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 11th Floor South Building, Henghua International Business Center, 26 Yuetan North Street, Xicheng District, Beijing  
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社长 **President:** 陈陆军 Chen Lujun  
 期刊部负责人 **Supervisor of Magazine Department:** 付平 Fu Ping  
 编辑 **Editor:** 朱莉莉 Zhu Lili 发行 **Circulation:** 李若琳 Li Ruolin

**Editor-in-Chief** Matthew Bossons  
**Shenzhen Editor** Adam Robbins  
**Shenzhen Digital Editor** Bailey Hu  
**Senior Staff Writer** Tristin Zhang  
**National Arts Editor** Erica Martin

**Contributors** Krishna Barot, Lena Gidwani, Ned Kelly, Mia Li, Erica Martin, Dominic Ngai, Bridget O'Donnell, Jesse Pottinger, Pete Reilly, Zhuorui Wang, Alexandria Williams, Dominique Wong

**HK FOCUS MEDIA**

**Shanghai (Head Office)** 上海和舟广告有限公司  
 上海市蒙自路 169 号智造局 2 号楼 305-306 室 邮政编码：200023  
 Room 305-306, Building 2, No.169 Mengzi Lu, Shanghai 200023  
 电话：021-8023 2199 传真：021-8023 2190

**Guangzhou** 上海和舟广告有限公司广州分公司  
 广州市麓苑路 42 号大院 2 号楼 610 室 邮政编码：510095  
 Rm 610, No. 2 Building, Area 42, Luyuan Lu, Guangzhou 510095  
 电话：020-8358 6125 传真：020-8357 3859 - 816

**Shenzhen** 深圳联络处  
 深圳市福田区彩田路星河世纪大厦 C1-1303  
 C1-1303, Galaxy Century Building, Caitian Lu, Futian District, Shenzhen  
 电话：0755-8623 3220 传真：0755-6406 8538

**Beijing** 北京联络处  
 北京市东城区东直门外大街 48 号东方银座 C 座 G9 室 邮政编码：100027  
 9G, Block C, Ginza Mall, No. 48 Dongzhimen Wai Dajie, Dongcheng District, Beijing, 100027  
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**General enquiries and switchboard** (020) 8358 6125 info.prd@urbanatomy.com  
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# Editor's Note

AUGUST 2018

When I think of wine producing regions, areas like Bordeaux, Napa Valley and Tuscany quickly come to mind. One area I don't associate with winemaking, though, is China. The land of baijiu, watery beer and *jinjiu* (which is actually quite alright), China is more commonly associated with the production of counterfeit wine than the real thing – although, that might be changing.

This month, we take a look at China's up-and-coming wine region: Ningxia Hui Autonomous Region. Defying the stereotype, folks in Ningxia are churning out tipples that are beginning to gain global recognition. Read all about it on pages 36-45.

In our City section, I chat with David Proper, the NHL's executive vice president of media and international strategy, about the league's pivot to the East and the upcoming preseason game between the NHL's Calgary Flames and Boston Bruins in Shenzhen (page 14).

If you're anything like me – and hate preparing breakfast – then you'll enjoy this month's featured 'Hot on Taobao' product: flip to page 20 to learn about the three-in-one breakfast maker.

Elsewhere in this issue, we take a look at celebrated musical *Cats* (page 14) and introduce a selection of our favorite al fresco drinking and dining spots in Guangzhou (if you're tough enough to handle being outside in South China's oven-like summer).

Before you turn the page, I want to take a quick moment to remind you, dearest reader, that this month is the official launch of the second edition of our *Explore China* travel guide. We've spent month's working on this book and we're extremely proud of the final product. Stunning photography and valuable, well-researched information make this guide a must-own, and you can purchase now for only RMB99 on [thmart.com.cn](http://thmart.com.cn) (shameless plug, over).

Enjoy the heat!



**Matthew Bossons**  
Editor-in-Chief



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Cleaning up our act.



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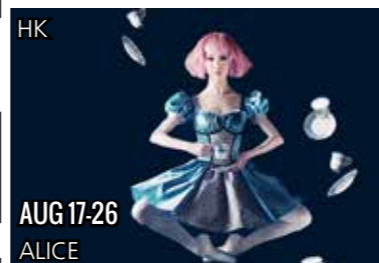
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Neighborhood Earth



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World Animation Festival



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Dr. Lani Ackerman is a board-certified Family Medicine physician, and Fellow of the American Academy of Family Medicine, who has practiced medicine and taught medical students and doctors for over 30 years. She served as a volunteer in Bhutan and later in Nepal from 1991 to 2004. Before joining Guangzhou United Family Hospital, she practiced full-scope family medicine (hospital and clinic), taught medical students and residents in Texas.

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# CITY

## Stick and Puck

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## AC REPAIR PEOPLE

### High-Tension Heroes

By Tristin Zhang

#### THE DIRTY DETAILS

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After securing a safety belt around his waist, Zhao steps onto a stool before thrusting himself through the window, his wife holding tightly to the part of the belt that would normally be secured to an emergency tether. A wave of anxiety rushes over me as I watch Zhao set to work, six stories above the road below.

It's 10am on a Saturday morning and it's wet, with a drizzly mist falling from the sky in the wake of a heavy downpour. Only minutes earlier Zhao and his wife had arrived at my door with two hefty air conditioning units they'd carried up six flights of stairs. Now, outside the window, Zhao stands on the edge of the weathered metal frame that holds my apartment's air condition compressor. With the light rain enveloping him, he sets to work replacing my broken AC unit.

"Pass me a wrench," Zhao instructs his wife in a Shandong accent. She removes a hand from her husband's safety belt, squats slightly and reaches for the tool.

A half hour passes and Zhao climbs back through the window. Using a rope, he hauls the old,

broken AC compressor through the window behind him.

"It's dangerous. Huang *shifu* fell from three floors up and broke his waist," says Zhao's wife, recalling an incident involving an acquaintance of theirs. "Now he walks kind of

funny."

While she chats, Zhao drills some holes in my apartment wall and sets to work fixing a pipe that connects the outdoor compressor to the AC unit inside. In just moments Zhao will be back outside the window, undertaking a daring and vertigo-inducing mission to secure the new AC compressor.

"How much will this whole operation cost?" I ask the husband-wife team.

"200 *kuai*," Zhao answers with brevity.

When all is said and done, the AC replacement process had taken two hours. While for myself it was two hours of nail-biting nervousness, for Zhao and his wife this death-defying work is just another day on the job – a job they've been doing since they moved to Guangzhou 13 years ago.



# THE BUZZ

RANDOM NUMBER

# 1,500



... locations. As in 1,500 Tim Hortons restaurant locations to be opened across China over the next decade. The announcement was made on July 11 and the ambitious expansion will be rolled out through an agreement with Tim Hortons and Cartesian Capital Group.

Founded in 1964 in Hamilton, Ontario, and named after a famed Canadian hockey player, Tim Hortons is a Canadian institution. The fast food chain, which is colloquially referred to as Timmies, is as synonymous with The Great White North as ice hockey, maple syrup, moose and – as much as we wish it weren't so – Nickelback.

The chain of restaurants operated largely within Canadian borders until the 1980s, when they began a push into the American market. Now Tim Hortons has locations around the world, including in Spain, the United Kingdom and the Philippines (the brand's first foray into Asia).

No word yet on where China's first Timmies location will pop up, but with over 1,500 shops set to open in the next 10 years, those living in first-tier cities can rest assured that they'll eventually have access to honey crullers, double-doubles, iced capps and bagel BELTs.

A DAY IN AUGUST

## Central China Floods of 1931

On the evening of August 25, 1931, the water through the Grand Canal washed away dikes near Gaoyou Lake, Anhui province, drowning some 200,000 people in their sleep. It was just one chapter of the Central China floods of 1931, generally considered the deadliest natural disaster ever recorded.

From 1928 to 1930 central China had suffered a long drought. Heavy snow storms in the winter of 1930/31 were followed by heavy rains during the spring thaw, which only increased into the summer months. On average two cyclones occur per year in the region; nine hit in July alone.

The high watermark was reached on August 19 at Hankou (one of the three cities whose merging formed modern-day Wuhan), more than 16 meters above normal (that's higher than the buildings on the Shanghai Bund). When the flood reached the then capi-

tal Nanjing, it became an island in a massive flood zone.

Countless people died of drowning or from waterborne diseases such as cholera and typhus, while there were widespread reports of wives and daughters being sold, infanticide and cannibalism. The death toll is estimated between 3.7 and 4 million people, with a further 30 million affected.



QUOTE OF THE MONTH



**"If not for that promise [to my parents], I might have quit several times, especially when I studied advanced mathematics" - Yao Ming**

At long last, after seven years of admission to Shanghai Jiao Tong University (SJTU), Yao Ming finally received his bachelor's degree. Nominated valedictorian of his class, China's greatest basketball player delivered a speech where he recalled having so much difficulty in school that he came close to dropping out on several occasions. The former

Houston Rockets center and NBA Hall of Famer also offered up some advice to his peers: "Try to combine your own future plans with society's development, because only by doing so will you give yourselves more room to explore." Scan the QR code to see more photos from Yao's commencement.



URBAN DICTIONARY



**Jitang / jī tāng / 鸡汤** noun and adj, "chicken soup," or advice that doesn't solve any problem but makes one feel better.

**A** Come out drinking with us!

I can't. I have a huge project and I need to stop procrastinating.

**B**

**A** No you don't. You just need to stop and smell the roses...

Stop feeding me *jitang*. Don't you have any real advice?

**B**

Ah, chicken soup. It tastes good, warms you up and fills your belly for a short while but can't really sustain you till your next meal. Being mostly water, it is cheap, easy and devoid of substance. So is *jitang* information and advice. It tells you what you want to hear in the moment, but doesn't help solve any real problems.

*Jitang* is common in our attention economy. Content creators know that we don't cruise the internet endlessly day in and day out, or become glued to our phones and tablets, to actually learn anything. We don't want the truth or any substance – we want dopamine and comfort. All we are looking for during our restless scrolling is a little something to make us feel better after looking at other people's WeChat Moments.

This is where *jitang* comes in. *Jitang* is bite-sized content that tells us that all our problems will be solved and everything will be okay, even if we don't do anything. So we can read it and get through another day without making any changes. If you are overweight, *jitang* tells you that you are healthy as long as you have 'a positive mindset.' If you are over-spending, *jitang* tells you to live in the moment. If you are in a career you hate, *jitang* tells you that hard work will be rewarded, eventually. If you are in a miserable relationship, *jitang* tells you to "appreciate and cherish what you have."

Just like chicken soup, *jitang* soothes us for a short while and leaves us hungry soon after. We read it, feel better and go to bed, only to have the same problems coming back and haunting us a few days later. Then you find yourself reading *jitang* before bed again, and the cycle continues.

Maybe chicken soup is good for one day, but sooner or later we have to eat something substantial. It's okay to read *jitang* in the short term, but we're better off seeking honest advice and making real changes.

DON'T YOU KNOW WHO I AM?

## Makeup Removal Challenge



Pointier chins, taller noses, longer lashes, slimmer cheeks, more colorful irises and brightly colored hair — imagine all these layers being shed to reveal an entirely different person underneath. This prosthetic transformation comes undone in a viral new trend, makeup removal videos, which became popular on Chinese video-sharing app, Douyin. These clips give a glimpse of what goes into the process of creating their tapered looks, and more importantly, an unedited version of their actual faces. Scan the QR code to see some of the craziest videos from the challenge.



# CRAFTING THE FUTURE

## What Will China's Museums and Art Districts Be Like in 2050?

Interview by Dominic Ngai

Over the past decade, Beijing's 798 Art Zone or M50 and Redtory in Guangzhou are true testaments to China's growing appetite for arts. Each weekend, hordes of youngsters can be seen hanging out in these neighborhoods with their friends over cups of coffee, lining up to see the latest big-name exhibitions in town and, of course, snapping plenty of selfies for their WeChat Moments and Instagram posts.

China's museum boom isn't just happening in first-tier cities. According to the China Museums Association, the number of the nation's museums increased 60 percent in a span of just five years, rising from 2,600 to nearly 4,200 between 2009 and 2014. As such, urban planners and museum operators are keeping a close eye on this upward trend and digging deeper into the motives, behaviors and needs of the social media-savvy post-1980s generation, who make up nearly two-thirds of China's total museum-going population.

In June, the inaugural symposium of 'Museum 2050,' a Shanghai-based platform for investigating key issues about the future of cultural institutions in China and abroad from a local perspective, brought together experts in the field from around the country and beyond to discuss a range of issues from reconsidering the 'creative city concept' in an Asian context and the problem of counterfeit cultural relics in China to leveraging social media and online communities to promote and create content for museums. We sat down with the project's founders, Nicole Ching (International Communications Officer for the Long Museum, Shanghai) and Leigh Tanner (Shanghai-based independent curator), to find out more.

### Can you tell us why you founded Museum 2050? What do you hope to achieve with the project?

**NC:** Museum 2050 was born out of our shared belief that so much of what is happening in terms of China's cultural development was not being accurately depicted in many of the talks and publications we were seeing outside of China. Leigh and I both have experience working in Chinese institutions and so we also understand many of the challenges these museums are facing.

**LT:** We see [the project] as a part of a solution by providing young museum staff members

the tools to help develop their institutions from inside out, thus strengthening the overall landscape. Most of all, we wanted to create a space to share ideas and create a vibrant museum community. We hope that these young museum professionals can serve as resources for each other, and that through this continuous information exchange, institutions may better navigate China-specific challenges, which is essential for growth.

**NC:** The ultimate goal is to build a brighter and more engaging museum future across China, and not exclusively in first-tier cities. Our strategy is twofold: creating a space for young museum professionals to share their experiences, while also building a platform

where young academics can share research.

### How's the museum scene in China different than other countries today?

**NC:** It is really difficult to accurately describe the scene that exists in China right now because it is so varied and vast. Something that was brought up during the conference was the definition of a 'museum' in a traditional sense, which includes several components such as having a personal collection, a dedicated publication department, an education and outreach program, and so on. However, many of the institutions in China we think of as museums do not fulfill



Museum 2050 founders Nicole Ching and Leigh Tanner

“ One of the most interesting things happening in China's museum scene is that the very definition of museum is being redefined ”

**It was mentioned that 65 percent of museum-goers in China are the 'post-80s generation' while in the West, the audience is generally older. What are the advantages of having a younger target audience?**

**NC:** I think we need to first state the difference between public state-owned museums, which mainly hold historical artifacts, Chinese works of art and relics, and private museums, which have a focus on contemporary and modern art, as the demographics vary greatly between these.

The 'graying' population of museum-goers abroad has been oft stated, but in China, it is the opposite when it comes to private museums. It's a subject that's quite fascinating for me. The advantages are that the youth in China, and the rapidly rising middle class, are now turning their interests into engaging deeper with art and museums. This has positive effects because it is this group who will in turn share their learning and knowledge with the next generation.

**By 2050, the same group of museum-goers will be in their 60s and 70s. How should museums in China start planning to better serve this group, and also how should they attract the younger generations?**

**NC:** An interesting point that was raised during the workshops was that many museums had education and outreach programs, but these were only targeting very young children and families. It was noted time and again that museums were trying to build an engaged and devoted museum audience from an early age, as it is in these formative years that one holds the most open mind. So indeed, if they are successful in their goals, and I certainly hope they will be, then by 2050 in China we will be seeing a much larger museum-going public, who will in turn share their passion for arts and culture with their children, which we hope will catalyze a positive cycle.

**Do you think new technologies like VR and holograms will affect how museums operate in the future? Will it have an impact on the survival of museums if the experience could be digitalized?**

**LT:** I think anything that gets people thinking

about and engaging with art is a good thing, but I don't believe this will render museums meaningless. There is still something to be said for the physicality of seeing a painting in person, or experiencing the way an installation can guide you through a space.

**On the description, it says Museum 2050 aims to explore "the cultural and social impact that [the exponential growth of the number of museums] will have by mid-century, and how this growth affects audiences and ideas about existing museum frameworks." Was there a theory shared during the talks that really stood out to you?**

**LT:** We heard a variety of perspectives from a diverse set of speakers, but I certainly can't declare there was any sort of conclusion. Yet, there was a sense that the conversations and theories brought forth, in essence the sharing aspect of the weekend, is critical for considering what the result will be of the cacophony of museums built in the last decade.

**How different do you think the experience of going to museums in 2050 will be compared to today?**

**LT:** We chose the date 2050 because it sounds far enough in the future that the imagination is allowed to dream up all sorts of science-fiction possibilities, and yet, it is close enough that it feels as if this future may be based in the world we already know. Thirty-two years in China feels like a century anywhere else, so I am optimistic we will see more accessible, more approachable museums in the coming years. I'd love to think that in China more museums will take the public mandate of education to heart as they develop the resources and audience to match.

**Finally, what's next for Museum 2050?**

**LT:** We are planning a publication of all the papers presented at our symposium, as well as some of the content of our workshops. Stay tuned for more information about the upcoming book and next year's symposium via our WeChat account and website.

Visit [museum2050.com](http://museum2050.com) or follow their WeChat (ID: Museum2050) to learn more.



# STICK AND PUCK

## NHL's David Proper on the Rise of Ice Hockey in China

Interview by Matthew Bossons

On September 21, 2017, the Vancouver Canucks and Los Angeles Kings of the National Hockey League (NHL) hit the ice at Shanghai's Mercedes-Benz Arena. The preseason match was the NHL's first major foray into the Chinese market, and was followed by another game between the two teams in Beijing two days later.

With a growing interest in winter sports, due to the upcoming 2022 Winter Olympics in Beijing and Zhangjiakou, China was a rational move for the NHL. In the months since the first pair of China games, the league has announced two more matches this fall: between the Boston Bruins and Calgary Flames in Shenzhen and Beijing.

In the lead up to the NHL's South China debut, we spoke with David Proper, the NHL's executive vice president of media and international strategy, about the league's big moves in the Middle Kingdom and hockey's growth in the country. Mr. Proper also answers the question: when will Lord Stanley's Cup pay a visit to China?



**Give us a bit of background on why the NHL is putting a focus on the China market?**

When Beijing was awarded the 2022 Winter Olympics, the government showed major interest in winter sports; to the point where President Xi and the government said they want 300 million people playing winter sports by 2022. We assumed, correctly it seems, that there would be a real push to build the necessary facilities for people to participate in these sports. We really offered ourselves up to help build the sport of hockey [in China], offering our expertise to not just the government, but also to other organizations looking to grow the sport. Really, this just follows from our overall goal to build the sport of hockey as best we can and, when that opportunity presented itself in China, it would have been a miss for us not to participate as best we could.

**The NBA has had massive success in China. What lessons has the NHL taken from basketball's Middle Kingdom journey?**

You know, it's tricky. We have a lot of friends over at the NBA and we speak with them reg-

ularly about doing business in China, but one of the things you can't forget is that, when the NBA went in, there was about 100 years of basketball history in China. So it wasn't as necessary for them to build up a knowledge base about the sport, while we have to spend a lot of time doing that.

So, the situation is a little bit different. But, what the NBA has taught us – and what they've been very clear on – is that you have to be very committed to the market, from the grassroots level to the corporate and government level. You also have to be very patient, we have a lot we're looking to accomplish and this isn't the kind of thing you can do in a short time.

**Tell us a bit about the grassroots activities in China the NHL is participating in?**

We run player clinics for all age groups and we're going to start doing clinics for coaches. The idea behind this is to get more NHL-type coaches and coaching certifications in China. We also run fan fests around our games and we do a lot of hockey education activities with our partners, to educate the fan base about hockey and the NHL.

Obviously, we also work with local gov-

ernment agencies that are committed to growing hockey, including our work with the Beijing Sports Bureau to integrate ball hockey into the physical education curriculums of local schools. Of course, there is also the China games, and we do a number of exchanges where we have Chinese youth teams come to North America to participate in activities here with local teams.

**How were last year's China matches received by players that visited Beijing and Shanghai? Did they enjoy the chance to play overseas in a developing market?**

You know, there are two ways to look at it, both of which are positive. The first: you can't ever underestimate the incredible value of the cultural experience of coming to China. The players got to visit the Great Wall, the Forbidden City, the Bund and explore Shanghai; they got to do things and see things that are fascinating. When I spoke to the players afterwards they said it was a really wonderful experience for them.

But, on a separate note, our players are the best ambassadors for the sport and they are very giving of their time to help showcase hockey. They love it when they see fans that are learning about the sport, and that was a unique opportunity in China, where a lot of kids came out to see what hockey is about. I think our players had the chance to interact with fans on a new level, with people that don't really know hockey and want to learn more. It was a special opportunity that they really enjoyed.

**What factors were considered when choosing which teams will come and play in China? Do teams volunteer, or is it left up to random selection?**

I can tell you it wasn't a random draw, it's never random. Teams were selected due to a combination of things. Obviously, it's

a big undertaking to do these games so we need teams that are committed and have players that are willing to participate. Once we have a list of teams, we then look at which teams will be most interesting to the Chinese market, either due to Chinese immigrants living in particular cities – like Vancouver, or due to the popularity of certain players. We try to put all this together and, ultimately, we are very excited about the two teams we have this year, just as we thought the teams last year were a great fit for the China event.

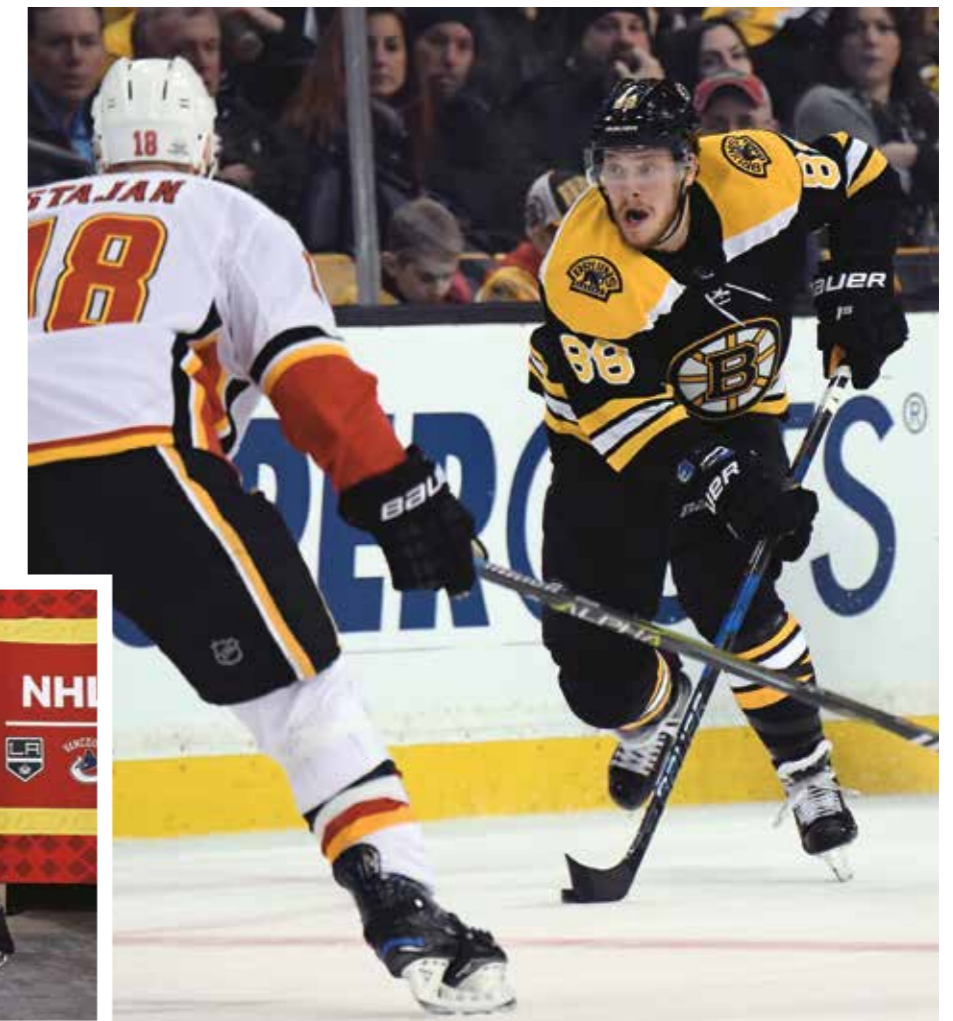
**How far off is the day when we see NHL scouts coming to China to gauge local talent?**

You know, it's hard to say. The simplest answer is: scouts will go where the players are, in any particular market. That being said, players also tend to go where the scouts are. Often times, a player from outside North America will try to play some junior hockey

in Canada or the US so that they can be seen by the scouts. But, I would suggest that over time, as hockey grows and we see larger numbers of Chinese youth playing hockey, the talent level will increase and we will see scouts heading to China. But whether that is five years or 10 years away, that depends on a lot of factors that are outside our control. What I can tell you is: as hockey continues to grow and the talent increases, scouts will be there.

**Lord Stanley's Cup has traveled around the world. Has the esteemed trophy ever visited China?**

The Cup has not been to China, that I am aware of, but it will be soon. Details will be forthcoming, we are working out the specifics, as it's no small matter to get the Cup to go anywhere, especially when it's traveling halfway around the world. But we are committed to doing it, and I think you will see the Cup very soon.



# GREEN FOOT

## Cleaning Up Our Act

By Adam Robbins



Mark your calendar for World Cleanup Day, September 15, 2018, when China joins 150 countries for a day of action, with Green Foot leading southern China.

But if sun or rain keeps you away, consider Plastic Free Fridays as your personal challenge: each Friday, avoid the use of any single-use plastic cartons, utensils or bottles. “We understand that our life is getting busier and busier... it can be hard,” Jessica acknowledges. But Green Foot offers links to cute, reusable options you can use instead.

“We can start changing our habits one day a week – we can realize what our life will be like without disposable plastics.”

In a world awash in waste, Green Foot offers a path to a better future. It’s up to us to follow, one step at a time.

Every day, China taps our favorite apps and lunch appears. This happens 20 million times each day, *China Youth Daily* reports, but it comes at a hefty cost: over 60 million plastic cartons tossed aside daily and nearly 15 billion plastic bags each year.

Some is burned, but too often it joins a tide of plastic pollution swept by rains and rivers into the world’s oceans. Of nearly 8 million tons that join the sea each year, China delivers over 2 million, according to the environmental journal *Hakai Magazine*. In January China’s National Development and Reform Commission promised new rules to limit the flow of single-use plastics, but it’s easy to feel powerless as

we wait for a solution.

Is there anything we can do?

Yes. In fact, there is.

In Guangdong, we’re home to Green Foot, a volunteer-driven community helping us reclaim our home from this mountain of trash. Jessica Huang, Ambassador for the Shenzhen Headquarters, explains that Green Foot founder Angela Wang loves the outdoors but found herself increasingly heartbroken.

“When she’d go to climb mountains, she’d see a world full of rubbish. She didn’t want to escape from China to a cleaner place. She decided to take her own share in doing something for China, for

our country.”

In 2016 she set up shop in Shenzhen and started recruiting like-minded strangers. By December she’d launched Green Foot’s first event, a hike through Dongxichong with her new friends, filling 10 rice bags with the trash they found. Since then Green Foot has spread across the region.

“From our [WeChat] platform data,” Jessica reports, “10,000 people [have been] involved in at least one kind of event.” These include popular trash pickups, swap-meets and workshops about reusing old items. “The events were all in Guangzhou, Shenzhen and Dongguan, but we’re talking about expanding to Shanghai. Green Foot members are so proud to be involved, they want to spread [to other cities].

“You’ll see the same banner, the flag, the same warm faces because we choose our ambassadors very carefully,” she continues. “And they speak English! We’re international, with many foreign members who help with creative ideas.”

One ambassador, Joen, recently brought 40 eighth-grade students to Shenzhen Bay Park to get involved firsthand. “[We] spread out into the park, picking up litter. After one hour, we gathered up and each group shared their thoughts. After the sharing, I shared guidance and let them realize why we do this and how we can help in creating an environmentally friendly society.”

It’s not just the trash they cart away, but the sense of purpose they share. When they take action together, “the world has been united in a new way,” Jessica tells us. “So that’s why we can build a community like this: because we know what people are longing for, in this money-talks society... Now we’ve become a community where people are tightly attached.”

Get involved by following WeChat ID ‘green\_foot’ for announcements (in English and Chinese) about events – as well as a program rewarding you with ‘green points’ for participating.



# LIFE & STYLE

## Naturally Built

Reimagining a bamboo craft village in Sichuan, p24



Daytripper  
P21



Stylish Passport Holders  
P22

## JEN HAU

Cofounder of JOVA HEALTH

Interview by Dominic Ngai

Born in Taipei and educated in LA, Jen Hau first met Polly Zhang in Shanghai seven years ago through mutual friends. As a result of their shared interest in healthy living, the two became roommates and eventually business partners when they founded JOVA HEALTH in 2013. In addition to their TCM-inspired drinks and all-natural scented candles, Hau and Zhang are now rolling out JOVA SENSES, a line of wellness workshops to bring the brand's core philosophies to life.

### How do you think your upbringing has influenced JOVA's concept?

Both Taipei and Los Angeles have a huge trend of wellness and healthy living, though a lot of them feature Western-oriented methodologies. With our Chinese heritage and upbringing, Polly and I were inspired to use TCM-inspired concepts to approach wellness and healthy living, which is really the foundation of JOVA HEALTH: 'Eastern wellness reinterpreted.'

### How do you and your partner Polly divide up the responsibilities?

I do mostly operations, marketing, branding and sales, and Polly is in charge of production and logistics. While this is our general division of responsibilities, we hang out a lot together so we also do most things together. A best friend and business partner is a very good sounding board!

### Thinking back, what were some of the most memorable challenges that you had to overcome when you first started your brand?

Finding the balance between friendship and business. Polly and I were roommates and best friends since we moved here in 2011. Upon starting JOVA HEALTH, there was a while when we spent too much time working instead of hanging out as just friends, and at times the other way around. Now, we've reached a more balanced allocation of time,



## "A strong mind is just as important as a strong body"

and know how to separate the two a little bit better (though our Monday lunch meetings still occasionally turn into a hangout session).

### You recently rolled out a new events program. Can you tell us more about it?

JOVA SENSES is an overall wellness experience incorporating yoga programs and wellness workshops. The goal is to encourage face-to-face time with our clients to help them better understand the concept of Eastern wellness through an offline experience. I started practicing yoga back in 2008 but didn't start teaching until I moved to Shanghai. My previous job was really taxing, so a good sweat and balanced diet is always helpful for boosting work performance.

### Besides eating well and exercising, do you have any other tips for staying healthy?

Read, write, bake and listen to Top 40 hits! A

strong mind is just as important as a strong body, so I think giving oneself some mind space is a must.

### For anyone who's never tried any TCM-inspired drinks, which of JOVA's drinks would you recommend to them?

I would start with 'Purify' (snow pear juice with osmanthus and tremella) and 'Nourish' (mixed nut milk with honey and vanilla). They're lighter in taste but equally nutritious. For those like me who are lactose intolerant, you can even use Nourish as a dairy substitute in your coffee.

### Any exciting plans over the next few months for JOVA?

New beverages coming out soon and more offline yoga programs to be held!

Visit [jovahealth.com](http://jovahealth.com) or follow them on WeChat (ID: jovahealth)

# STYLE RADAR

## TAP THAT APP

### Habitica

This was supposed to be the year that we got fit, finished that screenplay and turned our life around... after surviving this next round of *Playerunknown's Battlegrounds*.

How do we improve our lives with all these shiny, fun distractions?

Habitica has a solution: make a shiny, fun to-do list.

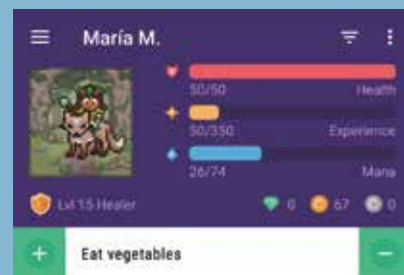
Imagine yourself as a tiny wizard (or thief, warrior or cleric) leveling up and casting spells powered by your list-checking progress. Add in the things you need to do, or want to do more (or should really do less) and the gamified app taps into the neuroscience behind your brain's reward system to keep you on the right path.

Check a task or a good habit off your list and Habitica rewards you with magic points and virtual gold to spend on pixelated pets or amplifying armor. Miss something essential or indulge a bad habit? It dings your hit points.

Add friends (or meet some in the Tavern) to the app and it becomes mutually reinforcing, through quests where you slay beasts by doing your daily tasks, knowing that a lazy day brings suffering to your team.

It won't do the adulting for you, but Habitica's DND-like system makes it a little easier, by making our good habits more fun.

Habitica is available for iOS and Android devices and online at [habitica.com](http://habitica.com)



## COVET

### Gentle Monster x Xander Zhou

As part of its 'Once Upon a Future' collection, Korean eyewear label Gentle Monster has partnered with Beijing-based designer Xander Zhou to release a pair of limited edition sunglasses. Similar to the other items in the same collection, Zhou opted for some irregularly shaped lenses to match the sci-fi and futuristic theme. Available at Gentle Monster stores and their website for RMB1,880.

> [gentlemonster.com](http://gentlemonster.com)

## HOT ON TAobao

### Three-in-One Breakfast Maker

Ever had one of those busy mornings where everything's running behind and there isn't even enough time to fix a healthy breakfast? Well, the three-in-one breakfast maker is here to solve that problem.

Yes, that's right. An all-encompassing machine that toasts bread, fries eggs and brews a few cups of coffee to top everything off. Although this sounds like a gadget that could only exist in the most perfect version of the future, the 'three-in-one breakfast maker' can easily be acquired on Taobao.

Truthfully, the technology behind the machine is pretty simple. It's essentially a coffee maker and oven, with heat from the oven used to cook your eggs. But, its three-in-one design saves counter space and time.

We tested it out using some bread purchased at the stand down the street along with store-bought eggs and coffee grounds. While everything was being made we went and finished the rest of our morning tasks. Twenty minutes later we had a tasty, ready-to-go breakfast that left us feeling prepared to take

on the day. The coffee was finished well before the eggs and bread, but was kept warm by the machine. The eggs took the longest amount of time, so if we were rushed for time we could have just stuck with the bread and coffee. All in all, for RMB200, you can't beat the peace of mind that comes with a ready-to-go breakfast in a three-in-one machine.

The three-in-one breakfast maker is available for RMB200 on Taobao (search 三合一早餐机, *sanheyi zaocan ji*).



## DAYTRIPPER

### Guanlan Shanshui Tianyuan Tourist Culture Garden

It seemed the ideal getaway: water park, hot springs, lakeside cabins and pleasure cruises, plus lessons in landscape painting and virtual reality to escape into the sky or under the sea.

Tucked in Shenzhen's northern reaches, it's a mere RMB38 to enter the park (RMB20 after 5pm) with another RMB130 for the water park (RMB110 on weekdays). Inside, Buddhist chants fill the air, as boats meander past dockside cabins where holidaymakers can spend a night or two (starting RMB388).

Many families do just that, and there are countless kids scampering along the waterway. They fill the pool and, as we reach the arcade cacophony before the water park, the presence of children becomes overwhelming. Sharing waterslides and wading pools with them is about as fun as you'd imagine.

What started seven years ago as a tranquil retreat, with peaceful fishing along the lake, has sunk under the tread of boats and boisterous schoolchildren. If there were vestiges of the old Hakka culture, those, too, are lost. At the nightly performance, aggressive, auto-tuned Chinese pop music indicates the start of a 'variety show' of women in costumes better suited to Carnival. They endeavor to dance, but the weight of the ruffles allows only an out-of-sync shuffle.

Guanlan's once-promising retreat has descended to incoherent madness. In the decaying concrete of the place – recreating trees and cranes and more – we see the frosting of a Havisham cake, once charming but left out too long in the rain. If you stumble on this ramshackle tragedy, say a prayer for what it used to be. **AR**



## How to get there:

Take Shenzhen Metro Line 4 to the Qinghu terminus, then catch the M339 bus to the Junzi Bucun Kou stop, followed by a 10-minute walk. Or catch a 35-minute Didi from Qinghu.

# READY FOR BOARDING



## HIM

- 1 ASSOULINE RMB1,582 FARFETCH.CN
- 2 BOTTEGA VENETA RMB2,700 FARFETCH.CN
- 3 HERSHEL SUPPLY RMB523 AMAZON.CN
- 4 TILA MARCH RMB1,298 FARFETCH.CN
- 5 BURBERRY RMB3,900 BURBERRY.CN

## HER

- 6 HERSHEL SUPPLY RMB523 AMAZON.CN
- 7 KATE SPADE RMB1,080 KATESPADE.CN
- 8 CHAOS RMB1,797 FARFETCH.CN
- 9 DOLCE & GABBANA RMB2,100 FARFETCH.CN
- 10 LIZZIE FORTUNATO JEWELS RMB901 FARFETCH.CN

Find yourself always fumbling for your boarding pass at the gate? Consider one of these passport holders to keep all your travel essentials organized in one pouch with multiple slots. From cute and colorful to clean and minimalistic, here are some of our favorites.

Well-Designed Passport Holders for Your Next Trip  
Compiled by Dominic Ngai

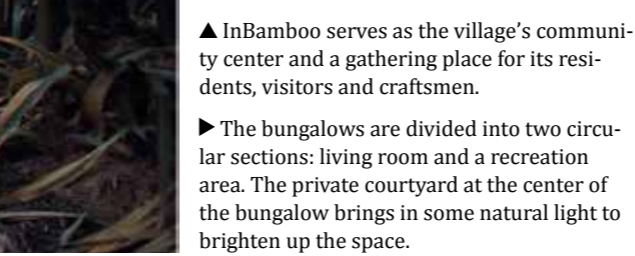
# NATURALLY BUILT

## Reimagining a Bamboo Craft Village in Sichuan in Its Own Elements

Words by Dominic Ngai, Photos courtesy of the architects



▲ Visitors enter the village via the Tourist Center, which features brick walls and a series of wooden roofs. The two-story building houses a service center, souvenir shops and exhibition halls dedicated to traditional handicrafts on the ground level, while private offices occupy the upper floor.



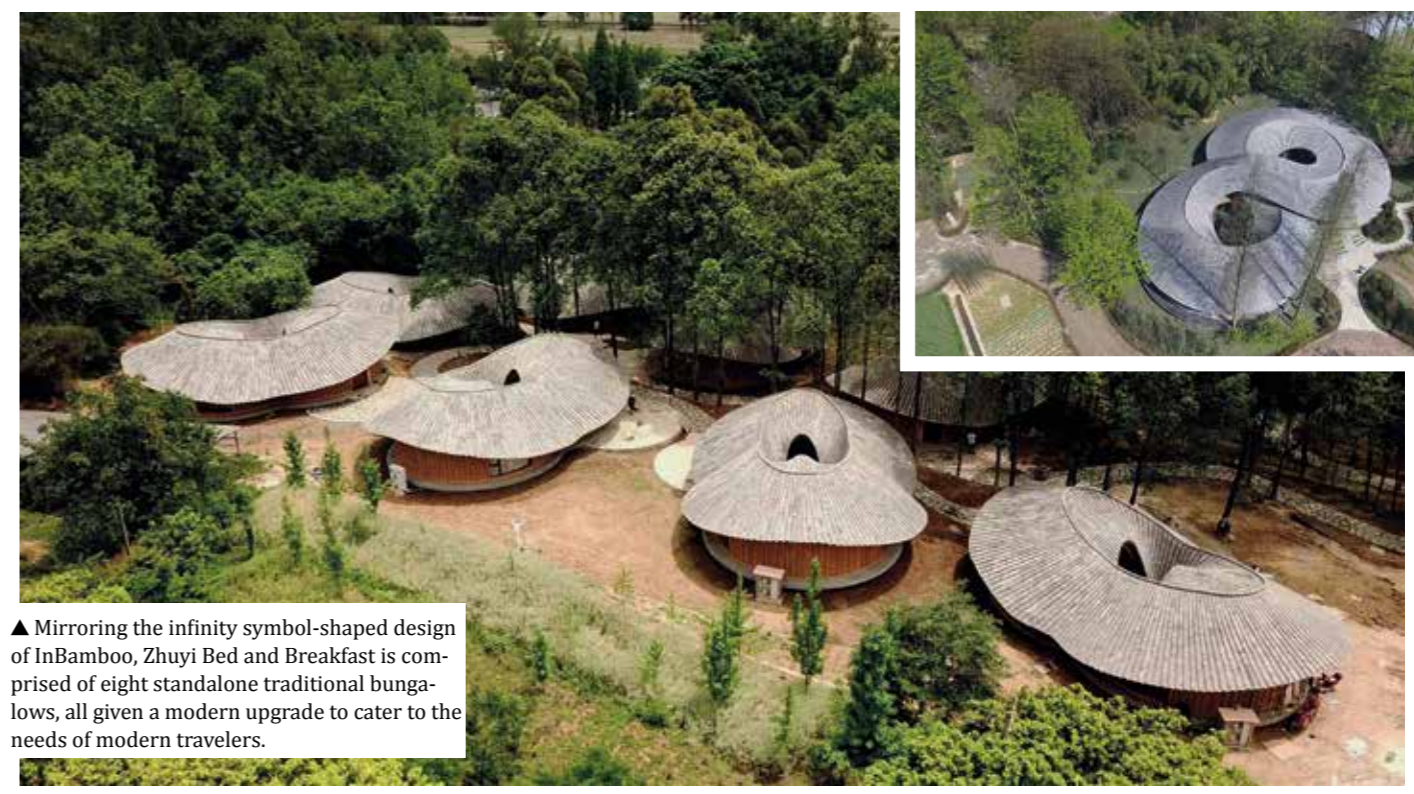
▲ InBamboo serves as the village's community center and a gathering place for its residents, visitors and craftsmen.

► The bungalows are divided into two circular sections: living room and a recreation area. The private courtyard at the center of the bungalow brings in some natural light to brighten up the space.



**Project name:** Daoming Bamboo Craft Village  
**Location:** Chongzhou, Sichuan  
**Design company:** Shanghai Archi-Union Architecture Design  
**The brief:** Located in Daoming county of Chongzhou, Sichuan, the Bamboo Craft Village is a rural community dedicated to preserving the age-old craft of bamboo weaving. After visiting the area to get a better understanding of its landscape and the daily lives of its residents, architects from Shanghai Archi-Union created several modern buildings that reflect elements from the village's natural surroundings, cultural heritage and lifestyle to offer a comprehensive infrastructural upgrade for the entire neighborhood.

◀ Shaped like an infinity symbol, the InBamboo building is the centerpiece of the whole project. Underneath the interweaving roof, visitors will find several indoor and outdoor communal spaces featuring plenty of wood and steel, including two private courtyards in the center of the structure.



▲ Mirroring the infinity symbol-shaped design of InBamboo, Zhuyi Bed and Breakfast is comprised of eight standalone traditional bungalows, all given a modern upgrade to cater to the needs of modern travelers.

# ARTS

## Jessie J

The British pop star returns to China this fall, p30



Coming to a Theater Near You  
P28



Cats' Meow  
P32

## MOUSE ON THE KEYS

The Japanese Trio on Creating Their Own Universe

By Erica Martin

Mouse on the Keys is one of the most unique and unclassifiable of Japan's many instrumental bands. With just two keyboards and a drum set, they've invented a dynamic sound that falls somewhere between jazz, post-rock and techno with a hardcore punk sensibility. We caught up with pianist/keyboardist Daisuke Niitome before the band's China tour to learn more about their hardcore origins, getting compliments from Brian Eno, and the surprising new direction of their latest album, *Tres*.

**How did your musical interests change from making hardcore music to the jazz/post-rock you focus on now?**

[Drummer Akira Kawasaki] started the band in 2006, and he always wanted to make a band that consisted of only piano and drums. Before Mouse on the Keys, he used to play with [keyboardist Atsushi Kiyota] in a post-hardcore/post-rock band, Nine Days Wonder.

We had a specific sound concept in mind for Mouse on the Keys: utilizing elements of modern French music along with the hardcore music of the '80s and '90s, and mixing them in a style reminiscent of Detroit techno. The attitude is still hardcore, the music a mixture of jazz, post-rock, math rock, lounge, electronica... for us, it just needs to be interesting and fun to play live.

**Your live shows are very visceral and high energy - do you think your hardcore origins live on through them?**

Definitely. One of the magical things about going to punk and hardcore shows is the energy in the room. When we were young and going to smaller punk shows, it was this feeling that made it so great. I think our live shows are very energetic and we always try to involve the crowd, so the feeling is like at a punk show.



"The beauty and simplicity of chaos can be mind-blowing"

**What helps inspire you to bring together such different genres of music?**

We always like to play with two different ideas. Our songs can sound very chaotic in the beginning, but then everything will come together in a magical way. This is very fun to play with, and we always try to trick our crowds. The beauty and simplicity of chaos can be mind-blowing.

We also try to play with digital and analog stuff within our sets and create a universe of our own. It's very challenging to make two contradictory ideas work within one song, but when it does, it's the most rewarding thing.

***Tres* has a very soulful and almost romantic R&B sound compared to your previous albums. What's the reason behind this?**

While we were on tour, Brian Eno showed up to one of our concerts and told us that he really liked the music. Because we are such big fans of his music and were inspired by his comments, we wanted to hold back on being a very technical band and try to have a more ambient sound in our new music.

**What inspires the distinctive visuals in your live shows?**

The visual elements are very important in

our show. We like our shows to be very dark and use a lot of strobes, with the only light coming from the projector. This way, it's easier for the crowd to make a connection with the music.

Mouse on the Keys is conscious of the 20th century modernist movement in all that we do. In our cover designs, visuals and sound, we choose to keep the imagery stark and reminiscent of the subdued concrete structures that were designed by architects such as Louis Kahn and Kenzo Tange.

**What's one of your favorite memories from a recent tour?**

The last headlining show we did in Beijing was amazing. We were surprised that the venue was super packed and we really bonded with the crowd. At the end of the show, our drummer started shouting "*Sihai zhinei, xiongdì jie xiongdì!*" ("We're brothers no matter where we are.") The whole crowd started cheering along with us, so that was a fantastic thing.

SZ: Aug 29, 8.30pm, RMB120 presale, RMB150 door. B10 Live, North side of Building C2, North Area, OCT-Loft, Xiangshan Dong Jie, Nanshan District 南山区香山东街华侨城创意文化园北区C2栋北侧;  
GZ: Aug 30, 8.30pm, RMB150 presale, RMB180 door. MAO Livehouse, 1/F, Zhongzhou Trading Center, Huizhan Nan Wu Lu, Haizhu District 海珠区会展南五路中州交易中心1楼 (www.newnoise.cn)

# COLLAGE

## SINO CELEB

### Fan Bingbing

A Chinese celebrity who needs no introduction: Fan Bingbing. A film and TV sensation, singer, fashion icon and one of the highest-paid celebrities in China, in 2017 Fan ranked number one on *Forbes China's* 'Celebrity List' for the fourth consecutive year.

Born in 1981, Fan was first noticed by audiences in the hit TV series *My Fair Princess*, which initially ran from 1998-99. Her journey to stardom really took off when she starred in the highest-grossing film of 2003, *Cell Phone*.

Since then, Fan has starred in countless films, many of which received rave reviews from both audiences and critics. She has even transitioned from Chinese films to Hollywood blockbusters, snagging the role of Blink in 2014's *X-Men: Days of Future Past*.

Fan has been the recipient of numerous awards throughout her career, including 'Best Actress' at the Hundred Flowers Awards in 2004 and the 31st Golden Rooster Awards in 2017.

Most recently, though, Fan has made headlines for accusations of tax evasion. The allegations against Fan were levelled by Cui Yongyuan this past spring, and have prompted authorities to launch an official probe into her dealings.

**Kind of like:** Courtney Cox

**Famous for:** tax evasion scandal, glamorous Cannes outfits, charity work

**See her in:** newspaper headlines, *Cell Phone* (2003)



# AGE

## COMING TO A THEATER NEAR YOU



### Taxi 5

*Taxi 5* is the latest film in the *Taxi* series, a French franchise that's the country's answer to *The Fast & the Furious*. Though the plots differ, the chase scenes and close-up shots of car fenders are pretty much the same, and this newest installment even has a muscular bald protagonist (Franck Gastambide). Directed by Gastambide and produced by Luc Besson (*Taken*, *District 13*, *Valerian and the City of a Thousand Planets*), *Taxi 5* takes place 10 years after the events of its predecessor, in which a police inspector teams up with the nephew and the niece of the original film's hero Daniel to foil a robbery planned by Italian mobsters.



### The Meg

This action horror film revives the ancient shark-giant Megalodon, which went extinct 2.6 millions years ago, and sets it upon a team of unsuspecting marine researchers. A Chinese-American co-production directed by Jon Turteltaub (*National Treasure*, *The Sorcerer's Apprentice*) and starring Li Bingbing, Jason Statham, Rainn Wilson and Ruby Rose, *The Meg* takes place in a futuristic underwater research center 200 miles off the Chinese coast. Sanya's iconic Guanyin of Nanshan statue features prominently in the trailer, as "The Meg" heads toward the coast and the research team must stop it before it gets there.

## HAO BU HAO



### Hao

This summer's most acclaimed domestic film is *Dying to Survive*, a sharp comedy that chronicles a salesman's attempt to smuggle leukemia medicine into China from India, where it costs a fraction of the price. The film is based on a real court case from 2015, in which a man detained for sneaking medicine into the country was later pardoned because he helped so many sick people. Critics raved about the film after its debut at Shanghai Film Festival, citing lead actor Xu Zheng's comedic skill and the social significance of its commentary on affordable medical care. Popular demand led to a nationwide release of the film in domestic cinemas last month.



### Bu Hao

A new TV show has come under fire for potentially having plagiarized the fourth book and film of the *Harry Potter* series. *Legend of Fu Yao* centers on a young woman at a Taoist school of sorcery. The school hosts a competition in which contenders toss a piece of blood-soaked paper into a cauldron to enter, and someone submits a paper dipped in Fu Yao's blood, hoping to get her killed. *Harry Potter* fans immediately took to Weibo to point out the similarities to the sign-up process for the Triwizard Tournament in *The Goblet of Fire*, in which a teacher threw Harry's name into the goblet without his permission.

# THE PLAYLIST

Our favorite tracks from artists playing in Guangzhou and Shenzhen this month. For fun night-life and gig listings, visit [www.thatsmags.com](http://www.thatsmags.com)

### 'I know, U know' (2017) PO8, C.N.K

The dreamy vocals in this low-key R&B tune are grounded by steady rapping from Chengdu hip-hop artist PO8.

### 'Kingyo Hanabi' (2004) Ai Otsuka

This Japanese quadruple-threat sings, writes, co-produces and plays piano. Her plaintive vocals and instrumentation make for an ethereal pop concoction with a fairytale sound.

### 'I'm Gone' (2012) Tamaryn

Known for treading the line between shoegaze and dream pop, US-based Tamaryn has created a dense, nocturnal soundscape interwoven with husky vocals.

### '红昭愿' (2018) 音阙诗听

This month-old hit by an experimental group is a delightful hybrid of electropop and traditional Chinese musical sensibilities, topped off with honey-sweet vocals.

### 'Khartoum' (2012) There's a Light

The titular track from this post-rock German band's EP establishes a warm ambience that climbs to electronic intensity and back, punctuated by aphoristic spoken lyrics.

### 'Best Friend' (2011) Jason Chen

American pop singer Jason Chen may have gotten his start performing covers, but this original love song is undeniably catchy, showing off Chen's swoon-worthy vocals.

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"I genuinely didn't think I was going to win," Jessie J says when she's asked about her unprecedented victory on the Chinese talent show *Singer* earlier this year. "I don't think it's sunken in yet."

The British pop star has just finished a whirlwind three-month stint in Changsha for the filming of *Singer*, a Hunan TV reality competition featuring established singers similar to *The X Factor*.

Jessie J was one of the first foreign contestants on the hit talent show, performing alongside some of the biggest artists in China, including Taiwan singers Sam Lee and Angela Chang, as well as Beijing rocker Wang Feng.

"It felt like being on a really cool version of *The Hunger Games*," Jessie J tells *That's* in an interview the week after the April finale. "Everything [in Changsha] felt really epic. It's like nowhere else I've ever been."

After turning heads back at home for competing on the show, the 30-year-old platinum pop star and former judge of *The Voice* ended up winning the contest with nearly half of the audience vote. Her heartfelt rendition of Whitney Houston's 'I Will Always Love You' earned her top marks in the finale, which hundreds of millions of

viewers tuned in to watch. That night, she became the first non-Chinese and foreign singer to take the crown.

"It was amazing for me to be on the other side, to not be the coach but to be the person that was competing," Jessie J says of her appearance on the show. "It taught me a lot about how I've been with contestants on *The Voice* in the UK and Australia, and how I could improve as a coach and contestant. I genuinely feel like I got to know myself more in the process. I've definitely improved as a singer."

Throughout the season, Jessie J wowed audiences with her on-point vocals and bubbly, down-to-earth personality. During the 13-week stint, she sang some of her own hits (including 'Domino' and 'Flashlight') in addition to covering a broad repertoire of classics, which eventually led to her sensational triumph. Having never finished outside of the top three over the course of the show, Jessie J also set a record by winning five rounds, with three wins in a row starting her off with a commanding lead.

"Every week the show was like a festival," she says of the environment backstage and with her fellow contestants. "Because everyone on the show was already established, it was more like a celebration of talent."

Despite the language barriers, Jessie J performed in Chinese, during an episode

where she sang the end of Prince's smash hit 'Purple Rain' entirely in Mandarin.

During our interview, she gives us a rendition — and her pronunciation is surprisingly good.

"I have no idea what I just said," she jokes.

Acclaimed for mixing her soulful vocals with elements of R&B, pop and hip-hop, the London-born singer first catapulted to fame in 2010 with her debut single 'Do it Like a Dude,' followed by her 2011 chart-topping debut album, *Who You Are*. A series of other hit songs followed, including 'Price Tag,' 'Domino' and 'Bang Bang' with Ariana Grande and Nicki Minaj. At the same time, she's picked up several awards and nominations and has performed at festivals worldwide.

Jessie J had already accumulated a sizeable fanbase in China before she joined *Singer* as a contestant, thanks to the overnight success of 'Price Tag.' Previous tours have seen her make stops in China, and she even made a guest appearance at last year's Alibaba Singles Day e-commerce gala (singing 'Price Tag,' of all hits).

"I am a contestant in this industry, and we're always competing," she says, reflecting on her eight-year-long career. "[*Singer*] was just putting a few of us in a bubble on a TV show. But everyone in this industry is fighting to stay relevant and to re-establish themselves and to create more."

Jessie J returns to China this August and September for her R.O.S.E. World Tour, with confirmed dates for 12 cities in China so far, including Shanghai, Beijing, Shenzhen and Tianjin. The concert will see her perform songs from her fourth studio album of the same name. Released in May, shortly after her *Singer* bid, the album sees her veer away from the 'power pop' of her previous work and take a bold new direction towards old school R&B and hip-hop. The album was released in four parts — R (Realisations), O (Obsessions), S (Sex) and E (Empowerment). Working with producers DJ Camper and Kuk Harrell, Jessie J co-wrote the album, which includes the singles 'Real Deal,' 'Think About That,' 'Not My Ex' and 'Queen.'

"I can't wait [for the tour]," she says, visibly giddy at the prospect of performing more than one song at a time for a Chinese audience. "I love being here, around new energy and new culture and just a completely different way of life to anything I've ever [experienced]. I have a whole new understanding of the world, I really do."

Sep 12, 8.30pm, RMB580-1,280. Shenzhen Bay Sports Center Arena, 3001 Binhai Dadao, Nanshan District 南山区滨海大道3001号



# JESSIE J

After Winning a Chinese Reality Show, the British Pop Star Returns to China This Fall

By Bridget O'Donnell

"It felt like being on a really cool version of *The Hunger Games*"

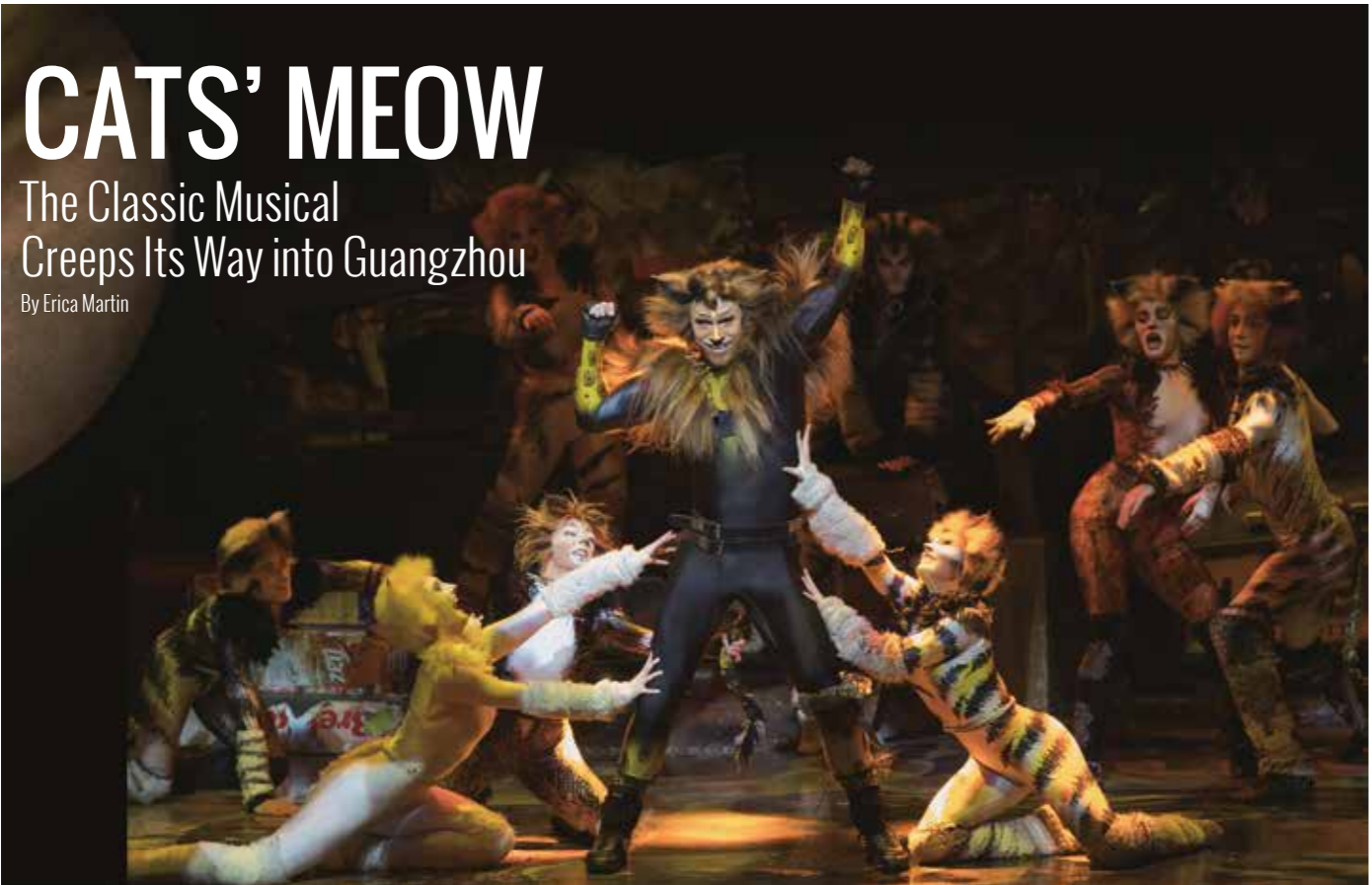
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# CATS' MEOW

The Classic Musical  
Creeps Its Way into Guangzhou

By Erica Martin

When T.S. Eliot penned a series of poems about cats for his godchildren in 1939, he couldn't have known what profound cultural significance the jocular little book could have nearly 80 years later. Though fairly obscure and decidedly silly compared to some of his other works, *Old Possum's Book of Practical Cats* inspired six-time Tony winner and musical theater impresario Andrew Lloyd Webber (*The Phantom of the Opera*, *Evita*, *Jesus Christ Superstar*), to compose one of the most enduring and universally successful musicals of all time.

First staged in the West End in 1981, *Cats* blew audiences away with its breathtaking dance sequences and Lloyd Webber's memorable tunes, paired with lyrics adapted directly from Eliot's poetry. Staged in a moonlit back alley, with tires and discarded washing machines strewn about, the show begins as the ensemble of cats creep onto the stage from all corners of the theater. The orchestra then kicks up the nimble, spine-tingling opening theme, like a cat's footsteps as it tiptoes along a fence.

Though a bit of an open mind is required to get into the premise, which is about a tribe of 'jellie cats' (a word invented by Eliot) celebrating their annual meet-up in the alley, what follows is a series of quirky meditations on cats' interior lives, what they're thinking about while staring out the window for five hours or why they knocked over all the stuff on your dresser for no reason.

The musical has a loose story structure; it's less of a linear narrative and more of a vaudeville-style variety show, as characters like lovable rogue Rum Tum Tugger and Mr. Mistoffelees the original Conjuring Cat each introduce themselves via an unforgettable theme song dreamed up by Lloyd Webber.

The fluid plot does center on one character, however: the mysterious, aging former dancer Grizabella the Glamour Cat. In a role originated by acting royalty Elaine Paige, Grizabella is the only character who doesn't actually appear in the *Book of Practical Cats*; instead, Lloyd Webber based her on a woman Eliot describes in his poem 'Rhapsody on a Windy Night.'

'Memory,' her attempt at redemption and the climax of the show, is *Cats'* most famous song and one of the most iconic show tunes

of all time, which has been covered by everyone from Barbra Streisand to Barry Manilow.

*Cats* has its Guangzhou run through September 16. Attendees should expect a bit of audience participation; after all, it's impossible to keep a cat contained to one room or stage. Chinese speakers should also keep an ear out for a surprise in the second act.

Though the show has delighted cat lovers throughout its record-breaking run, it's not the sole reason the musical has endured. These characters have resonated for decades mainly because their personalities feel so relatable that they seem far more human than cat.

Aug 30-Sep 16, 7.30pm (additional performances at 2.30pm on weekends), RMB180-1,180. Guangzhou Opera House, 1 Zhujiang Xi Lu, Zhujiang Xincheng, Tianhe District 天河区珠江新城珠江西路1号广州大剧院 (gzdjy.org)



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# CHINA

## MUSIC CORNER

### Three New Homegrown Albums on Our Radar This Month

By Erica Martin

#### **The Twenties by The Twenties**

Formed in 2013, The Twenties were active in Beijing's live scene for several years before settling to record their eponymous, self-released debut. The result of this reasonably long incubator period is that the band sounds confident and in charge, with a fully realized identity. Vocalist Findy Zhao's voice has an appealing deadpan irony that's reminiscent of '90s slacker rock, and there are elements of grunge and the fuzziness associated with lo-fi bands, but nonetheless the production feels slick. The opening track 'Fire Fire' is our favorite thanks to a catchy chorus that will worm its way into your head and linger for the rest of the day. In fact, it's this instant catchiness in many of the songs that elevates them from being overly derivative of '90s alt-rock bands – the pop sensibility woven in gives the debut an extra kick, and we're excited to see where the band goes from here.

Listen here: [thetwenties.bandcamp.com/releases](http://thetwenties.bandcamp.com/releases)



#### **Seippelabel Vol. 10 by Seippelabel**

Beijing's Seippelabel has been releasing compilation albums a few times a year since early 2015, working with notable China-based electronic acts like Alpine Decline, GUIGUISUISUI, GOOSE, Nocturnes and Noise Arcade. They also have a solid footing in greater Asia and beyond, and their 10th release showcases producers from as nearby as Shanghai and as far as Mexico and Australia. With a panoply of genres, from footwork to grime to a harsh industrial noise track, not all the songs are successful, but there's something for every taste. The best tracks defy classification, like 'Surge,' a dramatically symphonic instrumental hip-hop piece by Shanghai-based WhatsupNarja, Singapore producer Fauxe's 'Shoutout to Paradise,' a frenetic and ambitious beat overlaid with tribal chanting, and the sultry, almost tender track 'A Weight on Both Shoulders' from Flower Boy. The liner notes explain that the ultimate goal of Seippelabel was to put out 10 compilation albums, but hopefully this doesn't mark the end of their eclectic releases.

Listen here: [seippelabel.bandcamp.com/album/seippelabel-vol-10](http://seippelabel.bandcamp.com/album/seippelabel-vol-10)

#### **Elusive Magic by Panic Worm**

Out on Ruby Eyes Records is the debut album from Panic Worm, a plucky Wuhan-based five-piece dealing in energetic post-punk. The band half-jokingly imply that they are the offspring of "the once-famous Wuhan punk movement" in the late '90s and 2000s, which birthed the likes of SMZB and later AV Okubo. Having recently opened for The Cribs when they passed through Wuhan on tour with Split Works, Panic Worm has indeed taken up the mantle as one of the city's more notable new punk acts, exploring what they describe as "'80s post punk scattered with '90s slacker sensibilities." The earnest riffs in the lead single 'Chicken Spit,' have a sort of sweeping, epic quality heightened by Yu Cheng's stately vocals. Though rooted in the city's punk tradition, they're serving up something fresh.

Listen here: [panicworm.bandcamp.com](http://panicworm.bandcamp.com)



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# How a Desert Region in Western China Built a Wine Industry From Scratch

words by Noelle Mateer  
graphics by Iris Wang

# RED COUNTRY

**“The challenge was that there was nothing here. It was desert”**

**K**iki Chenshu got into the wine business because she was lonely. When she moved back to her native Yinchuan, in Ningxia, Chenshu felt she could no longer relate to her childhood friends. She had gone to university in Beijing to study urban development, then moved abroad, dreaming of one day working for the UN. Back home, she no longer fit in.

“For me, the things I care about, they don’t care about,” she says. “I care about what happens internationally. They just care about buying houses and cars. It’s been really hard.”

Yinchuan is a small city by Chinese standards (its population is a meager two million). It’s the capital of Ningxia Hui Autonomous Region, which is a sliver between China’s western Gansu and Shaanxi provinces. Over 30 percent of the region’s population is Hui, a Chinese ethnic minority group that practices Islam.

Growing out of one’s hometown is a tale as old as time – but what is novel about Chenshu’s story is her surprise happy ending.

Just after her return, Chenshu discovered a group of foreigners – seven winemakers from seven different countries, in town to work with local vineyards. “I didn’t have anything to do,” she says, so she helped translate throughout their stay.

Chenshu doesn’t drink wine – most people in Yinchuan don’t – but she and the winemakers became fast friends regardless. Soon after, she landed a job as an assistant for a New Zealand winemaker consulting for a local vineyard, and she’s been working with Ningxia vintners ever since.

Today, Chenshu is on the forefront of Ningxia’s most booming industry.

The seven winemakers she met in 2012 had been flown in for Ningxia’s first-ever International Winemaker Challenge. For the 2017 Challenge, 48 came. The number of wineries bottling and selling their wines has also skyrocketed from 20 to 86, according to Chenshu, and in total, 200 wineries are now registered.

Not only are Ningxia wines numerous, they’re award-winning – the region’s vintages have scored top marks in the prestig-

Left: Ningxia’s Helan Mountains are visible from Chandon’s vineyard; Above: State-of-the-art machines bottle sparkling wine

ious *Decanter* World Wine Awards since 2012, when local winery Helan Qingxue’s Jiabeilan variety won Ningxia’s first regional gold.

The ability of Ningxia wines to hold their own in an international market is no longer a secret – at least among winemakers. But the similarities between Ningxia’s wine industry and that of those abroad stop there.

Whereas the world’s other wine regions are often built on longstanding family chateaux and local wine-drinking cultures, Ningxia has no history of wine-drinking to speak of (in fact, a good percentage of the local Muslim population doesn’t drink at all). Instead, Ningxia’s industry is boosted by a provincial-level Wine Bureau – the only bureau of its kind in all of China – that has effectively built a wine region from scratch.

The result is a small, tight-knit community of wine pioneers leading Ningxia’s fastest-growing industry.

“This is a small place,” Chenshu tells me. “Everyone knows everyone.”

Then, as if to prove her point, she offers to drive me to Kanaan. ▶



Wang Fang, who goes by 'Crazy Fang,' despite seeming perfectly sane and friendly throughout our visit, runs Kanaan Winery, one of Ningxia's most successful brands. Kanaan's wines have been sold in Australia, Canada, Switzerland and the UK. Fang proudly shares that her 'Pretty Pony' wine is on the list at a famous London restaurant alongside noted French labels such as Château Lafite. "If a Chinese wine is on the same list [as those wines], then what do you think that says about the wine?"

Making good wine in Ningxia is feasible, but difficult. Ningxia is dry, and much of it is desert. The nearby Yellow River makes irrigation possible, but winters here are so windy that each winery hires hundreds of temp workers each fall to bury their vines underground, and dig them up again every spring.

And yet, the development of a wine industry here was no accident. In the late '80s, just after the Reform and Opening Up, a group of wine experts scoured

Above: Wine production facilities; Right: Thierry Courtade and Emma Gao at their winery, Silver Heights (photo courtesy of Silver Heights)

China to find the best soil for grape-growing. They determined that the soil at the base of the Helan Mountains – just outside Yinchuan – might just be suitable for growing grapes.

"[My father] used to be a civil servant in the science and technology department of the government, responsible for agriculture," Fang says. "He met many professors from around the world, and they told him that the East foot of the [Helan] mountains could be the best *terroir* [wine-growing region] for grapes."

Fang's father then began planting grapes on the land that would one day become Kanaan's. "Only a few people trusted my father's word, but these people had money and power. So that's decisive," she says.

Ningxia's agriculture bureau launched its own vineyard, Xixia King, named after the Western Xia dynasty, which fell at the hands of the Mongols.

The region is dotted with the crumbling, sand-colored remains of Xia rule. On our way from Kanaan to the Silver Heights win-



**"You've probably heard about Ningxia wines because the government promotes it so much"**

ery, the landscape becomes more desert-like, a flat plain from which the Helan Mountains appear to jut out of unexpectedly. The only glimpse we catch of modern life along the way is a colossal parking lot filled with tour buses. It's a sort of Universal Studios for Western China, Chenshu explains as she drives. *Red Sorghum*, the film based on the Mo Yan novel of the same name, was filmed here in 1988.

Just like the mountains, Silver Heights appears to spring from nowhere.

"The challenge was that there was nothing here. It was desert," says co-founder Thierry Courtade, in a lilting countryside French. "We had to get rid of all the rocks and stones."

Courtade runs Silver Heights alongside his wife Emma Gao, a native of Yinchuan. The two often act as de facto ambassadors for Ningxia wines, Gao's Ningxia heritage and Thierry's family history of French winemaking lending them a collective measure of authority. Search 'Ningxia wines' online, and you're bound to see photos of Gao smiling in her ▶



Clockwise from top left: Ningxia's Wine Bureau resembles a wine barrel; Wang 'Crazy' Fang poses with wines in her cellar at Kanaan; award-winning local wines are displayed at the Wine Bureau's museum

**"You can make plans for the short term, but for the long term, it's nearly impossible. My mind could change, the policies could change"**



vineyards. (During my own visit, she's traveling to promote her wine elsewhere in China.)

"Each region has its own style. This wine," Courtade says, holding up a glass of his Last Warrior red, "is a bit sugary. And the rocks here, from the mountains, they give it a mineral flavor. It's a bit like St. Emilion," he says, referencing the famed region of his native Bordeaux.

Business is good. "Every year we plant one or more additional hectares," he says. But he has someone to thank: the Wine Bureau.

"They've done everything to develop the region," he says. "They bring us water, they bring us electricity. They want Ningxia to be the best wine region in China."

Those unfamiliar with Chinese wine might think this an easy goal. Chinese wines have long suffered from a reputation for poor quality, and even within China, the most popular Chinese wines are the low-quality convenience-store varieties by Great Wall. As recently as a decade ago, many China-made 'wines' were just grape juice with cheap alcohol mixed in.

But the country's wines have grown in prominence over recent years, and today's medal-winning vintages come from regions as varied as Xinjiang, Shandong and Hebei. Tianjin, meanwhile, has the longest history of selling and marketing wine – the first foreign-Chinese joint venture opened there just after Reform and Opening Up with the founding of Sino-French Tianjin Dynasty Wine Company.

And so, Ningxia's Wine Bureau takes its job seriously. *Very seri-*

ously: the Bureau itself is a hulking 17-story complex, one side of which is housed in a massive, modernist interpretation of a wine barrel. We pass through several checkpoints just to get inside, where, at the staff canteen, legions of professional wine bureaucrats slurp noodles beneath murals of grapes. The Bureau director we meet there is too busy to speak with us, but suggests we help ourselves to the cafeteria desserts instead.

"You've probably heard so much about Ningxia wines because the government promotes it so much," sommelier Ashley Gao tells me later, from her workplace in Beijing luxury hotel The Opposite House.

Gao is more familiar with wine in Beijing's neighboring Hebei province, where she got her first job out of university, growing grapes among the same mountains that will host the Winter Olympics in 2022.

"They make really good wines there," she says. "And it's the closest wine region to Beijing."

Ningxia's distance from Beijing makes its wine harder to get. "I've been to Ningxia and I love the wines there," she says. "But a lot of them don't have distributors."

While many of the region's wineries have perfected the art of *making* wine, they are less well-versed in selling it. The region's most prominent boutique wineries, like Kanaan and Silver Heights, work with distributors to sell their wine elsewhere in China, but they don't have the capacity to mass-produce, which makes their product expensive.

Kiki Chenshu tells me this is something the Bureau is working ▶



Above: Wine ferments in barrels at Kanaan Winery

on. Whereas the Bureau's previous director focused on developing boutique wineries, now, "they are thinking we should have some famous brands."

One such brand could be Chandon.

Chandon is one Chinese wine Ashley Gao is able to serve a lot of. The sparkling wine brand is a project by LVMH (Louis Vuitton Moët-Hennessy, of Moët & Chandon Champagne), which establishes wineries throughout the world to produce sparkling wines for various markets. (Any sparkling wine produced outside the region of Champagne cannot be called 'Champagne'.)

Thanks to the backing of their parent company, plus a built-in network of distributors, this year Chandon has made waves in hotels and restaurants in first-tier cities. It's The Opposite House's go-to sparkling for brunches at its Chinese restaurant, Jing Yaa Tang.

Chandon's China property is just a few minutes' drive from a crumbling section of the Great Wall, on Ningxia's border with Inner Mongolia. But inside its visitor center, it feels like Europe — gleaming white walls and plush couches, a long granite countertop for hosting tastings.

Inside, the site manager plays a slickly produced promotional video on the center's flatscreen TV. "Our target is young, upper class people from first-tier cities," she says, as a bride on screen holds her glass up to the camera.

The real thing to see here, however, is the view. And so, sparkling wine flutes in hand, we walk up to the roof of the visitors' center and gaze across the vineyards.

It's a crystal-clear day in Ningxia, and vines stretch in front of us for miles. Only some of them are the pinot noir and Chardonnay grapes of Chandon — the rest belong to countless other

wineries, trying to cash in on this booming industry. "See that blue building over there?" says the manager. "That's COFCO's winery. It's the biggest in Ningxia."

When I ask Crazy Fang if she, too, would like to expand to have a more corporate-sized wine venture, she says, "This is enough. I already haven't had a vacation in years."

"When you're in China, you can make plans for the short term, but for the long term, it's nearly impossible," she explains. "My mind could change, the [local bureau] policies could change. I would never say I hope that this vineyard goes on for 100, 200, 300 years. This is not negative, this is the reality."

We're in her living room now, sipping her fruity Riesling. Crazy twirls her glass, watching the sunlight glint off the yellow liquid.

"But the wine industry will continue in Ningxia. There is no doubt," she says, smiling. "People need wine." ■

## CHANDON Brut Sparkling Wine

This is China's only sparkling wine produced via the *methode traditionnelle* of Champagne.



## SILVER HEIGHTS

### The Last Warrior Red

We dare you to find a more giftable bottle of Chinese wine: not only is this cabernet-merlot blend from highly-respected winery Silver Heights, it also features a terracotta warrior on the front, and a label on the back that reads "Long live Chinese wine!!"

# GOING WEST Four Ningxia Wines to Try

## HELAN QINGXUE Jiabeilan

The wine that put Ningxia on the map, Jiabeilan's blend of cabernet and merlot places in *Decanter's* World Wine Awards year after year.



## KANAAN WINERY

### Riesling

This fruity, zesty white is widely considered to be Ningxia's only high-quality Riesling, a style that's a throwback to winemaker Crazy Fang's years living in Germany.



# CITY SCENES

## French National Day 2018 Pool Party at Residence G Shenzhen

(Supported by **that's** and **urbanfamily**)

The 2018 edition of Canton Plage – French National Day was held on July 14 in Shenzhen. Organized by the French Chamber of Commerce and Industry in China (CCIFC) and the Consulate General of France in Guangzhou, the event took place at Residence G Shenzhen. French and Chinese communities in the city gathered to celebrate French National Day and experience the diversity of French culture, with numerous activities to entertain guests. Like every year, a delightful selection of tipplables were on offer at the open bar – from French wines by Red Pony to spirits by Pernod Ricard and beers by San Miguel. Hungry attendees were treated to a succulent barbecue as well as French and Asian edibles, while Confee provided a spread of fine cheeses.



## Conrad Guangzhou and Huiling Host Charity Reception

(Supported by **that's** and **urbanfamily**)

In concert with Guangzhou Huiling Home for Persons with Mental Disabilities, Conrad Guangzhou hosted a charity event and reception on the evening of July 13. The occasion saw the attendance of over 50 invitees, and total proceeds of more than RMB20,000 were donated to Huiling.



## 'Off the Beaten Plate' Food and Drink Tasting

(Supported by **that's**)

This dinner was the first in a new series of food and drink tasting events hosted by *That's PRD*, a series we've dubbed 'Off the Beaten Plate.' Through these events, we intended to introduce our readers to some of Guangzhou's lesser-known culinary offerings. That's why, this time around, we teamed up with TWG Tea – one of the world's most luxurious and high-end tea brands – to help our readers enjoy the beauty of tea-infused gastronomy. The gourmet dinner menu featured seared Hokkaido scallops, oven-baked traditional beef Wellington wrapped with Parma ham and mixed wild mushrooms, grilled tiger prawns and squid ink risotto with clams and calamari, among numerous other delectable edibles.



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荣获2018年首版广州米其林指南

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*Lai Heen*, the Cantonese restaurant

at The Ritz-Carlton, Guangzhou

is awarded as

**MICHELIN One Star Restaurant**

*by the first edition of MICHELIN guide Guangzhou 2018*

麗軒

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# PRD FOCUS

**L**ai Heen, the signature Cantonese restaurant of The Ritz-Carlton, Guangzhou, has earned its first Michelin star in the inaugural *Michelin Guide Guangzhou 2018*. It is the one of the eight restaurants in Guangzhou who received this award. Lai Heen also becomes the ninth restaurant to receive a Michelin star among The Ritz-Carlton hotels in the Asia-Pacific region.



**O**n June 22, the Consulate General of Belgium and the Consulate General of Italy hosted a gala dinner at the Ritz Carlton, Guangzhou to celebrate Europe-China Tourism Year 2018.



**F**our Seasons Hotel Guangzhou's Yu Yue Heen restaurant was recently honored as a 'One-Star Restaurant' in Guangzhou's inaugural Michelin Guide. Yu Yue Heen, located on 71st floor of the hotel, offers authentic Cantonese cuisine with unsurpassed views of the city skyline in tranquil ambience.



**T**he Consulate General of France in Guangzhou held a reception on July 13 at Sofitel Guangzhou Sunrich to celebrate French National Day. Consul-General of France Siv Leng Chhuu was in attendance to celebrate the occasion with a diverse group of guests from around the world.



**C**antonese fine-dining restaurant Jiang by Chef Fei was awarded one Michelin star in the first edition of *Michelin Guide Guangzhou 2018*. Mandarin Oriental, Guangzhou's stylish Ebony restaurant was also recognized by the Michelin Guide as a Michelin Plate restaurant.

**M**erchiston International School - Shenzhen's first and only school providing a British education and boarding system - welcomed the Right Honourable Lord Provost and Lord Lieutenant of the City of Edinburgh Frank Ross among a contingent of foreign dignitaries. Lord Provost praised "the authentic Scottish look and feel of the school" and expressed his eagerness to return after the school opens in August 2018.



## PAIN IN THE BRAIN

Treating and Avoiding Tension Headaches

By Dr. David Chim, Medical Director of Expatriate Healthcare

**T**ension headaches are a common concern for many busy and stressed-out patients in Shenzhen. A typical tension headache usually generates moderate pain on both sides of the head. It's more frequently seen in women, people in their 40s and people of Caucasian ethnicity.

These headaches can occur as infrequently as one day per month or more than 15 days per month. Your doctor's treatment strategy will depend on how frequently these headaches recur. During the headache, the small "pericranial muscles," which support the skull and allow us to smile, become tight and painful.

Many causes contribute to tension headaches, but no one really knows exactly how they develop. Most physicians would agree that environment contributes to the occasional tension headache, while people who get them chronically are more susceptible due to their genetics. As a general rule, people that have frequent tension headaches have a lower pain threshold, or are "more sensitive."

Your doctor can rely on many clues when determining a diagnosis. These include the presence of abnormally dense muscle knots (discovered during palpation of neck and upper back muscles), which may radiate pain upon direct pressure. One way to think of this is that these muscle knots are "more sensitive"

than normal. Forward head posture and poor range-of-motion in the neck are other clues.

In terms of blood tests, something called interleukin-1 beta is available. However, this is completely unnecessary and a waste of the patient's money. Aggressive brain imaging like CTs or MRIs are also inappropriate for tension headaches.

So, how do you know when you are suffering from a tension headache? You typically will feel mild to moderate pain on both sides of your head (although about 10 percent of the time it happens only on one side). Patients often describe the pain as a dull pressure, almost like weights on the head, neck and shoulders.

The next step is to visit a doctor who is comfortable palpating your head, neck and shoulders. For the anatomy buffs out there, you want palpation of your frontal, temporal, masseter, pterygoid, sternocleidomastoid, splenius, trapezius, rhomboid and infraspinatus muscles. If the doctor is successful at discovering the muscle knots radiating pain, there can be a diagnosis for those myofascial trigger points along with your tension headache.

How can you avoid getting tension headaches and myofascial trigger points? Well, as you probably already know, stress is a very common precursor to headaches. Sometimes certain foods, smells or feeling

hungry are precursors as well. If you have a strong aversion to certain foods, then listen to your body. For example, herbs (such as cilantro) can taste wonderful to some and awful to others. In addition, headaches can be triggered by sudden head and neck movements, or moving your neck close to your full range-of-motion.

Regardless of how well you manage your stress, it is best to be evaluated by a physician. Although tension headaches are common, a complete history and physical exam by a well-trained physician can rule out many other causes of headaches as well.

Dr. David Chim was named Medical Director of Expatriate Healthcare at VISTA-SK International Medical Center in November of 2016 after studying family medicine at Kaiser Permanente Medical Center in California and addiction medicine at UCLA. Dr. Chim has worked in government hospital programs in Hong Kong, Macau and Shanghai, with a special interest in personalized medicine and using individualized lifestyle modifications to optimize biopsychosocial health.



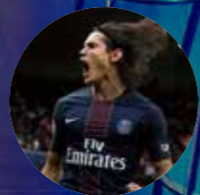
# FOOD, DRINK & EVENTS IN SHENZHEN

## Picture Perfect

Five patios perfect for summer in Shenzhen, p54



Tictac Pong  
P60



See France's Champs  
P63

# WASABI SPUD-TACULAR

## We Tried Lay's Wasabi Chips

By Jesse Pottinger

The madmen at Lay's have done it again - they're bold, they're zesty and they're refreshingly different. The appetizing offspring of a lonely wasabi root and a potato that just didn't vibe with the other spuds, wasabi chips will have you reminiscing of that brisk winter evening in rural Osaka, where you ate the finest plate of sashimi to ever grace your palette.



Okay, maybe they're not that good. But Lay's new wasabi flavor potato chips are absolutely worth a sample.

We here at *That's* are spice fanatics - the more *la* the better - and admittedly, these chips don't ignite that adrenaline-inducing, sinus-clearing sensation that wasabi is famous for. In fact, they're really not spicy at all.

But, while you might think that would be a deal-breaker, the chips are still quite tasty, and the flavor true to their namesake - lack of heat notwithstanding.

For a fancier experience eating this American-Japanese fast food fusion, serve with soy sauce, ginger and finely sliced raw salmon. And remember, nothing screams 'classy and refined taste' like eating chips with chopsticks.

Alternatively, we recommend cracking an ice-cold can of Asahi - or two, or three - and just kickin' it on the sofa, bag on your lap, suds in one hand, spuds in the other.

It's worth noting that a similar chip flavor released by Lay's, Kettle Cooked Wasabi Ginger, took first place in the company's annual 'Do Us a Flavor' contest back in 2014, surpassing Cheddar Bacon Mac & Cheese, Wavy Mango Salsa and, um, Cappuccino.

While we don't know how the wasabi chips compare to the wasabi ginger version, it's certainly a good sign when the chip lovers of America - the land of junk food - collectively give a snack their nod of approval.

Bizarre chip flavors are nothing new in China. In fact, just about any kind of strange culinary combination seems to be par for the course here, but these might be Lay's first attempt at a Japanese-inspired starchy snack in the Middle Kingdom.

So, whether you're a wasabi lover, a chip fanatic, or you just want to check one more thing off the list of foods you never thought you would consume (or even see), head down to your nearest convenience store and treat yourself to some Lay's wasabi chips.

# GRAPE VINE

## THE SCANDALOUS SCOOP

### We're Digging:



O! Garden opening up again post-renovation and a new, luxe Villa taking up one corner of Coco Park; bomb brunch deals and fusion food at OCT-Loft's Magpie (pg56); a second installment of MASH at the MixC mall; and a solid Western buffet-style entry – Marche Movenpick (pg58) – at yet another new-ish shopping complex.

### We're Done with:



Rumors of 25 percent 'tariffs' for American hotel guests bringing up memories of similar restaurant surcharges; Shenzhen's first beer pong theme bar (that we know of) falling flat; and a sudden drop in the city's supply of authentic pizza pies – ciao, Giglio and La Pizza.



## OLDIE BUT GOODIE

### Yakiniku Futago

"When you miss Japan and are trying to reminisce the awesome memories and food, Futago is a good spot to do that." So wrote one Yelp reviewer of Yakiniku Futago's New York location. And after checking out one of the brand's five Shenzhen branches, we'd tend to agree.

Though nowhere near as posh as its NYC locale, the Futago in Luohu District hits home on two important marks: meat and service. It's fine Japanese barbecue, so expect to pay at least RMB400 for two, and more if you have an appetite.

Call ahead to reserve the famous *hamideru karubi*, a big slice of premium beef from Japan (RMB158 at the time this was written). The wait staff will tell you it's imported from Australia, but our secret source begs to differ... Just know you're getting the real deal.

Other must-orders include the Futago-style potato salad (RMB28), thick-cut special ox tongue (RMB118), and imported cold Korean noodles (RMB33). Why

Korean? The founder was actually born there but raised in Japan, meaning Yakiniku Futago offers a nice hybrid of both cuisines under one roof.

If the kimchi has you desperately parched, you may need to shout for more water over the wait staff's intermittent chants. Don't be alarmed – it's custom in Osaka and a sign of respect (they're either welcoming guests inside or asking if you're ready to cook the meat).

The shop in Guomao – and likely Futian and Nanshan locations as well – gets smoking hot and packed around mealtimes, so consider swinging by for an early dinner or midnight snack, and definitely book a table ahead.

**Price:** RMB250  
**Nearest metro:** Guomao (Exit E), 5 minutes

Open Mon 5pm-1am, Tue-Sat noon-1am, Sunday noon-12am; 1/F, Guomao Building, 2077 Renmin Nan Lu, Luohu District南湖区人民南路2077号国际大厦1楼

## WHAT'S ON WAIMAI

### Cai Mingwei

One of Wuhan's most celebrated culinary creations, *reganmian*, or 'hot-dry noodles' in English, is a soupless noodle dish that typically features soy sauce, sesame paste, pickled veggies, chives and chili oil. Among our favorite of the Middle Kingdom's myriad noodle offerings, good *reganmian* is admittedly difficult to find in South China.

Enter Cai Mingwei: a chain of no-frills Wuhan noodle shops that dish out authentic, lip-smackin'-good bowls of *reganmian*.

Six different types of *reganmian* grace the menu, with variations ranging from the standard (vegetarian, RMB13) to the meaty (ground beef, RMB22) to the Cantonese-inspired (*ca siu* pork, RMB19). Also on offer: flavor-packed kimchi and pork *guotie* (RMB13), which are pan-fried to give the outer skin a light crispiness.

Among Cai Mingwei's unique culinary delights is the *humijiu* (RMB9), a sweet, soupy porridge with *tangyuan* (sticky rice balls) and a subtle, boozy aftertaste (rice wine is an ingredient in the dish).

We have to applaud the fine, noodle-loving folks at Cai Mingwei for their excellent



delivery setup: noodles come in a cardboard bowl, while the sauces and other condiments come in separate containers. This allows you to add the soy sauce and sesame paste to the noodles upon arrival and prevents the noodles and sauce from clumping together while being transported from the shop.

**Price:** RMB20  
**Good for:** tasty noodles, booze-infused food  
**Search for:** Cai Mingwei 蔡明纬  
**Available on:** Meituan, Eleme

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# PICTURE PERFECT

## FIVE PATIOS FOR SUMMER IN SHENZHEN

It's time to take advantage of this excellent (read: super hot) weather and take every opportunity to be outside (or under the nearest AC unit, your call). Here's a list of our top picks for Shenzhen's best al fresco dining and drinking spots, because food and booze taste even better in the open air.



### **E**den Garden

If you can't get enough of rooftop bars, here's another must-visit. Located in Hilton Shenzhen Shekou Nanhai, Eden Garden offers both sea- and skylines.

16/F, Hilton Shenzhen Shekou Nanhai, 1177 Wanghai Lu, Nanshan District 南山区望海路1177号希尔顿南海酒店16层 (2162 8888)



### **D**ing Sky Bar

This Huaqiangbei rooftop bar yields drinkable cocktails, savory snacks and stunning shots of central Futian. The only downside? The close-to-infinity pool isn't open to bar-goers.

18/F, Fraser Suites Shenzhen, 183 Zhenhua Lu, Futian District 福田区振华路183号辉盛阁国际公寓十八楼 (6180 1389)



### **G**range Grill

Besides its main draw (see photo above), this Westin Shenzhen Nanshan spot also offers delicious meals, delightful desserts and, of course, boozy beverages.

9028-2 Shennan Da Dao, Nanshan District 深圳南山区, 深南大道9028-2号 (8634 8431)

### **M**on Saigon

Sip cocktails and whiskey from the comfort of Mon Saigon's brick upper-story terrace, thickly populated with potted plants and boasting a unique view of Honey Lake's abandoned roller coaster.

Block B, 1979 Cultural and Creative Park, by Qiaoxiang Lu, Futian District 福田区侨香路1979文化生活新领域B区 (8270 3282)



### **T**he Terrace

Situated directly opposite to the humongous cruise ship at Sea World Square, The Terrace boasts a casual, outdoor patio with open views of the surrounding area. It's one of our favorite places to grab a beer and enjoy the breeze!

201, Sea World Square, 32 Taizi Lu, Shekou, Nanshan District (2682 9105) 南山区蛇口太子路32号海上世界广场商辅201 (2682 9105)

# MAGPIE

Two For Joy

By Adam Robbins



## The Place

With the opening of OCT Loft's new A1 building, expect more hustle in the cultivated, art-forward area. Magpie, tucked inside A5 in tones of brass, wood and deep cerulean blue, will soon be reservation-only as increasingly sophisticated diners flock to its smart Northern cuisine.

## The Food

Chef and owner Cadence hails from Manchuria, informing both the menu and the name. In the kitchens of Europe, he found his homeland's bird of good fortune turned a term of insult. It's now a point of pride to reclaim the "magpie culture" that roams free between cuisines of Europe and the far-ranging nomads of China's North.

Thus, the summer menu finds a lamb Wellington (market rate), Scotch egg (RMB40), game meat ragout (RMB75), horse tartare (RMB70) and so much more protein. The veggies are also impressive: 'some tomatoes' (RMB60) piled in a basil-rich olive oil, with a confident smear of burrata on the side of the bowl; and red rice (RMB60), a rich warm porridge with carrot butter and chunky beetroot purée.

Sweetbreads (RMB60) are delectable, deep fried pillows under black pepper and a flavorful tumble of olive tapenade. Dollops of sweet and floral hibiscus gel are overpowered, but the bread from Magpie's bakery proves an ideal vehicle.



## The Vibe

Expect an engaging staff that's pleasantly forward with recommendations and encouragement – along with a commitment to replace (at no cost) what diners don't enjoy. The same is true for drinks (all RMB85) kept funky and fresh by mixologist Eric, a six-year Coco Park veteran who reaches to the kitchen for ingredients like roasted eggplant drippings and octopus essence. They'll flow till 2am most nights, alongside a late night snack menu and chill playlist.

With casual fine dining that makes the best of local ingredients and far-flung technique, this nest of magpie cuisine is already a gem within the OCT Loft scene. We recommend a reservation.

**Price:** RMB200-400

**Who's going:** OCT Loft visitors, adventurous diners

**Good for:** creative fusion fare, seasonal surprises

**Nearest metro:** Qiaocheng East (Exit A), 18 minutes

Open Tue-Sun, 6pm-2am; No. 125, Bldg A5, OCT Loft, North District, Wenchang Jie, Nanshan District 文昌街华侨城创意园北区A5-125 (8652 8782)



# WOODPECKER

Southern Comfort in Shuiwei

By Adam Robbins



## The Place

After three months' success with fusion destination Magpie, the same parent company launched Woodpecker this June in the little labyrinth of the new Shuiwei housing project, freshly painted and ready for the nightlife crowd.

The smokehouse prepares all its locally-sourced meat on site, amazing given the size of the space. There's room for just over 50 inside, mostly on a second floor that houses the single-stall restroom. Expect a wait, especially if the guys make good on a promise of a monthly block party.

## The Food

Chef Francis, recently of Glass Hammer during its brief glimpse of culinary glory, guides the kitchen toward taste-of-home Southern comfort foods: Kansas brisket (RMB35/100 grams, RMB140/500 grams), Memphis ribs (RMB50-100), fried okra, biscuits and gravy, collard greens, succotash and more. Meats are served simple in 100, 250 and 500g portions, all sides are a very reasonable RMB10 and the kitchen mixes up their own range of sauces. (Beware the vinegar punch of the tongue-numbing Carolina Gold.)

Sliders (RMB55) come three to a plate, delivering succulent pulled pork in a sweet Carolina BBQ sauce atop airy buns with just the right amount of crunch. Cornbread is a big tender pancake, with mashed corn for moisture inside. Collard greens feel authentic: bitter antioxidants against savory bacon fat.

The Texas barbacoa lamb (RMB45-150) is our favorite of the proteins, with excellent slow-cooked layers of fat and meat. The semi-sweet notes of the deep, dark sauce do well to balance the gamey realness of the sheep.

Right now there's only Vedett (RMB35) on draft, and it's liable to sell out in these early days. They feature a couple bottles but, sadly, none of the local brews. Choose from Juleps (RMB25/330 milliliters) or a 5-liter bucket of spiked punch (RMB300) from the barmaster shared with Magpie.



## The Vibe

There's the feel of an eager hustle here, with solid elements (meat, slider buns, sauces) still looking for firm footing logistics-wise (wait time for the orders, layout that leads to crowding). For such a new place, that makes sense. With a central location in the revamped Shuiwei neighborhood and an eagerness to interact with the community, we expect this will all be smoothed over in time.

**Price:** RMB75-200

**Who's going:** Shuiwei barhoppers, nostalgic Southerners

**Good for:** flavorful smoked meats, friendly vibes

**Nearest metro:** Fumin (Exit D), 11 minutes

Open daily, Tue-Thu 12pm-midnight, Fri-Sun 12pm-2am; Building 153, International Cultural Street, 1368 Huanggang Gongyuan Yi Lu, Futian District 皇岗公园一街1368国际文化街153栋

## MARCHE MOVENPICK

Euro Eatery

By Bailey Hu

### The Place

Buffet dinners don't always scream 'luxury.' But with a tantalizing array of international dishes and a sleek appearance, the new Marche Movenpick at UpperHills mall manages to give off upscale vibes.

The space appears large, well-lit, clean – notwithstanding an 'average' sanitation rating – and reminiscent of similar offerings at hotels. Diners fetch their own drinks, dishes and even cutlery, although amenities such as kids' corner with a mini-climbing wall help make up for it.

On entry we're given a charge card, then let loose to browse a selection of drinks, salads, pastas, pizzas, grilled meats, sides and more.

### The Food

Portions are generous, although pricing varies – an Americano is a surprisingly reasonable RMB15, but a towering slice of 'apple



pie' sets us back RMB45.

Rosti – fried, golden-brown potato pancakes – are advertised as a specialty, and a cheddar-covered one (RMB54) doesn't disappoint. The marinara sauce in our pasta (RMB85) is also hearty, although the hand-made spaghetti has an off-putting, gummy texture.

The sides, however, pleasantly surprise us with skillful use of fresh ingredients. A crusty slice of bread topped with tart tomato bruschetta (RMB9) is a highlight of the night, while the cream of mushroom soup (RMB19) is chock-full of finely-chopped Portobello.

### The Vibe

Despite the do-it-yourself model, Marche is not completely casual. Instead, it's a scaled-down, cheaper alternative to the ubiquitous

hotel buffet, and perfectly suitable for business lunches.

On the weeknight we visit, however, it's more a destination for friends and family trying out the latest installment of the international franchise. It's certainly different from the average buffet in Shenzhen, and with a set of (mostly) solid Western dishes, a safe bet for homesick Europeans as well.

**Price:** RMB80-120

**Who's going:** families, homesick expats

**Good for:** pigging out on Western food, custom meals

**Nearest metro:** Lianhuacun (Exit C), 20 minutes

Mon-Fri 11am-10pm, Sat-Sun 10am-10pm; No. L224, 2/F, UpperHills Mall, 5001 Huanggang Lu, Futian District 福田区皇岗路5001号深业上城商场L2层L224铺

## ZHENKER

King in the North

By Adam Robbins

Venture past Tanglang Mountain and surprise yourself with what's brewing up north. Just blocks from Shenzhen North Station, in an urban village in the mold of Baishizhou, Zhenker features robust, mature Chinese beer and customers refining a taste for it.

The Minzhi neighborhood is rich with commerce and cozy alleys where custom-

ers catch the evening breeze. Step inside Zhenker for spacious seating in a place that's clean and new, decorated attractively with grains and craft beer. Elton, the Chinese owner, just finished a day's work on the latest brew.

"What's special about our beer – the taps are right on the fermenting tanks. I think we're the only one in Shenzhen to tap directly," Elton explains, gesturing to the nine sturdy brewing tanks behind the bar, each large enough to fit a man inside.

The brews taste fresh, matured from years of home-brewing practice. Elton lowers the IBU to appeal to Chinese tastes; the effect is agreeable in all five we sampled (RMB28/ three 180-milliliter glasses, RMB68/five).

Hefeweizen (RMB30/500 milliliters, RMB60/1-liter, RMB168/3 liters) is most popular, with a clean, almost creamy taste from its multitude of tiny bubbles. But Elton points us Americans to his IPA (RMB40/500 milliliters, RMB80/1-liter, RMB218/3 liters). Even with the reduced IBU, it offers a good hoppy kick. Three other, similarly-priced options complete the menu: brown ale (some tart-apple sweetness), dark lager (notes of coffee) and barley lager (quaffable like the rest).

"Our quality is just as good – or better! – but we keep the price affordable," Elton boasts, though cheap rent is probably the biggest factor, as the ingredients are mostly imported from Germany, Belgium, Australia and Xinjiang province.

Want to shake the dice with locals and some well-crafted brews? Head over later in the evening. "In general, the most popular Chinese customers will come after 9pm," Elton explains. "They'll come tie it on after a good meal."

**Price:** RMB30-40 per 500-milliliter beer

**Who's going:** dice-rolling locals, expats of the north

**Good for:** mellow beers, practicing your conversational Chinese

**Nearest metro:** Minzhi (Exit B), 8 minutes

Open daily, 6pm-2am; Building 9, Pinke Xiaozhen, Minwang Lu, by Minzhi Dadao, Longhua New District 龙华新区民治大道民旺路品客小镇9栋 (189-4819 8310)



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# TICTAC PONG

## Long Shot

By Bailey Hu

Ah, beer pong. To American college graduates, the phrase all but conjures up the stale fumes of bygone beers and sticky tabletops.

Tictac, however, has grander aspirations. Riding on a wave of theme bars (or so we're told) in cities like Shanghai and Hong Kong, it's equipped with state-of-the-art, light-up tables and upscale drinks priced at RMB90 and higher.

That's right – at Tictac, a game of good old beer pong is served up alongside a broad array of single-malt scotches and custom cocktails.

Among the offerings, we sample a neon-orange, fruity Tictac coated in sour plum powder, followed by a tart 9¾ Ameyoko that pairs sake with passionfruit and lime (both RMB98). Less interesting but more memorable is a classic whiskey sour (RMB90) brimming with bourbon sweetness and quality citrus.

For traditionalists, there's also fancy imported beer sold by the glass (RMB90), or modest pitchers of Liefmans, Vedett or Asahi (RMB200).

The prices seem like less of a shock given the setting. With seats and tables borrowed from art deco-inspired cocktail destination Men's Club – green leather seating and gleaming metal high-lights – half of the bar gives off a distinguished air.

The other half is Americana with Chinese characteristics: LED-lit pong tables, a feel-good hip hop soundtrack and a tiny burger joint outside the semi-hidden door of the bar.

But moving past the schizophrenic design scheme, let's address the bar's main selling point: its beer pong tables.

On the one hand, victory does taste sweeter with ultra-sensitive pads that register each gentle plop, lighting up the clear cups (filled with water) in different colors. Also, the table keeps score for you.

But for all its high-tech gadgetry, Tictac Pong hasn't solved the problem of balls ricocheting off cups and smacking innocent bystanders and furniture. And the sheer length of the tables, while good for competitive players, make us long for the days when we didn't have to raise our voices to heckle opponents.

In the end, it boils down to your love of beer pong – for the truly nostalgic, it's a fun throwback to bygone days. But for the rest of us, Tictac is a long shot.

**Price:** RMB90 a drink

**Who's going:** lovers of the game, recent college graduates

**Good for:** high-tech beer pong, high-end hang-outs

**Nearest metro:** Convention Center (Exit D), 10 minutes

Open daily, 7pm-2am; #086-2, Level B1, Intown Century Center, Fuhua San Lu, Futian District 福田区福华三路卓越世纪中心 Intown 负一层 086-2 号



# EVERYTHING SHENZHEN EVERY. SINGLE. DAY.



NEWS



EVENTS



FASHION



ART



RESTAURANTS



HEALTH



BARS



CULTURE



NIGHTLIFE



GUIDES



MUSIC



GIVEAWAYS

# GO ON, FOLLOW US.







# Pulse

## ● Tamaryn Shoegaze Darkwave

B10



win!

New Zealand-born but now based in the US, Tamaryn mixes up genres to create music that gets under your skin. In three studio albums she's woven dream pop, shoegaze, post-punk, gothic rock, synth-pop and electronic sounds to make something all her own. For the Shenzhen stop of her tour she'll be joined by dream pop/shoegaze newcomer Pocari Sweet, which recently came together in Guangzhou.

Aug 12, 8:30pm; RMB120 presale 150 door. B10 Live, Building C2, North Area, OCT-Loft, Xiangshan Dong Jie, Nanshan District 南山区香山东街华侨城创意文化园北区C2栋北侧 (b10live.cn)

## ● Forests Indie Rock

B10



win!

Touring for their second full-length album, *Idol Collapse*, this fearless threesome out of Taipei conjures more of their bizarrely wonderful post-punk experimentalism. Starting from "irresistibly catchy guitar pop [thrown] down a flight of stairs," the drums and strings of Forests weave a mystery of rhythms to mesmerize fans on both sides of the straits.

Aug 3, 8:30pm; RMB100 presale 120 door. B10 Live, Building C2, North Area, OCT-Loft, Xiangshan Dong Jie, Nanshan District 南山区香山东街华侨城创意文化园北区C2栋北侧 (b10live.cn)

win!

We're giving away tickets for these featured B10 Live concerts! Message our official WeChat account (**ThatsShenzhen**) three days before the show and tell us why you should win!

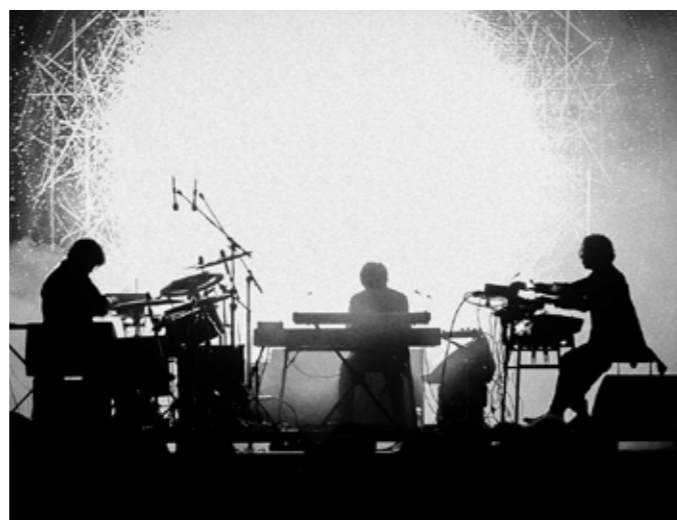
## ● Andrew Zolinsky: Cadenza's Night Piano



Andrew Zolinsky, professor of piano at London's Royal College of Music, returns to China for a night of the classics. After performing with some of the finest orchestras in the UK, Zolinsky promises a night of the finest piano solos, including Liszt's *Years of Pilgrimage*, Debussy's *Images* and Rachmaninoff's *Prelude in B Flat Major*.

Aug 3, 8pm; RMB 180-1,080. Nanshan Cultural and Sports Center, 62 Nantou Jie, by Nanshan Dadao, Nanshan District 南山区南山大道南头街62号 (247tickets.com)

## ● Mouse on the Keys Experimental



With a blend of minimally phrased piano and dynamic drumming, these world-class musicians out of Japan pursue a creative live experience of visual and audio expression. Formed in 2006 with elements of jazz, funk, post-rock and electronic music, Mouse on the Keys fits into a genre all their own.

Aug 29, 8:30pm; RMB120. B10 Live, Building C2, North Area, OCT-Loft, Xiangshan Dong Jie, Nanshan District 南山区香山东街华侨城创意文化园北区C2栋北侧 (b10live.cn)

## ● Ai Otsuka Piano



Since her 2003 breakthrough 'Sakuranbo,' which stayed in the Top 200 Oricon Weekly Singles Chart for almost two years, Ai has captured the hearts of fans. In last year's *Love Honey*, her eighth studio album, Ai continues her run under her musical guise of Love-chan the Rabbit.

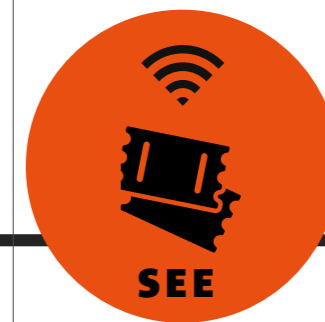
Aug 17, 8pm; RMB580-880. Nanshan Cultural and Sports Center, 62 Nantou Jie, by Nanshan Dadao, Nanshan District 南山区南山大道南头街62号 (damai.cn)

## ● The Walachowski Sisters: A Midsummer Night's Dream Piano



For almost two decades, this Polish piano duo has inspired audiences at major concert venues around the world. Now the sisters bring their singular synchronicity to Shenzhen, performing Mendelssohn's *Midsummer Night's Dream* along with classics from Mozart and Dvorak. Don't miss the performance and wonder of these seasoned professionals, sharing one piano as only sisters can.

Aug 22, 7:30pm; RMB80-300. Nanshan Cultural and Sports Center, 62 Nantou Jie, by Nanshan Dadao, Nanshan District 南山区南山大道南头街62号 (247tickets.com)



# Pulse

## ● Trophée des Champions All-Star Football



This is now truly the tournament of champions, with the unmatched speed and skill these World Cup victors on display as Paris Saint-Germain goes head-to-head with Monaco. If you only got to experience France's glory through a screen, this is your chance to see the action from the dream team of Cavani, Neymar, Mbappé and more.

Aug 4, 8pm; RMB399-1,299. Shenzhen Universiade Sports Center, 3001 Longxiang Dadao, Longgang District 龙岗区龙翔大道3001

## ● Turkish Night Music and Dancing

Experience 'Turkish Night' at Terrace on Thursday, August 30. Decorations and little touches will trick your eyes into thinking you're on a trip to Turkey, with your ears treated to Turkish-style music from the award-winning band TAS and DJ Ben. And what kind of Turkish event would it be without traditional belly dancing? At The Terrace it'll be all Turkish, all night. Aug 30; free entry. The Terrace Restaurant & Bar, No. 201, Sea World Square, 32 Taizi Lu, Shekou, Nanshan District 南山区蛇口太子路32号海上世界广场商辅201 (2682 9105)





# Pulse

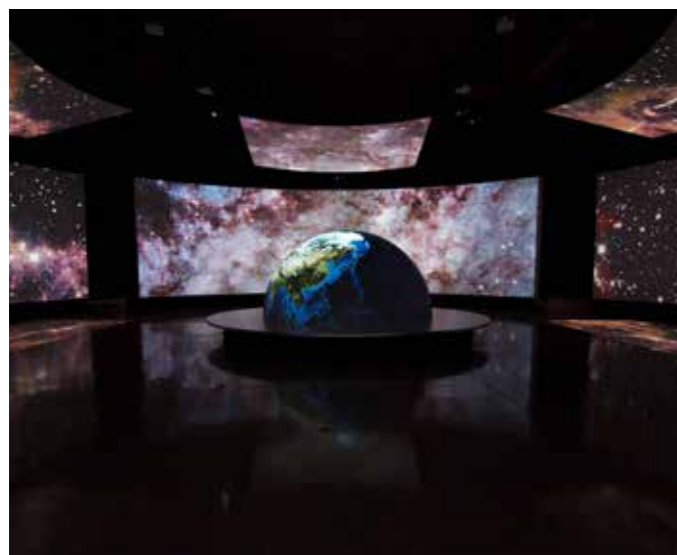


## ● Samajam Interactive Music



Let your little one's musical mania shine in this "200% participatory show" that sees tambourines, drum sticks and musical tubes in the hands of every little audience member. It's high-energy fun from Quebec's premier performers of participatory musical experiences, ready to educate and entertain kids of all ages. Aug 5, 2pm and 4:30pm; RMB 180-260. Shenzhen Poly Theatre, Baoli Culture Square, Haibin Lu, Houhai, Nanshan District 深圳市福田区后海滨路保利文化广场保利剧院 (247tickets.com)

## ● Neighborhood Earth Interactive Exhibit



Zoom through the solar system alongside spacecraft and robots to explore our celestial neighborhood. The 30-minute cinematic tour gives visitors a 360-degree look at the solar system, with accompanying space artifacts, sound effects and interactive exhibits for a fun-filled exploration of our corner of the galaxy. Ongoing, 10:30am-9:30pm; RMB88 weekday 128 weekend. UpperHills, 5001 Huanggang Lu, Futian District 福田区皇岗路5001号 (247tickets.com)

## ● Saturday Night Live Party



Launching new songs from house band TAS, The Terrace wants to light up your Saturday nights. Every week it's a party, with a dress code promoted most Saturdays – dress up and you'll receive a 'cool people' card worth RMB50. Check WeChat (ID 'Terracesz') for the latest. The music won't stop till three in the morning, so get your dance shoes on and bring your Saturday night to life. Saturdays, 10pm; free entry. The Terrace Restaurant & Bar, No. 201, Sea World Square, 32 Taizi Lu, Shekou, Nanshan District南山区蛇口太子路32号海上世界广场商辅201 (2682 9105)

## ● Newcomer Event Welcome



This is THE event to attend for all Shenzhen newbies. Join Vista-SK for their third annual event just for the newcomers, introducing you to all the info you need for a happy and healthy life in Shenzhen. Get all your questions answered by their friendly professional staff and find the services and support you need for your new life here. Getting started can be a challenge; let Vista-SK help. Sep 8, 10am-12pm; free. Vista-SK International Medical Center, 4/F, Bldg 4C, Shenzhen Software Industry Base, Xuefu Lu, Nanshan District 南山区学府路软件产业基地4栋C座裙楼4层 (3689 9688)

## ● Morton's 40th Anniversary Special



In honor of the brand's 40th anniversary, Morton's Grille offers a three-course summer menu through the end of August. Select your favorite refreshing appetizer, chef-recommended main course and one of Morton's classic desserts. Offerings vary from lunch to dinner, but both menus include the classic salads as a prelude to the mouth-watering dishes to come. Through Aug 31, Sun-Thu 11:30am-10pm, Fri-Sat 11:30am-11pm; RMB98 for lunch, RMB338 for dinner, plus a 10 percent service charge. Morton's Grille, N901 PAF Mall, Ping An Finance Center, 5033 Yitian Road, Futian District 深圳市福田区益田路5033号平安金融中心N901 (8326 8333)

## ● Tomahawk Steak Competition Contest

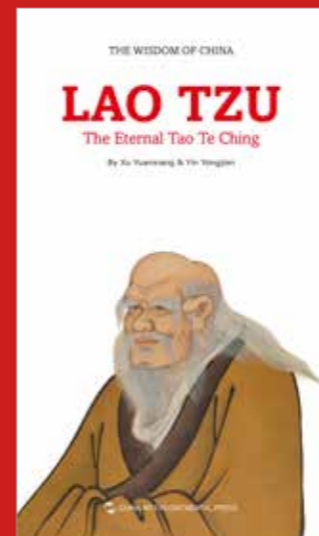


The concept is simple: Every evening all are welcome to join the competition, with thirty minutes to eat as much steak as possible. Whoever eats the most will enjoy a complimentary buffet dinner, stocked with favorites like New Zealand oysters, snow crab legs, monkey shrimp, tiger crabs, hand-crafted sushi, New Zealand lamb chops and much, much more. Whether your taste runs to Western or Chinese cuisine, there's something to love at the Grand Kitchen's grand buffet. Through Aug 15, 6-9:30pm; buffet including one glass of wine RMB268 Mon-Thu, RMB318 Fri-Sun, plus 16-percent service charge and VAT. Grand Kitchen, 3/F, Wyndham Hotel, 2009 Caitian Lu, Futian District福田区彩田路2009号温德姆至尊豪廷酒店3楼 (8299 8888 ext.8560)

## THE WISDOM OF CHINA

### The Stories of Confucius, Lao Tzu and Mencius

For thousands of years, the teachings of great philosophers like Confucius, Lao Tzu and Mencius have had an immense impact on the traditional Chinese values, culture, religion and literature. In this three-part series titled *The Wisdom of China*, writer Xu Yuanxiang dives into the lives and the works of these legendary historical figures.



110mm×185mm  
168 pages, RMB53  
English  
Paperback, 100g  
ISBN 978-7-5085-2769-7

### Lao Tzu: The Eternal Tao Te Ching

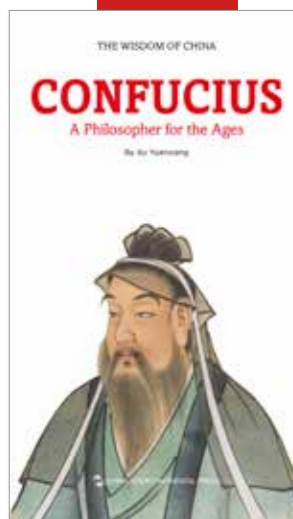
By Xu Yuanxiang and Yin Yongjian

In any Taoist temple throughout the country, it is common to see a statue of Lao Tzu with his with grey hair, long beard and droopy ears that extend down to his shoulders. The founder of Taoism is perhaps most famous for his seminal work, *Tao Te Ching*. The literal translation of the Chinese character 'Tao' is 'a road or path that people walk upon,' but for Lao Tzu himself, 'Tao' has a much deeper meaning, and this book aims to enlighten readers on a Chinese classic text that has inspired generations of poets, artists, writers and businessmen.

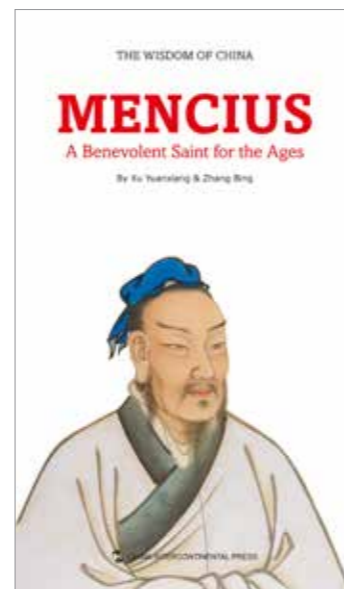
### Confucius: A Philosopher for the Ages

By Xu Yuanxiang

Is Confucius a sage or just an ordinary person? Where did Confucianism begin? How do his teachings apply to modern China? What is its influence on the world today? This book will try to provide answers to these questions.



110mm×185mm  
168 pages, RMB53  
English  
Paperback, 100g  
ISBN 978-7-5085-2770-3



### Mencius: A Benevolent Saint for the Ages

By Xu Yuanxiang and Zhang Bing

Mencius and Confucius are known as two of the greatest philosophers in Chinese history. Two thousand years after his passing, Mencius's teachings and ideas continue to have a lasting influence on the Chinese people. Even today, people can be regularly heard to quote the sayings of this man. This book will examine the main philosophical concepts of Mencius and how they impacts today's society.

110mm×185mm  
168 pages, RMB53  
English  
Paperback, 100g  
ISBN 978-7-5085-2768-0

AUG 15  
WED



**Radwimps Asia Live Tour**, 8pm; HKD780-980. Star Hall, Kowloonbay International Trade & Exhibition Centre (hkticketing.com)  
These genre-hopping rock darlings were building steam since their 2003 debut, but after composing the soundtrack to *Your Name* the band became a household name in Japan. The 2016 body-swapping anime captivated the country, with the Radwimps' score helping it become the second-best-selling ever. Hear the band as they take their blend of emo/post-punk/funk rock on the road.

AUG 17-26  
FRI-SUN



**ALICE (in Wonderland)**, 2.30pm and 7.30pm; HKD280-780. Hong Kong Cultural Centre and Yuen Long Theatre (hkballet.com)  
The Hong Kong Ballet bursts into summer with a spectacular reimagining of Lewis Carroll's classic. With a thrilling score from the City Chamber Orchestra of Hong Kong, explosively creative choreography from Septime Webre and costumes to match, this extravagant new Alice expands the fantasy to something truly marvelous.

AUG 22  
WED



**Why Don't We: The Invitation Tour**, 8pm; HKD490. Music Zone @ E-max, (livenation.hk)

The boy-est of America's new boy bands visits Hong Kong as part of their first world tour, touting hits like 'Trust Fund Baby' and 'Why Don't We.' They've swept YouTube with their combo of infectious beats, autotuned hooks and aw-shucks dimples. Now it's time to see if they can deliver IRL.

AUG 25-26  
SAT-SUN



**Mozart's The Magic Flute**, 7.30pm; HKD100-380. Hong Kong City Hall, Concert Hall (operahongkong.org)  
Get lost again in the fairy-tale love between Prince Tamino and Pamina, star-crossed by the machinations of her mother the Queen of the Night. Her brilliant aria bursts to life with all its famous force and magic, all the more pronounced in this simple, semi-staged presentation.

THROUGH AUG 18  
FRI-SUN



**Witness For The Prosecution**, 8pm and 3pm Sunday matinee; HKD280-780. The Hong Kong Academy for Performing Arts (hkticketing.com)  
Three of Hong Kong's most famous actors – Carina Lau, Paul Chun and Tse Kwan Ho – star in one of Agatha Christie's most suspenseful mysteries. When a wealthy older woman is killed, suspicion turns to the married man set to inherit her fortune. But as his wife agrees to testify against him, hoping to save him with her perjury, the secrets begin to unravel, leaving the courtroom stunned. Note: this performance is entirely in Cantonese.

HK

AUG 24  
FRI



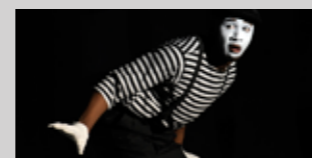
**Feast of Hungry Ghosts**, all day; free. Throughout Macau.  
Celebrated across Central Asia, the Feast of Hungry Ghosts takes place during the seventh month of every Lunar New Year. Buddhist and Taoist legend states that during this time, late ancestors and forgotten spirits briefly return to Earth from the afterlife to visit their living relatives – and they are hungry. It is tradition for families to prepare large meals and provide clothing for their lost loved ones to bring back to the realm beyond. You will also see incense being burned all over the city, along with small paper objects, to appease the souls of the dead and bless them in their journey onward.

AUG 4-5, 11-26  
DAILY



**World Animation Festival**, various screening times; screenings: MOP60, workshops: MOP200. Cinematheque-Passion (cinematheque-passion.mo)  
For over two weeks, the World Animation Festival will be showing 14 incredible animations in Macau, as well as offering two-hour workshops where visitors can learn how to create a basic animation. The festival is divided into four categories: the Bright Series, Dark Series, China's Hit Series and Director-in-Focus – where the four most famous films by the late animation master Satoshi Kon will be screened for audiences. Among the other films are a number of award-nominated and award-winning productions, including the latest hit film by Wes Anderson – *Isle of Dogs*.

AUG 23-26  
THU-SUN



**Macau International Mime Festival 2018**, times vary; MOP120 per show, two shows for MOP192 (20 percent off), all four shows for MOP336 (30 percent off). CANU Theatre, Old Court Building 2nd Floor (macauticket.com)

When you think of mimes, your mind may conjure the image of the white-faced man trapped in an imaginary box, but the genre of performance art is far broader than that caricature suggests. The inaugural 2018 festival aims to highlight the wide range of artistic expressions that miming encompasses, with four unique performances by artists from England, France, Brazil, Japan and Macau showcasing magic, pantomime, clowns and marionettes. There will also be two workshops for miming and card magic, a movie session and a weeklong master class from world famous clown master Philippe Gaulier.

AUG 16-19  
THU-SUN



**Theatresports 2018**, 7.45pm; MOP100. Macau Cultural Centre (macauticket.com)

The theatresports concept began in Alberta in 1977, and has since ballooned into a worldwide theatrical genre. The show involves two competing teams going head-to-head in an improvisational comedy battle. Each side takes turns acting out skits based on suggestions from the audience, and in the end a winner is decided. Theatresports shows are sure to be full of laughs – there's a reason they've become internationally popular – and, due to their improvisational nature, each show is guaranteed to be different from the last!

MO

# HOTEL NEWS



## LAVENNA RESORT JUDIAOSHA SHENZHEN

Pack your weekend bag for a short trip to Dapeng peninsula's east coast, where a beautiful seaside holiday at Judiaosha awaits. Stunning ocean views open up to recreation like water skiing and canoeing, or cruising along in sailboats, yachts, motorboats and more. Kids can enjoy activities like kite painting and crafts, while parents enjoy the diversions of the onsite bar and grill. Treat yourself to a beach vacation at one of our region's beautiful new resorts.



## HARD ROCK HOTEL

The eighth White Collar Fight Night rocked Mission Hills on July 7, 2018, dominating the third floor of Shenzhen's Hard Rock Hotel. The night saw contenders – all office workers who trained for months in preparation – challenge themselves with bouts in the boxing ring. Not only was the event cathartic for the boxers and entertaining for the fans, but together with a charity auction it raised funds for One Foundation, which helps special-needs children in China.

## HILTON SHENZHEN FUTIAN

Fredrik Johansson is making the shift from DoubleTree Longhua to General Manager of the brand's Futian property, where his two decades of hospitality experience will carry forward those high standards. John Burger, Area General Manager for Greater Shenzhen Area, notes that "Fredrik's experience in the hospitality sector and, in particular his knowledge of the Asian market, will ensure that our discerning guests continue to have a unique experience at the Hilton Shenzhen Futian. Under his guidance, we are confident that the hotel will continue to cement its position as one of top luxury hotels in Shenzhen."



## SHANGRI-LA HOTEL, SHENZHEN

Share a gift that showcases the grand designs of Shangri-La with 10 moon cake packages and three hampers on offer from the cherished brand. Choose from traditional flavors like white lotus bean paste and mixed nut paste, or more novel selections like crispy Longjing tea paste and mango and egg yolk paste in Momoyama skin. This year's snow skin durian moon cake impresses with quality ingredients for its authentic, addictive Musang king durian paste. Save 30 percent by ordering before August 31, with free delivery within Shenzhen for all orders of RMB6,000 or more.



# LISTINGS



**Scan for complete listings**  
Want to see all restaurants, hotels and more in Shenzhen? Check out [www.thatsmags.com](http://www.thatsmags.com) or follow our official WeChat account by scanning the QR code.

## OPEN DOOR



## THE TERRACE

### Nets Grilled Salmon with Panaeng Curry

Experience a different side of Thai cuisine with this winner from The Terrace. Coconut milk and Panaeng curry play against tender, crisp-grilled salmon for a dish you won't want to put down. Together with an array of veggies, it's a refreshing change from the standard options you'll see on other menus. Visit soon to sample this savory surprise.

The Terrace Restaurant & Bar, No. 201, Sea World Square, 32 Taizi Lu, Shekou, Nanshan District 南山区蛇口太子路32号海上世界广场南铺201 (2682 9105)

## FOOD & DRINK AMERICAN

**Element Fresh** 1) 1/F, Zone B, Sea World, Shekou, Nanshan District (2681 4848) 2) L2-77A, Wongtee Plaza, 118 Fuhua San Lu, Futian District (8323 7249) 1) 南山区海上世界广场B区B130-210号 2) 福田区福华三路118号皇庭国际商购物广场L2-77A号

**Baia Burger Concept** 1C-077-078A, 1/F, Shopping Park, Fuhua San Lu, Futian District (8290 6696) 福田区福华三路购物公园1楼078A

**Morton's Grille** N901, 9/F, PAFC Mall, Ping An Finance Center, 5033 Yitian Lu, Futian District (8326 8333) 福田区益田路5033号平安金融中心9楼N901

**Hard Rock Cafe Shenzhen** 9 Mission Hills Blvd, Longhua New District (3295 2888) 龙华新区观澜高尔夫大道9号www.hardrockhotels.com/shenzhen

**Blue Frog Shop** 28, 2/F, Wongtee Plaza, 118 Fuhua San Lu, Futian District (8255 3646) 福田区福华三路118号皇庭国际商购物广场2层28铺

## CHINESE

### CANTONESE

**Hoi Fan** 1) North gate L/F, Yijing Central Walk Shopping Mall, 3 Fuhua Yi Lu, Futian District (8322 6165) 2) Rm 16 3/F, Raffles City, 2163 Nanhai Dadao, Nanshan District (2640 8664) 1) 福田区福华一路3号新怡景商业中心L层北大门2) 南海大道2163号来福士广场3层16号

**Diandoude Dim Sum** 4/F, Greater China IFC, Shennan Dadao and Caitian Lu Interchange, Futian District (8321 9215) 福田区深南大道和彩田路交汇处大中华IFC四楼

**Jade Garden** 22.31 L2/F, Yitian Holiday Plaza, 9028 Shennan Dadao, Nanshan District (8860 6228) 南山区深南大道9028号益田假日广场L2楼22-31号

## SICHUAN

**Rong Yue** 1) 468 4/F, MIXC, 1881, Bao'an Nan Lu, Luohu District (2221 6888) 2) L3/F, Yitian Holiday Plaza, 9028 Shennan Dadao, Nanshan District (8665 6877) 1) 罗湖区宝安南路1881号华润万象城一期4层468号2) 南山区深南大道9028号益田假日广场3层

**Lan Ting** 23/F, Hilton Shenzhen Futian, Tower B, Great China IFC, 1003 Shennan Lu, Futian District (2130 8888) 福田区深南大道1003号大中华国际金融中心B座大深圳中华希尔顿酒店23楼

## SHANGHAISE

**Crystal Jade La Mian Xiao Long Bao** B1/F, KK MALL, 5016 Shennan Dong Lu, Futian District (2265 9183) 福田区深南东路5016号KK MALL京基百纳空间B1层

**Din Tai Fung** 3/F, MixC, 1881, Bao'an Nan Lu, Luohu District (2598 2779) 罗湖区宝安南路1881号华润万象城一期3层

**Shanghai Min** A-1F, OCT Bay, 13 Baishi Dong Lu, Nanshan District (4008209777) 南山区白石路13号欢乐海岸水湾A-1F

## ITALIAN

**PAPI Italian Restaurant** N702, 7/F, Ping An Finance Center, 5033 Yitian Lu, Futian District (8326 6833) 福田区益田路5033号平安金融中心7楼N702号

**Artisans** 1/F, Block A, Poly Cultural Center, Houhaibin Lu, by Haide San Dao (8628 7109) 南山区保利文化广场A区40号店铺

**Blue Italian Seafood & Grill Restaurant** 3/F, The Venice Raytour Hotel Shenzhen, 9026 Shennan Dadao, Futian District (2693 6888) 南山区深南大道9026号深圳威尼斯香途酒店3楼意大利餐厅

**Baia Restaurant Bar Grill** B301, Bldg B, Zone B, Sea World Square, Shekou, Nanshan District (2681 8836) 南山区蛇口海上世界广场B区3楼B301

**La Terrazza** 1/F, Grand Hyatt Shenzhen, 1881 Bao'an Nan Lu, by Jiabing Lu (2218 7338) 罗湖区宝安南路1881号深圳君悦酒店

**Paletto** 2/F, The Ritz-Carlton, 116 Fuhua San Lu, Futian District (2222 2222) 福田区福华三路116号深圳星河丽思卡尔顿酒店二层

**Oggi Trattoria Pizzeria** 3-14 Golden Century Lu, Phase 3, Coastal Rose Garden, Shekou, Nanshan District (2689 0118) 南山区蛇口金世纪路南海玫瑰花园三期金世纪路3-14号

## PIZZA

**Pizza Express** Shop 568, 5/F, The MixC, 1881 Bao'an Nan Lu, Luohu District (2215 9036) 罗湖区宝安南路1881号万象城5楼568号商铺

**Kiwi Pizza** 1) Shop B14, COCO Park, by Fuhua Lu (8329 2299) 2) 8 Outlets Minkang Lu, by Huanan Lu 3) B1, 138 Mintian Lu, by Fuhua Yi Lu 1) 福田区购物公园B14楼地铁商业街B14铺 2) 龙华新区奥特莱斯8号仓店 3) 福田区民田路138号购物公园B1楼

**Pizza Express** Shop 568, 5/F, The MixC, 1881 Bao'an Nan Lu, Luohu District (2215 9036) 罗湖区宝安南路1881号万象城5楼568号商铺

**Kiwi Pizza** 1) Shop B14, COCO Park, by Fuhua Lu (8329 2299) 2) 8 Outlets Minkang Lu, by Huanan Lu 3) B1, 138 Mintian Lu, by Fuhua Yi Lu 1) 福田区购物公园B1楼地铁商业街B14铺 2) 龙华新区奥特莱斯8号仓店 3) 福田区民田路138号购物公园B1楼

**NYPD New York Pizza Delivery** 1) Shop 26, Haichangjie, 1 Gongyuan Nan Lu (8887 6973) 2) 3 Fuhua Yi Lu, by Zhongxin Si Lu (8887 6973) 1) 南山区公园南路1号海尚国际26号铺 2) 福田区福华一路中心城FL1015商铺

## FRENCH

**Belle-Vue Grill** 37/F, Grand Hyatt Shenzhen, 1881 Bao'an Nan Lu, Luohu District (2218 7338) 罗湖区宝安南路1881号君悦酒店37楼

**L'etoile Building** A 302-303, Ecological PLAZA, OCT, Nanshan District (8166 8111) 南山区华侨城生态广场A栋302-303

**La Maison** Shop 108, Nanhai Rose Garden, 91 Wanghai Lu, Nanshan District (2685 7030) 南山区望海路91号南海玫瑰花园108号

**Taste Moment Restaurant** 1st floor, Bldg 1, Block A, 1979 Cultural and Creative Park, 1011 Qiaoxiang Lu, Futian District (8255 6173) 福田区侨香路1011号1979文化生活新领地A区1栋1层

## GERMAN

**Haxnbauer** 1) L1C-055B, 1/F, Coco Park, Fuhua San Lu, Futian District (8359 2080) 2) L1-15, Raffles City, 2163 Nanhai Ave, Nanshan District (8652 6580) 1) 福田区福华三路星河Coco Park一楼1C-055B 2) 南山区南海大道2163号福士广场L1-15

**Paulaner Brauhaus** 1) C-005, Huanchuan Square, Sea World, Shekou, Nanshan District (2668 7230) 2) 8/F, Shop 801, PAFC Mall, Ping'an Finance Centre, 5033 Yitian

Lu, Futian District (8253 5187) 1) 南山区蛇口海上世界环船广场C-005 2) 福田区益田路5033号平安金融中心8楼801

## SPANISH

**El Toro Spanish Restaurant and Bar** Rm 122/123, East Block, Coastal Building, Haide San Dao, Nanshan District (133-0231 2550) 南山区海德三道海岸大厦东座一楼122-123铺

**Ling Spanish Kitchen** 1011 Qiao Xiang Dong Lu, 1979 Cultural Park, Nanshan District (8322 7522) 南山区侨香东路1011号1979文化新天地B区1层

## MEXICAN

**Teqo** FL1018, Yijing Central Walk Shopping Mall, 3 Fuhua Yi Lu, Futian District (18928448542) 福田区福华一路3号怡景中心城FL1018号铺

**Orale** No. 1026, Zhonghang Beiyan V Shangjie, Zhenhua Lu, Huaqiangbei, Futian District (2396 4990) 福田区华强北路中航北苑V尚街1026号铺

**Tacos** 3118#, Sea World Square, 32 Taizi Lu, Shekou, Nanshan District (2161 1006) 南山区蛇口太子路32号海上世界广场A3118店铺

**Latina** No. 1128, Sea World, Wanghai Lu, by Nanhai Dadao (2667 7679) 南山区蛇口望海路1128号海上世界广场C区

## INDIAN

**Bombay Indian Restaurant & Bar** Shops 20-24, Sea World, Nanshan District (2667 6049) 南山区海上世界南铺20-24号

**Saffron Indian Restaurant and Bar** Floor B1, Jinhu Hotel, 1005 Wenjin Lu, Luohu District (8219 1115) 罗湖区文锦中路1005号锦湖宾馆地下一层

**Indian Cottage** Shop 48-49, 2/F, Area A, Poly Cultural Centre, Wenxin Wu Lu, Nanshan District (8628 7265) 南山区文心五路保利文化广场A区2楼48-49号商铺

**Little Papa Indian Restaurant** #116, Building 6, Nanhai E-Cool, Taizi Lu, Shekou, Nanshan District (2686 0020) 南山区蛇口太子路南海逸康6栋116号

## JAPANESE

**BOA** 3/F, West side of International Bar Street, Sea World, Shekou, Nanshan District (130 4894 9034) 南山区蛇口海上世界国际酒吧街西座3楼

**Tang Ben Jia** #FL1011, L/F, Yijing Central Walk Shopping Mall, 3 Fuhua Yi Lu, Futian District (8280 1086) 福田区福华一路3号怡景中心城广场L楼FL1011号

**Bincho Ya** L120-121, Bldg 2, Times Square Excellence, Fuhua Lu, Futian District (8278 2760) 福田区福华路卓越时代广场二期L120-L121店

**Komachi** B-132, North Side, Shopping Park, Futian District (8290 5806) 福田区购物公园北园B区132号

**Kyoku Japanese Cuisine** B-17 Qushui Bay, OCT Bay, 50 Baishi Lu East, Nanshan District (8654 1122) 南山区白石路东50号欢乐海岸水湾B-17

**Nishimura** 1/F, Macro Polo Hotel, Fuhua Yi Lu, by Mintian Lu (3339 7709) 福田中心区福华一路与哥李罗好日子酒店1楼

**Kanpai Classic** 9/F, PAFC Mall, Ping An Finance Center, 5033 Yitian Road, Futian District (6182 2987) 福田区福华三路平安金融中心9楼

## KOREAN

**Minikor Kitchen** L01-B01, Coco Park, 269 Fuhua San Lu, by Mintian Lu, Futian District (8606 9266) 福田区民田路福华三路269号星河Coco Park L1-B0

**Borga Korean Cuisine** A-11A, Qushui Wan, OCT Bay, 42 Baishi Lu East, Nanshan District (8654 1158) 南山区白石路东42号欢乐海岸水湾A-11A

## VIETNAMESE

**Lian Shop** 562, 5/F, The MIXC Shenzhen, Luohu District (8266 6366) 罗湖区万象城商场5楼562铺

**Muine** 1) L2-203, Coco Park, Fuhua San Lu, Futian District (8271 2527) 2) B139 and B139-2, B1/F, Jiufang Shopping Mall, Shennan Zhong Lu, Futian District (2681 7828) 3) No. 219, 2/F, Shekou Garden City Center, Nanshan District (2681 7828) 4) B2-017A, King Glory Plaza, Luohu District (2220 3052) 5) RL1094B, Yijing Central Walk Shopping Mall, 3 Fuhua Yi Lu, Futian District (8273 2993) 6) G-025B, OCT Bay Shopping mall, 13 Baishi Dong Lu, Nanshan District 1) 福田区福华三路COCO Park L2-203 2) 福田区深南中路华强北九方购物中心B1层B139 & B139-2 3) 南山区南海大道1086号花园城中心第2楼219号铺 4) 罗湖区人民南路金光华广场B2层B2-017A号 5) 福田区福华三路中心城广场B2层RL1094B号 6) 南山区滨海大道2008号欢乐海岸购物中心G-025B

**Mon Saigon** Block B, 1979 Cultural and Creative Park, by Qiaoxiang Lu, Futian District (8270 3282) 福田区侨香路1979文化生活新领地B区

**Pho Nam** Shop B26C, Link City Passage, by Fuhua Lu (8255 7048) 福田区连城新天地B26C商铺

## THAI

**The Terrace Restaurant & Bar** #201, Sea World Square, 32 Taizi Lu, Shekou, Nanshan District (2682 9105) 南山区蛇口太子路32号海上世界广场南铺201

**Very Siam** 1/F, A3 Bldg, Xiangshan Dong Jie, OCT-Loft, Nanshan District (8623 3225) 南山区OCT创意园香山东街A3栋1楼

**Yes Thai** 1) 4/F, KK Shopping Mall, KK Financial Centre, 5016 Shennan Dong Lu, by Hongbao Lu (2290 0333) 2) 5/F, Costal City, 33 Wenxin Wu Lu, by Haide Yi Dao (8635 9989) 1) 罗湖区深南东路5016号京基百纳空间购物中心4楼 2) 南山区文心五路33号海岸城购物中心五楼

**La Maison D'Elephant** 8/F, PAFC Mall, Ping An Finance Center, 5033 Yitian Lu, Futian District (8831 9918) 福田区益田路5033号平安金融中心8楼

## BUFFETS

**Café Zen** 1/F, Futian Shangri-la Shenzhen, 4088 Yitian Lu, Futian District (2151 3825) 福田区益田路4088号深圳福田香格里拉大酒店1层

**The Show Kitchen** 32/F, Grand Hyatt Shenzhen, 1881 Baoan Nan Lu, Luohu District (2218 7338) 罗湖区宝安南路1881号深圳君悦酒店32层

**Silk** 2/F, The Langham, Shenzhen, 7888 Shennan Dadao, Futian District (8828 9888 ext. 8921) 深圳东海朗廷酒店2层秀、自助餐

**Market Café** 2/F, Hyatt Regency Shenzhen Airport, Shenzhen Baoan International Airport, Bo'an District (2345 1234) 宝安区深圳宝安国际机场深圳机场凯悦酒店2层

**Café Marco** 1/F, Marco Polo Shenzhen, 28 Fuhua Yi Lu, Futian District (3322 7777) 福田区福华一路28号深圳马可波罗好日子酒店1层

LISTINGS

## OPEN DOOR



## TEQO

### Takes a Taco Tour

Sample the delicious regional cuisines of Mexico, playfully inspired by their Pacific neighbors. Whether it's house-made corn masa tortillas naturally colored with vegetables or Al Pastor pork from their vertical oven, they excel at the classics. But Teqo also embraces modern favorites like Baja-style fish tacos and Hawaiian-style poke tacos made with sushi-grade tuna in crunchy seaweed-spiced taco shells. Expand your idea of Mexican cuisine with this great new modern taqueria.

Teqo, FL1018, Yijing Central Walk Shopping Mall, 3 Fuhua Yi Lu, Futian District 福华路怡景中心城北大门停车场出口FL1018 (189-2844 8542)



## PAULANER BRAUHAUS

### Serves Up Superior Sausages

Enjoy exquisite Munich cuisine, fresh beer, warm and friendly service and a comfortable environment at Paulaner Brauhaus. Your culinary tour will take you to Bavaria for grilled pork knuckle, Vienna for smoky little sausages and the dense forests of Thuringia for their unique, vanilla-flavored sausages with herbs from Turin. Stop by any weekend to sample a platter of these savory, succulent German treats with friends.

Paulaner Brauhaus, 8/F, Shop 801, PAFC Mall, Ping An Finance Centre, 5033 Yitian Lu, Futian District 福田区益田路5033号平安金融中心N801 (8253 5187)

## OPEN DOOR



## MORTON'S GRILLE

### Boasts Ribeye Steak Lunch Sets

You can't miss with a perfectly cooked steak at Morton's! At Morton's Grille, you will be able to enjoy a lunch set menu with a choice of salad or soup and their all-time favorite ribeye steak (280 grams) for only RMB358 every weekday. The ribeye contains incredible marbling and intense beef flavor, seasoned with Morton's secret salt, grilled to perfection and served *au jus*. Make your lunch memorable at Morton's.

Morton's Grille, N901 PAFC Mall, Ping An Finance Center, 5033 Yitian Lu, Futian District 深圳市福田区益田路5033号平安金融中心N901 (8326 8333)



## PAPI

### Brings Italian Cuisine to Futian

Classic Italian dishes – even the quintessential pizza – arrive in the heart of Shenzhen with Papi. Located on the seventh floor of the PAFC mall, the new Italian restaurant offers traditional and modern takes on the edible classics. The open kitchen lets you glimpse the chefs working their magic on the finest ingredients, with all the warm aromas and hospitality you'd find back in Italy.

PAPI Italian Restaurant, N702, 7/F, Ping An Finance Center, 5033 Yitian Road, Futian District 益田路5033号平安金融中心7楼N702号 (8326 6833)

## LISTINGS

### NIGHTLIFE



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**Club Viva** No. 140, Fuhua Lu, Coco Park, Futian District 福田区福华路城建购物公园140号

**Dazzle Club** 3/F, Central Commercial Building, No.88 Fuhua 1st Road, Futian District (2348 1542) 福田区民田路中心商务大厦3楼

**McCawley's Irish Bar** 1) Shop 151-152, Coco Park, Futian District (2531 3599) 2) Shop 118, Sea World, Shekou, Nanshan District (2668 4496) 1) 福田区购物公园151-152 2) 南山区蛇口海上世界广场118号

**Pepper Club** 2/F, Shopping Park, Fuhua Lu, Futian District (8319 9040) 福田区福华路购物公园2楼

**The Terrace** Above Starbucks, Sea World Plaza, Shekou, Nanshan District (2682 9105) 南山区蛇口海上世界广场2楼星巴克楼上

### EDUCATION

**American International School**, No. 82, Gongyuan Lu, Shekou, Nanshan District (8619 4750) 南山区蛇口公园路82号青少年活动中心

**Green Oasis School** No.4030, Shennan Middle Road, Tianmian, Futian District. (8399 6712) [admission@greenoasis.org.cn](mailto:admission@greenoasis.org.cn) [www.greenoasis.org.cn](http://www.greenoasis.org.cn) 福田区田面村深南中路4030号

**International School of Nanshan Shenzhen** A Canadian school accepting application for Pre-Grade 1 through Grade 12. 11 Longyuan Lu, Taiyuan Sub-District, Nanshan District (2666 1000, 2606 6968). [admission@isnsz.com](mailto:admission@isnsz.com) [www.isnsz.com](http://www.isnsz.com) 南山区龙源路11号

**Merchiston International School, Shenzhen** No. 12 Shilongzai Road, Daliang Sub-District, Longhua District, (400 867 0177) [admissions@merchiston.cn](mailto:admissions@merchiston.cn), [www.merchiston.cn](http://www.merchiston.cn) 龙华区大浪街道新社区石龙行路12号

**Peninsula Montessori Kindergarten** the Peninsula one, Jin Shiji Lu, Shekou Nanshan District ( 2685 1266) 半岛城邦国际幼儿园 南山区蛇口东角头金世纪路1号半岛城邦一期

**Quality Schools International** 2/F Bitao Center, 8 Taizi Lu, Shekou, Nanshan District (2667 6031). [www.shk.qsi.org](http://www.shk.qsi.org) 南山区蛇口太子路8号碧涛中心2楼

**QSI International School of Shenzhen** (Futian) A1, TCL Science Park, No. 1001 Zhongshan Yuan, Nanshan District (8371 7108) 南山区中山园路1001号TCL 科学园A1栋

**Shekou International School** Jingshan Villas, Gongye Er Lu, Shekou, Nanshan District (2669 3669). [www.sis.org.cn](http://www.sis.org.cn) 南山区蛇口工业二路锦山别墅内

**Shen Wai International School** 29 Baishi San Lu, Nanshan (8654 1200, [www.swis.cn](http://www.swis.cn)) 深圳外国语学校国际部 南山区白石三道 29号

### HOTEL

**Futian Shangri-La Hotel Shenzhen** No.4088 Yitian Lu, Futian District (8828 4088). 福田香格里拉大酒店 福田区益田路 4088 号

**Four Seasons Hotel Shenzhen** 138 Fuhua San Lu, Futian District (8826 8888) 福田区福华三路 138 号

**Grand Hyatt Shenzhen** No.1881 Baoan Nan Lu, Luohu District (8266 1234) [www.shenzhen.grand.hyatt.com](http://www.shenzhen.grand.hyatt.com) 罗湖区宝安南路1881号

**Hardrock Hotel Shenzhen** Hard Rock Cafe Shenzhen, No.9 Misson Hills Road, Shenzhen, 0755-3395 2888 深圳硬石酒店 观澜高尔夫大道9号

**Hilton Shenzhen Shekou Nanhai** 1177, Wanghai Lu, Nanshan District 深圳蛇口希尔顿南海酒店 南山区望海路 1177 号 (2162 8888)

**Hilton Shenzhen Futian Town B**, Great China International Finance Centre, 1003 Shennan Dadao, Futian District (2130 8888) 福田区深南大道1003号大中华国际金融中心B座

**JW Marriott Shenzhen** No.6005 Shennan Dadao, Futian District. (2269 8888) 福田区深南大道 6005 号

**JW Marriott Shenzhen Bao'an** 8 Baoxing Lu, Baoan District (2323 8888) 深圳前海华侨城 JW 万豪酒店 宝安区宝兴路 8 号

**Marco Polo Shenzhen** Fuhua Yi Lu, CBD, Futian District (8298 9888). [www.cn.marcopolohotels.com](http://www.cn.marcopolohotels.com) 福田中心区福华一路

**Shangri-La Hotel** East of the Luohu Train Station, Jianshe Lu, Luohu District (8233 0888). [www.shangri-la.com](http://www.shangri-la.com) 罗湖区建设路火车站东侧

**Sheraton Dameisha Resort** 9 Yankui Lu, Dameisha, Yantian District (8888 6688) 盐田大梅沙盐葵路 (大梅沙段) 9号

**St. Regis Shenzhen** No.5016 Shennan Dong Lu, Luohu District (8308 8888) 深圳瑞吉酒店 罗湖区深南东路 5016 号

**The Langham, Shenzhen**, No. 7888, Shennan Dadao, Futian District (8828 9888). 深圳朗廷酒店 福田区深南大道 7888 号

**The Ritz-Carlton, Shenzhen** 116 Fuhua San Lu, Futian District (2222 2222) 福田区福华三路 116 号

**The Venice Rayout Hotel Shenzhen** No.9026, Shennan Dadao, Overseas Chinese Town, Nanshan District (2693 6888) 深圳威尼斯香途酒店 南山区华侨城深南大道 9026 号

**The Westin Shenzhen** 9028-2 Shennan Dadao, Nanshan District (2698 8888) [www.westin.com/shenzhen](http://www.westin.com/shenzhen) 南山区深南大道 9028号-2

**Hyatt Regency Shenzhen Airport**, Shenzhen Bao'an International Airport, Bao'an District (755-2345 1234)

**InterContinental Shenzhen**, No. 9009, Shennan Road, Nanshan District 深圳华侨城洲际大酒店, 南山区深南大道9009号 (3399 3388)

**The Courtyard by Marriott Shenzhen Bao'an**, No.46 Dongfang Road, Songgang, Bao'an District 宝安区松岗东方大道46号 (2986 9888, [www.courtyardshenzhenbaoan.com](http://www.courtyardshenzhenbaoan.com))

### HEALTH

**Vista-SK International Medical Center** Lvl 4, Bldg 4C, Shenzhen Software Industry Base, Xuefu Lu, Nanshan District (3689 9833) 南山区学府路软件产业基地4栋C座裙楼4层

**J&C Dental** 4FG, China Economic Trade Building, No.8, Zizu Qilu, Futian District (13418536301) 福田区紫竹七道8号中国经贸大厦4FG

**HarMoniCare Women & Children's Hospital** 12018 Shennan Dadao, by Nanshan Dadao (3339 1333) 深圳和美妇儿专科医院 南山区深南大道12018号

**C-MER (Shenzhen) Dennis Lam Eye Hospital** 1-2/F, Shengtang Bldg, 1 Tairan Ju

Lu, Chegongmiao, Futian District (4001 666 120, 3322 7188) 福田区车公庙泰然九路一号 益唐大厦1-2层

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### BUSINESS

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## LISTINGS

南山区后海大道与海德一道交汇外中洲控股金融中心A座7层; 5) 深圳新世界中心, 深圳市福田区益田路6009号新世界中心23层; 6) 深圳时代金融中心, 深圳市福田区深南大道4001号时代金融中心14层; 7) 深圳时代广场, 深圳市蛇口区太子路1号新时代广场3层; 8) 深圳彭年广场, 深圳市罗湖区嘉宾路2002号彭年广场

**China-Italy Chamber of Commerce** Rm220, 2/F, International Chamber Of Commerce, Fuhua San Lu, Futian District (Tel: 8632 9518; fax: 8632 9528). [www.cameraitacina.com](http://www.cameraitacina.com) 福田区福华三路国际商会中心2楼 220室

**European Union Chamber of Commerce** Rm 308, 3/F Overseas Chinese Scholars Venture Building, southern section of High-Tech Industrial Park, Nanshan District (Tel: 8635 0920; fax: 8632 9785). 南山高新科技园南区留学生创业大厦3楼 308室

**French Chamber of Commerce in South China (CCIFC)** Room 318, 3/F Chinese Overseas Scholars Venture Building, South section of Hi-tech Industry Park, Nanshan District (Tel: 8632 9602; fax: 8632 9736) [www.ccifc.org](http://www.ccifc.org) 南山区科技园南区留学生创业大厦3楼318室

**German Chamber of Commerce** 217 Chinese Overseas Scholars Venture Building, Hi-Tech Industrial Park, Nanshan District. (8635 0487) [www.china.ahk.de](http://www.china.ahk.de) 南山区高新科技园南区留学生创业大厦217

**The American Chamber of Commerce in South China** Rm 208, 2/F Overseas Chinese Scholars Venture Building, southern section of High-Tech Industrial Park, Nanshan District (Tel: 2658 8342; fax: 2658 8341). [www.amcham-southchina.org](http://www.amcham-southchina.org)

**The British Chamber of Commerce**, Shenzhen Sub-Chamber Rm 314, 3/F Overseas Chinese Scholars Venture Building, southern section of High-Tech Industrial Park, Nanshan District (2658 8350). 深圳市南山区高新科技园南区留学生创业大厦3楼314室

**Morefords** No.1, 1F, Building A, OCEAN city Garden, Shekou New Street, Nanshan District, Shenzhen (8827 9078). 深圳市南山区蛇口新街澳城花园A栋一楼1号铺

# CLASSIFIEDS

### JOBS OFFERED

**Shenzhen Longrun Investment Co., Ltd.**, a fast-growing restaurant enterprise is looking for two foreign hostesses to join the team to greet and show hospitality to guests on behalf of the company. Requirements  
1. Ability to understand and speak basic Chinese.  
2. A minimum height of 168cm.  
3. A passion for communications, with a presentable image.  
Monthly payments ranges from RMB 12,000 to 15,000  
The options of full-time (RMB12,000 to 15,000 per month) or part-time (RMB70-90 per hour) employment are available. For inquiries and application, please contact Ms. Hu at 136-3159 3166 or 0755-2290 9515.

**Mobile Game company business development position.**  
A NASDAQ-listed Shenzhen-based mobile game company, iDreamSky is looking for an expat for one business development position, native English speaker and fluent in Mandarin a must, well versed with mobile games or business negotiation experience a plus. Responsible for looking for Western games suitable for the Chinese market and contacting the game developers. Our office is located in

Nanshan district, Shenzhen. If interested, please send resume to Evan at [evan.liang@idreamsky.com](mailto:evan.liang@idreamsky.com).

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BOA, 3/F, West side of International Bar Street, Sea World, Shekou, Nanshan District 南山区蛇口海上世界国际酒吧街西侧三楼 (130-4894 9034)



## SHARK

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AUGUST

That's Shenzhen

# Horoscopes

Finally, a horoscope that understands your life in Shenzhen.

BY DOMINIQUE WONG



**Leo**  
7.23-8.23

Finally, it's your time to shine. Throw a massive party at your favorite Shekou hotel, invite your entire WeChat friends list and ugly cry when only two-thirds of them show up. Livestream the entire drama.



**Virgo**  
8.24-9.23

It's going to be a messy month - emotionally that is - in which you may burst into tears for no reason at Metro. If this concerns you, cut the porkfloss buns for breakfast and try *jianbing* instead.



**Libra**  
9.24-10.23

You may be feeling extra carefree thanks to Jupiter's presence somewhere in your chart. Bring out your inner child by playing beer pong at Tictac or visiting Happy Valley - but avoid the rollercoaster at all costs.



**Scorpio**  
10.24-11.22

This is the cheeriest month you will experience all year. Attend every hotel rooftop party - you will genuinely enjoy talking to others, though next month you won't for the life of you remember why.



**Sagittarius**  
11.23-12.21

You will suffer social media fatigue. Don't be ashamed, it happens to the best of the signs. Reach out to friends. Take a long walk in Shenzhen Bay Park and try really hard not to Instagram the moment.



**Capricorn**  
12.22-1.20

You may encounter a monetary windfall this month. Try asking your *laoban* for a raise or playing the Chinese lottery. Donate your windfall to charity.



**Aquarius**  
1.21-2.19

Family takes focus. When was the last time you even FaceTimed your parents? Don't blame your crappy VPN service; blame your lack of filial piety. Take it too far and buy them return tickets to Shenzhen.



**Pisces**  
2.20-3.20

It may already be August but it's never too late to turn all those dreams of yours into reality. Create that 'Shenzhen Mystics Club' you always wanted to or enroll into language classes at SZU - fulfillment awaits.



**Aries**  
3.21-4.20

'Work hard, play hard' may be your motto but try taking it easy this month. The stars say you should turn off your WeChat notifications and swap Evening Show (and its strange on-stage outfits) for Evil Duck.



**Taurus**  
4.21-5.21

Be wary of strangers - especially that person on Line 4 who asks whether you'd like to be a foreign assistant to a Chinese CEO. Give a hard pass, or, not, if you're into that (the stars don't judge).



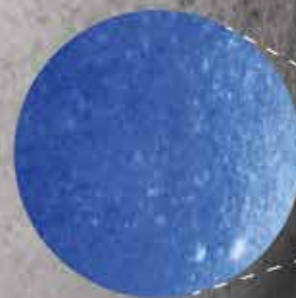
**Gemini**  
5.22-6.21

The most important relationship this month is the one you have with yourself - both of yourselves. Treat yourself to a Chinese Valentines Day dinner at Taste Moment and go crazy with Tmall Qixi deals. Feel regret afterwards.



**Cancer**  
6.22-7.22

Both your financial and bodily affairs require attention. Cash in all your member points around town (especially Wagas - your points here will expire this month) and only spend your RMB on an expensive gym membership.



## WOOD lamp skin examination

A Wood's lamp examination uses a hand-held device that emits ultraviolet "black" light to assist in the diagnosis of various pigment and infectious disorders, including revealing melanomas in the early stage.

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\* only includes one Wood lamp examination, examination is performed by a General doctor, does not include any treatment  
\* valid until 30th October 2018  
\* appointments must be made in advance

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- Ob/Gyn
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- Psychiatry & Psychology
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- Specialists
- Pharmacy
- Laboratory
- Imaging
- Outpatient Surgery
- Health Check-ups



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