocky earth.

Earthen walls surround old homes that aren’t aging very gracefully. A short walk from the new town gate are the remains of the old city wall; nearby stands a sign declaring the ruins a cultural relic of the county. The sign also states that in the late 1970s, villagers digging near the old wall recovered shards of pottery and Wuzhu coins from the Western Han Dynasty.

“No Roman artifacts have been found here,” Yan tells me, echoing what I’d heard from others on my way to the town. The 43-year-old man lives just around the corner from the ancient Liqian wall with his retired parents and works as a cattle rancher.

“The people here don’t know if they are descended from Romans,” says Yan. “It’s uncertain.” It’s a vague but fair answer, being situated on the Silk Road, many have passed through this area over the past 2,000 years and the prevalence of European features among locals is by no means proof of Dubs’ lost legion theory.

I press Yan about the skeleton in the Yongchang Museum and he says he's aware human remains of a "large size" have been found in the area, before adding that he has no idea who they belong to.

Yan is skeptical of the area's alleged Roman heritage, believing that the theory is played up to attract tourists to the sleepy town. Despite his suspicion, he admits "there are people living in the region that look different than your average Chinese person, people with yellow hair and blue eyes."

Before we part ways, Yan encourages me to head to the edge of town. There, he says, is a monument to the town's alleged Roman founders. After a 10-minute stroll, I come to an empty, windswept patch of earth at the edge of a small cliff. At what feels like the end of the world stands a white, Romanesque pavilion, complete with Doric-style columns.

A sign near the monument states that the pavilion was originally built in 1994 - 2,046 years after the Battle of Carrhae. ►



# DEAD MEN TELL NO TALES

“The ‘foreign’ origin of the Yongchang villagers, as proven by the DNA tests, does not necessarily mean they are of ancient Roman origin”

**T**he idea that a rag-tag band of survivors from one of the worst military defeats in the history of Rome managed to cross thousands of kilometers of potentially hostile land and find a new home in China is undoubtedly intriguing.

For one, if Roman and Chinese soldiers did cross swords at the Battle of Zhizhi, it would be the only known time in history that the two powers engaged militarily.

Also, if the theory is true, it could mean that citizens of ancient Rome were responsible for founding a settlement that still exists in China to this day.

Unfortunately for the believers, not everyone buys into Dubs' theory.

“In the academic world, that theory is conclusively false,” Zhang Defang, a retired researcher with the Gansu Archaeology Institute, tells *That's* Senior Staff Writer Tristin Zhang. “The story is made up by local authorities.”

Zhang is not alone in his assessment. In a *China Daily* report published in 2011, Professor Yang Gongle of Beijing Normal University addressed Liqian residents' European features, pointing out that interracial marriages were not uncommon on the old Silk Road, and that light-colored hair, blue eyes and hooked noses are not sufficient proof that the villagers are descended from survivors of The Battle of Carrhae.

“The ‘foreign’ origin of the Yongchang villagers, as proven by the DNA tests, does not necessarily mean they are of ancient

Roman origin,” said Yang.

The genetic tests Yang is referring to occurred in 2005, when blood samples were taken from more than 90 Liqian residents. The results of the test revealed that some of the villagers' DNA was up to 56 percent of Caucasian ancestry.

In 2007, a follow up DNA test yielded results that were far less exciting to believers in the legend of Roman settlers in Liqian: 77 percent of the locals' Y chromosomes were limited to East Asia, according to the *Journal of Human Genetics*.

“The Liqians are closely related to Chinese populations, especially Han Chinese populations, whereas they greatly deviate from Central Asian and Western Eurasian populations,” states a *Journal of Human Genetics* article published on the subject back in June of 2007.

According to Song Guorong, though, the results of the 2007 genetic test do not invalidate Dubs' theory. “The Roman Empire covered vast territories, and many soldiers in the legion were mercenaries,” he told *China Daily*.

The lack of Roman artifacts found in the region is another major factor that detractors of the theory often point to, although it's prudent to point out that the likelihood of Roman captives being allowed to carry any of their personal belongings with them after surrendering at Carrhae seems extremely low.

The only real, hard evidence that Romans settled in the area is the skeleton

housed in the Yongchang Museum. The remains were discovered back in 2003 in a 2,000-year-old grave, according to the *Economist*, and are of a 1.8-meter-tall male, much larger than the “average Chinese” back then. The height of the ancient man alone seems to be what’s led to the conclusion he was a Roman immigrant, with *China Daily* writing, the “human skeleton is believed to belong to a Roman soldier because it is 1.8 meters tall.”

While disagreement is widespread on Dub’s theory, scientific consensus seems to have labeled *A Roman City in China* a myth, with the physical traits of Liqian’s inhabitants easily attributed to Silk Road commerce and travel, and the lack of hard evidence being a major sticking point.

One thing everyone does seem to agree on though is that the theory has introduced tourism to the remote region.

“The name change,” Zeng, an ardent believer in the Dubs’ theory, tells me, “that was to attract tourists.” ■



# EAT & DRINK



## California Dreamin'

Elevated Beer Pairings from the Golden State, P59



**Pilipala**  
P58



**Chez Jojo**  
P60



**Shanghai Tavern**  
P61

# LOGAN CLEMENTS

## Eat, Drink and Be Charitable

Interview by Cristina Ng

Logan Clements knows a thing or two about organizing large-scale events. She moved to China four years ago and currently runs her own sports management company, Logan Strategy Group. A desire to give back to the community led to her involvement with Chi Fan for Charity Shanghai, where she serves as this year's event director. Founded 10 years ago by Michael Crain and his wife as an alternative to the standard hotel ballroom charity gala, this annual affair takes place in both Shanghai and Beijing. Here, Clements tells us more about the highly anticipated November 17 event.



### Can you tell us more about this year's beneficiary?

This year we've aligned with Beijing and have both picked Educating Girls of Rural China as our beneficiary. Our goal is to sponsor 20 girls through a two-year vocational program for kids who aren't able to attend college because of the gaokao or financial situation. Just RMB6,000, or the cost of a table, is enough to sponsor a year of school for one of these girls. This means every table host can walk away from the event knowing exactly what the money was used for.

### How can people get involved?

We're always looking for extra volunteers. A core committee attends weekly planning meetings from the middle of summer until the event in November. Another group helps on the night because we need people to manage the after-party. We also look for photographers to donate their time to document the event, and sponsors for the raffle in addition to donations of food and drink for the afterparty.

“Just RMB6,000, or the cost of a table, is enough to sponsor a year of school for one of these girls”

### Can attendees personally connect with the beneficiaries?

Last year, we added charity alumni tables, and this year, several graduates from Educating Girls of Rural China who are now working professionals have bought at a table and will participate in the event, so you can talk to them about their experience. Seeing the charity alumni return and participate as donors is a really nice 'coming full-circle' moment.

### What percent of the funds raised goes to the charity?

All of the ticket sales plus raffle proceeds go to the charity, which is possible because the dining venues donate all the food, labor, time and seating capacity.

### Finally, which restaurants do you want to go to this year?

I always want to go to M on the Bund as it's one of our higher-priced tables for this year, and they never disappoint. I expect good things from Urban Thai because they are always so excited about their menu. Three years ago, Pelikan was one of the best dinners I've ever had. There was so much food, the drinks were amazing and I loved having a great night out with my friends.



This year's annual Chi Fan for Charity Shanghai event takes place on November 17. Scan the QR code to book your table.

# GRAPE VINE



These days it seems like the entire city is under construction and the F&B industry is no exception. The Cool Docks looks like a war zone with only **Kebabs on the Grill** open for business. Nevertheless, our 2018 Indian Restaurant of the Year is going strong. They have even added a new outpost on Hongmei Lu.

Another restaurant with history at the Cool Docks, **Phipp's Steakhouse** has relocated to Nanjing Xi Lu. Surprisingly underrated, Phipp's has some great value dry aged beef. Here's hoping the move into the city center gets them more attention.

Originally slated to open on Julu Lu, the team behind **Kagen** shifted gears and took over the former Chin Chin space on Fumin Lu. In addition to teppanyaki, they will be adding a lounge to serve coffee, cocktails and Japanese tapas – they're scheduled to open later this month. Meanwhile, a new **Sushi'O** has also recently sprung up in Found 158.

Sad news for fans of 'burgeritos' and stiff margaritas, Tex-Mex mainstay **Bordertown** closed down just before October holiday.

Newly launched **REVO** meal plans are an appealing way to eat better. Created by the people behind Saucepan, REVO focuses on functional meals packed with nutrients for a newly energetic, beautiful and healthy you. Their 'Flat Tummy' Taco Salad is delicious, by the way.



## WIN! Four Pillars Bloody Shiraz Gin

If you like gin, you will love the Bloody Shiraz Gin by Four Pillars. This Australian craft distillery has created a truly remarkable spirit with the unlikely pairing of Yarra Valley Shiraz grapes and Rare Dry Gin. The resulting vibrant cerise gin is full of bright berry and plum flavors with an undertone of white pepper. Bottles are available for purchase from Liquid Solutions official WeChat (QR code on the right). Want a taste? The brand

is offering a bottle to one lucky reader. To win, simply scan the official That's Shanghai WeChat QR code and wait for the competition announcement.



### BREAKING BITE

## Taste the Seasonal Change: Pelham's New Dishes

At the prestigious Waldorf Astoria on the Bund, Pelham's wants you and your crew to welcome the autumn with a selection of mouthwatering seasonal dishes. One show-stopping delicacy is the 'lobster grapevine.' Flown straight from shores of Boston, the succulent crustacean is flavored with a zesty lime and soy dressing and served with a flourish of tomatoes, muskmelon and muscat jelly resembling fruit on the vine. Representing Eastern-style fare is a lovely shrimp tarragon tempura and the flaky sweet and sour grouper, while the intoxicating fragrance of black truffle is highlighted in a killer tagliatelle pasta. Dessert lovers have their pick of tempting desserts, but we recommend the light as air floating island pink praline with crème anglaise and pink grapefruit sorbet.

> 1/F, 2 Zhongshan Dong Yi Lu, by Nanjing Dong Lu 中山东一路2号1楼, 近南京东路 (6322 9988)

BREAKING BITE

## Choose Prego for Michelin Plate Designated Southern Italian



The highly respected *Michelin Guide 2019* has recognized Prego at The Western Bund Center Shanghai with a Michelin Plate distinction. This choice offer award puts forward good cooking and fresh ingredients. At Prego, these ingredients are prepared using classic culinary techniques to produce rustic, home-style dishes from the south of Italy. Made in traditional Roman style, the handmade pappardelle pasta with oxtail ragù, is a worthy example, and you won't want to miss their signature tiramisu. Or, you can join the party at Serata al Prego, held on the last Saturday of each month. Eager gourmands can slake their thirst with a free-flow selection of cocktails, Viola beer and Italian wines while helping themselves to a light Southern Italian buffet for RMB188.

Westin Bund Center, 2/F, 88 Henan Zhong Lu, by Nanjing Dong Lu 河南中路88号外滩中心2楼, 威斯汀大酒店, 近广东路 (6335 1888)

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ADVERTORIAL

Shopping for your favorite brands in China is not easy. Even when you find a trusted product, it can be difficult to ascertain its authenticity. Moreover, the genuine article can be costly, and please don't get us started on the prices at most import supermarkets.

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larger quantity, likewise meaning you don't need to go shopping as often.

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# TAIPEI CALLING

## Five of Shanghai's Favorite Taiwan-style Restaurants

By Cristina Ng

When it comes to Taiwan, there's no arguing that the folks there love to eat. The island's distinct cuisine is the result of influences of Fujian province and Japan, intermingled with a rich aboriginal culinary history. A sizeable population of Taiwan transplants in Shanghai means there is plenty of delicious Taiwan-style food around town, and we've dug up a few of the best.



### OKAERI

Nestled in Jiashan Market is a cozy restaurant serving up hearty and comforting fare, but with Taiwan flavors.

Make like an insider and pre-order the oyster vermicelli (*kezai mianxian*). You won't regret it when the steaming bowl of rice noodles in *katsuo*-thickened broth topped with tiny plump oysters arrives. Add raw garlic, coriander and chili for your own customized bowl of happiness.

They also do a killer version of a braised snacks platter (*luwei pinpan*) whereby a selection of ingredients swim in a masterfully sweet and savory brine seasoned with five spice and other aromatics. Additional highlights are deep-fried salt and pepper battered baby oysters and umami-laden slices of baked mullet roe served with raw garlic, and pretty much everything else that we've eaten.

### PRICE:

RMB130-250 per person

### WHAT TO ORDER:

Oyster vermicelli  
Braised snacks platter  
Fried baby oysters  
Baked mullet roe  
Sausage fried rice

> No. B103, Jiashan Market, 259 Jiashan Lu, by Jianguo Xi Lu 嘉善路259弄, 嘉善老市内B103, 近建国西路. Nearest metro: Jiashan Lu, 10 mins. Open daily, 6pm-2am. (139 1686 4639)

## LU MING KE

This Jinhui Lu gem is well outside the city center, but so worth the trip. Nearly every table in the restaurant can be heard ordering in the Hokkien dialect, and it's the kind of place where families from Taiwan visit at least once a week for the full range of home-style dishes.

Their signature is three-cup chicken (*sanbeiji*), but there's also an entire menu section devoted to various proteins stewed in equal parts sesame oil, soy sauce and rice wine, which creates the yummy dark and viscous sauce. The trick to this dish is an initial step properly caramelizing ginger and garlic in sesame oil for intensified flavors. Squid, tofu and pig's blood rice cakes are all good options, but we swear by the chewy pork intestines.

A sizzling platter of the freshest oysters we've had in Shanghai is prepared with chili leek, tofu and fatty pork morsels. Penghu's famous boiled squid dipped in a five-flavor sauce is also a must-try.

### PRICE:

RMB100-150 per person

### WHAT TO ORDER:

Three cup intestine  
Sizzling oysters  
Boiled squid with five-flavor sauce  
Grilled bacon  
Salted egg and bitter melon

> Rm. K, 1/F, Bldg D, Jinshi Plaza, No. 28, Lane 463, Jinhui Lu, by Qingshan Lu 金汇路463弄28号金石广场D栋1楼K室, 近青杉路. Nearest metro: Longbai Xincun, 8 mins. Open daily, 10am-10pm. (6126 8389)





## JIAN MIAN TAN

This Taiwan comfort food spot earns its place on this list for three very important reasons: great prices, tasty beef noodles and close proximity to Ice Monster (see below). As such, the central HKRI Taikoo Hui address is an ideal choice for low-key nights out.

Go traditional if you must, but we favor the deep and sultry stock in the spicy beef noodles accompanied by shank, tendon and tripe. The meat is cooked so well that the tender chunks retain a pink center, even after being covered in hot broth. The flavors of cinnamon and Chinese herbs are absorbed by the honeycomb grooves of the stomach.

They also have a number of rice sets, including an excellently fried pork cutlet served alongside a small scoop of braised meat sauce on rice (luroufan), greens and pickled vegetables.



### PRICE:

RMB50-80 per person

### WHAT TO ORDER:

Beef noodle soup  
Signature soy braised platter  
Deep-fried pork chop with rice

> B2, HKRI Taikoo Hui, 798 Nanjing Xi Lu, by Shimen Yi Lu 南京西路798号B2楼, 太古汇, 近石门一路. Nearest metro: Nanjing Xi Lu, 5 mins. Open Mon-Fri: 11am-3pm; 5-8.30pm, Sat-Sun: 11am-8.30m. (3203 5681)

## ICE MONSTER

This popular dessert shop is home to arguably the best shaved ice on the planet. Here, frozen flavored milk is finely shaved into creamy ribbons then garnished with premium toppings.

We are hard pressed to select a favorite, but recent obsessions include the Red Bean and Rice Jelly Sensation, as well as a newly added Almond Sesame Sensation. Mango Avalanche covered in fresh fruit and sorbet is another solid pick.

### PRICE:

RMB50-80 per person

### WHAT TO ORDER:

Red Bean and Rice Jelly Sensation  
Almond Sesame Sensation  
Coffee Sensation  
Mango Avalanche

> 3/F, HKRI Taikoo Hui, 798 Nanjing Xi Lu, by Shimen Yi Lu 南京西路798号3楼, 太古汇, 近石门一路. Nearest metro: Nanjing Xi Lu, 5 mins. Open Mon-Fri: 11am-3pm; 5pm-8.30pm, Sat-Sun: 10am-10pm. (6029 5676)



## DU XIAO YUE

In Taiwan, Du Xiao Yue is a household name famous for their peddler's pole noodles (*danzai mian*) recipe, which dates back over 100 years when they opened their first shop in Tainan.

Noodle lovers will appreciate the methodical layering of lightly poached mian, coriander and bean sprouts with braised minced pork, garlic paste and a single shrimp. It all comes together thanks to a shrimp head fortified stock and a splash of dark vinegar.

It's a tiny bowl of soup noodles, so you will want to add on some *guabao* (fluffy white bun enveloping deliciously stewed fatty pork belly and preserved mustard greens) or an incredibly soft handmade mochi with osmanthus and brown sugar.



### PRICE:

RMB50-80 per person

### WHAT TO ORDER:

Danzai mian  
Traditional pork belly bun  
Three kinds of salty crispy chicken  
Brown sugar and osmanthus mochi



> Multiple locations, scan QR code for listings.



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Your Shanghai Home Away from Home



Artyzen Habitat is an exciting new lifestyle hospitality concept that allows guests to balance the demands of work and play, while providing opportunities for relaxation and rejuvenation. Business and leisure travelers alike will benefit from the hotel's unique combination of private living spaces, resting spots and open community areas.

The social epicenter of the hotel is the Townsquare consisting of an amphitheater, studio working spaces, private meeting rooms, Bistro and Café. Headed by Chef Alessandro Martinelli, Bistro serves a vast array of comfort food dishes from around the globe. The Italian-born chef's international background is reflected in his creative yet authentic take on Asian cuisine.

Highlights of the Bistro menu include the refreshing soft shell crab and green papaya salad with a mildly spicy dressing and refreshing pomelo. The roasted duck in red curry will awaken your senses with the abundance of red chili, while a seafood-packed gochujang *toppoki* is a flavorful sweat-inducing treat.

If you're pressed for time, grab a sandwich on house-baked focaccia or the mackerel kimchi salad from the café and enjoy a meal in a nice corner of the



Townsquare while you work.

Artyzen Habitat's prime location offers easy access to the city center and Hongqiao Airport, making it an ideal base for exploring different parts of Shanghai while feeling right at home.

3999-5 Hongxin Lu, by Hongquan Lu 虹莘路3999-5号, 近虹泉路 (138 1837 5353)



# PILIPALA

## Unexpected Dai Feast

By Cristina Ng

### The Place

Shanghai has its fair number of tasty Yunnan joints, but a trip to the southwestern province will quickly show you how many concessions have been made to local or foreign palates. Trust us, we searched for days for a more 'authentic' Lost Heaven when we were in Dali, before realizing that there is much more to Yunnan cuisine.

The time is ripe for more regional variety, and thankfully Pilipala has come along to show us the ways of Dai style barbecue. Here, Restaurateur Niu Yan (also the owner of popular Yunnan noodle joint Slurp!) opens up an entire world of culinary experiences beyond the safe fried goat cheese and 'Grandma's Potatoes' to which we have grown accustomed.

### The Food

While you can assemble a pretty decent meal from the menu, it is best to go full Dai at least once and pre-order the banana leaf feast (RMB200 per person). Just make sure you have six hungry dining companions. They start laying down the twenty or so odd dishes early, so arrive on time. You'll need adequate time to gawk at the spread before donning plastic gloves and savoring it.

Dishes featured in the feast change based on seasonality but there will certainly be a

number of grilled dishes plus a selection of colorful and fresh salads. Many of the dishes that make up the feast can be ordered a la carte, but not all of them.

The centerpiece roasted chicken with lemongrass and various spices features bold flavors, but they only remain on the surface, leaving the meat underneath a little bland. Fish prepared in a similar style is much tastier as the seasonings are distributed evenly along with tender flakes of flesh. Another fish dish is simmered in tomato sauce and has the spicy sour punch that Dai food is known for.

Unusual herbs, flowers and roots make their way onto the table in the form of jasmine, carrot and chive egg pinwheels, as well as *liaocao* and pork in a banana leaf wrap. With a sour yet bitter undertone, the pork dish is unlike any Yunnan dish we've had before.

As mushrooms are plentiful in Yunnan, they are also represented here in a telephora (*ganba*) mushroom fried rice. The intense umami flavor is punctuated by a concentrated piney aroma. One nibble from a banana leaf packet of termite (*jizong*) will remind you of poultry (hence the Chinese name meaning chicken stick). **2.5/3**

### The Vibe

There's no getting around the fact that Pilipala is located in a mall food court, but their colorful little corner manages to create a cozy atmosphere especially when diners are slurping their noodles and eating from banana leaves. Though the space is relatively quiet and the staff seem bored, drop a

chopstick and expect a fresh one in your hand in 30 seconds flat. No joke.

Unfortunately, dinner service is rushed as the mall hasn't gotten a handle on what time it wants to close. We thought we had until 9pm, but were asked to leave at 8.30pm as the food court had actually closed 30 minutes earlier. So while the experience was stellar, Pilipala might be better suited to quick lunches and early dinners until further notice. **1/2**

### Total Verdict: 3.5/5

**Price:** RMB50-200 per person

**Who's going:** mostly locals

**Good for:** Yunnan noodles, BBQ and banana leaf feasts

Bund Financial Center B2/F, 600 Zhongshan Dong Er Lu, by Longtan Lu 中山东二路600号B2/F楼, 近龙潭路. Nearest metro: Xiaonanmen, 18 mins. Open daily, 10am-8pm. (136 1169 3564)



# STONE BREWING TAP ROOM

The Beer Revolution Arrives on Yuyuan Lu

By Cristina Ng

## The Place

Launched in Southern California 22 years ago, Stone Brewing is a long-time favorite of craft beer diehards. The brand has come a long way since 1996, and the Shanghai tap room is their third international location opened this year. We remember the fairly recent days of tucking bottles of their signature aggressively-flavored Arrogant Bastard ale carefully in our suitcases, so we are glad that they have answered our thirsty call for more craft beer options in China.

Stone takes its beer very seriously, and they've installed a flux capacitor tap system at their Shanghai outpost, which allows control of the carbon dioxide and nitrogen ratio for every single beer on tap for optimal flavor. The time for drinking sneaky grey market imported beers is over.

## The Food

As you would expect, the food menu is designed to be paired with beer. In addition to typical brewpub staples like burgers and fries, they are also offering more composed dishes such as misoyaki butterfish and beef cheek tagliatelle.

Speaking of those burgers (RMB68),

their patties are made with American Wagyu beef and cooked to a juicy medium rare. The California version (RMB68) comes topped with house spread, white cheddar, grilled onion butter, lettuce and beefsteak tomato – a perfect pairing for a pleasantly dank and fruity Stone Ripper (RMB55/pint).

Snacks like the duck confit spring rolls and 'angry' wings (both RMB68) are flavorful ways to start the meal. We had to get a second order of those addictive Korean-style fried chicken wings, which are coated in an addictively spicy *gochujang*. They're so freaking good.

The San Diego fish tacos (RMB88) do their hometown proud. Each order features three flour tortillas stuffed with toothsome grilled halibut, crunchy red cabbage shreds, fresh tomato salsa, Monterey Jack cheese and a spicy dressing.

The well-designed menu provides beer suggestions for each dish, but you can also optimize the experience and try more brews with flights of four IPAs (RMB68) or any four beers (RMB108). We weren't tempted by dessert, preferring to finish with a nice pint of Zeffer hopped cider (RMB70), which is currently on a guest tap. **2/3**

## The Vibe

The massive dining room featuring elements of wood, concrete and steel is evocative of the hippest North American breweries. Comfy leather couches and the signature Stone gargoyles give off a vibe that is equal parts cool and cozy.

With excellent food, exceptional beer and incredible service, Stone Brewing Tap Room fills a void in Shanghai's dining scene. If they must be compared to more entrenched rivals like Liquid Laundry and Goose Island, their beer offerings are better than the former, and they handily overtake the latter on the food front. Basically, Stone is firing on all cylinders. **2/2**

## Total Verdict: 4/5

**Price:** RMB150-300 per person

**Who's going:** homesick American expats, fancy locals and beer geeks

**Good for:** craft beer and food pairings, bar snacks, fish tacos

1107 Yuyuan Lu, by Fenggang Lu 愚园路1107号, 近凤网路. Nearest metro: Jiangsu Lu, 5 mins. Open Mon-Wed, 11.30am-midnight; Thu-Sat, 11.30-2am (6226 2510)

# CHEZ JOJO

## Humble French Guinguette Hits Yueyang Lu

By Cristina Ng

### The Place

Old Shanghai hands will remember when 1 Yueyang Lu housed a French bar and restaurant called Latitude/Longitude. After renting the space to Greek Taverna for seven years, owner Maggie Shen has taken it back and restored its French soul.

Chez Jojo draws inspiration from rural drinking establishments called *guinguette*. In fact, the restaurant's name is an homage to the original Chez Jojo in the Loire Valley. These lively spots are known as great places to enjoy an unpretentious meal with plenty of affordable wine and we could all certainly use more spots like that.

### The Food

Classic hor d'oeuvres start the meal on a lovely note. An order of six escargots (RMB68) are prepared with plenty of butter, parsley and garlic for a timelessly delicious sauce. Don't worry, they will give you extra bread to soak it all up.

While we savored the duo of foie gras (RM138) with relish, choosing one style (terrine or pan-fried) is more than enough of the luxuriously fatty liver. We are partial to the terrine (RMB88/60g) accented with a touch of fig preserves.

Hand-cut steak tartare comes in starter- (RMB78/100g) or main-sized (RMB128/200g) portions. High quality beef

is chopped finely and accented nicely by capers, onion, mustard, cornichons and egg yolk, but screams for more salt.

Both the braised rabbit leg (RMB98) in a lusciously creamy mustard sauce and the pan-fried seabass with ratatouille and Pastis sauce (RMB108) are well-executed and great value. The rabbit had some pesky shards of bone, but succulent, tender meat was otherwise perfect.

While it is hard to fault apples cooked in a sweet, buttery caramel sauce, we prefer *tarte tatin* (RMB48) with a harder glaze and firmer crust. **2/3**

### The Vibe

The cheesy blue and white monstrosity of Greek Taverna is now replaced by a rustic French countryside look. (Think Belle's village before she went into the castle with the Beast.) If that provincial life consists of foie gras, escargot and Pinot Noir filled nights, we are down with that. Now, if only they'd bring in that accordion player they've been promising. **1.5/2**

### Total Verdict: 3.5/5

**Price:** RMB150-300 per person

**Who's going:** Mixed crowd of Francophiles

**Good for:** wine, nibbles, hearty mains



1 Yueyang Lu, by Dongping Lu, 岳阳路1号, 近东平路.  
Nearest metro: Changshu Lu, 12 mins. Open Tue-Fri, 5pm-11am; Sat-Sun, 11am-11pm. (5436 3662) 海闵行虹桥新天地苏虹路17号北部中心地区 (B1-08)

# SHANGHAI TAVERN

## Classy Comfort in The Shanghai EDITION

Words by Ned Kelly, Photos by Betty Richardson

### The Place

Shanghai Tavern is the Eastern incarnation of Berner's Tavern in London, Michelin-starred Chef Jason Atherton's all-day dining, classic and classy British comfort food brasserie. Set in a large high-ceilinged dark wood and marble appointed dining room on the ground floor of The Shanghai EDITION, plush green booths line the outskirts while chairs mix with sofas in the midst. Once again, comfy and classy.

### The Food

Heading up the kitchen is executive chef, and Shanghai stalwart Scott Melvin, who has earned himself a very loyal following due to his inventive, and downright delicious contemporary tapas over at Commune Social. At Shanghai Tavern the order of the day is British nosh, made a bit posh.



The traditional pork pie (RMB128) is served table-side, sliced off a pie as long as your arm, and served with piled up with English piccalilli and pickled vegetables, with three types of mustard on the side. Truly scrumptious. As is the crab on toast (RMB168), beautifully presented in brown crab butter, lemon gel, pickled cucumber and celery.

When we talk about comfort, we talk about the The Tavern mac and cheese (RMB188), which is given a serious upgrade with the addition of braised beef blade. Moreish doesn't cover it. The aged pork chop is 100 percent juicy goodness (RMB248), and topped with luscious caramelized roast onion and apple dressing.

And then there is the dessert cart. Ah, that dessert cart. It is what schoolboy dreams are made of. Apple caramel eclairs (RMB68), red velvet fondant with blackberry sorbet (RMB68)... oh, and very boozy schoolboy dreams when it come to the vanilla ice cream and cherry sorbet flaming Alaska (RMB98). That dessert cart is worth a visit on its own. **2.5/3**

### The Vibe

The Shanghai EDITION is the place to be right now, and Shanghai Tavern is full of a fashionable crowd in a stylish setting. Good for long lunches and business meetings, the room starts humming come evening time, while the open plan means it is that very Shanghai of things – a place to see and be seen. **1.5/2**

### Total Verdict: 4/5

**Price:** RMB300 and up.

**Who's going:** Anyone who is anyone.

**Good for:** Occasions from the casual to the classy. Anglophiles.

1/F, Heritage Building, The Shanghai EDITION, 199 Nanjing Dong Lu, by Jiangxi Zhong Lu 南京东路199号, 近江西中路 (5368 9511)



# STRAIGHT NO CHASER



It's been a pretty busy month in the world of cocktails starting with three China-based bars clinching positions on the 2018 World's 50 Best Bar Awards. These esteemed locales included Hong Kong's **The Old Man** (No. 10), Shanghai's **Speak Low** (No.20) and Taipei's **Indulge Experimental Bistro** (No. 38).

Next up, Julu Lu is getting **Valpasso** – named for the Prosecco brand – where the bubbles will be flowing. Besides prosecco, a collection of fizzy cocktails and spritz from the mind of Johan Holmberg will be joined by European bites like *flammkuchen*.

**Flask** is in on the action with a new club called **NYX**. The interior features Corinthian columns and ultraviolet lighting aimed at you sexy Greek gods and goddesses of the night. They are also doing a beer collaboration with popular Taiwan brewery, Taihu.

Other openings include **1945 Chinese Tavern** for Huangjiu and baijiu forward cocktails on the Bund, **Wine Universe** for over 100 by the class options on Yuyuan Lu and a new mini **Daga Brewpub** on Changle Lu.

It seems the **Elevator** saga has finally ended. The three-month lease extension that we reported on last month has fallen through, leaving them homeless. In another gut-wrenching twist of fate, everyone's favorite smoke-filled punk dive bar, **Specters** closed shop after their Goth Halloween party, because the local government wanted the building back.



## MAD LAB Experimental Libations

By Cristina Ng

**W**e are always on the lookout for bar concepts that break the typical Shanghai mold, so the offbeat appearance of Mad Lab on Wuding Lu immediately intrigued. The bohemian atmosphere of the former Café des Stagiaires has been scrubbed away in favor of a kitschy steampunk aesthetic.

The addition of a conveyor belt is a cool idea for serving bar snacks. Expect fusion interpretations of sushi mixed with more European tapas-style fare. Nothing will blow you away, but it is certainly worth the price of RMB129 for the all-you-can-eat deal. As the kitchen prepares to close nightly, they begin offering single plates at RMB19 – a clever tactic to minimize waste.

Falling in line with their wacky laboratory theme, the cocktail selection consists of five

'experiments.' While we like adventurous drinking, we have to say that descriptors like 'girls like it' and 'why peach is tea' with no other information make ordering more challenging than expected.

The only clues offered in our choice of Experiment #2 ('coffee always goes first') were that it consists of coffee and vodka, and what you end up with is a very boozy and slightly tart foam-topped drink. If pressed, we'd label it a variation on a sour. So what's actually in the drink, you might wonder? We tried to find out from the bartender, but he declined to reveal its ingredients. (Bad luck if you happen to have an allergy to one of its mysterious contents.)

Experiment #4, or 'strawberry is the best friend of coconut,' features gin, strawberry and coconut but the fruity combination is too sweet for our tastes. Divided equally into two glasses – freeze-dried berry tops one while shredded coconut accents the other – it wins points for its cool presentation.

Served in a tea set, 'why peach is tea' was the most impressive drink of the night. Again, we have no idea what's in it, but it resembles a very nice sour plum wine.

For this team, who's also behind Barbarian, focusing on flavors rather than brands is nothing new. While we can respect that, the staff needs to provide more guidance to help guests choose their drinks.

The good news, however, is that all drinks are RMB40, and they offer deals for sets of three (RMB105) and six drinks (RMB200). These drink sets encourage experimentation, but if you are a particular drinker that must have a sidecar or martini *just so*, you likely be disappointed by their offerings. If sweet and fruity concoctions are your jam, Mad Lab's the place for you.



1085 Wuding Lu Lu, by Jiaozhou Lu 武定路1085号, 近胶州路. Nearest metro: Changping Lu, 7 mins. Open daily, noon-midnight.



# HOT TODDY FOR YOUR BODY

## The Colonial Roots of a Beloved Winter Warmer

By Logan R. Brouse

**C**an you believe summer is already over? Like seriously, by the time you read this article, you'll be wearing gloves and scarves and not in an ironic way. WTF, time? It goes so fast when you get hammered so often – which is something Shanghai is good at helping us do again, and again and wait – what?

As an American, November is notable for three things: the Marine Corps birthday on November 10, that awesome Thursday when we eat massive amounts of turkey, and for being the harbinger of hot drinks (until next year, rosé). So, let's warm up those fingers with a little bit of hot toddy history (it's healthy).

So who exactly was this Todd fellow and what made him so fucking hot? While I can't answer that, I can tell you that toddy comes from the Hindi word *tāri*, which refers to the fermented sap of the toddy palm. This was a cold drink that the Brits drank back when the East India Trading Co were bigger scumbags than Eminem at a PTA Meeting, Bill Cosby at a slumber party, Al Franken on a USO tour, Gary Glitter's search history and Bromme Hampton Cole when he 'bought' *City Weekend*.

Now, there is some speculation that the Hot Toddy (as we know it) originated in an Edinburgh pub called Tod's Well a few hundred years ago. This makes sense that a cold, refreshing drink in India would become a warm, toasty one in cold-as-balls Scotland. And since palm wine wasn't as readily available as the wonderful whiskeys on hand, like Lady Gaga and Bradley Cooper, a star is born.

This cocktail reached the States where it was sold in punch form by early colonists to beat the British, who initially created the drink in a full circle of a boozy ouroboros. Now, as winter comes faster than the first time Jon Snow hit it with Daenerys, let's look at a simple recipe perfect for school, home and work.



Logan R. Brouse, proprietor and mixologist of Logan's Punch and Tacolicious, has run bars and clubs in Shanghai for over eight years. In between hangovers, he puts pen to paper to record his pontifications on the drink industry.

### Logan's Hot Toddy

#### INGREDIENTS

- ✓ 2 shots Fernet Branca
- ✓ 6 cloves
- ✓ 1 star anise pod
- ✓ 50 ml fresh lemon juice
- ✓ 15 ml honey (add more to taste)
- ✓ 60 ml Scotch Whiskey (preferably Chivas Mizunara)
- ✓ Hot water, to fill a mug

#### INSTRUCTIONS

First, take one shot of Fernet Branca and drink it. Combine water with star anise and cloves and bring to a simmer. Add honey, lemon juice and whiskey to a heat resistant glass. Carefully pour the hot water with spices into the glass making sure to include all the spices.

As the drink cools, enjoy the second Fernet Branca shot before savoring your Hot Toddy.

# TRADITIONAL CHINESE DWELLINGS

## Exploring China's Vast and Varied Architectural Styles

Written by Yin Lixin

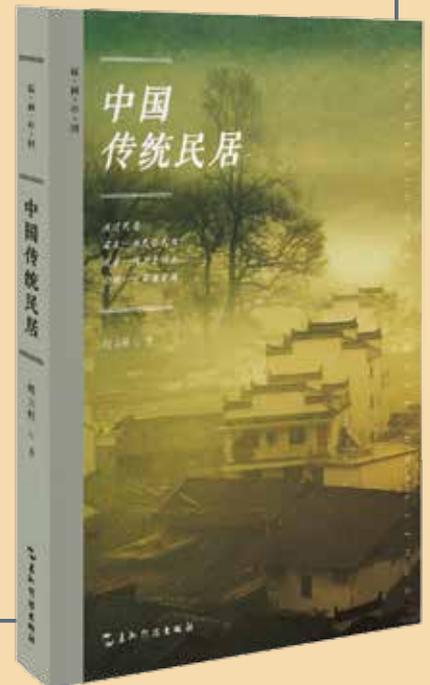
### About the Book:

Architecture reflects the daily lives of people during a specific time period, and *Traditional Chinese Dwellings* is a book that explores the country's folk culture and customs using architectural styles and characteristics through the lens of history.

To get a comprehensive look at the subject matter, writer Yin Lixin dives into major historical events and the geography of different parts of China to explain how they affected the ways in which buildings and houses were constructed, as well as in what ways these structures have shaped the way people lived and interacted with nature and each other.

### About the Author:

Yin Lixin is a member of Chinese Cultural Heritage Association's 20<sup>th</sup> Century Heritage Committee and the deputy chief editor of *Chinese Architectural Culture Heritage*. *Traditional Chinese Dwellings* has been recommended by architecture experts and has been referenced multiple times by industry insiders since it was published.



# EVENTS

See the QR codes on these pages?  
Scan them to buy tickets to these upcoming events.



## ● The Vaccines



Infectious London-based indie rock outfit The Vaccines formed in the late 2000s, and have been compared with Surfer Blood, The Strokes and elements of The Drums. Feelin' down? Indulgent? Wanna dance it off? Well The Vaccines have got you covered.

> Nov 15, 8pm, RMB380-880. Vas Livehouse, 3/F, 19 Wanhangdu Hou Lu, by Changshou Lu 万航渡后路19号沪西文化艺术中心3楼, 近长寿路

## ● Nocturnes



Beijing-based Nocturnes will be joining instrumental post-rock band Macondo on their national tour at one of Shanghai's newer venues. In the midst of promoting their own single 'Any Kind of Mood,' their music has been described as emotional, sultry and immersive, sitting somewhere between the intensity of Foals, the electronic elements of Bonobo and the pop sensibilities of Coldplay.

> Nov 3, 9pm, RMB60-80. Lofas, B1-09, 10, 230 Ruiping Lu, by Kaibin Lu 瑞平路230号保利时光里B1-09, 10, 近凯宾路

## ● Blossoms



Stockport-based band Blossoms were on the BBC's Sound Of New Music List for 2016. The self-titled debut became number one on the Official UK Albums Chart, going on to earn the band a Brit Award and Mercury Prize nomination. Their upbeat indie sound is coming to Bandai Namco this month – check out 'There's a Reason Why (I Never Returned Your Calls)'.

> Nov 3, 9pm, RMB180-280. Bandai Namco Shanghai Base, 179 Yicheng Lu, by Jiangning Lu 宜昌路179号, 近江宁路



## ● Crystal Lake



Japanese metalcore band Crystal Lake have traveled all over the world. From Asia, to the US – with several stops in Europe – they've been shaking stages and making crowds thrash for quite some time. Be sure to catch them here in Shanghai.

> Nov 3, 8.30pm, RMB220-480. Mao Livehouse, 3F, 308 Chongqing Nan Lu, by Jianguo Zhong Lu w308号3楼, 近建国中路

## ● Festivus with Blue Hawaii, Prep and Lydmor



The annual Spectacles of Sound Festivus is back again, and this time, they're taking over Yuyintang Park for a night with sets by PREP, Blue Hawaii and Lydmor.

> Nov 8, 8pm, RMB150 pre sale, RMB200 door. Yuyintang Park, 1398 Yuyuan Lu, by Changning Lu 愚园路1398号, 近长宁路

## ● Rhye



From their ambiguous start, made even more ambiguous by the androgynous and illusive vocals of lead singer Mike Milosh, Rhye captivated listeners with their subdued R&B-influenced pop.

> Nov 13, 9pm, RMB350 pre sale, RMB450 door. Modern Sky Lab, 3/F, 188 Ruihong Lu, by Tianhong Lu 瑞虹路188号3楼, 近天虹路





● Four Tet



Putney native Kieran Hebden's post-rock electronic project Four Tet is hitting Shanghai this month. He's worked with the likes of Thom Yorke from Radiohead and remixed everyone from CVRCHES to Bloc Party and Bonobo. With influences ranging from jazz to folk music and hip-hop, he's made a name for himself on both the dance circuit and the production scene.

> Nov 16, 11pm, RMB220 pre sale, RMB300 door. Modern Sky Lab, 3/F, 188 Ruihong Lu, by Tianhong Lu 瑞虹路188号3楼, 近天虹路



● Ma Bang Band



Reggae and ska come together for a unique blend of world music from Southern China. Beautiful sounds and regional styles, this show will be a rare look at what goes on in the vast mountains of the Guangxi province.

> Nov 16, 9pm, RMB80 pre sale. Yuyintang, 851 Kaixuan Lu, by Yan'an Xi Lu 凯旋路851号, 近延安西路



● Jay-Jay Johanson



Jazzy vocals, trippy film-noir arrangements, this Swedish songwriter is hitting Mao Livehouse for a downbeat, trip-hop show unlike anything we've seen out of Scandinavia. He's been perfecting his sound and his act since the '90s, so it's bound to be a good one.

> Nov 23, 8.30pm, RMB160 pre sale, RMB200 door. Mao Livehouse, 3F, 308 Chongqing Nan Lu, by Jianguo Zhong Lu 重庆南路308号3楼, 近建国中路

● Not a Single Break!



My Chemical Romance meets the Foo Fighters and 30 Seconds to Mars with Not a Single Break! at Harley's Underground. This free show should be a riot, so suit up kids.

> Nov 10, 10pm. Harley's Underground, 265 Nandan Dong Lu, by Caoxi Lu 上海市徐汇区南丹东路265号, 近漕溪路

● Boy Pablo



Taking influence from old Chilean music, rapper Tyler the Creator and Sweden's queen of pop Veronica Maggio, Boy Pablo's sound incorporates aspects of all three in a true dream-pop bedroom lo-fi phenomenon that's designed to go viral, but their sound isn't the only thing working in their favor.

The music video for 'Everytime' would go on to rack up over 13 million views thanks to thousands of up votes on Reddit and YouTube's algorithms, but this 2017 release was just the first of many to make the internet A-list.

> Nov 17, 10pm, RMB160. Arkham, B/1, Found 158, 158 Julu Lu, by Ruijin Er Lu B/1, 巨鹿路158号, 近瑞金二路



● Feeder



Feeder released their first album back in 1997 and went on to become one of the most successful bands their hometown of Newport, Wales had ever seen. With 10 studio albums, 12 compilations, four EPs and 40 singles, they've authored an extensive library over the years, despite their two-year hiatus.

> Nov 24, 8pm, RMB380-880. Bandai Namco Shanghai Base, 179 Yicheng Lu, by Jiangning Lu 宜昌路179号, 近江宁路





● **Brawl On The Bund**



We cannot believe how quickly it has gone, but Brawl on the Bund is now in its 10th year. Looking back over the past decade, it has been filled with excitement, glamor and world-class white-collar boxing. This year's theme is Moulin Rouge and there are limited tables available for 500 guests. You can expect cabaret dancers, magicians, live singing performances and impeccable audio-visual production.

> Nov 3, 7pm, RMB4,500-25,000.

Hyatt on the Bund,  
199 Huangpu Lu, by  
Wuchang Lu 黄浦路199  
号上海外滩茂悦大酒店,  
近武昌路



● **Community Center Shanghai Gala**



Community Center Shanghai is hosting its 20th anniversary with a masquerade party. Set within the prestigious Grand Hyatt Hotel, this is a great opportunity to enjoy an evening of glamor and celebrate a community organization which has helped countless expats settle in Shanghai through the years.

> Nov 10, 6pm, RMB900. Grand Hyatt Shanghai, Jinmao Tower, 88 Century Avenue, by Dongtai Lu 世纪大道88号 金茂大厦世纪百悦酒店, 近东泰路



● **Shanghai Marathon**



The 2018 Shanghai International Marathon will be held on November 18. Like previous editions, it features two separate events (the half-marathon in spring and full marathon in autumn), with one on each side of the Huangpu River. This year, they will stay committed to providing even more refined services for runners with different needs and creating a better overall event experience. The event will start from the Bund Bull and end at the Shanghai Stadium through the newly-opened Huangpu Riverside Road. Before the race, the second half of the route is still undergoing further optimization as they gear up for the big race.

Simultaneously, the Organizing Committee and Five-star Sports have jointly launched a series of activities – 'SHM Stories at Five-Star Sports' – which will run until November 18. By creating 'My SHM Story' on Sina Weibo, SHM provides runners with a platform to share their stories about the marathon, running, and fitness. Runners compete for the number of likes and comments on Weibo, and then there will be an offline second-round competition and final competition, a fun new integration to this city-centric event.

For the full marathon, the Organizing Committee has once again increased the level of professionalism by designing the BLUE LINE (i.e., the shortest route between the start and the finish that is often seen in top marathon events in the world). The BLUE LINE helps elite runners cut out a few extra seconds, and regular runners take a step closer to their personal best.

> Nov 18, RMB100-3,000. The Bund, 外滩

● **Community Italian Design Icons Third Edition**



Italian Design Icons are hosting their third weekend of workshops, lectures, talks and networking from Nov 16 to 18. With a growing focus on the relationship between technology and design, this three-day session will help to further connect and educate people about the path to sustainability, encouraging responsible design and strength within the community. Listen, learn and get involved.

> Nov 16-18, 10am. M50 Creative Space, R102, Bldg 6, 50 Moganshan Lu, by Changhua Lu 莫干山路50号6号楼1层, 近昌化路

● **ABBA Tribute Show**



The Pearl is bringing back one of the world's favorite bands – ABBA! This tribute concert will catalogue all of the Swedish sensation's greatest hits (which is practically every song they ever wrote). Disco, dance and bell bottom jumpsuits, this is going to be one for the books.

> Nov 10 and 17, 10pm, RMB180-220. The Pearl, 471 Zhapu Lu, near Wujin Lu 乍浦路471号, 近武进路



● **Melbourne Cup Seafood Luncheon**



It's time to get your hats out, as Tuesday, November 6 sees Australia's most prestigious annual Thoroughbred horse race, the Melbourne Cup. In honor of the thunder of hooves on fresh turf, Hooked is hosting a Melbourne Cup Seafood Luncheon, with RMB588 securing you a three-course seafood meal with free-flow Prosecco, Aperol Spritz, wine, beer, gin and tonics and vodka mixers. The big race will be shown on the big screen, and wear a hat for entry into a sweepstake and your chance to win an RMB1,000 Hooked Voucher.

> Nov 6, 11am-3pm, RMB588-2,999. Hooked, Found 158, B/1, 158 Julu Lu, by Ruijin Yi Lu 巨鹿路158号地下5137, 近瑞金一路



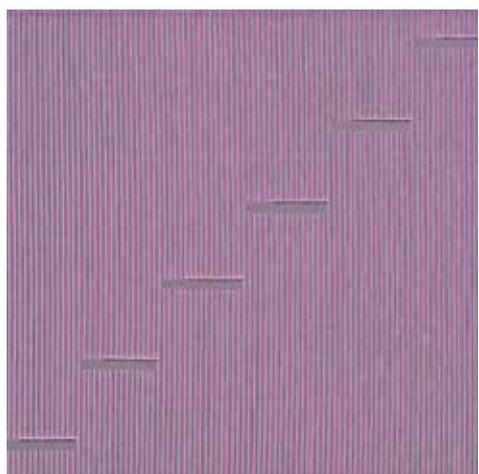


### West Bund Art & Design

Nov 8-11  
West Bund Art & Design Center, 2555 Longteng Dadao, by Longyao Lu 龙腾大道2555号, 近龙耀路 (westbundshanghai.com)

### Art021

Nov 8-11  
Shanghai Exhibition Center, 1000 Yan'an Zhong Lu, by Shaanxi Lu 延安中路1000号, 近陕西路 (art021.org)



# PICK OF SIX ART EXHIBITIONS



### Louise Bourgeois

Nov 4 - Feb 24  
Long Museum, 3398 Longteng Lu, by Ruining Lu 龙腾大道3398号, 近瑞宁路 (thelongmuseum.org)



### Korean Abstract Art: Kim Whanki and Dansaekwa

Nov 8 - Mar 2  
Powerlong Museum, 3055 Caobao Lu, by Xinzhen Lu 漕宝路3055号, 近新镇路 (powerlongmuseum.com)

### GUCCI x Maurizio Cattelan: The Artist is Present

Until Dec 16  
Yuz Museum, 35 Fenggu Lu, by Longteng Dadao 丰谷路35号, 近龙腾大道 (6426 1901, yuzmshanghai.org)



### Heteroglossia

Nov 7 - Feb 17  
How Art Museum, No.1, Lane 2277, Zuchong Zhi Lu 祖冲之路2277弄1号

# HOTEL NEWS



Lucian Sun has been appointed Executive Chef of Wanda Reign on the Bund. With nearly 20 years of experience in the hospitality and F&B industry, Sun oversees all of the hotel's restaurants and bars, including Café Reign, River Drunk, RuiKu, HE Japanese Restaurant and Lobby Lounge.



Le Royal Meridien Shanghai names Cedrick Croas as its Hotel Manager. Originally from France, the longtime hotel industry veteran has worked in the UK, Dubai, Beijing and Changsha before his latest appointment.



Artyzen Habitat Hongqiao Shanghai has opened its doors on October 1. The hospitality group has plans to open two other hotels in Nanjing and Beijing in the near future.

# CITY SCENES



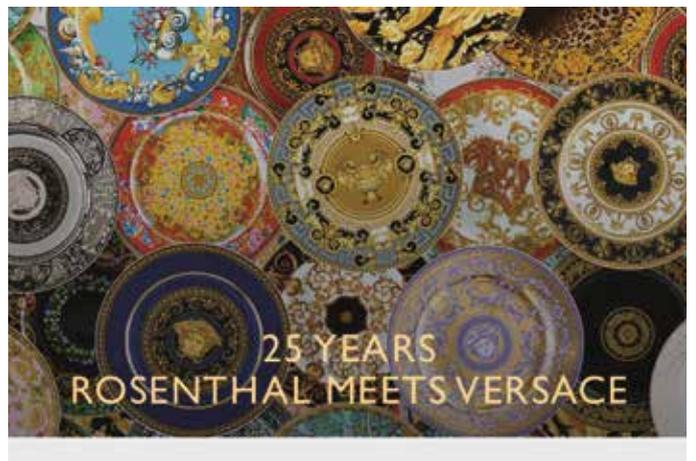
Bacardi Limited, non-profit organization Lonely Whale and Cachet Hotels & Resorts formally launched a campaign titled #TheFutureDoesntSuck to address the consumption of single-use plastic straws.



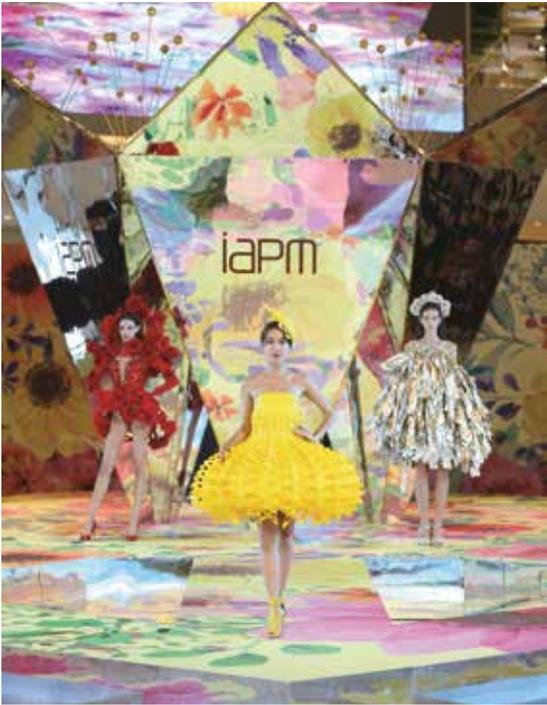
Shanghai ifc Mall celebrated the 69th anniversary of the establishment of the People's Republic of China with a glassware-themed art exhibition.



Danish rainwear label RAINS opened its second outlet in Shanghai at the newly renovated Shimao Festival City on Nanjing Dong Lu.



Rosenthal celebrated their 25 years of collaboration with Versace at their HKRI Taikoo Hui flagship store.



The iapm Mall is showcasing the 'Flower Man Mirror' fashion exhibition this fall. Together with six international designers, the showcase will feature an art installation inspired by blooming flowers, as well as a series of catwalk shows featuring the latest fashion arrivals.



Womenswear label Youwei celebrates femininity and androgyny with their SS2019 collection titled 'No Women No Cry,' which features plenty of vintage elements from the 1970s and 80s.



On September 21, Sephora opened its first concept store in Asia at the World Trade International Plaza in Shanghai. The new outlet offers nearly 100 international and exclusive brands of cosmetics, skincare and personal fragrance products. The store features interactive 'ecommerce walls' and Sephora's 'Virtual Artist' in collaboration with Meitu to facilitate the perfect marriage of online and offline customer experience.

# LISTINGS



## Scan for complete listings

Want to see all restaurants, hotels and more in Shanghai? Check out [www.thatsmags.com](http://www.thatsmags.com) or download our app by scanning the QR code.

## RESTAURANTS AMERICAN

**AE KITCHEN NOT JUST BRUNCH.** One of the most popular brunch places in town! 1) 491 Yuyuan Lu, by Zhenning Lu (6241 3233) 2) 457 Jumen Lu, by Ruanan Jie (3159 5833) 1) 愚园路 491号, 近镇宁路 2) 局门路 457号, 近汝南街

**Element Fresh** Delivery to the rescue! Bored of Breakfast? Lost for Lunch? Dinner dilemmas? Give the English-speaking delivery hotline a buzz and order from a wide variety of wholesome gourmet salads, fresh fruit juices, amazing appetizers, scrumptious lunch or dinner entrees, and American style breakfasts. Instant confirmation, pay by mobile pay or credit card, or even cash-on delivery. Scan the QR code & select 'Order Now', or visit [www.ElementFresh.com](http://www.ElementFresh.com) & select 'Delivery'. Element Fresh has 16 restaurants across Shanghai!

**POP** This all-day dining American Brasserie at Three on the Bund pays tribute to the 1970s American pop culture with vintage decor featuring chandeliers along with wood, leather and stone elements that create a warm atmosphere. Influenced by the chic vibe of Miami, the new POP bar offers a range of light and fruity drinks, completed with a lively music selection. Mon-Sun 11am-11pm. 7/F, 3 Zhongshan Dong Yi Lu, by Guangdong Lu [pop@on-the-bund.com](mailto:pop@on-the-bund.com). [www.threonthebund.com](http://www.threonthebund.com). 中山东一路3号7楼, 近广东路. (6321 0909)

## ASIA

**Glasshouse** lets each diner enjoy "Asian cuisine with a western twist" by its innovative cooking method accompanied by memorable ingredient and condiments. 11am-midnight (Sun-Thu) 11am-2am (Fri-Sat). 1/F, No 7, Lane 181 Taicang Lu, by Huangpi Nan Lu 太仓路 181弄新天地北里7号楼一层, 近黄陂南路

## BAKERY

**SHERMAN ORIGINAL HOMEMADE.** Now offers fresh bread everyday. E04, 1F, 150 Hubing Lu, by Jinan Lu HUBINGDAO (6333 2833) 湖滨路 150号湖滨道购物广场1楼E04, 近济南南路

## CHINESE HOT-SPOT

**Qimin Organic Hotpot Marketplace** Qimin, the restaurant originated from Taiwan and created by the same people who brought us "GREEN & SAFE." The bustling marketplace environment is filled with organic groceries, fresh seafood, a variety of vegetables, assorted meats, open kitchen food stands and diners surrounded by

lively marketplace food stands, creating a real food bazaar atmosphere. Every item on the menu is carefully selected from the original source, making sure all ingredients are completely natural or organic. Without exception, all dishes are from "Farm to Table" using the most natural ingredients for the boiler in order to extract the primary flavors nature has to offer. 1) 7/F, Takashimaya Department Store, 1438 Hongqiao Lu, by Manao Lu (6295 2117) 2) (NEW) 4/F, Reel Department Store, 1601 Nanjing Xi Lu, by Changde Lu (6258 8777) Daily 10.30am-11pm 1) 虹桥路 1438号高岛屋百货7楼, 近玛路路 2) 南京西路 1601号芮欧百货4楼, 近常德路

## CANTONESE

**Canton Disco** This traditional Cantonese restaurant concept with a contemporary update at its fore offers a high energy atmosphere, additive cuisine and unpretentious service that paints a perfect picture of modern Shanghai. 2F, Heritage Building, The Shanghai EDITION, 199 Nanjing Dong Lu, by Jiangxi Zhong Lu (5368 9521) 5.30-10.30pm. 南京东路 199号 上海文迪逊酒店辅楼2楼, 近江西中路

**Ming Court** With chefs adept in culinary creativity, Ming Court presents exquisite Cantonese cuisine with a twist, offering authentic flavors and refined wine pairings to create a wonderful culinary experience. On top of dim sum and dessert menus, the restaurant also offer a la carte and set menus as well as some seasonal specialties. The wide selection of dishes also include some award-winning Ming Court signatures. Level B1, 333 Shenhong Lu, Cordis, Shanghai, Hongqiao, by Suhong Lu (5263 9618) Lunch: Mon-Fri 11.30am - 2.30pm, Sat-Sun 11am - 3pm; Dinner: Mon-Sun 5.30-10pm 虹虹路 333号B1层. 虹桥康得思酒店, 近苏虹路

**Shàng-Xi** This elegant Chinese restaurant at the Four Seasons Hotel Pudong showcases the very best of Cantonese cuisine, and has earned its reputation as one of the top-rated restaurant on the Chinese mainland by Forbes Travel Guide for five years. Lunch: 11.30am-2.30pm; Dinner: 5.30-10pm. (2036 1310). 2/F, Four Seasons Hotel Pudong, Shanghai, 210 Shiji Dadao, by Lujiazui Huan Lu. 世纪大道 210号上海浦东四季酒店二楼, 近陆家嘴环路

**Summer Palace** Combining South-Eastern Chinese cuisine with Cantonese flair, the Summer Palace enhances gastronomic sensations with a poetic visual dreamscape. Open hour: Breakfast from 7am to 10am; Lunch from 11.30am to 2.30pm (Mon - Fri) 10am to 2.30pm (Sat & Sun); Dinner from 5.30pm to 10pm. (86 21) 2203 8889 3/F, Jing An Shangri-La, West Shanghai, 1218 Yan'an Zhong, by Tongren Lu. 静安香格里拉大酒店三楼, 延安中路 1218号, 近铜仁路.

**Suntime Century** Relax in our lavish private rooms and allow our food to delight your senses with wonderful tastes, textures and aroma. Offering authentic cuisine from the Canton, Hunan and Shanghai regions, guests can embark

on an exploration of Chinese culinary excellence. Lunch: 11.30am-2.30pm; Dinner: 5.30-10pm. 2/F, Grand Kempinski Hotel, 1288 Lujiazui Huan Lu, by Baibu Jie 陆家嘴环路 1288号上海凯宾斯基大酒店2楼, 近百步街 (3867 9199)

**YUE Chinese Restaurant** is presenting an exciting blend of local & traditional Cantonese dishes served in a modern atmosphere boasting nine private dining rooms. 2/F, Pullman Shanghai South, 1 Pubei Lu, by Liuzhou Lu (2426 8888) Lunch 11.30am - 2pm; Dinner 5.30 - 9.30pm 浦北路 1号, 上海中星铂尔曼大酒店2楼, 近柳州路

**YUE 1525** Enjoy authentic Hong Kong-style Cantonese cuisine at YUE 1525 for either business lunch, family gatherings or special occasions. Headed by a veteran Cantonese chef from Hong Kong, serves dim sum, clay pot dishes, double-boiled soups and his signature recipes are among fan favorites. Level 2, 1525 Dingxi Lu, by Yuyuan Lu (6225 8665). Lunch 11.30am-2.30pm, Weekend Afternoon Tea 2.30-4.30pm Dinner 5-10pm. 定西路 1525号2楼, 近愚园路

**Yu Yuan Chinese Restaurant** A fine dining room designed in modern Art Deco style. Their experienced chefs bring their rich experience and passion for cooking into authentic Cantonese and Taiwan cuisines. Hotel Pravo, 3/F Yu Yuan Chinese Restaurant, 299 Wusong Lu, by Kunshan Lu 吴淞路 299号宝御酒店3楼, 近昆山路



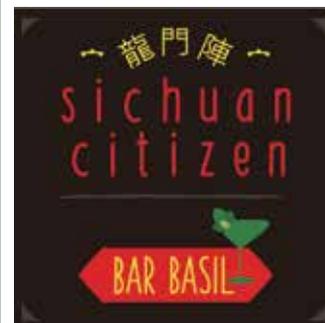
**VUE Dining** This restaurant is designed to create marvelous dining experience in privacy with one of the city's best skyline views. Featuring authentic handmade dim sum and Cantonese cuisine, it is an ideal venue for family celebrations and friends' gatherings. 31/F, West Tower, Hyatt on the Bund, 199 Huangpu Lu, by Wuchang Lu (63931234-6330) Lunch: Mon-Fri 11.30am-2.30pm; Sat&Sun: 11.30am-3.30pm; Dinner: Daily 5.30pm-10.30pm [www.hyattonthebund.com](http://www.hyattonthebund.com) 黄浦路 199号, 上海外滩茂悦大酒店西楼31层, 近武昌路

## HUAIYANG RESTAURANT

**RIVER DRUNK** specializes in grand Huaiyang cuisine and fresh seafood, offering traditional southeastern delicacies in a charming and refined

environment. Daily 11.30am-2.30pm, 6-10.30pm. 5/F, Wanda Reign on the Bund, 538 Zhong Shan Dong Er Lu, by Longtan Lu (5368 8882) 中山东二路 538号, 近龙潭路

## SICHUAN



**Sichuan Citizen** Originally opened in 2009, Sichuan Citizen moved into its new home at Ferguson Lane in 2018, where Head Chef Mao and his whole crew from Chengdu continues to serve spicy and delicious classic Sichuan dishes to their fans. The restaurant also houses a cocktail bar named Bar Basil located right next to the main dining room, where guests can enjoy signature cocktails created by a mixologist from Milan. 2/F, 378 Wukang Lu, by Xingguo Lu (5404 1235). Sun-Thu 11am-9.30pm, Fri-Sat 11am-10.30pm. 武康路 378号2楼, 近兴国路



**Si Fang San Chuan** Showcasing the art of Southwestern Chinese cuisine with a touch of modern understanding and creative presentation, this Bund-side restaurant offers flavors that are adjusted to suit the local palate. Meanwhile, a bar inspired by Shanghainese cultural heritage is also another highlight of the concept. Lunch 11am-3pm, Dinner 5-10pm. (6033 5833). N103, Bund Finance Center 558 Zhongshan Dong Er Lu, by Longtan Lu 外滩金融中心中山东二路 558号 1幢 N103室, 近枫泾路

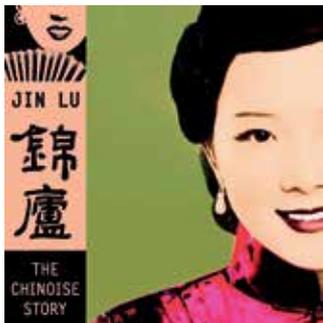
## SHANGHAI

**Club Jin Mao** With superlative views overlooking the Shanghai skyline, Club Jin Mao is one of the most prestigious Shanghaiese restaurants in the city, offering exquisite and authentic Shanghaiese cuisine. Daily from 11.30am-2.30pm, 5.30-10.30pm. 86/F, Grand Hyatt Shanghai, Jin Mao Tower, 88 Shiji Dadao, by Yincheng Zhong Lu (5047 8838) www.shanghai.grand.hyatt.com 上海金茂君悦大酒店 86 楼, 浦东新区世纪大道 88 号, 近银城中路

**Grape Restaurant** Originated from 1987, Grape Shanghai is a well-known Shanghaiese restaurant popular in the expat community. Chinese traditional cuisine is offered here, featuring Peking Duck, Mandarin Fish with Pine Nuts and Kung Pao Chicken, Deep Fried Ribs with Garlic and dishes served on a sizzling hot cast iron skillet. Jia, 55 Xinle Lu, by Xiangyang Bei Lu (5404 0486) 新乐路 55 号甲, 近襄阳北路

**Gui Hua Lou** offers the very best of authentic Shanghaiese, Huaiyang, and Sichuanese cuisines. Chef Gao creates a special blend of both worlds, traditional dishes with modern interpretations all in the ambiance of distinctive Chinese décor. 1F, River Wing, Pudong Shangri-La, 33 Fucheng Lu, by Lujiazui Huan Lu (2828 6888) Lunch 11.30am-3pm Mon-Fri, 11am-3pm Sat & Sun, Dinner 5.30-10pm daily 富城路 33 号浦东香格里拉大酒店浦江楼 1 楼, 近陆家嘴环路

**The Crystal Garden** Bathed in natural light, the Chinese restaurant Crystal Garden offers the very best of authentic Chinese cuisine including provincial cuisines plus high-quality seafood. The restaurant's garden-style setting and professional, friendly team makes The Crystal Garden a popular venue for intimate wedding banquets and private functions. 5/F, The Westin Bund Center Shanghai, 88 Henan Zhong Lu, by Guangdong Lu (6103 5048) Lunch: 11am - 2.30pm (Mon-Fri), 11am - 2.30pm (Saturday & Sunday, Yum Cha); Dinner: 5.30pm - 10pm (Daily). 河南中路 88 号上海威斯汀大饭店 5 楼, 近广东路



**The Chinoise Story** A unique restaurant featuring radically fused cooking styles. Lovely space. Expect classic Chinese dishes served in individual portions rather than family style. Cathay Building, Jin Jiang Hotel, 59 Maoming Nan Lu, by Changle Lu (6445 1717) 11am-2.30pm; 6-10.30pm 茂名南路 59 号锦江饭店北楼底层, 近长乐路

## YUNNAN

**Gathering Clouds** Specializing in distinctive Yunnan food, Gathering Clouds inherits the most charming Yunnanese cuisine and culture in a modern vibe. Carefully selecting natural ingredients from original source, the place introduces the most authentic Yunnan flavor as well as live sports to all. Unit 105, Building E, 381 Panyu Lu, by Fahuazhen Lu (6271 7162) Daily 11:30am - 2:00pm, 5:30-10:00pm 番禺路 381 号幸福里步行街 E105, 近法华镇路

**Lost Heaven** 1) 17 Yan'an Dong Lu, by Sichuan Nan Lu (6330 0967) 2) 38 Gaoyou Lu, by Fuxing Xi Lu (6433 5126) Daily 11.30am-2pm, 5.30-10.30pm 1) 延安东路 17 号, 近四川南路 2) 高邮路 38 号, 近复兴西路

**The Middle 8** This buddha-themed restaurant offers the beauty of Yunnan cuisines with sincere and love in a quiet vibe. With a large statue of buddha and traditional interior, this Beijing transplant is where you could taste out the pure flavor of Yunnan without leaving Shanghai. Unit406, South Block, HK Plaza, 283 Huaihai Zhong Lu, by Huangpi Nan Lu (6029 6350, 6029 6352) 淮海中路 283 号香港广场南座 406 室, 近黄陂南路

## CAFES

**CHA Lounge** CHA Lounge is the place for a well-deserved afternoon break. An extensive selection of traditional Chinese and Western tea and delicacies, delicious beverages and international

wines, as well as pastries, homemade chocolates and macaroons are offered daily. Guests can also treat themselves to an exquisite afternoon tea buffet at RMB108 per person which is offered daily. Open daily, 8am-8pm. Afternoon tea buffet, 2.30-5.30pm. 1/F, 1555 Dingxi Lu, by Yuyuan Lu (6240 8888-8155) 定西路 1555 号巴黎春天新世界酒店 1 楼, 近愚园路

**Citizen Café & Bar** is a sophisticated coffee house, a craft cocktail bar, and a restaurant serving New American cuisine. Opened in 2005, it went through a complete renovation in 2014, and became more inviting than before. The ever popular Basil Drop remains the same. And the terrace is lovely on a nice day. 222 JinXian Lu, by Shanxi Nan Lu (6258 1620) Daily 11-12.30am www.citizenshanghai.com 进贤路 222 号, 近陕西南路

**Coffee Tree** With a light and airy European look, the cozy spot offers an array of fresh and homemade items including salads, sandwiches, quiche, pasta, and cakes using the finest ingredients. Ferguson Lane, 376 Wukang Lu, by Tai'an Lu (6466 0361) Mon-Sun 9am-10pm www.coffeetreecafe.com.cn 武康路 376 号, 近泰安路

**DELI** Enjoy French desserts, pastries, cakes, or hand crafted chocolates from the Deli counter located in Lobby Lounge. Your choice, eat in or take away. Special price for cakes and pastries everyday after 6pm. 1/F, Pullman Shanghai South, 1 Pubei Lu, by Liuzhou Lu (2426 8888) Daily 9am - 9pm 浦北路 1 号, 上海中星铂尔曼大酒店 1 楼, 近柳州路

## CHOCOLATE

**Jean Paul Hévin** is a French "Haute Couture" chocolate-maker, whose label of chocolates is a successful brand of gourmet chocolate. The adventure of Jean Paul Hévin begins in the tropics with the search for the rarest, most refined cocoa beans. It continues back in France with a search for the best creams and hazelnuts, the most scented honeys and other outstanding ingredient. Jean Paul Hévin stores are created as chocolate cellars, confined spaces in which, at constant levels of humidity and temperature, customers could be captivated by the subtle cocoa aromas and choose their purchases in a calm and peaceful atmosphere. LG2 citysuper, HKRI Taikoo Hui, 789 West Nanjing Lu, by Ruijin Er Lu (400-653-8820, www.citysuper.com.cn) 南京西路 789 号兴业太古汇地下二层 citysuper 超 • 生活店内

**ROYCE'** From the great land of Hokkaido, blessed by nature, came ROYCE' chocolates in 1983. Hokkaido is gifted with crystal clear water and pure fresh air. This nature environment is much like the famous European Chocolate producing countries. It is here in Hokkaido that the finest, strictly selected ingredients are combined to make perfect chocolates. Each and every bite will bring your senses to Hokkaido. 1) ifc Store - LG2 citysuper, 8 Shiji Dadao, by Lujiazui Huan Lu 2) Shanghai Metro City Store - B1, 1111 Zhaoyang Lu, by Hongqiao Lu 3) Shanghai isetan Store - B1, 1038 Nanjing Xi Lu, by Shaanxi Bei Lu 4) Shanghai Times Square Store - B1 citysuper, 99 Huaihai Zhong Lu, by Xizang Nan Lu 5) Shanghai iapm Store - LG1 - 999 Huaihai Zhong Lu, by Shaanxi Nan Lu 6) HKRI Taikoo Hui Store - LG2 citysuper, 789 Nanjing Xi Lu, by Yan'an Zhong Lu (400-653-8820, www.citysuper.com.cn) 1) 国金中心店 - 陆家嘴世纪大道 8 号地下二层 citysuper 超 • 生活店内 2) 美罗城店 - 肇嘉浜路 1111 号地下一层 3) 梅龙镇伊势丹店 - 南京西路 1038 号地下一层 4) 大上海时代广场店 - 淮海中路 99 号地下一层 citysuper 超 • 生活店内 5) 环贸广场店 - 淮海中路 99 号地下一层 citysuper 超 • 生活店内 6) 兴业太古汇店 - 南京西路 789 号兴业太古汇地下二层 citysuper 超 • 生活店内

## HOTEL BUFFETS

**Café Liang** The CAFÉ LIANG restaurant treats diners with multiple dining options and cuisines. Diners can indulge in Asian and Western cuisines with a taste of Southeast Asian influence coupled with Mainland Chinese classics. Open Hour: Breakfast from 6am to 10.30am; Lunch from 11.30am to 2.30pm (Mon - Fri) / from 11.30am to 3pm (Sat & Sun); Dinner from 5.30pm to 10.30pm. (86 21) 2203 8889. 1/F, Jing An Shangri-La, West Shanghai, 1218 Yan'an Zhong, by Tongren Lu. 静安香格里拉大酒店一楼, 延安中路 1218 号, 近铜仁路.

**Café Reign** The all-day restaurant, Café Reign features a spacious and comprehensive open kitchen, offering an authentic Shanghai breakfast buffet, business lunch and a semi-buffet dining experience. Daily 6am-10.30pm. 1/F, Wanda Reign on the Bund, 538 Zhong Shan Dong Er Lu, by Longtan Lu (5368 8882) 中山东二路 538 号, 近龙潭路

**C MARKET** provides an indulgent and lively culinary experience, allowing to guests to Enjoying indoor or terrace dining in an elegant and gorgeously sun-lit buffet restaurant with

## OPEN DOOR



## THE UPPER HOUSE

## A Commitment to Luxury and Community

The Upper House in Hong Kong is one of the finest small luxury hotels with the largest penthouse suites in the city. With luxury down bedding, dual temperature wine fridges, surround sound and views of both the island and Victoria Harbor, the studios and suites provide a sense of relaxation, warmth and understated luxury. On the 49th floor, a fireplace welcomes you to Sky Lounge - open day and night - while Café Gray Bar offers uniquely blended cocktails served late into the evening. In a city that never sleeps, The Upper House is always on and working to make you feel right at home.

Located centrally on the island, their commitment to quality is matched only by their commitment to the community, with corporate social responsibility initiatives being a core part of the brand's foundation. They offer hybrid cars for airport transfers and private hire, maintain a secluded lawn space for guests and private events, and have moved to a completely paperless arrival and departure experience.

They further their commitment to sustainable development through their partnership with the Hong Kong Down Syndrome Association (HKDSA), providing vocational experiences for its members. The program includes 18 hours of training followed by a two-month attachment in different departments of the hotel. With work ranging from Guest Experience to Restaurant & Bar, the first run of the program resulted in two of the participants gaining long-term employment at The Upper House. While they will continue to run the vocational program, the hotel is continuously working on developing its relationship with HKDSA and the community, a House that invests in its guests and its home.

> Pacific Place, 88 Queensway, Hong Kong (852 2918 1838, Upperhouse.com)



## LISTINGS

show kitchen counters that have a little bit of everything to satisfy any palate. Ranging from bold new cuisines to traditional favourites, sweet treats to spicy dishes, the possibilities at C Market are endless. (5263 9628, cdshh.cmarket@cordishotels.com, WeChat: CordisHongqiao, <http://www.cordishotels.com/sc/shanghai-hongqiao/restaurants-and-bars-c-market/>)  
**Breakfast:** 6:30-10:30 am daily; **Lunch:** 11:30 am-2 pm (Mon-Fri), 11:30 am - 2:30 pm (Sat & Sun); **Dinner:** 6-9:30 pm daily; **A La Carte:** 6:30-10:30 pm. **Ground Floor, 333 Shenhong Lu, by Suhong Lu 申虹路 333 号 G 层, 近苏虹路**

**Five Live:** Serving daily breakfast and dinner buffets, a la carte menu and extravagant Sunday Brunches, Five Live All Day Dining welcomes guests and gastronomes into a compelling cooking theater. An array of local Shanghaiese, regional Chinese and international cuisines are prepared at five interactive cooking stations, including fresh seafood on ice, a grill and carving station, specialty noodles and dumplings, soup and Taiwanese hotpot, a Mediterranean kitchen and a dessert counter. **INTERCONTINENTAL SHANGHAI NECC, 1700 Zhuguang Lu, by Yinggang Dong Lu (National Exhibition Convention Center, Gate 3) (6700 1888-6028) 国家会展中心(浦东)酒店, 诸光路 1700 号国家会展中心 3 号门, 近蓝港东路)**

**NONG CAFÉ** Located on the second floor, NONG Café offers a lively culinary experience with its open kitchen and market-style stations. Diners can watch chefs use impressive culinary techniques to prepare their favorite à la minute dishes in an airy, interactive setting. **Level 2, 1555 Dingxi Lu, by Yuyuan Lu (6240 8888 ext. 8211) Breakfast Mon-Fri, 6-10:30am, Sat, Sun and public holidays 6-11am; Lunch 12-2pm; Dinner Fri-Sun 5:30-9:30 pm. 近西路 1555 号巴黎春天新世界酒店 2 楼, 近愚园路**

**Yi Café** The Bite of Culinary Heritage of the World features delicacies from 11 live stations offering gastronomic delights from eight countries. Highlight include fresh lobster, sweet shrimp, baby abalone, Arabic beef, Turkish pizza, Indian tandoori bull frog, Japanese natto tempura and freshly baked chocolate fondant, and a new series of Master Shen Hongfei's favorite spring dishes like Hainan Wenchang chicken, Huiyang-style steamed bun with wild vegetable filling. **2/F, Grand Tower Pudong Shangri-La, 33 Fucheng Lu, by Lujiazui Huan Lu (2828 6888). Lunch 11:30am - 2:30pm Mon to Fri, Brunch 12 - 3pm Sat & Sun, Dinner 5:30pm - 10pm daily. 富城路 33 号浦东香格里拉大酒店紫金楼 2 楼, 近陆家嘴环路**

## DELI SHOPS

**Green & Safe** With an organic farm in Kunshan, this organic store provides daily delivered vegetables and a variety of local and imported organic goods, such as organic extra virgin olive oil, white and red balsamic vinegar, organic pasta, muesli and more. 30% off on all breads after 7pm everyday in Dongping branch. **1) 6 Dongping Lu, by Hengshan Lu 5465 1288, 1/F; 8am-10pm; 2/F: 6pm-12am 2) 4/F, 1438 Hongqiao Lu, by Hongbaoshi Lu 10am-9:30pm (1) 东平路 6 号, 近衡山路 2) 虹桥路 1438 号 4 楼, 近虹宝石路**

**Kempi Deli** Freshly baked homely bites including freshly baked bread, muffins, cakes, chocolates, pastries, ice-creams, sandwiches, cold cuts and cheese will make a visit to Kempeli Deli something to look forward to any day. You won't know where to start! 50% off on all breads after 18:00 daily. (3867 8888) **Hours: 7:30am-7pm. 2/F, Grand Kempinski Hotel, 1288 Lujiazui Huan Lu, by Baibu Jie 陆家嘴环路 1288 号上海凯宾斯基大酒店 2 楼, 近百步街**

## FINE DINING

**8 1/2 Otto e Mezzo Bombana** An extension of the three Michelin Star venue (by the same name) in Hong Kong, a fantastic fine dining fare that will leave you both comforted and breathless. **6-7/F, 169 Yuanmingyuan Lu, by Beijing Dong Lu (6087 2890) 圆明园路 169 号 6-7 楼, 近北京东路**

**Cathay Room & 9 Level Terrace** With intimate seating and expansive views of the Bund, the Cathay Room and Terrace offers a sociable dining experience with elegantly presented European contemporary style cuisine. Let your senses be tantalized by the delicate flavors prepared by our culinary team, revealing a European 'haute cuisine' approach to fine dining; complete with organic items and ecologically responsible producers. Featuring an extensive wine list and beverage selection, the Cathay Room and Terrace is an oasis away from the hustle and bustle of Shanghai... **9/F, Fairmont Peace Hotel, 20 Nanjing Road East by Zhong Shan Dong Yi Road (6138 6881) Daily 12:00-22:00 南京东路 20 号, 上海和平饭店 9 楼, 近中山东一路**

**Canton Table** With nostalgic ambience inspired by shikumen lanehouses and glamorous buildings

along the Bund, this new Cantonese dining concept at Three on the Bund dances between the old and the new, bringing Shanghai diners the essence of the culinary culture of Guangdong. Whether you're craving some home-style cooking or sophisticated delicacies, Canton Table offers an extensive selections, featuring high quality fresh ingredients and traditional cooking skills. **Mon-Fri 11:30am-2:30pm, 5:30-10:30pm, Sat-Sun 11:30am-3pm, 5:30-10:30pm. cantontable@on-the-bund.com. www.threonthebund.com. 5/F, 3 Zhongshan Dong Yi Lu, by Guangdong Lu 中山东一路 3 号 5 楼, 近广东路. (6321 3737)**

**Dragon Phoenix** Restored to its former glory, the Dragon Phoenix evokes memories from a distant time. Quintessential Cantonese and Shanghaiese cuisine takes center stage with refined yet daringly classical presentations of the finest live seafood, barbecue roasted meats and seasonal produce. Our resident Chinese Master Chef's signature dishes showcase some of China's most sought-after authentic dishes including hand crafted dim sum, seafood delicacies and noodle dishes. **8/F, Fairmont Peace Hotel, 20 Nanjing Road East by Zhong Shan Dong Yi Road (6138 6880) Daily 11:30-22:00 南京东路 20 号, 上海和平饭店 8 楼, 近中山东一路**

**Jade on 36 Restaurant** Now serving modern European cuisine with an Asian twist, exquisite wines and cocktails, great-value cuisine and service with precision and quality, guests can experience the reinvented Jade on 36 Restaurant, where culinary creations compete in magnificence with the panoramic views of Shanghai. While savoring unique flavors from the kitchen, guests can also enjoy a bottle of wine or tailor-made cocktails by the restaurant's bartender. **Lunch sets (from RMB138), five-course dinner sets (from RMB698) and a la carte dishes (from RMB68) are all available. 36/F Grand Tower, Pudong Shangri-La, 33 Fucheng Lu, by Lujiazui Huan Lu (2828 6888). Lunch: 12pm, Dinner 5:30pm or 8pm. fbreservation.slp@shangri-la.com, www.shangri-la.com/shanghai/pudongshangri-la. 富城路 33 号, 近陆家嘴环路**

**M on the Bund** This Bund pioneer serves up impeccable service and a menu peppered with Continental, Aussie and Moroccan inspiration. Try the pavlova for dessert. **7/F, No.5 Zhongshan Dong Yi Lu, by Guangdong Lu (6350 9988) Mon-Fri: 11:30am-2:30pm; 6:15-10:30pm; Sat-Sun: 11:30am-3pm; 6:15-10:30pm reservations@m-onthebund.com www.m-onthebund.com 中山东一路外滩 5 号 7 楼, 近广东路**

**MARC restaurant** Located on the rooftop, under the helm of the legendary Michelin-starred French chef Marc Meneau, MARC restaurant serves guests with customized afternoon tea and an exquisite Michelin-starred fine-dining experience. **Daily 12-10:30pm, 21/F, Wanda Reign on the Bund, 538 Zhong Shan Dong Er Lu, by Longtan Lu (5368 8882) 中山东二路 538 号, 近龙漕路**

**Mare Western Restaurant** It's the only place where you can taste Marseille Seafood Hotpot! The tomahawk steak is the best in Shanghai. **Hotel Pravo, 2/F Mare Western Restaurant 299 Wusong Lu, by Kunshan Lu 吴淞路 299 号宝御酒店 2 楼, 近崑山路**

**Oceans** Dining in a romantic and contemporary setting, an extensive array of selected premium products from the sea. A distinct and innovative gourmet experience to satisfy the most discerning of tastes, Ocean fully realizes the art of cooking. **Lobby floor, Banyan Tree Shanghai On The Bund, 19 Haiping Lu, by Gongping Lu (2509 1188) Lunch 11:30am - 2:30pm; Dinner 5:30 - 9:30pm. banyantree.com 海平路 19 号悦榕庄 1 楼, 近公平路**

**ON56** This four-in-one restaurant at Grand Hyatt Shanghai offers the best cuts of prime beef from the Grill, sumptuous Italian classics from Cucina, top-shelf sushi from Kobachi and delectable sweets from Patio. **Daily from 11:30am-2:30pm, 5:30-10:30pm; 56/F, Grand Hyatt Shanghai, Jin Mao Tower, 88 Shiji Dadao, by Yincheng Zhong Lu (5047 8838) www.shanghai.grand.hyatt.com 上海金茂君悦大酒店 56 楼, 浦东新区世纪大道 88 号, 近银城中路**

**RuiKu Restaurant** The rooftop restaurant RuiKu serves fine-casual dining with a sharing concept. Enjoy the stunning view of the Bund's historic waterfront and Pudong's futuristic skyline. **Daily 12-10:30pm. 21/F, Wanda Reign on the Bund, 538 Zhong Shan Dong Er Lu, by Longtan Lu (5368 8882) 中山东二路 538 号, 近龙漕路**

**SAVOR All Day Dining Restaurant** offers Western and Eastern cuisine showcasing an open interactive kitchen with buffet and a la carte options. **2/F, Pullman Shanghai South, 1 Pubei Lu, by Liuzhou Lu (2426 8888) Daily 6am - 12pm 浦北路 1 号, 上海中星铂尔曼大酒店 2 楼, 近柳州路**

**Sir Elly's Restaurant & Bar** Dine on fine modern European cuisine while overlooking the Huangpu River. Expert cocktails offered at both the circular bar and the expansive 14th floor terrace. **13/F The Peninsula Shanghai, 32 Zhongshan Dong Yi Lu, by Nanjing Dong Lu (2327 6756) Lunch daily 12-2:30pm; Dinner Sun-Thurs: 6-10:30pm; Fri-Sat**

6-11pm [www.peninsula.com/Shanghai/en/Dining/Sir\\_Ellys\\_Restaurant/default.aspx](http://www.peninsula.com/Shanghai/en/Dining/Sir_Ellys_Restaurant/default.aspx) 中山东一路 32 号 上海半岛酒店 13 楼, 近南京东路

**Shanghai Tavern** Jason Atherton's all-day dining, brasserie-style restaurant draws inspirations from Elliot Hazzard's period architecture and magnificent coffered ceiling. Its design is a nod to the layers of history behind the Shanghai Power Company Building. **1/F, Heritage Building, The Shanghai EDITION, 199 Nanjing Dong Lu, by Jiangxi Zhong Lu (5368 9511). 6-10:30am, 11:30am-11pm. 南京东路 199 号 上海艾迪逊酒店 辅楼 1 楼, 近江西中路**

## FUSION



**Mercedes me, The Bund** This culinary spinoff courtesy of the luxury German automaker offers creative fusion international cuisine with the theme of 'Respect the Mother Nature.' Perfect for guests seeking a novel and refined dining experience, the ambience and dishes showcase a balance between presentation and gastronomic aptitude. **Sun-Wed 10am-10pm, Thu-Sat 10am-2am. (6033 5833). N103, Bund Finance Center 558 Zhongshan Dong Er Lu, by Longtan Lu 中山东二路 558 号外滩金融中心 1 幢 N103 室, 近龙漕路**



**Roof 325** Located at the top of the Shanghai History Museum, one of the most iconic locations of the city, Roof 325 serves a menu of globally influenced dishes prepared with traditional and modern techniques and the freshest ingredients. **5/F, Shanghai History Museum, 325 Nanjing Xi Lu, by Huangpi Bei Lu (6327 0767). 南京西路 325 号上海市历史博物馆 5 楼, 近黄陂北路**

## FRENCH

**Jean Georges** One Michelin star restaurant Jean-Georges is the world-renowned eponymous chef's first signature restaurant outside of New York. At the Bund-side restaurant, guests can enjoy his famed contemporary French cuisines at a newly renovated space with a fresh an elegant dining room, lounge, open kitchen and private rooms. **Mon-Fri 11:30am-2:30pm, 6-10:30pm, Sat-Sun: 11:30am-3pm, 6-10:30pm. 4/F, 3 Zhongshan Dong Yi Lu, by Guangdong Lu jgespak@on-the-bund.com www.threonthebund.com. 中山东一路 3 号 4 楼, 近广东路 (6321 7733)**

**PHÉNIX eatery & bar** Rooted in the philosophy of "Life is about the ingredients", a visit to PHÉNIX is a charming invitation to reconnect with the essentials through an intuitive French cuisine inspired by the richness of seasonal natural ingredients. PHÉNIX also features an intimate yet vibrant lounge space, allowing guests to enjoy classic minimalist cocktails and an impressive wine selection with 250 labels. **Level 2, 1 Changde Lu, by Yan'an Xi Lu Daily 6:30am - 11pm, phenix@thepuli.com, phenix.thepuli.com (2216 6988) 上海璞丽酒店 2 楼, 常德路 1 号, 近延安西路**

**Vue Restaurant** Enjoy classic European fare with one of the city's best skyline views. **30/F Hyatt on the Bund, 199 Huangpu Lu, by Wuchang Lu (6393 1234-6328) Daily 6-11pm 黄浦路 199 号, 上海外滩茂悦大酒店西楼 30 楼, 近武昌路**



**Mr. & Mrs. Bund** Molecular madman Paul Pairet takes a more laissez-faire approach with this modern French eatery. Expect straightforward food and a great wine list. **6/F Bund 18, Zhongshan Dong Yi Lu, by Nanjing Dong Lu (6323 9898) Dinner: Monday to Sunday 5:30-10:30pm, late Night: Thu-Sat 11pm-2am, brunch: Sat-Sun 11:30am-2:30pm www.mmbund.com 中山东一路外滩 18 号 6 楼, 近南京东路**

## GERMAN

**Paulaner Brauhaus** Enjoy Bavarian food (and more importantly, beer) in a warm, well-populated atmosphere. **1) House 19-20, North Block Xintiandi, Lane181 Taicang Lu, by Madang Lu (6320 3935) Daily: 11am-2am www.blm.com.cn 2) 2967 Lujiazui Xi Lu, by Binjiang Da Dao (6888 3935) Sun-Thurs: 11am-1am; Fri-Sat: 11am-2am 3) 3/F, 555 Shibo Da Dao, by Guozhan Lu (2206 0555) Sun-Thurs: 11am-10pm; Fri-Sat: 11am-12am hellauer@blm.com.cn 1) 太仓路 181 弄新天地北里 19-20 号楼, 近马当路 2) 陆家嘴西路 2967 号, 近滨江大道 3) 世博大道 555 号 3 楼, 近国展路**

## INDIAN

**Bhoimi stores** One stop destination where a wide array of Indian & Pakistani food products are served. **266 Yaohong Lu, by Hongsong Dong Lu, Minhang district, (2428 3400) Mon-Sat 9:30am-9:30pm, Sunday 2-7pm 闵行区姚虹路 266 号, 近虹松东路**

## GLOBAL CUISINE

**Morton's of Chicago restaurants** All Morton's of Chicago restaurants serve the best available aged grain-fed beef, as well as fresh fish, Maine lobster, lamb chops and chicken mains. The menus offer generous portions of beef, including a 48-ounce (1,300g) Porterhouse, a 20-ounce (550g) New York Sirloin, and a 12-ounce (340g) Double Cut Filet. Morton's restaurants are equally renowned for their extensive award-winning wine lists. The fully stocked bar also offers top-shelf spirits, domestic and imported beers and creative cocktails, such as their signature 'MORTINIS'. **Shop 15-16, 4/F, Shanghai IFC Mall, 8 Shiji Dadao, by Yincheng Zhong Lu (6075 8888) 世纪大道 8 号 4 楼 15-16 号店, 近银城中路**

**Pelham's** Named after Sir Pelham Warren, the former British Consul General who launched the exclusive Shanghai Club for gentlemen in 1910, this restaurant at Bund 2 is a signature modern destination featuring global cuisine with Asian flavor. Surrounded by the stately heritage ambience of Waldorf Astoria Shanghai on the Bund, the restaurant emanates warmth, intimacy and elegance without being overly formal. **1/F, 2 Zhongshan Dong Yi Lu, Waldorf Astoria Club Lobby Level, by Yan'an Dong Lu (6322 9988). 5:30-10pm. 中山东一路 2 号 华尔道夫会所大堂楼层, 近延安东路**

**The Chop Chop Club | UNICO Shanghai.** The Chop Chop Club is the restaurant by world renowned chef Paul Pairet for UNICO Shanghai. Product driven, boldly essentialist and borderline primitive, it is a casual take by Pairet on global and honest home cooking. **Every day from 6pm until 7:30pm, The Happy Early Bird promotion gets you 50 percent off on an extensive selection of drinks. Dinner: Everyday 6-11pm. Three on the Bund, 2/F, 17 Guangdong Lu, by Zhongshan Dong Yi Lu (5308 5399) booking@unico.cn.com, www.unicoshanghai.com 广东路 17 号外滩 3 号 2 楼, 近中山东一路**

## ITALIAN

**Acqua** offers an inspired menu that captures the spirit of Italian dining. The open kitchen and oven are a focal point of the restaurant's dining experience. Guests will also enjoy the large indoor aquarium and stunning views over the Huangpu River. **With daily lunch and dinner service, Acqua is always a good choice to enjoy a delicious meal.**

(3867 9192) Lunch: 11.30am -2.30pm; Dinner: 6-10.30pm. 2/F, Grand Kempinski Hotel, 1288 Lujiazui Huan Lu, by Baibu Jie 陆家嘴环路 1288 号上海凯宾斯基大酒店 2 楼, 近百步街

**Camelia** Offering a range of authentic Italian dishes perfect for all occasions like a business lunch or a gathering with friends and family, at the Four Seasons Hotel Pudong's Camelia, you can experience what the Italians call 'la dolce vita.' Lunch: 11.30am-2.30pm; Dinner: 5.30-10pm. (2036 1300). 1/F, Four Seasons Hotel Pudong, Shanghai, 210 Shiji Dadao, by Lujiazui Huan Lu. 世纪大道 210 号上海浦东四季酒店一楼, 近陆家嘴环路

**VA BENE** in Shanghai is a modern Italian restaurant with new designed dining environment and extraordinary Italian food that combines tradition and innovation. 1/F, No 7, Lane 181 Taicang Lu, by Huangpi Nan Lu 11am-midnight 太仓路 181 弄新天地北里 7 号楼一层, 近黄陂南路

**GAIA2** is known of its authentic Italian food. With adorable mosaic desks, red and black chairs and unique glasses, GAIA 2 is truly an art space Room 605 & 613 on 6/F & Room 703 on 7/F, 999 Huaihai Zhong Lu, by Shaanxi Nan Lu 11am-10pm 淮海中路 999 号环贸广场 L6-605, 613, L7-703, 近陕西南路

**ISOLA** means "little island" in Italian, which expresses a rich marine culture in Mediterranean sea around Italy and was inspired by original Italian food. Room 17, 4/F, 8 Shiji Dadao, by Lujiazui Huan Lu lunch: 11.30am-2.30pm, afternoon tea: 3-5pm; dinner: 6-10.30pm 世纪大道 8 号上海国金中心 L4 楼 17 号铺, 近陆家嘴环路

## JAPANESE

**Gintei Teppanyaki Sushi Restaurant** Gintei has been serving traditional and authentic Japanese dishes with seasonal ingredients prepared in unique, simple, and attentive ways since 2002. Come and enjoy the finest sashimi, sushi and teppanyaki in town and we hope to serve you the best. 75 Nanhui Lu, by Beijing Xi Lu (6218 1932) Mon-Sat 11.30am-2pm; 5.30pm-10pm 南汇路 75 号, 近北京西路



**Nikutei** Calling all meat lovers! Purveyors of delicious yakinku, Nikutei Watami has landed in Shanghai. Watami Group first launched Nikutei in Taiwan where they developed quite a following for their Japanese beef dishes. Head over to Daning International Commercial Plaza and taste everything from the delicious sukiyaki to thinly sliced barbecued steaks. The restaurant also makes a show stopping donburi, which piles meat on rice in the shape of Mount Fuji. 3/F, Block 6, Daning International Commercial Plaza, 1918 Gonghexin Lu, by Daning Lu (6107 5390). 共和新路 1918 号大宁国际商业广场 6 座 3 楼, 近大宁路

**HIYA** A Jason Atherton concept, the restaurant takes cues from the chef's London restaurant, Sosharu, and serves a Japanese izakaya-inspired menu in a slick, sophisticated and glamorous setting fit for Shanghai's elite. Open daily, 27/F, Main Building, The Shanghai EDITION, 199 Nanjing Dong Lu, by Jiangxi Zhong Lu (5368 9531). 11.30am-2.30pm, 5.30-11pm. 南京东路 199 号上海艾迪逊酒店主楼 27 楼, 近江西中路

**KOI** KOI will light up your senses by sizzling Teppanyaki, fresh Sashimi, Sushi, BBQ and Sake. Reasonable-priced business lunch sets also available. 2/F, InterContinental Shanghai Puxi, 500 Hengfeng Lu, by Tianmu Xi Lu (5253 9999-6326, www.intercontinental.com) Mon-Fri 11.30am-2.30pm; 5.30-10pm 上海浦西洲际酒店 2 楼, 恒丰路 500 号, 近天目西路

**HE Japanese Restaurant** Tokyo-native head chef introduces authentic Japanese cuisine using only jet-fresh imported ingredients in sophisticated cooking methods and time-honored craftsmanship. Daily 5.30-10.30pm. RMB1088/1538/1888. 5/F, Wanda Reign on the Bund, 538 Zhong Shan Dong Er Lu, by Longtan Lu (5368 8882) 中山东二路 538 号, 近龙潭路

**Miyabi Japanese Restaurant & Sky Bar** Nestled on the 37th floor boasting a stunning night view of the Bund and Lujiazui area, Miyabi Japanese

restaurant sees open teppanyaki stations and exquisite Japanese cuisines in a friendly and relaxed atmosphere. A guest DJ plays live lounge music every night from Tuesday to Saturday, making Miyabi a perfect choice to enjoy the night over a cocktail or a Japanese whisky. 37/F, Sheraton Shanghai Hongkou Hotel, 59 Siping Lu, by Hailun Lu (2601 0088, sheraton.com/shanghaihongkou) 5.30-10.30pm 四平路 59 号虹口喜来登酒店 37 楼, 近海伦路

**Nadaman** At Nadaman Japanese Restaurant, contemporary design meets exceptional cuisine. The traditional Japanese kaiseki cuisine is Nadaman's signature set menu. It reflects the best of seasonal produce and fresh ingredients, artistically presented, both in food and in the choice of unique décor. The efficient simplicity is complemented by professional and courteous service while the atmosphere is redolent with the cultivation of over 180 years of Japanese hospitality. Master Chef Takayuki Oshima, Nadaman Group Executive Chef, presents exclusive kaiseki menu at RMB880 per person from July 3-9. The price is subject to 10 per cent service charge and 6% value-added tax. (2828 6888) Lunch: 11.30am-2.30pm; Dinner: 5.30-10pm (fbreservations.slp@shangri-la.com, www.shangri-la.com/shanghai/pudongshangrila) 2/F Grand Tower, Pudong Shangri-La, 33 Fucheng Lu, by Lujiazui Huan Lu 富城路 33 号, 近陆家嘴环路

**The House Of Flame** With Sashimi, Teppanyaki and The chafing dish of seafood. We are committed to finding the world's top food ingredients, and we are trying to present our customers with an exclusive feast. Lunch: Daily 11.30am-14.30pm; Afternoon tea: Daily 14:00 pm -16:30 pm; Dinner: Daily 17:30 pm -21:30pm. Unit 3013, 3/F, 2879 Longteng Dadao. 龙腾大道 2879 号百汇园商业楼 3 楼 3013 单元。

**Takumi Robotayaki & Sake** In this authentic Japanese restaurant, you'll see skilled Japanese robotayaki chefs grill seasonal fish, meat and vegetables over open coal fire with Japanese sake-cuisine pairings served. Wifi available. 1) L4-22, ifc mall, 8 Shiji Dadao, by Yincheng Zhong Lu (5011 1677). Daily 11.30am-2.30pm, 5.30-10.20pm. N3-14, Jing An Kerry Centre, 1515 Nanjing Xi Lu, by Anyi Lu (6259 5177). Daily 11.30am-2.30pm, 5.30-10pm. 2) 世纪大道 8 号 ifc 国金中心 4 楼, 近银城中路 2) 南京西路 1515 号静安嘉里中心北区 3 楼, 近安义路

**TSURU Japanese Restaurant** TSURU features classic Japanese Kaiseki cuisine. The interior decoration, inspired by the traditions and culture of Japan, contrasts reds, chocolates and pine hues as its main color. Chef Masami Honda has 50 years of experience in Japanese cuisine. Open Hour: Lunch from 11.30am to 2.30pm; Dinner from 6pm to 10pm. (86 21) 2203 8889. 2/F, Jing An Shangri-La, West Shanghai, 1218 Yan'an Zhong, by Tongren Lu. 静安香格里拉大酒店二楼, 延安中路 1218 号, 近铜仁路。

**Sakitori Japanese Restaurant** The newly renovated Japanese restaurant with four private dining rooms is where guests get to indulge themselves in authentic Japanese cuisine complemented with a variety of sake. Chef Hideki Kamata with over 22 years of culinary experience is well versed in traditional Kaiseki cuisine, Teppanyaki and Sushi. 2/F, JW Marriott Hotel Shanghai Changfeng Park, 158 Daduhe Lu, by Guangfu Xi Lu (2215 6250) 上海新发展亚太 JW 万豪酒店 2 楼, 大渡河路 158 号, 近光复西路

**Oeodo Japanese Restaurant** Serving authentic and high quality Japanese cuisine on an extensive menu since opened in 1995, they've introduced consultant Mr. Yoshida-san from Hyogo for traditional Japanese cooking. Daily lunch: 11.30am-2pm (last order 1.30pm), dinner: 5.30pm-10pm (last order 9.30pm). 1) Room 104E, Lujiazui Investment Tower, 366 Pudian Lu, by Dongfang Lu (6841 6377) 2) L3-E03, 150 Hubin Lu, by Ji'an Lu 1) 浦电路 366 号, 近东方路 2) 湖滨路 150 号 L3-E03, 近济南路

**Sazanka** Traditional Japanese Teppanyaki recommended by Michelin Guide "Taste of Okura" - Combination of Rigid Selection of Seasonal Ingredients and Top Chef. Okura Garden Hotel Shanghai, 58 Mao Ming Nan Lu, by Changle Lu (6415 1111-5211) 花园饭店, 茂名南路 58 号, 近长乐路

## MEDITERRANEAN

**Calypso Restaurant & Lounge** The Calypso. Located in the hotel's piazza, the eye-catching two-storey bamboo-clad glass-roof building brings Mediterranean cuisine to the doorstep of guests and residents. Roof terrace also available. This is topped off with DJ music, creating the epitome of a relaxed ambience. Restaurant Open Hour: 11am to 11pm; Terrace Lounge Open Hour: Non-Winter Season (Mar - Nov) 2.30pm to 1am (Mon - Thurs); 2.30pm to 1.30am (Fri & Sat); 12pm to 1am (Sun). Winter Season (Dec

## OPEN DOOR



## BLADESMAN

### A Modern Gentlemen's Club at Jian Ye Li

Built during the early 20th century, Jian Ye Li is a tradition lilong neighborhood with shikumen style lanehouses. Over the past decade, the compound has undergone major renovations while retaining the buildings' original façade, and is now home to the Capella Hotel and a selection of lifestyle boutiques.

Located inside the now rejuvenated complex is Bladesman, a high-end all-in-one tailored menswear, grooming and cigar bar concept. Spanning over three floors like a classic lanehouse, the ground level features bespoke services by a Hong Kong tailor, where he creates suits and other menswear items from high-end material imported from around the world.

The second floor's bar is all about indulging in whiskies and cigars in a classic Mad Men-style lounge with leather armchairs. One floor above, there's a VIP area perfect for private meetings or enjoying a movie. Meanwhile, the basement features more menswear items, a traditional gentlemen's barbershop and a semi-outdoor bar.

With luxury, hospitality and style at the heart of their concept, Bladesman is the perfect hangout spot for today's posh men.

> No. 3, Lane 468 Jianguo Xi Lu, by Yueyang Lu 建国西路468弄3号, 近岳阳路 (181 1636 4058)



LISTINGS

- Feb) 2.30pm to 11pm (Mon - Thurs), 2.30pm to 12midnight (Fri & Sat), 12pm to 11pm(Sun). (86 21) 2203 8889. Jing An Kerry Centre Piazza, 1218 Middle Yan'an Road, Jing An Kerry Centre on West Nanjing Road, Shanghai. 延安中路 1218 号 南京西路静安嘉里中心南区广场

**Chelae:** Chelae is a modern seafood bistro where elegance meets authenticity.

Chelae has three different dining areas all with their own personality, aiming to create a casual sophistication, cozy elegance and laid-back luxury atmosphere.

Presenting a wide range of both local and imported quality products featuring fresh seafood with a focus on crabs and charcoal oven cooking premium meat, Chelae serves a globally-inspired sophisticated Cuisine including Mediterranean, French, and more. 2:30-11pm daily. 2/F, No.18, Lane 217 Maoming Bei Lu, by Nanjing Xi Lu 2/F, No.9, Lane 229 Maoming Bei Lu, by Nanjing Xi Lu (5255 6865) 丰盛里 茂名北路 217 弄 18 号 2 楼, 229 弄 9 号 2 楼 (5255 6865)

**Thought For Food** is the flagship restaurant inside The Living Room by Octave, open daily for breakfast, lunch, dinner and Sunday brunch serving tasting menus, sharing plates and quick meals that all feature responsibly and honestly sourced ingredients. Vegetables are sourced from certified organic farms and their own rooftop garden - fully traceable to ensure safety and quality to the table. The poultry, pork and seafood are carefully selected from free range sources that are certified and traceable. Daily 7am-10pm; Sunday brunch 11am-3pm. Former French Concessions > 357 Jianguo Xi Lu, by Taiyuan Lu (3338 4660) thoughtforfood@livingoctave.com. www.livingoctave.com 建国西路 357 号, 近太原路

MODERN

**NEW LOCATION!**  
**thespot**  
BAR & RESTAURANT  
#255 Tongren Rd, Nanjing West Rd, Shanghai, China  
铜仁路 255 号 靠近南京西路  
Tel: +86 21 6247 3579 FAX: +86 21 6289 0098  
EMAIL: info@thespot.com.cn WEBSITE: www.thespot.com.cn

**The Spot Bar & Restaurant** Since opened in Sep 2006, the Spot Bar and Restaurant has been home of many expats away from home. The menu introduces delicious food items as well as the Spot's signature dishes at reasonable prices. With a warm atmosphere, it's an exciting place where you get to meet friendly people. 255 Tongren Lu, by Nanjing Lu (www.thespot.com.cn) 铜仁路 255 号, 近南京路

PIZZA

**PizzaExpress** 1) 380 Huangpi Nan Lu, by Xingye Lu (5383 3999) Sun-Thurs: 11.30am-11pm; Fri & Sat: 11am-11pm info@pizzamarzano.cn www.pizzamarzano.cn 2) Suite 107, Shanghai Center, 1376 Nanjing Xi Lu, by Xikang Lu (6289 8733) Daily 11am-11pm info@pizzamarzano.cn 3) No.1, Unit 111, 570 Yong Jia Lu, by Yue Yang Lu (6467 8898) Sun-Thurs: 12-11pm; Fri&Sat: 11am-11pm info@pizzamarzano.cn 4) 507B/C, 5/F Grand Gateway, 1 Hongqiao Lu, by Huashan Lu (6447 8880) Daily 10am-10pm info@pizzamarzano.cn 5) Unit 403, 4/F, K11 Art Mall, 300 Huaihai Zhong Lu, by Huangpi Nan Lu 1) 黄陂南路 360 号, 近兴业路 2) 南京西路 1376 号上海商城西峰 107 号, 近西康路 3) 永嘉路 570 号 111 单元 1 号楼, 近岳阳路 4) 虹桥路 1 号港汇广场 5 层 507B/C, 近华山路 5) 淮海中路 300 号 K11 购物艺术中心 403 号铺, 近黄陂南路

STEAKHOUSES

**CHAR Dining** This modern steakhouse has position itself as a destination for premium quality Australian beef and sea food products. Its spectacular bund views, urban interior design, and International recognized Chef Willmer Colmenares has made this location a "must try" dining destination in the city. The menu presents classics with a twist; Boasting one of the largest steak selection available in Shanghai. Starting from their grass fed products from Tasmania, to their grain fed 250days tomahawk or their selection of Wagyu products. Including the award winning Blackmore full blood Wagyu 9+ recognized as one of the best in the market.

29-31F Hotel Indigo Shanghai on the bund, 585 Zhongshan Dong Er Lu, by Dongmen Lu (3302 9995), 5:30pm until late, kitchen close at 10:30pm. Bar, 17:00pm-late. www.char-thebund.com 中山东二路 585 号 29-31 楼, 近东门路

**JW's California Grill** Located on the 40th floor above Shanghai's stunning skyline, the relaxed and classy setting offers refined lifestyle dining with seasonal, market fresh cuisine using premium products cooked to perfection. Discover sophisticated chef-crafted cuisine in the main area or enjoy exclusivity in the private room among friends or business partners. 40/F, JW Marriott Hotel Shanghai Tomorrow Square, 399 Nanjing Xi Lu, by Huangpi Nan Lu (5359 4969, www.jwmarriottshanghai.com) 上海明天广场 JW 万豪酒店 40 楼, 南京西路 399 号, 近黄陂北路

**Morton's Steak and Seafood Grille** In addition to the finest grain-fed wet aged beef for which the classic steakhouse is known around the world, this new concept for Morton's focuses on premium oysters including a rotating selection of fresh oysters from the United States, France, Australia and New Zealand. An extensive selection of generous seafood mains on the menu showcase pan-Asian influences. As always, there are also many side dishes and indulgent desserts, plus a sophisticated menu of fine wines, spirits and cocktails. L4-403, iapm Mall, 999 Huaihai Zhong Lu, by Shaanxi Nan Lu (6067 7888) 淮海中路 999 号, 近陕西南路

**The 1515 WEST Chophouse & Bar** Meat lovers will be delighted by the restaurant's generous portioning philosophy. The house butcher presents signature prime cuts which are cut and weighed on an old-fashioned scale on the table and sent straight to the grill. Restaurant Open Hour: Lunch from 11.30am to 2.30pm; Dinner from 6pm to 10.30pm. (86 21) 2203 8889, 4/F, Jing An Shangri-La, West Shanghai, 1218 Yan'an Zhong, by Tongren Lu. 静安香格里拉大酒店四楼, 延安中路 1218 号, 近铜仁路

**The Grill** With a central grill, rotisserie and a large built-in marble displaying the freshest seafood, it is a contemporary and colorful venue for guests in search of the freshest seafood and succulent prime grade meats grilled right in front of them in the open kitchen. 56/F Jin Mao Tower, Grand Hyatt Shanghai, 88 Shiji Dadao, by Dongtai Lu (5047 1234) Lunch: Daily 11.30am-2.30pm; Dinner: Daily 5.30-10.30pm 世纪大道 88 号金茂悦大酒店 56 楼, 近东泰路

SPANISH

**Albero** Enjoy Albero's innovative Spanish tapas menu, ideal for sharing with friends in a relaxed atmosphere. The restaurant is decorated in an Andalusian style with sedimentary rock from the Huangpu River. (3867 9196) Lunch: 12pm-3pm; Dinner: 6-10pm. 2/F, Grand Kempinski Hotel, 1288 Lujiazui Huan Lu, by Baibu Jie 陆家嘴环路 1288 号上海凯宾斯基大酒店 2 楼, 近百步街

**COLCA** COLCA is the latest restaurant of celebrity chef & serial restaurateur Eduardo Vargas. This time he cooks food of his heritage: Peruvian. COLCA is a restaurant & bar specializing in seafood and grilled meats. It also features the first Pisco Bar in China with a wide range of pisco cocktails. Tucked into a new complex at Hengshan Lu, the restaurant boasts high-ceilinged interiors and a beautiful outdoor terrace. Dinner: Tue-Sun 5.30pm-1am; Weekend Brunch: 11am-4pm, close on Monday. Rm2201, 2/F, 199 Hengshan Lu, by Yongjia Lu (5401 5366) 衡山路 199 号 2 楼 2201, 近永嘉路

**Pintox** Numbers of meats and seafood are imported from Spain to ensure the most authentic Spanish cuisine for every customer. In addition to the excellent quality of raw materials, the process is made simple and fast in the stylish minimalist restaurant.

Pudong Kerry: 1378 Huamu Lu, Room B104, Kerry Centre, by Fangdian Lu (5858 0617) 2) Jingan Kerry: 1515 Nanjing Xi Lu, B1, Room 10, Jing'an Kerry Centre, by Changde Lu (6173 7983)

1) 花木路 1378 号嘉里中心 B104, 近芳甸路 2) 南京西路 1515 号静安嘉里中心 B1 楼 10 室, 近常德路

**Tapas & Lounge** The food at Azul is created by Eduardo Vargas, mixed with Spanish and Mediterranean cuisine. During the last 14 years, the cuisine has been diversified with flavors, herbs, and great quality of ingredients, making Azul until today one of the best Latin-Mediterranean restaurants in Shanghai. 8/F, Ferguson Lane, 378 Wukang Lu, by Tai'an Lu (5405 2252) 武康路 378 号武康庭 8 楼, 近泰安路

SPECIALITY FOOD SHOPS

**Green & Safe** With an organic farm in Kunshan, this organic store provides daily delivered

vegetables and a variety of local and imported organic goods, such as organic extra virgin olive oil, white and red balsamic vinegar, organic pasta, museli and more. 1) 6 Dongping Lu, by Hengshan Lu 5465 1288, 1/F: 8am-10pm; 2/F: 6.30pm-12am 2) 2) 4/F, 1438 Hongqiao Lu, by Hongbaoshi Lu 10am-9.30pm 3) 4/F, 1601 Nanjing Xi Lu (6258 8777) 1) 东平路 6 号, 近衡山路 2) 虹桥路 1438 号 4 楼, 近红宝石路 3) 南京西路 1601 号 4 楼 B 区

**FIELDS China** A premier online grocery store based in Shanghai who provides healthy and safe options for all your grocery needs, including vegetables, fruits, meat & poultry, fish & seafood, dairies, bakeries and personal care products. Seasonal produce and ready-to-serve dishes are also available. With same day delivery on orders in Shanghai, FIELDS makes it convenient and affordable for you to have healthy and safe organic, imported food items in China. 400-021-0339, www.fieldschina.com, cs@fieldschina.com.

**SUPERMARKET**  
UNIQUE GOURMET  
LIFESTYLE EXPERIENCE  
city'super

**city'super** is a mega lifestyle specialty store, dedicated to serving people who enjoy the finer things in life. Their shops feature an extraordinary 'Super Life' experience delivered through an extensive merchandise selection, comfortable environment and professional services.

At city'super, you can find everything you need in the store, from fine wines to seasonal ingredients, from Italian pasta to freshly imported European oysters. Moreover, add-on services like Creative Recipe, Video Demonstration, Food Tasting and Package & Delivery will allow you to make the most of your time there.

1) LG2, Shanghai ifc Mall, 8 Shiji Dadao, by Lujiazui Huan Lu 2) B1, Shanghai Times Square, 99 Huaihai Zhong Lu, by Xizang Nan Lu 3) LG1, iapm Mall 999 Huaihai Zhong Lu, by Xiangyang Nan Lu 4) LG2, HKRI Taikoo Hui, 789 Nanjing Xi Lu, by Shimen Yi Lu 5) (E)B1, Raffles City Changning, 1139 Changning Lu, by Kaixuan Lu (400-653-8820, www.citysuper.com.cn) 1) 世纪大道 8 号上海 ifc 国金中心地下二层, 近陆家嘴环路 2) 淮海中路 99 号大上海时代广场地下一层, 近西藏南路 3) 淮海中路 999 号 iapm 地下一层, 近襄阳南路 4) 南京西路 789 号兴业太古汇地下二层, 近石门一路 5) 长宁路 1139 号长宁来福士东区地下一层, 近凯旋路

THAI

**Coconut Paradise** This cozy, Modern-Thai style house offers casual dining with lots of attention to southeast Asian detail with soft light, Dark teak wood and a faint hint of incense. The spicy beef lettuce wraps sprinkled with fresh mint make a perfect starter for the shrimp Pad Thai, also have the best curry cuisine. 1) 38 Fumin Lu, by Yan'an Zhong Lu (6248 1998) 2) 2/F, 378 Wukang Lu, by Hunan Lu (5424 5886) Daily 11.30am-2pm; 5.30-9.30pm coconutparadise38@gmail.com www.lostheaven.com.cn/main.html 1) 富民路 38 号, 近延安中路 2) 武康路 378 号 2 楼, 近湖南路

**Greyhound Café** focuses on innovation of a trendy dining experience and fine culinary skills. Having turned into a modern Thailand restaurant, it provides authentic yet traditional Thai cuisine in a fine-dining environment. 1) Room5, 1/F, Jing'an Kerry Center, 1515 Nanjing Xi Lu, by Changde Lu 11am-10pm 2) Room 503 5/F, 999 Huaihai Zhong Lu, by Shaanxi Nan Lu 11am-10pm 3) 02A, 1/F, 22,3 Xintiandi Belii, Lane 181 Taicang Lu, by Huangpi Nan Lu 11am-11pm (Sun-Thu) 11am-2am (Fri-Sat) 1) 南京西路 1515 号静安嘉里中心南区 1 层 05 号, 近常德路 2) 淮海中路 999 号环贸 iapm 商场 L5-503 室, 近陕西南路 3) 太仓路 181 弄上海新天地北里 22,23 号 1 层 02A 单元, 近黄陂南路

VIETNAMESE

**Pho Store** Owned by an Australian Vietnamese, the Pho Store offers Vietnamese street-flavor phos in a cozy and trendy environment. 118 Xikang Lu, by Nanyang Lu daily 11am-10pm (6215 5534) 西藏路 118 号, 近南阳路

**PHO REAL**

**Pho Real** Some of Shanghai's finest pho and Bang mi, with high-quality ingredients and a young, hip environment. 1) 166 Fumin Lu, by Changde Lu (5403 8110) Mon-Fri: 11am -2 pm, 5.30pm -10pm; weekends: 11am -10pm 2) 1465 Fluxing Zhong Lu by Huaihai Zhong Lu (6437 2222) Mon-Fri: 11am -2.30pm, 5.30pm -10pm; weekends: 11am -10pm 3) Kerry Centre Store, Kerry Centre SB1-12, 1515 Nanjing Xi Lu, by Changde Lu (6299 1827) Daily 11am-10pm 4) 1-L206, The Place, 100 Zunyi Lu, by Tiانشan Lu 11am-10pm (5291 0907) www.phorealgroup.cn 5) Hongkong Plaza, S2-11 Hongkong Plaza, 283 Huaihai Zhong Lu, by Huangpi Nan Lu (6313 8927) 11am-10pm 6) S07, 4/F, Takashimaya Department Store, 1438 Hongqiao Lu, by Manao Lu (6278 3277) 10am-21.30pm 1) 富民路 166 号, 近长乐路 2) 复兴中路 1465 号, 近淮海中路 3) 南京西路 1515 号嘉里中心 SB1-12, 近常德路 4) 虹桥南丰城南区 1 期 -L206, 遵义路 100 号, 近天山路 5) 淮海中路 283 号, 香港广场南区 2-11 室, 近黄陂南路 6) 虹桥路 1438 号高岛屋商场 4 楼 07 室 近玛瑙路

NIGHTLIFE BARS

**Jenny's Blue Bar** Second home to hordes of blokes who regularly stop by for a drink or a home-made snack. A free foosball table, classic rock and a big screen showing ESPN and Star Sports channels. 7 Donghu Lu, by Huaihai Zhong Lu (6415 7019) Daily 1pm-2am jennysbar@hotmail.com www.jenny-shanghai.com 东湖路 7 号, 近淮海中路 142 号, 近南京西路

**Logan's Punch** Cashing in on its slogan of being 'China's first punch bar,' Logan's Punch has enjoyed widespread popularity since opening in 2014. Expect a range of well-made craft cocktails, sipped alongside a hip crowd of young expats and locals. Mon-Thu, 6pm-2am; Fri-Sat, 1pm-late. 2/F, 99 Taixing Lu, by Nanjing Xi Lu (6248 5928) 上海市静安区泰兴路 99 号 2 楼, 近南京路

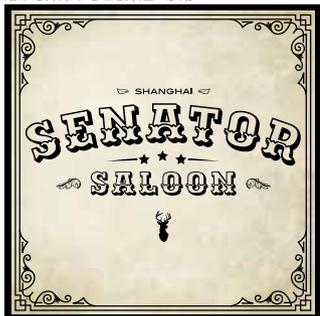
**POP Bar** influenced by the playfulness, art deco highlights and tropical vibe of cosmopolitan Miami, is a fun and elegant rooftop lounge to enjoy afternoons and nights in good company and funky music. Opening Sunday to Friday from 2:00pm till late; Saturday from 1:00pm till late. 7/F, 3 Zhong Shan Dong Yi Lu, by Guangdong Lu (6321 0909) www.threethumb.com 中山东一路 3 号 7 楼, 近广东路

**Judy's**  
Since 1993

**Judy's** Established in 1993, Judy's is the longest running party venue in Shanghai! Have a few drinks, settle on the vibrant party atmosphere and enjoy the house band. Enjoy dancing the night away seven days a week with your favorite party rocking music. Food is available all day until wee hours. 331 Tongren Lu, by Beijing Xi Lu (6289 3715) Daily 11am-late www.judysco.com.cn 铜仁路 331 号, 近北京西路

**UNICO** Shanghai. Launched in 2012 UNICO Shanghai quickly became one of Shanghai's favorite dining and nightlife destinations. Occupying the second floor of the heritage structure Three on the Bund, it boasts stunning views and stylish interiors. Welcoming guests at night with an extensive selection of cocktails and a carefully curated music list with a latin flair. Live music bands and internationally acclaimed DJs play there regularly. Every day 6pm until late, 3 Zhongshan Dong Yi Lu, Three on The Bund, 2/

F, by Guangdong Lu (021-5308 5399; booking@unico.cn.com; www.unicoshanghai.com) 中山东一路3号外滩3号2楼, 近广东路



**Senator Saloon** Senator Saloon has the largest selection of Bourbon and Rye in Shanghai.

Cocktails are carefully crafted. The atmosphere is intimate with velvet flock wallpapers and artisan tin ceilings. Popular bar snacks include Mac and Cheese, Pork Belly Sliders, and Chicken Pot Pie. 98 Wuyuan Lu, by Wulumuqi Zhong Lu (5423 1330) 五原路98号, 近乌鲁木齐中路

## CLUBS

**Bar Rouge** The go-to spot for Shanghai's glitterati, this chic lounge offers expertly mixed cocktails, the latest electro beats and one of the best views on the Bund. 7/F, 18 Zhongshan Dong Yi Lu, by Nanjing Dong Lu (6339 1199) Sun-Wed: 6pm-3am; Thu-Sat: 6pm-late www.bar-rouge-shanghai.com 中山东一路18号7楼, 近南京东路

**Club Room** This gentleman's club-inspired lounge area at The Shanghai EDITION exudes a sense of warmth and exclusivity. The sophisticated venue features two indulgent lounge areas, a nine-seater bar, as well as a screening room and a karaoke room. 5F, Heritage Building, The Shanghai EDITION, 199 Nanjing Dong Lu, by Jiangxi Zhong Lu (5368 9571). 5pm-2am. 南京东路199号 上海艾迪逊酒店辅楼5楼, 近江西中路

**Electric Circus** This club and VIP lounge for Shanghai takes a cue from the Studio 54 tradition with its dramatic lighting, other-worldly interior and signature EDITION cocktail mixology program. Electric Circus will play host to some of the world's top DJs and performers, and is destined to become a must-visit venue in the Shanghai nightlife scene. 7F, Heritage Building, The Shanghai EDITION, 199 Nanjing Dong Lu, by Jiangxi Zhong Lu (5368 9551). Fri-Sat 10pm-5am. 南京东路199号 上海艾迪逊酒店辅楼7楼, 近江西中路

**MINT** Winner of 2009 Readers' Choice Award for "Club of the Year". Join the posh and the poser alike in this quasi exclusive nightclub, where a chic dining room offering up superb Asian inspired fusion and grilled fare are a.s.p available. 24/F, 318 Fuzhou Lu, by Hankou Lu (6391 2811) Lunch: Mon-Fri 11:30am-2:30pm; Dinner: Mon-Sat 6-11pm; Club: Wed-Sat 9:30pm-late bookings@mintglobal.com www.mintglobal.com 福州路318号高跨大厦24层, 近汉口路

**MYST** Daily 9:30pm-late 1123 Yanan Zhong Lu, by Fumin Lu (64379999) 延安中路1123号, 近富民路

**RuiKu Champagne Lounge** Located on the rooftop with a big terrace, RuiKu Champagne Lounge boasts a stunning view where patrons get to sip enticing cocktails while swinging with world-famous DJs Daily 10.30pm-Midnight. 21/F, Wanda Reign on the Bund, 538 Zhong Shan Dong Er Lu, by Longtan Lu (5368 8882) 中山东二路538号, 近龙潭路

## SPORTS BARS

**CAGES:** Combined with American dining, baseball batting cages and over ten other sports in nearly 4,000square meters 'Jing'an' location, CAGES is the spot for you. Whether you are dining with your team or competing for bar game supremacy with your friends, CAGES has you covered. Be sure to contact us about our leagues, including dodgeball, 4v4 soccer, combat archery and more. 9am - 2am daily. Jingan Sports Center, 3/F, 428 Jiangning Lu, by Wuding Lu (3112 2950) 江宁路428号3楼, 近武定路

## HOTEL BARS

**BRU:** Open from afternoon until late, BRU is a gastro pub serving casual comfort food, including rotisserie prime meats, fresh seafood and tapas plates accompanied by a wide selection of beers, wines and cocktails. As the name suggests, beer is the highlight with bottled craft beers from

around the world and eight premium beers on tap. Communal benches and kegs to share are ideal for groups of colleagues and friends. Each evening, a live band enhances the stylish ambiance with contemporary and classic tunes. INTERCONTINENTAL SHANGHAI NECC, 1700 Zhuguang Lu, by Yinggang Dong Lu (National Exhibition Convention Center, Gate 3) (6700 1888-6031) 国家会展中心洲际酒店, 诸光路1700号 国家会展中心3号门, 近盈港东路

**Camelia Bar** Perfect for a casual drink after work with friends and colleagues, the Four Seasons Hotel Pudong's Camelia Bar offers a wide range of whiskeys, wines, champagnes and signature cocktails. The knowledgeable mixologists and bar staff are always on hand to offer recommendations perfect for your palate. 5pm-late. (2036 1300). 1/F, Four Seasons Hotel Pudong, Shanghai, 210 Shiji Dadao, by Lujiuzi Huan Lu. 世纪大道210号上海浦东四季酒店一楼, 近陆家嘴环路

**CHAR bar** Classy cocktails and sophisticated setting, best known for its exquisite 270-degree views over The Bund and Pudong skyline. 30/F, Hotel Indigo Shanghai on the Bund, 585 Zhongshan Dong Er Lu, by Dongmen Lu (3302 9995) Daily 4:30pm-late, www.char-thebund.com 中山东二路585号英迪格酒店30楼, 近东门路

**Cloud 9** Located on Level 87 of Jin Mao Tower, this sky lounge has magnificent views of the entire city, where guests can enjoy a wide collection of creative cocktails, champagnes and Asian Tapas. The floor-to-ceiling glassed double-height section also holds a hide-away mezzanine bar. 87/F Grand Hyatt, Jin Mao Tower, 88 Shiji Dadao, by Dongtai Lu (5049 1234) Mon-Fri 5pm-1am; Sat-Sun 2pm-1am 世纪大道88号金茂大厦87楼, 近东泰路

**Connection 12** Adjacent to the hotel's swimming pool, the stunning rooftop bar opens up to the evening sky and offers breathtaking panoramic views of the city. Guests can soak up the relaxed setting while choosing from a selection of wines, cocktails and light snacks. Tue- Sat: 5pm-1am Level 12, 333 Shenhong Lu, by Suhong Lu (5263 9999) 申虹路333号12层, 虹桥康得思酒店, 近苏虹路

**HU Bar & Lounge** is Shanghai's newest nightlife destination and showcases the Best of Shanghai's Past and Present. HU looks back at the past while embracing the progress and fast-paced evolution Shanghai is known for all while giving its guests towering, iconic and the most amazing views of the city's skyline from all around. 65F / 66F, 789 Nanjing Dong Lu, by Xizang Nan Lu 南京东路789号65-66层, 近西藏南路 http://www.leroyalmeridienshanghai.com/hubar

**Jade on 36 Bar** The ideal venue for sunset cocktails and late night drinks, take in the spectacular views of the iconic Bund and the dazzling Shanghai skyline while sipping martinis and fine wines paired with a selection of gourmet bites. Live DJs and musicians will put you in the mood for indulgence. Martinis take centre stage in the new cocktail menu set to launch in March at Jade on 36. Expect a selection of over 25 curated martinis ranging from light and refreshing to coffee-infused recipes and sweet treats, reimagined with unexpected flavours, alongside a selection of classic cocktails and indulgent nibbles. Happy Hour: Buy-one-get-one-free signature cocktails from 5-7pm daily; Free-flow champagne: Enjoy unlimited champagne every evening from 8-10.30pm at RMB 488++ per person. 36/F Grand Tower, Pudong Shanghai-La, 33 Fucheng Lu, by Lujiuzi Xi Lu 富城路33号浦东香格里拉大酒店紫金楼, 近陆家嘴西路 (6882 3636)

**Jasmine Lounge** The Jasmine Lounge has always been 'the place' to socialize while experiencing the finest tea experience and elegant evening cocktails. A specialty of the Jasmine Lounge is the traditional English style afternoon tea, complete with an extensive selection of teas from different origins, compositions and styles. Saturday Tea Dance experience harks you back to Shanghai's glamorous golden age. Lobby, Fairmont Peace Hotel, 20 Nanjing Road East by Zhong Shan Dong Yi Road (6138 6886) Afternoon Tea Daily 14:00-18:00 南京东路20号, 上海和平饭店大堂, 近中山东一路

**JW Lounge Bar** Popular with high-flyers, this lofty lounge boasts panoramic city views and offers an extensive champagne list, either by the glass or the by bottle. Live music six days a week. 40/F, JW Marriott, 399 Nanjing Xi Lu, by Huangqi Bei Lu (5359 4969-6864) Daily 5pm-2am www.jwmarriottshanghai.com 南京西路399号 JW 万豪酒店40楼, 近黄陂北路

**Lobby Bar** One of the nine bars of The Shanghai EDITION, the design of the Lobby Bar features bespoke plaster relief artwork inspired by carvings typically observed among Shanghai's signature Shikumen housing. 1/F, Main Building, The Shanghai EDITION, 199 Nanjing Dong Lu, by Jiangxi Zhong Lu (5368 9851). 6pm-2am. 南京东路199号 上海艾迪逊酒店主楼1楼, 近江西中路

## OPEN DOOR



## 2018 WORLD SNOOKER SHANGHAI MASTERS

### The Rising Popularity of this British Gentlemen's Sport

The 2018 World Snooker Shanghai Masters Welcome Reception was held at Sun Studio on September 9. The reception was attended by 50 of Shanghai's elite and members of various media outlets.

World-renowned master players Judd Trump, Neil Alexander Robertson, Luca Brecel were also present at the event to show off their brilliant skills and to take photos with the guests. Snooker is a gentlemen's sport from the United Kingdom, and in recent decades, the sport has gradually become more popular in China.

Venue sponsor Sun Chateau offered a great atmosphere for the event, with brilliant band performances and delicious food. By hosting this welcome reception, Sun Chateau hopes to promote snooker among fans in Shanghai.



**Lobby Lounge** With large floor-to-ceiling windows and a crystal chandelier, the Lobby Lounge offers a distinct atmosphere that is perfect for a rendezvous with a wide selection of top and rare whiskeys and fine wines. Daily 8am-midnight, 1/F, Wanda Reign on the Bund, 538 Zhong Shan Dong Er Lu, by Longtan Lu (5368 8882) 中山东二路 538 号, 近龙东路

**Long Bar** Offering a good selection of cocktails, deluxe oysters and premium cigars, legendary Long Bar remains to be a part of the Waldorf Astoria Shanghai on the Bund after architectural restoration. Lobby, 2 Zhongshan Dong Yi Lu, by Guangdong Lu (6322 9988) Mon-Sat 4pm-1am; Sun 2pm-1am 中山东一路 2 号外滩华尔道夫酒店大堂, 近广东路

**Main Bar Ye Lai Xiang** Located in a historic French club, the bar brings back the golden age in Art Deco style. Fancy a taste of Whiskey and Brandy of your own? Pick from the full list and wait for an exclusive glass of cocktail to be served. Okura Garden Hotel Shanghai, 58 Mao Ming Nan Lu, by Changle Lu (6415 1111-5217) 花园饭店, 茂名南路 58 号, 近长东路

**pentalounge** Every Sunday between 11 am to 4 pm, diners at pentalounge at pentahotel shanghai can enjoy a spiced-up lazy brunch with a new menu and free-flow make-your-own Bloody Mary station. RMB148 per person (or RMB128 for those arriving after 2pm). Level 1, 1525 Dingxi Lu, by Yu Yuan Lu (6252 1111 ext. 8100) 定西路 1525 号酒店 1 楼, 近愚园路

**Punch Room** Surrounded by warm, wooden vertical slats, the 35-seat Punch Room provides an intimate and cozy bar lounge atmosphere where guests can enjoy EDITION's renowned sophisticated cocktail program. 28/F, Main Building, The Shanghai EDITION, 199 Nanjing Dong Lu, by Jiangxi Zhong Lu (5368 9540). 2pm-2am. 南京东路 199 号上海艾迪逊酒店主楼 28 楼, 近江西中路

**Red Passion Bar** Experience Shanghai through the lights and energy of the hotel's Red Passion Bar, located on the 30th floor. Take in views of the city while indulging in Royal Mojitos, fine wines and the full bar menu within a relaxed setting. (3867 8888) Hours: 4pm-1am. 2/F, Grand Kempinski Hotel, 1288 Lujiazui Huan Lu, by Baibu Jie 陆家嘴环路 1288 号上海凯宾斯基大酒店 2 楼, 近百步街

**ROOF** Served with panoramic views of Pudong, this open-air lounge area at the rooftop of The Shanghai EDITION offers guests a comfortable and intimate setting where they can enjoy a range of classic and innovative libations made by EDITION's mixologists. 29/F, Main Building, The Shanghai EDITION, 199 Nanjing Dong Lu, by Jiangxi Zhong Lu (5368 9537). 2pm-2am. 南京东路 199 号上海艾迪逊酒店主楼 29 楼, 近江西中路

**Roof Garden** Composed of a patchwork of brick and lawn terraces of different heights, the roof garden is an urban oasis that mixes Chinese greenery with lush, tropical horticulture. The richly planted rooftop features an under-the-stars movie theater, a games area for lawn bowls and croquet, daybed seating, as well as the service of a full bar along with food and snacks. 8/F, Heritage Building, The Shanghai EDITION, 199 Nanjing Dong Lu, by Jiangxi Zhong Lu (5368 9528). 5pm-2am. 南京东路 199 号上海艾迪逊酒店辅楼 8 楼, 近江西中路

**RuiKu Champagne Lounge** Located on the rooftop with a big terrace, RuiKu Champagne Lounge boasts a stunning view where patrons get to sip enticing cocktails while swinging with world-famous DJs Daily 10.30pm-Midnight. 21/F, Wanda Reign on the Bund, 538 Zhong Shan Dong Er Lu, by Longtan Lu (5368 8882) 中山东二路 538 号, 近龙东路

**The Jazz Bar** The only address in China for legendary jazz, the Jazz Bar features the oldest jazz band that has been playing in the Fairmont Peace Hotel since 1980. With its relaxed atmosphere and extensive drink menu, it is the perfect place to unwind with Victor Sassoon's classic cocktails and experience authentic live music. Lobby, Fairmont Peace Hotel, 20 Nanjing Road East by Zhong Shan Dong Yi Road (6138 6886) The Old Jazz Band Daily 18:00-21:45, 21:45-00:30 with the best female vocalist 南京东路 20 号, 上海和平饭店大堂, 近中山东一路

**The 1515 WEST BAR** The Bar provides Champagnes, vermouths, sherries, white wines and a cellar featuring a selection of New World wines and Reds ensure that Wine Sommelier, Jasper Sun always has the best recommendations at hand. Open Hour: 5pm to 1 am (Sun-Thurs) 5pm to 1.30am (Fri & Sat). (86 21) 2203 8889. 4/F, Jing An Shangri-La, West Shanghai, 1218 Yan'an Zhong, by Tongren Lu. 静安香格里拉大酒店四楼, 延安中路 1218 号, 近铜仁路

**YOU BAR** This well-designed whisky and cigar bar has a sleek and stylish vibe and a cozy, down-tempo ambience in which guests can enjoy an extensive selection of whisky-based cocktails,

single malts and cigars. Level 1, 1555 Dingxi Lu, by Yu Yuan Lu (6240 8888 ext. 8160) Happy Hour 5-8pm. 定西路 1555 号巴黎春天新世界酒店 1 楼, 近愚园路

## MIND & BODY HAIRDRESSERS

**Toni and Guy** Celebrating 51 years of fashion, hair and heritage, Toni and Guy is an international brand offering the best and creative hairstyle to suit each client. 1) East Tower 209, Shanghai Centre, 1376 Nanjing Xi Lu, by Xikang Lu 2) 1380 Dingxiang Lu, by Yingchun Lu (5843 3830) 3) Unit F1A-06, B2, Super Brand Mall, 168 Lujiazui Xi Lu, by Lujiazui Huan Lu (5047 2298) 4) 4/F, River Wing, Pudong shangri-La, 33 Fucheng Lu, by Mingshang Lu (2828 6691) 1) 南京西路 1376 号上海商城东峰 209 室, 近西康路 2) 丁香路 1380 号, 近迎春路 3) 陆家嘴西路 168 号正大广场地下二层 F1A-06 室, 近陆家嘴环路 4) 富城路 33 号浦东香格里拉 4 楼, 近名商路

## BEAUTY

**Helen Nail Spa** A long-time favorite among locals and expats alike, Helen Nail Spa is much more than a nail spa; they have a variety of pampering treatments and excellent waxing services. 1) 120 Nanchang Lu, by Yangdang Lu (5383 8957) Daily 10am-10pm 2) No 6, Lane 819 Julu Lu, by Fumin Lu (5403 7802) 3) 70 Shimen Yi Lu, by Dagou Lu (6333 7535). 1) 南昌路 120 号, 近雁荡路 2) 巨鹿路 819 弄 6 号, 近富民路 3) 石门一路 70 号, 近大沽路

## CLINICAL PILATES

**Jiahui Health** Jiahui's experienced physical therapist developed personalized Clinical Pilates courses based on comprehensive assessment of your body status and your specific need. Featured courses are for below problems: functional scoliosis, post-partum rehabilitation, and sport injuries.

**Jiahui Medical Center (Yangpu)**, 1F/2F, Suite 3, 99 Jiangwancheng Lu, by Yingao Dong Lu 江湾城路 99 号 3 号楼 1-2 层, 近殷高东路 (400 868 3000)

## HEALTH SERVICES

### Cosmetic Plastic & Laser Center

## BIOSCOR Shanghai Clinic

Cosmetic Surgery  
Botox & Dermafiller  
Laser Skin Center  
Cosmetic Dentistry

**Bioscor Shanghai Clinic** With over 10 years' experience, Bioscor's team of international doctors and skin specialists are committed to provide you with the best level of service for all your cosmetic needs such as Botox, Filler, Pixel, Cetera, Ulthera, Microdermabrasion, Chemical Peel, Vena Therapy and Cosmetic Surgery. No.5, Lane89 Xingqou Lu, by Hunan Lu (6431 8899) 9am-6pm info@bioscor.com.cn www.bioscor.com.cn. 兴国路 89 弄 5 号, 近湖南路

**DeltaHealth Hospital-Shanghai** is affiliated with innovative healthcare provider DeltaHealth. Focusing on cardiovascular care, the general hospital is designed and built in accordance with joint Commission International (JCI) standards. DeltaHealth Hospital-Shanghai is built to cover the entire Yangtze River Delta. The 200-bed capacity will enable the hospital to better serve patients and their families. Following its inauguration, DeltaHealth Hospital-Shanghai will open its general and cardiovascular outpatient services while accepting appointment requests for cardiac surgeries such as CABG, cardiac valve repair, and certain aortic surgeries. (6015 1313/400 8210 277, www.deltahealth.com.cn, Wechat: DeltaHealth\_CN) 109 Xule Lu, by Zhulu Xi Lu, QingPu District 青浦区徐东路 109 号, 近诸陆西路

**Ethos World** is a comprehensive Dental clinic operated by Australia's largest Orthodontic group with 30 years' experience. Our highly qualified Australian dental professionals use advanced technology and bring world-class dental care with exceptional customer service to China. Ethos World offers general and cosmetic dentistry, orthodontic treatment including Invisalign, dental

implant and paediatric dentistry. Clinics located at Australia & China! GF-01 Tower 3 THE HUB 17 shuhong lu, by Shenchang Lu (6296 8283) Daily: 9am-6pm 虹桥天地 3 号楼 01 层 17 号夹层 01 室, 近申长路

**Global HealthCare Medical & Dental Center - Puxi** Suite 303, Eco City 1788Nanjing Xi Lu, by Wulumuqi Bei Lu (5298 6339, 5298 0593) 南京西路 1788 号 1788 国际中心 303 室, 近乌鲁木齐北路

**Global HealthCare Medical & Dental Center - Pudong** Shop 212, Shanghai World Financial Center, 100 Shiji Dadao, by Lujiazui Huan Lu (6877 5093, 6877 5993) 世纪大道 100 号上海环球金融中心 212 室, 近陆家嘴环路

**Dream Medical Group** Established in 2005, this Shanghai outpost of this Korean cosmetics clinic offers a range of services from skincare to dental care treatments. Operating with international standards, the brand's medical professionals are constantly searching for new technology to upgrade their offerings. Enjoy laser hair removal once with coupon, underarms only. 3/F, Zhongyi Building, 580 Nanjing Xi Lu, by Chengdu Bei Lu www.dreammedical.com.cn TEL/Wechat: 13651969238 南京西路 580 号仲益大厦 A 座 3 楼, 近成都北路 (136 5196 9238)



**Jiahui Health** is China's first foreign-funded "international hospital/clinic/wellness center" healthcare ecosystem operating with international standards. Established in 2009, Jiahui Health is headquartered in Shanghai and enjoys a strategic collaboration with Massachusetts General Hospital. Jiahui encompasses a 500-bed international hospital; a series of satellite clinics offering specialist services from family medicine, internal medicine, surgery, pediatrics, dermatology, ophthalmology, ENT, dentistry, rehabilitation, clinical psychology, day surgery, gastrointestinal endoscopy, CT/MRI imaging diagnostics; and wellness centers focusing on nutrition, body sculpting, sub health management, and mental health management. Jiahui Health covers each major neighborhood of the city, meeting the healthcare and wellness needs of families through a lifetime relationship. Jiahui is devoted to providing international patients with care, quality and convenience, and is regarded by many as their Partner for Life. 1) **Jiahui International Hospital**, 689 Guiping Lu, by Qinjiang Lu 2) **Jiahui Medical Center (Yangpu)**, 1F/2F, Suite 3, 99 Jiangwancheng Lu, by Yingao Dong Lu 3) **Jiahui Clinic (Jing'an)**, Suite 101, 88 Changshu Lu, by Changle Lu 1) 桂平路 689 号, 近钦江路 2) 江湾城路 99 号 3 号楼 1-2 层, 近殷高东路 3) 常熟路 88 号, 近长东路 (400 868 3000)

**ParkwayHealth Medical & Dental Centers**  
24/7 Hotline 6445 5999

1) Mon-Fri, 9am-7pm.  
Sat - Sun, 9am-5pm  
Gleneagles Medical and Surgical Center, Tomorrow Square 4/F, 389 Nanjing Xi Lu  
2) Medical Center  
Mon-Fri, 9am-7pm  
Sat & Sun, 9am-5pm  
Dental Center  
Mon - Sun, 8.30am-7.30pm  
Shanghai Centre Medical & Dental Centers, 203-4 West Retail Plaza, 1376 Nanjing Xi Lu.  
3) Mon-Sat, 9am-7pm  
After Hours Care (Primary Care)  
Mon-Sun, 7pm-9am.  
Specialty and Inpatient Center, 3F, 170 Danshui Lu. (near Xintiandi)  
4) Medical Center  
Mon-Fri, 8.30am-7pm  
Sat & Sun, 9am-5pm  
Dental Center  
Mon-Fri, 8.30am-7pm  
Sat & Sun, 9am-5pm  
Jin Qiao Medical & Dental Center, 997, Biyun Lu, Jin Qiao, Pudong  
5) Mon-Fri, 9am-7pm  
Sat, 9am-5pm  
Jin Mao Tower Medical Center, (Close to Gate 15) 1N01(B) Jin Mao Tower, No.88 Shiji Dadao, Pudong New Area

**Shanghai East International Medical Center** A joint venture general hospital providing a comprehensive range of world-class services including family medicine, vaccinations, pediatrics, obstetrics, gynecology, chiropractic care, tradi-

tional Chinese medicine, psychological counseling, specialty care, surgical services, as well as on-site 24-hour emergency service. also conducts CPR and first aid courses bimonthly in English and Chinese. 150 Jimo Lu (24 hour: 5879-9999 or 150-0019-0899; care@seimc.com.cn; www.seimc.com.cn) 即墨路 150 号

**Shanghai Lanhai Medical Center** Located in the Shanghai World Finance Center's Lanhai Plaza in Pudong, this clinic is furnished with advanced medical imaging equipment and an on-site pharmacy, and offers a comprehensive range of medical outpatient services including health check, GP, internal medicine, stomatology, dermatology, ophthalmology, E.N.T., gynecology, Traditional Chinese Medicine, and mental health. The second phase of the clinic will include facilities and services like oncology, rehabilitation, a 24-hour pediatric specialty clinic, outpatient surgery center, endoscopy center, imaging center, medical cosmetology center, optical center, and other specialist departments. Daily 8am-5pm. (400 820 3999). 533 Lujiazui Huan Lu, by Dongtai Lu. 陆家嘴环路 533 号, 近东泰路

**Shanghai Redleaf International Women and Infants Center; Shanghai Redleaf International Women's Hospital** 8am-5pm, 24/7, 155 Songyuan Lu, by Hongsong Dong Lu 宋园路 155 号, 近红松东路 (6196 3333, www.redleafhospital.com)

**Shanghai Renai Hospital** is the first private hospital in Shanghai. It has over 20 clinical departments with outpatient and inpatient services. Located in city center with convenient transportation, it is influential throughout the East China region and enjoys a high reputation. Free parking available within hospital compound. Specialties: Family medicine, internal medicine, general surgery, gynecology, E.N.T., T.C.M., dental, vaccination and immunization, dermatology, urology, pediatrics, orthopedics, ophthalmology, cosmetic dermatology, plastic surgery etc. Operation Hours: Mon - Sun 9am-5pm. 127 Caoxi Lu (5489 3781, www.renaihospital.com) 漕溪路 127 号

**Shanghai United Family Hospital and Clinics** 1) 1139 Xianxia Lu, by Qingxi Lu (2216 3900, 2216 3999) Mon-Sat: 8.30am-5.30pm 2) Shanghai Racquet Club, Lane 555 Jinfeng Lu, by Baole Lu Mon-Sat 9am-5pm 3) 1/F, area A & B, 525 Hongfeng Lu, by Mingyue Lu (5030 9907) Mon-Sat: 8.30am-5.30pm 4) 8 Quankou Lu, by Linqun Lu Mon-Sat: 8am-5.30pm www.uhf.com.cn 1) 仙霞路 1139 号, 近青溪路 2) 金丰路 555 弄上海网球俱乐部内, 近保乐路 3) 枫桦路 525 号 A&B 区 1 楼, 近明月路 4) 泉口路 8 号, 近林泉路

**Yosemite Clinic** is a comprehensive modern Internal and Day Surgery Center conveniently located a five-minute walk from the Kerry Parkside in Central Pudong. Yosemite Clinic has an expert team of international and Chinese physicians covering a range of specialties, including Family Medicine, Dentistry, Dermatology and Orthopedics, among others, and specializing in minimally invasive surgical procedures. The clinic is equipped with an onsite Lab and CT imaging allowing a more efficient approach to diagnosis and treatment. As a Day Surgery Clinic, Yosemite Clinic has three cutting edge operating rooms and extended observation bed capability. As a physician-owned and managed clinic, Yosemite Clinic's priorities are ensuring the highest standard of medical quality and delivering excellent patient outcomes. Our clinic languages are Chinese, English, Japanese, Korean. 81-1F, 1398 Fangdian Road, Pudong, Shanghai ( Only 5 Minutes Walk From Kerry Parkside ) ; Opening Hour: Monday-Friday 9am-11pm, Saturday-Sunday 9am-5pm; Tel: 4008-500-911; information@yosemiteclinic.com; www.yosemiteclinic.com 上海浦东新区芳甸路 1398 号 B1-1F (Plus 乐坊下沉式广场)

## MASSAGE & SPA



**Dragonfly Shanghai** 1) 2/F, 559 Nanchang Lu, by Shanxi Nan Lu (5456 1318) 2) 206 Ximle Lu, by Fumin Lu (5403 9982) 3) L119, 1378 Huamu Lu, by Fangdian Lu (2025 2308) 4) 193 Jiaozhou Lu, by Xinxin Lu (5213 5778) 5) LG2-47 IFC, 8 Shiji Dadao, by Lujiazui Huan Lu (6878 5008) 6) 616 Biyun Lu, by Yunshan Lu (5835 2118) 8) SB1-

05B, B1 South Retail, Jingan Kerry Centre, 1218 Yan'an Zhong Lu, by Changde Lu (6266 0018) 8)Dragonfly @ LuOne B1-11/12, 268 Xujiahui Road, Huangpu District, Shanghai (6266 2378) Madang Road Station, Metro Line 13 (exit 6). Daily 10:00-24:00 relax@dragonfly.net.cn http://www.dragonfly.net.cn/ 1) 南昌路 559 号 2 楼, 近陕西南路 2) 新东路 206 号, 近富民路 3) 花木路 1378 号 L119, 近芳甸路 4) 胶州路 193 号, 近新闸路 5) 世纪大道 8 号国金中心 LG2-47, 近陆家嘴环路 6) 碧云路 616 号, 近云山路 7) 延安中路 1218 号静安嘉里中心商场南区地下一楼 SB1-05B (25 号商铺), 近常德路 8) 悠庭 @ LuOne 上海黄浦区徐家汇路 268 号 LuOne 凯德晶萃广场 B1 层 11/12 号

**Dragonfly Suzhou @ Harmony City** This chain of contemporary urban retreats offers relaxing massage and beauty services to customers with high expectations. Stepping into an oasis with fusion Asian décor and dim lighting, guests will be surrounded by tranquil sounds, wonderful fragrances and a romantic ambience while they get pampered with signature treatments. (0512-6763 0486) Harmony City Mall, Room 3210, Third Floor, 269 Wangdun Lu, SIP, Suzhou 苏州工业园区旺墩路 269 号圆融星座商场 3 楼 3210

**Little Moment Massage** located near Jing'an Temple, the cost-effective massage offers Chinese massage, aroma oil massage and traditional Chinese cupping. Make appointments by calling 176-2116-0808. 1)172 Yuyuan Lu, by Huashan Lu. 2) 150 Minli Lu by Gonghe Lu. 1) 愚园路 172 号, 近华山路 2) 民立路 150 号, 近共和路

**NIMMAN SPA (Ruihong Branch)** - 188 Ruihong Lu, by Tianhong Lu 瑞虹路 188 号, 近天虹路 (5588 3817)

**Orchid Massage** 1) Huaihai Branch - 216 Jinxian Lu, by Shaanxi Nan Lu 2) Xintiandi Branch - B1-06, 388 Madang Lu, by Hefei Lu 3) Huamu Branch - 1029 Meihua Lu, by Yinxiao Lu 1) 进贤路 216 号, 近陕西南路 (6267 0235); 2) 马当路 388 号地下一层 B1-06, 近合肥路 (6331 3188); 3) 梅花路 1029 号, 近银霄路 (5080 6186)

**Shanghai East International Medical Center**

A joint venture general hospital providing a comprehensive range of world-class services including family medicine, vaccinations, pediatrics, obstetrics, gynecology, chiropractic care, traditional Chinese medicine, psychological counseling, specialty care, surgical services, as well as on-site 24-hour emergency service. also conducts CPR and first aid courses bimonthly in English and Chinese. 150 Jimo Lu (24 hour): 5879-9999 or 150-0019-0899; care@seimc.com.cn; www.seimc.com.cn) 即墨路 150 号

**推油网 -Seven Massage** 宫七 A high-end massage brand that provides door to door service and a variety of body essential oil spa massage in a quiet and private environment. Whether you prefer a pampering spa at home or during your hotel stay, feel free to make appointments by calling 3490 1117 or 6882 1317 or go to their actual stores. Opening hours: 11-1am. Home service hours: 9am-midnight. 1) Pudong: 2302 Zhangyang Lu, by Jingnan Lu (6882 1317, 15221309767) 2) Puxi: 2/F, 1832 Gubei Lu, by Hongsong Dong Lu (3490 1117; 17717447707. www.toyoo7.com) 3) No.441, wuning nan lu, by changshou lu (62097991, 18217764112) 4) 2110, Site2, 218 West Tianmu Lu, by Minli Lu

(52801997, 19921155774) 1) 张杨路 2302 号, 近沿南路 2) 古北路 1832 号 2 楼, 近红松东路 3) 武宁南路 441 号 2 楼, 近长寿路 4) 天目西路 218 号嘉里不夜城 2 座 2110, 近民立路

**The Spa at The Shanghai EDITION** Featuring a total of six treatment rooms and suites, manicure and pedicure services, sauna, an expansive relaxation area with fully equipped bar and a retail boutique, The Spa at The Shanghai EDITION showcases the best wellness and beauty practices, combining authentic Asian treatment traditions with premium therapies, specialized techniques and top-shelf products.. 6/F, Heritage Building, The Shanghai EDITION, 199 Nanjing Dong Lu, by Jiangxi Zhong Lu (5368 9988). 10am-11pm. 南京东路 199 号上海艾迪逊酒店辅楼 6 楼, 近江西中路

**Yu Massage** Step into a tranquil dynamic setting when you cross the threshold of this spa, adorned in antique Chinese-style decorations. Matching the decor, the services are primarily Chinese, offering Chinese massage, aroma oil massage and foot massage. 1) 199 Huangpi Bei Lu, by Renmin Dadao 10am-1:30am (6315 2915) www.yumassage.cn 2) 2/F, 218 Xinle Lu, by Donghu Lu 3) 484 Xikang Lu, by Kangding Lu (6266 9233) 1) 黄陂北路 199 号, 近威海路口 2) 新乐路 218 号 2 楼, 近东湖路 3) 西康路 484 号, 近康定路

YOGA

**Karma Life Yoga** This large newly renovated high-end studio in Pudong offers a diverse range of styles and classes, including Ashtanga, Anusara, Hot yoga, soft Yin and Basics. The teachers are top notch and international, with world-renowned visiting guest teachers offering workshops and teacher trainings. Classrooms are spacious and bright, and changing areas are clean and stylish. Classes taught in both Chinese and English. 1) 160 Pucheng Lu, by Shangcheng Lu (5882 4388, 150 0003 0588) Daily 9am-10pm info@karmayoga.com.cn www.karmayoga.com.cn 2) 2nd floor, No. 758 South Xizang Lu 1) 浦城路 160 号, 近商城路 2) 西藏南路 758 号 2 楼

**The Pure Yoga Shanghai flagship studio** is located at iapm mall on 999 Huaihai Middle Road, in the heart of Shanghai's shopping district. Pure is Asia's leading lifestyle brand and is proud to extend its foothold in Shanghai after Hong Kong, Singapore, Taipei and New York. Pure Yoga brings to our city its yoga and fitness expertise, a team of passionate and internationally recognized instructors, plus exciting workshops and teacher training conducted by renowned yoga masters. L6-615, iapm mall, 999 huaihai Zhong Lu, by Shaanxi Nan Lu (5466 1266) 淮海中路 999 号环贸iapm 商场 L6-615, 近陕西南路

**Y+ Yoga Centre** Whether you are looking to develop your spiritual wellbeing, body toning or just socialise with the hip young crowd, Y+ Yoga Centre will have the right class for you. 1) 2/F, Bldg2, 299Fuxing Xi Lu, by Huashan Lu (6433 4330) Daily 6.45am - 8.45pm info@yplus.com.cn www.yplus.com.cn 2) 3/F, 308 Anfu Lu, by Wukang Lu (6437 2121) info@yplus.com.cn 3) 2/F, 202 Hubin Lu, by Shunchang Lu (6340 6161) Daily 7.30am-8.45pm info@yplus.com.cn 1) 复兴西路 299 号 2 号楼 2 楼, 近华山路 2) 安福路 308 号 3 楼, 近武康路 3) 湖滨路 202 号 2 楼, 近顺昌路

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CLASSIFIEDS

CLASSIFIEDS INDEX

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EDUCATIONAL SERVICES

**HSK intensive course:** 100RMB/class hour \*30 class hours Mon, Wed, Fri 14:00 - 17:00 Sat, Sun 9:00 -12:00

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1 to 1 Class

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021-53067271  
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# Horoscopes

Finally, a horoscope that understands your life in Shanghai.

By Dominic Ngai



**Scorpio**  
10.24-11.22

Your soulmate will appear this month on the metro and conveniently sit right next to you on your Monday morning rush hour ride. Can't find an open seat? Better luck with Cupid's arrow next month.



**Sagittarius**  
11.23-12.21

Your strange sense of humor will win you a lot of virtual awkward silences, so lay off posting weird WeChat stickers of yourself for the time being and switch your comedic focus to the Trump administration instead.



**Capricorn**  
12.22-1.20

It's getting cold. All you can think of is hotpot. Go big and take yourself out to Lou Shang for a nice dinner. You deserve to treat your fabulous self every now and then.



**Aquarius**  
1.21-2.19

You're feeling a little tired and stressed so maybe it's time to find a less demanding job. Switch things up for a bit and try freelance writing or start vlogging your daily routine to the world. You do love the spotlight.



**Pisces**  
2.20-3.20

Your mobile devices have been a constant energy drain, so stop tweeting every single thought and try having a face-to-face conversation. Wait, there's no character limit? How does that work?



**Aries**  
3.21-4.20

All of your friends are getting married, having kids and moving on with their lives but you're still curing those hangovers every weekend. Try adopting a cat. On second thought, don't. You can barely take care of yourself.



**Taurus**  
4.21-5.21

The year is almost over, and like most people, you haven't even checked off one thing on your New Year's Resolutions list. The good news is, unlike your annual leave days, they can be carried over to 2019. Yay!



**Gemini**  
5.22-6.21

The god of wealth is smiling upon you this month so try your luck at playing the lottery. If you win, donate half of your earnings to your friend's Kickstarter for that album he's been trying to put out but don't expect to see a penny of it ever again.



**Cancer**  
6.22-7.22

Avoid going to the Bund on Friday and Saturday nights this month. Not because you can't afford it but it's pretty much a dead zone for cabs or Didis after 10pm. We're just looking out for you, OK?



**Leo**  
7.23-8.23

You've been putting off taking your relationship to the next level for a few months now and it's finally time to do it. Invite that special someone home with you because you've got really fast Wi-Fi for hunting down Singles Day deals on Tmall.



**Virgo**  
8.24-9.23

Spending a lot of time on the road this month means things will get a little out of control back home in Shanghai. Be sure to remind your *ayi* not to touch a single thing on your desk or you might start to feel like you're going crazy.



**Libra**  
9.24-10.23

Your regular Meituan deliveryman might be into you, but those feelings should not be reciprocated. Maybe just give him a five-star rating on the homepage on his next visit. He does always deliver pretty fast.

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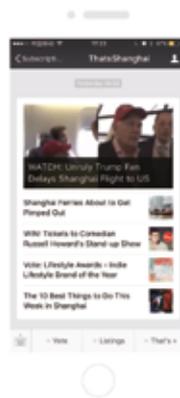
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