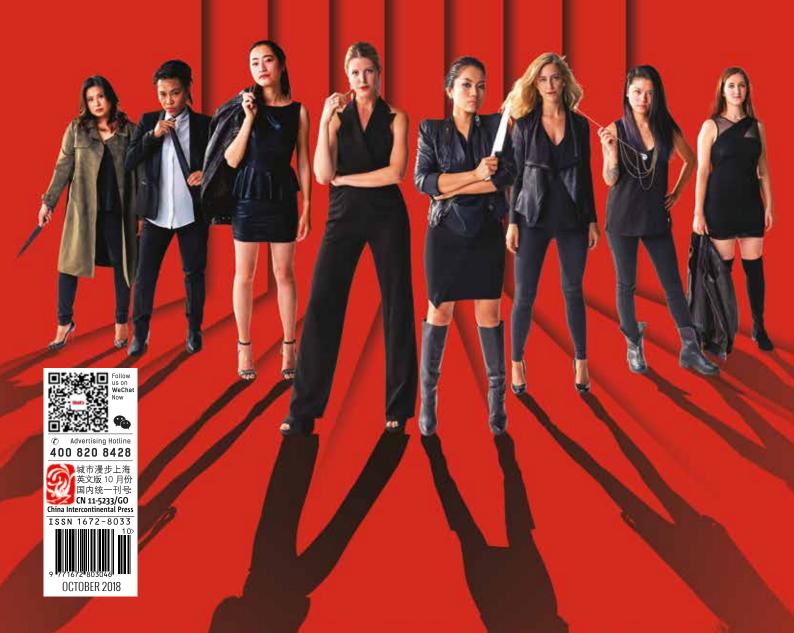


# FOOD & DRINK AWARDS 2018

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# SHANGHAI







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# Editor's Note

**OCTOBER** 

ast month, we wrapped up our 16th annual That's Shanahai Food & Drink Awards, with this year's biggest awards going to Mercato (Restaurant of the Year), Union Trading Company (Bar of the Year) and Bar Rouge (Club of the Year), while Together, Funka del Sur and Club 3 1/3 came out on top in their respective categories for new restaurants, bar and club. Turn to p40 to see a full list of winners.

It's been a long tradition for us to invite some of the city's hardest working F&B personalities to appear on our movie-themed cover for this issue. Inspired by Ocean's 8, Anna Bautista (Highline), Christine Asuncion (Spread the Bagel), Danyi Gao (Shake), Camden Hauge (Egg, Bird, Bitter, Social

Supply), Bina Yu (Together), Elizabeth Schieffelin (Lizzy's All Natural), Ting Ting Liang (Roxie, RIINK) and Kim Melvin (Together, Commune Social) all dressed up in their most badass outfits and out-smized Tyra Banks for the shoot.

A very special thank you goes out to Marius Ionita and Rachel Gouk from KOLLEKTIV Creative Hub - a creative branding and communications company – for photographing our beautiful models!

Elsewhere in the mag, I spoke with Tokyo-based photographer Cody Ellingham (@ cbje\_tokyo) about his recent trip to Shanghai in which he shot the 'Shanghai Streets' photo series in our City feature (p12). Meanwhile, Arts Editor Sarah Forman sat down with Shanghaibased teen DJ Goauchi to chat about her budding career in an ever-changing club scene (p36).

Food Editor Cristina Ng has your regular fix of the newest restaurants and bars in the city in her Eat & Drink section. Last but not least, our bar columnist Logan Brouse shares some of the most embarrassing blunders he and the city's most prominent bartenders have ever made in public. Turn to p64 to find out who lost his pants in a bar!

Until next month,

**Dominic Ngai Editor-in-Chief** 



Hourly updates on news, current affairs and general weirdness from around Shanghai and China.

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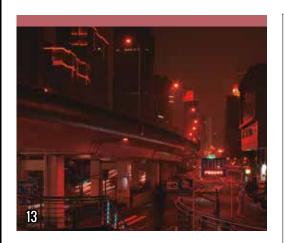
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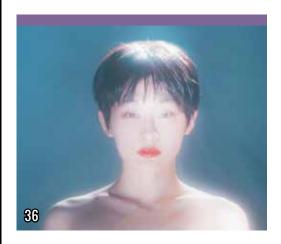
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## THAT'S SHANGHAI FOOD & DRINK AWARDS 2018

Our annual celebration of the city's best F&B outlets and personalities





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**OCT 13 SAT** Bruno Major



**OCT 26 FRI**Zombie-Chang and Siamese Cats



OCT 23 TUE Sam Smith

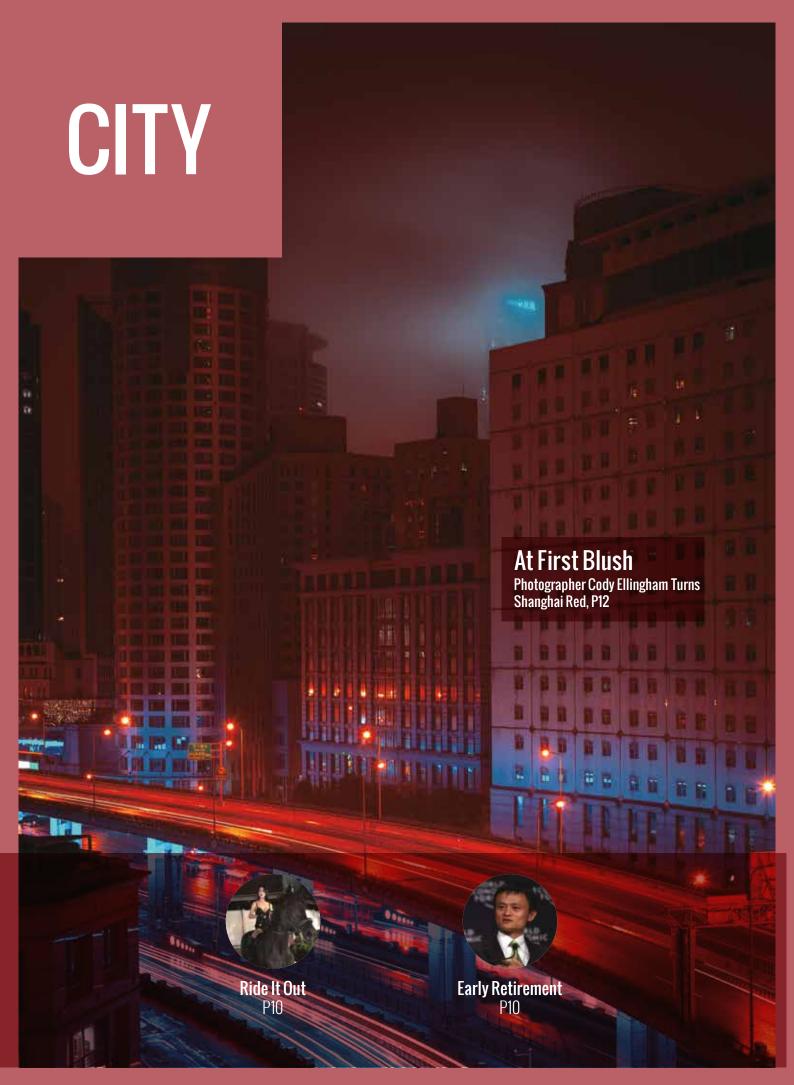


OCT 27 SAT Halloween Party





ZhaBei





ho could forget the 2008 Summer Olympic Games in Beijing? From the stunning opening ceremony and futuristic world-class stadiums to the two-week long spectacle of elite sporting competitions, the country showcased itself as an economic powerhouse of the 21st century. History could very well repeat itself in the near future, as China is rumored to be getting ready to host the Summer Games all over again... but this time in Shanghai.

Luo Wenhua, a member of the Shanghai Sports Administration, hinted to international media last month that the city is considering a bid to host the 2032 Summer Olympics, claiming it would be "the highest ideal."

"Speaking for myself as a sportsman, and for each athlete, participating in the Olympics is the ultimate goal," Luo told the AFP. "For a sportsman, hosting an integrated sports event like the Olympics would be... a dream."

However, Luo refrained from committing outright to placing a bid, instead suggesting that the city will be keeping a close eye on Tokyo and Paris – who will host the 2020 and 2024 games, respectively – in order to learn more about how to effectively host the Olympics.

"It's not the first time for these world-renowned sports cities to host the Olympic Games. They must have a lot of good experience in hosting," Luo said. "Let us learn from them."

In recent years, Shanghai has been making a concerted effort to become a globally renowned 'sports city,' such as improving existing facilities and hosting more international competitions of all sizes. The ultimate goal is to significantly raise the value of Shanghai's sports industry. Beijing has made similar efforts, and come 2022 it will be the first city in the world to host both the summer and winter Olympics.

Shanghai already hosts more than 160 sporting events each year, including high-profile competitions such as the Formula One Grand Prix, Diamond League athletics and the Shanghai Rolex Masters tennis tournament, which takes place this month (for tickets, see p68).

If it were to host the Summer Games, the move may be exactly what Shanghai needs to turn the city into a global sports giant rivaling the likes of Tokyo, Paris, LA, London and New York. What do you think? Scan the code to take a poll on whether or not Shanghai should host the Olympics.

# THEBUZZ

See the QR codes on this page? Scan them with the That's App when you see it on an article to find more multimedia, photos and videos related to the feature you are reading. Genius, eh? Download the That's App at www.thatsmags.com/app

# **RANDOM NUMBER**

# 213,000 square meters

The size of Shanghai's massive new indoor ski resort. Opening in 2022, the 'Winterstar' is expected to attract 3.2 million visitors each year. Drawing inspiration from the snow-capped Alps, the 90,000-square-meter ski area will feature 25 snow activities equipped with Olympic-class facilities. The ski park caters to both beginners and professionals, and the unique design of the slopes will make it possible for visitors

to ski to the area directly from their adjoining hotel rooms. Scan the code to see more photos from the resort.



# DON'T YOU KNOW WHO I AM?

# **Horse Riding Woman**



Videos and images of a woman riding a horse in downtown Shanghai went viral last month. The 26-year-old woman wearing a black tank top and high-heeled boots was seen with her pony near the Yan'an Lu elevated road. When passersby asked what she was doing, she responded: "Nothing, this is my pet." The woman and her horse were temporarily detained by police following the incident, but it wasn't her first run-in with the law. She received a warning from police the day before her stunt for keeping the horse in her residential compound, which is illegal in Shanghai's urban areas. Authorities asked the woman and her equine companion had to GTFO ASAP. The horse has not been seen since. Scan the code to see more photos and video from the incident.





So wrote Alibaba co-founder and chairman Jack Ma in a letter announcing his plans to retire next year. Under the 12-month succession plan, the tech billionaire will hand the reins over to 46-year-old Daniel Zhang in September 2019. Ma will also remain on Alibaba Group's board of directors until the annual general meeting of shareholders in 2020. Following his retirement, Ma plans to spend more of his time and fortune pursuing philanthropy and education. Scan the code to see a video of Ma giving a motivating pep talk to Alibaba employees in 1999.



**kejin / kè jīn /** 氪金 v. to spend a lot of money playing a game, or on in-game purchases



Ah that guy just killed me! I didn't do anything to him. Why?

Because he can. Look at all the weapons he has. He is a kejin player.



A

But I want revenge!

Then you better kejin too!



In case you missed it in the news, the global economy is not doing so hot right now. Scientists have discovered that the gaming industry does especially well when the economy is bad, possibly because gaming helps us escape to a fantasy world where we have special powers, can buddy up with our best friends and conquer exotic lands, and have fulfilling lives. The gaming industry in China is booming right now, and many Chinese gamers are willing to pay hundreds – sometimes thousands – for features and weapons in games, with per-user spending growing 10-fold year-on-year.

When you drop serious money in an online game, it's called *kejin*. To be clear, we are not talking about the measly 5 *yuan* spent so you can customize your character's haircut here. *Kejin* is dropping one month's rent so your character in the game looks really fly, or has exclusive powers and spells, or to even take your virtual girlfriend out in style.

Those who support *kejin* say it's okay to spend money to have fun, while those who are opposed to it say if you always *kejin* to take your virtual girlfriend out, she'll be the only girlfriend you'll ever have. More cynical players even say that the *ke* in *kejin* comes from the word 'lesson,' *and jin* means money. Together, *kejin* means 'lessons you pay for,' as in you'll regret doing it but hopefully learn to know better next time.

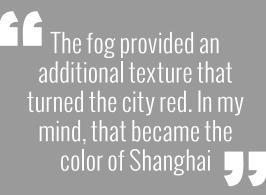
If you don't *kejin*, it might take you months to get to the same level as the *kejin* players. The things you toil for, other players can just *kejin* and get it instantly. But wait a minute, we thought games were supposed to be our escape from the real world...

Well, at least happiness is guaranteed in games when you pay. Another round of World of Warcraft, anyone? **Mia Li** 





Photographer Cody Ellingham's First Impression of



or Cody Ellingham (@cbje\_tokyo), a
New Zealand-born, Tokyo-based photographer who's been living in Japan
since 2012, his current home base screams
1980s – an era that served as the inspiration
for the cyberpunk aesthetics of sci-fi films
like *Blade Runner*, and gave birth to many
Japanese pop culture icons.

This bustling city is also the catalyst of Ellingham's photography career, where he has over the past few years developed a style that he describes as "quiet and still." In his acclaimed photo series 'Derive' and 'Danchi Dreams,' the dizzying neon signs and brightly illuminated buildings along Tokyo's streets are filtered through a dreamy, futuristic façade that has become his signature, which have earned him nearly 30,000 followers on Instagram.



China's Global Financial Hub

Words by Dominic Ngai, Photos by Cody Ellingham



"I like to capture the essence of a place by focusing on the architecture or cityscape as opposed to the people, but you'll still find traces of human elements through the windows of these buildings," explains Ellingham. Meanwhile, another recurring theme of his photography, as evident in his multi-part 'Derive' series that zeroes in on a particular city each time, is his penchant for capturing the essence of the past through the present.

the essence of the past through the present.
In his latest addition to the series subtitled 'Shanghai Streets,' Ellingham spent four days in May wandering through and

documenting his first impression of China's most populous and international city. Similar to Tokyo, since historic and modern architecture coexist almost side-by-side within Shanghai's vast and varied cityscape, highlighting the contrast between its older elements like the *lilongs* around People's Square and the former French Concession and the city's futuristic side became the overarching theme.

"I wanted to explore these older neighborhoods because they show where the city came from. I think a city, any city, shouldn't As a result of a rainstorm that blew past Shanghai hours before his shoot, a layer of fog had surrounded the city, giving the photos a sense of mystique. "It provided an additional texture that turned the city red. In my mind, that became the color of Shanghai. So with the editing, I tried to emphasize that redness throughout the series."

Another connection between Shanghai and Tokyo that has been established through Ellingham's work is the gentrification happening in both cities in recent decades. In his 'Danchi Dreams' series, the photographer dives deeply into the past and present of Japan's clustered apartment blocks, many of which are now being demolished to make way for modern redevelopments.

Established in the 1960s, Danchi public housing were once the dream homes for the Japanese working and middle class. Through his photos, Ellingham managed to reflect this rapidly fading dream through the scenes in



some of the remaining buildings around Tokyo. A sense of loneliness looms in the buildings' brightly lit corridors and the wearing surfaces of their exterior.

That same feeling was also captured in one of the shots in 'Shanghai Dreams' featuring a wall of residential buildings, where illuminated windows offer a glimpse into the human life behind the concrete façade. In another shot taken at an intersection in the quiet backstreets of People's Square, viewers are drawn into a dark visual tunnel flanked by the well-lit storefronts of a pair of old three-story buildings, with tiny dots of lights from the modern high-rises beaconing through the fog in a distance.

After this trip, Ellingham admits the city's captivating energy made him want to return for both business and leisure travels. This fall, he's also planning a trip to Shenzhen to check out its futuristic architecture. "I'm also currently learning Mandarin in my free time," he adds. "In Shanghai, I saw the future."

See more photos from the Shanghai Streets series at derive.tokyo or on his Instagram (@cbje\_tokyo).

# Redefining the Concept of Living Well in Shanghai

**COHOST WEST BUND** 

By now, many people are familiar with coworking spaces, but a Shanghai-based company is now introducing the concept of 'co-living' to China. Cohost West Bund, the first property of co-living apartment brand Cohost in collaboration with Hong Kong investors Pamfleet and Deson, is located next to the Shanghai Botanical Gardens and closely connected to Xujiahui, Caohejing and the West Bund Cultural Corridor.

Inspired by the abundance of greenery in the neighborhood, award-winning architectural agency AIM introduced plenty of natural material and colors into the walls and furnishing to transform a worn-out hotel into this modern, design-forward living space with features that enforce a sense of community among tenants.

Featuring 66 tastefully furnished one- or two-bedroom units and studios over three floors, Cohost West Bund's vast array of common spaces allow residents to connect and socialize over cooking classes and potlucks in the shared kitchens and dining area, host barbecue parties at the outdoor terraces, movie nights at the entertainment room, or simply share a cup of coffee or tea in the lounge area.

Complete with complimentary access to a privately managed fitness center, indoor swimming pool and tennis court, as well as house-keeping, maintenance and reception services, Cohost West Bund is well-positioned to meet the demands of design-conscious young professionals looking for a well-rounded living experience without the formality of a conventional serviced apartment.

218 Baise Lu, by Pingfu Lu 百色路218号, 近平福路 (400 881 8826, cohost.cn)







**Lao Gan Ma Hoodie** P18



**Body Blacksmith** P19



Hospitality Awards

# CHARLOTTA GANDOLFO

# **Entrepreneur and Designer**

Interview by Dominic Ngai, Photo by Lili Record

Originally from Sweden, Charlotta Gandolfo launched her eponymous womenswear label a little more than a year ago in Shanghai. Bringing a minimalist touch to traditional resort wear, Gandolfo's dresses are inspired by her upbringing and adventures around the world.

#### What's the inspiration behind your brand?

I design for internationally minded women who travel. I decided to create the brand because there wasn't really anything that caters to us and our needs: versatile clothes that are both elegant and effortless and made with high-quality material.

#### What is Scandinavian resort wear?

Growing up in Scandinavia, my taste is influenced by the minimalistic aesthetic from the region. This allows me to bring a unique perspective and an understated tone to resort wear, a category dominated by overly ethnic designs and material. With my designs, you can dress up or dress down for different occasions, and they're versatile enough to transition from beaches to the streets of urban metropolises.

#### What occasions are your dresses mos suitable for?

For us, resort is neither a season nor a place, but a state of mind. With an air of playfulness and ease, my dresses aren't only for being worn at a specific place – it's an aesthetic, or a mood. I've seen my customers wear them at weddings, nightclubs in Ibiza, swimming pools of resorts, casual dinners with friends, date nights, parties, attending red carpet events and even during their travels to exotic destinations.

How has customer feedback been since you launched your brand last September?

The customers love it. Despite having pro-



duced a large quantity, everything sold out quickly and now there is a waiting list for most of the items for the summer collection.

What are your top bestselling items at the moment, and why do you think they're so nonular?

One of the most popular is the Slip Dress, which looks simple, but the cut makes every woman look amazing. I have several customers who bought it in every colorway because it's so easy to wear and very comfortable. Another one is the Biker Jacket, a sequin jacket in pale gold or snakeskin that adapts the brand's design concept for fall and winter. My customers wear it as an evening jacket with a statement skirt, or with jeans, sneakers and a tee for a chic and casual look.

What's your personal favorite item from your collection, and what accessories would you pair with it?

I love all items in my collection but an outfit I wear a lot is the Black Jerry Silk Jacket and the Black Silk Harem pants, that I usually pair with black simple pointy flats during the day,

and metallic heels and clutch at night. I also wear the Grace Maxi Skirt and the white silk tank top a lot. They're perfect for hanging out at my country house in the Stockholm archipelago, as well as for attending a Mediterranean wedding. The Flora Sandal in Pink Gold from The Collection goes very well with this fabric.

#### What's next for the brand?

This winter, I'm adding gorgeous knitted silk essentials – think cardigans and shrugs – to my collection. I'm also working with a friend, and Italian female artist, to develop the next generation of metallic jacquard pattern as well as a new delicate floral print. In addition, some of the world's most exclusive resorts are reaching out to me to sell my collection in their shops. There's a lot to look forward to.

Find out more at charlottagandolfo.com

# STYLERADAR

# **UNDER THE LENS**

# **Angel Chen's NYFW** Debut





**New Women's Watch Collection by Kate Wood** 

Known for their watches, sunglasses and bicycles made with natural wood and bamboo, Shanghai-born lifestyle brand Kate Wood has been busy planning its expansion to Bali and Amsterdam while simultaneously working on a new three-piece collection of women's watches. Named after European cities -Geneva, Vienna and Turin - all three feature wooden cases and leather straps of different colors, as well as a touch of metallic finishing.

> katewood.com

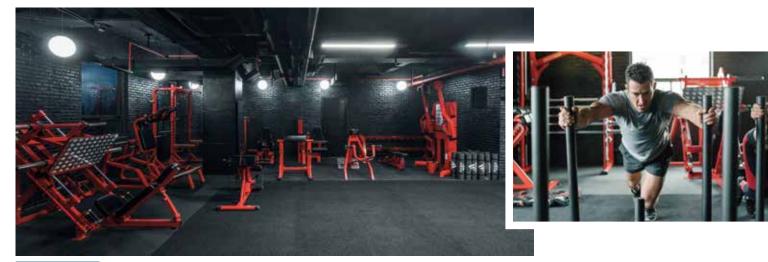
# OVERHEARD

# "Can I get a mantou with that?"

So writes one Weibo user in response to the Lao Gan Ma hoodie that went viral during last month's Tmall China Day event during New York Fashion Week. Tao Huabi, the 71-year-old founder of the world famous Guizhou-style chili sauce, became an unlikely fashion sensation overnight after the sauce's logo (her face) was designed onto hundreds of bright red sweaters and sold at an Opening Ceremony pop-up shop. These sweaters are also available via Tmall for approximately RMB130 each. Get them while they're hot.

> tmall.com





**SCENE & HEARD** 

# **Body Blacksmith**

Founded by Maurad Tcherouka (a certified trainer who previously worked at a sports medicine facility), Body Blacksmith offers a comprehensive set of classes that combine high-intensity interval training with weight lifting and cardio movements.

The rotating program is designed to train different body parts, but core stability is always an overarching emphasis. Some of

the studio's most popular programs are 'Total Cardio' and 'Booty Class.' The latter is especially challenging as the instructor demonstrates the proper squat technique, which will make your glutes and posterior chain burn. With the gym's focus on proper form, you will find yourself realizing you've been doing some of these exercises all wrong, and that they're much harder with the correct posture.

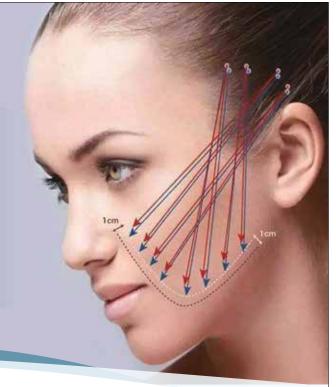
While the classes are intense, the atmosphere is encouraging thanks to the ample attention and guidance given by instructors.

As such, this is not a studio for slackers, but dedicated athletes who want to get strong and fitter. They currently have two to three classes per day, each of which can accommodate a maximum of 26 athletes. They'll be bringing on more trainers to increase the number of programs and more advanced courses in the near future. Cristina Ng

> 5/F, 41 Yongjia Lu, by Shaanxi Nan Lu 永嘉路41 号5楼, 近陕西南路 (151 2108 2320, WeChat ID: IronMau01)

# FINE THREAD LIFTING

Line carving is also known as buried line lifting, it is a minimally invasive cosmetic technique. In other words, the absorbable cosmetic line is implanted in the defect or sag part of the skin. Meanwhile, the skin and fascia are stimulated to rearrange the flabby or sag muscle tissue, so as to restore the youthful and beautiful appearance. The beauty line implanted in the skin has been applied in the field of medicine for decades, and its safety is beyond doubt.



Professional Doctors from both China and International



Dr Alan Ong



Dr Simey Wu



Dr. Yang Yong



Bioscor Shanghai Clinic

www.bioscorchina.com Email: info@bioscorchina.com



# /// Colorful Takes on the Classic Jacket ///////

Compiled by Dominic Ngai

///////

Blazers, sport coats, suit jackets - no matter what you call them, fashion labels are bringing their own creative spin on the classic silhouette with a vibrant mix of prints, patterns and bold colors. Here are some of our favorites.

HIM



ZARA RMB399 ZARA.CN



**HENRIK VIBSKOV** RMB3,682 HENRIKVIBSKOVBOUTIQUE.COM



SUITSUPPLY RMB3,580 SUITSUPPLY.COM



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**SACAI** RMB7,245 **FARFETCH.CN** 





RMB4,024



**BEAMS** RMB1,250 BEAMS.CO.JP





# **JING'AN RESIDENCE 8**

The Sawires Family on What They Love about Their Shanghai Home

Since moving to Shanghai 18 months ago, Maged and Heidi Sawires and their three young children Emily (14), Amanda (10) and Steven (7) have been calling Jing'an Residence 8 home. This serviced apartment at the corner of Changshu Lu and Huashan Lu is situated right at the intersection between Jing'an district and the former French Concession. Offering six different room types, a clubhouse with a gym, children's playroom and a residents' café and lounge, as well as 24-hour security and concierge services, it has attracted many well-to-do expat and local tenants since it opened.

# How long have you been living in Shanghai?

We've been living in Shanghai here for about a year and a half, and have stayed at Jing'an Residence 8 this whole time.

# Why did you choose to live at Jing'an Residence 8?

We looked at several places before deciding on this building. The location is very good and it's quite close to Maged's office and also not too far away from the kids' schools. We also like the service that the management provides. On top of that, they're doing a lot of upgrades to the building and it's very well maintained compared to some of the others we've seen.





# What are your favorite aspects about the compound?

We like the cleanliness of the building, and the staff are very friendly and most of them speak pretty good English, and they're always here to help us with calling taxis or just simple day-to-day translation tasks.

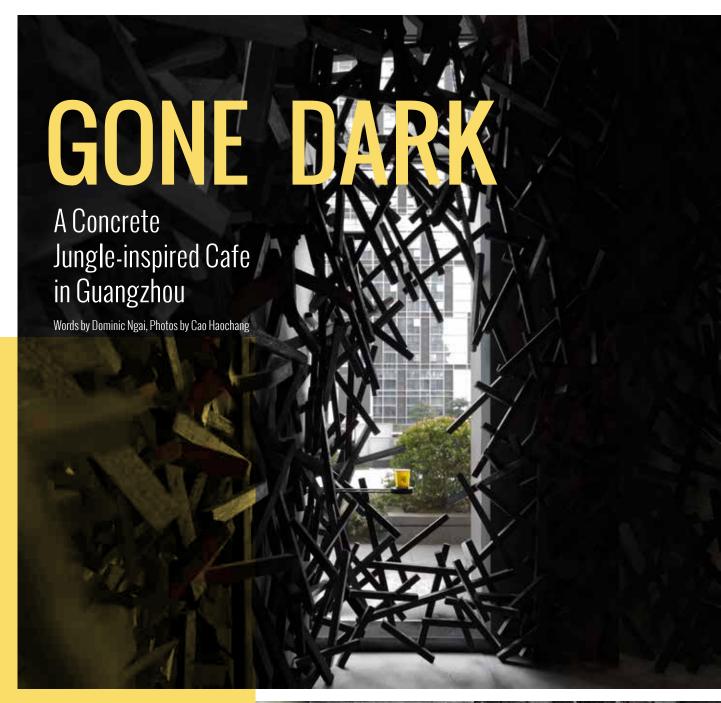
# What are some places in the neighborhood that you always visit?

The kids love those bubble tea shops, and there are always new ones popping up around the neighborhood. We cook a lot as a family, so there are many places where we can shop for groceries, such as Avocado Lady and several import supermarkets nearby. We also have Charlie's and Costa Coffee right across the street, too.

# What's the community here at the Jing'an Residence 8 like?

We like to have breakfast at the clubhouse, so we get to meet a lot of our neighbors there. There's also a big WeChat group for the tenants with around 80 members where we sometimes can talk and ask each other questions.

8 Changshu Lu, by Huashan Lu 常熟路8号, 近华山路 (62078000 / 62078198, www.jingan8.com.cn)



Project name: .JPG Cafe

Location: Tianhe district, Guangzhou

Area: 24 square meters

Design company: Infinity Mind

The brief: Located in Guangzhou's Zhukong International Center, the design of .JPG Cafe is inspired by the fast-paced and pressurized lifestyle of the city. Inside the small 24-square-meter space, charred reclaimed wood pieces of various lengths jut out from the ceiling and walls to create an almost claustrophobic atmosphere around the shop while bringing visual focus on its centerpiece – the coffee bar.

> infinitynide.com







**▼** Walls and ceiling of JPG Cafe are covered with leftover pine wood pieces that have been blackened after a carbonation pro-







▲ A rectangular concrete coffee-making station sits in the middle of the room. There are no seats or tables available in this grab-and-go concept.



▲ A barista shows off his craft at the bar counter amidst a sea of blackened wood pieces assembled in a random manner to resemble the chaotic life in modern China.



Forget the Journey,
Go for the Destination.

fter months of preparation and anticipation, the That's 2018 Hospitality Awards were held on August 30 at the Conrad Guangzhou, the event's first appearance in the Pearl River Delta.

Launched last year, That's Hospitality Awards celebrates the very best of China's diverse and world-class hospitality industry. The ceremony and gala dinner were attended by over 220 prominent personalities from around China, including hotel professionals, industry suppliers and members of the diplomatic and business community.

The That's 2018 Hospitality Awards party kicked off with a lovely wine and cocktail reception outside the Conrad Guangzhou's grand ballroom. We then moved into the ballroom for the awards ceremony. The ceremony bestowed honors on the most innovative, ambitious and acclaimed hotels in China. Thirty-three awards were given out over 10 categories, with over 100 hotels honored.

A huge thanks to our wine sponsor Summergate Fine Wines, water sponsor FIJI Water, spirit sponsor Camus and our 'Gold Sponsor,' Cathay Pacific and Cathay Dragon Airways. And of course, a major thank you to the team at Conrad Guangzhou for hosting us in their fabulous ballroom!

Without further ado, we give you the winners of the That's 2018 Hospitality Awards.







# NEWLY-OPENED HOTEL OF THE YEAR

Bellagio Shanghai The Sukhothai Shanghai W Suzhou The Shanghai EDITION Dhawa Jinshanling InterContinental Guangzhou Exhibition Center Hyatt Regency Shenzhen Airport

# THE MOST HIGHLY ANTICIPATED NEW HOTEL OF THE YEAR

InterContinental Shanghai Wonderland Le Méridien Hangzhou, Binjiang InterContinental Zhuhai

# NEWLY-OPENED SERVICED APARTMENT OF THE YEAR

Marriott Executive Apartments Hangzhou Fraser Place Binhai Tianjin Shama Changfeng Shanghai

# THE MOST HIGHLY ANTICIPATED NEW SERVICED APARTMENT OF THE YEAR

Shama Hongqiao Shanghai Oakwood Apartments Sanya LN Residence

# THE MOST POPULAR HOTEL FOR BUSINESS TRAVELERS

Pudong Shangri-La, East Shanghai The Westin Bund Center Shanghai InterContinental Shanghai Expo Greenland World Center Hotels Cordis, Shanghai, Hongqiao Days Hotel Beijing New Exhibition Center Ascott Macau

# THE MOST POPULAR RESIDENCE FOR BUSINESS TRAVELERS

Shanghai Marriott Hotel Pudong East Jing An Kerry Residences

# AWARD FOR OUTSTANDING CITY VIEW

Le Royal Méridien Shanghai The St. Regis Shenzhen

# LUXURY SERVICED APARTMENT OF THE YEAR

GTC Residence Beijing Ascott Raffles City Shenzhen

# TRENDY LUXURY HOTEL OF THE YEAR

Conrad Guangzhou

# MICE HOTEL OF THE YEAR

Mandarin Oriental Pudong, Shanghai Kerry Hotel Pudong, Shanghai Sheraton Grand Shanghai Pudong Hotel Crowne Plaza Beijing Chaoyang U-Town Renaissance Beijing Wangfujing Hotel Langham Place, Guangzhou LN Garden Hotel, Guangzhou Pullman Guangzhou Baiyun Airport Marco Polo Shenzhen

# NEWLY-OPENED BUSINESS HOTEL OF THE YEAR

Shanghai Marriott Hotel Kangqiao Hyatt Place Shanghai Tianshan Plaza

# THE MOST HIGHLY ANTICIPATED CO-LIVING APARTMENT OF THE YEAR

Cohost West Bund

# NEWLY-OPENED FAMILY-FRIENDLY HOTEL OF THE YEAR

The QUBE Hotel Shanghai Sanjiagang

# AWARD FOR EXCELLENT HOTEL MANAGEMENT COMPANY

Suning Hotels & Resorts

# LUXURY HOTEL OF THE YEAR

The St. Regis Shanghai Jingan Jumeirah Nanjing Jing An Shangri-la, West Shanghai Four Seasons Hotel Pudong, Shanghai Grand Hyatt Shanghai Waldorf Astoria Chengdu Fairmont Peace Hotel Waldorf Astoria Beijing W Guangzhou The Langham, Shenzhen







# **HOTEL SPA OF THE YEAR**

The Spa at Mandarin Oriental Pudong, Shanghai The Spa at Mandarin Oriental, Guangzhou FLARE Spa at Four Seasons Hotel Pudong, Shanghai

# THE MOST POPULAR SERVICED APARTMENT FOR LONG STAY GUESTS

One Sunland Serviced Suites Managed by Lanson Place Oakwood Residence Damei Beijing Grand Gateway 66 Serviced Apartments Somerset Grandview Shenzhen

# FAMILY-FRIENDLY HOTEL OF THE YEAR

Hilton Dalian Golden Pebble Beach Resort Hilton Huizhou Longmen Resort Hyatt Regency Chongming

# BOUTIQUE HOTEL OF THE YEAR

Hotel Indigo Shanghai on the Bund

# LANDMARK HOTEL OF THE YEAR

Park Hyatt Shanghai Futian Shangri-La, Shenzhen

# URBAN RESORT HOTEL OF THE YEAR

Crowne Plaza Shanghai Harbour City Sheraton Dameisha Resort Shenzhen

# AWARD FOR OUTSTANDING HOSPITALITY DESIGN

Indigo Living

# GETAWAY HOTEL OF THE YEAR

Annshe Resort Hotel Sunrise Kempinski Hotel Beijing & Yanqi Island Hilton Zhoushan

# BUSINESS HOTEL OF THE YEAR

Grand Kempinski Hotel Shanghai Okura Garden Hotel Shanghai Hyatt on the Bund Golden Tulip Shanghai Rainbow Jinling Hotel

# AWARD FOR OUTSTANDING HOTEL DESIGN

The Middle House Andaz Xintiandi, Shanghai Niccolo Chengdu

# FAMILY-FRIENDLY SERVICED APARTMENT OF THE YEAR

Kerry Parkside Residences Ascott IFC Guangzhou Oakwood Gold Arch Residence Guangzhou

# OUTSTANDING HOTEL SWIMMING POOL OF THE YEAR

Rosewood Sanya

## **ART HOTEL OF THE YEAR**

LN Hotel Five, Guangzhou

# AWARD FOR EXCELLENCE IN CORPORATE SOCIAL RESPONSIBILITY

Shanghai Jin Jiang Louvre Asia Hotel Management Co., Ltd Greenland International Hotels Group

# HISTORIC HOTEL OF THE YEAR

Pan Pacific Suzhou

# CONTEMPORARY LIFESTYLE HOTEL OF THE YEAR

W Shanghai - The Bund NUO Hotel Beijing

# OUTSTANDING HOTELIER OF THE YEAR

Ken Chow Jimmy Sung Florian S. Kuhn Marco Avitabile Michael Zhu

# AWARD FOR EXCELLENT RESIDENCE SERVICE

Parkside Serviced Suites by Lanson Place Oak Chateau Atlantic Heights Beijing Kerry Residence Tyms Residence



The official water of the That's 2018 Hospitality Awards





















































# A TRIP TO URUNO!

Discover the Dramatic Landscape and Delicious Food of Xinjiang

Compared to places like Shanghai and Beijing, Urumqi in the Xinjiang Uyghur Autonomous Region rarely gets the spotlight for being a hot tourism destination in China. Nevertheless, this city is as mesmerizing as many other major cities.

Geographically positioned along the historic Silk Road, Urumqi has long been a melting pot of different cultures. Composed of Uyghur, Hui Muslim, Kazakh, Manchu, Mongol and more ethnic minority groups, the modestly sized old town is packed with a vast array of business establishments. From street vendors selling aromatic local bread to traditional musical instrument stores, there is so much to see and taste in this vibrant place.





# XINJIANG UYGHUR AUTONOMOUS REGION MUSEUM

For a dose of insider knowledge of Xinjiang's natural history and ethnographic makeup, head to the Xinjiang Uyghur Autonomous Region Museum. There's a remarkable collection of mummies, most remarkably the 'Loulan Beauty,' which dates back to 1,800BC. Although not intentionally mummified, these bodies have been extremely well-preserved by the nearby desert for centuries until their excavation in the 1980s.



# **NANG BREAD**

Nang is the culinary backbone for the Uyghur community. While it only has one name in Chinese, nang comes in all shapes and forms: from the donut-shaped buns that resemble a bagel to the gigantic flatbreads, they can easily fill up entire families for dinner. The breads are traditionally baked in tonur stoves, and you can see people carrying stacks of these home around the old town area.

# THE INTERNATIONAL **GRAND BAZAAR**

This iconic complex is a place you must visit in Urumqi. Built in 2003, International Grand Bazaar houses a myriad of vendors selling produce and tradition handicrafts and souvenirs. The nearby square also serves as the stage for ethnic dance and music performances, including a recital of the 12 muqams commencing at 8pm every evening.



The formidable Tianshan or 'heavenly mountains' flanking the southern edge of Urumqi is an easy one-hour drive

from the city. With the highest peak reaching an altitude of nearly 7,500 meters, Tianshan and its dramatic snow-capped terrains are well-worth visiting for excursionists, while fainthearted travelers can still drive up the National Forest Park and snap a breathtaking view at Tianchi ('heavenly lake').





# THE TURPAN BASIN

A three-hour drive away from Urumqi lies the old town of Turpan. Engulfed by the Turpan Basin (also known as the Death Valley of China), temperatures here can reach a meterbreaking 50 degrees Celsius in July and August. But don't let that put you off from visiting the historic Jiaohe Ruins (or 'Yarkhoto'), which remains one of the region's largest and most well-reserved ancient citadel.



# **MUTTON POLO**

You can find mutton polo - tender spiced lamb chops served with rice - in almost every alleyway around the city. This hearty dish is garnished with shredded carrot and apricot for sweetness, and cooked in a sizable pot that could easily feed a dozen people. A small plate of finely sliced and pickled carrots is a common pairing to add a touch of zing to the palate.



# PEPPERED CHICKEN

This dish is a common sight at Hui Muslim family restaurants behind the Grand Bazaar. The chicken comes in halves or whole, and is braised until it's tender before getting tossed with finely sliced red onions and marinated in a piquant chilipeppercorn sauce. The taste is fresh and pleasantly numbing. and is suitable for those with a penchant for Sichuan dishes.



# ARTS Wednesday Campanella Alternative J-Pop's Bamboo Princess, P34



Gouachi P36



Sam Smith P38



Album Reviews P39

# PHILIP GREFER

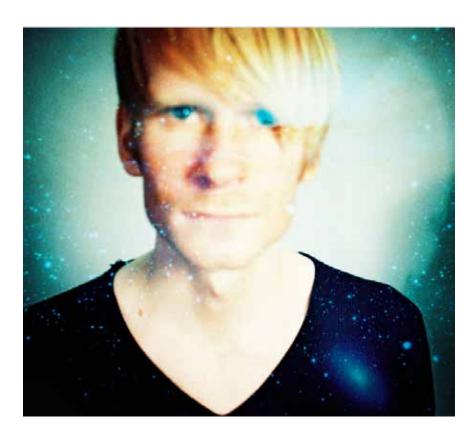
# Founder of the WISE, and Co-founder of Fake Music Media & NFU

Interview by Edoardo Donati Fogliazza

Fake Music Media is one of the most respected and well-known record labels in China. Having booked the likes of Röyksopp, Hot Chip and Faithless to China while managing domestic artists like Nova Heart, SHAO and The Hormones, their co-founder Philip Grefer has gone on to develop a conference exploring the intersection of creativity, business, science and technology. Under the name WISE, on October 26, they'll partner with UCCA, China's leading contemporary art museum. Grefer talks to us about telling his parents what he does, Al and how technology affects the music ecosystem.

# What have been the greatest challenges and satisfactions of bringing Chinese musicians to the international stage with your label FakeMusicMedia?

When we started FMM in 2008 and it was an absolute novelty to tour a Chinese band abroad or bring international acts to China. So when we brought electro punk outfit Pet Conspiracy to Berlin, Cologne, Barcelona and Budapest, it was big news back here. They also played a legendary gig at one of the first editions at Hong Kong's Clockenflap festival - every year when I go, people still ask me about it. Then, unfortunately, lead singer (and FMM co-founder) Helen Feng quit the band. We were just in Istanbul where we met Rodion, who would go on to become the producer of Nova Heart's first album, so we put all our focus on this new project. Now Nova Heart is one of the best-known Chinese indie bands here and abroad. When we got a full page in Germany's most important newspaper, I finally could tell my parents what I was doing all that time in China. Now we have our new signing, The Hormones from Chengdu, playing in Australia in November. It's their first time playing outside of China, so that's quite exciting.



"...I finally could tell my parents what I was doing all that time in China"

# How did you go about combining music and technology?

It probably all started with Kraftwerk. When I was studying in California in the mid-2000s, you could already see that music was one of the first industries to be disrupted by tech. Companies like Spotify, Tencent, Apple or YouTube play an ever increasingly important role in the music ecosystem. But also, how music is produced has changed drastically. AI can now write music by itself, and it might soon be produced in VR or AR.

# Tell our readers about your most recent endeavor, WISE.

I wanted to create something where I can make good use of all the experience I've gathered in the last three decades and surround myself with people who are smarter than me. I studied political science, economics and history, worked in media, PR, a government agency, a gaming company, as an entrepreneur, and have been lucky enough to be one of the few foreigners involved in the Chinese music industry. It's like a think tank for millennials, where we try to find answers to how we want to live in the future.

# What should we expect from the upcoming WISF event?

WISE is a platform for big ideas as well as practical knowledge. It's all about learning, for your job, for life, in a fun and inspiring way. It's about looking at the world from different perspectives and having them clash to create new insights.

We have a wide range of speakers at the crossroads of creativity and tech. We'll talk about China's emerging youth cultures, the state of the electronic music scene, hip hop, voguing, and where design is heading in the future.

# Your career spanned several disciplines and industries. What advice do you have for aspiring polymaths?

Try to stay ahead of AI, use your full human and creative potential to do so and enjoy your life.

wisenotwise.com fakemusicmedia.com

# COLLAGE

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#### COMING TO A THEATER NEAR YOU



# **Shadow**

Director Zhang Yimou brings to the screen a story of 'struggle and survival' in a film that translates the visual style of traditional ink painting into a new kind of art. Set in the Three Kingdoms Period, an exiled king goes up against his doppelganger in a fight to reclaim his land and his title. Having been screened

at multiple film festivals in the last year, this will be the official public release of the action packed tale of darkness and redemption.





# **Brothers of the Wind**

After the death of his mother, a teenage boy named Lukas (Manuel Camacho) struggles to navigate his relationship with his grieving father (Tobias Moretti). As the two grow further apart, Lukas increasingly turns to nature to find his own path, upon which he discovers an abandoned eaglet. What ensues is a coming of age story of growth, perseverance and the relentless pursuit of freedom.

# TRANSCRIBED

# "This Al's heart is too dark, the music is shallow"



... a QQMusic user said of AI composer, AIVA's, newly released album of Chinese music. While Aiva Technologies SRL's music writing AI technology isn't new, its foray into East Asian art certainly is. Their eponymous program has been composing music through 'studying' the works of Bach, Beethoven, Mozart and other canonical greats. Recently, 'she' chose to switch up her musical styling and released an album of Epcot-esque, Chinese-inspired classical music, which you can find on Spotify, Apple Music and QQMusic. AIVA's Chinese name, 艾娲 (Aiwa), was specifically chosen because of its relationship to the terms 'elder,' suggesting knowledge, and 'Nüwa,' the mother goddess of Chinese mythology. Impressive as it sounds, it seems the AI sister from another mister may have yet to fully grasp the taste of audiences in the Middle Kingdom.

# HAO BU HAO



# Hao

Twenty-one out of 324 films being screened at the 2018 Busan International Film Festival were either partially or completely filmed in China. While some of the nominees have already made it to theaters, like Chinese blockbuster Dying to Survive, others like The Island, directed by Huang Bo, will be making their debut on the global stage. These films will air alongside a roster of representatives from 28 countries, in a nine-day celebration of emerging talent in Asia.



# **Bu Hao**

With a Crazy Rich Asians sequel set to be filmed in Shanghai and Hong Kong, Chinese audiences are still left waiting on the first film. The movie, featuring an all-Asian cast, was a smashing success worldwide, though it still has no release date in China. Here's hoping it hits theaters here soon.



#### SINO CELEB

#### Xu Zheng

Not acquainted with Xu Zheng's work? You should be. While we'll forgive you for not being familiar with his role as a pig-like beast in the film adaptation of *Journey to the West*, Xu's part in this summer's hit black comedy *Dying to Survive* is credited with the film's massive success (RMB3-billion at the box office). Here are five things you should know about Xu Zheng:



#### **Born to Act:**

The Shanghai-born actor has been fascinated with acting since he was in primary school, where he took part in a plethora of school performances. Xu then went on to graduate from Shanghai Theatre Academy in 1994, one of the best of its kind in the Middle Kingdom.



#### He Married His Co-Star:

Xu made his mark with his comical portrayal of a pig-like character on the 2000 TV series roughly translated as 'Sunny Pig,' where he met his current wife, Tao Hong, while working on set.



#### A Box Office Guarantee:

After taking center screen in Lost on Journey, Xu directed and starred in two sequels – *Lost in Thailand* and *Lost in Hong Kong*, both of which were box office hits.



#### Sophomore Baldy:

His signature bald head wasn't a blessing to his acting career, causing problems for him at a young age. In school, classmates ridiculed him during his sophomore year when he started losing his hair.



#### He's Socially Responsible:

Xu was recently ranked No.1 on a social responsibility list conducted by Beijing Normal University and the Chinese Academy of Social Sciences. Recognized for his charitable deeds, Mr. Xu is the face of a charity that provides health insurance for underprivileged households.

#### WHAT'S NEW

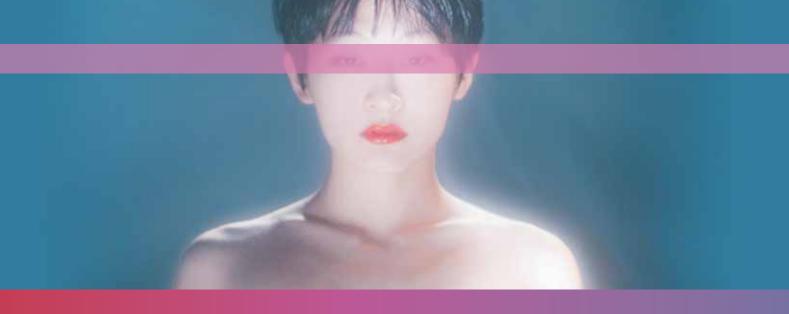


#### 'Special Girl'

Ryan Hemsworth's most recent music video 'Special Girl' was filmed at the training school for a prominent chain of hair salons in Shanghai. In the video from director Noah Sheldon, hundreds of students are seen cutting and styling models' hair, as well as participating in group exercises, jogging, clapping and dancing in the building's courtyard. Between the two impeccably choreographed dancers that move throughout the classrooms and Hemsworth's hip hop infused electro beats, the playful video is a unique look inside one of the country's quirkiest brands.



# BAMBOO PRINCESS



# Wednesday Campanella's KOM\_I Talks Fashion and Dancing Herself Clean

By Valerie Osipov

t's pouring outside. In the middle of the stage, a sphere-like figure made of gold foil flitters as it fills with air. The music has already started and seems to build with the rain, though the crowd at Beijing's Strawberry Music Festival has long forgotten about their muddy shoes and dripping wet ponchos. Everyone is fixated on the stage, scanning every corner in hopes to catch a glimpse of KOM\_I before she makes her grand appearance.



The trendy frontwoman of Japanese dance-pop group Wednesday Campanella is notorious for her quirky and unconventional live performances. She surely doesn't disappoint this time – the glistening foil orb slowly opens, unveiling KOM\_I's dollish face as she peers out at the unsuspecting crowd with delight.

Her vibrant stage presence can be compared to that of Icelandic indie enigma Björk, and is nothing short of mesmerizing – wide-eyed fans stand hypnotized as the vivacious pop pixie prances across the stage, fluidly moving with her music. Though despite her incredible liveliness, out of the spotlight, she admits she's quite the opposite. "I'm not really an energetic person. My performance is like washing

myself. It sounds cheesy but it's a ritual session for myself and the audience."

The group consists of two other members – Kenmochi Hidefumi and Dir.F, who are longtime friends and collaborators. From their first gig together in Tokyo to landing slots at festival overseas – such as Tyler, the Creator's Camp Flog Gnaw Carnival in Los Angeles last year – Wednesday Campanella is well on their way to becoming an international sensation. But if you ask KOM\_I, she still feels tiny.

Bold, electric hits like 'Audrey' and 'Aladdin' from their sophomore release SUPERMAN playfully push the boundaries of bubblegum pop, enhanced with bouncy club beats that are dangerously danceable,

while more surreal techno tracks like 'Melos' and 'The Bamboo Princess,' from their most recent album *Galapagos*, experiment with traditional sounds and showcase the purity of KOM\_I's angelic voice.

"When I write, I like to preserve a scene or emotion I had before," the singer-song-writer says, stating that she embraces all vibes as inspiration and the transformations they bring. "We are always changing, like liquid." She does just that on her tracks, organically progressing from delicate vocals to edgy rap verses.

Recently, the band gained even more exposure after being featured on Scottish synth-pop trio CHVRCHES' new single 'Out of My Head,' which KOM\_I contributed lyrics to.

Aside from being a music icon, the J-pop oddity is a fashion force as well, having been voted one of *Vogue Japan's* 'Women of the Year' in 2017. "My current mood is 90s bitch," says KOM\_I (though she never leaves the house without her wireless headphones.) "And I'm following many Chinese girls on Instagram. I'm really inspired by them because their fashion is fearless and they have the energy of a young country. I feel like China is the oldest and youngest country at the same time."

Wednesday Campanella's China tour includes stops in Beijing, Guangzhou, Shenzhen and Shanghai. Though it's not her first time, KOM\_I is excited to see some new places in each city by day – especially Shanghai as she's eager to go to Disneyland – and hit the clubs by night.

"And hotpot! I would love to have hotpot after clubbing."

Oct 20, 8.30pm, RMB300 presale, RMB360 door. Modern Sky Lab, 3/F, 188 Ruihong Lu, by Tianhong Lu 瑞虹路188号3楼, 近天虹路

# SPINHIG

#### Teen DJ Goauchi on Smoking Cats and Sleeping on Couches

By Sarah Forman

While many children in China grow up learning to play traditional instruments like the piano or violin, Shi Jiayuan, better known by her stage name Gouachi, opted for turntables instead. Over the last few years, she's made a name for herself in Shanghai and across China, but her story is just as interesting as her sound.

his is the first tattoo I got," 17-year-old Shi says as she pulls her denim pant leg up to her knee. The words 'Disk Jockey' take up the outer right side of her calf in an ornate font, reminiscent of a tattoo you might see on the arms of a 20-something in downtown Los Angeles. "It's kind of stupid," she says laughing, as we talk about the others on her arms and the back of her neck. A ghost emoji, a smoking cat sticking his head through a piece of bread and a protective Egyptian eye are among the most visible.

It's uncommon to see someone this young covered in as much ink as Shi, but then again, there's nothing particularly common about this Shanghai-based teenage DJ. She lives with her friends – not her parents – and has played everywhere from Chengdu and Ningbo to Hangzhou and Shenzhen. "I loved playing in Shenzhen," she says laughing. "In Chengdu everything closes super early, not like in Shanghai. But in Shenzhen, the people were so excited, so enthusiastic, they danced so much. Afterwards we went to Oil Club and their speakers were so good, the sound broke one of the windows." But

despite her easygoing demeanor, things haven't always been so easy for Shi.

A skull marks her left bicep, with what look like crystallized flowers emerging from the center of its forehead. "I was sick two or three years ago, and it turned me into another person." During that time, Shi was anorexic, weighing just 30 kilograms. "Most people don't believe this was me," she says, pulling up a photo on her phone that was completely unrecognizable from the healthy, confident young woman sitting before us. "I had to go to the doctor in the morning, once or twice a week. It reminds me that I can change things, that I can always get better."

Not long after she started to work towards a healthy weight, she saw an advertisement for a free DJ lesson at CTRL Studio. After reposting the article, she contacted the manager to claim her class, and with a few other friends they went to see what the studio space over on Kaixuan Lu was all about. After one lesson, she signed up for 10, but only made it to the first five before a leg injury put a pause on her progress. She forgot everything she'd learned during the unexpected hiatus, but once her leg was healed, Shi returned to the studio and has stayed there ever since.

"I used to come sleep on the couch when I'd play a weekday gig," she says, clutching a folding chair to her chest. "One night in the winter it was so cold, I slept with my bag and this chair on top of me to keep warm." When she first started out, the only opportunities she had to DJ publicly were on Thursdays, where she could be found doing hour-long sets at Arcade on Fuxing



# <del>OUT</del>

Lu. "One time my dad came to the studio and found me on the couch. He said I looked like I'd been doing drugs because I was so tired, and told me that I needed to stop, but I would just try to explain to him how much I love it and promise to focus on my school as well."

At first balancing the two was hard for her, but as she progressed and became better known in the circuit, she moved away from weekday gigs into weekends. She's since been able to travel across the country, playing in clubs of all shapes and sizes, while still making some time for her homework and a reasonable amount of sleep. She doesn't much care about those things though.

For Shi, there are really only a few things she cares about – art, her mother, her friends and her cat Stan. "DJing is like...a way to show others what you're thinking, what you want to say. It's the same for my painting or drawing, and it's why I want to study video production in university. It can tell a story." She went on to talk about how Claude Monet does this with his use of light and color in impressionism, how much she listened to Murlo when she first started playing, and the way Alduous

Huxley's writing shaped how she looks at the world. But to Shi, music and art aren't just about her - they're about other people, and an experience. "If I play very early in the night, it can't be such a heavy set – for the people that DJ, it's hard to follow that and keep building the intensity." Shi spends hours getting ready for each set she puts on, having her own copy of keys to the studio where she was once a student. "I listen to the sets of people playing with me before I prepare my material and what's suitable for this party... I think more about the DJ lineup because I can never know who is going to come." She thinks about the dancers too, stockpiling a reserve of tracks to pull from depending on the crowd, but she only ever knows what will work when she's in the room seeing how people respond. For Shi, there's only so much you can ever anticipate, but being present and planning forward - knowing herself and thinking about others - has brought her this far, and it looks as though there's no stopping her now.



Their speakers were so good, the sound broke one of the windows



When he was 22, Smith lost six kilograms in 14 days. While he admits he still struggles with his weight, he currently maintains it by doing intermittent fasting, avoiding bread and working out regularly.

In 2016, Smith won an Oscar for Best Original Song, but erroneously said in his acceptance speech that he was the first gay person to win an Oscar. Elton John called him out on it at the after party, to which he apologized profusely.

Smith once skipped school to go to a Lady Gaga concert. He forged a letter from his father on the library computer stating he 'had to go to a funeral.' While all could've been perfect, he made a rookie mistake of forgetting to log out of his account, leading the librarian to discover the note.

The singer is very open about his affinity for partying and drinking. On *The Tonight Show Starring Jimmy Fallon*, Smith said he once threw up in his hand at a Sydney bar after taking a shot of tequila.

He scored an unexpected win at the 2015 BET Awards in the Best New Artist category.

His parents told him that he's related to pop star Lily Allen, which the 'Smile' singer later confirmed on Twitter. Allen's brother, *Game of Thrones* actor, Alfie, questioned the initial connection, but they are in fact distant cousins.

Smith held a royal-themed 26th birthday party in Portugal as it fell on the same day as Prince Harry and Meghan Markle's wedding.

Smith hates karaoke and will only ever sing Fifth Harmony's songs ('Work from Home' is his go-to song). During his Carpool Karaoke session, James Cordon hooked him up with the popular American girl group and they had a blast.

When he won Record of the Year and Song of the Year for 'Stay with Me' at the 2015 Grammys, he thanked the guy who broke his heart.

'Money on My Mind' might be one of Smith's most popular singles, but the singer once admitted he hates the song.

# 10 THINGS YOU DIDN'T KNOW ABOUT SAM SMITH

As Sam Smith prepares to take the stage at
Shanghai's Mercedes-Benz Arena, *That*'s has dug up some facts on the emotionally
expressive master of pop songs for the brokenhearted.
Time to hit the books and get ready for his The Thrill of It All World Tour.



# Three New Homegrown Albums on Our Radar This Month

By Sarah Forman

#### Flow West to You by Endless White

Xi'an-based Endless White have just released their first album in two years, *Flow West to You*. While they've been around since 2015, they've swapped out a few of the original members, making for a new four-piece outfit that is really cementing their sound. Signed to Ruby Eyes Records, their shoegazey guitars, high-pitched vocals, and frenetic power chords make for a 10-track dreamy kind of heartbreak. The indie rock band's most recent album is more focused with a stronger production value to back it up. Each song featuring vocalist Zhang Wanyi more predominantly than their 2016 release, this album is bright and bittersweet, giving you all the feels from the inside out.

Listen here: endlesswhite.bandcamp.com/album/flow-west-to-you





#### Yoyogi by Kaygeeci

Harsh lyrics can be heard on Kaygeecii's second EP *Yoyogi*. The third song '-w-' sports the lyric "I found your b\*itch on Tinder, she called me little Bieber," but the only thing this Beijing-based rapper has in common with the Canadian banned from entering the country is an affinity for Ferraris. It starts out with heavy, trappy beats, followed by old school hip-hop splicing, and ends with the track 'Savagest,' which pays homage to Tricky's haunting, slow pacing. Despite its length, the four-track EP showcases a diverse range of rap produced by YUNGDOW and an entertaining array of styles from the capital's underground scene.

Listen here: kaygeecii.bandcamp.com/releases

#### **Aerodynamics by Parachutes on Fire**

Parachutes on Fire have brought their latest album, *Aerodynamics*, in for a landing. All of their groovy, psychedelic tracks boast aviation-centric lyrics and titles. 'Holiday' has a beachy, piña colada craving vibe, whereas 'Tailspin' takes cues from classic, space age 60s rock. The band's members are veterans of the Shanghai music scene, and their bold harmonies and appreciation for acoustic guitar bring elements of folk into the mix. Smooth sailing!

Listen here: parachutesonfire.bandcamp.com/album/aerodynamics







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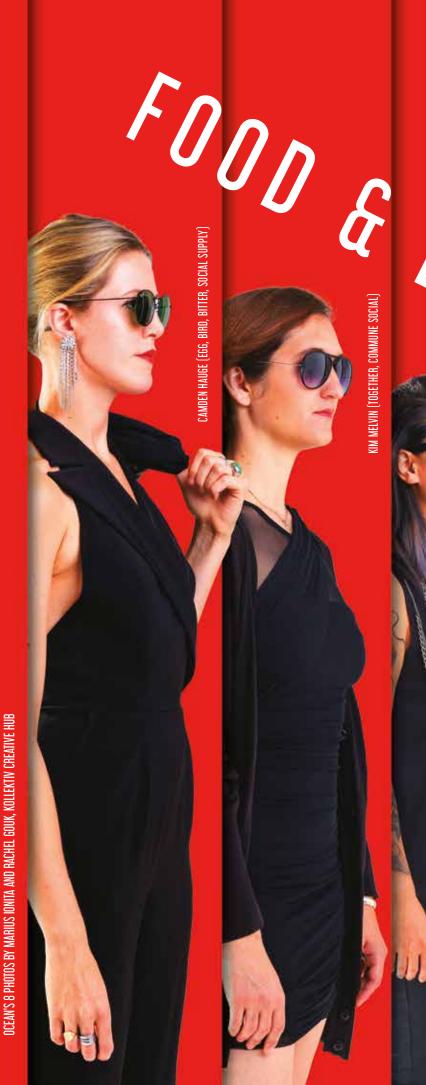
















FOO DRINI HOTEL SHANGHAINESE
RESTAURANT OF THE YEAR
YONG YI TING, MANDARIN ORIENTAL
PUDONG, SHANGHAI



& Di

HOTEL CANTONESE

RESTAURANT OF THE YEAR

T'ANG COURT, THE LANGHAM,
SHANGHAI, XINTIANDI

HOTEL CANTONESE
RESTAURANT OF THE YEAR
MAN HO, SHANGHAI MARRIOTT HOTEL KANGQIAO

HOTEL SOUTHEAST ASIAN
RESTAURANT OF THE YEAR
URBAN CAFÉ, THE SUKHOTHAI SHANGHAI

HOTEL JAPANESE
RESTAURANT OF THE YEAR
SAZANKA, OKURA GARDEN
HOTEL SHANGHAI

EDITOR'S PICK
HOTEL JAPANESE RESTAURANT OF THE YEAR

KOBACHI, GRAND HYATT SHANGHAI

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XINTIANDI, SHANGHAI

FOOD & DRINK not AWARDS 2018 HOTEL BAKERY OF THE YEAR LE COMPTOIR DE

HOTEL BAKERY OF THE YEAR LE COMPTOIR DE PIERRE GAGNAIRE. CAPELLA, JIAN YE LI

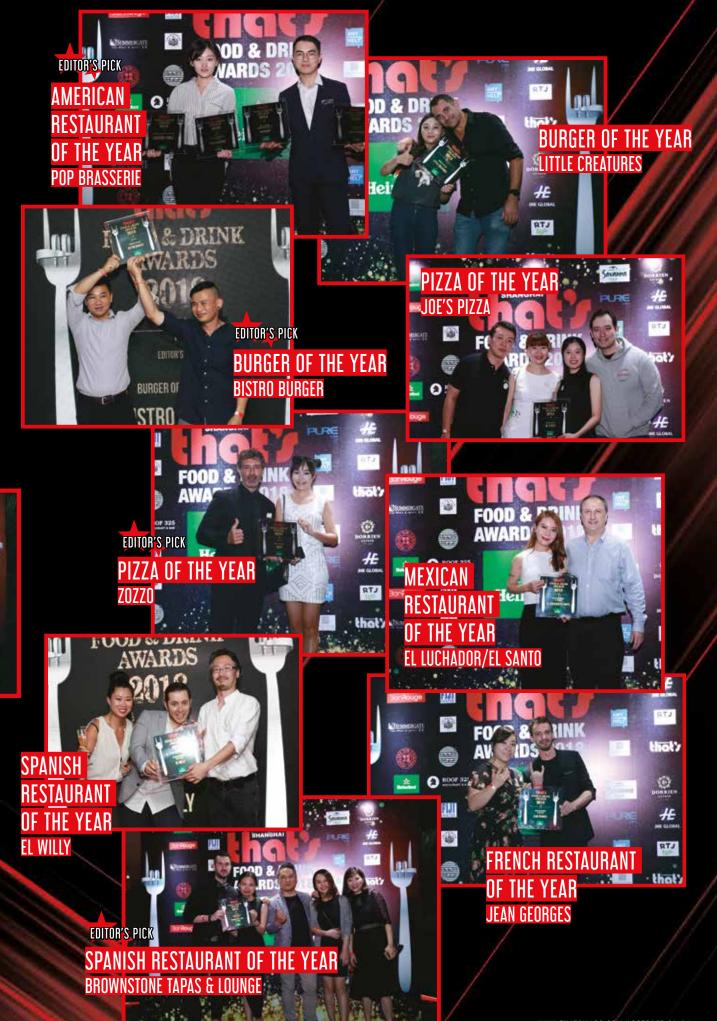












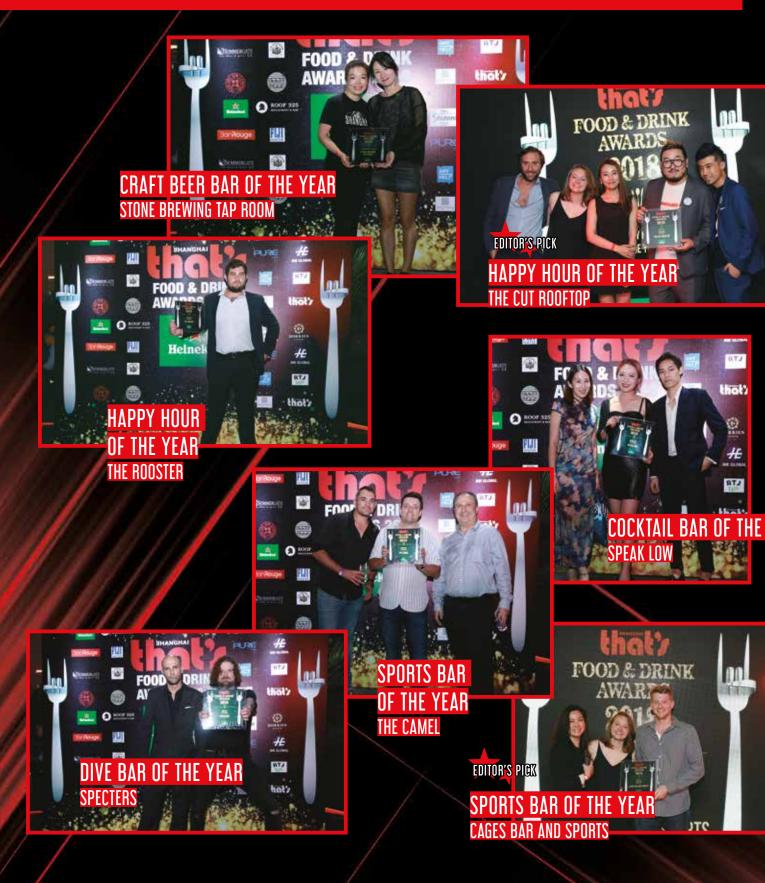
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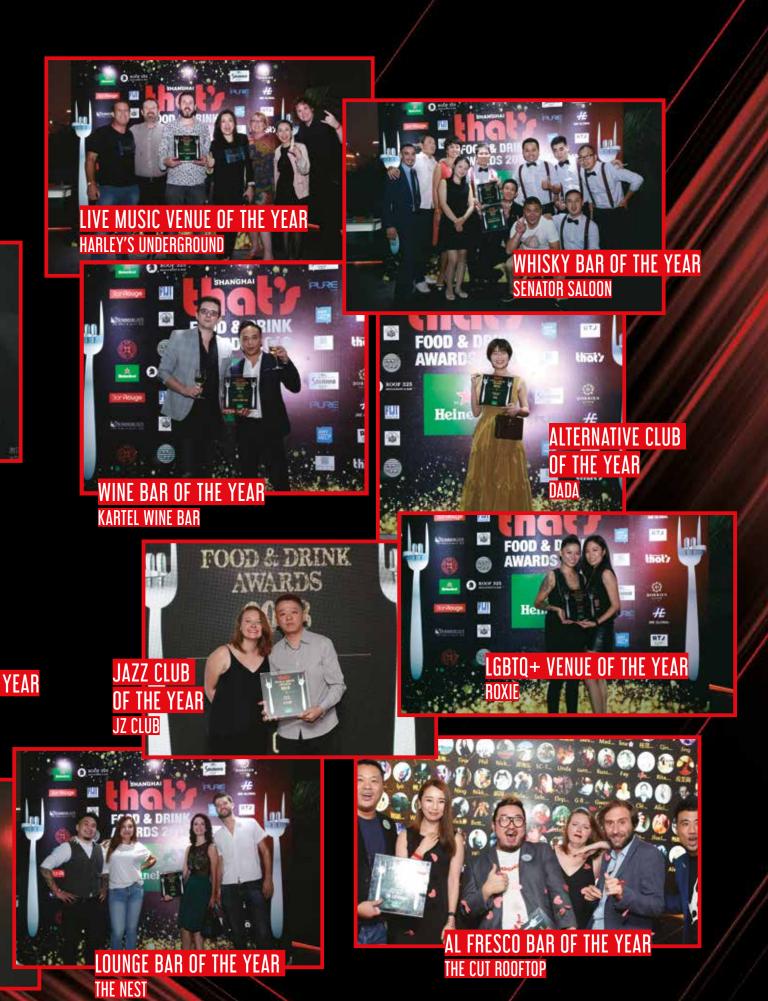
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# BARS AND NIGHTLIFE





# THE BIG ONES









NEW CLUB OF THE YEAR
CLUB 3 1/3



TOGETHER



THAT'S SHANGHAI CLUB

OF THE YEAR

BAR ROUGE

THAT'S SHANGHAI BAR
OF THE YEAR
UNION TRADING COMPANY

THAT'S SHANGHAI

RESTAURANT OF THE YEAR

MERCATO

# THE STORY SO FAR...

Looking back on the 15 previous editions of the most prestigious food and drink awards in the city...

Way back when, That's Shanghai loved a party. So we had two –
one for bars and one for restaurants. The Bar Awards were held
at Che in Xintiandi ("Nali?" we hear you say), the big winners
being Long Bar and Blarney Stone. In the Restaurants Awards at
Baci ("Nali?" again), M on the Bund picked up three and Ashanti
Dome two.

The Awards were fast becoming a huge gala evening, this time at VIP room, which was on Wulumuqi Lu but is now dead. A certain David Laris stamped his mark, winning Restaurant of the year with Laris in Three on the Bund, while DKD's short-lived success was decorated with Club of the Year.

That's Shanghai came over all artsy: Suzhou Creek, 1930s decor and over 600 exclusive guests at the River South Art Center. It was the second year of Bund domination, with Jean Georges nicking Restaurant of the Year off his housemate Laris, and their neighbors Glamour Bar winning Best Bar.

It was all hail the new guard in 2009, with hosts M1NT picking up both Best New Bar and Best Bar, and Cantina Agave winning Best New Restaurant and Best Restaurant. The wonderful Cotton Ding won Personality of the Year, while a certain Paul Pairet won Best French for Mr & Mrs Bund. Not the last we'll be hearing about him...

We got all abattoir chic on your asses, moving the party to 1933, where our amigos from Lola won Best New Bar, Bar Rouge took the Best Bar back after a bit of a break, Glo London picked up Best New Restaurant, Brad Turley took Best Restaurant with Goga, and Austin Hu was crowned culinary king with Best Chef.

It was fiesta time at Unico, justifying their award for Bar of the Year. The VOL Group did alright for themselves once again, with Best French for Mr & Mrs Bund, Best Chef for Monsieur Pairet and Club of the Year for Bar Rouge. Tock's won Best New Restaurant, while Scott Melvin's The Commune Social won Restaurant of the Year.

We returned to the glamorous confines of M1NT in 2015, which our readers also chose as Club of the Year. Overall it was a big night for The Bund with Paul Pairet picking up a Lifetime Achievement Award, while his Mr & Mrs Bund took home the coveted Restaurant of the Year Award. The Bull & Claw won Best New Restaurant and fortunately our curse seems to not have followed them, while The Commune Social's Scott Melvin ascended to the throne as Best Chef.

We said hello again to M1NT (and their sharks) last year, who was also named Club of the Year, but Austin Hu, who picked up two of the biggest awards of the night – Chef of the Year and New Restaurant of the Year for Diner – turned out to be the biggest winner of the night. Raw Eatery & Wood Grill, a relatively new face on the Shanghai dining scene, was named Restaurant of the Year. The unfortunate curse returned to haunt the New Club of the Year winner SMASH, which shuttered just weeks after receiving their plaque. Oops.

2003

2004

2005

2006

2007

2008

2009

2010

2011

2012

2013

2014

2015

2016

2017

One award ceremony this time, in the Ambrosia garden on Fenyang. Like the evolution of man, Shanghairen emerged from their barstools to the dance floors, with the new Club of the Year award going to Park 97. Blarney Stone picked up Bar of the Year for the second year running, as did M on the Bund with the Best Restaurant gong.

Do we give the kiss of death to Awards venues? The funky Pier One played host in 2006 – during the brief time it was open – and saw registered votes eclipse 2,000 for the first time. Laris once again struck restaurant gold for his eponymous place, while Bar Rouge cruised to bar glory for the first but certainly not the last time.

Lounge 18 was the venue this time (yup, the curse continues), which also picked up Best New Bar. Their friends upstairs at Bar Rouge claimed Best Bar back from Glamour, while in posh nosh stakes Hamilton House won Best New Restaurant and Casa 13 Best Restaurant. May their souls rest in peace.

Life is a cabaret, old chum, come to the cabaret. Yes, Chinatown was the host, and damn that closing down curse, because we loved that place, and Chinatown Charlie, who won Personality of the Year. El Coctel arrived on the scene with Best New Bar, M1NT retained Best Bar, Mr. Willis took Best New Restaurant, while the PuLi's Jing'an won Best Restaurant

The Swatch Art Peace Hotel played host, but it was their neighbors at the VOL Group who really had reasons to celebrate the night, picking up Best French and Best Fine Dining for Mr & Mrs Bund, Best New Restaurant for Ultraviolet, Best Chef for Paul Pairet and Bar/Club of the Year for Bar Rouge. Sometimes that cinq-ing feeling can be a good thing, eh mes amis?

Salmos Lounge saw our not-so-humble annual soiree that year, and we cursed a couple of places: speakeasy The Boulevard won Best New Bar (but prohibition subsequently got the better of it) and Cirque le Soir Best New Club (may its tasseled titties rest in peace). Bar Rouge won their sixth Club of the Year title, Unico scooped Bar of the Year, while Coquille picked up Best Restaurant.

Fusion was our host for the awards in 2016, and the big wins went to Mr & Mrs Bund (Restaurant of the Year), The Nest (Bar of the Year) and Le Baron (Club of the Year). Meanwhile, Baoism, Parrot and Elevator took home top prizes for their categories for the new kids on the block. The title of Chef of the Year went to our hometown boy Tony Lu from the Fu empire.

# EAT & DRINK





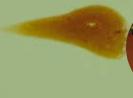
**Tacolicious** P60



**Alimentari & Degusteria** P62



**Bar Alcocase** P65



## GEO VALDIVIESO AND VICTOR DOUKOV

# The Dynamic Duo Tell Us What's 'UP'

Interview by Cristina Ng

Since meeting at M1NT Shanghai five years ago, the fast friends have wanted to open something together. After completing other big name projects such as Revolucion Cocktail (Victor) and The Captain (Geo), they are finally teaming up for an ambitious 'cocktail club' named UP.

#### How did you know the time was finally right to open something together?

**VD:** I was ready to move on, and he was the person that I wanted to [open a club] with. Even though we have different personalities, we always complete each other. He is the perfect face for a bar, while I'm in the back making sure everybody is safe.

#### Who else is involved?

**GV**: Max Trullas Moreno (MTMDESIGN) is working on the design and construction of the space, and we also have Carlos Sotomayor doing the food. Siu Tang from The Orange Blowfish is working on some artwork for the space.

#### What kind of food will Carlos serve?

**VD:** We are aiming for comfort, so think premium fast food. You can get sweet and sour chicken and dumplings in takeaway boxes. When you party, you always want to eat something, and it's a hassle to find something that is of good quality after midnight. At UP, you can pop a bottle and have a burger late at night.



# "Originality is everywhere, so we are full of our own new ideas"

#### What will the drink prices be like?

**VD**: Nothing will be more than RMB100. Even though we are aiming at a younger generation of trendy locals with a lot of cocktail knowledge, we still want to keep this a high-volume bar.

#### Will people who don't like clubs enjoy UP?

**VD:** Yes. It's not a *club* club, it's a cocktail bar slash club. It can be a lot of things at once. If you want a lounge vibe, come earlier or hang out on the terrace.

**GV**: The main goal is to satisfy all moods. While the venue is quite big, we can transform the space by closing off areas earlier and reopening them as needed.

#### Will you have fireworks or sharks?

**VD:** While we have gotten a lot from previous venues, we need to respect our own identity.

**GV:** Originality is everywhere, so we are full of our own new ideas. With this team behind us, it's even easier to keep the creativity alive.

Up is due to open mid-October at 2/F, 688 Shaanxi Bei Lu, by Wuding Lu 陕西北路688号2楼, 近武定路.

# GRAPEVINE



& Drink Awards 2018 Chef of the Year,
Danyi Gao, has three branches of her new
Vietnamese concept, **Bun Cha Cha**, in the
works. As the name suggests, bowls of rice
noodles with grilled pork, herbs and fish
sauce are taking center stage. The first two stores will be in Pudong and Qib<u>ao, while a</u> downtown location will open at Lippo Plaza

American chains **Red Lobster** and **Shake** 

Meanwhile, the long-awaited **Pierogi Ladies'** reopening happened at the end of September while **Homeslice's** new joint on Yuyuan and dosas at **Currify's** Taixing Lu outpost must be flying out of the kitchen because they're already working on a second branch on

food hub, **Uniman's** creative dumplings have

#### WIN! RMB500 Voucher at Nikutei

Calling all meat lovers! Purveyors of delicious yakiniku, Nikutei Watami has landed in Shanghai. Watami Group first launched Nikutei in Taiwan where they developed quite a following for their Japanese beef dishes. Head over to Daning International Commercial Plaza and taste everything from the delicious sukiyaki to thinly sliced barbecqued steaks. The restaurant also makes a show stopping donburi, which piles meat on rice in the shape of Mount Fuji. Nikutei offers a premium dining experience coupled with excellent value, with an average spend of RMB130 per person. They are offering a RMB500 voucher to one lucky winner. To win, simply scan the official That's Shanghai WeChat QR code and wait for the competition announcement.

> 3/F, Block 6, Daning International Commerical Plaza, 1918 Gonghexin Lu, by Daning Lu 共和新路 1918号大宁国际商业广场6座3楼 (6107 5390)



#### **CHAR Bar** & Grill

#### Playful Iterations of **Brunch Standards**

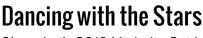
Sunday in Shanghai means it's time for brunch and CHAR Bar & Grill's creative renditions are an excellent addition to the scene. A high point is 'Where are my eggs?' which gives eggs Benedict the steakhouse treatment by



placing a beautifully poached egg atop beef tenderloin, rocket and confit onions, while pasta, slowly cooked beef cheeks and marinated king prawns are popular choices, too. Don't forget to hit up the DIY Bloody Mary station and enjoy iconic CHAR desserts such as mini banana cheesecake or Nutella-dusted chocolate brownie. RMB298 for three courses, plus RMB198 for two-hour free flow wine and Bloody Marys.

> Sun from 11am. 29-31/F, Hotel Indigo Shanghai on the Bund, 585 Zhongshan Dong Er Lu, by Dongmen Lu 中山东二路585号29-31楼, 近东门路. Nearest metro: Xiaonanmen, 7 mins. (3302 9995)





Shanghai's 2019 Michelin Guide Results

The French tire company's third Chinese mainland edition of the Michelin Guide is finally out with 34 restaurants receiving stars. Diners and F&B professionals alike have been wondering who clinched a coveted star or three this year. Did T'ang Court and Paul Pairet's Ultraviolet cling onto their ultimate accolades?



Have any newcomers cracked the list? Has Taco Bell pulled off the impossible and usurped Canton 8 as the world's cheapest twostarred restaurant? Scan the QR code to see our full list of winners.



## YONG YI TING

One Michelin Star Three-peat in 2019 Guide

**▼**or many chefs, receiving a Michelin Star is the ultimate achievement. Once the coveted award is bestowed, maintaining this honor is of the utmost importance. At the Mandarin Oriental Pudong's Yong Yi Ting, Chef Tony Lu has guided his team to a momentous third one-star recognition in the Michelin Guide Shanghai 2019.

In honor of this occasion, the hotel is launching a combined dining and Tesla test drive offer. This autumn, 'The 24 Hours' offer allows guests to take a top-of-the-line electric vehicle out for a spin and indulge in a luxurious eight-course Chinese dinner at the Mandarin Oriental Pudong's signature restaurant.

Known as a pioneer of high-end Chinese cooking, Tony Lu has mastered the traditions of Jiangnan cuisine while leaving his own refined signature on the genre. He showcases the diverse influences of Shanghai and neighboring Jiangsu and Zhejiang provinces in a manner that appeals to local diners and international guests alike.

Savor Chef Lu's interpretation of Chinese Imperial culture at Yong Yi Ting. In true Jiangnan style, the meal features the season's most sought-after specialties such as hairy crab and osmanthus. Meal highlights include avocado marinated hairy crab tartare with buckwheat chips, oven-baked lobster stuffed with cheesy hairy crab and goji wolfberry

ice cream with osmanthus, gorgon fruit and baked lotus puff.

If exploring the world of delicious Chinese fine dining as well as the latest in green technology advancements appeals to you, then 'The 24 Hours' is a must. This menu is exclusive for Travelzoo members and is available for booking until October 30 for RMB1,188 per person. Feel free to upgrade to a Club Delight luxury accommodation package to receive a RMB600 credit on dining and in the spa to maximize your enjoyment.

111 Pudong Nan Lu, by Yincheng Lu 浦东南路111 号, 近银城路. Open daily, 11.30am-2.30pm, 5.30pm-10.30pm. (2082 9978)



### **TACOLICIOUS**

The Dolled Up Double Decker You Never Knew You Needed

By Sarah Forman

#### The Place

A collaboration of foodie favorites, Logan Brouse of Logan's Punch, Adrian Wall of Joe's Pizza, Thijs Oomens and Saira Shazad of BYFO Hot Sauce have come together to bring Shanghai a new type of taco. Setting up shop on the corner of Yueyang and Dongping Lu in Goga's former home, they've transformed the red-bricked two-story restaurant into a modern Mexican marvel. One of the few spots in the neighborhood with an outdoor rooftop patio, Tacolicious is intimate and trimmed with fairy-light filled tequila bottles.

#### The Food

Heavy at heart, many Americans in particular tend to think 'large portions' when it comes to food from south of the border. Tacolicious, however, aims to deliver quality over quantity, and the first instance can be found in the chips served with comically small bowls of delicious salsa and guacamole (RMB40). The deep-fried flour tortilla wedges are dusted in house-made Cajun spice mix that brings a smoky sweetness to their airy crunch.

The tortilla soup (RMB50) is another solid starting point. Green pepper, onion and

corn make for mouthfuls of crunchy veg in a light but well-seasoned tomato broth with freshly grilled cubes of juicy chicken and crisp corn tortilla topper.

Now, two tacos might not sound like enough to satiate any real craving, but the double shells put them over the edge. Crispy corn is melded to a soft, flour tortilla by a thick layer of melted cheese. No longer will you have to choose between the two greats – they've forever been bound in mozzarella matrimony.

Purple pickled cabbage brightens up a number of the tacos, our favorite being the classic bean and cheese (RMB55 for two). The corn and legume combo are especially dairy heavy, in soft but crunchy bites that even a true carnivore couldn't complain about.

The *mapo* tofu (RMB60) is a pleasantly surprising diversion from the Tex-Mex mix. While the classic dish uses soft bean curd, this iteration uses dried tofu with a firmer texture better suited to a taco situation. The addition of kimchi adds welcome acidity to the tomato and mushroom. While we'd suggest a name change, they are worth an order.

The tender carne asado steak (RMB65) pairs really well with crunchy coleslaw and creamy chipotle dressing. Though the real hit is the Szechuan twice cooked pork (RMB65) with a toothsome texture that allows the *mala* flavor to linger on your palate. A sprinkling of cilantro – common in both Chinese and Mexican cuisine – pulls it all together for a harmonious cross-cultural exchange.

If you're looking for something lighter,

the ceviche (RMB65) comes as an alternative to the carb-heavy items on the menu. Several types of shredded *pescado* marinate in a punchy citrus sauce, flavored with a hint of spice and green garnish.

With a bar backed by Brouse, the cocktails are also one for the books. Made with Capi soda, the Paloma (RMB65) is strong and sweet with a perfectly proportioned lime accent, while the Mexican Mule (RMB60) blends tequila (instead of vodka) with ginger beer for a beverage that carries an earthier taste than its Russian cousin. **2.5/3** 

#### The Vibe

While its compact size and cozy setting are perfect for an intimate, casual meal, the combo can make for longer wait times. That being said, if you're in good company, and order up a round or two of their well-spiced cocktails, you won't have much to worry about. Its understated décor is cute and modest, which is breath of fresh air in this sometimes over the top city of ours. 1/2

#### **Total Verdict: 3.5/5**

Price: RMB125-250 per person

Who's going: those that like a good drink and aren't married to a traditional idea of Mexican food

**Good for:** dates, a meal outdoors and long lunches

1 Yueyang Lu, by Dongping Lu 岳阳路1号, 近东平路. Nearest metro: Shanghai Library, 5 mins. Open Tues-Sun, noon-11pm (137 6406 0741)





### **OXALIS**

#### Simplistic French Refinement

By Cristina Ng

#### The Place

Although Oxalis has been open for months now, this addition to Shanghai's French dining scene is still flying under the radar. While The Waterhouse at South Bund is a masterpiece of contemporary design, there's just not much else going on in the area.

Chef Jonas Noël's creative take on 'bistronomy' is inspired by a 1990s culinary movement whereby chefs applied fine dining backgrounds to more casual concepts. His own journey began at Michel Bras where he foraged for an edible herb called oxalis. He then honed his skills at Oslo's Bagatelle, Hong Kong's Caprice and our own L'Atelier de Joël Robuchon.

#### The Food

Single bites such as chickpea fries with a creamy center and crisp crust (RMB48) are good teasers to the chef's style. Raw scallop, savory lemon curd and coriander topping make this an intensely flavorful starter.

Raw and hand-cut Aussie Angus beef (RMB168) goes beyond your typical tartare thanks to the addition of some of the chef's favorite flavors: Laphroaig whisky, caviar and Indian almonds. Instead of the standard raw egg yolk, Noël experimented with cooking it at five different temperatures until he found a way to give it a buttery texture that works perfectly in this dish.

The gloriously flaky Atlantic halibut (RMB128) served under a bread crust with snow peas, radish, beurre blanc and chives is a memorable main.





We also enjoyed the spinach and ricotta 'ravioli' (RMB108), where the additions of mushrooms, hazelnut and edamame provide notes of earthiness and freshness.

The most impressive dish on the dinner menu is roasted Berkshire pork shoulder blade (RMB698), which has a layer of perfectly crisp skin on top of meat cooked to a beautiful tenderness. A surprising combination of raw, cooked and pickled apple slices complement the protein in a lovely manner.

Sadly, one of our favorite dishes, the free-range chicken terrine made with Shaoxing wine, is no longer available on the dinner menu. To get a taste of that, you'll have to check out their express lunch sets (starting at RMB188).

We are often too full for dessert when we visit Oxalis, but missing out on the exquisite Grand Marnier soufflé (RMB88) would be a crime. 2.5/3

#### The Vibe

We are big fans of Oxalis' deceptively simple food. The spacious and comfortable dining room shines during the day when the space is bathed in light, which is great as their brunch and lunch sets are reasonably priced. The service is consistently excellent, but if we could change one thing, it would be the boring downtempo playlist, which does nothing to uplift the atmosphere. 1.5/2

#### **Total Verdict: 4/5**

Price: RMB300-500 per person plus 10 percent service

Who's going: French food lovers

**Good for:** well-priced lunch and brunch, soufflé and *that* pork

1/F, The Waterhouse at South Bund, 1-3 Maojiayuan Lu, by Zhongshan Nan Lu 上海水舍酒店毛家园路1-3号1楼, 近中山南路. Nearest metro: Xiaonanmen, 19 mins Open daily, noon-2.30pm, 6-10pm (6080 2918)



### **ALIMENTARI & DEGUSTERIA**

#### Popular Italian Deli Given an Upgrade

By Cristina Ng

#### The Place

When Popolo Group decided to turn their short-lived wine bar, QV, into the second branch of their popular deli and grocer, Alimentari, excitement rippled among Jing'an snobs who can't bear leaving their neighborhood. If that weren't good enough, an all-day brunch menu has been added to the mix, bringing excellent value meat and cheese boards and bottled cocktails for which the Anfu Lu branch is known.

#### The Food

Available from 9am-6pm (early birds can snag a coffee starting from 8am), Alimentari & Degusteria's all-day brunch features a range of breakfast items including egg sandwiches, power bowls, toasts and waffles. Start your day off with a simple egg and cheese sandwich (RMB30) or sample the best of the deli counter with a flavorful bowl of Mediterranean grains (RMB65) topped with quinoa, lentils, capers, olives, artichokes, cucumber, sun-dried tomatoes, pickled onions, anchovies and lemon olive oil dressing.

If you want to treat yourself, we recommend the A&D Combo (RMB65) consisting of two eggs cooked any style,

bacon or Italian sausage, minted zucchini, grilled tomato, toast and butter. Dipping hot buttered pieces of toast into sunny side up egg yolks is a simple pleasure that we are often denied when they're overcooked, but they get it right here. Their spicy Italian sausage and perfectly cooked vegetables make this plate hard to beat.

It wouldn't be brunch without avocado toast (RMB50), and this zesty version comes with two eggs and is one of the cheapest in town. For a change of pace, try the salmon toast (RMB55) whereby a spread of herb-flecked mascarpone is topped by ribbons of cured salmon, sliced cucumber and a poached egg.

From light and airy batter to the crisp sugar coating on the fruit, the caramelized banana waffle (RMB55) with Nutella hits all the right notes. 2/3

#### The Vibe

In contrast to the dark and moody atmosphere of its predecessor, Alimentari & Degusteria is pure sunshine. Given their location, they are sure to attract the expat masses in need of Italian groceries, wine, snacks, brunch and more. Luckily, their prices are affordable and frequent visits won't break the bank. 1.5/2



#### **Total Verdict: 3.5/5**

Price: RMB50-100 per person
Who's going: every expat in the Jing'an
vicinity
Good for: coffee, all-day brunch, afternoon

drinks and more

343 Jiaozhou Lu, by Wuding Lu 胶州路343号,近武定路. Nearest metro: Jing'an Temple, 6 mins. Open daily, 8am-midnight (6256 5005)



# JADE ON 36

#### The Epitome of Approachable Luxury

¶he arrival of Jade on 36's newest seasonal menus brings a burst of fresh energy to the critically-acclaimed restaurant.

Consulting Chef Oliver Pistra and Chef de Cuisine Taylan Yucel invite diners to appreciate fine culinary art enhanced by iconic views and signature Shangri-La hospitality. Seasonal ingredients are brought together in experimental and elaborate ways to create perfect combinations and contrasts of texture and flavor.

Case in point is the *Pâté en Croûte*, consisting of moist chicken breast, duck gizzard and foie gras, speckled with pistachios cooked to perfection between walls of flaky pastry. Each bite is brightened by an airy gin and sour cream emulsion redolent with juniper.

Equally impressive are the *Escargot* Cromesquis on top of a creamy herb sauce with soft Boursin cheese and a chunky latesummer tomato concassée. The Green Crab & Scampi is an elegant take on a homey classic. Here a crab shell is lined with chawanmushi crab royale, tenderly braised rhubarb,

succulent pickleweed and a masterful Amoricaine sauce.

For those with heartier appetites, venison loin surrounded by celeriac purée, remoulade, blackberry gel and beetroot with softly peppered Sarawak poivrade sauce is a satisfying main course.

The Apple's Surprise is a picture perfect finale to the parade of artfully plated delights. A green-hued white chocolate apple contains granny smith mousse, marmalade and fruit compote with toffee caramel. A scoop of apple brandy Calvados ice cream is an ideal accompaniment.

At the improved Jade on 36, classic flavors are modernized by a talented team for a playfully opulent meal. Single and sharing tastings are available in addition to a la carte options. From romantic dinners to gatherings with friends, Jade on 36 has everything you

36/F, Grand Tower, Pudong Shangri-La, 33 Fucheng Lu, by Mingshang Lu 富城路33号浦东香格里拉大酒店紫 金楼36楼, 近名商路 (6882 8888 ext. 6888)



### STRAIGHT NO CHASER



The big industry news this month comes courtesy of Shingo Gokan (Speak Low, Sober Company) and Steve Schneider (Employees Only, The Strangers Club), who told *DRiNK Magazine* that they are opening a 1980s futurism-themed bar called the **Odd Couple** in Xintiandi later this year.

Over in Jing'an, the folks behind **Barbarian** (as well as **Bites & Brews** and **Hot Chick**) are taking over **Le Café de Stagiaires'** former Wuding Lu outpost and replacing it with **Mad Lab**. While still a work in progress, we hear they are hopping on the draft cocktail bandwagon to keep the thirsty masses hydrated with little fuss.

Although **Elevator** announced the date of their closing party back in August, the September 18 shindig ended up being a celebration of a three-month lease extension. They will continue looking for a new space in the meantime.

Arkham at Found 158 has recently opened a bat cave-like lounge named Gallium. Whether you enter through the main space or the neon-lit, mirrored hallway, the space stands in stark contrast to its primary counterpart. The swanky new cocktail menu contains some gems, including refreshing takes on a gimlet and spicy Sichuan mules.

Finally, if you didn't get a chance to check out **RATIO's** pop-up robot bar in Shanghai's K11 mall this summer, you can visit the newly-opened permanent location in People's Square Raffles City.

## BARTENDER BLOOPERS

Shanghai Cocktail Slingers Most Shameful Moments

By Logan R. Brouse

We've all had bad days at work, from messed up sales to missed deadlines, but when it comes to the service industry, our worst moments happen in public. This month I am sharing column space with some of my delinquent cocktail slinging friends for a bloopers reel of drinks and debauchery.

#### The Single Guy

One night in the early 2000's, I was working at my first nightclub bartending job. The music is loud when a man walks up and asked for a "single guy." I replied, "I'm flattered but that's not my thing. You can find a bunch of single guys all over the place here and happy hunting." He said, "No, I want a single guy." Now flummoxed with a buildup of drink orders, I apologize for my chiseled good looks, runway-ready body and smoky come-hither eyes and said, "Again, thank you, but I'm not the droid you're looking for." He let out an exasperated sigh and explained a 'single guy' is a cosmopolitan made with tequila instead of vodka. My face turned as pink as the drink I made for him.

#### **An Unfair Shake**

One of my favorite stories comes from my good friend and world-traveling drinking buddy, Daniel 'The Man' An (owner of Atelier by Taste Buds, Antique and Shrine). When he worked at a renowned hotel bar in the city, they used fresh tomato juice in the Bloody Mary recipe, and too many bubbles in the juice means that it has been sitting there for a while. One time, he shook a bottle without noticing the carbonation, and it went off like a bomb. "Tomato juice exploded all over my white shirt and covered customers' faces like blood," he says.

#### The Case of the Missing Ingredient

A while back, one of the coolest bartenders around (hint: his name rhymes with Freddie Bang) was competing in the Chivas Masters Cocktail Competition. He presented a cocktail with a great story and excellent



technique. It was an all-around-winner except it was missing teeny, tiny ingredient that the judges were really looking for – Chivas.

#### The Great Pants Switch

The next story comes from the That's Shanghai 2018 Mixologist of the Year, Geo Valdivieso. He recalls a New Year's Eve where he allowed himself to get particularly loose. The party was so crazy his boss knocked over a pyramid of champagne glasses, and the police kept stopping by. At 8am, he goes to change out of his uniform and realizes someone took his pants, leaving him with a pair of yoga pants with no keys or money. He borrowed some money from the manager - who was still dealing with the cops - and had to break into his house by jumping through a 14th-floor window before realizing he had to be back to do inventory four hours later. He says that the memory still hurts.

#### **New Kid on the Block**

One of Shanghai's newest bartenders, Josh Freund recalls his first night at newly-opened tequila bar and taqueria. Not just new to the bar, but serving drinks in general, he (and his liver) had no idea what to expect. As his evil beady-eyed boss looked on, his hands shook while cutting limes, he also dropped an entire tray of glasses on the floor and forgot ingredients (and their proportions). At the same time his friends shouted insults and took video of the catastrophe. Still, he calls it one of the best experiences ever.

Logan R. Brouse, proprietor and mixologist of Logan's Punch and Tacolicious has run bars and clubs in Shanghai for over eight years. In between hangovers, he puts pen to paper to record his pontifications on the drink industry.



### **BAR ALCOCASE**

#### Reenvisioned Retro and Booze-Forward Favorites

By Cristina Ng

varies ou might be asking yourself what exactly an 'alcocase' is. While we first thought it was a portmanteau of 'alcohol and nutcase' (aka us after free-flow anything), it actually stands for 'alcohol and showcase.' That's more fitting as Bar Alcocase is grandly designed in a retro-luxe style ideal for enjoying a few well-made cocktails.

Located right next to Mosso on Changle Lu, Bar Alcocase is the new venture from the group behind blink-and-you-missed-it Japanese bar, Madara. Former Union Trading Company bartenders Lucky Huang and Leo Wei are here to design the cocktail program and manage the bar.

Behind a brick and glass entrance, lies a cozy bar area decked out in dark woods and jewel-toned velveteen. If you look closely at the golden candelabra wall sconces, you'll see a trail of matching insects 'walking' on the walls. The attention to detail and whimsical approach to design extends to the drink list.

Some of the more unique offerings are Six Pence Hot Pot and A Dame to Kill For (both RMB95). The latter sees a clash of rye (or bourbon), lemon, house-made rosemary and

raisin syrup, red port and Calpis competing for the limelight, while sweeter flavors win out. In contrast, the former merges gin, Calvados, Sichuan pepper, white wine and thyme in perfect harmony.

Recette du Chef (RMB95) is a boozeforward rum number with lemongrass, mango jam, basil, chili tincture, sherry, and lime. This otherwise delicious drink has a viscosity that would benefit from being served on ice.

You can't go wrong with a Hemingway Daiquiri (RMB95), French 75 (RMB90) or anything else from the classics lineup as the bar staff is made up of consummate experts.

The only real complaint we have is a playlist filled with poppy Christian hip-hop. While we appreciate the effort to keep things upbeat, they need to get someone in to consult on the music. Prices might be a little steep, but given the quality of the ingredients and the number of house-made components, we're willing to look past that. All in all, we see ourselves returning to work our way through a few more cocktails.

433 Changle Lu, by Xiangyang Bei Lu 长乐路433号,近襄阳北路. Nearest metro: Shaanxi Nan Lu, 12 mins. Open daily, 6pm-2am.

ADVERTORIAL | EAT & DRINK



o you have concerns about food safety and hygiene? Amid a constant barrage of news on food-borne illnesses, Sam's Club ensures its members have access to the highest quality fresh food and pantry items.

If Chinese isn't your first language, it might be difficult to understand what you are buying. Navigating your way through the store is a breeze with bilingual signage, while product labels make information accessible for locals and expats alike. Determining the

source as well as clear product information is of utmost importance when matching food to dietary requirements. Sam's Club provides information in English on origin, item contents, and has third-party certification on many items for complete peace of mind.

Those who prefer shopping at home will love that the Sam's Club App provides detailed overviews and sourcing specifications in English.

Sam's Club is committed to the highest



standards. As a result,

this easy access to reliable food enables you to maintain a healthy diet for you and your family. Your free time is precious, so relax and head to Sam's Club for the absolute best in quality and convenience.

B2, 2110 Gaoke Xi Lu, by Xianan Lu 高科西路2100号B2, 近下南路 (2024 9925)





# CLASSICAL CHINESE POETRY AND PROSE

#### An Accomplished Writer on the Art of Translation

Written by Xu Yuanchong

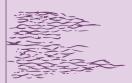


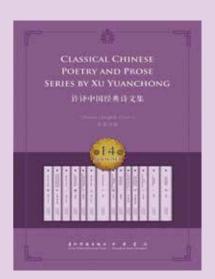


#### About the Author:

Born in Nanchang, Jiangxi in 1921, Xu Yuanchong graduated from the Southwest Associated University and Université de Paris and worked as a professor of literary translation at Peking University. During his decadeslong career, Xu has published On Chinese Verse in English Rhyme and Vanished Springs, which featured a preface by Nobel Prize winner for physics, C. N. Yang. In addition to Songs of the Immortals published by Penguin Books, he has translated many Chinese literary classics into English or French. Some of his most notable work include Book of Poetry, Elegies of the South, 300 Tang Poems, 300 Song Lyrics, Selected Poems of Li Bai, Poems and Lyrics of Su Dongpo, Romance of Western Bower and The Selected Poems of Mao Zedong. He has also translated some world literary classics, such as Gustave Flaubert's Madame Bovary into Chinese. Prof. Xu received the Lifetime Achievement Award in Translation conferred by the Translators Association of China (TAC) in 2010.







#### About the Book:

More than 2,000 years ago, Chinese poets wrote the beautiful works *The Book of Songs and The Songs of Chu*. Later, they created more beautiful poems during the Tang and Song dynasties. Classic works like The Analects of Confucius and Lao Zi are not only symbols for traditional values and ideology, they're also an important bridge between the rest of the world and China.



See the QR codes on these pages? Scan them to buy tickets to these upcoming events.

# **EVENTS**



#### Bruno Major



North London native Bruno Major releases songs in real time as they're finished. Having recently toured with Sam Smith, he's now headlining his own show of soulful, alternative R&B music. > Oct 13, 9pm, RMB120.Yuyintang Park, 1398 Yuyuan Lu, by Changning Lu 愚国路1398号, 近长宁路

#### Sam Smith



If you're looking for a taste of heartbreak, Sam Smith is stepping in to give you all the feels. This Grammy-winning singer's soulful hits like 'Too Good at Goodbyes', 'Stay with Me' and 'I'm Not The Only One' will bring you to tears. > Oct 23, 8pm, RMB1,180-1,880.

Mercedez-Benz Arena, 1200 Shibo Da Dao, by Yaohua Lu 世博大 道1200号, 近耀华路 (mercedez-benzarena.



#### Wednesday Campanella



Wednesday Campanella are hitting China for the first time for their 'Galapagos Tour.' Alternative, composed, upbeat and very Japanese, this show is going to be a let of fine.

> Oct 20, 8.30pm, RMB300-360. Modern Sky Lab, 3/F, 188 Ruihong Lu, by Tianhong Lu 瑞虹路188号3楼, 近天虹路



#### Chris Garneau



Combining folk, Americana and pop, this singer songwriter takes influence from the likes of Nina Simone, Jeff Buckley and Nico. His fourth album comes out on November 4, so head to Modern Sky Lab for a chance to see him perform live.

> Oct 19, 8.30pm, RMB200-280. Modern Sky Lab, 3/F, 188 Ruihong Lu, by Tianhong Lu 瑞虹路188号3楼, 近 天虹路



#### The Fratellis



Glaswegian garage-rock, post-punk revival band The Fratellis are here to make you feel like a teenager again. With hits like 'Chelsea Dagger' and 'Henrietta,' you can expect clappable drums and chugging guitars from them.

S Oct 23, 8pm, RMB480-1080. Modern Sky Lab, 3/F, 188 Ruihong Lu, by Tianhong Lu 瑞虹路188号3楼, 近天虹路



#### Zombie-Chang and Siamese Cats



Known for her electro and lo-fi sound, J-Pop princess Zombie-Chang teams up with Japanese rockers Siamese Cats for a show at Modern Sky Lab.

> Oct 26, 8.30pm, RMB180-280. Modern Sky Lab, 3/F, 188 Ruihong Lu, by Tianhong Lu 瑞虹路188 号3楼, 近天虹路





#### Sean Patton



Comedian Sean Patton has appeared on Conan, Late Night With Jimmy Fallon, Comedy Central and Showtime's Live from SXSW. Expect plenty of jokes on Brooklyn hipsters and his own sex life

> Oct 19-20, 7pm and 9pm, RMB100-200. Kung Fu Komedy Club, 4/F, 1 Xiangyang Bei Lu, by Julu Lu 襄阳路 1号4楼, 近巨鹿路

#### That's Shanghai Halloween Party



That's Shanghai is taking over Cages for one hell of a Halloween party. There will be prizes awarded for the best-dressed ghouls and gals there, so suit up and get ready for a frightful night.

> Oct 27, 8pm, RMB100 pre-sale, RMB200 door. Cages Bar and Sports, 3/F, Jing'an Sports Center,

428 Jiangning Lu, by Wuding Lu 江宁路428 号, 近武定路, 静安体育 中心3楼



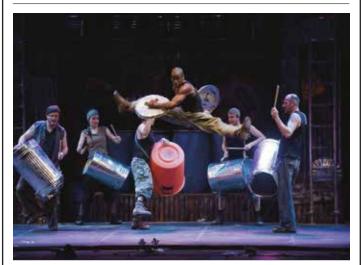
#### Oktoberfest



Get ready to celebrate like a true Bavarian, because Paulaner is bringing back its authentic Oktoberfest for 10 days of drinking and merriment. There will be music, there will be food, there will be dancing and there will be beer. Lots of it. Call for reservations, 021 5466 5700.

SOCT 10-20, 5pm, RMB258-398. Raffles City Changning, Unit H5, 1197 Changning Lu, by Kaixuan Lu 长宁路1197号 近凯旋路长宁来福士广场思孙堂古建, 位于教堂对面

#### STOMP



STOMP combines dance, comedy and music into a theatrical whirlwind you'll never forget. This production uses matchboxes, brooms, garbage cans, Zippo lighters and more to create the energizing beats in this full-of-life stage show.

> Oct 11-21, 7.30pm, RMB180-780. ET Space, 433 Yanan Dong Lu, by Yunnan Nan Lu 延安东路433号, 近云南南路

#### Best of British



Bringing together the finest things from the UK, this cultural showcase includes 150 brands boasting a range of products, experiences and adventures. Sample traditional English tea and scones, or enjoy a pint at a traditional British pub; view and shop the latest fashion to come out of the UK, listen to classical music and explore the beauty of British bespoke tailoring. Whether you're looking for business opportunities or just to revel in the royal red, white and blue, you'll want to check out the Shanghai Exhibition Center this month. On Oct 18-19, they'll be open to trade vendors and VIP ticket holders, while regular ticket holders can pay a visit on Oct 20-21.

> Oct 18-21, 10am-6pm, RMB80-300. Shanghai Exhibition Center, 1000 Yan'an Zhong Lu, by Shaanxi Lu 延安中路 1000号, 近陕西路



#### Cloud Gate 2: 13 Tongues



After the success of its performance at the prestigious Sadler's Wells Theatre in London, this Taiwan-based dance troupe has conceived a sequel that salutes the rich street culture of Taipei. Inspired by '13 Tongues,' a pseudonym to a '60s street artist, *Cloud Gate's* second installation is packed with a kaleidoscopic of colors, hypnotizing tunes and swirling moves.

> Oct 19-21, 2pm and 7.15pm, RMB180-

880. Shanghai Oriental Art Center Concert Hall, 425 Dingxiang Lu, by Century Avenue 丁香路 425号,近世纪大道





## **Lose Your Mind: David Shrigley**

Until Nov 14 Power Station of Design, 200 Huayuangang Lu, by Miaojiang



#### TRI-SOLO

Until Oct 28 Bank Gallery, Bldg 2, 298 Anfu Lu, near Wukang Lu 安福路298号2号楼, 近武 康路 (6301 3622)

Right B200号, 近苗江路 (3110 8550, powerstation of art.com) PICK OF JIN ARTHUR EXAMPLE ARTHUR EXAMP



#### **Another Way of Telling**

Until Nov 18 Shanghai Center of Photography, 2555 Longteng Avenue, near Fenggu Lu 龙腾大道2555号, 近丰谷路



#### **Standing Guard for Our Great Motherland**

Long Museum, 3398 Longteng Lu, by Ruining Lu 龙腾大道3398号,近瑞宁路 (thelongmuseum.org)



#### **Minimal Light**

Until Oct 31 Magda Danysz Gallery, 256 Beijing Dong Lu, by Jiangxi Zhong Lu 北京东路256号, 近江西中路 (5513 9599, magdagallery.com)

#### Bodega Run-Tschabala Self Solo **Exhibition**

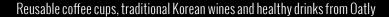
Until Dec 9 Yuz Museum, 35 Fenggu Lu, by Longteng Dadao 丰谷路35号, 近龙腾大道 (6426 1901, yuzmshanghai.org)





## HOTTEST DEALS

### The Bestsellers on thMart







#### Keepcup, from RMB95

Available in different sizes and colors, these Australian made reusable coffee cups are environmentally friendly, well-designed, and most importantly, That's readers can enjoy a 30 percent discount on these items during the month of October. Simply scan the QR code and get yours on

thMart.



#### Bohae Matchsoon Korean Plum Wine, from RMB49

Made with green plums and aged for 10 years, this traditional drink is the perfect companion for a Korean barbecue feast.



#### Bohae Bokbunjajoo Korean Raspberry Wine, from RMB60

This award-winning Korean wine is made from locally grown raspberries and has been endorsed by many celebrities.





### Oatly Oat Drink Original/Chocolate, from RMB150

Get these healthily delicious oat drinks by the dozen and share them with your loved ones.



# **HOTEL NEWS**



Campanile Shanghai Jing'an, managed by Jin Jiang Louvre Asia, has its grand opening on September 7. As the third Campanile property in Shanghai, it adopts a high-tech smart hotel integrated management system to bring a better experience for guests.



Marriott International Inc. announced the opening of Courtyard by Marriott Jiangsu Taizhou, the brand's first hotel in northern part of Jiangsu province. The 313-room hotel features modern architectural design with state-of-the-art facilities. Taizhou is a historic city and an emerging economic force in the Yangtze River







On September 17, Pudong Shangri-La, East Shanghai has broken the Guinness World Records for the largest mocktail-making lesson. During the challenge, 1,879 participants – many of whom were from More Than Aware (a breast cancer prevention and recovery support group and charity) – gathered in the China Hall of the hotel's Grand Tower to make a drink named 'Last Summer,' under the guidance of Jade on 36 bartender Lu. This is the hotel's fifth successful attempt in breaking world records, after creating the longest yule log cake (2011), the most people throwing pizza dough (2013), the most people blowing out candles simultaneously (2013), and the most people eating breakfast in bed (2014).

# CITY SCENES



Renowned Ukrainian circus dancers Vitalii Shevchenko and Yuliya Latsa were invited to perform at the iapm Mall.



Indigo Living has introduced four new looks just in time for you to decorate your home before the upcoming holiday season.



On August 20-21, Royal Brunei Airlines returned to Shanghai with its international brand ambassador Wu Chun for a roadshow at Raffles City in People's Square.



Shama Hongqiao Shanghai has opened its doors in the Hongqiao Business District to create a new home away from home for leisure travelers and professionals.



Stanford Residences, an upscale serviced apartments in Shanghai, won the '2018 China's Best Upscale Long-term Rental Residence Brand' award. This is the second consecutive year for the brand to receive such honor.



Austrian National Tourist Office hosted two press events in Shanghai and Beijing last month to introduce Innsbruck, Salzburg and Otztal Valley.



In partnership with Operation Smile, 43 Marriott hotels in East China participated in the Run to Give 2018 charity run and raised RMB388,888 to help children with cleft lip and cleft palate in China.



Celebrating its 20th anniversary in operation, upscale Cantonese seafood restaurant La Societe opened its newest location on the Lujiazui riverside.





On September 20, iF Bakery, the first bakery chain of Greenland International Hotels Group, held its grand opening party at Greenland World Center Hotels Shanghai Hongqiao.

# LISTINGS



#### Scan for complete listings

Want to see all restaurants, hotels and more in Shanghai? Check out www.thatsmags.com or download our app by scanning the QR code.

#### **RESTAURANTS**

**AMERICAN** 

AE KITCHEN NOT JUST BRUNCH. One of the most popular brunch places in town! 1) 491 Yuyuan Lu, by Zhenning Lu (6241 3233) 2) 457 Jumen Lu, by Runan Jie (3159 5833) 1) 愚國路 491 号,近镇宁路 2) 局门路 457 号,近纹南街

Element Fresh Delivery to the rescue! Bored of Breakfast? Lost for Lunch? Dinner dilemmas? Give the English-speaking delivery hotline a buzz and order from a wide variety of wholesome gourmet salads, fresh fruit juices, amazing appetizers, scrumptious lunch or dinner entrees, and American style breakfasts. Instant confirmation, pay by mobile pay or credit card, or even cash-on delivery. Scan the QR code & select 'Order Now', or visit www.ElementFresh.com & select 'Delivery'. Element Fresh has 16 restaurants across Shanghai!



POP This all-day dining American Brasserie at Three on the Bund pays tribute to the 1970 American pop culture with vintage decor featuring chandeliers along with wood, leather and stone elements that create a warm atmosphere. Influenced by the chic vibe of Miami, the new POP bar offers a range of light and fruity drinks, completed with a lively music selection. Mon-Sun 11am-11pm. 7/F, 3 Zhongshan Dong Yi Lu, by Guangdong Lu pop@on-the-bund.com. www.threeonthebund.com. 中山东一路 3 号 7 棱,近广东路、(6321 0909)

#### ASIA

Glasshouse lets each diner enjoy "Asian cuisine with a western twist" by its innovative cooking method accompanied by memorable ingredient and condiments. 11am-midnight (Sun-Thu) 11am-2am (Fri-Sat). 1/F, No 7, Lane 181 Taicang Lu, by Huangpi Nan Lu 太仓路 181 弄新天地北里 7 号楼一层,沂董陂南路

#### BAKERY

SHERMAN ORIGINAL HOMEMADE. Now offers fresh bread everyday. E04, 1F, 150 Hubing Lu, by Jinan Lu HUBINGDAO (6333 2833) 淵滨路 150 号湖滨道购物广场 1 楼 E04, 近济南路

#### **CHINESE**

#### HOT-POT

Qimin Organic Hotpot Marketplace Qimin, the restaurant originated from Taiwan and created by the same people who brought us "GREEN & SAFE." The bustling marketplace environment is filled with organic groceries, fresh seafood, a variety of vegetables, assorted meats, open kitchen food stands and diners surrounded by lively marketplace food stands, creating a real food bazaar atmosphere. Every item on the menu is carefully selected from the original source, making sure all ingredients are completely natural or organic. Without exception, all dishes are from "Farm to Table" using the most natural

ingredients for the boiler in order to extract the primary flavors nature has to offer. 1) 7/F, Takashimaya Department Store, 1438 Hongqiao Lu, by Manao Lu (6295 2117) 2) (NEW) 4/F, Reel Department Store, 1601 Nanjing Xi Lu, by Changde Lu (6258 8777) Daily 10.30am-11pm 1) 红桥路 1438 号高岛屋百货 7 楼,近玛瑙路 2) 南京西路 1601 号芮欧百货 4 楼,近常德路

#### **CANTONESE**

Canton Disco This traditional Cantonese restaurant concept with a contemporary update at its fore offers a high energy atmosphere, addictive cuisine and unpretentious service that paints a perfect picture of modern Shanghai. 2F, Heritage Building, The Shanghai EDITION, 199 Nanjing Dong Lu, by Jiangxi Zhong Lu (5368 9521) 5.30-10.30pm. 南京东路 199 号 上海艾迪逊 酒店辅楼 2 楼,还江西中路

Ming Court With chefsi adept in culinary creativity, Ming Court presents exquisite Cantonese cuisine with a twist, offering authentic flavors and refined wine pairings to create a wonderful culinary experience. On top of dim sum and dessert menus, the restaurant also offer a la carte and set menus as well as some seasonal specialities. The wide selection of dishes also include some award-winning Ming Court signatures. Level B1, 333 Shenhong Lu, Cordis, Shanghai, Hongqiao, by Suhong Lu (5263 9618) Lunch: Mon-Fri 11.30am – 2.30pm, Sat-Sun 11am – 3pm; Dinner: Mon-Sun 5.30-10pm 申虹 路 333 号 B1 层,虹桥康得思酒店,近苏虹路

Shàng-Xí This elegant Chinese restaurant at the Four Seasons Hotel Pudong showcases the very best of Cantonese cuisine, and has earned its reputation as one of the top-rated restaurant on the Chinese mainland by Forhes Travel Guide for five years. Lunch: 11.30am-2.30pm; Dinner: 5.30-10pm. (2036 1310). 2/F, Four Seasons Hotel Pudong, Shanghai, 210 Shiji Dadao, by Lujiazui Huan Lu. 世纪大道 210 号上海浦东四季酒店二楼,近陆滨嘴环路

Summer Palace Combining South-Eastern Chinese cuisine with Cantonese flair, the Summer Palace enhances gastronomical sensations with a poetic visual dreamscape. Open hour: Breakfast from 7am to 10am; Lunch from 11.30am to 2.30pm(Mon – Fri)\10am to 2.30pm(Sat & Sun);Dinner from 5.30pm to 10pm. (86 21) 2203 8889 3/F, Jing An Shangri-La, West Shanghai, 1218 Yan'an Zhong, by Tongren Lu. 静安音格里拉大酒店三楼,诞安中路 1218号,近铜任路

Suntime Century Relax in our lavish private rooms and allow our food to delight your senses with wonderful tastes, textures and aroma. Offering authentic cuisine from the Canton, Hunan and Shanghai regions, guests can embark on an exploration of Chinese culinary excellence. Lunch: 11.30am-2.30pm; Dinner: 5.30-10pm. 2/F, Grand Kempinski Hotel, 1288 Lujiazui Huan Lu, by Baibu Jie tbaismisrika 1288 号上海凯宾斯基大酒店 2楼,近百步街 (3867 9199)

YUE Chinese Restaurant is presenting an exciting blend of local & traditional Cantonese dishes served in a modern atmosphere boasting nine private dining rooms. 2/F, Pullman Shanghai South, 1 Pubei Lu, by Liuzhou Lu (2426 8888) Lunch 11.30am - 2 pm; Dinner 5.30 – 9.30pm 浦北路 1号,上海中星铂尔曼大酒店 2 楼,近柳州路

YUE 1525 Enjoy authentic Hong Kong-style Cantonese cuisine at YUE 1525 for either business lunch, family gatherings or special occasions. Headed by a veteran Cantonese chef from Hong Kong, serves dim sum, clay pot dishes, double-boiled soups and his signature recipes are among fan favorites. Level 2, 1525 Dingxi Lu, by Yuyuan Lu (6225 8665). Lunch 11.30am-2.30pm, Weekend Afternoon Tea 2.30-4.30pm Dinner 5-10pm. 定西路 1525 号 2 楼、近巷园路

Yu Yuan Chinese Restaurant A fine dining room designed in modern Art Deco style. Their experienced chefs bring their rich experience and passion for cooking into authentic Cantonese and Taiwan cuisines. Hotel Pravo, 3/F Yu Yuan Chinese Restaurant, 299 Wusong Lu, by Kunshan Lu 吴淞路 299 号宝御酒店 3 楼,近昆山路

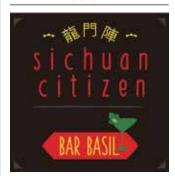


VUE Dining This restaurant is designed to create marvelous dining experience in privacy with one of the city's best skyline views. Featuring authentic handmade dim sum and Cantonese cuisine, it is an ideal venue for family celebrations and friends' gatherings. 31/F, West Tower, Hyatt on the Bund, 199 Huangpu Lu, by Wuchang Lu (63931234-6330) Lunch: Mon-Fri 11.30am-2.30pm; Staßsum: 11.30am-3.30pm; Dinner: Daily 5.30pm-10.30pm www.hyattonthebund.com 資浦路 199 号,上海外滩茂悦大淘店西楼 31 层,诉话昌路

#### **HUAIYANG RESTAURANT**

RIVER DRUNK specializes in grand Huaiyang cuisine and fresh seafood, offering traditional southeastern delicacies in a charming and refined environment. Daily 11.30am-2.30pm, 6-10.30pm. 5/F, Wanda Reign on the Bund, 538

#### SICHUAN



Sichuan Citizen Originally opened in 2009, Sichuan Citizen moved into its new home at Ferguson Lane in 2018, where Head Chef Mao and his whole crew from Chengdu continues to serve spicy and delicious classic Sichuan dishes to their fans. The restaurant also houses a cocktail bar named Bar Basil located right next to the main dining room, where guests can enjoy signature cocktails created by a mixologist from Milan. 2/F, 378 Wukang Lu, by Xingguo Lu (5404 1235). Sun-Thu 11am-9.30pm, Fi-Sat 11am-10.30pm. 武康路 378 号 2 楼,近兴国路



Si Fang San Chuan Showcasing the art of Southwestern Chinese cuisine with a touch of modern understanding and creative presentation, this Bund-side restaurant offers flavors that are adjusted to suit the local palate. Meanwhile, a bar inspired by Shanghainese cultural heritage is also another highlight of the concept. Lunch 11am-3pm, Dinner 5-10pm. (6033 5833). N103, Bund Finance Center 558 Zhongshan Dong Er Lu, by Longtan Lu 外滩企静中心中山东二路 558 号 1 幢 N103 堂,近枫泛路

#### SHANGHAINESE

**Club Jin Mao** With superlative views overlooking the Shanghai skyline, Club Jin Mao is one of the

most prestigious Shanghainese restaurants in the city, offering exquisite and authentic Shanghainese cuisine. Daily from 11.30am-2.30pm, 5.30-10.30pm. 86F, Grand Hyatt Shanghai, Jin Mao Tower, 88 Shiji Dadao, by Yincheng Zhong Lu (5047 8838) www.shanghai.grand.hyatt.com 上海金茂春悦大酒店 86 楼,浦东新区世纪大道 88 号,近银城中路

Grape Restaurant Originated from 1987, Grape Shanghai is a well-known Shanghainese restaurant popular in the expat community. Chinese traditional cuisine is offered here, featuring Peking Duck, Mandarin Fish with Pine Nuts and Kung Pao Chicken, Deep Fried Ribs with Garlic and dishes served on a sizzling hot cast iron skillet. Jia, 55 Xinle Lu, by Xiangyang Bei Lu (5404 0486) 新环路 55 号甲,近襄阳北路

Gui Hua Lou offers the very best of authentic Shanghainese, Huaiyang, and Sichuanese cuisines Chef Gao creates a special blend of both worlds, traditional dishes with modern interpretations all in the ambiance of distinctive Chinese décor. IF, River Wing, Pudong Shangri-La, 33 Fucheng Lu, by Lujiazui Huan Lu (2828 6888) Lunch 11.30am-3pm Mon-Fri, 11am-3pm Sat & Sun, Dinner 5.30-10pm daily 富城路 33 号浦东香格里拉大酒店浦江楼 1楼,近時旅遊藤还路

The Crystal Garden Bathed in natural light, the Chinese restaurant Crystal Garden offers the very best of authentic Chinese cuisine including provincial cuisines plus high-quality seafood. The restaurant's garden-style setting and professional, friendly team makes The Crystal Garden a popular venue for intimate wedding banquets and private functions. 5/F, The Westin Bund Center Shanghai, 88 Henan Zhong Lu, by Guangdong Lu (6103 5048) Lunch: 11am – 2.30pm (Mon-Fri), 11am – 2.30pm (Saturday & Sunday, Yum Cha); Dinner: 5.30pm – 10pm (Daily). 河南中路 88 号上海威斯汀大饭店 5 楼,近广东路

The Chinoise Story A unique restaurant featuring radically fused cooking styles. Lovely space. Expect classic Chinese dishes served in individual portions rather than family style. Cathay Building, Jin Jiang Hotel, 59 Maoming Nan Lu, by Changle Lu (6445 1717) 11am-2.30pm; 6-10.30pm 茂名南路 59 号锦江饭店北楼底层,近长乐路

#### YUNNAN

Gathering Clouds Specializing in distinctive Yunnan food, Gathering Clouds inherits the most charming Yunnanese cuisine and culture in a modern vibe. Carefully selecting natural ingredients from original source, the place introduces the most authentic Yunnan flavor as well as live sports to all. Unit 105, Building E, 381 Panyu Lu, by Fahuazhen Lu (6271 7162) Daily 11:30am — 2:00pm, 5:30—10:00pm 番禺路 381号 幸福里步行街 E105, 近法华镇路

Lost Heaven 1) 17 Yan'an Dong Lu, by Sichuan Nan Lu (6330 0967) 2) 38 Gaoyou Lu, by Fuxing Xi Lu (6433 5126) Daily 11.30am-2pm, 5.30-10.30pm 1) 延安东路 17 号, 近四川南路 2) 高邮路 38 号, 近賀兴西路

The Middle 8 This buddha-themed restaurant offers the beauty of Yunnan cuisines with sincere and love in a quiet vibe. With a large statue of buddha and traditional interior, this Beijing transplant is where you could taste out the pure flavor of Yunnan without leaving Shanghai. Unit406, South Block, HK Plaza, 283 Huaihai Zhong Lu, by Huangpi Nan Lu (6029 6350, 6029 6352) 淮海中路 283 号香港广场南座 406 室,近黄陂

#### CAFES

CHA Lounge CHA Lounge is the place for a well-deserved afternoon break. An extensive selection of traditional Chinese and Western tea and delicacies, delicious beverages and international wines, as well as pastries, homemade chocolates and macaroons are offered daily. Guests can also treat themselves to an exquisite afternoon tea buffet at RMB108 per person which is offered daily. Open daily, 8am-8pm. Afternoon tea buffet, 2.30-5.30pm. 1/F, 1555 Dingxi Lu, by Yuyuan Lu (6240 8888-8155) 定西路 1555 号巴黎春天新世界酒店 1 楼,近愚园路

Citizen Café & Bar is a sophisticated coffee house, a craft cocktail bar, and a restaurant serving New American cuisine. Opened in 2005, it went through a complete renovation in 2014, and became more inviting than before. The ever popular Basil Drop remains the same. And the terrace is lovely on a nice day. 222 JinXian Lu, by Shanxi Nan Lu (6258 1620) Daily 11-12.30am www.citizenshanghai.com 进网路 222 号,近陕西南路

Coffee Tree With a light and airy European look, the cozy spot offers an array of fresh and homemade items including salads, sandwiches, quiche, pasta, and cakes using the finest ingredients. Ferguson Lane, 376 Wukang Lu, by Tai'an Lu (6466 0361) Mon-Sun 9am-10pm www.coffeetreecafe.com.cn 武康路 376 号,近泰安

DELI Enjoy French desserts, pastries, cakes, or hand crafted chocolates from the Deli counter located in Lobby Lounge. Your choice, eat in or take away. Special price for cakes and pastries everyday after 6pm. 1/F, Pullman Shanghai South, 1 Pubei Lu, by Liuzhou Lu (2426 8888) Daily 9am - 9pm 浦北路 1号,上海中星铂尔曼大酒店 1楼,近 短州路

#### CHOCOLATE

Jean Paul Hévin is a French "Haute Couture" chocolate-maker, whose label of chocolates is a successful brand of gourmet chocolate. The adventure of Jean Paul Hévin begins in the tropics with the search for the rarest, most refined cocoa beans. It continues back in France with a search for the best creams and hazelnuts, the most scented honeys and other outstanding ingredient. Jean Paul Hévin stores are created as chocolate cellars, confined spaces in which, at constant levels of humidity and temperature, customers could be captivated by the subtle cocoa aromas and choose their purchases in a calm and peaceful atmosphere. LG2 city'super, HKRI Talkoo Hui, 789 West Nanjing Lu, by Ruijin Er Lu (400-653-8820, www.citysuper.com.cn) 南京西路 789 号兴业太古汇地下三层 city'super 88 + 年满后内

ROYCE\* From the great land of Hokkaido, blessed by nature, came ROYCE\* chocolates in 1983. Hokkaido is gifted with crystal clear water and pure fresh air. This nature environment is much like the famous European Chocolate producing countries. It is here in Hokkaido that the finest, strictly selected ingredients are combined to make perfect chocolates. Each and every bite will bring your senses to Hokkaido. 1) ifc Store – LG2 city'super, 8 Shiji Dadao, by Lujiazui Huan Lu 2) Shanghai Metro City Store – B1, 1111 Zhaojiabang Lu, by Hongqiao Lu 3) Shanghai isetan Store – B1, 1038 Nanjing Xi Lu, by Shaanxi Bei Lu 4) Shanghai Times Square Store – B1 city'super, 99 Huaihai Zhong Lu, by Xizang Nan Lu 5) Shanghai iapm Store – LG1, 999 Huaihai Zhong Lu, by Shaanxi Nan Lu 6) HKRI Taikoo Hui Store – LG2 city'super &1 eL5c tity'super &1 eL5c Ender (19 ) # Empire (19 ) # Empir

#### HOTEL BUFFETS

Café Liang The CAFÉ LIANG restaurant treats diners with multiple dining options and cuisines. Diners can indulge in Asian and Western cuisines with a taste of Southeast Asian influence coupled with Mainland Chinese classics. Open Hour: Breakfast from 6am to10.30am; Lunch from 11.30am to 2.30pm (Mon - Fri) from 11.30am to 3pm (Sat & Sun); Dinner from 5.30pm to 10.30pm. (86 21) 2203 8889. 1/F, Jing An Shangri-La, West Shanghai, 1218 Yan'an Zhong, by Tongren Lu. 静安香格里拉大酒店一楼,延安中路1218 号,近铜仁路.

Café Reign The all-day restaurant, Café Reign features a spacious and comprehensive open kitchen, offering an authentic Shanghai breakfast buffet, business lunch and a semi-buffet dining experience. Daily Gam-10.30pm. 1/F, Wanda Reign on the Bund, 538 Zhong Shan Dong Er Lu, by Longtan Lu (5368 8882) 中山东二路 538 号,近 龙潭路

C MARKET provides an indulgent and lively culinary experience, allowing to guests to Enjoying indoor or terrace dining in an elegant and gorgeously sun-lit buffet restaurant with show kitchen counters that have a little bit of everything to satisfy any palate. Ranging from bold new cuisines to traditional favourites, sweet treats to spicy dishes, the possibilities at C Market are endless. (5263 9628, cdshh.cmarket@cordishotels.com, WeChat: CordisHongqiao, http://www.cordishotels.com/sc/shanghai-hongqiao/restaurants-and-bars/c-market/) Breakfast: 6.30-10.30 am daily; Lunch: 11.30 am-2 pm (Mon-Fri), 11.30 am - 2.30 pm (Sat & Sun); Dinner: 6-9.30 pm daily; A La Carte: 6.30-10.30 pm. Ground Floor, 333 Shenhong Lu, by Suhong Lu 申虹路 333 号 G 层,近苏虹路

Five Live: Serving daily breakfast and dinner buffets, a la carte menu and extravagant Sunday Brunches, Five Live All Day Dining welcomes guests and gastronomes into a compelling cooking theater. An array of local Shanghainese, regional Chinese and international cuisines are prepared at five interactive cooking stations, including fresh seafood on ice, a grill and carving station, specialty noodles and dumplings, soup and Taiwanese hotpot, a Mediterranean kitchen and a dessert counter. INTERCONTINENTAL SHANGHAI NECC, 1700 Zhuguang Lu, by Yinggang Dong Lu (National Exhibition Convention

Center, Gate 3) (6700 1888-6028) 国家会展中心洲际酒店, 诸光路 1700 号国家会展中心 3 号门, 近盈港东路)

NONG CAFÉ Located on the second floor, NONG Café offers a lively culinary experience with its open kitchen and market-style stations. Diners can watch chefs use impressive culinary techniques to prepare their favorite à la minute dishes in an airy, interactive setting. Level 2, 1555 Dingxi Lu, by Yuyan Lu (6240 8888 ext. 8211). Breakfast Mon-Fri, 6-10,30am, Sat, Sun and public holidays 6-11am; Lunch 12-2pm; Dinner Fri-Sun 5.30-9.30 pm. 定西路 1555 号巴黎春天新世 界酒戶 Z條、近陽回路

Yi Café The Bite of Culinary Heritage of the World features delicacies from 11 live stations offering gastronomic delights from eight countries. Highlight include fresh lobster, sweet shrimp, baby abalone, Arabic beef, Turkish pizza, Indian tandaoria bull frog, Japanese natto tempura and freshly baked chocolate fondant, and a new series of Master Shen Hongfei's favorite spring dishes like Hainan Wenchang chicken, Huaiyang-style steamed bun with wild vegetable filling. 2fr, Grand Tower Pudong Shangri-La, 33 Fucheng Lu, by Lujiazui Huan Lu (2828 6888). Lunch 11.30am – 2.30pm Mon to Fri, Brunch 12 – 3pm Sat & Sun, Dinner 5.30pm – 10pm daily. EaixBi 33 号浦东香格里拉大酒店紫金楼 2 楼,近陆家嘴环路

#### **DELI SHOPS**

Green & Safe With an organic farm in Kunshan, this organic store provides daily delivered vegetables and a variety of local and imported organic goods, such as organic extra virgin olive oil, white and red balsamic vinegar, organic pasta, muesli and more. 30% off on all breads after 7pm everyday in Dongping branch. 1) 6 Dongping Lu, by Hengshan Lu 5465 1288, 1/ F: 8am-10pm; 2/F: 6pm-12am 2) 2) 4/F, 1438 Honggiao Lu, by Hongbaoshi Lu 10am-9.30pm 1) 东平路 6 号,近衡出路 2) 虹桥路 1438 号 4 楼,近红宝石路

Kempi Deli Freshly baked homely bites including freshly baked bread, muffins, cakes, chocolates, pastries, ice-creams, sandwiches, cold cuts and cheese will make a visit to Kempi Deli something to look forward to any day. You won't know where to start! 50% off on all breads after 18:00 daily. (3867 8888) Hours: 7.30am-7pm. 2/F, Grand Kempinski Hotel, 1288 Lujiazui Huan Lu, by Baibu Jie 陆家嘴环路 1288 号上海凯宾斯基大酒 店 2 楼,近百步街

#### FINE DINING

8 1/2 Otto e Mezzo Bombana An extension of the three Michelin Star venue (by the same name) in Hong Kong, a fantastic fine dining fare that will leave you both comforted and breathless. 6-7/F, 169 Yuanmingyuan Lu, by Beijing Dong Lu (6087 2890) 國明國籍 169 号 6-7 楼,近北京东路

Cathay Room & 9 Level Terrace With intimate seating and expansive views of the Bund, the Cathay Room and Terrace offers a sociable dining experience with elegantly presented European contemporary style cuisine. Let your senses be tantalized by the delicate flavors prepared by our culinary team, revealing a European 'haute cuisine' approach to fine dining; complete with organic items and ecologically responsible producers. Featuring an extensive wine list and beverage selection, the Cathay Room and Terrace is an oasis away from the hustle and bustle of Shanghai... 9/F, Fairmont Peace Hotel, 20 Nanjing Road East by Zhong Shan Dong Yi Road (6138 6881) Daily 12:00-22:00 南京东路 20 号,上海和平饭后 9 楼。近中山东一路



Canton Table With nostalgic ambiance inspired by shikumen lanehouses and glamorous buildings along the Bund, this new Cantonese dining concept at Three on the Bund dances between the old and the new, bringing Shanghai diners the essence of the culinary culture of Guangdong. Whether you're craving some home-style cooking or sophisticated delicacies, Canton Table offers an extensive selections, featuring high quality fresh ingredients and traditional cooking skills. Mon-Fri 11.30am-2.30pm, 5.30-10.30pm, Sat-

Sun 11.30am-3pm, 5.30-10.30pm. cantontable@on-the-bund.com. www.threeonthebund.com.5/F, 3 Zhongshan Dong YiLu, by Guangdong Lu 中山在一路 3 号 5 楼 诉广车路 (6321 4737)

Dragon Phoenix Restored to its former glory, the Dragon Phoenix evokes memories from a distant time. Quintessential Cantonese and Shanghainese cuisine takes center stage with refined yet daringly classical presentations of the finest live seafood, barbeque roasted meats and seasonal produce. Our resident Chinese Master Chef's signature dishes showcase some of China's most sought-after authentic dishes including hand crafted dim sum, seafood delicacies and noodle dishes. 8/F, Fairmont Peace Hotel, 20 Nanjing Road East by Zhong Shan Dong Yi Road (6138 6880) Daily 11:30-22:00 南京东路 20 号,上海和平饭店 8 楼,近中山东一路

Jade on 36 Restaurant Now serving modern European cuisine with an Asian twist, exquisite wines and cocktails, great-value cuisine and service with precision and quality, guests can experience the reinvented Jade on 36 Restaurant, where culinary creations compete in magnificence with the panoramic views of Shanghai. While savoring unique flavors from the kitchen, guests can also enjoy a bottle of wine or tailor-made cocktails by the restaurant's bartender. Lunch sets (from RMB138), five-course dinner sets (from RMB68) are all available. 36/F Grand Tower, Pudong Shangri-la, 33 Fucheng Lu, by Lujiazui Huan Lu (2828 6888), Lunch: 12pm, Dinner 5.30pm or 8pm. fbreservation.slpu@shangri-la.com, www.shangri-la.com/shanghai/pudongshangri-la. 富城路 33 号,近陆家端环路

M on the Bund This Bund pioneer serves up impeccable service and a menu peppered with Continental, Aussie and Moroccan inspiration. Try the pavlova for dessert. 7/F., No.5 Zhongshan Dong Yi Lu, by Guangdong Lu (6350 9988) Mon-Fri: 11.30am-2.30pm; 6.15-10.30pm; Sat-Sun: 11.30am-3pm; 6.15-10.30pm reservations@monthebund.com www.m-onthebund.com 中山东一路外護5号7楼,近广东路

MARC restaurant Located on the rooftop, under the helm of the legendary Michelin-starred French chef Marc Meneau, MARC restaurant serves guests with customized afternoon tea and an exquisite Michelin-starred fine-dining experience. Daily 12-10.30pm, 21/F, Wanda Reign on the Bund, 538 Zhong Shan Dong Fr Lu, by Longtan Lu (5368 8882) 中山东三路 538 号,近龙潭路

Mare Western Restaurant It's the only place where you can taste Marseille Seafood Hotpot! The tomahawk steak is the best in Shanghai. Hotel Pravo, 2/F Mare Western Restaurant 299 Wusong Lu, by Kunshan Lu 吴淞路 299 号宝御酒店 2楼,近昆山路

Oceans Dining in a romantic and contemporary setting, an extensive array of selected premium products from the sea. A distinct and innovative gourmet experience to satisfy the most discerning of tastes, Ocean fully realizes the art of cooking. Lobby floor, Banyan Tree Shanghai On The Bund, 19 Haiping Lu, by Gongping Lu (2509 1188) Lunch 11.30am – 2.30pm; Dinner 5.30 – 9.30pm. banyantree.com 海平路 19 号枕榕庄 1楼,近公平路

ON56 This four-in-one restaurant at Grand Hyatt Shanghai offers the best cuts of prime beef from the Grill, sumptuous Italian classics from Cucina, top-shelf sushi from Kobachi and delectable sweets from Patio. Daily from 11.30am-2.30pm, 5.30-10.30pm; 56/F, Grand Hyatt Shanghai, Jin Mao Tower, 88 Shiji Dadao, by Yincheng Zhong L (5047 8838) www.shanghai.grand.hyatt.com 上海全茂君悅大酒店 56 楼,浦东新区世纪大道 88 号 计经验检查器

RuiKu Restaurant The rooftop restaurant RuiKu serves fine-casual dining with a sharing concept. Enjoy the stunning view of the Bund's historic waterfront and Pudong's futuristic skyline. Daily 12-10.30pm. 21/F, Wanda Reign on the Bund, 538 Zhong Shan Dong Er Lu, by Longtan Lu (5368 8882) 中山东二路 538 号,近龙湾路

SAVOR All Day Dining Restaurant offers Western and Eastern cuisine showcasing an open interactive kitchen with buffet and a la carte options. 2/F, Pullman Shanghai South, 1 Pubei Lu, by Liuzhou Lu (2426 8888) Daily 6am - 12pm 浦 北路 1 号,上海中星铅尔曼大酒店 2 梭,近柳州路

Sir Elly's Restaurant & Bar Dine on fine modern European cuisine while overlooking the Huangpu River. Expert cocktails offered at both the circular bar and the expansive 14th floor terrace. 13/F The Peninsula Shanghai, 32 Zhongshan Dong Yi Lu, by Nanjing Dong Lu (2327 6756) Lunch daily 12-2.30pm; Dinner Sun-Thurs: 6-10.30pm; Fri-Sat 6-11pm www.peninsula.com/Shanghai/en/Dining/Sir\_Ellys\_Restaurant/default.aspx 中山东一路 32 号上海半岛通信 13 楼,近南京东路

Shanghai Tavern Jason Atherton's all-day dining, brasserie-style restaurant draws inspirations from Elliot Hazzard's period architecture and magnificent coffered ceiling. Its design is a nod to the layers of history behind the Shanghai

Power Company Building, 1F, Heritage Building, The Shanghai EDITION, 199 Nanjing Dong Lu, by Jiangxi Zhong Lu (5368 9511), 6-10:30am, 11:30am-11pm. 南京东路 199 号 上海艾迪逊酒店 輔楼 1 楼,沂江西中路

#### **FUSION**





Roof 325 Located at the top of the Shanghai History Museum, one of the most iconic locations of the city, Roof 325 serves a menu of globally influenced dishes prepared with traditional and modern techniques and the freshest ingredients. 5/F, Shanghai History Museum, 325 Nanjing XI Lu, by Huangpi Bei Lu (6327 0767). 南京西路 325 是,为第一历中间数价下 5.46 ; 开露窗外188

#### FRENCH



Jean Georges One Michelin star restaurant Jean-Georges is the world-renowned eponymous chef's first signature restaurant outside of New York. At the Bund-side restaurant, guests can enjoy his famed contemporary French cuisines at a newly renovated space with a fresh an elegant dining room, lounge, open kitchen and private rooms. Mon-Fri 11.30am-2.30pm, 6-10.30pm, Sat-Sun: 11.30am-3pm, 6-10.30pm. 4/F, 3 Zhongshan Dong Yi Lu, by Guangdong Lu) jgrespak@on-the-bund.com. www.threeonthebund.com. 中山东一路 3号4楼,近了东路(6321 7733)

PHÉNIX eatery & bar Rooted in the philosophy of "Life is about the ingredients", a visit to PHÉNIX is a charming invitation to reconnect with the essentials through an intuitive French cuisine inspired by the richness of seasonal natural ingredients. PHÉNIX also features an intimate yet vibrant lounge space, allowing guests to enjoy classic minimalist cocktails and an impressive wine

selection with 250 labels. Level 2, 1 Changde Lu, by Yan'an XI Lu Daily 6.30am – 11pm, phenix@ thepuli.com, phenix thepuli.com (2216 6988) 上 海璞雕酒店二楼,常德路 1 号,近延安西路



Mr. & Mrs. Bund Molecular madman Paul Pairet takes a more laissez-faire approach with this modern French eatery. Expect straightforward food and a great wine list. 6/F Bund 18, Zhongshan Dong Yi Lu, by Nanjing Dong Lu (6323 9898) Dinner: Monday to Sunday 5.30-10.30pm, late Night: Thus-Sat 11pm-2am, brunch: Sat-Sun 11.30am-2.30pm www.mmbund.com 中山东一路外滩 18 号 6 棱,近南京东

Vue Restaurant Enjoy classic European fare with one of the city's best skyline views. 30/F Hyatt on the Bund, 199 Huangpu Lu, by Wuchang Lu (6393 1234-6328) Daily 6-11pm 黄浦路 199 号, 上海外滩 茂悅太海店西楼 30 楼, 近武昌路

#### GFRMAN

Paulaner Brauhaus Enjoy Bavarian food (and more importantly, beer) in a warm, well-populated atmosphere. I) House19-20, North Block Xintiandi, Lane181 Taicang Lu, by Madang Lu (6320 3935) Daily: 11am-2am www.bln.com. cr 2) 2967 Lujiazui Xi Lu, by Binjiang Da Dao (6888 3935) Sun-Thu: 11am-1am; Fri-Sat: 11am-2am 3) 3f; 555 Shibo Da Dao, by Guozhan Lu (2206 0555) Sun-Thurs: 11am-10pm; Fri-Sat: 11am-12am hellauer@bln.com.cn 1) 太仓路 181 青新天地北里 19-20 号楼,近马当路 2) 陆家嘴西路 2967 号,近滨江大道 3) 世博大道 555 号 3 楼,近国 睡珍

#### INDIAN

Bhoomi stores One stop destination where a wide range of Indian & Pakistani food products are served. 266 Yaohong Lu, by Hongsong Dong Lu, Minhang district, (2428 3400) Mon-Sat 9.30am-9.30pm, Sunday 2-7pm 闵行区姚虹路 266 号,近红松东路

#### **GLOBAL CUISINE**

Morton's of Chicago restaurants All Morton's of Chicago restaurants serve the best available aged grain-fed beef, as well as fresh fish, Maine lobster, lamb chops and chicken mains. The menus offer generous portions of beef, including a 48-ounce (1,300g) Porterhouse, a 20-ounce (550g) New York Sirloin, and a 12-ounce (340g) Double Cut Fliet. Morton's restaurants are equally renowned for their extensive award-winning wine lists. The fully stocked bar also offers top-shelf spirits, domestic and imported beers and creative cocktails, such as their signature 'MORtinis'. Shop 15-16, 4R, Shanghai IFC Mall, 8 Shiji Dadao, by Yincheng Zhong Lu (6075 8888) 世纪大道 8 号 4 继 15-16 是 诉婚她中点

Pelham's Named after Sir Pelham Warren, the former British Consul General who launched the exclusive Shanghai Club for gentlemen in 1910, this restaurant at Bund 2 is a signature modern destination featuring global cuisine with Asian flavor. Surrounded by the stately heritage ambience of Waldorf Astoria Shanghai on the Bund, the restaurant emanates warmth, intimacy and elegance without being overly formal. 1/F, 2 Zhongshan Dong Yi Lu, Waldorf Astoria Club Lobby Level, by Yan'an Dong Lu (6322 9988). 5.30-10pm. 中山东一路 2 号 华尔道夫会所 大堂楼 层、近视女子路

The Chop Chop Club | UNÏCO Shanghai

The Chop Chop Club is the restaurant by world renowned chef Paul Pairet for UNICO Shanghai. Product driven, boldly essentialist and borderline primitive, it is a casual take by Pairet on global and honest home cooking. Every day from 6pm until 7.30pm, The Happy Early Bird promotion gets you 50 percent off on an extensive selection of drinks. Dinner: Everyday 6-11pm. Three on the Bund, 2F, 17 Guangdong Lu, by Zhongshan Dong

Yi Lu (5308 5399) booking@unico.cn.com, www. unicoshanghai.com 广东路 17 号外滩 3 号 2 楼, 近 中山东一路

#### ITALIAN

Acqua offers an inspired menu that captures the spirit of Italian dining. The open kitchen and oven are a focal point of the restaurant's dining experience. Guests will also enjoy the large indoor aquarium and stunning views over the Huangpu River. With daily lunch and dinner service, Acqua is always a good choice to enjoy a delicious meal. (3867 9192) Lunch: 11.30am -2.30pm; Dinner: 6-10.30pm. 2/F, Grand Kempinski Hotel, 1288 Lujiazui Huan Lu, by Baibu Jie 陆家曠环路 1288 号上海到定斯基大酒店 2楼,还百步衔

Camelia Offering a range of authentic Italian dishes perfect for all occasions like a business lunch or a gathering with friends and family, at the Four Seasons Hotel Pudong's Camelia, you can experience what the Italians call 'Ia dolce vita'. Lunch': 11.30am-2.30pm; Dinner: 5.30-10pm. (2036 1300). 1/F, Four Seasons Hotel Pudong, Shanghai, 210 Shiji Dadao, by Lujiazui Huan Lu. 世紀大道 210 号上海浦东四季酒店一楼,近陆家嘴环路

VA BENE in shanghai is a modern Italian restaurant with new designed dining environment and extraordinary Italian food thath combines tradition and innovation. 1/F, No 7, Lane 181 Taicang Lu, by Huangpi Nan Lu 11am-midnight 太合路 181 拜新天世此里 7号楼一层,它可能跨面路

GAIA2 is known of its authentic Italian food. With adorable mosaic desks, red and black chairs and unique glasses, GAIA 2 is truly an art space Room 605 &613 on 6/F & Room 703 on 7/F, 999 Huaihai Zhong Lu, by Shaanxi Nan Lu 11am-10pm 淮海中路 999 号环贸广场 L6-605,613,L7-703,近陕西南路

ISOLA means "little island" in Italian, which expresses a rich marine culture in Mediterranean sea around Italy and was inspired by original Italian food. Room 17, 4/F, 8 Shiji Dadao, by Lujiazui Huan Lu lunch: 11.30am-2.30pm, afternoon tea: 3-5pm; dinner: 6-10.30pm 世纪大道 8号上海国金中心 L4 楼 17 号辅,近陆家嘱环路

#### **JAPANESE**

Gintei Teppanyaki Sushi Restaurant Gintei has been serving traditional and authentic Japanese dishes with seasonal ingredients prepared in unique, simple, and attentive ways since 2002. Come and enjoy the finest sashimi, sushi and teppanyaki in town and we hope to serve you the best. 75 Nanhui Lu,by Beijing Xi Lu (6218 1932) Mon-Sat 11.30am-2pm;5.30pm-10pm 南江路75



Nikutei Calling all meat lovers! Purveyors of delicious yakiniku, Nikutei Watami has landed in Shanghai. Watami Group first launched Nikutei in Taiwan where they developed quite a following for their Japanese beef dishes. Head over to Daning International Commercial Plaza and taste everything from the delicious sukiyaki to thinly sliced barbecqued steaks. The restaurant also makes a show stopping donburi, which piles meat on rice in the shape of Mount Fuji. 3/F, Block 6, Daning International Commerical Plaza, 1918 Gonghexin Lu, by Daning Lu (6107 5390). 共和新路 1918 号大宁国际商业广场 6 座 3 棱,近大宁路

HIYA A Jason Atherton concept, the restaurant takes cues from the chef's London restaurant, Sosharu, and serves a Japanese izakaya-inspired menu in a slick, sophisticated and glamorous setting fit for Shanghai's elite. Open daily, 27, F, Main Building, The Shanghai EDITION, 199 Nanjing Dong Lu, by Jiangxi Zhong Lu (5368 9531). 11,30am-2.30pm, 5.30-11pm. 南京东路199号 上海艾迪逊酒店主楼 27 楼, 近江西中路

KOI KOI will light up your senses by sizzling Teppanyaki , fresh Sashimi, Sushi, BBQ and Sake. Reasonable-priced business lunch sets also available. 2/F, InterContinental Shanghai Puxi, 500 Hengfeng Lu, by Tianmu Xi Lu (5253 9999-6326, www.intercontinental.com) Mon-Fri 11.30am-2.30pm; 5.30-10pm 上海浦西洲际酒店 2 楼, 恒丰路 500 号, 近天目西路

HE Japanese Restaurant Tokyo-native head chef introduces authentic Japanese cuisine using only jet-fresh imported ingredients in sophisticated cooking methods and time-honored craftsmanship. Daily 5.30-10.30pm. RMB1088/1538/1888.5/F, Wanda Reign on the Bund, 538 Zhong Shan Dong Er Lu, by Longtan Lu (5368 8882) 中山东二路 538 号,近龙潭路

Miyabi Japanese Restaurant & Sky Bar Nested on the 37th floor boasting a stunning night view of the Bund and Lujiazui area, Miyabi Japanese restaurant sees open teppanyaki stations and exquisite Japanese cuisines in a friendly and relaxed atmosphere. A guest DJ plays live lounge music every night from Tuesday to Saturday, making Miyabi a perfect choice to enjoy the night over a cocktail or a Japanese whisky, 37/ F, Sheraton Shanghai Hongkou Hotel, 59 Siping Lu,by Hailun Lu (2601 0088, sheraton.com/ shanghaihongkou) 5.30-10.30pm 四平路 59 号红 口喜来登酒店 37 楼,近海伦路

Nadaman At Nadaman Japanese Restaurant, contemporary design meets exceptional cusine. The traditional Japanese kaiseki cuisine is Nadaman's signature set menu. It reflects the best of seasonal produce and fresh ingredients, artistically presented, both in food and in the choice of unique décor. The efficient simplicity is complemented by professional and courteous service while the atmosphere is redolent with the cultivation of over 180 years of Japanese hospitality. Master Chef Takayuki Oshima, Nadaman Group Executive Chef, presents exclusive kaiseiki menu at RMB880 per person from July 3-9. The price is subject to 10 per cent service charge and 6% value-added tax. (2828 6888) Lunci 1.1.30am-2.30pm; Dinner: 5.30-10pm (fbreservations.slpu@shangri-la.com, www.shangri-la.com/shanghai/pudongshangrila) 2/ F Grand Tower, Pudong Shangri-La, 33 Fucheng Lu, by Lujiazui Huan Lu 富城路 33 号,近陆家嘴环

The House Of Flame With Sashimi, Teppanyyaki and The chafing dish of seafood.We are committed to finding the world's top food ingredients, and we are trying to present our customers with an exclusive feast. Lunch: Daily 11:30am-14:30pm; Afternoon tea: Daily 14:00 pm -16:30 pm; Dinner: Daily 17:30 pm -21:30pm. Unit 3013, 3/F, 2879 Longteng Dadao. 龙阙六宫 2879 号音汇圆面业楼 3楼 3013 单元。

Takumi Robatayaki & Sake In this authentic Japanese restaurant, you'll see skilled Japanese robatayaki chefs grill seasonal fish, meat and vegetables over open coal fire with Japanese sake-cuisine pairings served. Wifi available. 1) L4-22, ifc mall, 8 Shiji Dadao, by Yincheng Zhong Lu (5011 1677). Daily 11.30am-2.30pm, 5.30-10pm. 2) N3-14, Jing An Kerry Centre, 1515 Nanjing Xi Lu, by Anyi Lu (6259 5177). Daily 11.30am-2.30pm, 5.30-10pm.1) 世纪大道 8 号 卮 国金中心 4 楼,近银城中路 2)南京西路 1515 号静安嘉里中心北区 3楼,近天文路

TSURU Japanese Restaurant TSURU features classic Japanese Kaiseki cuisine. The interior decoration, inspired by the traditions and culture of Japan, contrasts reds, chocolates and pine hues as its main color. Chef Masami Honda has 50 years of experience in Japanese cuisine. Open Hou:: Lunch from 11.30am to 2.30pm; Dinner from 6pm to 10pm. (86 21) 2203 8889. 2/F, Jing An Shangri-La, West Shanghai, 1218 Yan'an Zhong, by Tongren Lu. 静安香格里拉大酒店二楼,接变中路 1218 号,近朝仁路.

Sakitori Japanese Restaurant The newly renovated Japanese restaurant with four private dining rooms is where guests get to indulge themselves in authentic Japanese cuisine complemented with a variety of sake. Chef Hideki Kamata with over 22 years of culinary experience is well versed in traditional Kaiseki cuisine, Teppanyaki and Sushi. 2/F, JW Marriott Hotel Shanghai Changfeng Park, 158 Daduhe Lu, by Guangfu XI to (2215 6250) 上海新发展亚大、JW 万豪酒店 2 楼,大波河路 158 号,近光复西路

Ooedo Japanese Restaurant Serving authentic and high quality Japanese cuisine on an extensive menu since opened in 1995, they've introduced consultant Mr. Yoshida-san from Hyogo for traditional Japanese cooking. Daily lunch:11.30am-2pm(last order 1.30pm), dinner:5.30pm-10pm(last order 9.30pm). 1)Room Jo4E, Luijazui Investment Tower, 366 Pudian Lu, by Dongfang Lu (6841 6377) 2)L3-E03, 150 Hubin Lu,by Ji'nan Lu 1) 清車路 366 号,近东方路 2) 湖滨路 150 号 L3-E03, 近济南路

Sazanka Traditional Japanese Teppanyaki recommended by Michelin Guide "Taste of Okura" - Combination of Rigid Selection of Seasonal Ingredients and Top Chef. Okura Garden Hotel Shanghai, 58 Mao Ming Nan Lu, by Changle Lu (6415 1111-5211) 花园饭店, 茂名南路 58号, 近长乐路

#### **MFDITFRRANFAN**

Calypso Restaurant & Lounge The Calypso. Located in the hotel's piazza, the eye-catching two-storey bamboo-clad glass-roof building brings Mediterranean cuisine to the doorstep of guests and residents. Roof terrace also available. This is topped off with DJ music, creating the epitome of a relaxed ambience. Restaurant Open Hour: 11am to 11pm; Terrace Lounge Open Hour: Non-Winter Season (Mar – Nov) 2.30pm to 1am (Mon – Thurs); 2.30pm to 1.30am (Fri & Sat); 12pm to 1am (Sun). Winter Season (Dec – Feb) 2.30pm to 11pm (Mon – Thurs), 2.30pm to 12midnight (Fri & Sat), 12pm to 11pm(Sun). (86 21) 2203 8889. Jing An Kerry Centre Piazza, 1218 Middle Yan'an Road, Jing An Kerry Centre on West Nanjing Road, Shanghai. 延安中路 1218 骨南支西路静安蚕量中心中两区广场

**Chelae:** Chelae is a modern seafood bistro where elegance meets authenticity.

Chelae has three different dining areas all with their own personality, aiming to create a casual sophistication, cozy elegance and laid-back luxury atmosphere.

Presenting a wide range of both local and imported quality products featuring fresh seafood with a focus on crabs and charcoal oven cooking premium meat, Chelae serves a globally-inspired sophisticated Cuisine including Mediterranean, French, and more. 2:30-11pm daily. 2/F, No.18, Lane 217 Maoming Bei Lu, by Nanjing Xi Lu 2/F, No.9, Lane 229 Maoming Bei Lu, by Nanjing Xi Lu (\$255 6865) 丰盛里 茂名北路 2/7 弄 18 号 2 楼,229 弄 9 号 2 楼(5255 6865)

Thought For Food is the flagship restaurant inside The Living Room by Octave, open daily for breakfast, lunch, dinner and Sunday brunch serving tasting menus, sharing plates and quick meals that all feature responsibly and honestly sourced ingredients. Vegetables are sourced from certified organic farms and their own rooftop garden - fully traceable to ensure safety and quality to the table. The poultry, pork and seafood are carefully selected from free range sources that are certified and traceable. Daily 7am-10pm;Sunday brunch 11am-3pm. Former French Concession>557 Jianguo Xi Lu, by Taiyuan Lu (3338 4660) thoughtforfood@livingoctave.com. www.livingoctave.com 建国西路 357 号,近太原路

#### MODERN



Tel: +86 21 6247 3579 FAX: +86 21 6289 0098

EMAIL: info@thespot.com.cn WEBSITE: www.thespot.com.cn

The Spot Bar & Restaurant Since opened in Sep 2006, the Spot Bar and Restaurant has been home of many expats away from home. The menu introduces delicious food items as well as the Spot's signature dishes at reasonable prices. With a warm ambiance, it's an exciting place where you get to meet friendly people. 255 Tongren Lu, by Nanjing Lu (www.thespot.com.cn) 铜仁路 255 号,近南京路

#### PIZZA

PizzaExpress 1) 380 Huangpi Nan Lu, by Xingye Lu (5383 3999) Sun-Thurs: 11.30am-11pm; Fri & Sat: 11am-11pm info@pizzamarzano.cn www.pizzamarzano.c1 y Suite 107, Shanghai Center, 1376 Nanjing Xi Lu, by Xikang Lu (6289 8733) Daily 11am-11pm info@pizzamarzano.cn 3) No.1, Unit 111, 570 Yong Jia Lu, by Yue Yang Lu (6467 8898) Sun-Thurs: 12-11pm; Fri&Sat: 11am-11pm info@pizzamarzano.cn 4) 507B/C, 5/F Grand Gateway, 1 Hongqiao Lu, by Huashan Lu (6447 8880) Daily 10am-10pm info@pizzamarzano.cn 5) Unit 403, 4/F, K11 Art Mall, 300 Huaihai Zhong Lu, by Huangpi Nan Lu 1) 黄陂南路 380 号,近开业路 2) 南京西路 1376 号上海商城西峰 107 号,近西康路 3) 永嘉路 570 号 111 单元 1号楼,近岳阳路 4) 虹桥路 1 号港汇广场 5 层 507B/C,近华山路 5 )淮海中路 300 号 K11 购物艺术中心 403 号铺,近黄陂南路

#### STEAKHOUSES

CHAR Dining This modern steakhouse has position itself as a destination for premium quality Australian beef and sea food products. Its spectacular bund views, urban interior design, and International recognized Chef Willmer Colmenares has made this location a "must try" dining destination in the city. The menu presents classics with a twist, Boasting one the largest steak selection available in Shanghai. Starting from their grass fed products from Tasmania, to their grain fed 250days tomahawk or their selection of Wagyu products. Including the award winning Blackmore full blood Wagyu 9+ recognized as one of the best in the market. 29-31F Hotel Indigo Shanghai on the bund, 585 Zhongshan Dong Er lu, by Dongmen Lu (3302 9995), 5:30pm until late, kitchen close at 10:30pm. Bar, 17:00pm-late. www.charthebund.com 中山东二路 585 号 29-31 楼,近东门

JW's California Grill Located on the 40th floor above Shanghai's stunning skyline, the relaxed and classy setting offers refined lifestyle dining with seasonal, market fresh cuisine using premium products cooked to perfection. Discover sophisticated chef-crafted cuisine in the main area or enjoy exclusivity in the private room among friends or business partners. 40/F, JW Marriott Hotel Shanghai Tomorrow Square, 399 Nanjing Xi Lu, by Huangpi Nan Lu (5359 4969, www.jwmarriottshanghai.com) 上海明天厂场、JW 万豪酒店 40 楼,南京西路 399 号,近黄陂北路

Morton's Steak and Seafood Grille In addition to the finest grain-fed wet aged beef for which the classic steakhouse is known around the world, this new concept for Morton's focuses on premium oysters including a rotating selection of fresh oysters from the United States, France, Australia and New Zealand. An extensive selection of generous seafood mains on the menu showcase pan-Asian influences. As always, there are also many side dishes and indulgent desserts, plus a sophisticated menu of fine wines, spirits and cocktails. Id-403, iapm Mall, 999 Huaihai Zhong Lu, by Shaanxi Nan Lu (6067 7888) 淮海中路99号,近陕西南路

The 1515 WEST Chophouse & Bar Meat lovers will be delighted by the restaurant's generous portioning philosophy. The house butcher presents signature prime cuts which are cut and weighed on an old-fashioned scale on the table and sent straight to the grill. Restaurant Open Hour: Lunch from 11.30am to 2.30pm; Dinner from 6pm to 10.30pm. (86 21) 2203 8889. 4/F., Jing An Shangri-La, West Shanghai, 1218 Yan'an Zhong, by Tongren Lu. 静安音格里拉大酒店四楼,確安中路(1218 号。许傅任路

The Grill With a central grill, rotisserie and a large built-in marble displaying the freshest seafood, it is a contemporary and colorful venue for guests in search of the freshest seafood and succulent prime grade meats grilled right in front of them in the open kitchen. 56/F Jin Mao Tower, Grand Hyatt Shanghai, 88 Shiji Dadao, by Dongtai Lu (5047 1234) Lunch: Daily 11.30am-2.30pm; Dinner: Daily 5.30-10.30pm 世纪大道 88 号金茂智快大酒店 56 楼。近东秦路

#### HZINAGZ

Albero Enjoy Albero's innovative Spanish tapas menu, ideal for sharing with friends in a relaxed atmosphere. The restaurant is decorated in an Andalusian style with sedimentary rock from the Huangpu River. (3867 9196) Lunch: 12pm-3pm; Dinner. 6-10pm. 2/F, Grand Kempinski Hotel, 1288 Lujiazui Huan Lu, by Baibu Jie 陆旅哨环路 1288 号上海和京斯系斯名语 2楼。近百步街

COLCA COLCA is the latest restaurant of celebrity chef & serial restaurateur Eduardo Vargas. This time he cooks food of his heritage: Peruvian. COLCA is a restaurant & bar specializing in seafood and grilled meats. It also features the first Pisco Bar in China with a wide range of pisco cocktails. Tucked into a new complex at Hengshan Lu, the restaurant boasts high-ceilinged interiors and a beautiful outdoor terrace. Dinner: Tue-Sun 5.30pm-1am; Weekend Brunch: 11am-4pm, close on Monday. Rm2201, 2/F, 199 Hengshan Lu, by Yongija Lu (5401 5366) 德山路 199 号 2 楼 2201、近永嘉路

Pintxos Numbers of meats and seafood are imported from Spain to ensure the most authentic Spanish cuisine for every customer. In addition to the excellent quality of raw materials, the process is made simple and fast in the stylish minimalist restaurant.

Pudong Kerry: 1378 Huamu Lu, Room B104, Kerry Centre, by Fangdian Lu (5858 0617) 2) Jingan Kerry: 1515 Nanjing Xi Lu, B1, Room 10, Jing'an Kerry Centre, , by Changde Lu (6173 7983) 1) 花木路 1378 号嘉里中心 B104, 近芳甸路 2) 南京 西路 1515 号静安嘉里中心 B1 楼 10 室, 近常德路

#### SPECIALITY FOOD SHOPS

Green & Safe With an organic farm in Kunshan, this organic store provides daily delivered vegetables and a variety of local and imported organic goods, such as organic extra virgin olive oil, white and red balsamic vinegar, organic pasta, muesli and more. 1) 6 Dongping Lu, by Hengshan Lu 5465 1288, 1/F: 8am-10pm; 2/F: 6.30pm-12am 2) 2) 4/F, 1643 Hongqiao Lu, by Hongbaoshi Lu 10am-9.30pm 3) 4/F, 1601 Nanjing Xi Lu (6258 8777) 1) 东平路 6 号,近衡山路 2) 虹桥路 1438 号 4 楼,近红宝石路 3) 南京西路 1601 号 4 楼 B 区

FIELDS China A premier online grocery store based in Shanghai who provides healthy and safe options for all your grocery needs, including vegetables, fruits, meat & poultry, fish & seafood, dairies, bakeries and personal care products. Seasonal produce and ready-to-serve dishes are also available. With same day delivery on orders in Shanghai, FIELDS makes it convenient and affordable for you to have healthy and safe organic, imported food items in China. 400-021-0339, www.fieldschina.com, cs@fieldschina.com.

#### THA

Coconut Paradise This cozy, Modern-Thai style house offers casual dining with lots of attention to southeast Asian detail with soft light, Dark teak wood and a faint hint of incense. The spicy beef lettuce wraps sprinkled with fresh mint make a perfect starter for the shrimp Pad Thai, also have the best curry cuisine .1) 38 Fumin Lu, by Yan'an Zhong Lu (6248 1998) 2) Zhj, 378 Wukang Lu, by Hunan Lu (5424 5886) Dafi, 378 Wukang Lu, by Hunan Lu (5424 5886) Dafi, 378 Wukang Lw, by Sun Light (542 5886) Dafi, 378 W

Greyhound Café focuses on innovation of a trendy dining experience and fine culinary skills. Having turned into a modern Thailand restaurant, it provides authentic yet traditional Thai cuisine in a fine-dining environment. 1) Room5, 1/F, Jing'an Kerry Center, 1515 Nanjing Xi Lu, by Changde Lu 11am-10pm 2) Room 503 5/F, 999 Huaihai Zhong Lu, by Shaanxi Nan Lu 11am-10pm 3) 02A,1/F,22,23 Xintiandi Beili, Lane 181 Taicang Lu, by Huangpi Nan Lu 11am-11pm (Sun-Thau) 11am-2m (Fri-Sat) 1) 南京西路 1515 号静安萬里中心南区 1星05号,近常德路 2) 淮海中路 999 号环贸 lapm 商场 L5-503 章,近陕德路 3) 太仓路 181 弄上海新天地北里 22,23号 1星02A 单元,近黄陂南路

#### **VIETNAMESE**



Pho Real Some of Shanghai's finest pho and Bahn mi, with high-quality ingredients and a young, hip environment. 1) 166 Fumin Lu, by Changle Lu (5403 8110) Mon-Fri: 11am -2 pm, 5.30pm -10pm; weekends: 11am -10pm 2) 1465 Fuxing Zhong Lu by Hualhai Zhong Lu (6437 2222) Mon-Fri: 11am -2.30pm, 5.30pm -10pm; weekends: 11am -10pm 3) Kerry Centre Store, Kerry Centre S11-12, 1515 Nanjing Xi Lu, by Changde Lu (6299 1827) Daily 11am-10pm 4) 1-L206, The Place, 100 Zunyi Lu, by Tianshan Lu 11am-10pm (5291 0907) www.phorealgroup. cn 5) Hongkong Plaza. S2-11 Hongkong Plaza, 233 Huaihai Zhong Lu, by Huangpi Nan Lu (6313 8927) 11am-10pm 6) 507, 4/F, Takashimaya Department Store, 1438 Hongqiao Lu, by Manao

Lu (6278 3277) 10am-21.30pm 1) 富民路 166 号,近长乐路 2) 复兴中路 1465 号,近淮海中路 3) 南京西路 1515 号惠里中心 SB1-12, 近常總路 4) 虹桥南丰城南区 1期-L206, 遵义路 100 号,近天山路 5) 淮海中路 283 号,香港广场南座 2-11 室,近黄陂南路 6) 虹桥路 1438 号高岛屋商场 4 棱 07 室 近玛瑙路

Pho Store Owned by an Australian Vietnamese, the Pho Store offers Vietnamese street-flavor phos in a cozy and trendy environment. 118 Xikang Lu, by Nanyang Lu daily 11am-10pm (6215 5534) 西廉路 118 号,近南阳路

#### NIGHTLIFE BARS

Jenny's Blue Bar Second home to hordes of blokes who regularly stop by for a drink or a home-made snack. A free foosball table, classic rock and a big screen showing ESPN and Star Sports channels. 7 Donghu Lu, by Huaihai Zhong Lu (6415 7019) Daily 1pm-2am jennysbar@ hotmail.com www.jenny-shanghai.com 东湖路 7 号,近淮海中路 142 号,近淮海克西路

Logan's Punch Cashing in on its slogan of being 'China's first punch bar,' Logan's Punch has enjoyed widespread popularity since opening in 2014. Expect a range of well-made craft cocktails, sipped alongside a hip crowd of young expats and locals. Mon-Thu, 6pm-2am; Fri-Sat, 7pm-late. 2/F, 99 Taixing Lu, by Nanjing Xi Lu (6248 5928) 上海市静安区泰兴路 99 号 2 楼,近南京路

POP Bar influenced by the playfulness, art deco highlights and tropical vibe of cosmopolitam Miami, is a fun and elegant rooftop lounge to enjoy afternoons and nights in good company and funky music. Opening Sunday to Friday from 2:00pm till late; Saturday from 1:00pm till late. 7/F, 3 Zhong Shan Dong Yi Lu, by Guangdong Lu (6321 0909) www.threeonthebund.com 中山东一路 3 号 7 楼,近广东路



Judy's Established in 1993, Judy's is the longest running party venue in Shanghail Have a few drinks, settle on the vibrant party atmosphere and enjoy the house band. Enjoy dancing the night away seven days a week with your favorite party rocking music. Food is available all day until wee hours. 331 Tongren Lu, by Beijing Xi Lu (6289 3715) Daily 11am-late www.judysco.com.cn 铜仁 83 31 是,近社合两级



Senator Saloon Senator Saloon has the largest selection of Bourbon and Rye in Shanghai. Cocktails are carefully crafted. The atmosphere is intimate with velvet flock wallpapers and artisan tin ceilings. Popular bar snacks include Mac and Cheese, Pork Belly Sliders, and Chicken Pot Pie. 98 Wuyuan Lu, by Wulumuqi Zhong Lu (5423 1330) 五原路 98 号,近乌鲁木齐中路

UNICO Shanghai. Launched in 2012 UNICO Shanghai quickly became one of Shanghai's favorite dining and nightlife destinations. Occupying the second floor of the heritage structure Three on the Bund, it boasts stunning views and stylish interiors. Welcoming guests at night with an extensive selection of cocktails and a carefully curated music list with a latin flair. Live

music bands and internationally acclaimed DJs play there regularly. Every day 6pm until late, 3 Zhongshan Dong Yi Lu, Three on The Bund, 2/ F, by Guangdong Lu (021-5308 5399; booking@unico.cn.com, www.unicoshanghai.com) 中山东一路 3 号外雅 3 号入雅 3 号入雅 3 号入雅 3 号入雅 3 号入雅 6 表

#### CLUBS

Bar Rouge The go-to spot for Shanghai's glitterati, this chic lounge offers expertly mixed cocktails, the latest electro beats and one of the best views on the Bund. 7/F, 18 Zhongshan Dong Yi Lu, by Nanjing Dong Lu (6339 1199) Sun-Wed: 6pm-3am; Thu-Sat: 6pm-late www.bar-rouge-shanghai.com 中山东一路 18 号 7 楼,近南京东路

Club Room This gentleman's club-inspired lounge area at The Shanghai EDITION exudes a sense of warmth and exclusivity. The sophisticated venue features two indulgent lounge areas, a nine-seater bar, as well as a screening room and a karaoke room. 5f. Heritage Building, The Shanghai EDITION, 199 Nanjing Dong Lu, by Jiangxi Zhong Lu (5368 9571). 5pm-2am. 南京东路 199 号—上海艾迪逊西店辅楼 5 楼。加江西中路

Electric Circus This club and VIP lounge for Shanghai takes a cue from the Studio 54 tradition with its dramatic lighting, otherworldly interior and signature EDITION cocktail mixology program. Electric Circus will play host to some of the world's top DJs and performers, and is destined to become a must-visit venue in the Shanghai nightlife scene. 7F, Heritage Building, The Shanghai inghtlife scene. 7F, Heritage Building, The Shanghai EDITION, 199 Nanjing Dong Lu, by Jiangxi Zhong Lu (5368 9551). Fri-Sat 10pm-5am. 南京东路 199 号 上海艾迪逊酒店辅楼 7 楼,近江西中

M1NT Winner of 2009 Readers' Choice Award for "Club of the Year" Join the posh and the poser alike in this quasi exclusive nightclub, where a chic dining room offering up superb Asian inspired fusion and grilled fare are a;sp available. 24F, 318 Fuzhou Lu, by Hankou Lu (6391 2811) Lunch: Mon-Fri 11:30am-2:30pm; Dinner: Mon-Sat 6-11pm; Club: Wed-Sat 9:30pm-late bookings@m1ntglobal.com www. m1ntglobal.com 福州路 318 号高跨大厦 24 层,近 50 718

**MYST** Daily 9:30pm-late 1123 Yanan Zhong Lu, by Fumin Lu (64379999) 延安中路 1123 号, 近富民

RuiKu Champagne Lounge Located on the rooftop with a big terrace, RuiKu Champagne Lounge boasts a stunning view where patrons get to sip enticing cocktails while swinging with world-famous DJs Daily 10.30pm-Midnight. 21/F, Wanda Reign on the Bund, 538 Zhong Shan Dong Er Lu, by Longtan Lu (5368 8882) 中山东二路公司 Fr Lu, by Longtan Lu (5368 8882)

#### SPORTS RARS

CAGES: Combined with American dining, baseball batting cages and over ten other sports in nearly 4,000square meters' Jing'an location, CAGES is the spot for you. Whether you are dining with your team or competing for bar game supremacy with your friends, CAGES has you covered. Be sure to contact us about our leagues, including dodgeball, 444 soccer, combat archery and more. 9am - 2am daily. Jingan Sports Center, 3/F, 428 Jiangning Lu, by Wudding Lu (3112 2950) IT宁路428号3楼, 近武定路

#### HOTEL BARS

BRU: Open from afternoon until late, BRU is a gastro pub serving casual comfort food, including rotisserie prime meats, fresh seafood and tapas plates accompanied by a wide selection of beers, wines and cocktails. As the name suggests, beer is the highlight with bottled craft beers from around the world and eight premium beers on tap. Communal benches and kegs to share are ideal for groups of colleagues and friends. Each evening, a live band enhances the stylish ambiance with contemporary and classic tunes. INTERCONTINENTAL SHANGHAI NECC, 1700 Zhuguang Lu, by Yinggang Dong Lu (National Exhibition Convention Center, Gate 3) (6700 1888-6031) 国家会展中心洲际酒店,诸光路 1700 号 图家会展中心洲际酒店,诸光路 1700 号

Camelia Bar Perfect for a casual drink after work with friends and colleagues, the Four Seasons Hotel Pudong's Camelia Bar offers a wide range of whiskeys, wines, champagnes and signature cocktails. The knowledgeable mixologists and bar staff are always on hand to offer recommendations perfect for your palate. 5pm-late. (2036 1300). 17, Four Seasons Hotel Pudong, Shanghai, 210 Shijii Dadao, by Lujiazui Huan Lu. 世紀大山高,

**CHAR bar** Classy cocktails and sophisticated setting, best known for its exquisite 270-degree

views over The Bund and Pudong skyline. 30/ F, Hotel Indigo Shanghai on the Bund, 585 Zhongshan Dong Er Lu, by Dongmen Lu (3302 9995) Daily 4:30pm-late, www.char-thebund. com 中山东二路 585 号英迪格酒店 30 楼,近东门路

Cloud 9 Located on Level 87 of Jin Mao Tower, this sky lounge has magnificent views of the entire city, where guests can enjoy a wide collection of creative cocktails, champagnes and Asian Tapas. The floor-to-ceiling glassed double-height section also holds a hide-away mezzanine bar. 87/F Grand Hyatt, Jin Mao Tower, 88 Shiji Dadao, by Dongtai Lu (5049 1234) Mon-Fri 5pm-1am; Sat-Sun 2pm-1am 世纪大道 88 号金茂大厦 87 楼, 近东泰路

Connection 12 Adjacent to the hotel's swimming pool, the stunning rooftop bar opens up to the evening sky and offers breathtaking panoramic views of the city. Guests can soak up the relaxed setting while choosing from a selection of wines, cocktails and light snacks. Tue-Sat: 5pm-1am Level 12, 333 Shenhong Lu, by Suhong Lu (5263 9999) 申虹路 333 号 12 层,虹桥廉嘚思酒店,近苏虹路

HU Bar & Lounge is Shanghai's newest nightlife destination and showcases the Best of Shanghai's Past and Present. HU looks back at the past while embracing the progress and fast-paced evolution Shanghai is known for all while giving its guests towering, iconic and the most amazing views of the city's skyline from all around. 65F / 66F, 789 Nanjing Dong Lu, by Xizang Nan Lu 南京东路 789 号 65-66 层,近西藏南路 http://www.leroyalmeridienshanghai.com/hubar

Jade on 36 Bar The ideal venue for sunset cocktails and late night drinks, take in the spectacular views of the iconic Bund and the dazzling Shanghai skyline while sipping martinis and fine wines paired with a selection of gourmet bites. Live DJs and musicians will put you in the mood for indulgence. Martinis take centre stage in the new cocktail menu set to launch in March at Jade on 36. Expect a selection of over 25 curated martinis ranging from light and refreshing to coffee-infused recipes and sweet treats, reimagined with unexpected flavours, alongside a selection of classic cocktails and indulgent nibbles. Happy Hour: Buy-one-get-one-free signature cocktails from 5-7pm daily, Free-flow champagne: Enjoy unlimited champagne every evening from 8-10.30pm at RMB 488++ per person. 36F Grand Tower, Pudong Shangri-La, 33 Fucheng Lu, by Lujiazui Xi Lu 富城路 33 号湖东音格里拉大滷店繁金楼,近陆家嘴西路(6882 3636)

Jasmine Lounge The Jasmine Lounge has always been 'the place' to socialize while experiencing the finest tea experience and elegant evening cocktails. A specialty of the Jasmine Lounge is the traditional English style afternoon tea, complete with an extensive selection of teas from different origins, compositions and styles. Saturday Tea Dance experience harks you back to Shanghai's glamorous golden age. Lobby, Fairmont Peace Hotel, 20 Nanjing Road East by Zhong Shan Dong Yi Road (6138 6886) Afternoon Tea Daily 14:00-18:00 南京东路 20 号,上海和平饭店大堂,近中山东

JW Lounge Bar Popular with high-flyers, this lofty lounge boasts panoramic city views and offers an extensive champagne list, either by the glass or the by bottle. Live music six days a week. 40/F, JW Marriott, 399 Nanjing Xi Lu, by Huangpi Bei Lu (5359 4969-6864) Daily 5pm-2am www. jwmarriottshanghai.com 南京西路 399 号 JW 万豪 酒店 40 楼, 近黄陂北路

Lobby Bar One of the nine bars of The Shanghai EDITION, the design of the Lobby Bar features bespoke plaster relief artwork inspired by carvings typically observed among Shanghai's signature Shikumen housing 1/F, Main Building, The Shanghai EDITION, 199 Nanjing Dong Lu, by Jiangxi Zhong Lu (5368 9851). 6 pm-2am. 南京东 8199号 上海艾迪逊酒店主楼 1楼,近江西中路

Lobby Lounge With large floor-to-ceiling windows and a crystal chandelier, the Lobby Lounge offers a distinct atmosphere that is perfect for a rendezvous with a wide selection of top and rare whiskeys and fine wines. Daily 8am-midnight, 1/F, Wanda Reign on the Bund, 538 Zhong Shan Dong Er Lu, by Longtan Lu (5368 8882) 中ய天正路538 号,近龙潭路

Long Bar Offering a good selection of cocktails, deluxe oysters and premium cigars, legendary Long Bar remains to be a part of the Waldorf Astoria Shanghai on the Bund after architectural restoration. Lobby, 2 Zhongshan Dong Yi Lu, by Guangdong Lu (6322 9988) Mon-Sat 4pm-1am; Sun 2pm-1am 中山东一路 2 号外渡华尔道夫酒店大

Main Bar Ye Lai Xiang Located in a historic French club, the bar brings back the golden age in an Art Deco style. Fancy a taste of Whiskey and Brandy of your own? Pick from the full list and wait for an exclusive glass of cocktail to be served. Okura Garden Hotel Shanghai, 58 Mao Ming Nan Lu, by Changle Lu (6415 1111-5217) 花园饭店, 茂名南路 58 号, 近长乐路

pentalounge Every Sunday between 11 am to 4 pm, diners at pentalounge at pentahotel shanghai can enjoy a spiced-up lazy brunch with a new menu and free-flow make-your-own Bloody Mary station. RMB148 per person (or RMB128 for those arriving after 2pm). Level 1, 1525 Dingst Lu, by Yuyuan Lu (6252 1111 ext. 8100) 定西路 1525 号酒店 1 楼,近愚园路

Punch Room Surrounded by warm, wooden vertical slats, the 35-seat Punch Room provides an intimate and cozy bar lounge atmosphere where guests can enjoy EDITION's renowned sophisticated cocktail program. 28/F, Main Building, The Shanghai EDITION, 199 Nanjing Dong Lu, by Jiangxi Zhong Lu (5368 9540). 2pm-2am. 南京东路 199 号 上海艾迪逊酒店主楼 28 楼, 许江西山路

Red Passion Bar Experience Shanghai through the lights and energy of the hotel's Red Passion Bar, located on the 30th floor. Take in views of the city while indulging in Royal Mojitos, fine wines and the full bar menu within a relaxed setting. (3867 8888) Hours: 4pm-1am. 2/F, Grand Kempinski Hotel, 1288 Lujiazui Huan Lu, by Baibu Jie 陆家嘴环路 1288 号上海凯宾斯基大酒店 2 楼,近百年45

ROOF Served with panoramic views of Pudong, this open-air lounge area at the rooftop of The Shanghai EDITION offers guests a comfortable and intimate setting where they can enjoy a range of classic and innovative libations made by EDITION's mixologists. 29/F, Main Building, The Shanghai EDITION, 199 Nanjing Dong Lu, by Jiangxi Zhong Lu (5368 9537). 2pm-2am. 陶京东 第199 号 上海艾迪逊酒店主楼 20 楼,近江西中路

Roof Garden Composed of a patchwork of brick and lawn terraces of different heights, the roof garden is an urban oasis that mixes Chinese greenery with luscious, tropical horticulture. The richly planted rooftop features an under-the-stars movie theater, a games area for lawn bowls and croquet, daybed seating, as well as the service of a full bar along with food and snacks. 8F, Heritage Building, The Shanghai EDITION, 199 Nanjing Dong Lu, by Jiangxi Zhong Lu (5368 9528). 5pm-2am. 南京东路 199 号 上海艾迪逊酒店 輔楼 8 楼。近江西中路

RuiKu Champagne Lounge Located on the rooftop with a big terrace, RuiKu Champagne Lounge boasts a stunning view where patrons get to sip enticing cocktails while swinging with world-famous DJs Daily 10.30pm-Midnight. 21/F, Wanda Reign on the Bund, 538 Zhong Shan Dong Er Lu, by Longtan Lu (5368 8882) 中山东二路 538 号,扩放温器

The Jazz Bar The only address in China for legendary jazz, the Jazz Bar features the oldest jazz band that has been playing in the Fairmont Peace Hotel since 1980. With its relaxed atmosphere and extensive drink menu, it is the perfect place to unwind with Victor Sassoon's classic cocktails and experience authentic live music. Lobby, Fairmont Peace Hotel, 20 Nanjing Road East by Zhong Shan Dong Yi Road (6138 6886) The Old Jazz Band Daily 18:00-21:45. 21:45-00:30 with the best female vocalist 南京东路 20号,上海和平饭店大堂,近中山东一路

The 1515 WEST Bar The Bar provides Champagnes, vermouths, sherries, white wines and a cellar featuring a selection of New World wines and Reds ensure that Wine Sommelier, Jasper Sun always has the best recommendations at hand. Open Hour: 5pm to 1 am (Sun-Thurs)\
5pm to 1.30am (Fri & Sat). (86 21) 2203 8889. 4/F, Jing An Shangri-La, West Shanghai, 1218 Yan'an Zhong, by Tongren Lu. 静安香格里拉大酒店 四楼,延安中路 1218 号,近铜仁路.

YOU BAR This well-designed whisky and cigar bar has a sleek and stylish vibe and a cozy, downtempo ambience in which guests can enjoy an extensive selection of whisky-based cocktails, single malts and cigars. Level 1, 1555 Dingxi Lu, by Yuyuan Lu (6240 8888 ext. 8160) Happy Hour 5-8pm. 定西路 1555 号巴黎春天新世界酒店 1 楼,近禹园路

## MIND & BODY HAIRDRESSERS

Toni and Guy Celebrating 51 years of fashion, hair and heritage, Toni and Guy is an international brand offering the best and creative hairstyle to suit each client. 1) East Tower 209, ShanghaiCentre, 1376 Nanjing Xi Lu, by Xikang Lu, by Tingchun Lu (5843 3830) 3) Unit F1A-06, B2, Super Brand Mall, 168

Lujiazui Xi Lu, by Lujiazui Huan Lu (5047 2298) 4) 4/F, River Wing, Pudong shangri-la, 33 Fucheng Lu, by Mingshang Lu (2828 6691) 1) 南京西路 1376 号上海南城东峰 209 室,近西康路 2) 丁香路 1380 号,近迎春路 3) 陆家嘴西路 168 号正大广场地下二层 F1A-06 室,近陆家嘴环路 4) 富城路 33 号浦东香格里拉 4 楼,近名商路

#### BFAUTY

Helen Nail Spa A long-time favorite among locals and expats alike, Helen Nail Spa is much more than a nail spa; they have a variety of pampering treatments and excellent waxing services. 1) 120 Nanchang Lu, by Yandang Lu (5383 8957) Daily 10am-10pm 2) No 6, Lane 819 Julu Lu, by Fumin Lu (5403 7802) 3) 70 Shirmen yi Lu, by Dagu Lu (6333 7535). 1) 南昌路 120 号,近 雁荡路 2) 巨鹿路 819 弄 6 号,近富民路 3) 石门一路 70 号,近大沽路

#### CLINICAL PILATES



Jiahui Health Jiahui's experienced physical therapist developed personalized Clinical Pilates courses based on comprehensive assessment of your body status and your specific need. Featured courses are for below problems: functional scoliosis, post-partum rehabilitation, and sport inituries.

Jiahui Medical Center (Yangpu), 1F/2F, Suite 3, 99 Jiangwancheng Lu, by Yingao Dong Lu 江湾城路 99号 3号楼 1-2层, 近殷高东路 (400 868 3000)

#### **HEALTH SERVICES**

Cosmetic Plastic & Laser Center

BIOSCOR

Shanghai Clinic

Cosmetic Surgery Botox & Dermafiller Laser Skin Center Cosmetic Dentistry

Bioscor Shanghai Clinic With over 10 years' experience, Bioscor's team of international docors and skin specialists are committed to provide you with the best level of service for all your cosmetic needs such as Botox, Filler, Pixel, Cutera, Ulthera, Microdermabrasion, Chemical Peel, Vein Therapy and Cosmetic Sugerys. No.5, Lane89 Xingguo Lu, by Hunan Lu (6431 8899) 9am-6pm info@ bioscor.com.cn www.bioscor.com.cn. 兴国路89 弄5号,近湖南路

DeltaHealth Hospital-Shanghai is affiliated with innovative healthcare provider DeltaHealth. Focusing on cardiovascular care, the general hospital is designed and built in accordance with joint Commission International (JC) standards. DeltaHealth Hospital-Shanghai is built to cover the entire Yangtze River Delta. The 200-bed capacity will enable the hospital to better serve patients and their families. Following its inauguration, DeltaHealth Hospital-Shanghai will open its general and cardiovascular outpatient services while accepting appointment requests for cardiac surgeries such as CABG, cardiac value repair, and certain aortic surgeries. (6015 1313/400 8210 277, www.deltahealth.com.cn, Wechat: DeltaHealth\_CN) 109 Xule Lu, by Zhulu Xi Lu, OingPu District 青iair Kerka 1094 ... /ixisisimais

Ethos World is a comprehensive Dental clinic operated by Australia's largest Orthodontic group with 30 years' experience. Our highly qualified Australian dental professionals use advanced technology and bring world-class dental care with exceptional customer service to China. Ethos

World offers general and cosmetic dentistry, orthodontic treatment including Invisalign, dental implant and paediatric dentistry. Clinics located at Australia & Chinal GF-01 Tower 3 THE HUB 17 suhong lu, by Shenchang lu (6296 8283) Daily: 9am-6pm虹桥天地3号楼苏虹路17号夹层01室,访由长路

Global HealthCare Medical & Dental Center – Puxi Suite 303, Eco City 1788Nanjing Xi Lu, by Wulumuqi Bei Lu (5298 6339, 5298 0593) 南京西路1788号1788国际中心303室, 近乌鲁木齐北路

Global HealthCare Medical & Dental Center – Pudong Shop 212, Shanghai World Financial Center, 100 Shiji Dadao, by Lujiazui Huan Lu (6877 5093, 6877 5993) 世纪大道100号上海环球金融中心南场212室, 近陆家嘴环路

Dram Medical Group Established in 2005, this Shanghai outpost of this Korean cosmetics clinic offers a range of services from skincare to dental care treatments. Operating with international standards, the brand's medical professionals are constantly searching for new technology to upgrade their offerings. Enjoy laser hair removal once with coupon, underarms only. 3/F, Zhongyi Building, 580 Nanjing Xi Lu, by Chengdu Bei Lu www.dreammedical.com.cn TEL/Wechat: 13651969238 南京西路580号仲益大厦A座3楼, 近成都设备 (136 5196 9238)



Jiahui Health is China's first foreign-funded "international hospital/clinic/wellness center" healthcare ecosystem operating with international standards. Established in 2009, Jiahui Health is headquartered in Shanghai and enjoys a strategic collaboration with Massachusetts General Hospital. Jiahui encompasses a 500-bed international hospital; a series of satellite clinics offering specialist services from family medicine, internal medicine, surgery, pediatrics, dermatology, ophthalmology, ENT, dentistry, rehabilitation, clinical psychology, day surgery, gastrointestinal endoscopy, CTMRI imaging diagnostics; and wellness centers focusing on nutrition, body sculpting, sub health management, and mental health management. Jiahui Health covers each major neighborhood of the city, meeting the healthcare and wellness needs of families through a lifetime relationship. Jiahui is devoted to providing international patients with care, quality and convenience, and is regarded by many as their Partner for Life. 1) Jiahui International Hospital, 689 Guiping Lu, by Qinjang lu 2) Jiahui Clinic (Jing'an), Suite 101, 88 Changshu Lu, by Changle Lu 1) 桂平路 689 号,近天路689 号,00000 )

#### ParkwayHealth Medical & Dental Centers 24/7 Hotline 6445 5999

24/7 Hotline 6445 5999

1) Mon-Fri, 9am-7pm.
Sat - Sun, 9am-5pm
Gleneagles Medical and Surgical Center, Tomorrow Square 4/F, 389 Nanjing Xi Lu
2) Medical Center
Mon-Fri, 9am-7pm
Sat & Sun, 9am-5pm
Dental Center
Mon - Sun, 8.30am-7.30pm
Shanghai Centre Medical & Dental Centers, 203-4
West Retail Plaza, 1376 Nanjing Xi Lu.
3) Mon-Sat, 9am-7pm
After Hours Care (Primary Care)
Mon-Sun, 7pm-9am.
Specialty and Inpatient Center, 3F, 170 Danshui
Lu. (near Xintiandi)
4) Medical Center
Mon-Fri, 8.30am-7pm
Sat & Sun, 9am-5pm
Dental Center
Mon-Fri, 8.30am-7pm
Sat & Sun, 9am-5pm
Jin Qiao Medical & Dental Center, 997, Biyun Lu, Jin Qiao, Pudong
5) Mon-Fri, 9am-7pm

15) 1N01(B) Jin Mao Tower, No.88 Shiji Dadao, Pudong New Area Shanghai East International Medical Center A joint venture general hospital providing a com-

Jin Mao Tower Medical Center, (Close to Gate

Sat, 9am-5pm

prehensive range of world-class services including family medicine, vaccinations, pediatrics obstetrics, gynecology, chiropractic care, tradi-tional Chinese medicine, psychological counseling, specialty care, surgical services, as well as on-site 24-hour emergency service. also conducts CPR and first aid courses bimonthly in English and Chinese. 150 Jimo Lu (24 hour: 5879-9999 or 150-0019-0899; care@seimc.com.cn; www seimc.com.cn) 即墨路150号

Shanghai Lanhai Medical Center Located in the Shanghai World Finance Center's Lanhai Plaza in Pudong, this clinic is furnished with advanced medical imaging equipment and an onadvanced medical imaging equipment and an on-site pharmacy, and offers a comprehensive range of medical outpatient services including health check, GP, internal medicine, stomatology, dermatology, ophthalmology, E.N.T., gynecology, Traditional Chinese Medicine, and mental health. The second phase of the clinic will include facilities and services like oncology, rehabilitation, a 24-hour pediatric specialty clinic, outpatient surgery center, endoscopy center, imaging center, medical cosmetology center, optical center, and other specialist departments. Daily 8am-5pm. (400 820 3999). S33 Luiazui Huan Lu, by Dongtai Lu.

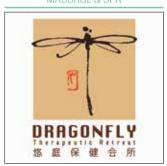
Shanghai Redleaf International Women and Infants Center; Shanghai Redleaf Interna-tional Women's Hospital 8am-5pm, 24/7, 155 Songyuan Lu, by Hongsong Dong Lu 宋园路 15号, 近红松东路 (6196 3333, www.redleafhospt

Shanghai Renai Hospital is the first private hospital in Shanghai. It has over 20 clinical de-partments with outpatient and inpatient services. Located in city center with convenient transportation, it is influential throughout the East China region and enjoys a high reputation. Free parking available within hospital compound. Specialties: Family medicine, internal medicine, general surgery, gynecology, E.N.T., T.C.M., dental, vaccination and immunization, dermatology, urology, pediatrics, orthopedics, ophthalmology, cosmetic dermatology, plastic surgery etc. Operation Hours: Mon – Sun 9am-5pm. 127 Caoxi Lu (5489 3781, www.renaihospital.com) 漕溪路 127

Shanghai United Family Hospital and Clinics 1) 1139 Xianxia Lu, by Qingxi Lu (2216 3900, 2216 3999) Mon-Sat: 8.30am-5.30pm 2) Shanghai Racquet Club, Lane 555 Jinfeng Lu, by Baole Lu Mon-Sat 9am-5pm 3) 1/F, area A & B. 525 Hongfeng Lu, by Mingyue Lu (5030 9907) Mon-Sat: 8.30am-5.30pm 4) 8 Quankou Lu, by Linquan Lu Mon-Sat: 8am-5.30pm www.ufh. com.cn 1) 仙霞路 1139号,近青溪路 2) 金丰路 555 弄上海网球俱乐部内,近保乐路 3) 红枫路 525号 A&B 区 1 楼,近明月路 4) 泉口路 8 号,近林泉路

Yosemite Clinic is a comprehensive modern Yosemite Clinic is a comprehensive modern Medical and Day Surgery Center conveniently located a five-minute walk from the Kerry Parkside in Central Pudong. Yosemite Clinic has an expert team of international and Chinese physicians covering a range of specialties, including Family Medicine, Dentistry, Dermatology and Orthopedics, among others, and special-izing in minimally invasive surgical procedures The clinic is equipped with an onsite Lab and CT imaging allowing a more efficient approach to diagnosis and treatment. As a Day Surgery Clinic, Yosemite Clinic has three cutting edge operating rooms and extended observation bed capability. As a physician-owned and managed clinic, Yosemite Clinic's priorities are ensuring the clinic, Yosemite Clinic's priorities are ensuring the highest standard of medical quality and delivering excellent patient outcomes. Our clinic languages are Chinese, English, Japanese, Korean. Bl-1F, 1398 Fangdian Road, Pudong, Shanghai (Only 5 Minutes Walk From Kerry Parkside); Opening Hour: Monday-Friday 9am-1pm, Saturday-Sunday 9am-Spm; Tel: 4008-500-911; information@verpmitteling.com; Yew Monday 1940-195. yosemiteclinic.com; www.yosemiteclinic.com 上海 浦东新区芳甸路 1398 号 B1-1F (Plus 乐坊下沉式广

#### MASSAGE & SPA



Dragonfly Shanghai 1) 2/F, 559 Nanchang Lu, by Shanxi Nan Lu (5456 1318) 2) 206 Xinle Lu, by Fumin Lu (5403 9982) 3) L119, 1378 Huamu Lu, by Fangdian Lu (2025 2308) 4) 193 Jiaozhou Lu, by Xinzha Lu (5213 5778) 5) LG2-47 IFC, 8 Shiji Dadao, by Lujiazui Huan Lu (6878 5008) 6) 616 Biyun Lu, by Yunshan Lu (5835 2118) 8) SB1-05B, B1 South Retail, Jingan Kerry Centre, 1218 USB, B1 South Retail, Jingah Kerry Centre, 1218
Yan'an Zhong Lu, by Changde Lu (2626 0018)
8)Dragonfly @ LuOne B1-11/12, 268 Xujiahui
Road, Huangpu District, Shanghai (6266 2378)
Madang Road Station, Metro Line 13 (exit 6).
Daily 10:00-24:00 relax@dragonfly.net.cn http:// Daily 10:00-24:00 relax@dragontly.net.cn http:// www.dragonfly.net.nd' / j 南昌路559 号 楼 近 陕西南路 2) 新乐路 206 号 , 近當民路 3) 花木路 1378 号 L 119 , 近芳甸路 4) 胶州路 193 号 , 近新闸路 5) 世纪大道 8 号国金中心 [62-47,远陆家嘱环路 6) 碧 云路 616 号 , 近云山路 7) 延安中路 1218 号静安嘉里 中心商场南区地下一楼 SB1-05B (26 号商铺 ), 近常 德路 8) 悠庭 @ LuOne 上海黄浦区徐家汇路 268 号 LuOne 訓德晶萃广场 B1 层 11/12 号

**Dragonfly Suzhou @ Harmony City** This chain of contemporary urban retreats offers relaxing massage and beauty services to customers with high expectations. Stepping into an oasis with fusion Asian décor and dim lighting, guests will be surrounded by tranquil sounds, wonderful fragrances and a romantic ambience while they get pampered with signature treatments. (0512-6763 0486) Harmony City Mall, Room 3210, Third Floor, 269 Wangdun Lu, SIP, Suzhou 苏州工

**Little Moment Massage** located near Jing'an Temple, the cost-effective massage offers Chinese massage, aroma oil massage and traditional Chinese cupping. Make appointments by calling 176-2116-0808. 1)172 Yuyuan Lu, by Huashan Lu. 2) 150 Minii Lu by Gonghe Lu. 1) 愚园路 172 号,近华山路 2)民立路 150 号,近共和路

NIMMAN SPA (Ruihong Branch) - 188 Ruihong Lu, by Tianhong Lu 瑞虹路 188 号, 近天虹路(

Orchid Massage 1) Huaihai Branch - 216 Jinxian Lu, by Shaanxi Nan Lu 2) Xintiandi Branch - B1-06, 388 Madang Lu, by Hefei Lu 3) Huamu Branch - 1029 Meihua Lu, by Yinxiao Lu 1) 进贤路 216号,近陕西南路 (6267 0235); 2) 马当路 388号 地下一层 B1-06, 近合肥路 (6331 3188); 3) 梅花路 1029号,近银霄路 (5080 6186)

#### Shanghai East International Medical Center

A joint venture general hospital providing a comprehensive range of world-class ser-vices including family medicine, vaccinations, pediatrics, obstetrics, gynecology, chiropractic care, traditional Chinese medicine, psychological counseling, specialty care, surgical services, as well as on-site 24-hour emergency service. also conducts CPR and first aid courses bimonthly in English and Chinese. 150 Jimo Lu (24 hour: 5879-9999 or 150-0019-0899 ; care@seimc.com. cn; www.seimc.com.cn) 即墨路 150 号

The Spa at The Shanghai EDITION Featuring a total of six treatment rooms and suites, manicure and pedicure services, sauna, an expansive relaxation area with fully equipped bar and a retail boutique, The Spa at The Shanghai EDITION showcases the best wellness and beauty practices, combining authentic Asian treatment traditions with premium therapies, specialized techniques and top-shelf products.. 6/F, Heritage Building, The Shanghai EDITION, 199 Nanjing Dong Lu, by Jiangxi Zhong Lu (5368 9988). 10am-11pm. 南京东路 199 号 上海艾迪逊酒店辅楼 楼,近江西中路

**Yu Massage** Step into a tranquil dynastic setting when you cross the threshold of this spa, adorned in antique Chinese-style decorations. Matching the decor, the services are primarily Chinese, offering Chinese massage, aroma oil massage and foot massage. 1) 199 Huangpi Bei Lu, by Renmin Dadao 10am-1:30am (6315 2915) www. yumassage.cn 2) 2/F, 218 Xinle Lu, by Donghu Lu 3) 484 Xikang Lu, by Kangding Lu (6266 9233) 1) 黄陂北路 199 号,近威海路口 2) 新乐 近东湖路 3) 西康路 484 号 , 近康定路



推油网 ·Seven Massage 宫七 A high-end massage brand that provides door to door service and a variety of body essential oil spa massage in a quiet and private environment. Whether you prefer a pampering spa at home or during your hotel stay, feel free to make appointments

by calling 3490 1117 or 6882 1317 or go to by calling 3490 1117 or 6882 1317 or go to their actual stores. Opening hours: 11-1am. Home service hours: 9am-midnight. 1) Pudong: 2302 Zhangyang Lu, by Jingnan Lu (6882 1317, 15221309767) 2) Puxi: 27, 1832 Gubiel Lu, by Hongsong Dong Lu (3490 1117; 17717447707. www.toyoo7.com) 3) No. 441, wuning nan lu, by changshou lu (62097991, 18217764112) 4) 2110, Site2, 218 West Tianmu Lu, by Minli Lu (52801997, 19921155774) 1) 张杨路 2302 号; 近泾南路 2) 古北路 1832 号 2 楼,近江松东路 3) 武宁南路 441 号 2 楼,近长寿路 4) 天目西路 218 号嘉里不泰姆 2 伊 2110,近日文路 不夜城 2 座 2110, 近民立路

Karma Life Yoga This large newly renovated high-end studio in Pudong offers a diverse range of styles and classes, including Ashtanga, Anusara, Hot yoga, soft Yin and Basics. The teachers are top notch and international, with world-renowned visiting guest teachers offering workshops and teacher trainings. Classrooms are spacious and bright, and changing areas are clean and stylish. Classes taught in both Chinese and English. 1) 160 Pucheng Lu, by Shangcheng Lu (5882 4388, 150 0003 0588) Daily 9am-10pm info@karmayoga.com.cn www.karmayoga.com.cn 2) 2nd floor, No. 758 South Xizang Lu 1) 浦城 160 号 , 近商城路 2) 西藏南路 758 号

The Pure Yoga Shanghai flagship studio is located at iapm mall on 999 Huaihai Middle Road, in the heart of Shanghai's shopping district. Pure is Asia's leading lifestyle brand and is proud to extend its foothold in Shanghai after Hong Kong, Singapore, Taipei and New York. Pure Yoga brings to our city its yoga and fitness expertise, a team of passionate and internationally recognized instructors, plus exciting workshops and teacher training conducted by renowned yoga masters. L6-615, iapm mall, 999 huaihai Zhong Lu, by Shaanxi Nan Lu (5466 1266) 淮海中路 999 号 环贸 iapm 商场 L6-615, 近陕西南路

Y+ Yoga Centre Whether you are looking to develop your spiritual wellbeing, body toning or just socialise with the hip young crowd, Y + Yoga Centre will have the right class for you. 1) 2/F, Bldg2, 299Fuxing Xi Lu, by Huashan Lu (6433 4330) Daily 6.45am - 8.45pm info@yplus.com. cn www.yplus.com.cn 2) 3/F, 308 Anfu Lu, by Wukang Lu (6437 2121) info@yplus.com.cn 3) 2 F, 202 Hubin Lu, by Shunchang Lu (6340 6161) Daily 7.30am-8.45pm info@yplus.com.cn 1) 复兴 西路 299 号 2 号楼 2 楼 , 近华山路 2) 安福路 308 号 3 楼 , 近武康路 3) 湖滨路 202 号 2 楼 , 近顺昌路

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Finally, a horoscope that understands your life in Shanghai.

By Dominic Ngai



9.24~10.23

After all the glutinous mooncakes you ate last month, it's finally time to hit the gym again. Make sure to wear red workout gear for good luck.



10.24~11.22

Halloween falls right in the middle of your sign, which is the only time of year in which you can unleash your inner darkness and no one would bat an eye. Don't eat too much candy though - a sugar rush will make you do something truly embarrassing and it'll go viral.



Attending multiple farewell parties this month will lead you to start thinking about your own China exit but all those fancy hotel free flow champagne brunches are still calling your name. Fine, maybe another



12.22~1.20

Refuse all group chat invitations this month. For groups you're already in, don't participate in any conversations unless they're directed at you. If you must reply, only respond in five words or less. Don't ask why.



**Aquarius** 1.21~2.19

There will be more than a few hiccups with your Didi rides this month, so we recommend sticking with the metro. Avoid any south-facing station exits, and remember to only take the escalators.



2.20~3.20

Overspending on your Golden Week trip means you'll have to make some major cutbacks. Hunt for those cheap Meituan deals, or just cook your own food for once, you lazy fish.



3.21~4.20

A friendly face will confront you about your questionable WeChat sticker choices this month - don't fight it. Listen to them to avoid further damage to your reputation and invest your energy elsewhere.



4.21~5.21

Your regular breakfast jianbing place is closed for good so it's time to try something new. It's a huge challenge for you since you're a creature of habit, but those 7-Eleven baozi aren't that bad. Just get the ones with vegetarian fillings and skip the mystery meat. Yum!



5.22~6.21

Alipay will fail you when you need it most this month, so have some backup cash in your wallet at all times. Or just ask your hot Tinder date to pay for your pricey drink at Speak Low and expect to never see them again. Your call.



6.22~7.22

Feeling a little crabby, Crabby? You should totally do a lavish staycation with your BFF using that hotel voucher you won a while back. Double check the expiry date before you go though - you definitely can't afford it



7.23~8.23

A stranger will approach you on the metro, introduce himself in Chinese as a modeling agent and ask for your WeChat. Whatever you do, don't give it out. Just pretend to be a tourist and act confused. That always works



8.24~9.23

You promised your partner that you'd try to become less controlling, but your regular Starbucks order is still a 'venti, non-fat, extra hot, no foam, vanilla latte.' That's fine. Just don't yell at the barista if they mess up your drink again, OK?







by Wuding Lu



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