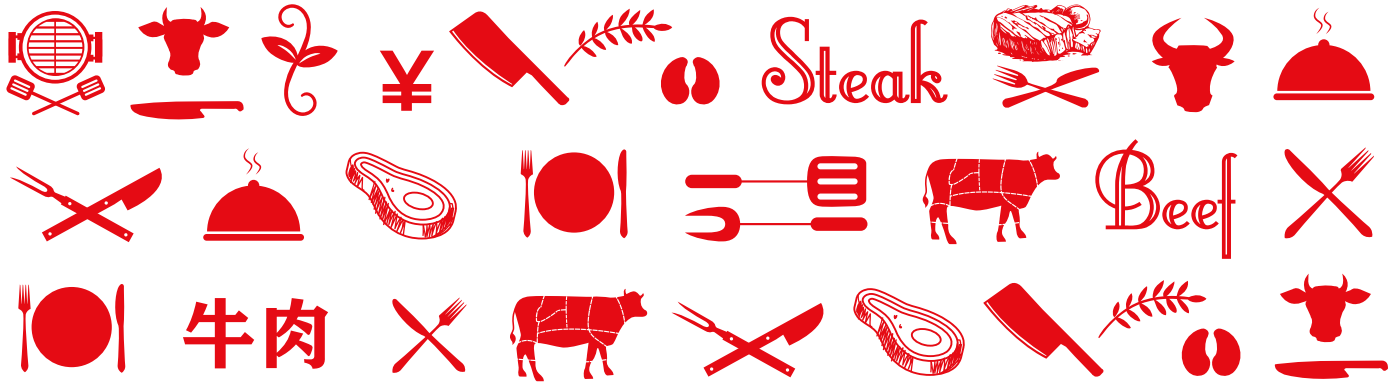


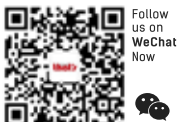
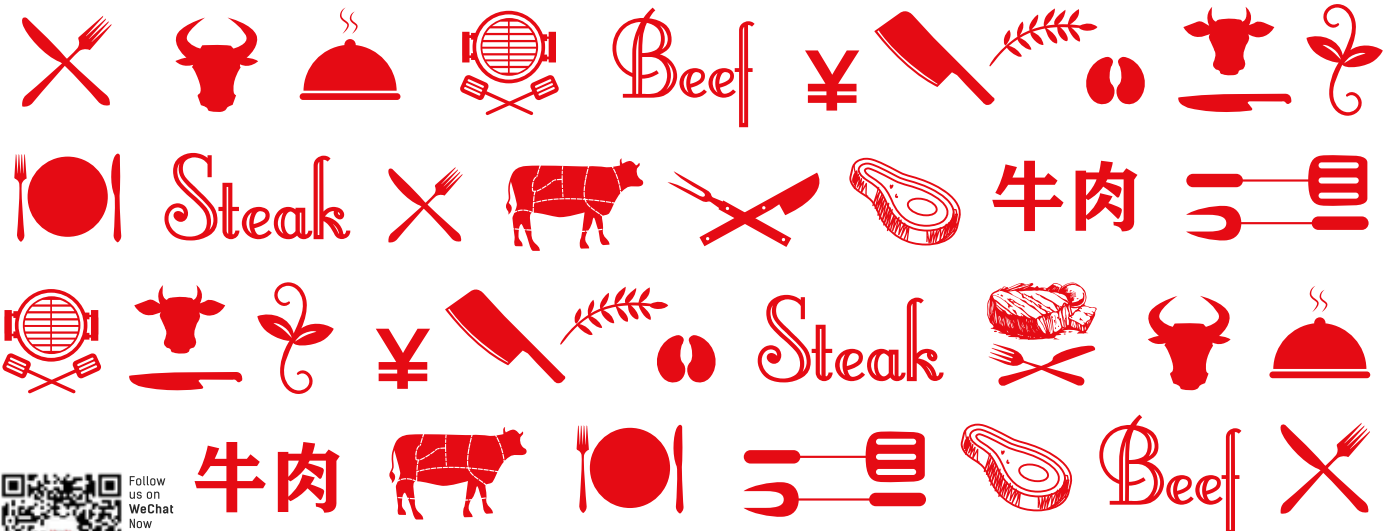
SHANGHAI that's

¥  牛肉 



MAD FOR BEEF

How China's Growing Appetite
for Meat Affects Us All



Follow us on WeChat Now

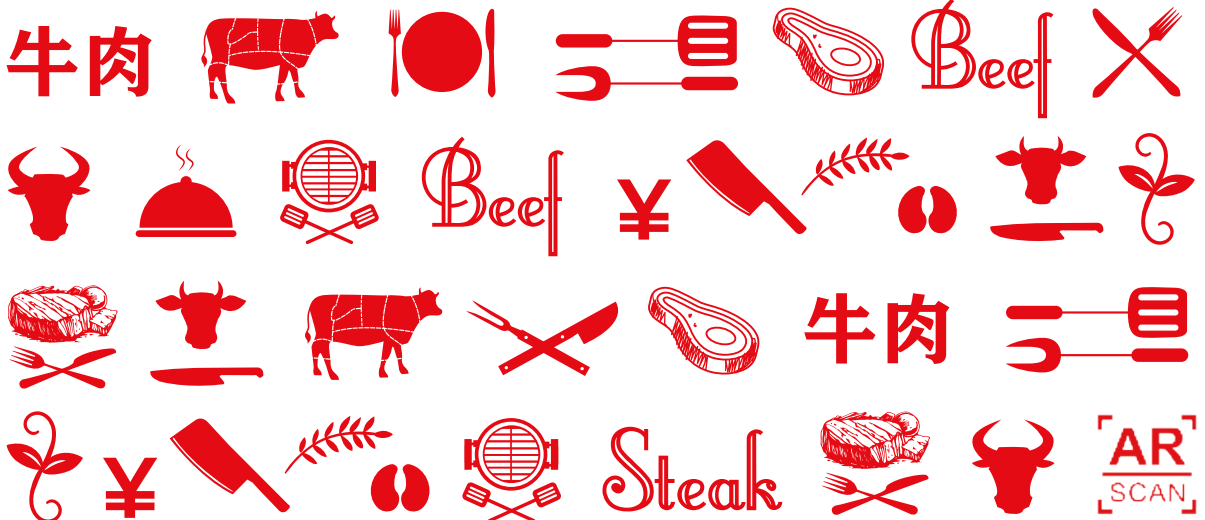
Advertising Hotline
400 820 8428

城市漫步上海
英文版 2 月份
国内统一刊号:
CN 11-5233/GO
China Intercontinental Press

ISSN 1672-8033



9 771672 803046
FEBRUARY 2017



[AR]
SCAN]



that's
app



News



Directory



AR



Drink



Dining



Events



Around Me



Lifestyle

Your Essential China City Companion
Shanghai | Beijing | Guangzhou | Shenzhen

Download Now



that's AR APP

is now available to download

BRING IMAGES TO LIFE!

Scan the magazine to see interactive digital content leaping off the page and coming to life!

- Video
- Audio
- Images
- 3D animation

SHANGHAI
that's



MAD FOR BEEF
How China's Growing Appetite for Meat Affects the Market

Happy Year of the Rooster

Try it now!

Simply scan the relevant QR code below, download the That's AR app, and use it to scan the front cover of this issue.



Apple iOS



Android



Use the That's AR app to scan images with the icon above

主管单位：中华人民共和国国务院新闻办公室
Supervised by the State Council Information Office of the People's Republic of China

主办单位：五洲传播出版社

地址：中国北京 北京西城月坛北街 26 号恒华国际商务中心南楼 11 层文化交流中心 邮编 100045

Published by China Intercontinental Press

Address: 11th Floor South Building, HengHua International Business Center, 26 Yuetan North Street, Xicheng District, Beijing 100045, PRC

http://www.cicc.org.cn

总编辑 **Editor in Chief of China Intercontinental Press**: 慈爱民 Ci Aimin

期刊部负责人 **Supervisor of Magazine Department**: 邓锦辉 Deng Jinhui

主编 **Executive Editor**: 袁保安 Yuan Baoan

编辑 **Editor**: 王妍霖 Wang Yanlin

发行 / 市场 **Circulation/Marketing**: 黄静 Huang Jing, 李若琳 Li Ruolin

广告 **Advertising**: 林煜宸 Lin Yuchen

Chief Editor Dominic Ngai

Section Editors Andrew Chin, Betty Richardson, Alyssa Wieting

Senior Editor Tongfei Zhang

Events Editor Zoey Zha

Production Manager Ivy Zhang

Designer Joan Dai, Aries Ji

Contributors Mario Grey, Mia Li, Ian Walker, Timothy Parent, Logan Brouse,

Tristin Zhang, Sky Thomas Gidge, Amy Fabris-Shi, Catherine Lee, Jonty Dixon, Dr Daniel Meng

Copy Editor Frances Arnold

HK FOCUS MEDIA

Shanghai (Head office) 上海和舟广告有限公司

上海市蒙自路 169 号智造局 2 号楼 305-306 室 邮政编码：200023

Room 305-306, Building 2, No.169 Mengzi Lu, Shanghai 200023

电话：021-8023 2199 传真：021-8023 2190

Guangzhou 上海和舟广告有限公司广州分公司

广州市越秀区麓苑路 42 号大院 2 号楼 610 室 邮政编码：510095

Room 610, No. 2 Building, Area 42, Luyuan Lu, Yuexiu District, Guangzhou 510095

电话：020-8358 6125, 传真：020-8357 3859-800

Shenzhen 广告代理：上海和舟广告有限公司广州分公司

深圳市福田区彩田路星河世界大厦 C1-1303

C1-1303, Galaxy Century Building, Caitian Lu, Futian District, Shenzhen 518049

电话：0755-8623 3220, 传真：0755-8623 3219

Beijing 广告代理：上海和舟广告有限公司

北京市东城区东直门外大街 48 号东方银座 C 座 9G 邮政编码：100027

48 Dongzhimenwai Dajie Oriental Kenzo (Ginza Mall) Building C Room 9G, Dongcheng District, Beijing 100027

电话：010-8447 7002 传真：010-8447 6455

Operations Manager Penny Li

Sales Manager Doris Dong

BD Manager Joyce Sun, Tina Zhou

Sales & Advertising Jessica Ying, Linda Chen, Celia Chen, Leah Li

Marketing Summer Wang, Lydia Lin

HR/Admin Sharon Sun

Accounting Emily Xu

Distribution Zac Wang

National Operation

CEO Leo Zhou

Head of Communication Ned Kelly

National Marketing Executive Zoe Zhou

Head of Digital Vickie Guo

Digital Content Manager Bridget O'Donnell

Digital Peggy Zhu, Joseph Liao, Miller Yue, Amanda Bao, Lambert Chen

Financial Manager Laura Lu

General enquiries and switchboard (021) 8023 2199 info@urbanatomy.com

Editorial (021) 8023 2199*5807 editor@urbanatomy.com

Distribution (021) 8023 2199*2802 distribution@urbanatomy.com

Marketing/Subscription (021) 8023 2199*2806 marketing@urbanatomy.com

Advertising (021) 8023 2199*8802 advertising@urbanatomy.com

Web & IT (021) 8023 2199*7803

Fax (021) 8023 2190

Advertising Hotline
400 820 8428

www.thatsmags.com

广告经营许可证：京海工商广字第 8069 号

法律顾问：大成律师事务所 魏君贤律师

Legal Advisor: Wei Junxian, Dacheng Law Firm

国际标准刊号 ISSN 1672-8033

国内统一刊号 CN 11-5233/GO

定价：25.00 元

邮发代号：4-845



That's Shanghai has been audited by ABC.
Publisher's statement: February 2017
Print run: 60,000

Editor's Note

FEBRUARY

Since the end of World War II, steak has become a status symbol for Americans, a mandatory dish served at every celebratory meal for the last few decades.

Across the Pacific Ocean, China, which has seen enormous economic growth since the 1990s, is currently experiencing an increase in demand for beef. According to a report released by the USDA Office of Global Analysis last October, the Middle Kingdom has in the last five years become the world's second largest beef importer (coming in just after the US) and the upward trend is expected to continue in 2017 and years to come.

In our cover story (p42) this month, Food Editor Betty Richardson sums up what this all means for domestic and international beef producers vying for a slice of this big beefy pie, and more importantly, for the environment. In her own Eat & Drink section, she sits down for a sweet chat with Strictly Cookies' Lexie Comstock (p59) to reflect on her experience in starting her own business in Shanghai, as well as her newly launched healthy cookies.

In the Arts section, Zoey Zha and Tristin

Zhang catch up with the cast of *Wicked* ahead of their Shanghai Culture Square shows from April 4 to May 14. In Life & Style, fashion columnist Timothy Parent highlights four industry trends to look out for this year (p26), while interior designer Baptiste Bohu shows off his Parisian-style apartment, which has been featured in many movies, TV shows and international publications (p24).

In the spirit of Valentine's Day, the editors at *That's* have put together a list our favorite alternative ways to celebrate February 14 (p9). But for traditionalists, turn to p62 to see some deals for oysters – nature's aphrodisiac – to spice things up for the most romantic night of the year.

Last but not least, we wish everyone a very prosperous Year of the Rooster, and see you next month.

Dominic Ngai
Editor-in-Chief

WIN



We're giving away tickets to some of the very best Shanghai events, alongside a host of free meals, drinks discounts and other goodies. Follow our official WeChat feed and sign up for our weekly newsletter for your chance to win major prizes like a **Valentine's Day dinner at Jade on 36 valued at RMB1,988** and much more. To stay up to date, visit www.thatsmags.com/shanghai or scan the QR code and follow our WeChat account.



DISCOVER AR AND WIN A STAY IN LIJIANG!



Exciting times are upon us with the launch of the *That's* AR app. Standing for Augmented Reality, the app allows users to scan the magazine to see interactive digital content such as video, audio, images and visualized 3D models leaping off the page and coming to life. Want to give it a go? Simply scan the relevant QR code below, download the *That's* AR app, and use it to scan the front cover of this very issue for a Chinese New Year's greeting. And if that wasn't exciting enough, turn to our inside back cover (facing p88) for a chance to win a stay in the Banyan Tree Lijiang's Jet Pool Villa!



iOS



Android

ONLINE that's

Hourly updates on news, current affairs and general weirdness from around Shanghai and China.

FOLLOW US ON SOCIAL MEDIA

- facebook.com/ThatsShanghai
- twitter.com/ThatsShanghai
- youtube.com/thatsonline
- #THATSSHANGHAI

THE WRAP



8 CITY

10 CHINA'S RICHEST DOG?

Wang Sicong's dog has eight iPhone 7s, two Apple Watches, and way more

12 DANCE, DANCE, DANCE

The love and hate relationship between Chinese dancing grandmas and the general public



30 ARTS

34 WICKED FUN

Musical hit reinterprets the wonderful world of Oz

35 BAND OF THE RISING SUN

How The Fin is winning hearts outside of Japan

36 SLEEPLESS IN SHANGHAI

We checked out immersive theater hit, *Sleep No More*



16 LIFE & STYLE

17 GOT WOOD?

Kate Wood founder Pim Gietelink on creating eco-friendly watches, sunglasses and more

22 FLABBY THINGS

Entering the doughy world of Flabjacks

27 FLASHBACKS OF WARTIME HANOI

Exploring bomb shelters and secret tunnels underneath Hotel Metropole



58 EAT & DRINK

62 A NATURAL APHRODISIAC

Our guide to Valentine's Day oysters

64 NEW RESTAURANTS

Solid performances from Highline and Ramen Arena

69 FRAGILE MASCULINITY

Logan Brouse tells us how to deal with 'effeminate' cocktails

42 COVER STORY

MAD FOR BEEF

China's huge craving for beef and its impact on all of us



52 COMMUNITY



P41

PICK OF SIX ART EXHIBITIONS



72 EVENTS



FEB 9
X&G



UNTIL FEB 26
Beyond Rubik's Cube



*A Romantic Dinner
at Kathleen's Restaurants*

Kathleen's Waitan
Reservation:

021-6660-0989

200 Huangpu Lu, 4F, Shanghai
黄浦路200号4楼

www.kwaitan.com

惠食佳

WISCA

舌尖上的中国·第二季
《家常》与《心传》上榜餐厅
2016年上海米其林推介餐厅

歡聚
盆菜

THE POON CHOI OF WISCA

惠食佳上海招商分店

地址：上海浦东陆家嘴东陆161号招商局大厦
No. 161 East Lujiazui Rd., Pudong New Area,
Shanghai
Tel: 021-58203333

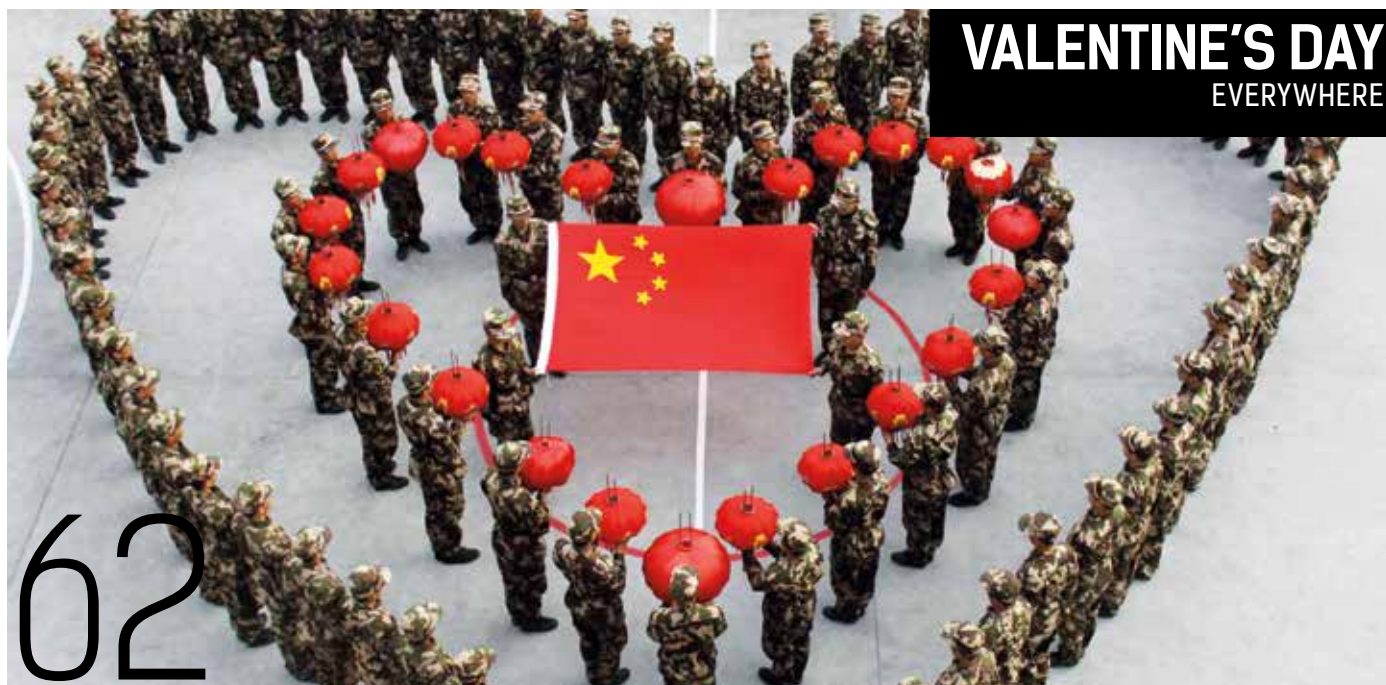
惠食佳上海美丽园分店

地址：上海静安区延安西路396号
No. 396 West Yan'an Rd. Shanghai
Tel: 021-62614333
WWW.WISCA.CN

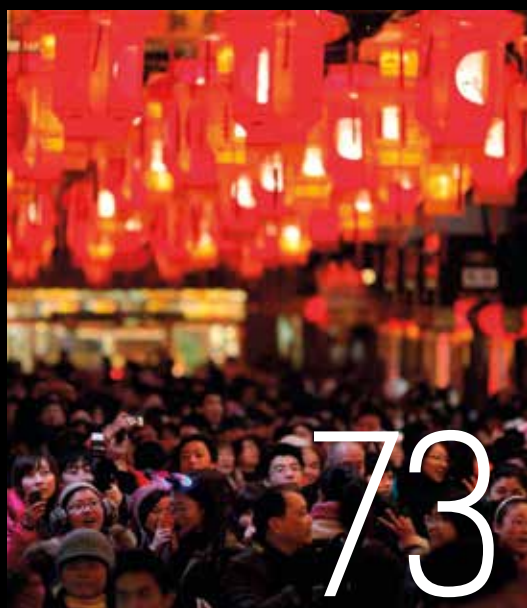
WHAT'S ON IN FEBRUARY 2017

TUES
FEB 14

VALENTINE'S DAY
EVERYWHERE



62



73

SAT
FEB 11

LANTERN FESTIVAL
EVERYWHERE



75

SAT
FEB 18
NICKY ROMERO
M2

MON-FRI
JAN 30-FEB 3
GHOST: THE MUSICAL
SHANGHAI CULTURE SQUARE

72





MON FEB 6
SUPER BOWL LI
Various locations
p54



FRI-SAT FEB 10-11
TONY WOODS
Kung Fu Komey Club
p73



TUES FEB 14
JOE SATRIANI
Q.S.W. Culture Center
p74



WED FEB 15
SHANGHAI SHARKS VS BEIJING DUCKS
Yuanshen Stadium
p74



THURS FEB 16
KITTENS
Le Baron
p74



SAT FEB 18
ONRA
m64
p75



THURS-SAT
FEB 23-25
RIO CARNIVAL
UNICO Shanghai
p76



SAT FEB 25
FASCHING
Paulaner (Expo)
p76

CITY



Dama Drama

A look into why Chinese grandmas love to dance in public, P12



Trump-inspired Rooster Statue
P10



China's Richest Dog?
P10



ALTERNATIVE VALENTINE'S

Our Perfect Ways to Spend February 14

Still deciding on how you'd like to spend Valentine's Day this year? The editors at *That's Shanghai* share some unconventional ideas on how to celebrate the day of romance if you're tired of the whole candle light dinners with roses and chocolates routine...

Dominic: A **Bund run** to burn the calories and enjoy the Shanghai skyline for free. Best. Deal. Ever. Do on the night of, if you're single, or the morning after with your date, if everything goes according to plan... **Hot Pot** for the meal. You get to cook for each another, eat at a leisurely pace, and get all warm and cozy next to a pot of boiling broth... how romantic.

Lauren: Well if it wasn't a run, then probably a sweaty **spinning session at Spinback**, hopefully to a Valentine's Day-themed playlist with Aretha belting it out. Afterwards? **Strictly Cookies** paired with Prosecco. Maybe ramen too at **The Ramen Shop**, before the cookies, if I couldn't do just desserts.

Tongfei: Chocolates, big meals and flowers are so out of date. My choice would be going to an escape room like **Mr. X**. For a more thrilling evening, or perhaps try the **VR Park** or enjoy a ride on the **Sky Ring**, the giant Ferris wheel at Joy City.

Andrew: Laughter is the best medicine, and it's also a great way to break the ice on a date. **Stand-up comedy shows** are less loud than the club and they provide a window into someone's sense of humor – whether you're recounting the best lines or roasting the comic.

Betty: I'm not one for the whole roses, chocolates and a dimly-lit restaurant trope. My perfect Valentine's date would cut straight to the chase: wine. **Napa Wine Bar & Kitchen** if we are feeling flush; **Dr Wine** or **XO Bar** if we're in the mood for something low-key. Afterwards, we'd go to **Big Movie** for some DVDs so I can see if they're boyfriend material based on their movie selection.

Zoey: A **salsa or tango night** could be just as romantic as any fancy dinner – and without the guilt of consuming so many calories. Studios like **Souldancing** that provide a nice ambience and lessons for those with limited dance experience would be my first choice, since my date is neither a Blackpool professional nor Al Pacino. But spending the night gliding with someone across the dance floor (or at least attempting to do so) would make my Valentine's Day.

Alyssa: I prefer the typical romantics of Valentine's Day, but if I had to do something slightly off the mark, then perhaps **cooking a meal at home together**.

Ned: **The Camel Pub Quiz**. Every Tuesday, 8pm. Sexiest. Thing. EVER. ■

THE BUZZ

See the QR codes on this page? Scan them with the That's App when you see it on an article to find more multimedia, photos and videos related to the feature you are reading. Genius, eh? Download the That's App at www.thatsmags.com/app

QUOTE OF THE MONTH

"I have asked my son about the succession plan, and he said he does not want to live a life like mine."



Wanda boss and China's richest man Wang Jianlin is seeking a replacement heir to his vast USD\$122 billion empire, but his only son, 28-year-old Wang Sicong, is not interested. The Wanda empire includes shopping centers, hotels, theme parks and sports clubs, but the 28-year-old, who recently landed the 20th spot on *HK Tatler Magazine's* list of Asia's most eligible bachelors and once blew RMB2.5 million at KTV in one night, told his father that he doesn't want that life. He's also famous for having purchased eight iPhone 7s and two *tu-hao* gold Apple watches for his dog, so it's not as if he makes the best financial decisions...

Learn more about other excessive purchases that Wang Sicong has made for his dog by scanning the QR code.



RANDOM NUMBER



2,607 meters

The combined height of all 11 skyscrapers completed in Shenzhen in 2016, which is more than three times the height of Dubai's Burj Khalifa – the tallest building in the world. The southern China metropolis' cityscape now includes the 68-story-tall Shenzhen CFC Changfu Centre, which is the world's 92nd tallest building. Modern skylines all over the country are constantly expanding with new high-rises – a record breaking 84 buildings were completed in China last year – and it doesn't look like the trend will be stopping anytime soon. To put this into perspective, the US and Australia completed just seven and two skyscrapers, respectively, in 2016.



DON'T YOU KNOW WHO I AM?

Donald Trump Rooster Statue

It's not the Year of the Rooster yet, but Taiyuan is already celebrating with their very own cock star, Donald. Donald Trump that is. Erected outside a mall in the capital of Shanxi Province, the 30-foot-tall statue mimics Trump with its

feathered gold hair and feather-handed gestures. But if you can't make a trip up there to see the glorious gamecock, or really just don't care to, you can simply wing it with your very own via Taobao. Currently, prices are ranging from RMB360 for two-meter-tall statues to RMB50,000 for ones over 16 meters tall. To order yours (or see more Trump-inspired objects) read more here:





Zhang Zishi / zhāng zī shì / 涨姿势 v. Raise one's social status through gaining knowledge

A This gallery is the best one to shop for if you have a penthouse loft with lots of natural light.

Zhang zishi!

A You are so welcome.

I think ash grey is the best color if you are buying a Bentley this season.

A Zhang zishi.

B As if to acknowledge the close link between knowledge ('zhishi') in Chinese and social status ('zishi'), the two words sound very much alike in Chinese. *Zhang zishi* is the shorthand for 'thank you for imparting a piece of knowledge that signifies high

Knowledge is power – and so is social status. So it should be no surprise that the two go hand-in-hand. One way to raise your social status is to drop little nuggets of knowledge at parties that suggest to other guests that you must be leading an exciting life, in the way that monkeys might impress their peers by presenting them with marbles from exotic places.

Needless to say, parties and Spring Festival gatherings are prime time for such activities. "The tourism industry in Iceland is such a bubble" or "the RMB10,000 sesame soup hot pot is so over-rated" might do the job. And if you find yourself on the receiving end of such knowledge, all you need to say in response is a polite and concise "*zhang zishi*."

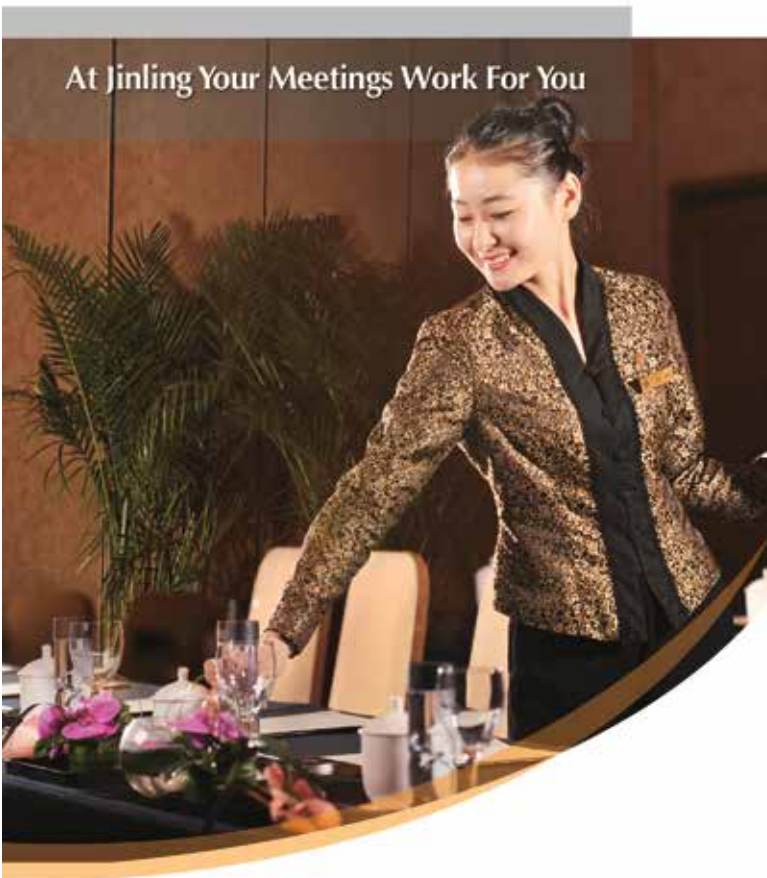
As if to acknowledge the close link between knowledge ('zhishi') in Chinese and social status ('zishi'), the two words sound very much alike in Chinese. *Zhang zishi* is the shorthand for 'thank you for imparting a piece of knowledge that signifies high

social status and subsequently raises my status, should I choose to pass on that knowledge at the next party – and as I acknowledge your superior status, we can now move on.' Instead, just say "*zhang zishi*" and you will gratify the speaker and swiftly put an end to a conversation that would otherwise never end.

As China's middle and upper classes become more preoccupied with social status, traveling the world, bungee jumping and deep-sea diving (just to keep up a respectable WeChat Moments feed), *zhang zishi* has become a necessary social contract. It means that people can show off their lives in an efficient fashion and steadily level-up on the totem pole.

So stop reading right now and go do something exotic. Then causally mention it in a social setting and get as many utterances of *zhang zishi* as possible. Remember, you are falling behind with every minute that you're not moving forward.

by Mia Li



www.jinlinghotel.com

Situated in the city center of Nanjing, the Jinling Hotel Nanjing presents over 4,000 square meters of meeting venues. Modern, sophisticated and understated, the conference venues of the Jinling Hotel Nanjing are all outfitted with gorgeous lighting and elaborate artwork, enhanced by an advanced audiovisual system, meticulous conference service, and all prepared to exceed your expectations of perfection.



1300 m² Kunlun Ballroom



1000 m² Purple Mountain Ballroom



600 m² Fraternity Hall



200 m² Presence Chamber



11 Meeting Rooms

- Enjoy the view of the city center
- 6 distinctive restaurants
- Spacious underground parking
- Adjacent to shopping malls
- A thousand guestrooms
- Jinling Lifestyle Block
- Seamlessly connection to the Metro
- Near countless scenic spots.

From now until February 28, 2017, meeting organizers will enjoy an extra 30% of JinlingPoints rewards, and meeting groups that book over 30 rooms will be upgraded to the Jinling Executive Floors.



Exclusive Benefits for Our Most Valued Guests.



No.2 Hanzhong Road Xian Jie Kou Square, Nanjing 210005, China
Tel: (86-25) 8471 1888 Fax: (86-25) 8471 1666
E-mail: nj.jinling@jinlinghotel.com
Reservation Hotline: (86-25) 8471 1888, 800-8289966, 800-8289966
www.jinlinghotel.com



“I’ll need a drink if I’m going to deal with their noise”

DAMA DRAMA

Why Do People Hate China’s Dancing Grandmas?

By Sky Thomas Gidge



Few have less reason to dance than the older women who flood China’s parks, pavilions and parking lots daily, occupying public spaces with shimmying bodies and ear-ringing music.

They are what one researcher termed “the first generation of lonely mothers” in China’s history; products of economic reform, social change and the one-child policy.

They are left with few social outlets, a limited family circle and no employment, while living in a nation radically different from the one they grew up in.

But to tech worker Vanessa Wu, 28, they are mostly just annoying. Wu doesn’t enter her bedroom until 10pm, when the music finally stops. It begins again in the morning, sometimes as early as 6.30am, echoing from the small square across the street where groups of women dance in front of speakers they wheel in twice daily.

“I get it. It’s their way of keeping up with friends,” says Wu. “It just doesn’t need to be so noisy.”

In the apartment building’s common room, Wu’s words are met with nods from other middle class 20-somethings.

The music and the dancers, estimated at 100-million strong by state media, rattle windows and nerves across China every day.

Often depicted as surly and self-centered, the dancers are mocked, disparaged and sometimes physically attacked. Yet they dance on.

Around 7.30pm, up to seven different dance troupes arrive in Huanggang Park in central Shenzhen. Filling the park's wide pavilion, badminton games are slowly pushed into the street while the groups raise the volume of their speakers in a battle to be heard. Security guards look on.

"I'll need a drink if I'm going to deal with their noise," Nancy Lin, 23, says as she walks towards the park. "The dancers have become a sort of symbol. They represent retired women with money and nothing to do, while the rest of us are working hard, but have nothing."

About 235 million Chinese people are in the middle income bracket, according to a 2011 Pew Research Center study, and Lin will likely join their ranks. The divisions between dancers and despisers are often economic, according to Wang Qianni, the author of a study on the phenomenon.

"The middle class care about their private rights, such as wanting private space without others intruding. They also prefer quieter spaces. The dancers just think loud music is a happy thing," says Wang. "It's a matter of taste, and taste is related to one's class, age and life experience. They are different from each other in these aspects. So the

dance becomes a battlefield."

Back at Wu's place, she and her neighbors are clearly bothered by the nightly noise pollution, so why not just ask the dancers to drop a few decibels?

"You can't really ask them peacefully to turn it down," Wu says. "They will gang up on you."

The square across from Wu's apartment is about the size of a soccer field. About 12 dancers stand in formation, all facing towards a speaker and going through the same dance moves. After the group begins to disperse, some remain chatting with a plump 50-something woman in a red dress who has been leading them.

When we ask her why she dances, she gives the same guarded responses we will hear from all the other people we interview: it's a hobby. It's healthy. It's innocent fun. It's that simple.

"There just isn't much to say," the woman concludes. Her answers sound practiced and calm, but the smile drops from her face when we ask if the music could be affecting the neighbors. The mood of the group changes; some women walk away, but one steps forward and begins shouting.

"If we want to do something, we do it. If you don't like it, you can f*ck off."



Mass dance in China can be traced back thousands of years, likely beginning as a folk ritual and sometimes making appearances in royal courts.

But the seeds of today's tensions may have begun in the mid-90s, when a perfect storm of societal changes hit the nation.

The World Bank estimates that only 19 percent of Chinese people lived in urban areas in 1980, but by 1995 that number jumped to 30 percent, a migration of 183 million people – or 40 million more than today's Russia.

As cities across China filled, a restructuring of state-owned enterprises began in 1995, seeing an estimated 40 million jobs axed over seven years; that combined with a retirement age of just 50.

In the past, these women would have dedicated their time to taking care of large families, but by the mid-90s the one-child policy had already been in effect for 15 years, leaving many single children with two parents and four grandparents to care for them.

In short, there were a lot of idle, unemployed, middle-aged women adapting to life in cities.

"In the United States you have book clubs, religious activities," says Wang.

"While in China we have a dance culture."

According to Wang's research, many women grew up with dance in one form or another and cite a desire to exercise and socialize as a reason to begin again, but she also found that there are deeper forces at play. The women are asserting their existence in a society they are losing touch with, while confronting Confucian norms that have reemerged since Reform and Opening-Up began.

"Dancing in public challenges a persistent expectation – even more prevalent in rural areas – that females ought to focus their attention on household matters," writes Dr. Tom McDonald, in an article on sapiens.org. "These attitudes persist and influence where women can go and with whom they can socialize."

McDonald is an assistant professor at the University of Hong Kong and performed 15 months of research in rural Shandong Province, where he documented a dance troupe forming.

Speaking with us on the phone, McDonald explains that though superficially it might seem like a communal pastime, his study unearthed much more was at stake.

"In my case, they felt they were bringing something new and cosmopolitan into their

village, and they feel that it is shifting the gender rules," he says. "I think that we, as foreigners, tend to look at it with a kind of bemusement and think it's quite funny and everything. It actually needs people to take it seriously. There is a lot of power and politics that goes on in these squares."

Along with getting the women out in public, the dance had the unexpected effect of getting them onto the Internet, which became an integral part of the dancers' lives.

"One of the real things that came out of my ethnographic research was these women were using QQ to find and download music," he says. "[The Internet] also helped them form a subtle support network. Sometimes if there are household problems, they can talk about it online, when it might be difficult to do it during their daily lives."

A Baidu search for public square dancing videos turns up more than 20 million results (a search for tai chi videos turns up less than two million). Many of the videos are instructional or produced by independent troupes to show off their routines. Clearly, public dance has become an integral part of these women's identities.



"I think that we, as foreigners, tend to look at it with a kind of bemusement and think it's quite funny and everything. It actually needs people to take it seriously"

The mass migration to China's cities has continued – the majority of Chinese citizens now live in urban areas – along with a growth of the middle class, who often have a very different idea of what a city should be than the generation before them. With the two disparate groups increasingly inhabiting the same space, the chance for conflict rises, with news reports regularly featuring stories about rows between the dancers and people who want to use the public space or simply live nearby.

Two of the most striking and widely reported incidents involving the dance troupes took place in 2013. In one, a man on the outskirts of Beijing, irritated by the noise, blasted his shotgun in the air before setting his Tibetan mastiffs on the dancers. In another, dancers were allegedly pelted with feces in Wuhan.

Despite the tensions, this November more than 50,000 Chinese dancers asserted themselves like never before in history, reportedly setting a Guinness World Record as they performed simultaneously in 14 cities across China, including Shenzhen, Shanghai and Beijing.

Images of the dancers, the vast majority women, show a tidal wave of matching red tracksuits, meant to draw attention to the health and welfare of retirees in China, according to the organizer, a company called Red Dance.

Back in Huanggang Park, a dancer, who asks not to be named, says she has been dancing for more than a decade and has no plans to stop.

"Of course we'll be dancing in 10 years – it's a hobby, just exercise. Nothing more." ■

THE CHINA BOND

Lee Youn Sik Returns to His Familiar Ground with Much to Expect

Interviewing Lee Youn Sik, a Korean student who joined the MBA Program of Antai College at Shanghai Jiao Tong University over a year ago, was almost like talking to a local, thanks to his impeccable Mandarin and extensive knowledge of Chinese culture.

The son of a former Korean diplomat, Lee was born in Taiwan and spent his childhood in Beijing and Shanghai, where he attended international schools before returning to Korea for college. Even after graduation from Seoul National University, Lee's roles at top Korean companies like Samsung have always been closely connected with the Chinese market. Now working at Korea Trade-Investment Promotion Agency, Lee's on a four-year overseas assignment in Shanghai.

Was it your personal decision to return to Shanghai?

It wasn't up to me, actually. I'm working for the Korea Trade-Investment Promotion Agency, which is a government organization seeking to build trading platforms between China and Korea. Overseas assignments are part of my job and I'm glad to be assigned to Shanghai this time.

And why did you choose to study at Antai College, Shanghai Jiao Tong University?

The well-established academic reputation is absolutely one of the major reasons. The other one is because it's close to my apartment located in Xujiahui. Last year, we added a new member to our family. I now spend my spare time between this part-time program and my little nine-month-old baby. It can be quite exhausting and challenging, but I'm in the prime of my life, so why not fight harder?

What is the most challenging part of this program?

It's interesting that, though my Chinese is nearly perfect, and I'm able to catch up with most of the class, except for one subject on the 'Introduction to the Theoretical System of Socialism with Chinese Characteristics'. Despite the fact that the history is quite foreign to me, the gist of this lesson is quite obscure and difficult for me to comprehend. That's why I haven't written a word yet for my upcoming paper, which is a bit frustrating.



What does your family think about your decision to come back to China?

My father shows the strongest support. My wife, on the other hand, was less keen about the idea of it at first. Like many Koreans, her impression of China was limited to it being a poorly developed country. Though I attempted to convince her with my personal experiences, she did not believe me until we arrived in Shanghai two years ago.

How are you settling in so far?

I've always considered myself as more Chinese than Korean. For instance, I always opt to have Chinese food rather than Korean. As for my wife, she has completely blended in and finds the lifestyle here better and more convenient than that of Seoul. It's surprising to learn that she wished that I could extend my assignment in Shanghai for a few more years.



安泰经管学院
ANTAI COLLEGE
Economics • Management



**Get A Top MBA
in English in Shanghai**

The deadline for 2nd round interview
application would be Feb.24, 2017

**ANTAI
MBA**



✉ askmba@sjtu.edu.cn
☎ 021-52302513
🏠 <http://mba.sjtu.edu.cn/en/>

LIFE & STYLE

A Designer's Home

Inside Baptiste Bohu's Parisian-inspired apartment, P24



No. 2 on Mode's 100 Most Beautiful Women List
P18



Flabjacks: A World of Doughy Creatures
P22



Flashback of Wartime Hanoi
P27

PIM GIETELINK

Founder of Kate Wood Originals

Edited by Dominic Ngai

Known for its sunglasses, watches and bicycles made with wood and bamboo, Kate Wood Originals is the brainchild of Dutch entrepreneur Pim Gietelink, who created a line of eco-friendly products that he can pass on to future generations. Since opening its first store on Wulumuqi Lu in 2016, he has recently expanded to a second location in Jing'an. Here, Gietelink shares his vision for the brand, and what his young daughter Kate thinks about having a brand named after her.

Tell us about your background and how Kate Wood started.

I went to hotel school in Holland. After a few years in hospitality management, I worked for a wholesale company in various functions like operations, sales, purchasing and logistics and was later sent to Shanghai to manage the design and production department for promotional products. During that time, I saw a lot of factories and got to know how things were designed, produced, finished and packaged.

Eventually, I started my own company, which now runs out of the office at the first Kate Wood shop. Four years ago, when my daughter Kate was born, I thought it would be nice to start my own small private label and named it Kate Wood. I put my ideas into the design, manage the sourcing, production and sales myself – basically everything from A to Z.

Why do you like using wood and bamboo?

It's sustainable. Bamboo is a fast growing plant; it's very eco-friendly. I use leftover wood to make watches and sunglasses. The bamboo is from China. The different types of leftover woods that we work with, like sandalwood, ebony, rosewood and maple wood, are either from North America or Southeast Asia.

Why is that important to you?

Eco-friendly products were very niche and seen as a little pretentious until a few years ago. It's actually not easy to make products



“It’s not easy to make products that are both eco-friendly and fashionable; I try to find the right balance in that”

that are both eco-friendly and fashionable; I try to find the right balance in that.

What are your most popular items?

The iPhone covers; we still have trouble keeping up with the demand for them. What I've noticed at the first store is that when people come in and enjoy the experience and like what we sell, it's not a matter of 'if' they're going to buy something, it's 'what' they're going to buy. If you have small items that are 100 or 200 *kuai*, it's easy for them to decide.

You donate 10 percent of your proceeds to Orbis. Why did you choose this charity?

Kate Wood is about the next generation, I want to do something for children. Orbis is a non-profit NGO with programs dedicated to blindness prevention and helping people with eye diseases. They have their own airplanes and they fly doctors to remote areas to help those who don't have access to medical facilities. Our products are all related to sight, so it makes sense to support Orbis.

Tell us about the new shop in Jing'an. How is it different from the first one on Wulumuqi Lu?

We moved into the first shop about a year ago when we had the opportunity to combine

a store with an office [for the trading company]. Wulumuqi Lu isn't a shopping destination, but it's in a part of the former French Concession that everyone passes by. It's been doing very well and I see a lot of potential for the brand here in China.

Jing'an is just five minutes away by bicycle, but it's very different in terms of clientele. I've considered doing another shop on the street level, but decided on Crystal Galleria shopping mall because it's a good way to test out whether our concept will work in an environment where the majority of shoppers are Chinese. I want to see if we can duplicate this in other cities.

What does your daughter Kate think about having a brand named after her?

She's still too young to understand the bigger meaning behind the brand. Hopefully in a few years' time, she would see her friends and classmates wearing Kate Wood watches; that would be the ultimate success.

New Shop: L2-11, Crystal Galleria, 68 Yuyuan Dong Lu, by Changde Lu 愚园东路68号晶品购物中心L2-11, 近常德路 (www.katewoodoriginals.com)

STYLE RADAR

UNDER THE LENS

Fan Bingbing, No. 2 on *Mode's* "100 Most Beautiful Women" List

Award-winning actress Fan Bingbing was just named the second most beautiful woman in *Mode Lifestyle Magazine's* annual list of 'The 100 Most Beautiful Women.' Best known to Western audiences for her role as Blink in *X-Men: Days of Future Past*, Fan impressed the fashion world with the amazing dragon robe she wore to the 63rd Cannes Film Festival. In this exclusive interview with *Mode*, she admitted that fashion is her kryptonite, and that she would love to establish her own label one day if given the chance.

> www.modelifestylemagazine.com



MADE IN CHINA



Le Dix

Meaning '10' in French, Le Dix is a Chinese brand focusing on high-quality, warm leather gloves. With a proud slogan declaring "they might be the best gloves in winter," each pair is handmade with Ethiopian sheepskin or deerskin, and lined with cashmere on the inside for an extra soft touch on your hands. Available in mostly classic colors, Le Dix gloves all come with the touch-screen function – perfect for those of us who are glued to our smartphones.

> WeChat ID: LEDIX

OVERHEARD



"The Chinese are buying back into Gucci after many months of decline. No one is ashamed to show a GG belt"

Said Gucci CEO Marco Bizzarri at the *New York Times* Luxury Conference after the Italian luxury label was announced as the 'most intended-to-purchase' brand choice for Chinese women within the next year – beating rivals like Chanel and Prada by a small margin.

Despite a general 'logo fatigue' in the market, Bizzarri is confident that Gucci is going strong in China thanks to its new designs and marketing efforts. While the aforementioned brands dominated overall, the survey reveals that consumers under the age of 34 prefer Mulberry, Miu Miu, Alexander McQueen, Alexander Wang and Givenchy for luxury handbags.



COVET

Adornista

Fancy a denim jacket designed by you? Enter Adornista, a Shanghai-based online platform where everyone gets to be a fashion designer and be creative. Simply go to their website and click on 'Create Design,' choose your base and add your personal touch with lace, glitter, colorful patches or other materials available. Even more awesome? You get to see your design in real time and have it delivered within seven working days. But if you're not too keen on making your own jacket, simply go to the 'Ready 2 Wear' section of the website and buy them off the rack.

> www.adornista.com

EDS
TEL: 400-002-0184

WELL DESIGNED

www.eds-interior.com

400-002-0184

- ▶ Interior Design
- ▶ Soft Decoration
- ▶ Renovation



Louis Vuitton for UNICEF

Since 2016, UNICEF, a UN program that provides humanitarian and developmental assistance to mothers and children in undeveloped countries, has partnered with Louis Vuitton in an effort to raise awareness and funds to help those in need. Available worldwide (including on the Chinese mainland), the Silver Lockit collection – featuring jewelry pieces like pendants, bracelets and earrings – was specially created for the Make a Promise campaign and symbolizes “protection and care” as well as the luxury label’s commitment to the cause. For each sale, USD200 will be donated in your name to UNICEF.

> www.louisvuitton.cn





E&JOY
RMB180
enjoy.etam.com.cn



Bershka
RMB259
bershka.cn



H&M
RMB499
www2.hm.com

LEATHER THE COLD

FOR HER

By Tongfei Zhang



Zara
RMB599
zara.cn



Zara
RMB699
zara.cn



H&M
RMB599
www2.hm.com



PULL&BEAR
RMB199
www.pullandbear.cn



Jack Jones
RMB1,399
www.jackjones.com.cn

FOR HIM



AK Club
RMB799
akseries.tmall.com



Zara
RMB799
zara.cn



FLABJACKS

Doughy Characters Come to Life

By Dominic Ngai

Visual artist and illustrator Antonia ‘Ton’ Mak’s affection for drawing cute and flabby creatures started years ago, but it wasn’t until 2014 that she turned this passion into her full-time career. Born in Hong Kong and raised in New Zealand and the UK, Mak created Flabjacks – a tribe of chubby and fluffy cartoon characters based on objects – shortly after she left an advertising job that brought her to Shanghai in the first place.

To get her brand and artwork out there, Mak started off by doing some charity exhibitions, which eventually led to commissioned projects and collaborations with real estate companies and creative brands to produce installations, decorations, ad campaigns and product or logo design – all featuring her signature characters.

Within the fluffy world of Flabjacks, Mak’s currently focusing on Puff Ville – a story based on dough-shaped characters from a natural dough habitat. “A lot of my drawings are based on seemingly dead objects like a sprout, pancake, baguette or broccoli. It’s related to the concept of animism, which is the study of different cultures’ rituals and traditions for worshipping objects and things,” the anthropology major explains.



With an online shop on Shopify since the start of Flabjacks, Mak started her own Weidian a few months ago, where greeting cards (RMB33), plush toys of Puff Ville characters Mo and Michi (RMB190), totebags (RMB150) and other goodies are now available to those living in mainland China. Mak also teases that she’s now exploring other mediums to present her work, and is working on an illustrated storybook, figurines and new installation concepts. 2017 will surely be a very flabby year.



www.flabjacks.com, WeChat ID: flabjacks



LULULEMON

Athletic Essentials from Head to Toe

By Dominic Ngai

Even if you are not a devoted yogi, many people should be familiar with lululemon. Founded in 1998, the Canadian designer athletic apparel brand has almost become synonymous with yoga, competing directly with activewear industry giants such as Nike and Under Armour. With more than 300 retail outlets around the world, lululemon has recently opened two shops in some of Shanghai's most upscale shopping malls – Jing An Kerry Centre and ifc Mall in Lujiazui.

Featuring similar interior style in both locations – brightly lit and covered with wooden floors, display shelves and neutral colored walls – lululemon's signature products are neatly displayed by gender and category throughout the space next to inspirational quotes and photos of lululemon's lifestyle am-

bassadors.

Design and fabric technology are some of the biggest selling points of the brand. Luon, for instance, is the signature material that's soft and stretchable that's mostly used in lululemon's pants, tops and jackets, which allows for maximum comfort while exercising. In addition, mats of different sizes and colors, gym bags, towels, outerwear and underwear suitable for yoga, running or exercising at the gym are all available – fulfilling almost all the needs of anyone who works out regularly and enjoys a healthy lifestyle.

Jing An Kerry Centre: Shop N1-23, Jing An Kerry Centre, 1515 Nanjing Xi Lu, by Tongren Lu 南京西路1515号静安嘉里中心N1-23店, 近铜仁路 (6181 0950); ifc Mall: Shop LG32, ifc Mall, 8 Shiji Dadao, by Lujiazui Huan Lu 世纪大道8号国金中心LG32店, 近陆家嘴环路 (6105 9267)



BEST OF BOTH WORLDS

Classical French Meets Modern Chinese

Words by Dominic Ngai, Photos by Mario Grey

Bohu's current apartment in an Art Deco-style old building on Fuxing Zhong Lu is a showpiece that reflects his ability to seamlessly meld classical, romantic French sentiments with a touch of modern Chinese aesthetics.



When he first came to Shanghai 11 years ago, Bohu had worked in various marketing agencies before landing a business development role in an interior design company – the beginning of a career that led him to starting his own practice. The first residential project that he worked on as a designer was the former Shanghai home of advertising expert Tom Doctoroff, which we featured last August.



Interior designer Baptiste Bohu has lived in Shanghai since 2006, and for most of the past decade, he's been building a stellar design portfolio of residential and commercial projects in China and France. Some of these – including his own home – have even graced the pages of the *New York Times*, *Architectural Digest*, *Elle Décor* and other prestigious domestic and international publications.

"After living in a modern, open loft before, I wanted something completely different – something very Parisian and classical," Bohu says. With one long corridor running through the center, leading to multiple rooms on both sides, the layout is the reason he decided to take the apartment five minutes after seeing it for the first time.

"I hosted a birthday party with 70 guests here once; each room had its own theme, and people enjoyed bouncing from room to room," explains the designer of how he likes to utilize the entire space. His home has also been used in several TV series and film productions – most notably as the home of famous actor Hu Ge's character.

Most of the flat's original structural features still remain, but for Bohu, decorating his own home is a never-ending process. "My taste changes all the time; I bring in new furniture... I've changed the color of the dining room walls twice," he says. "I also like to experiment new ideas here [before bringing them to my clients]." Here's a look inside.

To see Baptiste Bohu's work, visit www.baptistebohu.net

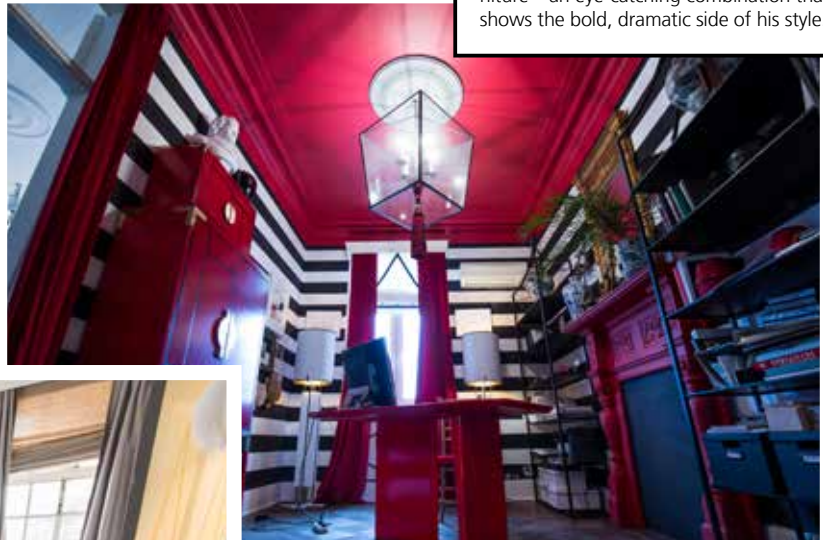


Upon entering Bohu's apartment, a long corridor dressed with spotlights, red velvet curtains and multiple European-style frames paintings and sketches on each wall creates a layer of mystique and theatrical effect. Some of the watercolor paintings are drawn by Bohu's aunt, which bring a sense of home to the place. "My parents' house [in Provence] feels very full, so I want this feeling for my Shanghai home as well," says Bohu. "After being here for so long, I don't want my place to feel empty, so I have a lot of personal things everywhere."



Unlike the study next door, the dining room's calming turquoise brings out another side of Bohu's dynamic style. Many of the items in this room, including the light fixture and chairs, are from the designer's own line of furniture. An avid collector of Chinese porcelain pots, the white and blue colors also fits in perfectly with the color theme.

Although he has an office in Hongkou, Bohu admits that he enjoys working from home late at night. Here, his signature black and white stripes are paired with bright red furniture – an eye-catching combination that shows the bold, dramatic side of his style.



Each year, Bohu enjoys spending a part of his summer vacation in Ibiza, and this bright and airy guestroom is inspired by that laidback Mediterranean vibe.



Besides his office, Bohu spends a lot of his time in the kitchen, where he likes to enjoy a simple meal with a small group or by himself.

THE YEAR OF THE CONSUMER

Four Ways You Will Influence the Fashion Industry in 2017

By Timothy Parent

Everyone is trying to predict what you, the consumer, will buy. Companies want to know what you value and why, and collect as many data points as possible to predict how you will behave. You might think that the surreptitious collection of your personal information by retailers, social media and tech companies is undermining your value as an individual, but it actually just proves how valuable you truly are. So with the powers of choice and capital, how will you influence fashion brands? One supposition is that you and your fellow consumers are becoming more intelligent and discerning, largely due to widespread access to information and the demand for transparency. Here are four predictions on how you'll help the fashion industry evolve in 2017.

1. Demanding Transparency

People want to know where clothes come from, who makes them, and whether or not it is done in an environmentally AND people-friendly way. Ethics will, hopefully, become more important to consumers because the value of products shouldn't be based on the cost alone. So the prediction is that conscientious consumerism will certainly be a fundamental component to the evolution of fashion in the coming year.

2. Un-following Trends

If we assume that consumers are more intelligent, informed and conscientious, then it is also safe to assume that trends will become less and less important. Trying to fit in is a waste of energy for individuals in an age of self-affirmation. Sure it's nice to be a part of a group, but it's 2017! It's time for individuals to act like individuals, not derivations of ideals. With the proliferation of not only domestic designers, multi-brand stores, and online shops, consumers are spoiled for choice and can help support a diverse group of creativity in China while simultaneously materializing one's self identity. It's a win-win, so hopefully more people will stop following the pack and forge their own aesthetic path this coming year.



Demi-couture from by FANG

3. Investing in Demi-couture

Another forecast is the rise of demi-couture. Many brands will offer one-of-a-kind pieces at an affordable price point, especially once one considers the quality and durability of the garment. Consumers will start to invest in their clothes and themselves, slowly creating wardrobes that are timeless and can be passed down to future generations. Demi-couture will help battle the throwaway culture that brands have tried to create, as consumers realize clothes can become more valuable with time as opposed to something that quickly deteriorates and/or becomes irrelevant.

4. Rethinking Seasonality

Although conscientious consumerism, 'trendlessness' and demi-couture are all examples of the slowing of fashion, it doesn't mean that creativity will fade. It actually gives time for designers to gestate and become more creative, but we may see that other parts of the process speed up. Instead of waiting six months to buy a collection you've seen on the runway, you may be able to purchase immediately. Designers, stores and consumers alike are rethinking how the industry works, and we may work less on a seasonal basis.

In the past we built a rigid structure that has tried to speed up consumption, making you think less and buy more, but hopefully in 2017 consumers and the industry alike will see the virtues of slowing down. Nevertheless, we all know supply won't change without demand changing first, so in the end the evolution of fashion is up to you.

Timothy Parent is the founder of chinafashionbloggers.com



Glamor and Ghosts

A Trip Down the Wartime Memory Lanes of Hanoi's Hotel Metropole

By Amy Fabris-Shi

In April 1967, 13 years into the American War in Vietnam (commonly known as the Vietnam War), *TIME* magazine (then called *LIFE*) featured the first American photo-report from inside North Vietnam. Against the backdrop of Hanoi's French-colonial Hotel Metropole, the haunting cover image showed locals standing chest-deep in shallow sidewalk manholes during one of the city's frequent air raids.

That issue of *LIFE* is now on display inside an antique wooden armoire in the Sofitel Legend Metropole Hotel's graceful lobby. It's the starting point for an intriguing tour that takes visitors deep - quite literally - into the dramatic past of one of Asia's oldest, and most storied, luxury hotels.

Our docent, the hotel's 'Ambassador of History,' is Mr Duc, a petit, suited gentleman who could have been a character in a Dickensian novel. Duc was 11 years old at the time of the infamous Christmas bombings in 1972 when American B-52s dropped 20,000 tonnes of explosives, mostly over Hanoi. His vivid wartime memories and expres-

sive storytelling make us feel we have slipped back in time and are exploring the hotel in a different dimension from guests around us - merrily sipping afternoon cocktails and splashing in the courtyard pool.

Hotel Metropole Hanoi was opened in 1901 in the soon-to-be capital of French Indochina. Built on reclaimed swampland next to the colorful, crowded streets of Hanoi's original settlement, the French colonialists master-planned a new city center defined by stately boulevards, manicured parks and lakes, and a grand theater modeled on the Opera House in Paris. With its elegant white-washed façade punctuated by bottle-green window shutters, Hotel Metropole became the city's high society centerpiece, and one of the most prestigious hotels in Asia. »



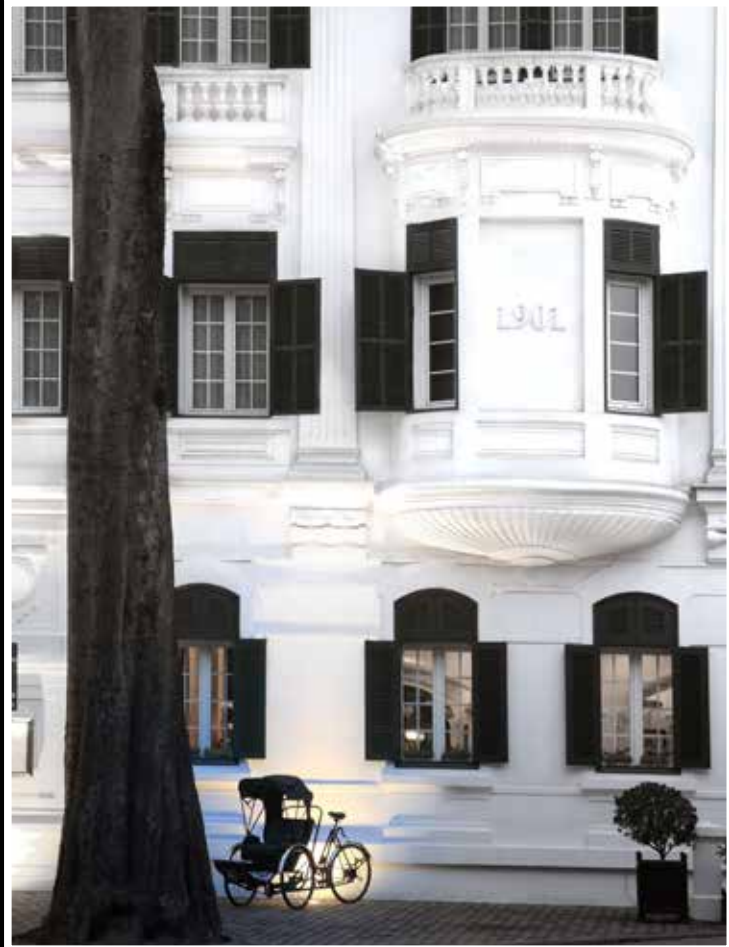


Like our own Cathay (Peace) Hotel in Shanghai, Hotel Metropole attracted foreign adventurers on the grand Asia Tour. A familiar posse of gallivanting notables passed through its doors, including Sir Noel Coward, William Somerset Maugham and Graham Greene, who penned *The Quiet American* at the hotel bar. In 1936, after (allegedly) getting secretly hitched with his latest co-star, Paulette Goddard, at Shanghai's Cathay Hotel, Charlie Chaplin brought his third bride (accompanied by her mother!) to honeymoon at the Metropole in Hanoi before continuing to Halong Bay.

The distinguished set sipped refreshing Nac Sodas (soda with a dash of cognac; a hotel signature) seemingly oblivious to the growing tensions beyond the Metropole's walls. During World War II, these could no longer be ignored and the hotel passed through a succession of French, Japanese and Chinese occupation. It was finally handed over to the Vietnamese government in 1954, and was renamed Reunification Hotel. But the battles were far from over.

Vestiges of the Vietnam War are a haunting part of any visit to the country today, and Hotel Metropole played a unique role in this period of history, too. News footage of the war was broadcast around the world prompting the rise of impassioned political activism in the United States. Among the activists were actress Jane Fonda (nicknamed Hanoi Jane) and singer Joan Baez, both of whom were in residence at the Metropole during the 1972 Christmas bombings.

Fast-forward to 2011. During construction works to extend the Metropole's outdoor Bamboo Bar edge-



ing the pool (the definitive spot for a cocktail on a balmy night), workers unexpectedly hit deep layers of solid concrete beneath the lawn. An 11-month excavation revealed a hidden – and completely forgotten – bunker almost four meters beneath the hotel, large enough for 40 guests.

In the final part of the Path of History tour, Duc leads us down steep steps beside the pool into the dimly lit bunker. The subterranean refuge behind a succession of thick steel doors is divided into four rooms, designed to avoid mass panic from spreading by separating the inhabitants into small groups. It was originally also accessible from the hotel lobby, and was fitted with ventilation systems and power supply.

The terror of that time seems to linger in the still, dank air of the fortified bunker. Thoughtful silence falls over our group as Duc explains how guests retreated here up to six times per day and occasionally had to remain overnight as B-52 barrel bombs thundered incessantly overhead. When he plays 'Where Are You Now, My Son?' recorded by American singer Joan Baez in this very bunker during a Christmas Eve attack with the sounds of an air raid audible in the recording's backdrop, cold goose bumps spring up on my arms and legs. Resurfacing into the jovial scene of poolside happy hour is quite a surreal transition.

Today, Sofitel Legend Metropole Hanoi wears its history with pride. Still one of Asia's most beautiful grand dames, its sensitively refurbished interiors retain an old-world luxury with parquet floors, delicate ironwork terraces and



Singer Joan Baez returns to Hotel Metropole Hanoi after 40 years



period furnishings. The original 1901 building and the more contemporary Opera Wing encircle a tropical courtyard with palm trees, glass pavilions and the thatched Bamboo Bar. It softly sparkles at night with pretty lamps and Chinese lanterns.

Returning to the hotel after a day of exploration, we look for the manholes captured by the LIFE photographer in his 1967 wartime portrait. Sprouting from the former trenches are leafy platane trees; an uplifting metaphor for life overcoming fear in this enduringly enchanting city.

Things to Do Around Hanoi

EAT Bahn Mi 25

Roadside bahn mi stand servingz up some of the city's tastiest French baguettes filled with handmade pâté, cured French ham, pork sausages and veggies. Wash it down with an excellent iced Vietnamese coffee delivered from the café next door.

> 25 Hang Ca St, Hoan Kiem, 97 766 8895

EAT Madame Hiên

French chef célèbre Didier Corlou's tribute to his wife's granny is housed in the former Spanish embassy, a cheery yellow villa designed by the French architect of Hanoi's Opera House. Dine on homestyle Vietnamese dishes with occasional French flourishes, like pho with duck foie gras on a lemongrass stalk. Reserve a seat in the magical garden courtyard.

> 15 Chan Cam St, Hoan Kiem, 3938 1588, www.verticale-hanoi.com

SHOP Mekong +

Handmade quilts, cushions and cool clutches, with proceeds benefitting the 350 female employees across rural Vietnam, as well as the wider community via micro-financing, health, hygiene and agricultural education programs.

> 13 Hang Bac St, Hoan Kiem, 3926 4831, www.mekong-plus.com

STAY Sofitel Legend Metropole Hanoi

Hanoi's ultimate digs offers 364 rooms and famed restaurants and bars, including French fine dining at Le Beaulieu, chic sidewalk café La Terrasse and recently renovated 1920s jazz bar Le Club. The daily Path of History tour offers a unique insight into the hotel's wartime heritage.

> 15 Ngo Quyen St, 3826 6919, www.sofitel-legend.com

ARTS

Wicked

The theatrical hit from Oz makes its Shanghai debut, P34



The Fin
P36



Sleep No More Reviewed
P37



Bund Art Guide
P38



FRITZ HELDER

A Force of Nature

By Andrew Chin



As one-half of Azari & III, Fritz Helder helped push the boundaries of house. Now as a solo act, he's introducing a new side of himself. With a mini China tour that stops off at Le Baron on February 23, we caught up with the trendsetter.

As a solo artist, is it hard living up to the legacy of your past group?

I'm very proud to have Azari & III be part of my musical history. The only challenge moving forward is not just falling back on what's in the past, and giving myself the time and space to grow and explore on my own.

Musically, how does your new material differ?

My solo material is a reflection of a very specific time – post-Azari & III – where I was just finding my way as a solo artist and trying new things. Casting spells through the music, you know?

What has been inspiring you musically?

That's a hard question to answer. It depends on the day. I'm inspired by everything I hear: conversations with good friends about the old days, politics or just random shits and giggles. What's prolific to me is when a conversation turns into a new piece of music.

So far you've released one project. Any plans for a follow-up?

I was very happy to be able to give *Force Of Nature* to the world. In 2017, I plan to release much more, but it's too early to spill the beans.

“What happens on the road, stays on the road”

You're a stylish guy. How much does fashion influence your live show?

Visuals are another extension to the delivery of the message. You're telling a story with what you're wearing or not wearing.

What can fans expect from your China shows?

No live band this time. It's pretty stripped, raw and intimate. I'll be DJing, singing and dancing around... maybe some clothes will fly off!

After your China tour, what are your plans?

I'm back in the studio, finishing new tracks for the year. I'll have a better grasp of what needs to be done after testing some of the demos on stage.

In the past, you've toured with Die Antwoord. Any fun stories?

Touring with Die Antwoord was a blast. That *Sonar* tour was pretty wild. Seth Troxler and Tiga were also on the tour. As for fun stories – what happens on the road, stays on the road.

Feb 23, 9pm-late, free entry with reservation. Le Baron, 7/F, 20 Donghu Lu, by Huaihai Lu 东湖路20号7楼, 近淮海中路 (lebaronshanghai.com)

COLLAGE

See the QR codes on this page? Scan them with the That's App when you see it on an article to find more multimedia, photos and videos related to the feature you are reading. Genius, eh? Download the That's App at www.thatsmags.com/app

COMING TO A THEATER NEAR YOU



★ FEB 10 ★

xXx: The Return of Xander Cage

After a brief and unfortunate foray into serious fare, Vin Diesel is back to reprising his ass-kicking characters and the world is much better for it. After shattering box office records with the *Fast and Furious* sequels, Diesel has resurrected his extreme athlete-turned-government operative Xander Cage 15 years after the original. Donnie Yen stars as the villainous Xiang who is trying to find a powerful weapon called Pandora's Box. Thai action star Tony Jaa and Academy Award winner Samuel L. Jackson co-star.



★ FEB 17 ★

Sing

The McConaissance gets animated as Matthew McConaughey voices an optimistic koala whose plans to save his theater through a singing contest become outsized due to a misprint in the advertized prize money. Reese Witherspoon, Scarlett Johansson, John C. Reilly and Tori Kelly are among the star-studded cast guesting as outrageous animals with big dreams and bigger voices. Written and directed by music video veteran Garth Jennings, *Sing* features more than 60 classic songs, and an original track by Ariana Grande and Stevie Wonder. The film has already grossed over USD350 million worldwide.



TRANSCRIBED

“Zhang Yimou has died.”



Perhaps overly dramatic, influential Weibo film critic @XieduFilm's thrashing of the celebrated director's big budget epic, *The Great Wall*, has triggered conversations about the impact that film critics have had on the country's slumping box office.

The film's Chinese studio Le Vision responded to the harsh review comparing it to “libel.” *The People's Daily* published an editorial saying “vicious and irresponsible” reviews written to “grab eyeballs” have hurt the industry. Shortly after, film review site Maoyan removed its professional film critic's reviews from its frontpage.

While the Matt Damon starring *The Great Wall* opened with a respectable USD64.7 million weekend, it currently has a score of 4.9/10 on Douban. Non-professional critiques of the film have ranged from it 'being too Hollywood' to having 'a shallow story.' The film opened across Europe last month and will premiere across North America on February 17.

HAO BU HAO

Hao

Viacom has thrown its hat into China's booming amusement park market, breaking ground on the Nickelodeon Cultural Resort in Foshan. While details are still under wraps, the park promises that families will be able to interact with characters like SpongeBob SquarePants, Dora the Explorer and Teenage Mutant Ninja Turtles. It is expected to open in 2020.

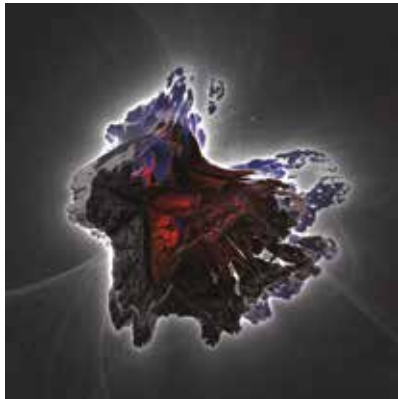
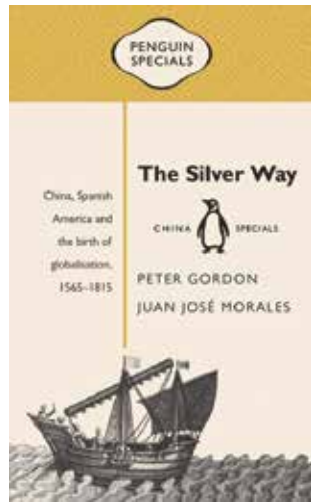


Bu Hao

The Force is not so strong in China. While *Rogue One: A Star Wars Story* won the first box office weekend of 2017, its USD32.2 million was a major disappointment. The film earned USD20 million less than 2016's *The Force Awakens* for its opening, despite the presence of Chinese stars Donnie Yen and Jiang Wen.

WHAT'S NEW

In the latest edition in Penguin's China Special series of mini-books, experts Peter Gordon and Juan José Morales explore the trading route between Spanish America and China that ushered in a new era of globalism. *The Silver Way* touches on the Ruta de la Plata, a passage established in the 16th century crucial to the birth of globalization that is often underexplored academically. Available on Amazon.



Howie Lee's electronic collective Do Hits is wasting no time on building on their exceptional 2016. Already the new year has gifted a pair of releases. Beijing duo Zaliva-D spin new aural nightmares on the Manchu-inspired *Story*, their label debut. On *Sheng*, Jason Hou pays tribute to Beijing sampling sounds recorded from the city's oldest temple and reconstructing local melodic

metal band Frosty Eve. Available at dohits.bandcamp.com.

From theatrical releases of its Christmas special to saucy fan fiction devoted to coupling its crime solving duo, China has shown great love to *Sherlock*. The fourth season of the BBC hit scored the rare



right of having episodes aired simultaneously in China on Youku at the same time as they were released internationally. The thrilling three-episode season is streamable at tv.youku.com.

CAUSING A SCENE



We Want Your Dirty Stories!

The Shanghai International Literary Festival is returning to M on the Bund in March and so is the sixth annual *That's Shanghai* Erotic Fiction Competition.

Over the years, the city's literary souls have regaled us with tales of Scottish lords wooing maidenly Metro attendants, divine giantesses satisfying their lust by straddling the Pearl Tower and randy robots breaking a lot more than Isaac Asimov's *The Three Laws of Robotics*.

It is once again time to dip your quill in the inkwell and set our loins aquiver with fervid, fleshy, filthy prose. Stories must be set in Shanghai and 1,000 words or less. Entries will be judged on creativity, literary merit and arousal factor. E-mail entries to editor@urbanatomy.com with the subject line 'Erotic Fiction' by Sunday, February 26.

Finalists will read their stories at the Literary Festival, with winners awarded sexy prizes. There will also be drink specials and a raffle to benefit charitable causes, because perverts can also be philanthropists.

UME INTERNATIONAL CINEPLEX

50% OFF MOVIE TICKET HALF PRICE

2017

Before 7pm (every Tue)
Before Noon (every Sat & Sun)

63733333 www.ume.com.cn Inside Xintiandi



A WICKED DELIGHT

It's Not Easy Being Green

By Zoey Zha and Tristin Zhang

So begins *Wicked*, a musical loosely based on the novel by Gregory Maguire that acts as a prequel of sorts to *The Wizard of Oz*. The hydrophobic Wicked Witch of the West, the saintly Good Witch of the North, a scarecrow without a brain and a tin man without a heart – *Wicked* revisits these familiar characters and provides them with a back story, one that completely transforms the orthodox story of good and evil into one about racism, political corruption and human cruelty.

Like *The Wizard of Oz*, *Wicked* has become a tremendously popular cultural milestone, one that is a mainstay on Broadway – it is currently the ninth longest-running show ever in New York's famed theater district.

Hailed by the *New York Times* as “the defining musical” of the 2000s, the plot focuses on the smart but fiery Elphaba (later the Wicked Witch of the West), who is born with ‘ugly’ emerald-green skin and a remarkable talent for magic.

Counterbalancing her is blonde beauty queen Glinda (afterwards Glinda the Good Witch), a character so image-conscious that her signature song is ‘Popular.’

When Glinda accidentally opens her heart to Elphaba at a ballroom party, the two girls set aside their differences and gradually become friends. However, their relationship is put to the test when Elphaba decides to challenge the status quo.

“I admire Elphaba big time. She is so independent and confident in her own skin,” says Jacqueline Hughes, who will be performing the role for the show's 10th anniversary China tour that stops off at Shanghai Culture Square from April 4 to May 14.

“Personally, I think Glinda is just as honest as Elphaba,” adds Carly Anderson of her character. “That's why I'm so drawn to her. I definitely share that part of being ambitious with her because





it's what's required in this industry."

Despite their extensive experience in London's West End, the two actresses have some big shoes to fill. Their iconic roles were once portrayed by Broadway divas Idina Menzel and Kristin Chenoweth in the original Broadway production.

"People are so familiar with the original Broadway cast, it won't go very far with copying somebody," Hughes notes. Anderson agrees adding, "You need to find what works for you and apply your own personality and interpretation of the role to it."

With music and lyrics by Grammy- and Oscar-winning composer Stephen Schwartz (*Godspell*, *Enchanted*), this two-act show is packed with beautiful tunes and even bigger costumes.

"My dresses start from boxy types like school uniforms but become more womanly throughout the show," Hughes reveals. "They are made of different fabrics, are all hand-stitched and so heavy, but undeniably gorgeous."

"I probably get the fanciest wardrobe with eight beautiful dresses to sport," Anderson retorts. "One of my gowns is actually designed by Dior, with jewels delicately sewn on it."

Besides showing off their gowns, the two stars will also be singing eight times a week on their months-long tour through the Middle Kingdom, which they're extremely thrilled about.

"What's exciting for us about performing in a country where English isn't the first language is being able to translate the show as actors and actresses," Anderson explains.

What has made *Wicked* a lasting success is the combination of set pieces dedicated to friendship and love with the darker motifs of political suppression and bigoted ideology.

"The theme of friendship is universal. *Wicked* is such an amazing spectacle. There are so many things going on and you'll immediately feel immersed in this world that is Oz."

When Elphaba attempts to reveal that something is rotten in the state of Oz, she is immediately dubbed 'wicked' by the Wizard's press secretary; her legitimate protests against the establishment are transformed by propaganda into the lies of a dangerous malcontent who must be hunted down and destroyed.

It's a show that offers undeniable entertainment, but also invites audiences to question whether we should turn a blind eye to inhumanity, or stand up to injustice at the risk of our own destruction.

“
What has made *Wicked* a lasting success is the combination of set pieces dedicated to friendship and love with the darker motifs of political suppression and bigoted ideology
”



Apr 4-May 14, 7.15pm (Tues-Sun) and 2pm (weekend matinees), RMB80-880.
Shanghai Culture Square, 36 Yongjia Lu, by Fuxing Zhong Lu 永嘉路36号, 近复兴中路 (400 610 3721, en.damai.cn)



THE FIN

From Japan and Beyond

By Andrew Chin

In the land of J-pop, The fin has established itself as Japan's 'it' band. In six years, the indie quartet has gone from self-releasing tracks on Soundcloud to signing deals with UK labels and touring the world, impressing at the taste-making South by Southwest Festival in Austin, Texas and elsewhere.

“South by Southwest was a crazy adventure,” frontman Yuto Uchino says. “We were all super nervous because there were a lot of people and media. When we kicked into our first song, we felt great and just decided to go for it. I think we got many new fans afterwards.”

With a sound that blends synth-pop, chillwave and dreampop, The fin has managed to stand out in Japan's overcrowded music scene. Uchino credits the group's early goal of “playing all over the world” for their ascent.

“In Tokyo, there are already thousands of bands so it's really difficult to stick out. We really wanted to establish ourselves as a band and not just a Japanese band,” he explains.

While they may have started out as a cover band of The Strokes, the group has found its muse in 60s psychedelic pop while adding more “new wave and fresh sounds” inspired by contemporaries like Beach House and Tame Impala.

“We get inspired touring other countries,” Uchino adds. “We meet new people, listen to new bands and take back all these experiences into our music. There's quite a lot of elements in our music right now that come from playing abroad.”

With tours of Europe, Asia and America to their name, The fin's music is also growing. Last year's, *Through the Deep* EP was their most praised yet and Uchino credits it as a turning point for the band.

“This time, all of our members put something in this album,” he says. “We used some new gear to record and it was probably our first album that was well produced. We are building on that when we are

writing new songs.”

Uchino admits the group's ascension to larger stages have impacted their songwriting. “We've learned that we can create a much bigger live sound when venues allow it,” he says. “There might be just a little bit more synths in our music on our next releases.”

He's excited about the group's upcoming mini-tour of China. Noting that their last appearance was as one of many acts in a Shanghai shoegaze festival, Uchino promises the group will debut a couple of new songs when they take over MAO Livehouse on March 3.

“It's always great to try out some songs live first before going into the studio,” he says. “We are pretty happy with the songs and feel that they work well live. By playing them, we will take the live experience into our new album.”

“In Tokyo, there are already thousands of bands so it's really difficult to stick out”

Uchino promises the group will focus on their next release following the China tour and that “most of these songs are ready.” While they're planning to “really focus on Europe after the summer,” the singer is equally excited about growing indie scenes closer to home.

“When we did our last Asian tour we sold out almost every venue in every country,” he says. “This was so amazing to see.”

“I believe that countries like Thailand, Vietnam and China are the next big thing! I do believe that Asia will grow as a scene in general and if these scenes could all get connected, Asia will be such a great place to play.”

Mar 3, 9pm, RMB120-150. MAO Livehouse, 3/F, 308 Chongqing Nan Lu, by Jianguo Zhong Lu 重庆南路308号3楼, 近建国中路 (6446 0086, newnoise.taobao.com)



SLEEPLESS NIGHTS AT THE MCKINNON

Surviving Sleep No More

By Zoey Zha

Lauded as a pioneering work of immersive theater, *Sleep No More* has enjoyed years-long sold-out runs in New York City, London and Brookline, Massachusetts. Punchdrunk Theater's much-hyped take on *Macbeth* has become the talk of Shanghai, selling out tickets for the next couple of months since opening in December.

Sitting quietly on the corner of Beijing Xi Lu, the McKinnon Hotel – an abandoned office space remade to house the show – comes alive each evening with a theatrical experience that engages audiences physically and emotionally.

Entering the show, guests draw from a deck of cards that decide the fate of their journey. After walking through a pitch-dark tunnel that sets the mood, audience members enter a vintage speakeasy that channels the ambiance of 1930s Shanghai, which also doubles as a safe spot to take a break during the three-hour show.

Based on the cards they drew earlier, groups are sent to different floors after each person receives a mask. With 18 hours of content programmed into the show, *Sleep No More* promises to provide a show unique to each audience member.

For us, we stumble upon a goosebumps-inducing dining scene at the start. Eight performers, dressed in suits and modern gowns, move in unfathomably controlled motions bewitching the masked audience observing in the dark.

While there is no verbal communication throughout the show, *Sleep No More* is able to paint its story through physical movement, eye contact and remarkable sound design. It's clear that the couple seated at each end of the table is Macbeth and his wife. However, before we could decipher who the other characters are, the performers

suddenly stand up, and scatter in different directions, forcing us to quickly decide who to follow.

Each floor presents a different theme and is composed of different venues. The second floor, for example, is home to the hotel's check-in desk where audience members may witness a fight or even a murder.

The third floor might be the most time consuming, with a street full of stores and houses to explore. A small, non-descript club with cheesy neon lights flickering above its door is home to *Macbeth's* famed witches and fascinating lighting show stalls.

Don't worry if you lose track of your character or get tired of chasing people around. It's wise to start your own adventure, let your natural detective instincts take the lead and explore the rich environment for hidden plots scattered around the hotel.

One note though: don't be surprised if any performer attempts to make physical contact and engage you into the story. *Sleep No More* is so cleverly designed that it constantly reminds you that you're more than an observer of a show, but an active participant.

While it's impossible to unlock all of the show's secrets in one visit, part of *Sleep No More's* appeal comes from each audience member leaving with their own unique experience. As the show's producer Colin Nightingale told *That's*, "A lot of the storytelling comes out of conversations between audience members after the show."

Until Apr 30, 7pm/7.15pm/7.30pm/7.45pm (Wed-Sat) and 3pm/3.15pm/3.30pm/3.45pm (Sat-Sun), RMB550 (RMB650 on Fri-Sat evenings). McKinnon Hotel, 1013 Beijing Xi Lu, by Jiangning Lu 北京西路1013号, 近江宁路 (5299 0571, booking@mckinnonhotel.cn)

BUND ART GUIDE

Culture Before Cocktails

By Andrew Chin

With its iconic views of the Lujiazui skyline and its world famous mix of high-end restaurants and glamorous lounges, the Bund is also an unheralded home to some of Shanghai's finest art galleries. Enjoy some culture before grabbing cocktails by the riverside by making a day trip through these cultural havens.

Swatch Art Peace Hotel

Known for its ongoing art residencies, the Swatch Art Peace Hotel is also housing one of the three shortlisted proposals in the 2016 Emerging Curators Program organized by the Power Station of Art. Curated by Mao Chenyu, Zhou Jing and Fen Lei, *The Grain God Narrative* explores the relationship between populations in rural and urban spaces with 20 different contemporary artists participating.



> Until Feb 14. Swatch Art Peace Hotel, 23 Nanjing Dong Lu, by Zhongshan Dong Yi Lu 南京东路23号 近中山东一路 (2329 8500, www.swatch-art-peace-hotel.com)

Pearl Lam



With over 20 years of experience exhibiting Asian and Western art, Pearl Lam has established a reputation

for championing artists who challenge cultural perceptions. In *Quotidian*, a dozen of the museum's favorite artists come together presenting pieces that "strive to transcend the ordinary" by challenging audiences to "reexperience seemingly familiar visuals in a different way." Acclaimed artists from Turkey (Inci Eviner), Japan (Sayaka Ishizuka) and China (Pan Jian) contribute.

> Until Mar 18. Pearl Lam, 181 Jiangxi Zhong Lu, by Fuzhou Lu 江西中路181号, 近福州路 (6323 1989, www.pearllam.com)

Shanghai Gallery of Art



Located on the third floor of Three on the Bund, Shanghai Gallery of Art is one of the neighborhood's oldest galleries. Its latest show is an ambitious project overseen by renowned international curators Massimo Torrigiani and Shanghai based Davide Quadrio. Originally

shown in Milan, *The King and I* arrives on the Bund in a completely different form but with the same mission of bringing "an ancient Italian palace" to the city with works that evoke classic fairy tales.

> Until Feb 9. Shanghai Gallery of Art, 3/F, 3 Zhongshan Dong Yi Lu, by Guangdong Lu 中山东一路3号3楼, 近广东路 (6321 5757, www.shanghaigalleryofart.com)

Art + Shanghai

Since relocating to its Suzhou Creek location near the Bund, Art + has been toasting emerging contemporary art and their latest show takes inspiration from its neighborhood. However, Nathalie Perakis-Valat delves into the unheralded stories behind Shanghai's iconic skyline in *Into the Heart of the City - Building the Future*. She photographs 15 construction workers behind some of the city's towering skyscrapers bringing their unique stories to life.



> Until Feb 26. Art + Shanghai, 191 Nan Suzhou Lu, by Sichuan Zhong Lu 南苏州路191号, 近四川中路 (6333 7223, www.artplussanghai.com)

Matthew Liu Fine Arts

Opened by a Wall Street banker-turned-gallerist, Matthew Liu Fine Arts is hosting a show celebrating Beijing-based contemporary artist Yin Zhaoyang. A stalwart within the mid-1990s Youth Cruelty movement in Chinese contemporary art, known for their realistic portraits, Yin continues his interest in abstract and conceptual landscape works with many pieces in *New Works* inspired by several visits to Songshan.



> Until Feb 26. Matthew Liu Fine Arts, 2/F, 115 Yuanmingyuan Lu, by Beijing Dong Lu 圆明园路115号2楼, 近北京东路 (6315 1582, www.mlfinearts.com)

Rockbund Art Museum

Opened seven years ago in a 1930s Art Deco masterpiece, the Rockbund Art Museum has built up a strong reputation thanks to exhibitions like *I Don't Know the Mandate of Heaven*. Leading Chinese artist Song Dong's first major solo exhibition at home in eight years will mix his best-known works with several rarely exhibited pieces. Several pieces have been commissioned solely for this show, including a transformation of the entire building overseen by Song.



> Until Mar 26. Rockbund Art Museum, 20 Huqiu Lu, by Xianggang Lu 虎丘路20号, 近香港路 (3110 9985, www.rockbundartmuseum.org)

AROUND THE WORLD IN 96 PHOTOS

The 4 Aperture Exhibition at the SWFC Observatory Captures the World's Most Dramatic Landscapes

A scenic photo of a frozen lake in Alberta, Canada taken at sunrise sits a few feet away from a shot of a cheetah family playfully roaming through the Kenyan grassland. Around the corner, a black and white snapshot of the picturesque mountains in Guilin that resembles a Chinese-style painting lures you in, but a flock of snow geese flying through New Mexico grabs your attention first. These amazing scenes are just part of the *4 Aperture Exhibition* at the Shanghai World Financial Center observatory (level 94), which runs through March 10.

Each with an impressive résumé and portfolio, the eight photographers featured in the show (known as the 4 Aperture team) have collectively traveled more than one million kilometers through the most remote corners of the world for their work. All 96 masterpieces selected for the show are accompanied by Chinese and English captions, explaining the stories and concepts behind how and where each shot was captured.

Duan Yueheng – one of the world's premier fine art landscape photographers and

the curator of this exhibition – is a master in black and white photography and is known for the dramatic contrast between light and darkness in his work. Some of his photographs of China's beautiful scenes were dubbed as “a colorful bridge connecting China with the world.” One of the most memorable photos of the exhibition is a shot that Duan took in Denver, where thousands of elk were captured marching through the Rocky Mountain National Park.

Another member of the 4 Aperture team, Hu Yiming, has millions of followers in China and around the world. Besides having his work featured in high-profile magazines,

companies like Apple have also used his scenic photos for wallpapers and screensavers. Together with Jeffrey Wu, John Fan, Victor Liu, Xu Mei, Zhang Yan and Jonathan Zhang, the exhibition is a feast for the eyes of amateur and professional photographers and travel enthusiasts.

Besides admiring the amazing scenes captured on camera, one can also experience what it's like to be a real photographer right at the show. For instance, you'll get to visit a life-size replica of the tree house that



Jeffrey Zhang used to photograph wild animals from as part of the experience.

On your way out, you can also pick up some beautiful post-cards featuring the photos from

the show. If the trip to Iceland, Africa or other exotic travel destinations that you've been dreaming of for years hasn't happened yet, you can see some of the most beautiful moments of their magnificent landscapes captured on camera right in the heart of Lujiazui – 423 meters above ground – at the SWFC Observatory.

Until March 10, 8am-11pm, RMB180 or RMB220.
Shanghai World Financial Center, 94/F, 100 Shiji Da Dao, by Dongtai Lu 世纪大道100号94层, 近东泰路
(400 110 0555, www.swfc-observatory.com, WeChat ID: SWFC-100)





James Turrell: Immersive Light

Until May 21. Long Museum (West Bund), 3398 Longteng Lu, by Ruining Lu 龙腾大道3398号, 近瑞宁路 (6422 7636, thelongmuseum.org)



Visibility of Power

Jan 7-Mar 10. J:Gallery, m50, Rm102, Bldg17, 50 Moganshan Lu, by Changhua Lu

PICK OF SIX
ART EXHIBITIONS



Small Is Beautiful VII

Jan 7-Mar 4. Leo Gallery, 376 Wukang Lu, by Tai'an Lu 武康路376号, 近泰安路 (5465 8785, www.leogallery.com.cn)



Made in Germany: German Photography from the 19th Century to Today

Until Apr 2. Shanghai Center of Photography, 2555 Longteng Dadao, by Fenggu Lu 龙腾达到2555号, 近丰谷路 (6428 9516)



Form Consumption Over Substance Reflection

Jan 7-Mar 4. Madeln Gallery, Rm 106, 2879 Longteng Da Dao, by Fenggu Lu 龙腾大道 2879号106室, 近丰谷路 (6070 9563, www.madeingallery.com)

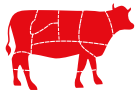


Yu Youhan Retrospective

Until Mar 26. Power Station of Art, 200 Huayuanguang Lu, by Miaojiang Lu 花园港路200号, 近苗江路 (3127 8531, powerstationofart.org)



牛肉



MAD FOR BEEF

How China's Growing Appetite for Meat Affects Us All

By Betty Richardson





The human connection with beef is one that has served our kind well. According to primatologists, the fundamental separator between humans and our closest genetic neighbors, the great apes, is that millions of years ago we began to kill, consume, and equally importantly, cook animals for an unparalleled source of protein. “As a species, we were designed to love meat,” notes Richard Wrangham, Professor of Biological Anthropology at Harvard University. “Eating it literally gave us the big brains that allowed us to dominate the planet.”

It's little surprise that our relationship with the thing that permitted the flowering of human intellect is one of desire. Meat, particularly beef, is a status symbol in societies the world over, and advancements in agriculture mean that we've never had better access to it. Steakhouses introduced cuts of meat larger, fattier and tenderer than our

ancestors could have dared to dream of, an American Dream that indulged our primordial desire for easily digestible protein, and a high ticket commodity that has quickly spread globally.

Up until now, China's relationship with beef has followed a different path. As a cooking culture, meat is typically consumed in smaller pieces easily

managed with chopsticks rather than great slabs of steak. Beef has always been uncommon in most parts of the country, and to some, the concept of rare, pink-in-the-middle steaks is considered barbaric and unhygienic.

But the thing about beef consumption, as economists have for years noted, is its perfect correlation to GDP growth. The more money we earn, the more we have to indulge

in expensive food. Nowhere is this truer than China, where years of successive economic boom have ushered in a burgeoning middle class; open-minded, flush with cash and eager to experience the finer things in life. In fact, China's beef consumption is rising at an astonishing rate of 15 percent per year.

But there is an ominous underbelly to our desire for beef. At present, environmentalists estimate that the carbon footprint of the livestock sector is greater than that of the entire transport industry, equating to 18 percent of all human-produced greenhouse gasses. Despite surging to become the world's second largest importer of beef in just five years, the average Chinese person consumes far less beef than an American. But at this rate the USDA's Foreign Agricultural suggests China could overtake the United States in a few years, leading to the question: what will happen if Chinese people start eating as much beef as their Western counterparts?

George Chen is a man who has seen these changes firsthand, having opened Roosevelt Prime Steakhouse in 2007 – years before China's craze for steak really took off. “Back then, we had a 90 percent expat customer base and were one of just six steakhouses in Shanghai. It was CEOs, ambassadors and captains of industry looking for a taste of home; there were virtually zero Chinese patrons. What local customers we had back then were either confused or horrified at the way we served beef, we had one gentleman who suggested: we take the steak back to the kitchen and cut it up into little pieces.”

Fast forward to 2017, and Chen has experienced a 180-degree change in Roosevelt Prime's customer base. “These days we have 90 percent local clientele; expat packages just aren't what they were back in the 2000s.”

However, it's not necessarily local captains of industry that are taking their places: “Following the anti-corruption crackdown commencement in 2012 we have less official business dinners,” Chen explains. “These days we see more couples on dates, young people looking for a steakhouse experience.” >>

"IN THE SPAN OF FIVE YEARS, CHINA BECAME THE WORLD'S SECOND LARGEST BEEF IMPORTER... CHINESE BEEF IMPORTS ARE FORECAST TO EXPAND AN ADDITIONAL 15 PERCENT IN 2017"

- Foreign Agricultural Service/USDA Office of Global Analysis, October 2016



GENERATION FOODIE

Material indulgence aside, exclusive experiences are the new luxury frontier for China, and dining plays a huge part in this. For many restaurant proprietors, it's not old school gourmands or officials leading the charge. The most lucrative sector for high-end restaurants are the newly minted, upwardly mobile Chinese middle class, who spend disposable income on exotic pleasures that reach them via the emergence of culinary globalization. Imported high-end steak is but one of them, a delicious foreign luxury that can be enjoyed right at home – and compatible with both Western and Chinese dining.

Chef Panos Kalamidas, Regional Executive Chef for Morton's The Steakhouse, agrees with this idea. And he would know; the Morton's in Shanghai's ifc Mall is the American chain's best-performing branch in the world. "International travel has been the biggest influence in changes to our client base. Chinese customers – particularly younger people – are very informed about quality; they look for brand names like Ranger's Valley and enjoy larger cuts like rib-eye or porterhouse. Temperature-wise, they prefer medium to medium-well, though we are seeing a few more people requesting medium-rare."

This sentiment also echoes with Chen, who recalls a group of 17 regulars, each of whom orders his or her own porterhouse



steak and carries a personal custom-made steak knife. Kalamidos tells a similar tale, “We have one super VIP who visits roughly five times per week, though of course, that is an exception. Most of our loyal regulars will visit two to three times a month.”

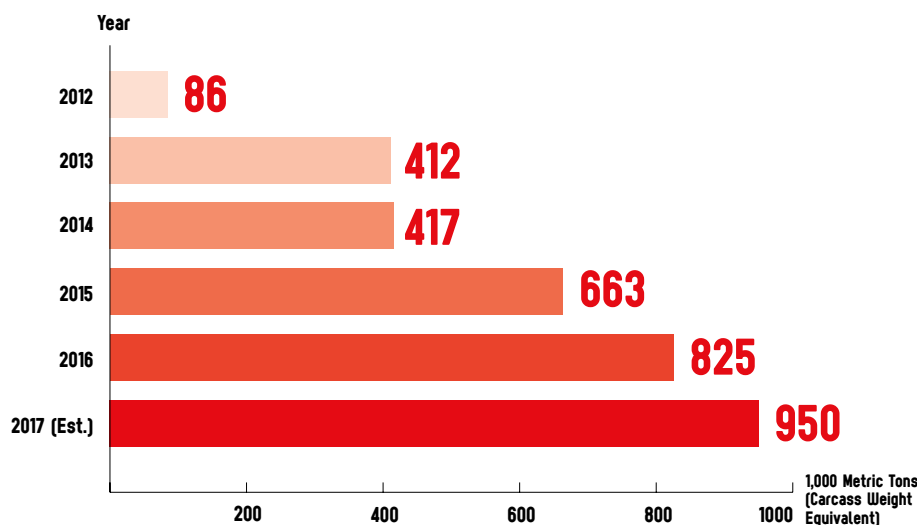
But China’s craze for beef is limited to first tier cities only, due in large to the vast income differences between rural and urban populations. According to a 2012 study reported to the Australian Government Department of Agriculture, animal product consumption in rural China lags as far as 30 years behind urban areas, and the consumption of high value foods is likely to be many times that.

Despite this discrepancy, China’s surging demand for beef is growing at a startling rate, to the point that the supply of high-grade product can no longer keep up with surging demand: China is now the world’s second largest importer of beef, and could be well on its way to toppling America from the top spot.

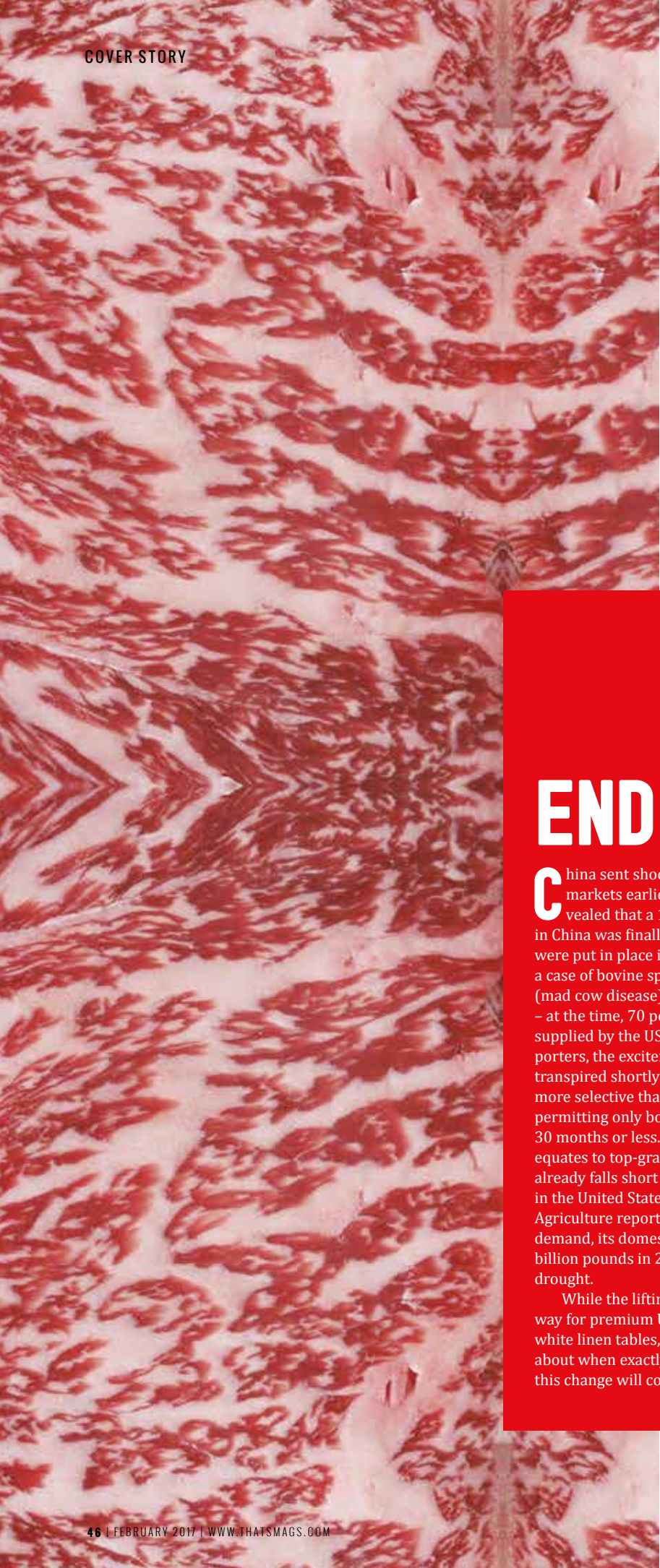
Complex trade agreements have meant that Australia has for a long time enjoyed exceptional opportunities in exporting beef to China. However, particularly brutal Australian droughts in recent years have reduced its largely pasture-fed supply. But their loss is others’ gain, as China has recently permitted several new countries to import beef into its increasingly lucrative market. >>



CHINA'S TOTAL IMPORTS FOR BEEF AND VEAL



Source: Foreign Agricultural Service/USDA Office of Global Analysis, October 2016



END OF THE BAN

China sent shockwaves across the stock markets earlier in 2016 when it was revealed that a 13-year-long ban on US beef in China was finally set to end. The restrictions were put in place in 2003 with officials citing a case of bovine spongiform encephalopathy (mad cow disease) in a Washington State farm – at the time, 70 percent of China’s beef was supplied by the US. Sadly for American beef exporters, the excitement was short-lived when it transpired shortly thereafter that the ban was more selective than many would have liked, permitting only bone-in or boneless beef aged 30 months or less. Beef of those specifications equates to top-grade product, for which supply already falls short of rising domestic demand in the United States. The US Department of Agriculture reported that despite increased demand, its domestic beef supply shrank by a billion pounds in 2015 due to rising costs and drought.

While the lifting of the ban could clear the way for premium US beef products on China’s white linen tables, many remain skeptical about when exactly the legislative results from this change will come to fruition.

WHO SUPPLIES CHINA'S BEEF?



CHINA'S TOP 4 BEEF IMPORT NATIONS, YTD AUGUST 2016

1. Brazil



3. Australia



2. Uruguay



4. Argentina



Source: Foreign Agricultural Service/USDA Office of Global Analysis, October 2016

In the meantime, the United States' loss is a serious gain for others. In the years following the 2003 ban, Australia has enjoyed near-exclusive access to China's burgeoning beef market thanks to the advantageous China-Australia Free Trade Agreement. So advantageous in fact that Australian beef sales to China have boomed six-fold over three years to USD651 million in 2016 alone, according to Meat & Livestock Australia.

While animal protein analysts like Rabobank's Angus Gidley-Baird estimate that Australia's China exports will continue to rise, serious competition came in mid-2015 when Brazil and Argentina were also granted market access. Like the USA, Brazil was banned from exporting to China in 2012 following a mad cow scare. Since regaining market access, however, Brazil has since overtaken Australia to become China's top beef exporter. A relatively weak *real* means that prices for Brazilian beef often comes a lot cheaper than their Australian counterparts, and they are well-positioned to displace Australian product for years to come.

Another of China's significant beef exporters may come as a surprise: India. Having dislodged Brazil as the world's number one beef exporter in 2014, India's beef exports are vast; totaling 2,082,000 metric tons in 2014. As many will know, cows are considered a sacred animal in India, and are neither eaten nor kept for commercial uses. 'Carabeef' like water buffalo, on the other hand, are a different story and are included in statistical numbers like the one above.

Having pushed up the global costs of cow meat, Chinese demand is considered one of the main reasons for this boom, inadvertently creating a gap in the market for cheaper beef. With a tougher texture and not appropriate for steak cuts, carabeef's uses are primarily industrial, destined for processed products.

Since stepping in as a rock-bottom priced exporter, India's carabeef has found particular favor with beef-hungry Southeast Asian nations, in particular its largest importer, Vietnam, at a staggering USD2.1 billion. China itself does not permit Indian beef imports, but many speculate that the bulk of Vietnamese carabeef shipments are carried over the border into China's grey markets, meaning that chopped beef dish you enjoy in your local Chinese eatery may have hailed from a buffalo farm in India (or via the Indian government's terrifyingly-named 'Utilization of Fallen Animals' scheme). >>

BEEF AT HOME

China's own domestic beef production is also significant, and by certain estimates just behind the United States and Brazil at nearly 7,000,000 tons a year, or up to 10 percent of the global supply. Prior to reform and opening-up, China's domestic herd focused on working cattle, though favorable policies of the 80s and 90s providing incentives for small- and eventually larger-scale beef production.

Despite these factors, China's small-scale producers and indeed herd numbers are on the decline. Dramatic urbanization has meant that China's agriculture sector no longer has the cheap, seemingly endless labor force it once did. Environmental factors like constrained grazing pasture have further reduced incentives for domestic producers, causing the price of wholesale beef to double between 2008 and 2013 according to the China Ministry of Agriculture.

And while perceived low levels of quality and food scandals have made consumers wary of domestically produced meat, enterprising producers have spotted opportunity for higher quality beef right at home. Paul Kastro of Monster Steaks, a butchery with an in-house dry-aging facility in Shanghai, has experienced firsthand a new caliber of locally-raised beef from imported breeds of cows like Black Angus and Simmental. "We source our beef from local farms with European production lines in Inner Mongolia, which matches the specific criteria we require for dry-aging. For example, the beef is never frozen, and is naturally raised on pasture and straw without the use of hormones and antibiotics."

Kastro estimates that demand for high-grade domestic beef such as these will continue to rise, thanks to competitive pricing compared to their imported premium counterparts. However, the scale of domestic production is a long way from being enough to satisfy consumer demands, meaning that China will continue to be reliant on imported beef.



CARBON

HOOFPRIENTS

Despite its boosts to the economy, our hunger for beef has a dark side that, if left unchecked, could threaten public health and inflict irreversible environmental damage.

At present, China's beef consumption in terms of domestic consumption by population trails behind the United States at a rate of 7,890 to 11,845 (1,000 metric tons CWE), a statistic that will change as China's urban household income is set to double by 2022 according to research conducted by McKinsey. Assuming that beef (still a luxury item by most classifications) will continue to be consumed primarily by urban middle class residents, 2030 could see a potential population of roughly 854 million regular beef eaters.

This spells disaster for environmental campaigners, who attribute agricultural byproducts and waste as one of the world's worst pollutants. Methane, a greenhouse gas that's up to 33 times more damaging than carbon dioxide is the main culprit, produced by the digestive systems of ruminant livestock (cattle and sheep). This amounts to nearly 100 million tons annually, according to the FAO (United Nations Food and Agriculture Organization). Of these emissions, beef and cattle milk are by far the worst offenders, accounting for 41 and 20 percent respectively, according to a report by the Global Forest Coalition.

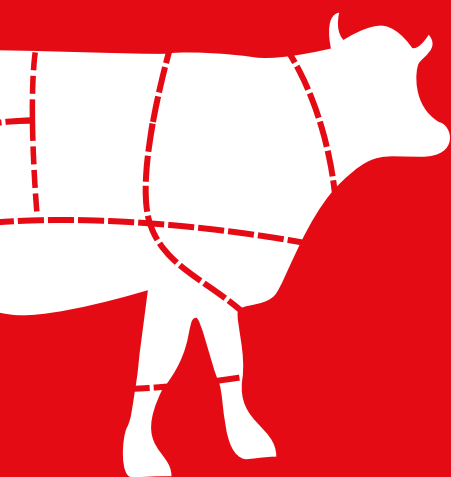
Beef's inefficiencies don't end there. Cattle are unequivocally the most water-intensive livestock, with each pound of human digestible protein requiring 1,799

gallons of water to produce, also taking into account the water required to grow feed.

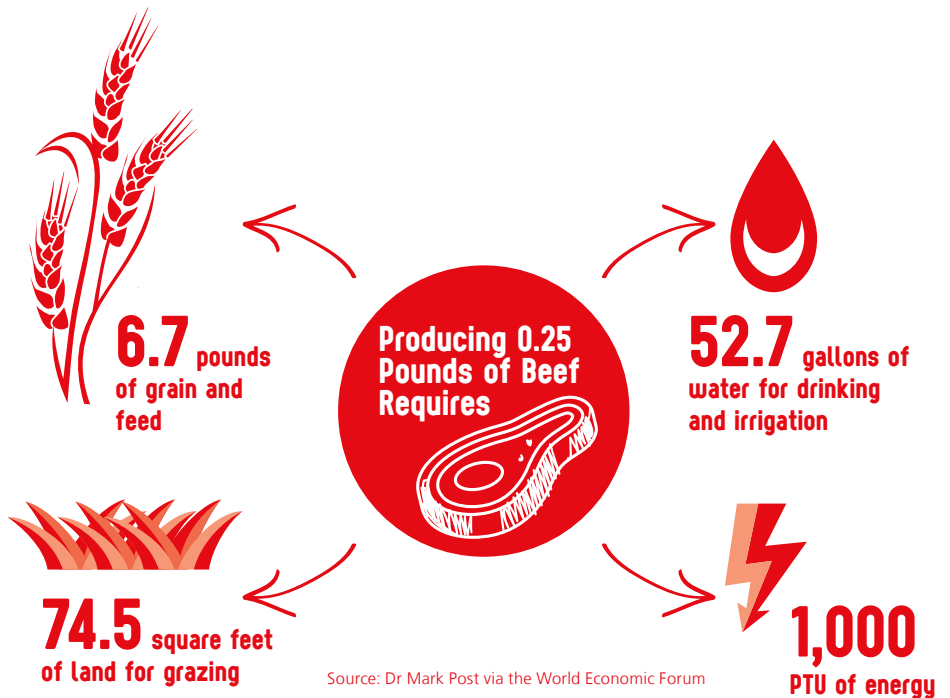
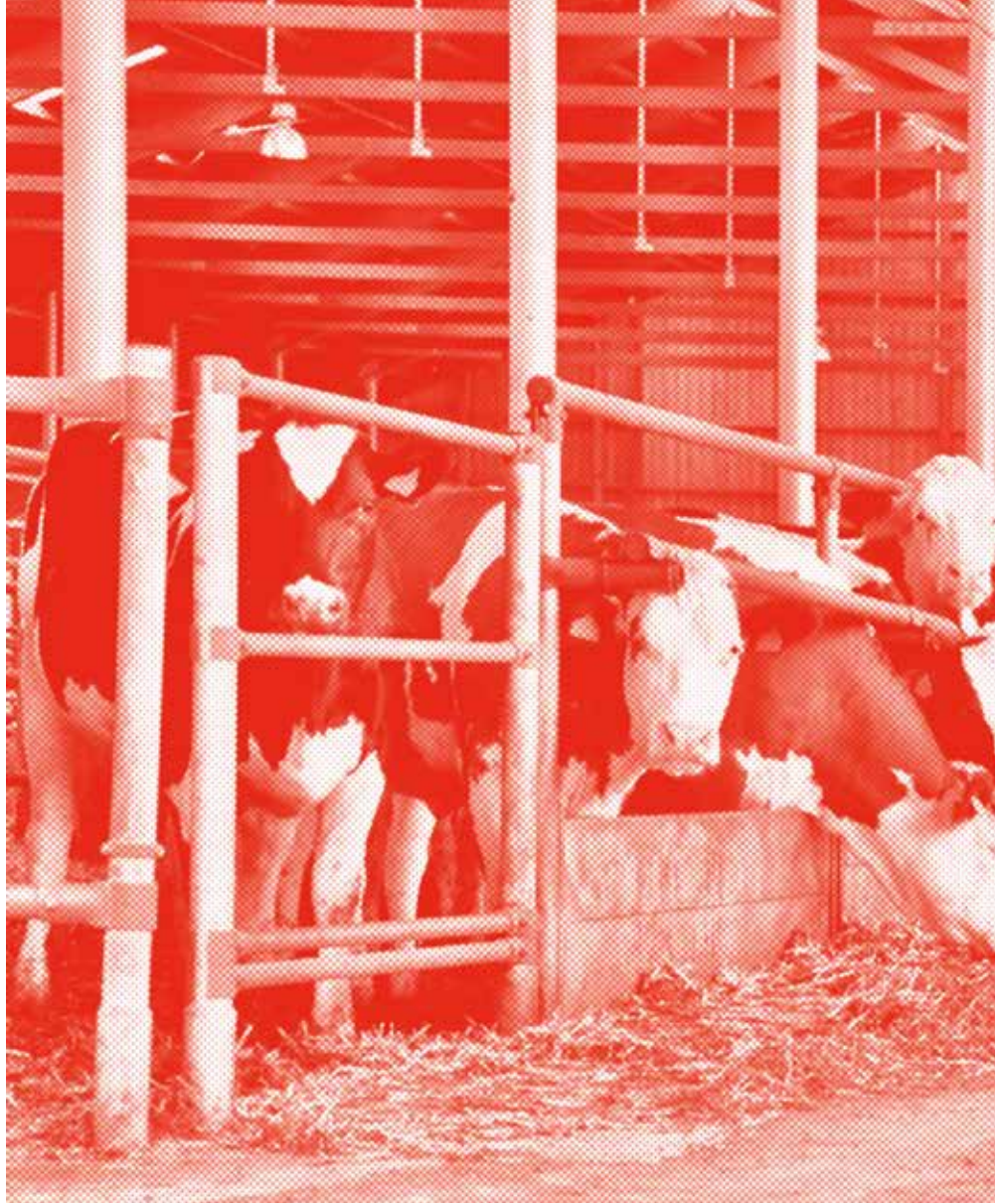
To put that into perspective, one pound of pork requires 576 gallons. In terms of emissions, the *Journal of the Proceedings of the National Academy of Sciences* published findings that a kilo of beef protein produces 1000kg of associated greenhouse gasses, compared to just 24kg for pork and a mere 3.7kg for chicken.

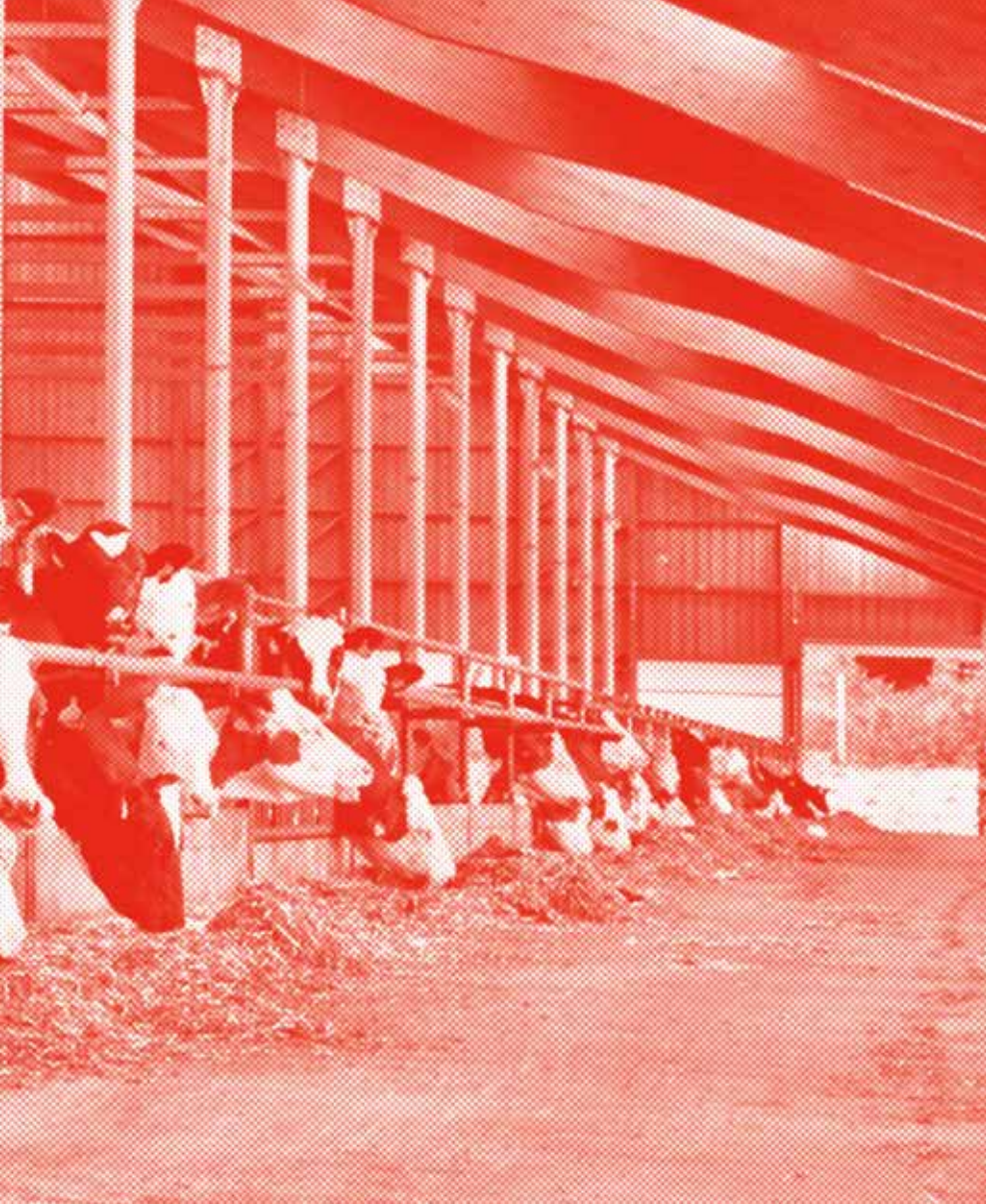
Emissions aside, cultivation of cattle is having a devastating effect on landscapes in some of the world's most environmentally precarious places. The FAO estimates up to 70 percent of the world's arable land is used to cultivate livestock and the feed it requires. In Brazil, now China's most significant beef supplier, 70 percent of deforested land is used for grazing pasture, with the remainder used to grow pesticide intensive soybeans to feed them. Environmentalist Zhou Wanqing argues in *The Triangle*, a groundbreaking discussion paper illustrating the impact of factory farming between the world's biggest players: China, Brazil and USA, that if left to grow at the present rate, the impact of intensive factory farmed meat will render "effectively unbearable" pressures on natural resources.

The human impact is similarly terrifying – the more land used to grow cattle feed is a source of cheap food taken away from some of the world's poorest people. In East Asia particularly, the predilection for richly marbled cuts (achieved by grain-feeding) will likely ensure an uptick in reliance on grain resources for years to come. >>



"WITHOUT A SIGNIFICANT REDUCTION IN GLOBAL MEAT EATING, KEEPING GLOBAL WARMING BELOW TWO DEGREES WILL BE NEARLY IMPOSSIBLE"





Needless to say, the increasing global appetite for beef is already unsustainable, intensified year after year as China's catches up to the West. Chinese policymakers are well-aware of the detrimental impact a future of beef eating will have upon the Chinese populace, and are already feeling the fiscal burden of a society vulnerable to diabetes and obesity. In 2016 the government released new dietary guidelines calling for meat consumption to be reduced by 50 percent, in a decision that was hailed by environmental campaigners. Laura Wellesley, a research associate at the London-based Chatham House international affairs think tank argues that policies like these are a "win-win for policy making," keeping both public health and emission-reducing targets in line. "Without a significant reduction in global meat-eating, keeping global warming below two degrees will be nearly impossible," she adds.

But guidelines are just that without proper public awareness, which in China have so far amounted to a string of government-funded viral public service announcements featuring American director James Cameron and Arnold Schwarzenegger urging people

to eat less meat. Greater emphasis on public awareness is needed globally, and China has a unique opportunity to curb its meat consumption before it spreads to the wider population. In terms of China's own significant domestic production, lowering meat consumption is a low-hanging fruit that could reduce national emissions by as much as 25 percent, which according to Wellesley has the potential to 'free up' the remaining carbon budget and "lower the costs of mitigation across the rest of the economy."

But despite what we know about its unsustainability, eating meat is a hard habit to kick. To avoid what Ken Cook, co-founder of the Environmental Working Group describes as a "terrible reckoning," hard decisions will have to be made by consumers themselves as well as policies by lawmakers on meat producers and agribusinesses. Our survival effectively depends on it.

To finish Dr Richard Wrangham's quote, "Meat consumption has been fantastically beneficial for us, and now by some horrendous irony, it's become part of a system that threatens our species." ■



COMMUNITY

Struggling with Addiction

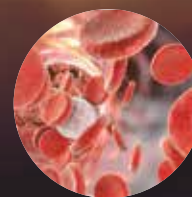
How Narcotics Anonymous Can Help, P56



Thursday Fun Runs
P54



Helping Baby Harlyn
P54



Cardiovascular Disease
P57

ECHO ZHANG

Reshaping the Shopping Mall Industry in Shanghai

Edited by Tongfei Zhang

Echo Zhang is the General Manager of THE PLACE - an emerging shopping mall located in Hongqiao - and is in charge of operations, leasing, marketing and management. Having been in the commercial real estate industry for 18 years working for companies like CBRE Group, Jones Lang Laselle and Regus Business Centre, Zhang is a passionate businesswoman devoted to reshaping Shanghai's shopping malls, starting with THE PLACE.



"One thing I'm proud of and stuck with over the years is being consistent"

Elevator pitch: tell us what you do.

Currently I'm in charge of four commercial projects within THE PLACE, which is a 370,000sqm building comprising of three office buildings and a seven-floor retail shopping mall located in Hongqiao. In this position, I have overseen the mall opening and have been responsible for the entire project's overall performance, including leasing, marketing and mall operation.

What trends are shaping the way business is done here?

More shopping malls are sprouting up in smaller areas of Shanghai instead of old traditional commercial streets like Huaihai Lu or Nanjing Lu. Also, consumers' habits are changing - they make more rational decisions and know clearly what they want; they are not blindly going after promotions or luxury brands anymore. Value is becoming more important to them. In addition, senior citizens have become a new heavy consumption group - they have time and money and know how to spend wisely.

What is the most challenging thing you have done for your business?

I like challenges and when I set a target, I don't give up easily. When I decided that THE PLACE should open at the end of 2014, no one really believed it could happen in time. Our team put in a lot of effort and talked to various brands one by one to win their trust. We used to have only 8,000 customers per day after just opening, but now the customer flow has increased to 40,000-50,000 per day. The early days were a very difficult time for us but we managed to survive and everything is now on a much smoother path.

What has your biggest success been?

I'm not sure it can be considered my biggest success, but one thing I'm proud of and stuck with over the years is being consistent. I'm proud that I'm so passionate about my job compared to when I first started my career, and I hope people can feel that when I meet them.

You have worked in Beijing, Hong Kong and Shanghai. Which is your favorite?

Shanghai for sure. The business environment is better, everyone is practical and people keep their promises here. It's a relatively fair and transparent city in China and people do follow the rules and business practice. In Beijing people rely more on *guanxi*, while in Hong Kong the commercial structure is not as comprehensive and abundant as there are lots of monopolies.

Where do you see Shanghai's shopping malls in five years?

In the next three to five years the structure is going to change and it's important for each mall to find their own positioning. The shopping mall market is going to be more specific and there will be a big shuffle in the next three to five years - big and comprehensive malls with long-term purposes will merge with smaller ones and only those with strong capacity, professional management teams and creativity will remain competitive.

Visit www.the-place.com.cn to learn more about THE PLACE.

OUT & ABOUT

MAKING A DIFFERENCE



Shanghai Gymnastics Helping One of Their Own

Shanghai Gymnastics is well known in the city for their top-of-the-line kids' classes, and they recently used their popularity to do some good for one of their own families going through some tough times. On January 22 they held a Charity Gym Open Day to fundraise for a cochlear implant surgery for the Alligier family's 5-month-old baby Harlyn, who has been diagnosed with severe hearing loss. While the surgery will be a life-changing treatment for baby Harlyn, the cost is over USD20,000, so they can use all the help they can get. If you weren't able to make the open gym day, you can still make a donation at their Go Fund Me page.

> www.gofundme.com/babyharlyn

FITNESS COMMUNITY

Calling all Runners

For all those running enthusiasts out there, RunnersHai is organizing a Thursday running series, taking place on the last Thursday of every month starting in February and going through May. The 6.5K runs will take place at Century Park, free from traffic and scooters – although you may have to dodge the occasional backward walking 70-year-old. While you can always compete with the other runners, you can also race against yourself as RunnersHai will be tracking times after each race and distributing the results to see how you rank in comparison to your previous runs. Besides meeting some new people and getting fit, you'll also receive some prizes at the end of it all if you win in your gender specific category.

> Feb 23, Mar 30, Apr 27, May 25, 8pm, free entry, race starts at Shanghai Science and Technology Museum.



SPORTS BONDING

Super Bowl LI Parties

This year marks the 51st Super Bowl where the NFC and AFC champs face off in one of the most watched sporting events worldwide. Although we may not be able to catch the infamous commercials here in China, you definitely shouldn't miss out on the game and Lady Gaga's halftime performance. Airing on the morning of Monday, February 6, don't let the time difference deter you from watching this American sporting tradition (those with regular working hours, prepare to call in sick).

> Check out thatsmags.com for a full list of venues to watch Super Bowl LI



RECENT NOTEWORTHY EVENT



Community Center Open Houses

In January, The Community Center held an open house at all three of their locations in order to showcase the vital services they provide to the community, such as counseling, Mandarin classes and donations. Here's a look inside the open house in Minhang.

SHANGHAI
that's
Pulse of the city.



Daily News

Events

Reviews

Giveaways

Deals



Follow us on WeChat to receive daily news, events, reviews, giveaways, deals and more.

Advertising Hotline  400 820 8428

THE SILENT STRUGGLE

How Narcotics Anonymous Can Help

Edited by Alyssa Wieting

Alcoholism and drug abuse can occur anywhere, and relocating to another city or country with intentions of starting over does not always solve all problems. Many foreigners in Shanghai battle with drug abuse, but Narcotics Anonymous (NA) can help. Active in over 129 countries, NA is a community-based organization for recovering addicts, with a chapter here in Shanghai. Through a 12-step program, this organization has helped many overcome their addictions and assisted them in regaining control of their lives. Here, an anonymous individual tells us their story.

My problems with active addiction began in earnest when I was 29 years old. That year, I lost the love of a woman who meant the world to me, and subsequently, I lost my dignity and self-respect in the process of trying to win her back.

In my 20s, my consumption of alcohol and marijuana had remained mostly within socially acceptable norms, but then I began using drugs all day, every day. I couldn't bear to be alone with my thoughts and feelings for even a few minutes. I would spend the whole day in bed watching TV and getting high until it was time to go to work in the evening. Due to my lifestyle, the depression became overwhelming. In response, I used even more drugs to numb the feelings; I entered a vicious cycle that is well known to most addicts. I blamed everything and everyone but myself for my problems.

Nonetheless, I started seeking countless strategies to change my course. I tried quitting cold turkey by sheer force of will more times than I can count. I tried therapy, exercising at the gym obsessively, a three-day silent meditation retreat, and I even tried an African ritual where I transferred my obsession and compulsion into some rocks and then threw them off some special cliff. I then tried changing jobs and moving to Japan but my habit followed me all the way there (surprise, surprise).

My downward spiral continued like this for almost five years. I reached a point where I couldn't even look at myself in the mirror anymore; my eyes were perpetually sunken, bloodshot and rimmed with deep dark circles. Finally, I became desperate enough to try a Narcotics Anonymous meeting. To be honest, I was brimming with skepticism at first. After all, I had already tried highly trained therapists and world-renowned spiritual teachers. What insights was I going to get from a bunch of ex-junkies? At the same time, I worried I would fit in. I hadn't used any heroin, crystal meth or crack cocaine, so

maybe my drug problem wasn't serious enough to be accepted in NA...

In reality, I was only a few minutes into my first meeting when I began feeling I had found the solution I had been seeking. I heard some readings that so simply and so accurately described my life and how I felt inside that tears began freely flowing down my face. I was impressed hearing other members articulate truths that I didn't yet have the courage to admit to myself, let alone share in a group setting.

"I entered a vicious cycle that is well known to most addicts. I blamed everything and everyone but myself for my problems"

It's been almost three years since that first meeting and I am proud to say that I haven't used any mind or mood altering substances since. NA has given me so much more than a life without drugs – I have repaired my relationship with my parents, gotten my career back on track, made some incredible friendships in recovery (as opposed to the 'friends' I used to get high with) and even stopped smoking cigarettes. My NA community in Shanghai is completely invaluable to me. Most importantly, it gives me a chance to give back to any newcomer what was so freely given to me – a simple, pragmatic solution for any addict seeking a path to recovery.

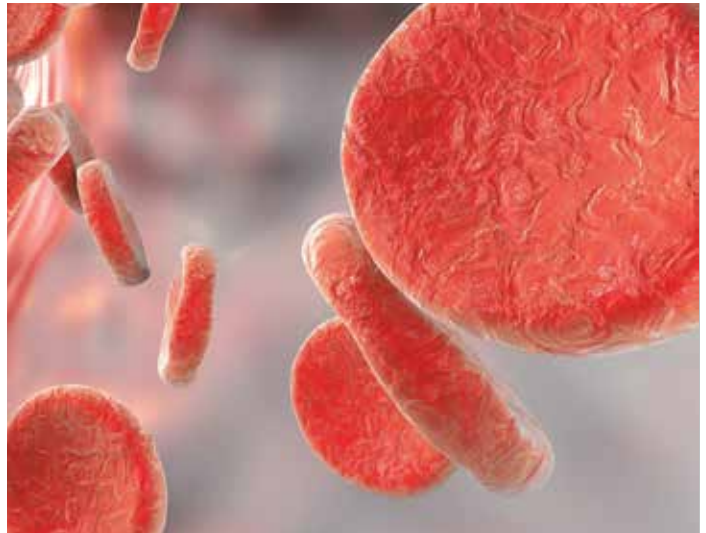
Visit www.nachina.com or call 187 1011 2863 for more information or to join a meeting.



CARDIOVASCULAR DISEASE

What You Need to Know About It

By Dr. Daniel Meng



Cardiovascular disease (CVD) is the direct result of atherosclerosis, a condition where abnormally high levels of cholesterol in the bloodstream have led to the formation of plaque in the arteries. This plaque growth, if left unabated, could impair blood flow and lead to coronary heart disease, cerebrovascular disease and peripheral arterial disease that can ultimately result in a heart attack or stroke.

Since the early 70s, CVD has been the leading cause of death in the United States, and more recently in China alike, accounting for about one in three deaths in the US and one in five deaths in China. Given the large population in China, it is estimated that 3.5 million annual deaths are attributed to CV disease, which is equivalent to one death every 10 seconds. Unfortunately, this figure continues to increase.

“In China, it is estimated that 3.5 million annual deaths are attributed to cardiovascular disease, which is equivalent to one death every 10 seconds”

CVD is no longer the disease of the aged. According to a recent report in 2013, in the last 15 years, the prevalence of coronary artery disease has increased 150 percent in those aged 35 to 44. In the city of Beijing, heart attacks increased by 28 percent in people above 25 years of age, among which the fastest rate of increase (30.3 percent) was seen in the male population between the age of 35 to 44. This alarming rate of increase in CVD has prompted China’s healthcare department to focus not only on treatment but, more importantly, prevention.

There are multiple predisposing factors that cause plaque to build up in the arteries. The traditional hereditary factors known to most people include obesity, diabetes, hypertension, hyperlipidemia, smoking and premature vascular disease. In addition, other lesser-known

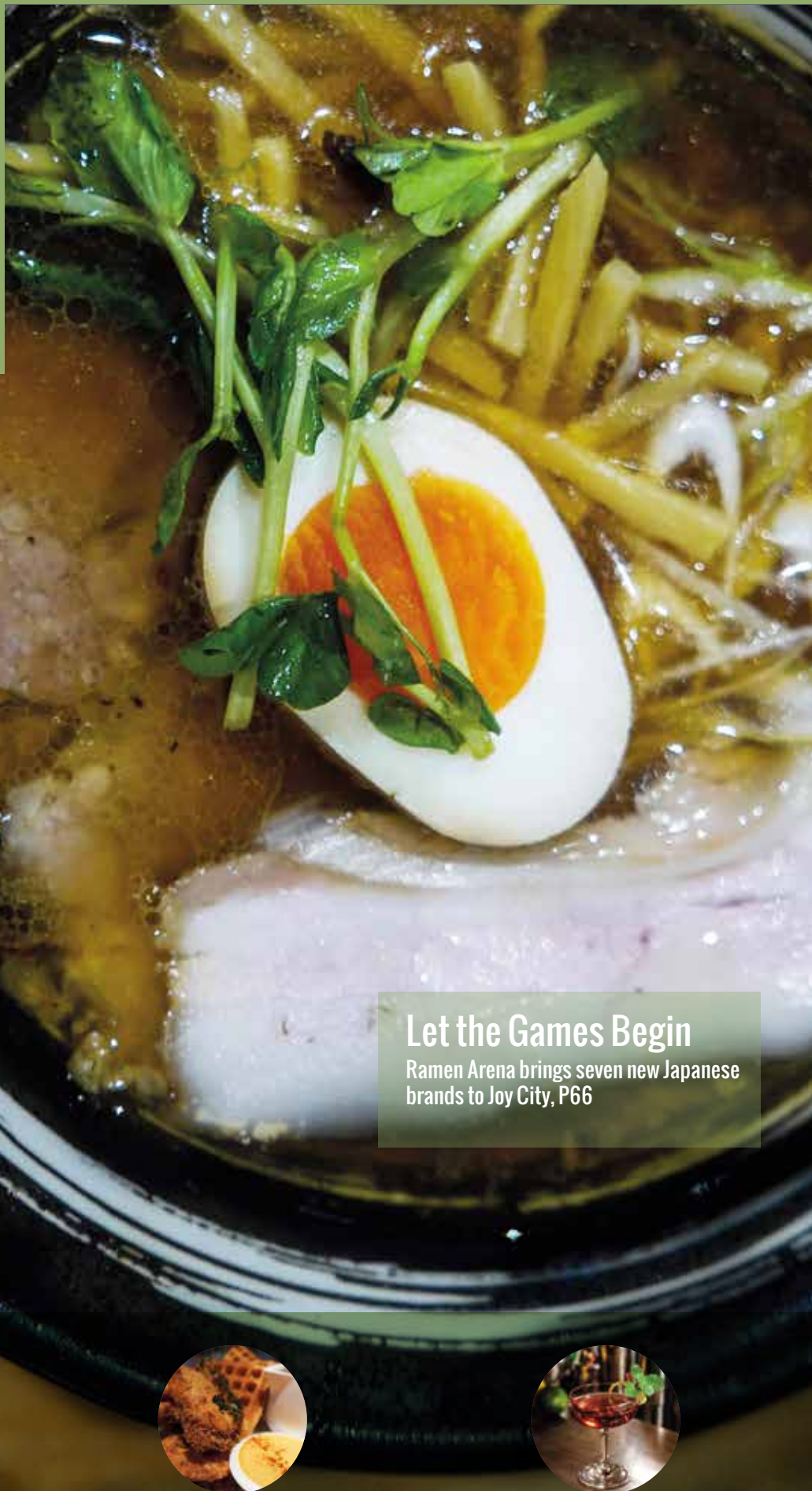
factors may also play a role – namely stressful lifestyle and air pollution. The following principles should be adhered to in order to reduce the risk of developing CVD:

- Abstain from smoking and excessive use of alcohol.
- Maintain a cholesterol level below 200.
- Reduce meat (particularly red meat) consumption and increase your fish intake (at least twice per week). Also consume more beans, grains, vegetables and fruits in order to have a high fiber diet.
- Reduce the intake of processed food, margarine, hydrogenated peanut butter and cake mix. Instead, eat more garlic, apple, oat bran, raisin cereal and ginseng.
- Consume more vitamins, especially Vitamin C, B-6 and B-12; as well as flaxseed oil and cod liver oil.
- Regularly exercise to maintain ideal body weight with at least 30 minutes of aerobic exercise daily.
- Take care of dental hygiene to reduce periodontal disease and inflammation.
- Rest and relax regularly to reduce mental stress.
- No matter where you have been in the past, you can always have a “NEWSTART”
 - N—Nutrition
 - E—Exercise
 - W—Water
 - S—Sunshine
 - T—Temperance
 - A—Air (clean)
 - R—Rest/Relaxation
 - T—Trust

It is apparent that many of the things we need to do to reduce the risk for CVD involve good nutrition, regular exercise and healthier lifestyle. Anyone with a determination to get healthy can start right away and avoid CVD.

Dr. Daniel Meng is the supervisor of cardiology services and a consultant cardiologist at Shanghai United Family Hospital and Clinics. Learn more at www.uhf.com.cn.

EAT & DRINK



Let the Games Begin

Ramen Arena brings seven new Japanese brands to Joy City, P66



The List: Craft Beer Bars
P61



Highline
P65



Fragile Masculinity
P69

FORTUNE COOKIE

Lexie Comstock on Bringing Cookies to China

By Betty Richardson

Having founded the wildly popular Strictly Cookies at the age of 22, Lexie Comstock has since seen it grown into a full-blown company with 23 employees, dozens of flavors and her own factory. We sat down to talk shop in her office, which smells of freshly-baked chocolate chip cookies, by the way.

Why cookies?

I just love them, they're the best. 'Cookie' was actually my first word as a baby. No joke. It was foretold that I would make them.

What cookies were available in Shanghai when you started Strictly?

There was Subway, Marks & Spencer... that was pretty much it. Shanghai's craft food scene now is so awesome compared to what it was back then.

It was as simple as, 'I love cookies. I want cookies. I imagine other people will also want them.' Having that clear idea gave me the motivation. Besides, there was a real lack of dessert options in 2010.

Sounds like you had a solid idea.

Things were a bit more loosey goosey in the beginning, but by 2011 it became my sole job. I remember being psyched City Shop had full-size packs of butter – whereas other places just had single servings! Then again, maybe my 22-year-old self wasn't very good at looking...

Did starting young give you an advantage?

I think it was lucky I was so young. I was very naïve, and had no one else to support. But Shanghai is an awesome city to start your own business in because there are so many ways to make money here.

How many cookies do you make a day now?

About 1,000 to 2,000. It really ranges depending on the day, season etc. We're also spread out between three different sales channels now: wholesale (restaurants, cafés), delivery and our own retail shops.

What's the future got in store for Strictly?

I see us doing more retail shops, or Cookie Nooks as we call them. We don't need a lot of space to do what we do best, and I have no grand plans for a large café. We're really just focused on getting the cookies out there.

Healthy cookies... is there such a thing?

Yes! I'm working with Lizzie's All-Natural on these 'super cookies' that are vegan, and gluten- and sugar-free. It's been a challenge developing recipes without conventional ingredients like flour, butter or sugar. The vegan chocolate chip took literally three months to develop and test.



"Things change quickly in Shanghai, you have to stay adaptable"

We've also started doing decorated cookies – something I was initially against because that is not my talent. We have a new team member now who is great at it, meaning we've been able to do it in a way that feels authentic to our brand.

What's one of the craziest flavors you've done?

The one I'm proudest of is the 'matcha marzipan' flavor. Not crazy kooky, but the combination really worked.

For February, I'm launching the 'Mexican hot chocolate' – spicy chocolate topped with melted marshmallows! I'm not a big salty-sweet person, but the fun thing about baking is that it's opened me up to being more adventurous with flavors, and in some ways, with my life in general.

There's something we can all learn from that. What are the biggest highs and lows to owning an F&B business here?

The high is working with employees who are excited to be a part of the business and are invested in its progress. Particularly when you have conversations with people who believe in the concept and get what we're doing. That's just so, so cool.

The challenges are that things change quickly in Shanghai, and you have to stay adaptable. That's why we have three different sales avenues – you can't become too reliant on one.

Stuff happens. For example, our Xiangyang Lu shop had to close – you can't bank on things being the same forever.

What advice would you give to somebody starting an artisanal F&B business?

Really care about the product. Be able to stick with it. There are really long hours, crazy things come up, but if you genuinely love your product it makes it a lot easier, and possible – without that, isn't.

www.strictlycookies.com

GRAPE VINE

GOSSIP



Two months into 2017 and **Paul Pairet** is already making headlines with the announcement of **The Chop Chop Club**, a new carvery restaurant inside Bund-side Latin lounge Unico.

Homesick New Yorkers, Shanghai has heard your plight and proffered a beloved Big Apple institution: **Joe's Pizza** (above). Think delightfully oily cheese and 'roni topped slices with a side of sass. Situated just outside Nanjing Xi Lu Station Exit 4.

Much less pleasingly, **Cha's Hong Kong Diner**, another restaurant that takes sassy service seriously, has closed for renovation. We hope they won't get rid of all the vintage interiors that gave the place its charm. Meanwhile, a third branch has opened in Henderson Plaza, at 688 Nanjing Xi Lu.

The **Hard Rock Café** has also recently opened its doors in the new Feng Sheng Li complex on Maoming Bei Lu (just next to Nanjing Xi Lu). Find classic Hard Rock eats like hot wings, and such memorabilia as Britney Spears' tank top and Jerry Only from The Misfits' beanie hat. Damn.

Beijing export **Tribe** is also planning a grand debut this month. The healthy eating institution will be on Changle Lu next to Bistro Burger. They say opposites attract...

A new coffee shop has also cropped up on our radar. Beautifully minimal **Oniiri** channels Japanese vibes (and decent coffee) in white-scale interiors at 240 Nanchang Lu. Nice for bright sunny mornings.

Lastly, Shanghai's "first" British restaurant, **Mr Harry's**, shuttered recently. The restaurant was known for bog standard British fare like fry-ups and fish 'n' chips, and famously hosted British celebrity chef Rick Stein on a visit to Shanghai.



Jade on 36

Win a Valentine's Dinner Worth RMB1,988

Woe betide the spouse who forgets about Valentine's Day, the holiday we love to hate but hate to do nothing for. One lucky *That's* reader will have all that *mafan* sorted out for them thanks to **Jade on 36**, who are giving away a Valentine's dinner for two worth RMB1,988.

Kicking off with a glass of Champers, Chef de Cuisine Jeremy Biasiol will be serving such delights as oysters with Champagne jelly, foie gras, Maine lobster and M5 wagyu rib-eye steak, followed by a white and dark chocolate ball with strawberries. After all, they do say the way to the heart is through the stomach.

Fancy entering into the running? Simply scan the QR code below and stay tuned for the competition announcement on February 7 on the official *That's* Shanghai WeChat.



> 36F, Grand Tower, Pudong Shangri-La, 33 Fucheng Lu, by Lujiazui Huan Lu 富城路33号浦东香格里拉大酒店紫金楼36楼, 近陆家嘴环路. Nearest metro: Lujiazui, 5 mins. Open daily, Mon-Sat 11.30am-1.30pm, 5-10pm; Sunday 11.30am - 2.30pm. (6882 8888 ext. 6888)

BREAKING BITE



Keeping those Resolutions

If you didn't manage to keep any of those healthy January resolutions, consider the start of the new lunar year your second chance. We've found eight fantastic different programs in Shanghai from our favorite healthy lifestyle brands, including **Happy Buddha**, **RAWK**, Better Bentos and newly established **SUCICI**.

We've included everything from 'vegan for a month' meal delivery plans (and a fantastic 'five days sugar-free' one too), to juice and smoothie-based detoxes and more.

> See the full list at <http://www.thatsmags.com>

THE LIST

Craft Beer Bars

Say No to Bad Brews

By Jonty Dixon

IPAs and APAs, pales and porters, stouts and saisons: the world of craft beer is going from strength to strength. As more and more small-batch breweries and specialist bars appear in the 'Hai, the revolution is only just getting started.

Here's a list of bars where you're guaranteed to get a good pint. You may have to pay a premium at some, but to avoid the humdrum of warm, flat lagers it's sometimes worth it.

The Hop Project

This fantastic bar on Dagu Lu serves great beers alongside some of the best grilled cheese sandwiches in the game (from Co. Cheese). The relaxed, friendly atmosphere is punctuated with sports on a couple of screens in the back, and a fine bottle selection and several taps are enough to stir up the excitement in any lover of beer. On said taps is a program that shines a spotlight on craft breweries from around China; previous 'tenants' have included the much-lauded Jing A Brewing Co.

> 372 Dagu Lu, by Chengdu Bei Lu 大沽路372号, 近成都北路. Nearest metro: Nanjing Xi Lu, 10 mins. Open daily, 11.30-12am, Friday Saturday close at 2am. (6431 2653)

Jackie's Beer Nest

This tiny spot on Zhaozhou Lu was one of the first to spearhead the craft beer scene in Shanghai. Today the place counts 30 draught beers and over 80 imported labels, with some real rare diamonds among the collection. The



owner, Jackie, is usually on hand to give you the low down on what best suits your tastes, so there's no reason to feel intimidated if you're not up to scratch with your beer knowledge. Open for just five hours a day (5-10pm), make sure you get there early to bag a spot and let the beer flow.

> 76 Zhaozhou Lu by Dongtai Lu 肇周路76号, 近东台路. Nearest metro: Laoximen, 7 mins. Open Mon-Sat, 5-10pm. (138 1650 2260)

Drink Up

Drink Up is one of Shanghai's premier 'candy stores' for adults; it's basically a convenience shop stocked with over 200 different beers from China and the wider world. Some bottles are marked up a bit, though nothing too egregious. The 'worst' thing about Drink Up is probably the overwhelming choice - trying to pick the perfect beer can be slightly anxiety-inducing.

> 169 Jianguo Zhong Lu, by Ruijin Er Lu 建国中路169号 靠近瑞金二路. Nearest metro: Dapujiao, 10 mins. Open daily, 2pm-12am. (139 1634 9520)

The Beer Lady

Much like aforementioned Drink Up, The Beer Lady is essentially a bottle shop with seating. Here you'll find what must be among Shanghai's largest selection of beers from

Europe, Asia, China, Australia, Eurasia, Uranus and who knows where else. Put simply, you'll definitely find something you like. Friendly staff and prices make this a great choice for casual drinking sessions, particularly during nice weather. Oh, and did we mention they're open 24/7?

> 455 Fahuazhen Lu, by Dingxi Lu 法华镇路475号, 近定西路. Nearest metro: Jiaotong University, 10 mins. Open daily, 24-hours.

Boxing Cat

Synonymous with Shanghai craft beer, Boxing Cat now have three locations across the city. Naturally serving all their own excellent beers, they also have a fair selection of imported beers to keep it interesting. Decent food sits alongside their distinctive beers, though we'd recommend getting there in time for the happy hour drinks deals (5-8pm Yongfu and Sinan locations, 3-8pm at Hongqiao), which nabs you a pint of any draught beer for RMB30.

> Sinan Mansions, 519-521 Fuxing Zhong Lu, by Sinan Lu 复兴中路519-521号 思南公馆26A, 近思南路. Nearest metro: Xintiandi, 10 mins. Open, Mon-Fri: 5pm-2am; Sat-Sun: 10am-2am. (6426 0360) See other branch listings at www.boxingcatbrewery.com.

A NATURAL A

By Betty Richardson

Ah oysters. Long-hailed as a luxurious natural aphrodisiac, oysters have health benefits that go way beyond getting you in the mood for love. They're packed with vitamins C and B-12, zinc, selenium, and iron, not to mention a considerable amount of protein, and little fat. While these little (and not so little) bivalves don't come cheap, Valentine's Day – on a romance dampening Tuesday this year – is the perfect time to indulge.

THE LONG BAR

Channel those old Shanghai vibes at the iconic Long Bar on the Bund. Their deal gets you two Peter Pan or Fine de Claire oysters from their seafood bar plus a glass of rosé bubbly for RMB258 per person, or RMB488 per couple. To sweeten the deal, there'll be live jazz music courtesy of the house band, playing classic love songs all night long.

> Waldorf Astoria Shanghai on the Bund, 2 Zhongshan Dong Yi Lu, by Guangdong Lu 中山东一路2号, 近广东路. Nearest metro: Nanjing Dong Lu. Open daily, 6pm-1am. Prices subject to 15 percent service. (6322 9988)

DOZO

This vibrant little izakaya restaurant on Nanjing Xi Lu has an oyster deal that can't be ignored, and is available every day. For RMB100, you'll get 10 #4 Harty Irish oysters, with a 30 percent discount on other varieties too (Kumamoto, Seattle Fat Bastard, Blue Catch). Team them with a bottle of house sake and sushi rolls.

> 2/F, Wheelock Square, 1717 Nanjing Xi Lu, by Huashan Lu 南京西路1717号 会德丰国际广场2楼, 近华山路. Nearest metro: Jing'an Temple, 5 mins. Open daily, 12pm-2.30pm, 6pm-1.30am. (3127 8558)



PHRODISIAC

THE PLUMP OYSTER

Tucked away in Tianzifang, this unassuming little seafood bar is one of the few establishments in this complex that doesn't peddle to tourists. Instead you'll find a great selection of imported oysters, coupled with a very good wine list of mainly French labels. On Valentine's Day they're offering a 'super seafood tower' for RMB399 (normal price RMB699), including caviar, oysters, mussels, jumbo shrimp and lobster.

> Room 301, 3/F, Tianzifang, Lane 171 Jianguo Zhong Lu, by Ruijin Er Lu 建国中路171号田子坊3楼301室, 近瑞金二路. Nearest metro: Dapujiao, 5 mins. Open daily, 6pm-late. (5418 3175)

THE NEST & THE CANNERY

Keeping it simple this year, The Nest and The Cannery will be offering a dozen complimentary oysters with any bottle purchase of Champagne on February 14. If that doesn't sound like a recipe for romance, we don't know what does...

> The Nest, 6/F, 130 Beijing Dong Lu, by Yuanmingyuan Lu 北京东路130号6楼, 近圆明园路. Nearest metro: Nanjing Dong Lu. Open daily, 5.30-2am. (6308 7669)

> The Cannery, 1107 Yuyuan Lu, by Jiangsu Lu 愚园路1107号, 近江苏路. Nearest metro: Jiangsu Lu, 5 mins. Open daily, 5.30pm-1am. (5276 0599)

OYSTER KITCHEN

This specialist seafood restaurant and bar stocks over 20 different varieties from France, Australia, New Zealand, South Africa and more. This Valentine's Day, they're offering 20 percent off all oysters, plus a glass of complimentary rosé Champers for each customer.

> 479 Yongjia Lu, by Taiyuan Lu 永嘉路479号, 近太原路. Nearest metro: Zhaojiabang Lu, 10 mins. (6422 5523)





HANABILI

Izakaya Minus the Food

By Betty Richardson

The Place

If there's one thing we know about Japan, it's that they take all things F&B pretty seriously. It's no surprise then, that some of our most beloved Shanghai spots are helmed by countrymen from the Land of the Rising Sun. Hanabili, a suave *izakaya* restaurant (alcohol with inexpensive food) just a few minutes from Jing'an Temple, bucks this trend. Here, the ambiance, service and cocktails are stellar; the food, well, not so much.

The Food

Like many *izakaya*, the menu is a long, rambling affair encompassing small plates, grilled dishes, noodles, snacks et al. Safe bets like grilled chicken and leek skewers (RMB15), or tasty green onion and pork udon (RMB58) are the thing to order. Don't put the kitchen through its paces, as we foolishly did, with more ambitious plates like those disastrous sea urchin toasts (RMB58) or lackluster grilled tuna jaw (RMB98).

In fact, just don't eat at all, because cocktails are the real reason for coming and are far better than the food belies. Zesty pomelo gin fizz (RMB85) is a perfect balance between fresh fruit and fizziness. The ginger smoky whisky sour (RMB75) also bears the hallmarks of a seasoned mixologist, beguilingly smooth and with a pleasant residual smoked rosemary aroma. We could wax lyrical about

the rum and Cointreau-spiked maple punch (RMB75), so summery it ought really to be drunk in close proximity to a swimming pool.

Needless to say, judging on food alone, we wouldn't give this place a second thought, but luckily the bar saves the day. **1.5/3**

The Vibe

Along with highly persuasive cocktails, Hanabili has stylish interiors and a relaxed atmosphere that also work in its favor. The clientele are a mixed bunch of Japanese expats and young locals, most of whom seem to be pounding drink after drink from the elegantly appointed bar.

This isn't necessarily a place for rowdy nights out or special occasions, but if you're flying under the radar and seeking great drinks, Hanabili could be just what you're looking for. **1.5/2**

Total Verdict: 3/5

Price: RMB150-300

Who's going: Japanese expats, young locals

Good for: craft cocktails, hangouts, dates, izakaya, sake

254 Yuyuan Lu, by Yuyuan Zhi Lu 愚园路254号, 近愚园支路. Nearest metro: Jing'an temple, 5 mins. Open Fri-Sat: 11.30am-2am; Sun-Thurs: 11.30am-1am. (6210 0211)

HIGHLINE

Half of the Story

By Betty Richardson



The Place

By now, the chances are that you've already heard of, and maybe even been to Highline, a luxurious all-day eatery opened by Cody Allen (Le Baron), Michael Sun and John Liu (Scarpetta, Coquille). We held off to give their two new chefs (who stepped in after a few bumpy initial weeks) Anna Bautista and Sean Jorgensen time to flex their culinary muscles. But was it worth the wait?

The Food

Open from morning until late and serving food throughout, Highline treads a blurry line somewhere between American diner and contemporary Western. Come for lunch and you'll find hearty pastrami sandwiches; at dinner and you'll likely eat chicken and waffles alongside silver dollar clams.

It's a concept tailor-made for Shanghai. A 'lounge diner' that flowers into a hip nocturnal destination on weekends, a place very much to see and be seen. Thanks to heavy-weight chefs Jorgensen and Bautista, (frankly, the solo presence of either would be sufficient to oversee Highline's kitchen) the food is consistent. On some nights it dazzles, other

times it's just good.

In the former category is the prime rib roast (RMB888/458, 500/250g), a juicy, M5 wagyu homage to Lawry's Prime Rib lavished with a six-hour roast and backed up with sides of creamed spinach, mashed potato and horseradish cream. Get this to share with one other person if you order the 250g portion, two others if the larger 500g. Anticipate lying prone for at least two hours if tackling the thing solo.

Those inclined towards indulgence would do well with the crispy buffalo spice pig ears strips with ranch dip (RMB58), best paired with the bitter yet balanced Agavoni (RMB120). This tequila, Campari and vermouth-based concoction is by far the best cocktail on Highline's menu.

Other than that there's the chicken and waffles (RMB128, de-boned for your convenience) served with spicy butter and maple syrup. The bacon cheeseburger (RMB98) is also tasty, but not essential. Nori Parmesan-dusted sweet potato fries with Korean chili aioli (RMB58) go nicely with everything, though try the hazelnut persimmon and endive salad (RMB78) if you're saving space for the desserts. Light as air lemon chiffon cake (RMB68) is our favorite. **2.5/3**

The Vibe

Food aside, Highline is a treat for any mid-century modern enthusiasts that might be reading – the dining room is fitted with custom-made Danish-esque furniture that is timeless, unfussy and actually comfortable.

These attributes are but half of Highline's capacity; outside is an exceptionally large roof terrace and standalone bar, complete with fire pit and palm trees. Naturally, all this lies dormant in Shanghai's dour winter months. Like its talented duo chefs, Highline is at present just showing a fraction of its potential. **1.5/2**

Total Verdict: 4/5

Price: RMB400-600 per person

Who's going: Shanghainese bourgeoisie

Good for: contemporary Western food, groups, cocktails, dates, special occasions

6/F, Ascott Hotel, 282 Huaihai Zhong Lu, by Huangpi Nan Lu 6/F, 雅诗阁公寓, 淮海中路282号, 近黄陂南路.
Open daily, 6.30-1.30am. (6333 0176)

RAMEN ARENA

Seven Regional Ramen Shops under One Roof

By Betty Richardson

The Place

Those who dream of ramen, your prayers have been answered: Shanghai now has something called 'Ramen Arena,' which sees seven, yes, seven, ramen shops from different prefectures of Japan installed in a little village on the seventh floor of Joy City.

Here's how it works; journey up the mall's endless escalators and purchase a mandatory 'VIP card' from a ticket booth at the front entrance. Pay close attention to the map (pro tip: take a picture of it on your phone); you'll need it to locate your ramen shop of choosing.



After getting your hot little hands on said card, enter through a little alleyway lined with kitsch trinket-selling shops, strikingly similar to a scene in *Spirited Away*. Now for the hard part – deciding which kind of ramen to eat.

The Food

Hokkaido, Kyoto, Tokyo, Fukuoka and Yamagata are all represented at Ramen Arena. Each shop has a unique characteristic that it's known for back in Japan, and you can spot which are the popular ones based on the lines outside.

One from Hokkaido (No.1), for example, makes an intense crustacean-flavored broth (needless to say there was a long line of locals outside); one from Tokyo makes a famous chicken-based ramen (No.5); the Yamagata delegation adds crazy fried squid to their offerings. The fun really is in taking a chance and finding a new style that you love.

As for us, we took our chances on Sāburano Shin (セアブラノ神, No.6), a shop hailing from Kyoto famous for their rich pork fat-laden broth.

It was every bit as intense as that sounds, a super rich tonkotsu base, available in either *shoyu* or *shio* (soy/salt) flavors. Actual chunks of soft pork fat bob around cheerfully in the broth, flavoring it further. If the

previous sentence disgusts you, we'd recommend one of the lighter ramen like Menya Takeichi (No.5).

All the shops operate independently, but based on the ramen we tried, the quality is good, only dampened if, like us, you look into how luxuriantly topped they appear on websites back in their homeland. We suspect they are constrained by the RMB50 price limit and newly-trained local kitchen staff, but still, for Shanghai, it's decent ramen. **1.5/3**

The Vibe

As with any decent ramen shop, expect queues. Ramen Arena has caught a lot of press with local diners, and as such, it's pretty hectic during weekends, though nothing unmanageable. Here's hoping the quality of the ramen stays consistent after the Japanese proprietors return home. **2/2**

Total Verdict: 3.5/5

Price: RMB50/bowl

Who's going: hordes of locals

Good for: ramen, ramen, and more ramen.

7/F, Joy City Mall, 166 Xizang Bei Lu, by Qufu Lu 西藏北路166号大悦城南楼7楼, 进曲阜路. Nearest metro: Qufu Lu, 1 min. Open daily, 10am-10pm.

FED RESTAURANT & SKY LOUNGE

A Non-five-star Experience in a Five-star Hotel

By Tongfei Zhang



The Place

One of the best places to enjoy Puxi's skyline (on less hazy days) is probably the Pullman Hotel – the highest five-star hotel in the city center, now also home to flower-themed restaurant FED (Flowers, Eats and Drinks). Opened by celebrated Chinese TV host Ma Dong in partnership with local florist brand July's Flower Shop, the aim is to create a flower gallery against the backdrop of the Pullman's spectacular cityscape views.

The Food

From the RMB147 lunch menu, we start with a boring salad doused with heavy dressing. Besides being salty, the following onion soup with oxtail jelly, egg drop and chrysanthemum leaves no other impression. A dry slice of bread floats forlornly in the soup, topped with a tasteless blob of oxtail jelly taking shelter from the salty mass of brown liquid beneath.

Grilled Australian beef with seasonal veggies and shallot sauce is slightly better. The

two thick pieces of beef are tender and juicy, but sadly overpowered by heavy sauce.

Crispy poached eggs Benedict with smoked salmon, pancake and truffle cream was a big disappointment. Poached to the right temperature, both eggs were tempting and runny, but for some reason strangely encased in thick layers of deep-fried batter like two giant meatballs. This imbues the thin smoked salmon slices with an unwelcome oiliness, which also makes its way to the pancake underneath. This is the first and last time we'll try this dish.

The à la carte dinner menu highlights choices like pan-fried scallops with sea urchin and lobster foam (RMB137), steamed cod with Brussel sprouts, clams and pumpkin puree (RMB227) and chocolate lava cake with surprise filling (RMB77).

This dessert was a surprise indeed, though perhaps renaming it to raspberry jam muffin makes more sense. An initial prod with our spoon produces no promised molten chocolate; until at last bite it transpires there was never any filling to begin with. Surprise! **1/3**

The Vibe

Big floor-to-ceiling windows along one side of the spacious hall provides an unbeatable panoramic view – definitely a plus for special occasions.

In contrast with the views are the waiters, who are obviously not well-trained. One chatted leisurely with his customer (or friend?) and didn't bother to get us water until we asked him to, while the other seemed to have no idea what we were eating and couldn't answer any of our questions. It might be a restaurant in a five-star hotel, but our FED experience suggests otherwise. **1/2**

Total Verdict: 2/5

Price: RMB147-500

Who's going: young locals and business people
Good for: special occasions, small groups, dates

50/F, FED Restaurant & Sky Lounge, Pullman Skyway Hotel, 15 Dapu Lu, by Xujiahui Lu 打浦路15号上海斯格威铂尔曼大酒店50楼, 近徐家汇路 Nearest metro: Dapujiao, 5 mins. (6330 3527)

STRAIGHT NO CHASER

We're loving all the activity afoot in Shanghai's bar scene lately. New bars left, right and center. **Healer** is the latest to crop up on our radar. A cocktail bar by local mixologist **Pheobe Han**, the place has an interesting array of drinks with Chinese influences that focus on flavor rather than gimmick. Find it at 30 Tianping Lu.

Candor, the cabaret-themed cocktail bar by **Melody Chen** and **Aaron Feder**, has risen from the F&B crypt and installed itself at a new location on the third floor of the Lyceum Theater. The kitsch interiors have survived the move, only now with a larger stage to accommodate the live entertainment they've got in store for us...

Also returning from the dead (again) is **Amber Lounge**, a late night party venue that closed for what must be the umpteenth time last March. Find the new location at 698 Nanjing Xi Lu, by Qinghai Lu.

The Hop Project on Dagu Lu has welcomed a new craft beer tenant to its taps: Australia's **Little Creatures** brewery. Find their signature pale ale, pilsner and IPA, from now until the end of May.



DRY GOODS, COLD DRINKS

A Gangster's Paradise

By Betty Richardson

Shanghai isn't done with speakeasies yet, far from it. In fact, we'll go so far as to say the city has undergone something of a speakeasy revival thanks to several new 'underground' openings, including Dry Goods Cold Drinks (DGCD hereafter), hidden behind the façade of a general store.

Sharing digs with the (excellent) adjoining steakhouse Roosevelt Prime, DGCD sits in what used to function as the restaurant's off-site wine cellar.

It's been a fairly hasty reconstruction. Vestiges from the venue's former life can still be found, including wine bottles from little known wineries like Petrus Pomerol, Chateaus Margaux and Latour. Heard of them? Us neither.

Drinks have a pretty classic vibe – it is adjoined to a steakhouse after all. We're not sure we can see Don Draper necking three marmalade-addled breakfast martinis (RMB68, maybe a 'Grumpy Old Man,' RMB78, is more his persuasion?), though the accessible price point of the menu is a welcome change from the whole RMB120 for a negroni shtick.

If you are drinking on a budget, and we mean, like, really drinking, opt for the

'Ndràngheta (RMB58, named after the Calabrian mafia and a fitting analogy for the bar's gangster hideout vibe); this is the only time we've drunk Fernet Branca and not winced.

For whatever science/mixology reasons yours truly can't aptly explain, this specific balance of Jim Beam Black, Campari, Montenegro Amaro and good old FB results in a libation that tastes like it has very little alcohol in it. A 'panty drop punch,' if you will. Suffice to say you're not going to be the designated taxi hailer after a few of these.

Other than cocktails, the whisky program here is strong and with plenty for rye and bourbon imbibers to get excited about, though mainly focused on whale clientele who buy by the bottle. Lucky us little guys aren't getting short-changed on the cocktails.

Price: drinks from RMB50-88.

Who's going: locals and expats, whales, possible Mafiosi

Good for: cocktails, quieter vibes, whisky

Entrance via 'Dry Goods' general store, 128 Taiyuan Lu, by Yongjia Lu. 太原路128, 近永嘉路. Nearest metro: Hengshan Lu, 6 mins. (6433 9359)



DOES THIS DRINK THREATEN MY FRAGILE MASCULINITY?

Spoiler Alert: No

By Logan R. Brouse

Here's a secret: the people that make your drinks always judge you, but not for the reasons you might think. We'll judge you if you're a shitty customer who thinks snapping is the best way to get the staff's attention, or if you cause a scene because the bar doesn't do English teacher discounts, just like we'll judge you favorably if you're polite or buy us a round. For better or worse, we're always sizing people up.

Contrary to popular belief though, we're not going to judge you based on your drink. We're like doctors of the alcoholic world: we've seen it all. If a guy wants to order a Cosmo or Daiquiri then fuck yeah, we make the drink, you give us the money and that's all. However, if you think a certain drink threatens your masculinity, then maybe you're not mature enough to be in a bar in the first place.

Consider this. Sometimes, a man might be in a relationship with a wonderful girl and he wants her to insert something in his posterior, much like the famous pegging scene from *Deadpool* (Google it when you're not at work). Does that make him gay? No, because the prostate is awesome. If a man wants to order a shot of Malibu, does that make him gay? Heck no; Malibu is awesome (to him). Just like there are women who love whisky and super peaty Scotch, would it make them any less hetero? This is 2017, of course not.

In this day and age, if you have friends who tell you that you're gay for liking a certain drink, song, or movie, don't listen to them - the homophobes are usually the closeted ones anyway.

Though if you are a committed bro's bro who doesn't like whisky or other manly men drinks, then talk to a bartender you trust about it. Find out your flavor palate. Maybe you hate whisky because the idea of a smoky Scotch doesn't sit with you, but something like a smooth, triple distilled Irish whisky might be the thing you never knew you were into (like the prostate).

One of the most well meaning but stupidest questions I get in the bar is, "What's your best drink?" There are so many different drinks that it's hard to say what's 'best' - we need feedback and input, and then with some skill, it's easy to make something we think you'll enjoy. There are so many flavor combinations out there, what's good to you might not appeal to other people, and that's what makes going to the bar great.

Like sex and drinking, experiment - find out what works and doesn't work for you. Some people are kinky in bed and vanilla in the bar (and vice versa of course). As the Greeks so succinctly put it: know thyself, and order a mojito if that's your heart's desire. No matter what you order, the bartender isn't going to think you're gay, but we might still think you're a douchebag.



Logan R. Brouse, proprietor and mixologist of Logan's Punch Bar, has run bars and clubs in Shanghai for over six years. In between hangovers, he puts pen to paper to record his pontifications on the drink industry.



STELLA ARTO CHRISTMAS EVE



Hongmei Rd



Ole'

OIS
ENT



Hengshan Rd



EVENTS

JAN 30-FEB 3 | ARTS

Ghost: The Musical



Over a million people have seen this hit musical adaptation of the Oscar-nominated film that famously starred Patrick Swayze and Demi Moore. Boasting impressive effects and stirring songs, this stage version has been nominated for Tony and Olivier Awards.

> Jan 30-Feb 3, 7.15pm (with 2pm shows from Tues-Thurs), RMB80-980. Shanghai Culture

Square, 597 Fuxing Zhong Lu, by Shaanxi Nan Lu 复兴中路597号, 近陕西南路 (400 610 3721, en.damai.cn)

FEB 8-9 | NIGHTLIFE

Li Xiaochuan

The standout trumpeter had a stellar 2016 that included live collaborations with Grammy Award winners Gast Waltzing and Eddie Gómez, as well as the release of his excellent sophomore album *Initial*. Swinging into 2017, he'll be leading his quartet through a two-night stand at JZ Club with support from Chekov.

> Dec 8, 9pm-late, RMB50. JZ Club, 158 Julu Lu, by Ruijin Yi Lu 巨鹿路158号, 近瑞金一路 (6431 0269)



FEB 9 | NIGHTLIFE

X&G



SHFT presents the duo that's been championed by Josh Pan and Skrillex for redefining the experimental trap sound with their unique blend of deep bass, jungle and hip-hop synths. Fader One and Louie Louie support.

> Feb 9, 10pm-late, RMB100. DADA, 115 Xingfu Lu, by Fahuazhen Lu 幸福路115号, 近华镇路 (150 0018 2212)

FEB 9-10 | ARTS

Gaelforce Dance

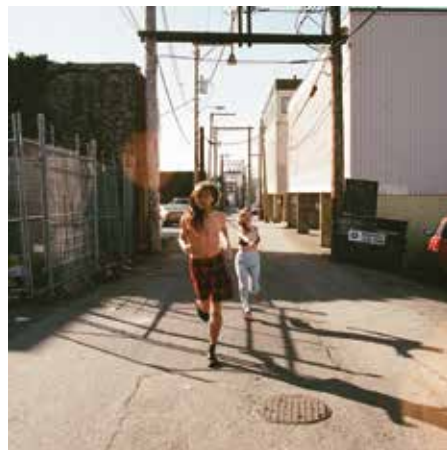


Since its debut in 1999, this highly acclaimed celebration of Irish dance, music and song has been performed in over 30 countries, playing to over 2 million people. Awarded the Lighthouse Award for Best Dance Spectacular, the Richard Griffin choreographed show continues to add new dance numbers that continues its winning mix of traditional and contemporary Irish dance music.

> Feb 9-10, 7.15pm, RMB80-380. Daning Theatre, 1222 Pingxingguan Lu, by Lingshi Lu 平型关路1222号, 近灵石路 (5456 2471, 247tickets.cn)

FEB 10 | NIGHTLIFE

Café Linai



Tropical-tinged house and disco meets dark R&B in the Montreal duo that has mined impressive inspiration from their trip to Hawaii on their debut EP *Paradise*. Hometown heroes Running Blue opens.

> Feb 10, 9.30pm-late, RMB60. Yuyintang, 851 Kaixuan Lu, by Yan'an Xi Lu 凯旋路851号, 近延安西路 (5237 8662)

FEB 10 | NIGHTLIFE

Pablo Fierro

The Canary Islands producer, multi-instrumentalist and DJ has won wide acclaim for his powerful tropical sounds. Leading directors in Spanish cinema have often used Fierro's music to great effect. Adept at guitar, bass, percussion and keyboard, Fierro's performances are more than a simple DJ set.



> Feb 10, 10pm-late, free entry. UNICO Shanghai, 2/F, 3 Zhongshan Dong Yi Lu, by Guangdong Lu 中山东一路外滩3号2楼, 近广东路 (5308 5399)

FEB 10-11 | NIGHTLIFE

Tony Woods

An original member of Russell Simmons' *Def Comedy Jam*, the Washington, D.C. stand-up legend was handpicked by Dave Chappelle to open for the comedy star's much-anticipated return. Praised for his playful demeanor and his sharp, yet mischievous subject matter, Woods has left audiences doubled over in laughter from Montreal's Just for Laughs Festival to the Sydney Comedy Festival.



> Feb 10-11, 9pm (Fri), 8pm and 10pm (Sat), RMB170-200. Kung Fu Comedy Club, 4/F, 1 Xiangyang Bei Lu, by Julu Lu 襄阳北路1号4楼, 近巨鹿路 (5046 2471, 247tickets.cn)

FEB 11 | COMMUNITY

Lantern Festival



The Year of the Rooster is officially on with this annual celebration held across the world that marks the end of the Spring Festival with a dazzling display of lanterns. As always, Yu Gardens is the place to be for Shanghai's most boisterous celebrations. Last year's festivities attracted over 300,000 people.

> Feb 11, 2pm, RMB80 (adults); RMB50 (children). Yu Garden, 288 Fuyou Lu, by Lishui Lu 福佑路288号, 近丽水路

FEB 11&18 | ARTS

NT Live



The National Theatre (NT) Live series brings star-studded theatrical productions on London's West End that are recorded and played live on screens across the world. On February 11, Shanghai Dramatic Arts Center will screen *The Audience*. Academy Award winner Helen Mirren stars as the Queen in this show that follows six decades of private meetings held between the Queen and the British Prime Minister at Buckingham Palace in which both parties are sworn to never repeat what is said. On February 18, Tom Hiddleston and Mark Gattis contribute powerful performances in *Coriolanus*, Shakespeare's searing tragedy of political manipulation and revenge in Rome.

> Feb 11, 2pm, RMB150. Shanghai Dramatic Arts Center, 288 Anfu Lu, by Wukang Lu 安福路288号, 近武康路 (400 610 3721, en.damai.cn)

> Feb 18, 2pm, RMB150. Shanghai Dramatic Arts Center, 288 Anfu Lu, by Wukang Lu 安福路288号, 近武康路 (400 610 3721, en.damai.cn)

FEB 14 | COMMUNITY

Valentine's Day

It's that hallowed day where love birds around the globe are obliged to go for a fancy night out and celebrate their couple-dom like they're Huang Xiaoming and Angelababy. For the full low down on all the Valentine's Day dinners and parties, check www.thatsmags.com/shanghai.



FEB 14 | ARTS

Lisa Ono

The Japanese bossa nova star has won wide acclaim around the world thanks to her stellar voice and charming presence. She returns to Shanghai Grand Stage for what's become an annual Valentine's Day tradition.

> Feb 14, 7.30pm, RMB180-1,200. Shanghai Grand Stage, 1111 Caoxi Bei Lu, by Ciyun Lu 漕溪北路1111号, 近慈云路 (400 610 3721, en.damai.cn)



FEB 14 | ARTS

Gürzenich Orchestra Cologne



With a legacy that reaches as far back as the 15th century, the prestigious German orchestra presents a special Valentine's Day concert. This love letter from the Rhine features performances of Beethoven and Mahler.

> Feb 14, 7.30pm, RMB80-1,080. Shanghai Grand Theatre, 300 Renmin Dadao, by Huangpi Bei Lu 人民大道300号, 近黄陂北路 (400 610 3721, en.damai.cn)

FEB 14 | ARTS

Joe Satriani



The guitar god has sold over 10 million albums, racked up 15 Grammy nominations, toured with Mick Jagger and has tutored other stalwart guitarists like Steve Vai, Kirk Hammett and Charlie Hunter.

> Feb 14, 8pm, RMB800. QSW Culture Center, 179 Yichang Lu, by Jiangning Lu 宜昌路179号, 近江宁路 (6266 3191)

FEB 15 | SPORTS

Shanghai Sharks vs Beijing Ducks



College superstar-turned-NBA bust Jimmer Fredette continues his hugely successful first year in China, hoping to lead the Shanghai Sharks to a shocking first place regular season finish. The shooting guard looks to be in fine form before the play-offs averaging nearly 40 points a game, however he'll have to deal with the CBA's original foreign superstar – former NBA All-Star Stephon Marbury (pictured) and his two-time CBA Championship-winning Beijing Ducks.

> Feb 15, 7.35pm, RMB50-300. Yuanshen Stadium, 655 Yuanshen Lu, by Zhangyang Lu 源深路655号, 近张杨路 (5821 8439)

FEB 16 | NIGHTLIFE

Periphery



The Washington, D.C. based progressive metal band are considered pioneers of the djent movement within the genre that emphasizes polyrhythmic patterns and soaring melodies. They'll be joined by Japanese progressive metalcore band Abstracts who will previewing tracks from their upcoming album, *Hologram*.

> Feb 16, 8.30pm, RMB220-280. QSW Culture Center, 179 Yichang Lu, by Jiangning Lu 宜昌路179号, 近江宁路 (6266 3191)

FEB 16 | NIGHTLIFE

Kittens



SHFT presents the Fool's Gold approved DJ and producer who went from sneaking into LA's hip Low End Theory nights as a teenager to learning turntable tricks from the Gaslight Killer himself. She's gone on to work with Kid Cudi and Usher, while producing alongside Falcons, Hoodboi and Promnite in the Athletixx crew.

> Feb 16, 10pm-late, free entry with RSVP. Le Baron, 7/F, 20 Donghu Lu, by Huaihai Zhong Lu 东湖路20号7楼, 近淮海中路 (reservations@lebaronshanghai.com)

FEB 17 | NIGHTLIFE

Prajnasonic Showcase



The Beijing based electronic label celebrates its anniversary and compilation EP with experimental sets of cosmic drone techno from some of China's top young producers, Yamashiva, iimmune (pictured), DJ Doggy and DJ Jiafeng.

> Feb 17, 10pm-late, free entry. DADA, 115 Xingfu Lu, by Fahuazhen Lu 幸福路115号, 近法华镇路 (150 0018 2212)

FEB 17 | NIGHTLIFE

Herobust



The Atlanta producer merges the big basslines of his hometown with soulful atmospheric and industrial-edged electronica. Tastemakers like Skrillex, Tiësto and Diplo have sung his praises. Herobust's SHFT organized China tour stops off at a makeshift spot on the top of a furniture shopping centre complete with a big sound system.

> Feb 17, 10pm-late, RMB160-200. Yue Xing Furniture, 168 Moganshan Lu, by Changhua Lu 莫干山路168号月星家居, 近昌化路

FEB 18 | COMMUNITY

Rupert Hoogewerf



For the latest edition of M Talks China, the creator of the *Hurun Report* (best known for their *China Rich List*) chats about his career and the country's economy.

> Feb 18, 4-6pm, RMB75 (with one drink). Glam, West 7/F, No 5 The Bund, Zhongshan Dong Yi Lu, by Guangdong Lu 中山东一路外滩5号7层西侧, 近广东路 (6329 3751, www.m-restaurantgroup.com)

FEB 18 | ARTS

Sex Talk

Shanghai theater company Dream Weaver (formerly known as Urban Aphrodite) teams with Women in Leadership League for a sex talk stage play, designed to raise awareness of sex education in China. Professionals such as doctors and other consultants have provided onsite and off-site support.

> Feb 18, 8-10pm, RMB100-150. Huangpu Theater, 780 Nanjing Dong Lu, by Guangxi Bei Lu 南京东路780号, 近广西北路



FEB 18 | NIGHTLIFE

Onra



The Parisian hip hop beatmaker has won wide acclaim for his experimental chopped-up R&B laden beats that incorporate influences from around the world. His *Chinoiseries* famously featured sounds culled from Chinese music records found in China, Thailand and Vietnam. For

his return to Shanghai, he'll be performing a special live set.

> Feb 18, 10pm-late, RMB100-150. M64, Inside 141 Shaanxi Nan Lu, by Huaihai Zhong Lu 陕西南路141号内, 近淮海中路 (6418 7505)

FEB 18 | NIGHTLIFE

Nick Monaco

Co:Motion's Michael Cignarale books his dream guest for his recurring Medusa themed night. Since debuting with San Francisco house monsters Dirty Bird, Nick Monaco has rocked crowds around the world with his mix of monster basslines and tender vocals.

> Feb 18, 10pm-late, RMB60-80. Elevator, 4/F, 218 Xinle Lu, by Donghu Lu 新乐路218号4楼, 近东湖路 (136 6174 7409)



FEB 18 | NIGHTLIFE

Nicky Romero



Ever since his unofficial bootleg of David Guetta's 'When Love Takes Over' took over the internet and piqued the interest of Guetta himself, Nicky Romero has ascended into EDM stardom. With chart-topping hits like 'I Could Be The One' and 'Feet On The Ground' to his name, Romero has been recruited by pop stars Rihanna and Britney Spears for production work.

> Feb 18, 10pm-late, RMB280. M2, 4/F, Hong Kong Plaza, 283 Huaihai Zhong Lu, by Huangpi Nan Lu 淮海中路283号香港广场4楼, 近黄陂南路 (400 610 3721, en.damai.cn)

FEB 18-19 | ARTS

Frozen Planet in Concert



five and up.

> Feb 18-19, 2.30pm and 7.30pm, RMB80-480. Shanghai Children Art Theatre, 800 Miaojiang Lu, by Xizang Nan Lu 苗江路800号, 近西藏南路 (400 610 3721, en.damai.cn)

Breathtaking HD images culled from BBC's landmark series celebrating "the majestic and frozen wilderness of the Polar Regions" will serve as the backdrop for a performance of George Fenton's praised score performed live by the Shanghai Opera House Orchestra. Award winning Shanghai born Zhang Chengjie conducts. Suitable for ages

FEB 23 | NIGHTLIFE

Paula Temple

Signed to the legendary label R&S, Paula Temple has carved out a reputation for her hybrid live/DJ sets that recently thrilled at London's Convergence Festival and Movement Detroit. Known for her cutting edge remixes of The Prodigy, Peaches and The Knife, Temple will headline promoters Say Yes' Asia Reloaded 2017 tour.

> Feb 23, 10pm-late, RMBTBA. Elevator, 4/F, 218 Xinle Lu, by Donghu Lu 新乐路218号4楼, 近东湖路 (136 6174 7409)



FEB 23-25 | NIGHTLIFE

Rio Carnival



It might be winter, but UNiCO Shanghai is heating up the Bund with this three-day festival full of colors, music and dance. Things kick off on Thursday with the launch of UNiCO's new weekly event, Lady Ipanema, which celebrates Brazilian sounds from bossa nova to baile funk. Opening night

features a parade of Brazilian samba dancers, live percussion performances and free flow tropical punch for the ladies. Friday's Chic'n'Pop party will have a Carnival Grooves theme and Saturday's Electropical night promises to be a rowdy farewell to the carnival.

> Feb 23-25, 10pm-late, free entry (RMB100 gentleman cover on Feb 25). UNiCO Shanghai, 2/F, 3 Zhongshan Dong Yi Lu, by Guangdong Lu 中山东一路外滩3号2楼, 近广东路 (5308 5399)

FEB 24 | NIGHTLIFE

The Japan Beatles

Get ready for a Japanese take on the British invasion as the fabulous Japan Beatles band perform classics from the Fab Four, bringing the swinging 60s to The Pearl.

> Feb 24, 9pm, RMB100-120. The Pearl, 471 Zhapu Lu, by Wujin Lu 乍浦路471弄, 近武进路



FEB 25 | EAT/DRINK

Fasching



Starting every year on November 11 at 11:11am, the South German carnival lasts several months culminating in the last six days, which is dubbed the 'Foolish Season.' Per tradition, people dress up in fanciful costumes and unleash their boisterous selves at wild parties. Paulaner continues to bring the festival to Shanghai by bringing the annual costume party to its Expo location for the first time. In addition to an all-you-can-eat buffet full of Bavarian favorites, there will be free flow of Paulaner beer and house wine, as well as a performance of German 'schlager' songs from the live Filipino band, Hype. Prizes will be given to the best costumes.

> Feb 25, 6.30pm-late, RMB328. Paulaner (Expo), 555 Shibo Dadao, by Guozhan Lu 世博大道555号, 近国展路 (2206 0555)

FEB 25 | NIGHTLIFE

Fabrizio Mammarella

Italian Dance Wave Asia presents the founder of acclaimed label, Slow Motion Records. Part of the new generation of producers redesigning the boundaries of house, Mammarella has collaborated with Rodion (who helped shape Beijing stalwarts Nova Heart's debut EP), is a musician in the Clap Rules Project and has rocked clubs all over the globe. Altieri supports.

> Feb 25, 10pm-late, free entry. DADA, 115 Xingfu Lu, by Fahuazhen Lu 幸福路115号, 近法华镇路 (150 0018 2212)



UNTIL FEB 26 | ARTS

Beyond Rubik's Cube

Created by the Liberty Science Museum, Google and the cube's Hungarian inventor, Ernő Rubik, this exhibition celebrates the world's most popular puzzle. During its world tour, *Beyond Rubik's Cube* has delighted guests with interactive physical and digital challenges. Other highlights include a giant Rubik's Cube the size of a car, early prototypes of the cube and the world's most expensive toy, a jewel-encrusted Rubik's Cube.

> Until Feb 26, 10.30am-9.30pm, RMB70 (weekday), RMB100 (weekends). Shanghai Global Harbor Museum, 3300 Zhongshan Bei Lu, by Jinshajiang Lu 中山北路3300号环球港, 近金沙江路 (5456 2471, 247tickets.cn)



HOTEL NEWS



Marko Janssen is appointed as the New General Manager of Melia Shanghai Hongqiao

With 15 years of experience as General Manager, Mr. Marko Janssen recently appointed as the Melia Shanghai Hongqiao, the second property of the hotel brand in China. Mr. Janssen has worked in three different continents and has always been passionate in the hospitality industry. His objective is to ensure service quality of his hotel and to reach higher level of guest satisfaction.

Hyatt Regency opened its first hotel in Fujian at Fuzhou city

Hyatt Regency opens the first Hyatt property in the heart of Cangshan, the capital of Fujian, on the banks of the magnificent Wulong River. The hotel features a unique jasmine themed design while the Fujian-style courtyard is an authentic representation of traditional Min culture. Hyatt Regency Fuzhou Cangshan is developed as an energizing space where guests can collaborate, share and find inspiration.



Le Méridien Brings a New Hotel to Hongqiao

Located in Minhang District, Le Méridien Shanghai, Minhang opens the brand's first property in the Hongqiao Hub. The hotel is an ideal gateway with convenient transportation – it's just a 15-minute drive to the National Exhibition and Convention Center Shanghai and a 10-minute drive to the Shanghai Hongqiao Train Station and Shanghai Hongqiao International Airport.

CITY SCENES



11. On the occasion of the upcoming festive holiday, the iapm is introducing five new stores, including WEDGWOOD, B&O PLAY, LAMY, Baccarat and LALIQUE.



3. On January 3, Swiss watch brand Jaquet Droz organized a media screening of Masters In The Forbidden City to show to support artisans and their work.

4. On January 9, Value Retail China, in collaboration with a dozen of leading artists and designers, kicked off a unique creative program with charity group Adream to support a holistic education that expands children's imagination and creativity.



9. China's first ever Five-sense Experience Center of Beer Culture recently arrived in Shanghai's Sinan Mansions after stopping off at Beijing's Sanlitun for its debut.



8. On December 16, trending French kiwi brand Oscar® organized a networking dinner at Shanghai's Hotel Indigo on the Bund for 20 members of the local media and prominent bloggers to showcase the virtues of their products and tell the story behind the brand.



1. The newly opened Tai Wan restaurant, Huangpu Saemaul Undong restaurant (Whampoa, 301), offers a traditional culinary experience featuring Taiwan-style village culture.



2. FOTILE Style and "No Fire Kitchen" held a press conference on Taojiang Lu promoting the concept of healthy eating. Artist Li Zhimi's artwork was showcased at the event.



7. Shanghai ifc Mall presents the top 5 women luxury fashion brands of the season, including Gucci, MiuMiu, Valentino, Lanvin and Etro.



10. Athletic wear brand lululemon opened its first store, lululemon IFC premium, in December.



6. The iapm invited Cramer, the top international acrobats from Argentina, to bring a world-class performance to shoppers during the Christmas season.



5. Attos held a grand opening on December 22 for its Shanghai Hong Kong Plaza outlet. The new store carries a variety of product lines, bringing a high-quality shopping experience to all customers.

BUDWEISER X SLEEP NO MORE

The hottest theatrical event to grace Shanghai in years, *Sleep No More* has set audiences alight with this innovative new production of *Macbeth*, going hand-in-hand with Budweiser as a sponsor.

Those who studied this Shakespearian masterpiece at school will know it more for its haunting portrait of treason and betrayal than innovation, but *Sleep No More* quite literally redefines the audience/performer relationship in a wordless production that lifts language barriers. Clad in masks, audience members are free to walk from room to room, witnessing different scenes and scenarios.

The setting is also a key part of the groundbreaking play's mood. Housed in a previously disused, unassuming-looking building in Jing'an, *Sleep No More* takes place in 'The McKinnon Hotel.' After 10 months' renovation work, the set boasts five floors and 90 different rooms that audience members can walk between, piecing together for themselves the complex message *Sleep No More* whispers.

Already a smash hit in London and New York, the Shanghai production of *Sleep No More* has attracted open-minded theater-goers in droves, selling out tickets as far ahead as April this year. Tickets are still available online, but for those wanting just a sip of the action, head to Above the Globe bar at the top of the theatre. There you'll find cocktails by Eddy Yang, and limited edition *Sleep No More* branded Budweiser – a memento of the experience.



LISTINGS

RESTAURANTS AMERICAN

AE KITCHEN NOT JUST BRUNCH. One of the most popular brunch places in town! 1) 491 Yuyuan Lu, by Zhenning Lu (6241 3233) 2) 1632-5 Huaihai Zhong Lu, by Hunan Lu (3123 5633) 3) 457 Jumen Lu, by Runan Jie (3159 5833) 1) 惠园路491号; 近镇宁路 2) 淮海中路1632-5号; 近湖南路3) 局门路457号; 近汝南街

Bistro Burger Bistro Burger serves 100 percent Australian beef patties with special spices and fresh ingredients and milkshakes made with New Zealand ice cream. The bistro also functions as a bar where a wide selection of beers and cocktail concoctions can be enjoyed. 1/F, 291 Fumin Lu, by Changlu Lu (6170 1315) Mon-Sat: 11-12am; Sun: 11-10pm www.bistroburger.com.cn 富民路219号1楼; 近长乐路

Blue Frog is pleased to introduce a creative new Drinks Menu. As the new year begins, this new menu wakes up everyone's taste buds with a bevy of specialty and original cocktails, mocktails, shots, beer, wine and healthy drinks inspired by popular ingredients. 1) Room 1E27, 1/F, Building 1, Chamtime Plaza, 1239 Zuchongzhi Lu, by Jinke Lu (5080 1320) 2) Green Sports & Leisure Center, R3-633 Biyun Lu, by Yunshan Lu (5030 6426) 3) Lower Level, Unit 12, 131 Tianyaoqiao Lu, by Nandang Dong Lu (3368 6117) 4) Daning Life Hub, 102A-103A, Block 6, 1918 Gonghexin Lu, by Daning Lu (6631 3920) 5) No. 176 Fashion Park, Jinfeng Lu and Yunle Lu (3490 9880) 6) Room 118, Shanghai Plaza, 138 Huaihai Zhong Lu, by Pu'an Lu (6390 0277) 7) Unit 131, 1st Floor Kerry Parkside, 1378 Huamu Lu, by Fangdian Lu (3378 0271) 8) 8109, 100 Shiji Dadao, by Dongtai Lu (6877 8668) 9) No. 12-14, Fucheng Lu, by Mingshang Lu (6891 0977) 10) Unit 122, 1/F Plaza 96, 796 Dongfang Lu, by Laoshan Lu (6891 5210) 11) Unit 1-1L19 & 1-LM12, The Place, 100 Zunyi Lu, by Ziyun Lu (6237 1236) 12) 10b, 1/F, Skymall, No.5001, Dushi Lu, by Xinzhu Lu (3350 8122) 13) 755 Shanghai Disneytown, Lane 255, West Shendi Road, Pudong New Area (5833 0399) 14) Unit 113 & 115 & 211, East Block, BINGO PLAZA, 345 Tianshan Lu, by Tianzhong Lu (6278 7269) 15) Unit 124 & 125, 950 Zhenhua Lu, by Dahua Er Lu (6070 6908) 16) L104&202, 379 Hengfeng Lu, by Yutong Lu (5299 2730) 1) 祖冲之路1239弄长泰广场1座1楼1E27; 近金科路2) 碧云路633号1座R3; 近云山路3) 天钥桥路131号地下1层12室; 近南丹东路4) 共和新路1918号6幢102A-103A室; 近大宁路5) 金丰路远东乐丰尚国际广场176号6) 淮海中路138号上海广场商场118室; 近普安路7) 花木路1378号浦东嘉里城商场一层L131单元; 近芳甸路8) 世纪大道100号上海环球金融中心B109室; 近东泰路9) 宣城路12-14号; 近名西路10) 东方路796号96广场一层122单元; 近崂山路11) 遵义路100号虹桥南丰城步行街1-L119&1-LM12单元; 近紫云路12) 莘庄都市路5001号仲盛世界商城1层10b; 近莘庄路13) 浦东新区申迪西路255弄上海迪士尼小镇755号14) 天山路345号联合文化休闲广场东座第113&115&211单元; 近天中路15) 真华路950号124&125室; 近大华二路16) 恒丰路379号L104 & L202单元; 近裕通路

Element Fresh Chain of restaurants and one of the longest running with quality ingredients and good service. One of the mainstays in Shanghai. 1) Rm. 112, Shanghai Centre, 1376 Nanjing Xi Lu, by Xikang Lu (6279 8682) Mon-Thurs: 7am-11pm; Fri-Sat: 7-12am Sun 7am-11pm 2) 4/F, 1028 Huaihai Zhong Lu, by Donghu Lu (5403 8865) Mon-Thurs: 8am-11pm; Fri-Sat: 8-12am; Sun 8am-11pm 3) 1/F Super Brand Mall, 168 Lujiuzi Xi Lu, by Lujiuzi Huan Lu (5047 2060) Mon-Thurs: 9am-10:30pm; Fri 9am-11pm Sat-Sun: 8am-10:30pm 4) 1/F, Grand Gateway, 1 Hongqiao Lu, by Huashan Lu (6407 5992) Mon-Thurs: 7am-11pm; Fri-Sat: 7-12am; Sun 7am-11pm 5) 6/F, 228 Xizang Nan Lu, by Taoyuan Lu (6334 3598) Daily 7am-10:30pm 6) 2/F, Shanghai World Financial Center,

100 Shiji Da Dao, by Lujiuzi Huan Lu (6877 4001) Daily 10am-10pm 7) 1/F, 2088 Yanan Xi Lu, by Yili Lu (6083 7436) Mon-Thurs: 9am-10:30pm; Fri 9am-11pm; Sat 8am-11pm; Sun 8am-10:30pm 8) Green City, 331 Hongfeng Lu, by Biyun Lu (3382 1700) Mon-Fri: 9am-10:30pm; Sat: 8am-11pm; Sun 8am-10:30pm 9) 1/F 1378 Huamu Lu, by Fangdian Lu (2022 2537) Mon-Thurs: 9am-10:30pm; Fri 9am-11pm; Sat 8am-11pm; Sun 8am-10:30pm 10) Unit 2, building 18, north block xintiandi, 181 taicang Lu Sun-Thurs 8am-12pm; Fri-Sat 8am-2am (6326 0950) 11) Shop 402, 4/F, K11 Art Mall, 300 Huaihai Zhong Lu, by Huangpi Nan Lu Daily 10am-10pm (6315 2070) 12) Unit N1-12, N2-11, Jing'an Kerry Centre, 1551 Nanjing Xi Lu, by Tongren Lu Sun-Thurs 8am-12pm; Fri-Sat 8-12am (6139 8297) 1) 南京西路1376号上海商城112室; 近西康路2) 淮海中路1028号嘉华中心4楼; 近东湖路3) 陆家嘴西路168号正大广场1楼; 近陆家嘴环路4) 虹桥路1号港汇广场1楼; 近华山路5) 西藏南路228号6楼; 近桃源路6) 世纪大道100号环球金融中心2楼; 近陆家嘴环路7) 延安西路2088号虹桥嘉顿广场一层; 近伊犁路8) 枫树桥331号; 近碧云路9) 花木路1378号浦东嘉里城1楼; 近芳甸路10) 太仓路181弄新天地北里18号楼02单元11) 淮海中路300号K11艺术中心4楼402; 近黄陂南路12) 南京西路1551号静安嘉里中心N1-12; N2-11单元; 近铜仁路

POP a generous and playful all-day dining rooftop American Brasserie with spectacular Bund views. Opening daily 11am-1am. 7/F, 3 Zhong Shan Dong Yi Lu, by Guangdong Lu (6321 0909) www.threonthebund.com 中山东一路3号7楼; 近广东路

Hooters Great food, great beverages, and pretty HOOTERS Girls. -This is HOOTERS! 1) 1/F, Super Brand Mall, 168 Lujiuzi Xi Lu, by Fucheng Lu (5049 0199) 2) 1/F, 1498 Huaihai Zhong Lu, by Wulumuqi Nan Lu (6437 9811) 3) 3/F, L'Avance, 99 Xianxia Lu, by Zunyi Lu (6212 0296) 4) 201, China View Building No.1, East Worker's Stadium Lu, Chaoyang District, Beijing (010 6585 8787) 5) 1F, Lippo Tower, No.62 North Kehua Lu, Chengdu (028 6281 8877) 1) 陆家嘴西路168号正大广场一层; 近阜新路2) 淮海中路1498号1号楼一层; 近乌鲁木齐南路3) 仙霞路99号尚嘉中心三层; 近遵义路4) 北京市朝阳区工人体育场东路; 中国红街1号楼2015) 成都市武侯区科华北路62号力宝大厦一层

KABB 1) North Block House 5 Lane 181 Taicang Lu, by Madang Lu (5465 3856) 2) LG1-142, Shanghai iapm mall, 999 Huaihai Zhong Lu, by Nanchang Lu (6448 3039) 3) Unit 51-04, Jing An Kerry Center, 1238 Yan'an Zhong Lu, by Changde Lu (6237 8863) 1) 太仓路181号; 新天地北里5号楼2) 淮海中路999号上海环贸广场地下一层LG1-142; 近马当路3) 延安中路1238号静安嘉里中心一层S1-04号单元及二层S2-04单元; 近常德路

Shanghai Beer Factory, or affectionately called by its fans as "SBF", has finally opened its second outlet in Jin Qiao, Pudong in July 2016. First established in 2014, SBF started brewing and serving its very own craft beers out of its location at Shanghai Indoor Stadium, achieved recognition as the "Best Craft Beer Restaurant" in 2015. SBF also offers both classic all-time favorites and innovative dishes with Jinqiao branch launched its whole-new desserts selection since August. 1) Pudong: Rm124, Building 7 of Life Hub, 3611 Zhangyang Lu, by Jinqiao Lu. (6160 0116) 2) Xuhui: West Gate of Shanghai Indoor Stadium, 1111 Caoxi Bei Lu, by Zhongshan Nan Er Lu (3356 5005) 1) 张杨路3611号金桥国际商业广场7号楼124室; 近金虹桥路2) 漕溪北路1111号上海体育馆北门; 近中山南二路

BAKERY

SHERMAN ORIGINAL HOMEMADE. Now offers fresh bread everyday. E04, 1/F, 150 Hubei Lu, by Jinan Lu HUBINGDAO (6333 2833) 湖滨路150号湖滨道购物广场1楼E04; 近济南路

CHINESE HOT-POT

Qimin Organic Hotpot Marketplace Qimin, the restaurant originated from Taiwan and created by the same people who brought us "GREEN & SAFE." The bustling marketplace environment is filled with organic groceries, fresh seafood, a variety of vegetables, assorted meats, open kitchen food stands and diners surrounded by lively marketplace food stands, creating a real food bazaar atmosphere. Every item on the menu is carefully selected from the original source, making sure all ingredients are completely natural or organic. Without exception, all dishes are from "Farm to Table" using the most natural ingredients for the boiler in order to extract the primary flavors nature has to offer. 1) 7/F, Takashimaya Department Store, 1438 Hongqiao Lu, by Manao Lu (6295 2117) 2) (NEW) 4/F, Reel Department Store, 1601 Nanjing Xi Lu, by Changde Lu (6258 8777) Daily 10.30am-11pm 1) 虹桥路1438号高岛屋百货7楼; 近玛瑙路2) 南京西路1601号芮欧百货4楼; 近常德路

CANTONESE



MUK CHAI KEE (木仔記) - the continuation of Muk Kee (木记), the first generation of milk tea stall since 1958. Specialties like hand-made eggpuffs (鸡蛋仔) and silk stocking milk tea (丝袜奶茶) are all made from traditional formulas. 1) 2/F, Building 10, Daning The Life Hub, 1988 Gonghe Xin Lu, by Daning Lu 2) Unit B1-3-38, B1/F, Building 1, Jinqiao International Commercial Plaza, 3611 Zhangyang Lu, by Boshan Dong Lu 3) Unit LG1-36, LG1/F, Crystal Galleria Shopping Center, 68 Yuyuan Lu, by Changde Lu 4) Unit G5, B1/F, Skymall, 5001 Dushi Lu, by Xinzhu Lu 5) Unit B102-42, B1/F, Joy City, 198 Xizang Bei Lu, by Haining Lu 6) Unit G09-B1-1-7-007, B1/F, Bailian New Era Mall, 8 Songhu Lu, by Zhonghuan Lu 7) Unit B1-04, B1/F, The Place, 150 Zunyi Lu, by Ziyun Lu 1) 共和新路1988号大宁国际10座2楼; 近大宁路2) 张杨路3611号金桥国际商业广场1座B1楼B1-3-38; 近南山东路3) 惠园路68号晶品购物中心LG1楼LG1-36; 近常德路4) 都市路5001号仲盛世界商场B1楼G5; 近莘庄路5) 西藏北路198号大悦城北楼B1楼B102-42; 近海宁路6) 淞沪路8号百联又一城购物中心B1楼G09-B1-1-7-007; 近中环路7) 遵义路150号虹桥南丰城B1-04单元; 近紫云路

YUE Chinese Restaurant is presenting an exciting blend of local & traditional Cantonese dishes served in a modern atmosphere boasting nine private dining rooms. 2/F, Pullman Shanghai South, 1 Pubei Lu, by Liuzhou Lu (2426 8888) Lunch 11.30am - 2pm; Dinner 5.30 - 9.30pm 浦北楼1号; 上海中星铂尔曼大酒店2楼; 近柳州路

YUE 1525 Enjoy authentic Hong Kong-style Cantonese cuisine at YUE 1525 for either business lunch, family gatherings or special occasions.

YUE 1525 is headed by the veteran Cantonese Chef Wong from Hong Kong. Dim sum, clay pot dishes, double-boiled soups and chef's signature recipes are among the favourites. Lunch daily, 11.30am-2.30pm. Afternoon tea, 2.30-4.30pm on weekends only. Dinner daily, 5-10pm. Level 3, 1555 Dingxi Lu, by Yuyuan Lu (6225 8665) 定西路1555号巴黎春天新世界酒店3楼; 近惠园路。

Yu Yuan Chinese Restaurant A fine dining room designed in modern Art Deco style. Their experienced chefs bring their rich experience and passion for cooking into authentic Cantonese and Taiwan cuisines. Hotel Pravo, 3/F Yu Yuan Chinese Restaurant, 299 Wusong Lu, by Kunshan Lu 吴淞路299号宝御酒店3楼; 近昆山路



VUE Dining This restaurant is designed to create marvelous dining experience in privacy with one of the city's best skyline views. Featuring authentic handmade dim sum and Cantonese cuisine, it is an ideal venue for family celebrations and friends' gatherings. 31/F, West Tower, Hyatt on the Bund, 199 Huangpu Lu, by Wuchang Lu (63931234-6330) Lunch: Mon-Fri 11.30am-2.30pm; Sat&Sun: 11.30am-3.30pm; Dinner: Daily 5.30pm-10.30pm www.hyattonthebund.com 黄浦路199号; 上海外滩茂悦大酒店西楼31层; 近武昌路

SHANGHAISE

Club Jin Mao With superlative views overlooking the Shanghai skyline, Club Jin Mao is one of the most prestigious Shanghaiese restaurants in the city, offering exquisite and authentic Shanghaiese cuisine. Daily from 11.30am-2.30pm, 5.30-10.30pm. 86/F, Grand Hyatt Shanghai, Jin Mao Tower, 88 Shiji Dadao, by Yincheng Zhong Lu (5047 8838) www.shanghai.grand.hyatt.com 上海金茂君悦大酒店86楼; 浦东新区世纪大道88号; 近银城中路

The Chinese Story A unique restaurant featuring radically fused cooking styles. Lovely space. Expect classic Chinese dishes served in individual portions rather than family style. Cathay Building, Jin Jiang Hotel, 59 Maoming Nan Lu, by Changde Lu (6445 1717) 11am-2.30pm; 6-10.30pm 茂名南路59号锦江饭店北楼底层; 近长乐路

Grape Restaurant Originated from 1987, Grape Shanghai is a well-known Shanghaiese restaurant popular in the expat community. Chinese traditional cuisine is offered here, featuring Peking Duck, Mandarin Fish with Pine Nuts and Kung Pao Chicken, Deep Fried Rib with Garlic and dishes served on a sizzling hot cast iron skillet. Jia, 55 Xinxin Lu, by Xiangyang Bei Lu (5404 0486) 新乐路55号甲; 近襄阳北路

Gui Hua Lu offers the very best of authentic Shanghaiese, Huaiyang, and Sichuanese cuisines. Chef Gao creates a special blend of both worlds, traditional dishes with modern interpretations all in the ambiance of distinctive Chinese décor. 1F, River Wing, Pudong Shangri-La, 33 Fucheng Lu, by Lujiuzi Huan Lu (2828 6888) Lunch 11.30am-3pm Mon-Fri, 11am-3pm Sat & Sun, Dinner 5.30-10pm 日常富城路33号浦东香格里拉大酒店浦江楼1楼; 近陆家嘴环路

The Crystal Garden Bathed in natural light, the Chinese restaurant Crystal Garden offers the very best of authentic Chinese cuisine including provincial cuisines plus high-quality seafood. The restaurant's garden-style setting and professional, friendly team makes The Crystal Garden a popular venue for intimate wedding banquets and private functions. 5/F, The Westin Bund Center Shanghai, 88 Henan Zhong Lu, by Guangdong Lu (6103 5048) Lunch: 11:00am – 2:30pm (Mon-Fri), 11:00am – 2:30pm (Saturday & Sunday, Yum Cha); Dinner: 5:30pm – 10:00pm (Daily). 河南中路 88 号上海威斯汀大酒店 5 楼, 近广东路

Whampoa Club This Bund institution specializes in modern reinterpretations of Shanghai classics. Great view, fancy eats. 5/F, 3 on the Bund, 3 Zhongshan Dong Yi Lu, by Guangdong Lu (6321 3737) Daily 11:30am-2:30pm, 5:30-10:30pm www.threenthebund.com/ 中山东一路 3 号, 外滩三号 5 楼, 近广东路

SICHUAN



Sichuan Citizen The people who brought you Citizen Cafe and Bar have gone native with this Sichuan eatery. Here you'll find all the classics amply spiced and served in bamboo-clad dining room. 30 Donghu Lu, by Huaihai Zhong Lu (5404 1235) Daily 11am-10:30pm 东湖路 30 号, 近淮海中路

YUNNAN

Gathering Clouds Specializing in distinctive Yunnan food, Gathering Clouds inherits the most charming Yunnanese cuisine and culture in a modern vibe. Carefully selecting natural ingredients from original source, the place introduces the most authentic Yunnan flavor as well as live sports to all. Unit 105, Building E, 381 Panyu Lu, by Fahuazhen Lu (6271 7162) Daily 11:30am – 2:00pm, 5:30-10:00pm 番禺路 381 号幸福里步行街 E105, 近法华镇路



BEIJING QianMen SHANGHAI The Bund French Concession



Lost Heaven 1) 17 Yan'an Dong Lu, by Sichuan Nan Lu (6330 0967) 2) 38 Gaoyou Lu, by Fuxing Xi Lu (6433 5126) Daily 11:30am-2pm, 5:30-10:30pm 1) 延安东路 17 号, 近四川南路 2) 高邮路 38 号, 近复兴西路



中 8 楼 MIDDLE 8

The Middle 8 This buddha-themed restaurant offers the beauty of Yunnan cuisines with sincere and love in a quiet vibe. With a large statue of buddha and traditional interior, this Beijing transplant is where you could taste out the pure flavor of Yunnan without leaving Shanghai.

Unit406, South Block, HK Plaza, 283 Huaihai Zhong Lu, by Huangpi Nan Lu (6029 6350, 6029 6352) 淮海中路 283 号香港广场南座 406 室, 近黄陂南路

CAFES

CHA Lounge CHA Lounge is the place for a well-deserved afternoon break. An extensive selection of traditional Chinese and Western tea and delicacies, delicious beverages and international wines, as well as pastries, homemade chocolates and macaroons are offered daily. Guests can also treat themselves to an exquisite afternoon tea buffet at RMB108 per person which is offered daily. Open daily, 8am-8pm. Afternoon tea buffet, 2:30-5:30pm. 1/F, 1555 Dingxi Lu, by Yuyuan Lu (6240 8888-8155) 定西路 1555 号巴黎春天新世界酒店 1 楼, 近愚园路

Coffee Tree With a light and airy European look, the cozy spot offers an array of fresh and homemade items including salads, sandwiches, quiche, pasta, and cakes using the finest ingredients. Ferguson Lane, 376 Wukang Lu, by Tai'an Lu (6466 0361) Mon-Sun 9am-10pm www.coffeetreecafe.com.cn 武康路 376 号, 近泰安路

DELI Enjoy French desserts, pastries, cakes, or hand crafted chocolates from the Deli counter located in Lobby Lounge. Your choice, eat in or take away. Special price for cakes and pastries everyday after 6pm. 1/F, Pullman Shanghai South, 1 Pubei Lu, by Liuzhou Lu (2426 8888) Daily 9am - 9pm 浦北路 1 号, 上海中星铂尔曼大酒店 1 楼, 近柳州路



Citizen Café & Bar is a sophisticated coffee house, a craft cocktail bar, and a restaurant serving New American cuisine. Opened in 2005, it went through a complete renovation in 2014, and became more inviting than before. The ever popular Basil Drop remains the same. And the terrace is lovely on a nice day. 222 JinXian Lu, by Shanxi Nan Lu (6258 1620) Daily 11-12:30am www.citizenshanghai.com 进贤路 222 号, 近陕西南路

NONG CAFÉ Located on the second floor, NONG Café offers a lively culinary experience with its open-kitchen stations in a light and airy, interactive, market-style setting. Diners can watch chefs use impressive culinary techniques to prepare their favourite à la minute dishes in the open-kitchen. Breakfast, Monday to Friday, 6-10:30am; Saturday, Sunday and public holidays, 6-11am; Lunch, 12-2pm. Dinner, 5:30-9:30pm. 2/F, 1555 Dingxi Lu, by Yuyuan Lu (6240 8888) 定西路 1555 号巴黎春天新世界酒店 2 楼, 近愚园路

Wagas 1) 199 Fangdian Lu, by Dingxiang Lu (5033 6277) 7am-10pm 2) Rm108 Maxdo Center, 86 Xianxia Lu, by Hami Lu (5208 1978) 7am-10pm 3) 300 Huaihai Zhong Lu, by Madang Lu (6335 3739) 7am-10:30pm 4) 288 Jiujiang Lu, by Henan Zhong Lu (3366 5026) Mon-Fri: 7am-8pm; Sat-Sun: 9:30am-6pm 5) Shop 116, 169 Wujiang Lu, by Nanjing Xi Lu (6267 0339) 8am-10:30pm 6) 283 Jianguo Xi Lu, by Jianshan Lu (5466 8312) 7am-8pm 7) 1/F, 1118 Lujiavui Huan Lu, by Dongchuan Lu (5879 4235) Mon-Fri: 7am-6pm; Closed on Sat&Sun 8) 1/F, 265Jiaozhou Lu, by Xinzha Lu (6272 0353) 7am-11pm 9) L102, 1/F Channel One, 155 Changshou Lu, by Shanxi Bei Lu (3131 5008) Mon-Sun: 7am-11pm 10) Unit 116, 381 Huaihai Zhong Lu, by Madang Lu 11) 1/F, Cloud Nine Mall, 1018 Changning Lu, by Kaixuan Lu 12) Building 3, No.6, Pudong Chamtime Plaza, Lane1239 Zuchongzhi Lu, by Jinke Lu 13) Unit171, Plaza 96, 796 Dongfang Lu, by Laoshan Lu 14) Unit 151, Grand Gateway, 1 Hongqiao Lu, by Huashan Lu 15) 7 Donghu Lu, by Huaihai Zhong Lu 16) 268 Shuicheng Nan Lu, by Yan'an Xi Lu 17) Unit101, 227 Huangpi Bei Lu, by Renmin Dadao 18) Unit120, Block3, 3611 Zhangyang Lu, by Zhonghuan Lu 19) Unit105, Bingu Square, 341 Tianshan Lu, by Weining Lu 20) L1-05, Yueda 889, 889 Wanhangdu Lu, by Changshou Lu 21) L101, Joy City, 166 Xizang Bei Lu, by Qufu Lu 22) Unit 108, Lifestyle Center, 138 Huaihai Zhong Lu, by Pu'an Lu 23) 483 Panyu Lu, by Fahuazhen Lu 24) 410-416 Hengfeng Lu, by Yutong Lu 25) Unit 2-104, Greenland, 699 Zhongshan Nan Er Lu, by Dong'an Lu 26) D109, Baoland Plaza, 555 Kunming Lu, by Dalian Lu 27) T2, 2550 Hongqiao Lu, Hongqiao Int'l Airport T2 (near Gate 47) 28) 67 Daxue Lu, by Zhixing Lu 29) 1F, B-104, 1665 Hongqiao Lu, Starry Sky Square,

OPEN DOOR



QIMIN ORGANIC HOTPOT MARKETPLACE

Seasonal Ingredients, Taiwan-style Snacks and a Third Location

Widely popular with locals and expats, Qimin's farm-to-table style hotpot uses the freshest produce from Green & Safe's farm located in the outskirts of Shanghai and the highest quality meat and seafood from around China and beyond.

Entering their restaurant at the Reel Mall in Jing'an, guests are greeted with stacks of colorful fresh fruits, vegetables and other healthy edible goodies in the market section of the space before you reach the dining area. With seasonality in mind, their menus are often updated to reflect and showcase the freshest offerings from nature. On their newest winter menu, strawberries take the center stage and are incorporated into a refreshing appetizer with organic shungiku and a light vinaigrette to open up your appetite.

Paying homage to the brand's roots, Taiwan-style snacks that are commonly found in local night markets are also heavily featured on the menu. After nibbling on fried calamari, fried chicken with basil, shrimp cake and similar offerings, dive into the main attraction – organic hotpot. With zero additives in their broths, you can really taste the natural flavors of the fresh meat and vegetables in their purest forms. Additional sauces are, of course, available at Qimin, but it's almost unnecessary because of the quality of the ingredients.

Good news for residents of the former French Concession. Qimin will be opening their third branch on Hengshan Lu after Chinese New Year, and they're promising a brand new look at their new home. Expect an opening in the second half of February.

Level 4, Reel Mall, 1601 Nanjing Xi Lu, by Changde Lu 南京西路 1601 号芮欧百货 4 层, 近常德路 (6258 8777)



LISTINGS

by Shuicheng Lu 30) Unit101, 252 Jinkang Lu, by Huamu Lu 31) B1E04, Parkson Newcore Citymall, 789 Tianshan Lu, by Loushan Guan Lu 32) Room106, 458 Jianguo Lu, by Yuyuan Lu 33) 195 Anfu Lu, by Wulumuqi Lu 34) Unit118, Shanghai Center, 1376 Nanjing Xi Lu, by Xikang Lu 35) LG Unit16, IFC 8 Shiji Dadao, by Lujiazui Huan Lu 36) Unit 137, 1378 Huamu Lu, by Fangdian Lu 37) Unit 175, Fashion Park, 571 Yunle Lu, by Jinfeng Lu 38) Unit 2-L102 & 2-L204, Building 14 #28, The Place, 100 Zunyi Lu, by Ziyun Xi Lu 1) 芳甸路 199 弄大姆指广场 31 号, 近丁香路 2) 仙霞路 86 号万国商城 108 室, 近哈密路 3) 淮海中路 300 号香港新世界广场, 近马当路 4) 九江路 288 号, 近河南中路 5) 吴江路 169 号 116 商舖, 近南京西路 6) 建国西路 283 号, 近嘉善路 7) 陆家嘴环路 1118 号汇亚大厦 1 楼, 近东川路 8) 胶州路 265 号 1 楼, 近新闸路 9) 长寿路 155 号调频广场 1 楼 L102, 近陕西北路 10) 淮海中路 381 号 116 室, 近马当路 11) 长寿路 1018 号中山公园龙之梦 1 层 10518&1053 室, 近凯旋路 12) 祖冲之路 1239 弄长泰广场 6 号 3 号楼, 近金科路 13) 东方路 796 号 96 广场 171 单元, 近崂山路 14) 虹桥路 1 号港汇恒隆广场 151 室, 近华山路 15) 东湖路 7 号, 近淮海中路 16) 水城南路 268 号古北家乐福, 近延安西路 17) 黄陂北路 227 号中区广场 1 楼 101 室, 近人民大道 18) 张杨路 3611 号金桥国际南广场 3 座一层 120 室, 近中环路 19) 天山山路 341 号缤谷广场 105 室, 近威宁路 20) 万航渡路 889 号一层 5 室, 近长寿路 21) 西藏北路 166 号上海大悦城 101-01B, 近曲阜路 22) 淮海中路 138 号无限广场一层 108 单元, 近普安路 23) 番禺路 483 号, 近法华镇路 24) 恒丰路 410-416 号, 近裕通路 25) 中山南路 699 号正大乐城 2-104-1, 近延安路 26) 昆明路 555 号宝地广场 D 栋一层 109 单元, 近大连路 27) 虹桥路 2550 号上海虹桥机场 (靠近 47 号登机口) 28) 大学路 67 号, 近智慧路 29) 虹桥路 1665 号皇空广场 1 层 B-104, 近水城路 30) 锦康路 252 号 101 室, 近花北路 31) 天山山路 789 号百盛优客城市广场地下一层 B1E04, 近娄山关路 32) 江苏路 458 号舜元大厦 106 单元, 近愚园路 33) 安福路 195 号, 近乌鲁木齐路 34) 南京西路 1376 号 118 室东塔, 近西藏路 35) 世纪大道 8 号上海 IFC 商城 LG1 层 16 单元, 近陆家嘴环路 36) 花木路 1378 号浦东嘉里城商城一层 L137 单元, 近苏州路 37) 远东路 571 号丰尚国际生活中心 175 室, 近金丰路 38) 遵义路 100 弄虹桥南丰城 14 幢 28 号 2-L102 & 2-L204 单元, 近紫云西路

DELI SHOPS

Green & Safe With an organic farm in Kunshan, this organic store provides daily delivered vegetables and a variety of local and imported organic goods, such as organic extra virgin olive oil, white and red balsamic vinegar, organic pasta, muesli and more. 30% off on all breads after 7pm everyday in Dongping branch. 1) 6 Dongping Lu, by Hengshan Lu 5465 1288, 1/F: 8am-10pm; 2/F: 6pm-12am 2) 4/F, 1438 Hongqiao Lu, by Hongbaoshu Lu 10am-9.30pm 1) 东平路 6 号, 近衡山路 2) 虹桥路 1438 号 4 楼, 近红宝石路

FINE DINING

Five Live: Serving daily breakfast and dinner buffets, a la carte menu and extravagant Sunday Brunches, Five Live All Day Dining welcomes guests and gastronomes into a compelling cooking theater. An array of local Shanghaiese, regional Chinese and international cuisines are prepared at five interactive cooking stations, including fresh seafood on ice, a grill and carving station, specialty noodles and dumplings, soup and Taiwanese hotpot, a Mediterranean kitchen and a dessert counter. INTERCONTINENTAL SHANGHAI NECC, 1700 Zhuguang Lu, by Yingong Dong Lu (National Exhibition Convention Center, Gate 3) (6700 1888-6028) 国家会展中心洲际酒店, 曙光路 1700 号国家会展中心 3 号门, 近盈港东路

Jade on 36 Restaurant This stunning restaurant makes modern European cuisine with an Asian twist. Excellent wine list, beautiful views and a sumptuous weekend brunch. 36/F Grand Tower, Pudong Shangri-La, 33 Fucheng Lu, by Lujiazui Huan Lu (2828 6888) Lunch 11.30am - 1.30pm (Monday to Saturday), Dinner 5pm - 10pm (Monday to Sunday), Sunday Brunch: RMB788+15% service charge per person, 11.30am - 2.30pm. (reservation.slpu@shangri-la.com, www.shangri-la.com/shanghai/pudongshangri-la) 富城路 33 号, 近陆家嘴环路

8 1/2 Otto e Mezzo Bombana An extension of the three Michelin Star venue (by the same name) in Hong Kong, a fantastic fine dining fare that will leave you both comforted and breathless. 6-7/F, 169 Yuanmingyuan Lu, by Beijing Dong Lu (6087 2890) 圆明园路 169 号 6-7 楼, 近北京东路

M on the Bund This Bund pioneer serves up impeccable service and a menu peppered with Continental, Aussie and Moroccan inspiration. Try the pavlova for dessert. 7/F, No.5 Zhongshan Dong Yi Lu, by Guangdong Lu (6350 9988) Mon-Fri: 11.30am-2.30pm; 6.15-10.30pm; Sat-Sun: 11.30am-3pm; 6.15-10.30pm reservations@monthebund.com www.m-onthebund.com 中山东一路外滩 5 号 7 楼, 近广东路

MARC restaurant Located on the rooftop, under the helm of the legendary Michelin-starred French chef Marc Meneau, MARC restaurant serves guests with customized afternoon tea and an

exquisite Michelin-starred fine-dining experience. Daily 12-10.30pm, 21/F, Wanda Reign on the Bund, 538 Zhong Shan Dong Er Lu, by Longtan Lu (5368 8882) 中山东二路 538 号, 近龙滩路

Mare Western Restaurant It's the only place where you can taste Marseille Seafood Hotpot! The tomahawk steak is the best in Shanghai. Hotel Pravo, 2/F Mare Western Restaurant 299 Wusong Lu, by Kunshan Lu 吴淞路 299 号宝御酒店 2 楼, 近昆山路

Oceans Dining in a romantic and contemporary setting, an extensive array of selected premium products from the sea. A distinct and innovative gourmet experience to satisfy the most discerning of tastes, Ocean fully realizes the art of cooking. Lobby floor, Banyan Tree Shanghai On The Bund, 19 Haiping Lu, by Gongping Lu (2509 1188) lunch 11.30am - 2.30pm; Dinner 5.30 - 9.30pm. banyantree.com 海平路 19 号悦榕庄 1 楼, 近公平方路

ON56 This four-in-one restaurant at Grand Hyatt Shanghai offers the best cuts of prime beef from the Grill, sumptuous Italian classics from Cucina, top-shelf sushi from Kobachi and delectable sweets from Patio. Daily from 11.30am-2.30pm, 5.30-10.30pm; 56/F, Grand Hyatt Shanghai, Jin Mao Tower, 88 Shiji Dadao, by Yincheng Zhong Lu (5047 8838) www.shanghai.grand.hyatt.com 上海金茂君悦大酒店 56 楼, 浦东新区世纪大道 88 号, 近银城中路

Pelham's Celebrated Chef Jean-Philippe Dupas presents modern French cuisine with a brand new menu, highlighted a mix of premium, local ingredients with contemporary flair. 1/F, Waldorf Astoria Shanghai on the Bund, 2 Zhongshan Dong Yi Lu, by Guangdong Lu (6322 9988) Lunch Mon-Fri: 11.30am-2pm; Dinner daily 6-10pm www.waldorfastoriashanghai.com 中山东一路 2 号外滩华尔道夫酒店 1 楼, 近广东路

Sir Ellys's Restaurant & Bar Dine on fine modern European cuisine while overlooking the Huangpu River. Expert cocktails offered at both the circular bar and the expansive 14th floor terrace. 13/F The Peninsula Shanghai, 32 Zhongshan Dong Yi Lu, by Nanjing Dong Lu (2327 6756) Lunch daily 12-2.30pm; Dinner Sun-Thurs: 6-10.30pm, Fri-Sat 6-11pm www.peninsula.com/Shanghai/en/Dining/Sir_Ellys_Restaurant/default.aspx 中山东一路 32 号上海半岛酒店 13 楼, 近南京东路

SAVOR All Day Dining Restaurant offers Western and Eastern cuisine showcasing an open interactive kitchen with buffet and a la carte options. 2/F, Pullman Shanghai South, 1 Pubei Lu, by Liuzhou Lu (2426 8888) Daily 6am - 12pm 浦北路 1 号, 上海中星铂尔曼大酒店 2 楼, 近柳州路

FRENCH

Jean Georges Chef Jean-Georges' first signature restaurant outside of New York brings his famed French fine dining to all gourmets in Shanghai. With the completion of renovation in March 2016, Jean-Georges Shanghai now opens for guests to discover the new bar, lounge, dining room, private room and open kitchen. 4/F, 3 Zhong Shan Dong Yi Lu, by Guangdong Lu (6321 7733) Lunch, Monday - Sunday 11.30am - 2.30pm, Dinner, Mon - Sun 6-11pm, Brunch, Saturday & Sunday 11.30am - 3pm, Last Order 10.30pm www.threenthebund.com 中山东一路 3 号 4 楼, 近广东路

PHÉNIX eatery & bar Rooted in the philosophy of "Life is about the ingredients", a visit to PHÉNIX is a charming invitation to reconnect with the essentials through an intuitive French cuisine inspired by the richness of seasonal natural ingredients. PHÉNIX also features an intimate yet vibrant lounge space, allowing guests to enjoy classic minimalist cocktails and an impressive wine selection with 250 labels. Level 2, 1 Changde Lu, by Yan'an Xi Lu Daily 6.30am - 11pm, phenix@thepuli.com, phenix.thepuli.com (2216 6988) 上海璞丽酒店二楼, 常德路 1 号, 近延安西路

Mr. & Mrs. Bund Molecular madman Paul Pairet takes a more laissez-faire approach with this modern French eatery. Expect straightforward food and a great wine list. 6/F Bund 18, Zhongshan Dong Yi Lu, by Nanjing Dong Lu (6323 9898) Dinner: Monday to Sunday 5.30-10.30pm, late Night: Thus-Sat 11pm-2am, brunch: Sat-Sun 11.30am-2.30pm www.mmbund.com 中山东一路外滩 18 号 6 楼, 近南京东路

Vue Restaurant enjoy classic European fare with one of the city's best skyline views. 30/F Hyatt on the Bund, 199 Huangpu Lu, by Wuchang Lu (6393 1234-6328) Daily 6-11pm 黄浦路 199 号, 上海外滩茂悦大酒店西楼 30 楼, 近武昌路

GERMAN

Paulaner Brauhaus Enjoy Bavarian food (and more importantly, beer) in a warm, well-populated atmosphere. 1) House19-20, North Block Xintiandi, Lane1181 Taicang Lu, by Madang Lu (6320 3935) Daily 11am-2am www.blm.com.cn 2) 2967 Lujiazui Xi Lu, by Binjiang Da Dao (6888

3935) Sun-Thu: 11am-1am; Fri-Sat: 11am-2am 3) 3/F, 555 Shibo Da Dao, by Guozhan Lu (2206 0555) Sun-Thurs: 11am-10pm; Fri-Sat: 11am-12am hellauer@blm.com.cn 1) 太仓路 181 弄新天地北里 19-20 号楼, 近马当路 2) 陆家嘴西路 2967 号, 近滨江大道 3) 世博大道 555 号 3 楼, 近国展路

INDIAN

Bhoomi stores One stop destination where a wide range of Indian & Pakistani food products are served. 266 Yaohong Lu, by Hongsong Dong Lu, Minhang district, (2428 3400) Mon-Sat 9.30am-9.30pm, Sunday 2-7pm 闵行区虹桥路 266 号, 近虹松东路

ITALIAN

Fratelli Di Cucina Using imported high quality ingredients, talented chef hailing from Italy serves traditional Italian food in a classic Italian atmosphere. Daily 11am-11pm. No.40, Lane3338 Hongmei Lu, by Hongxu (3463 3771) 虹梅路 3338 弄 40 号, 近虹许路

JAPANESE



GINTEI TEPPANYAKI SUSHI

All You Can Eat & Drink For RMB 280/person (Including Beer, Sake, Juice, Sashimi, Sushi, Teppanyaki etc.)

Lunch and Dinner Set From RMB 50 (Available Monday-Saturday)

Res: 42181922 English Res:13817011911 75 Nanhui Lu, Beijing Xi Lu

Gintei Teppanyaki Sushi Restaurant Gintei has been serving traditional and authentic Japanese dishes with seasonal ingredients prepared in unique, simple, and attentive ways since 2002. Come and enjoy the finest sashimi, sushi and teppanyaki in town and we hope to serve you the best. 75 Nanhui Lu, by Beijing Xi Lu (6218 1932) Mon-Sat 11.30am-2pm; 5.30pm-10pm 南汇路 75 号, 近北京西路

HE Japanese Restaurant The Tokyo-native head chef introduces authentic Japanese cuisine using only jet-fresh imported ingredients, with sophisticated cooking methods and time-honored craftsmanship. Daily 5.30-10.30pm. RMB1088/1538/1888. 5/F, Wanda Reign on the Bund, 538 Zhong Shan Dong Er Lu, by Longtan Lu (5368 8882) 中山东二路 538 号, 近龙潭路

Miyabi Japanese Restaurant & Sky Bar Nested on the 37th floor boasting a stunning night view of the Bund and Lujiazui area, Miyabi Japanese restaurant sees open teppanyaki stations and exquisite Japanese cuisines in a friendly and relaxed atmosphere. A guest DJ plays live lounge music every night from Tuesday to Saturday, making Miyabi a perfect choice to enjoy the night over a cocktail or a Japanese whisky. 37/F, Sheraton Shanghai Hongkou Hotel, 59 Siping Lu, by Haillun Lu (2601 0088, sheraton.com/shanghaihongkou) 5.30-10.30pm 四平路 59 号虹口香格里拉酒店 37 楼, 近海伦路

Nadaman The chic but casual Nadaman restaurant features an extensive menu of Japanese favorites. Choose from the Teppanyaki Table, a la carte choices, bento boxes and lunch and dinner set menus all at great value. Nadaman also has three private dining rooms which can accommodate up to 12 persons for larger family or corporate gatherings. 2/F, Grand Tower Pudong Shangri-La, 33 Fucheng Lu, by Lujiazui Huan Lu (2828 6888) Lunch 11.30am-2.30pm Dinner 5.30-10pm daily 富城路 33 号浦东香格里拉大酒店紫金楼

2 楼, 近陆家嘴环路

KOI KAI will light up your senses by sizzling Teppanyaki, fresh Sashimi, Sushi, BBQ and Sake. Reasonable-priced business lunch sets also available. 2/F, InterContinental Shanghai Puxi, 500 Hengfeng Lu, by Tianmu Xi Lu (5253 9999-6326, www.intercontinental.com) Mon-Fri 11.30am-2.30pm; 5.30-10pm 上海浦西洲际酒店 2 楼, 恒丰路 500 号, 近天目西路

Takumi Robatayaki & Sake In this authentic Japanese restaurant, you'll find skilled Japanese robatayaki chefs grill seafood fish, meat and vegetables over open coal fire with Japanese sake-cuisine pairings served. Wifi available. 1) L4-22, ifc mall, 8 Shiji Dadao, by Yincheng Zhong Lu (5011 1677). Daily 11.30am-2.30pm, 5.30-10pm. 2) N3-14, Jing An Kerry Centre, 1515 Nanjing Xi Lu, by Anyi Lu (6259 5177). Daily 11.30am-2.30pm, 5.30-10pm. 1) 世纪大道 8 号 ifc 国金中心 4 楼, 近银城中路 2) 南京西路 1515 号静安嘉里中心北区 3 楼, 近安义路

Sakitori Japanese Restaurant The newly renovated Japanese restaurant with four private dining rooms is where guests get to indulge themselves in authentic Japanese cuisine complemented with a variety of sake. Chef Hideki Kamata with over 22 years of culinary experience is well versed in traditional Kaiseki cuisine, Teppanyaki and Sushi. 2/F, JW Marriott Hotel Shanghai Changfeng Park, 158 Daduhe Lu, by Guangfu Xi Lu (2215 6250) 上海新发展亚太 JW 万豪酒店 2 楼, 大渡河路 158 号, 近光复西路

Oedo Japanese Restaurant Serving authentic and high quality Japanese cuisine on an extensive menu since opened in 1995, they've introduced consultant Mr. Yoshida-san from Hyogo for traditional Japanese cooking. Daily lunch: 11.30am-2pm (last order 1.30pm), dinner: 5.30pm-10pm (last order 9.30pm). 1) Room 104E, Lujiazui Investment Tower, 366 Pudian Lu, by Dongfang Lu (6841 6377) 2) L3-E03, 150 Hubin Lu, by Ji'nan Lu 1) 浦电路 366 号, 近东方路 2) 湖滨路 150 号 L3-E03, 近齐南路

KOREAN

CHI-Q This Korean restaurant concept developed by Chef Jean-Georges Vongerichten and his wife Marja at Three on the Bund puts a gourmet spin on traditional Korean barbecue. Expect high-quality grilled meat, seafood and vegetables served in a beautiful space crafted by Neri & HU. 2/F, 3 Zhong Shan Dong Yi Lu, by Guangdong Lu (6321 6622) 6-10.30pm (last order) www.threenthebund.com 中山东一路 3 号 2 楼, 近广东路

LATIN AMERICAN

Unico by Mauro Colagreco The largest tapas lounge in Asia is reflecting the trendiest part of Latin contemporary culture with unique cocktail creations, stunning interior design, special music compilations, and exquisite selections of tapas by Chef Mauro Colagreco. Located at Three on the Bund, the prestigious address in Shanghai, UNICO is committed to enlarge the Latin culture, while inviting people to feel and share passions within the space. Here, discover a new experience in Shanghai nightlife, where food and feelings naturally merged. 2/F, 3 Zhongshan Dong Yi Lu, by Guangdong Lu (5308 5399) Mon-Fri 6pm-2am; Sat-Sun 6pm-late. www.unico.cn.com 中山东一路 3 号外滩三号 2 楼, 近广东路

MODERN

Café LIANG The two-level CAFE LIANG treats diners with multiple dining options and cuisines. The buffet style concept on the first level features a "tick box" menu card for main courses integrated with buffet for appetizers and desserts, while the mezzanine level serves contemporary Japanese-inspired cuisine. Jing An Shangri-La, West Shanghai, 1218 Yan'an Zhong Lu, by Tong Ren Road (2203 8889, www.jinganshanghaining.com) 静安香格里拉大酒店, 延安中路 1218 号, 近铜仁路

Greyhound Café was the first fashion café in Bangkok offering the fashion, service and food concept - 'Thai with a twist' as a casual dining experience. With various outlets between Hong Kong, Beijing and now Shanghai - Greyhound Café is the modern take on fusion cuisine. 11am-midnight. 503, IAPM, 999 Huaihai Zhong Lu, by Shaanxi Nan Lu (5466 6105, www.greyhoundcafe.com.hk) 淮海中路 999 号 IAPM mall 503 商舖, 近陕西南路

KIWIANA A New Zealand themed restaurant with typical New Zealand furniture and decorations which offers fun and a relaxed ambience to be shared with friends and family. Daily 10am-10pm (last order 9.15pm), 1) Room 15, B/F, District 2, River Mall, 1368 Shibo Dadao, by Guozhan Lu (3158 3759) 2) Room 07-08, 5/F, Block A,

Longmont Shopping Mall, 388 Xijiangwan Lu, by Sichuan Bei Lu (6628 3596) 1) 世博大道 1368 号世博源二区 B 楼 15 室 (保利剧院楼下), 近国展路 2) 四川北路 388 号凯德龙之梦 A 座 5 楼 07-08 室, 近四川北路

Morton's Steak and Seafood Grille The world's first Oyster Bar and Seafood Grille by Morton's focuses on presenting the city's finest seafood dining experience with premium seafood flown in fresh daily. L4-403, iapm Mall, 999 Huaihai Zhong Lu, by Shaanxi Nan Lu (6067 7888) 淮海中路 999 号 iapm 环贸广场, 近陕西西路

MO'S Restaurant Lounge Bar Located in the heart of former French Concession, newly opened MO'S Restaurant Lounge Bar Shanghai specializes in modern Chinese and Western food in a one-stop designed restaurant which includes a lounge, restaurant and a bar. 1 Yueyang Lu, by Fenyang Lu Daily lunch 11am-2pm/Sat-Sun brunch 11am-4pm. Dinner 5-10pm (Sat-Sun till 11pm) (5435 6018/6051 0659) 岳阳路 1 号, 近汾阳路

Mr Willis An inviting kitchen-dining room offers straightforward homey mains and lovely starters. Served family style. Expect a small seasonal menu that is market and whim driven. 3/F, 195 Anfu Lu, by Wulumuqi Zhong Lu (5404 0200) Mon-Fri 11am-2pm 5pm-12am, Sat-Sun 11am-12am 安福路 195 号 3 楼, 近乌鲁木齐中路

Shook! Restaurant & Rooftop Terrace Matthew Ona serves up creative international cuisine with beautiful views and the biggest Terrace on the Bund. 5-6/F, The Swatch Art Peace Hotel (Bund 19), 23 Nanjing Dong Lu, by Zhongshan Dong Yi Lu (2329 8522) Daily 11.30am-2.30pm; 6-11pm www.shookrestaurantshanghai.com 南京东路 23 号上海外滩和平饭店艺术中心 5-6 楼, 近山东路

Sasha's Steeped in history, this hugely popular bar is located in a 1920's mansion that formerly housed the famous Soong sisters and boasts one of Shanghai's largest and favorite alfresco terraces. Huge beer list, diverse food offering and 24 wines by the glass. 11 Dongping Lu, by Hengshan Lu daily 11am - 2am (6474 6628) 东平路 11 号, 近衡山路

Thought For Food is the flagship restaurant inside The Living Room by Octave, open daily for breakfast, lunch, dinner and Sunday brunch serving tasting menus, sharing plates and quick meals that all feature responsibly and honestly sourced ingredients. Vegetables are sourced from certified organic farms and their own rooftop garden - fully traceable to ensure safety and quality to the table. The poultry, pork and seafood are carefully selected from free range sources that are certified and traceable. Daily 7am-10pm; Sunday brunch 11am-3pm. Former French Concession > 357 Jianguo Xi Lu, by Taiyuan Lu (3338 4660) thoughtforfood@livingoctave.com. www.livingoctave.com 建国西路 357 号, 近太原路

NEW LOCATION!

thespot

BAR & RESTAURANT

#255 Tongren Rd, Nanjing West Rd, Shanghai, China
铜仁路 255 号靠近南京西路

Tel: +86 21 6247 3579 FAX: +86 21 6289 0086
EMAIL: info@thespot.com.cn WEBSITE: www.thespot.com.cn

The Spot Bar & Restaurant Since opened in Sep 2006, the Spot Bar and Restaurant has been home of many expats away from home. The menu introduces delicious food items as well as the Spot's signature dishes at reasonable prices. With a warm ambiance, it's an exciting place where you get to meet friendly people. 255 Tongren Lu, by Nanjing Lu (www.thespot.com.cn) 铜仁路 255 号, 近南京路

Yi Café Guests entering Yi Café may ask themselves 'where do I start' - can we suggest you stroll through the 12 live food stations, Chinese, Malaysia, Indian, Japanese, Thai, seafood, vegetarian, western, Middle Eastern, Salad bar, juice station and dessert counter. Once you view the variety on display you will know where to start. 2/F, Grand Tower Pudong Shangri-La, 33 Fucheng Lu, by Lujiazui Huan Lu (2828 6888) Lunch 11.30am-2.30pm Mon to Fri, Brunch 12-3pm Sat & Sun, Dinner 5.30-10pm daily 皇城路 33 号浦东香格里拉大酒店紫金楼 2 楼, 近陆家嘴环路

NEPALESE

Nepali Kitchen Still the friendliest service this side of Kathmandu. Enjoy authentic food delivered with the necessary spicy punch in a pleasant atmosphere. 4 Lane 819 Julu Lu, by Fumin Lu (5404

6281) Mon 6-11pm, Tues-Sun 11am-2pm, 6-11pm 巨鹿路 819 弄 4 号, 近富民路

PIZZA

PizzaExpress 1) 380 Huangpi Nan Lu, by Xingye Lu (5383 3999) Sun-Thurs: 11.30am-11pm; Fri & Sat: 11am-11pm info@pizzamarzano.cn www.pizzamarzano.cn 2) Suite 107, Shanghai Center, 1376 Nanjing Xi Lu, by Xikang Lu (6289 8733) Daily 11am-11pm info@pizzamarzano.cn 3) No. 1, Unit 111, 570 Yong Jia Lu, by Yue Yang Lu (6467 8898) Sun-Thurs: 12-11pm; Fri&Sat: 11am-11pm info@pizzamarzano.cn 4) 507B/C, 5/F Grand Gateway, 1 Hongqiao Lu, by Huashan Lu (6447 8880) Daily 10am-10pm info@pizzamarzano.cn 5) Unit 403, 4/F, K11 Art Mall, 300 Huaihai Zhong Lu, by Huangpi Nan Lu 1) 黄陂南路 380 号, 近兴业路 2) 南京西路 1376 号上海南城西峰 107 号, 近西康路 3) 永嘉路 570 号 111 单元 1 号楼, 近岳阳路 4) 虹桥路 1 号港汇广场 5 层 507B/C, 近华山路 5) 淮海中路 300 号 K11 购物艺术中心 403 号铺, 近黄陂南路

STEAKHOUSES

Morton's the Steakhouse The first Morton's in Chinese mainland specializes in classic, hearty American cuisine including the grain-fed prime aged Australian beef, fresh seafood and spectacular desserts served in generous portions. 1) 4/F, IFC Mall, 8 Shiji Dadao, by Lujiazui Huan Lu (6075 8888) Sun-Thurs 11.30am-10pm; Fri-Sat 11.30am-11pm www.mortons.com/shanghai 1) 世纪大道 8 号, 国金中心 IFC 商场 4 楼, 近陆家嘴环路

Ruth's Chris Steak House Located in a restored historic building on Shanghai's famous Bund waterfront, the fine dining steakhouse hailing from the New Orleans presents the finest custom-aged Australian Wagyu beef which is served "sizzling" hot. Further complemented by friendly services and an inviting atmosphere, it's a perfect location for business dinners and family gatherings. 4/F, Five on the Bund, 20 Guangdong Lu, by Zhongshan Dong Yi Lu (6071 4567) 外滩 5 号 4 楼, 广东路 20 号, 近山东路

The Grill With a central grill, rotisserie and a large built-in marble displaying the freshest seafood, it is a contemporary and colorful venue for guests in search of the freshest seafood and succulent prime grade meats grilled right in front of them in the open kitchen. 56/F Jin Mao Tower, Grand Hyatt Shanghai, 88 Shiji Dadao, by Dongtai Lu (5047 1234) Lunch: Daily 11.30am-2.30pm; Dinner: Daily 5.30-10.30pm 世纪大道 88 号金茂君悦大酒店 56 楼, 近东泰路

SPECIALITY FOOD SHOPS

City Super Shanghai Offers a one-stop shopping for both groceries and prepared foods from around the world. LG 2, Shanghai IFC Mall, 8 Shiji Dadao, by Lujiazui Huan Lu (5012 0998) Daily: 10am-10pm www.citysuper.com. 世纪大道 8 号国金中心商场地下 2 楼, 近陆家嘴环路

Green & Safe With an organic farm in Kunshan, this organic store provides daily delivered vegetables and a variety of local and imported organic goods, such as organic extra virgin olive oil, white and red balsamic vinegar, organic pasta, muesli and more. 1) 6 Dongping Lu, by Hengshan Lu 5465 1288, 1/F: 8am-10pm; 2/F: 6.30pm-12am 2) 4/F, 1438 Hongqiao Lu, by Hongbaoshi Lu 10am-9.30pm 3) 4/F, 1601 Nanjing Xi Lu (6258 8777) 1) 东平路 6 号, 近衡山路 2) 虹桥路 1438 号 4 楼, 近红宝石路 3) 南京西路 1601 号 4 楼 B 区

FIELDS China A premier online grocery store based in Shanghai who provides healthy and safe options for all your grocery needs, including vegetables, fruits, meat & poultry, fish & seafood, dairies, bakeries and personal care products. Seasonal produce and ready-to-serve dishes are also available. With same day delivery on orders in Shanghai, FIELDS makes it convenient and affordable for you to have healthy and safe organic, imported food items in China. 400-021-0339, www.fieldschina.com, cs@fieldschina.com.

THAI

Simply thai 1) 5C Dongping Lu, by Yueyang Lu (400 880 7729, 6209 6209) Sun-Thurs: 11am-11pm; Fri & Sat: 11am-midnight 2) 159 Madang Lu, by Xingye Lu (400 880 7729, 6209 6209) Mon-Sun: 11am-midnight 3) No.28 Laowai Jie, lane 3338 Hongmei Lu (400 880 7729, 6209 6209) Sun-Thurs: 11am-11pm; Fri & Sat: 11am-midnight 4) A6 Green Sports & Leisure Center, 600 Lantian Lu, by Lan'an Lu (400 880 7729, 6209 6209) Mon-Sun: 11am-11pm. 5) 4/F IFC, 8 Shiji Dadao, by Yincheng Zhong Lu (400 880 7729, 6209 6209) enquiry@simplythai-sh.com www.simplythai-sh.com Mon-Sun: 11am-10pm (6) Unit 312A, 3/F, L'Avanue Shanghai, 99 Xianxia Lu, by Zunyi Lu (400 880 7729, delivery: 6209 6209,

enquiry@simplythegroup.com, www.simplythai-sh.com) Mon-Sun: 11am-10pm 7) Level 8, S801-1A, Jiu Guang Department Store, 1618 Nanjing Xi Lu, by Jingan Temple 8) Level 4, N4-11, Shanghai Kerry Centre, 1515 Nanjing Xi Lu, by Tongren Lu 9) Ciro's Plaza, Level 3, 312-314 388 Nanjing Xi Lu, by Huangpi Bei Lu 10) 4/F, L4101-4105, Global Harbor, 3300 Zhongshan Bei Lu, by Jinhaijiao Lu Mon-Sun 11am-10pm. 11) 6/F, Rm612, Grand Gateway Plaza66, 1 Hongqiao Lu, by Huashan Lu Mon-Sun 11am-10pm 12) 5/F, Rm503, Plaza 66, 1266 Nanjing Xi Lu, by Xikang Lu Mon-Sun 11am-10pm 1) 东平路 5 号 C 座, 近岳阳路 2) 马当路 159 号, 近兴业路 3) 虹桥路 3338 弄老外街 28 号, 近延安中路 4) 蓝天路 600 号碧云休闲体育中心 A6, 近遵义路 5) 世纪大道 8 号上海国金中心四座, 近银城中路 6) 仙霞路 99 号上海尚嘉中心 3 层 312A 单元, 近遵义路 7) 南京西路 1618 号久光百货 8 楼 S801-1A, 近静安寺 8) 南京西路 1515 号静安嘉里中心 4 楼 N4-11, 近铜仁路 9) 南京西路 388 号仙乐斯广场 3 楼 312-314 0) 中山北路 3300 号环球港 4 楼, 近金沙江路 1) 港汇广场 6 楼 612, 虹桥路 1 号, 近华山路 12) 南京西路 1266 号恒隆广场 5 楼 503, 近西康路



Coconut Paradise This cozy, Modern-Thai style house offers casual dining with lots of attention to southeast Asian detail with soft light, Dark teak wood and a faint hint of incense. The spicy beef lettuce wraps sprinkled with fresh mint make a perfect starter for the shrimp Pad Thai, also have the best curry cuisine. 1) 38 Fumin Lu, by Yan'an Zhong Lu (6248 1998) 2) 2/F, 378 Wukang Lu, by Hunan Lu (5424 5886) Daily 11.30am-2pm; 5.30-9.30pm coconutparadise38@gmail.com www.lostheaven.com.cn/main.html 1) 富民路 38 号, 近延安中路 2) 武康路 378 号 2 楼, 近湖南路

VIETNAMESE

PHOCO Set in a pretty lane house, the enormous outdoor courtyard is the spot's most attractive attribute, which is graced with bamboo gardens and features mainly Vietnamese dishes and western fusion cuisine including steaks and pasta. No. 1, Lane 920 Changle Lu, by Wulumuqi Lu (5289 6275) 长乐路 920 弄 1 号, 近乌鲁木齐路

Pho Season With 20-years experience in South-East Asian cooking, their French-born-South Asian chef has all the South-East Asian specialties - Vietnamese 'Pho', Cambodian 'Loc Lac' and Thai 'Pad Thai'. 427 Dagu Lu, by Chengdu Bei Lu (6327 3778) Daily 11am-11pm 大沽路 427 号, 近成都北路

Pho Store Owned by an Australian Vietnamese, the Pho Store offers Vietnamese street-flavor phos in a cozy and trendy environment. 118 Xikang Lu, by Nanyang Lu daily 11am-10pm (6215 5534) 西康路 118 号, 近南京路



Pho Real Some of Shanghai's finest pho and Bánh mì, with high-quality ingredients and a young, hip environment. 1) 166 Fumin Lu, by Changle Lu (5403 8110) Mon-Fri: 11am-2 pm, 5.30pm-10pm; weekends: 11am-10pm 2) 1465 Fuxing Zhong Lu by Huaihai Zhong Lu (6437 2222) Mon-Fri: 11am-2 pm, 5.30pm-10pm; weekends: 11am-10pm 3) Kerry Centre Store, Kerry Centre SB1-12, 1515 Nanjing Xi Lu, by Changde Lu (6299 1827) Daily 11am-10pm 4) 1-L206, The Place, 100 Zunyi Lu, by Tianshan Lu 11am-10pm (5291

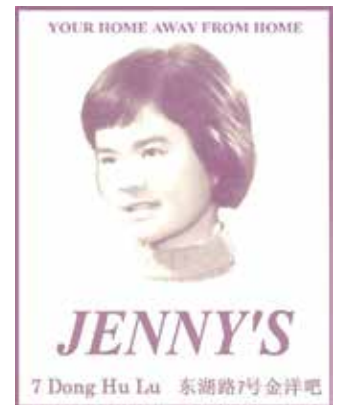
0907) www.phorealgroup.cn 5) Hongkong Plaza. S2-11 Hongkong Plaza, 283 Huaihai Zhong Lu, by Huangpi Nan Lu (6313 8927) 11am-10pm 1) 富民路 166 号, 近长乐路 2) 复兴中路 1465 号, 近淮海中路 3) 南京西路 1515 号嘉里中心 SB1-12, 近常德路 4) 虹桥南丰城南区 1 期 -L206, 遵义路 100 号, 近天山路 5) 淮海中路 283 号, 香港广场南区 2-11 室, 近黄陂南路

NIGHTLIFE BARS

CHAR bar Classy cocktails and sophisticated setting, best known for its exquisite 270-degree views over The Bund and Pudong skyline. 30/F, Hotel Indigo Shanghai on the Bund, 585 Zhongshan Dong Er Lu, by Dongmen Lu (3302 9995) Daily 4:30pm-late, www.char-thebund.com 中山东二路 585 号英迪格酒店 30 楼, 近东门路

Cloud 9 Cloud 9 is one of the highest bars in the world, located on the 87th floor of Grand Hyatt Shanghai. Cloud 9 owns a spectacular 360 degree view of Shanghai and offers the best cigars, cocktails and savory treats to all guests. Monday-Thursday: 5pm - 1am; Friday: 5pm - 2am; Saturday: 2pm - 2am; Sunday: 2pm - 1am. 87/F, Grand Hyatt Shanghai, Jin Mao Tower, 88 Shiji Dadao, by Yincheng Zhong Lu (5047 8838) www.shanghai.grand.hyatt.com 上海金茂君悦大酒店 86 楼, 浦东新区世纪大道 88 号, 近银城中路

POP Bar influenced by the playfulness, art deco highlights and tropical vibe of cosmopolitan Miami, is a fun and elegant rooftop lounge to enjoy afternoons and nights in good company and funky music. Opening Sunday to Friday from 2:00pm till late; Saturday from 1:00pm till late. 7/F, 3 Zhong Shan Dong Yi Lu, by Guangdong Lu (6321 0909) www.threonthebund.com 中山东一路 3 号 7 楼, 近广东路



Jenny's Blue Bar Second home to hordes of blokes who regularly stop by for a drink or a home-made snack. A free foosball table, classic rock and a big screen showing ESPN and Star Sports channels. 7 Donghu Lu, by Huaihai Zhong Lu (6415 7019) Daily 1pm-2am jennysbar@hotmail.com www.jenny-shanghai.com 东湖路 7 号, 近淮海中路 142 号, 近南京西路



Judy's Established in 1993, Judy's is the longest running party venue in Shanghai! Have a few drinks, settle on the vibrant party atmosphere and enjoy the house band. Enjoy dancing the night away seven days a week with your favorite party rocking music. Food is available all day until wee hours. 331 Tongren Lu, by Beijing Xi Lu (6289 3715) Daily 11am-late www.judysco.com.cn 铜仁路 331 号, 近北京西路

Kaiba Belgian Beer Bar 739 Dingxi Lu by Yan'an Xi Lu (6280 5688) Sun-Thurs 4pm-12am; Fri-Sat 4pm-2am marketing@kaiba-beerbar.com 定西路 739 号, 近延安西路



Senator Saloon Senator Saloon has the largest selection of Bourbon and Rye in Shanghai. Cocktails are carefully crafted. The atmosphere is intimate with velvet flock wallpapers and artisan tin ceilings. Popular bar snacks include Mac and Cheese, Pork Belly Sliders, and Chicken Pot Pie. 98 Wuyuan Lu, by Wulumuqi Zhong Lu (5423 1330) 五原路 98 号, 近乌鲁木齐中路



Xiao Lao Ga A Unique cocktail & lounge bar hidden at FaHuazhen Lu that offers a full selection of classic cocktails and single malt whiskey. You also get to try the exclusive house cocktails thanks to chief bartender's professional skills. Open from 5pm, you'll also find fine and cozy bar foods here and turn the second floor into a private party house if needed. Mojito Night Every Weekend. 909 Fahuazhen Lu, by Yan'an Xi Lu 5pm-2am (6233 8162) 法华镇路 909 号, 近延安西路

CLUBS

Bar Rouge The go-to spot for Shanghai's glitterati, this chic lounge offers expertly mixed cocktails, the latest electro beats and one of the best views on the Bund. 7/F, 18 Zhongshan Dong Yi Lu, by Nanjing Dong Lu (6339 1199) Sun-Wed: 6pm-3am; Thu-Sat: 6pm-late www.bar-rouge-shanghai.com 中山路 18 号 7 楼, 近南京东路

M1NT Winner of 2009 Readers' Choice Award for "Club of the Year". Join the posh and the poser alike in this quasi exclusive nightclub, where a chic dining room offering up superb Asian inspired fusion and grilled fare are a;sp available. 24/F, 318 Fuzhou Lu, by Hankou Lu (6391 2811) Lunch: Mon-Fri 11:30am-2:30pm; Dinner: Mon-Sat 6-11pm; Club: Wed-Sat 9:30pm-late bookings@m1ntglobal.com www.m1ntglobal.com 福州路 318 号高腾大厦 24 层, 近汉口路

MARCC Club Located on the rooftop with a big terrace, MARCC Club boasts stunning views, where patrons can sip enticing cocktails to beats from world-famous DJs. Daily 10:30pm-midnight, 21/F, Wanda Reign on the Bund, 538 Zhong Shan Dong Er Lu, by Longtan Lu (5368 8882) 中山路 538 号, 近龙漕路

MYST Daily 9:30pm-late 1123 Yanan Zhong Lu, by Fumin Lu (64379999) 延安中路 1123 号, 近富民路

HOTEL BARS

BRU: Open from afternoon until late, BRU is a gastro pub serving casual comfort food, including rotisserie prime meats, fresh seafood and tapas plates accompanied by a wide selection of beers, wines and cocktails. As the name suggests, beer is the highlight with bottled craft beers from around the world and eight premium beers on tap. Communal benches and kegs to share are ideal for groups of colleagues and friends. Each evening, a live band enhances the stylish ambience with contemporary and classic tunes. INTERCONTINENTAL SHANGHAI NECC, 1700 Zhuguang Lu, by Yinggang Dong Lu (National Exhibition Convention Center, Gate 3) (6700 1888-6031) 国家会展中心洲际酒店, 诸光路 1700 号国家会展中心 3 号门, 近盈港东路

Cloud 9 Located on Level 87 of Jin Mao Tower, this sky lounge has magnificent views of the entire city, where guests can enjoy a wide collection of creative cocktails, champagnes and Asian Tapas. The floor-to-ceiling glassed double-height section also holds a hide-away mezzanine bar. 87/F Grand Hyatt, Jin Mao Tower, 88 Shiji Dadao, by Dongtai Lu (5049 1234) Mon-Fri 5pm-1am; Sat-Sun 2pm-1am 世纪大道 88 号金茂大厦 87 楼, 近东泰路

HU Bar & Lounge is Shanghai's newest nightlife destination and showcases the Best of Shanghai's Past and Present. HU looks back at the past while embracing the progress and fast-paced evolution Shanghai is known for all while giving its guests towering, iconic and the most amazing views of the city's skyline from all around. 65F / 66F, 789 Nanjing Dong Lu, by Xizang Nan Lu 南京东路 789 号 65-66 层, 近西藏南路 http://www.leroyameridienshanghai.com/hubar



Jade on 36 Bar The ideal venue for sunset cocktails and late night drinks, take in the spectacular views of the iconic Bund and the dazzling Shanghai skyline while sipping martinis and fine wines paired with a selection of gourmet bites. Live DJs and musicians will put you in the mood for indulgence. Happy Hour: Buy-one-get-one-free signature cocktails from 5-8pm daily; Ladies' Night: Ladies enjoy complimentary cocktails from 5-8pm every Tuesday when they bring along a male partner; Free-flow champagne: Enjoy unlimited champagne every evening from 8-10:30pm at RMB 488++ per person. 36/F Grand Tower, Pudong Shanghai-La, 33 Fucheng Lu, by Lujiazui Xi Lu 富城路 33 号浦东香格里拉大酒店紫金楼, 近陆家嘴西路 (6882 3636)

Lobby Lounge With large floor-to-ceiling windows and a crystal chandelier, the Lobby Lounge offers a distinct atmosphere that is perfect for a rendezvous with a wide selection of top and rare whiskeys and fine wines. Daily 8am-midnight, 1/F, Wanda Reign on the Bund, 538 Zhong Shan Dong Er Lu, by Longtan Lu (5368 8882) 中山路 538 号, 近龙漕路

Music Room is a cozy yet private spot high above the clouds. In addition to an extensive collection of specialty drinks, whiskeys and cocktails, Music Room offers different entertainment themes from Monday through Saturday, including Ladies' Night on Wednesday. 92/F, Park Hyatt Shanghai, 100 Shiji Dadao, by Dongtai Lu (6888 1234) Mon-Thu 6pm-1am; Fri-Sat 6pm-2am 世纪大道 100 号上海柏悦酒店 92 楼, 近东泰路

Penta lounge Every Sunday between 11 am and 4pm, diners at Penta lounge at Penta hotel Shanghai get to enjoy a spiced-up lazy Sunday Brunch at RMB148 per person or RMB108 for those arriving after 2pm, with a new menu and free-flow make-your-own Bloody Mary station. 1/F, 1525 Dingxi Lu, by Yuyuan Lu (6252 1111-8100) 定西路 1525 号酒店 1 楼, 近愚园路。

Long Bar Offering a good selection of cocktails, deluxe oysters and premium cigars, legendary Long Bar remains to be a part of the Waldorf Astoria Shanghai on the Bund after architectural restoration. Lobby, 2 Zhongshan Dong Yi Lu, by Guangdong Lu (6322 9988) Mon-Sat 4pm-1am; Sun 2pm-1am 中山路 2 号外滩华尔道夫酒店大堂, 近广东路

YOU BAR An ideal whisky and cigar bar, YOU BAR is designed in a sleek and stylish vibe completed with a fireplace. With a cozy down-tempo ambience and an extensive selection of whisky-based cocktails, single malts and cigars, this is a great place for smart-casual gatherings. Daily happy hours from 6-8pm. 1/F, 1555 Dingxi Lu, by Yuyuan Lu (6320 8888) 定西路 1555 号巴黎春天新世界酒店 1 楼, 近愚园路

LIVE MUSIC

JZ Club Shanghai's true jazz scene has finally arrived. Check it out and dig the vibe. 46 Fuxing Xi Lu, by Yongfu Lu (6431 0269) Daily 7pm-2am www.jzclub.cn 复兴西路 46 号, 近永福路

LogO 298 Xingfu Lu, by Pingwu Lu 幸福路 298 号, 近平武路

The Shelter This former bomb shelter is THE place for alternative electronic music in Shanghai. Low/

no cover and good drinks prices make this an indie haven. 5 Yongfu Lu, by Fuxing Xi Lu (6437 0400) Wed-Sat 9pm-late thesheltershanghai@gmail.com 永福路 5 号, 近复兴西路

Yu Yin Tang Warehouse music space run by the Yu Yin Tang collective, filled with a motley crew of rock aficionados at the forefront of Shanghai's burgeoning hardcore scene. 851 Kaixuan Lu, by Yan'an Xi Lu (5237 8662) Tue-Sun: 8pm-2am; closed on Mon. 凯旋路 851 号, 近延安西路 yuyintang.org 凯旋路 851 号, 近延安西路

SPORTS BARS

Big Bamboo A sports bar offering an expanded food menu, with entertainment including pool tables and flat screen televisions. Big Bamboo pulls large crowds for events like the World Cup and Superbowl. 1) Hong Mei Entertainment Street, No. 20, Lane 3338 Hongmei Lu, by Yan'an Xi Lu (6405 8720) Daily: 11am-late www.bigbamboo.cn 2) 132 Nanyang Lu, by Tongren Lu (6256 2265) Daily: 2pm-4am celine@truelegend.asia 3) 381 Hongfeng Lu, by Biyun Lu (5030 1779) Sun-Thu: 11am-2am; Fri-Sat: 11am-3am celine@truelegend.asia 1) 虹梅路 3338 弄虹梅休闲街 20 号, 近延安西路 2) 南阳路 132 号, 近铜仁路 3) 红枫路 381 号, 近碧云路

Boxing Cat Brewery 1) Unit 26A, Sinan Mansions, 519-521 Fuxing Zhong Lu, by Sinan Lu (6426 0360) Mon-Fri: 5pm-2am; Sat-Sun: 10am-2am info@boxingcatbrewery.com www.boxingcatbrewery.com 2) 82 Fuxing Xi Lu, by Yongfu Lu (6431 2091) Mon-Thu: 5pm-2am; Fri: 3pm-2am; Sat-Sun: 11am-2am 1) 复兴中路 519-521 号思南公馆 26A, 近思南路 2) 复兴西路 82 号, 近永福路

The Camel Bar The screens, hot-blooded crowd and happy hour specials make this a fun place to meet and watch a game. 1) 1 Yuyuan Lu, by Dongping Lu (6437 9446) Daily 10am-2am www.camelsportsbar.com 2) 116 Weifang Xi Lu, by Pudong Nan Lu (5879 5892) Daily 10am-2am 1) 岳阳路 1 号, 近东平路 2) 潍坊西路 116 号, 近浦东南路

TShanghai Brewery Microbrewery restaurant and sports bar with the chef from Michelin Two-Star restaurant. Great hand-crafted beer (6 styles), tasty food with international flavors and live sports on big screens. Try brew master's winter special - golden, malt, slightly sweet French/Belgian season brewed with oats and five different malts, Slovenian hops, black pepper and coriander seeds for a full flavored winter beer. 1) 15 Dongping Lu, by Hengshan Lu (3461 0717) Daily: 10am-2am www.shanghaibrewery.com 2) 21C, Hongmei Entertainment Street, 3338 Hongmei Lu, by Yan'an Xi Lu (6406 5919) Sun-Thu: 10am - 2am; Fri-Sat 10am-3am 1) 东平路 15 号, 近衡山路 2) 虹梅路 3338 号, 虹梅休闲街 21C, 近延安西路

WINE BARS

Brick Restaurant and Wine Lounge Quaint, cozy, comfortable and cool, Brick also offers a jazz scene. Get a table by the piano, tuck into some Mediterranean-style cuisine. 30 Sinan Lu, by Huaihai Zhong Lu (6093 2005) Daily 11-2am brickwangyan@163.com 思南路 30 号, 近淮海中路

Dr Wine This sumptuous wine bar has bottles from RMB118 (a French Cab Sauv) to RMB45,000 for a 1982 Chateau Lafite. Don't worry if the selection overwhelms you, someone will be there to hold your hand. 177 Fumin Lu, by Julu Lu (5403 5717) Sun-Sat 5pm-2am info@lebirdruidrue.com 富民路 177 号, 近巨鹿路

L'Aveue A classy and trendy wine bistro in Xintiandi offering a selection of home-made tapas, dips, pizza, sharing plates and wines in a comfortable and warm atmosphere. 1/F, 333 Huangpi Nan Lu, by Taicang Lu (6301 9999) 24/7, 11-2am 黄陂南路 333 号 1 楼, 近太古路

Roosevelt Wine Cellar The Largest Wine Cellar in Town with over 4,000 labels. Every Wednesday is Winesday 6.30-8pm. The House of Roosevelt, 2/F, 27 Zhongshan Dong Yi Lu, by Beijing Dong Lu (2322 0800) info@2005.com, www.27bund.com 中山路 27 号 (外滩) 27 号罗斯福公馆 2 楼, 近北京东路

HoF A popular wine bar that provides super tasty chocolate and cakes for afternoon tea, featuring chocolate velvet cakes, death by chocolate, etc. A variety of wines and cocktails are provided at night. B1/F, DBS Building, 1318 Lujiazui Huan Lu, by Dongyuan Lu (5010 0800) Mon-Sat: 3pm-10pm www.houseoffour.com 陆家嘴环路 1318 号 B1 层, 近东园路, 武定西路 1251 弄 20 号, 近江苏路

MIND & BODY HAIRDRESSERS

Le Salon Boasting an international team with more than 15 years' experience, LE SALON with a unique French style is the expert in hair color &

blond highlights and international brand offering. Welcome to a unique experience dedicated to your hair and beauty. Unit332, B1d3, Surpass Court, 570 Yongqia Lu, by Yueyang Lu (6074 0365) 永嘉路 570 号 3 号 332 室, 近岳阳路

Mirage-M Hairdressing & Makeover A well-trained team from London and Singapore specialize in European and Asian haircut & colour, an expert on blonde hair that uses exclusively professional Wella & Organics products. Unit 101, block 11, Cool Docks, 505 Zhongshan Nan Lu, by Xin matou jie (6152 6762) www.miragemhairmakeup.com 中山南路 505 弄老码头 11 号楼 101 室, 近新码头街

Toni and Guy Celebrating 51 years of fashion, hair and heritage, Toni and Guy is an international brand offering the best and creative hairstyle to suit each client. 1) East Tower 209, ShanghaiCenter, 1376 Nanjing Xi Lu, by Xikang Lu 2) 1380 Dingxiang Lu, by Yingchun Lu (5843 3830) 3) Unit F1A-06, B2, Super Brand Mall, 168 Lujiazui Xi Lu, by Lujiazui Huan Lu (5047 2298) 4) 4/F, River Wing, Pudong Shanghai-La, 33 Fucheng Lu, by Mingshang Lu (2828 6691) 1) 南京西路 1376 号上海商城东峰 209 室, 近西康路 2) 丁香路 1380 号, 近迎春路 3) 陆家嘴西路 168 号正大广场地下二层 F1A-06 室, 近陆家嘴环路 4) 富城路 33 号浦东香格里拉 4 楼, 近名南路

BEAUTY



Helen Nail Spa A long-time favorite among locals and expats alike, Helen Nail Spa is much more than a nail spa; they have a variety of pampering treatments and excellent waxing services. 1) 120 Nanchang Lu, by Yandang Lu (5383 8957) Daily 10am-10pm 2) No 6, Lane 819 Julu Lu, by Fumin Lu (5403 7802) 3) 70 Shimen yi Lu, by Dagu Lu (6333 7535). 1) 南昌路 120 号, 近雁荡路 2) 巨鹿路 819 弄 6 号, 近富民路 3) 石门一路 70 号, 近大沽路

Lily Nails With more than fourteen years' history in Beijing, Lily Nails provides professional mani & pedi, gel/acrylic nails, eyelash extension, waxing and massages at an affordable price. Services are up to 40 percent off with free wifi. 10am-10pm 1) 3824-1 Hongmei Lu, by Yan'an Xi Lu (6215 5192) 2) 1665 Hongqiao Lu, by Shuicheng Lu (6278 2099) 1) 虹梅路 3824-1 号, 近延安西路 2) 虹桥路 1665 号星空广场 G1 层 J02 (地铁 10 号线水城路站 1 号口)

HEALTH SERVICES

American Medical Center The American Medical Center (AMC) was founded with the mission to bring the highest American standards of healthcare to Shanghai. AMC provides comprehensive orthopedic care for all bone, joint, and soft tissue injuries, as well as internal medicine, preventive medicine, pain management, and medical imaging services. AMC's renowned physicians have treated US presidents and professional athletes and bring their expertise to help patients in Shanghai. Mon-Fri, 9am-6pm. 888 Tianlin Lu, by Lianhua Lu (6485 7333) http://www.amc-shanghai.com. 田林路 888 弄 1 号东楼, 近莲花路

Cosmetic Plastic & Laser Center

BIOSCOR
Shanghai Clinic

Cosmetic Surgery
Botox & Dermafiller
Laser Skin Center
Cosmetic Dentistry

Bioscor Shanghai Clinic With over 10 years' experience, Bioscor's team of international doctors and skin specialists are committed to provide you with the best level of service for all your cosmetic needs such as Botox, Filler, Pixel, Cera, Ulthera, Microdermabrasion, Chemical Peel, Vein Therapy

and Cosmetic Sugerys. No.5, Lane89 Xingguo Lu, by Hunan Lu (6431 8899) 9am-6pm info@bioscor.com.cn www.bioscor.com.cn. 兴国路 89 弄 5 号, 近湖南路

DeltaHealth Hospital-Shanghai is affiliated with innovative healthcare provider DeltaHealth. Focusing on cardiovascular care, the general hospital is designed and built in accordance with joint Commission International (JCI) standards. DeltaHealth Hospital-Shanghai is built to cover the entire Yangtze River Delta. The 200-bed capacity will enable the hospital to better serve patients and their families. Following its inauguration, DeltaHealth Hospital-Shanghai will open its general and cardiovascular outpatient services while accepting appointment requests for cardiac surgeries such as CABG, cardiac valve repair, and certain aortic surgeries. (6015 1313/400 8210 277, www.deltahealth.com.cn, Wechat: DeltaHealth_CN) 109 Xule Lu, by Zhulu Xi Lu, QingPu District 漕河泾路 109 号, 近诸陆西路

Global HealthCare Medical & Dental Center - Puxi Suite 303, Eco City 1788Nanjing Xi Lu, by Wulumuqi Bei Lu (5298 6339, 5298 0593) 南京西路 1788 号 1788 国际中心 303 室, 近乌鲁木齐北路

Global HealthCare Medical & Dental Center - Pudong Shop 212, Shanghai World Financial Center, 100 Shiji Dadao, by Lujiazui Huan Lu (6877 5093, 6877 5993) 世纪大道 100 号上海环球金融中心商场 212 室, 近陆家嘴环路

TOKUSHINKAI Dental Clinic (1) Jing'an: 2/F, Pacheer Commercial Center, 555 NanjingXi Lu, by Chengdu Bei Lu 10am-6pm (6340-0270, 6340-0290) 2) Jinqiao: 160m Lan'an Lu, by Biyun Lu 10am-10pm (6340-0270, 6340-0290) 3) Lianyang: 1192-1198 Dingxiang Lu, by Fangding Lu 10am-10pm (6856-1040 | 6856-1045) 4) Hongqiao: 3/ F Maxdo Center, 8 Xingyi Lu, by Xianxia Lu (5208-0208, 5208-0218) 10am-8pm 5) Greenway: 4/ F Shanghai Times Square, 93 Huaihai Zhong Lu, by Lulin Lu (3366-6129) 9 30am-6pm 6) Takashimaya: 5F, Takashimaya, 1438 Hongqiao Lu, by Manao Lu (6268 2286) 1) 南京西路 555 号 555 商厦 2 楼, 近成都北路 2) 蓝桉路 160 号, 近翔云路 3) 丁香路 1192-1198 号, 近芳甸路 4) 兴义路 8 号万都商厦 3 楼, 近仙霞路 5) 淮海中路 93 号上海时代广场办公楼 4 楼, 近柳林路 6) 虹桥路 1438 号高岛屋百货 5 楼 501 室, 近玛瑙路

IMCC Founded in 1993, International Medical Care Center of Shanghai General Hospital was the first joint-venture medical facility in town, providing medical treatments, health care and physical examinations by professional medical team and nurses who have a good command of foreign languages. 1) 585 Jiulong Lu, by Wujin Lu (6324 3852) 2) 650 Xin Songjiang Lu, by Jiasong Nan Lu (3779 8630) www.firsthospital.cn 1) 九龙路 585 号, 近武进路 2) 松江区长松江路 650 号, 近嘉松南路

Jiahui Clinic (Jing'an) Located in the heart of Shanghai's vibrant downtown, Jiahui Clinic offers outpatient services including family medicine, pediatrics, dermatology, ear-nose-throat, eye, dentistry, nutrition, mental health, and medical imaging. Jiahui's professional team comes from China and around the world, can speak multiple languages, and has decades of experience. Here, transparent and quality health care is offered at the best value. Mon-Sat, 9am-6pm; Sun, 9am-1pm. 88 Changshu Road, Suite 101, by Changde Road (2285 2800) http://www.jiahui.com 常熟路 88 号 101 室, 近长乐路

Single Medical Aesthetics provides one-stop individual medical beauty service. A professional team of doctors and skin specialists are committed to providing the best services to meet all your needs including Botox and Derma-filler injections, Skin Rejuvenation, Laser treatment, Skin tightening and Cosmetic Surgery. Room 202A, 285 Jianguo Xi Lu, by Xiangyang Nan Lu (6433 0056) WeChat: singlemedical. Mon-Sat 10am-7pm, Friday 10am-8pm. info@singlemedical.com, www.singlemedical.com 建国西路 285 号科技大厦 202A 室, 近襄阳南路

Shanghai Aier Eye Hospital Shanghai Aier Eye Hospital, which was founded by the largest chain ophthalmology center in China, is a first-rate, comprehensive ophthalmic medical center and hospital that provides excellent English service for expats. 1286Hongqiao Lu, by Songyuan Lu (3251 9930) Mon-Sun: 8.30am-5.30pm ipsc@aier021.com en.aier021.com/ 虹桥路 1286 号, 近宋园路

Shanghai East International Medical Center has been providing quality 24-hour care to the international community since 2003. The teams of highly-respected multinational doctors provide a wide range of services for multinational corporations, international schools, consulates, hotels, and families from all over the world. Mon-Fri 9am - 8pm, Sat-Sun 9am - 6pm. 150 Jimo Lu, by Pudong Dadao (5879 9999/150-0019-0899, care@seimc.com.cn) www.seimc.com.cn 即墨路 150 号, 近浦东大道

Shanghai Redleaf International Women and Infants Center; Shanghai Redleaf International Women's Hospital 1209 Huaihai Zhong Lu, by Donghu Lu 8am-5pm, 24/7 (6196 3333) marketing@redleafhospital.com www.redleafhospital.com 淮海中路 1209 号, 近东湖路

Shanghai United Family Hospital and Clinics 1) 1139 Xianxia Lu, by Qingxi Lu (2216

3900, 2216 3999) Mon-Sat: 8.30am-5.30pm 2) Shanghai Racquet Club, Lane 555 Jiefang Lu, by Baole Lu Mon-Sat 9am-5pm 3) 1/F, Area A & B, 525 Hongfeng Lu, by Mingyue Lu (5030 9907) Mon-Sat: 8.30am-5.30pm 4) 8 Quankou Lu, by Linquan Lu Mon-Sat: 8am-5.30pm www.ufh.com.cn 1) 仙霞路 1139 号, 近青溪路 2) 金丰路 555 弄上海网球俱乐部内, 近保乐路 3) 虹枫路 525 号 A&B 区 1 楼, 近明月路 4) 泉口路 8 号, 近林泉路

MASSAGE & SPA

Chi Spa CHI, The Spa at Shangri-La, offers massages and treatments that are based on authentic natural healing methods found in the traditional well-being practices shared by many Asian cultures. 6/F, Tower 2, Pudong Shangri-La, 33 Fucheng Lu, by Mingshang Lu (5877 1503) 10-12am www.shangri-la.com/en/corporate/chi 富城路 33 号上海浦东香格里拉大饭店二座 6 楼, 近名南路

Chuan Spa This world-class spa located within the new Langham Hotel specializes in traditional Chinese treatments. Designed for contemplation and inspiration, rediscover your inner self with an escape to a spa treatment in any of the four luxurious therapy rooms. 3/F, The Langham, Yangtze Boutique, 740 Hankou Lu, by Xizang Zhong Lu (6080 0722) 10am-10.30pm tsha.info@chuanspa.com www.chuanspa.com/en/Shanghai/ 上海人民广场朗廷精品酒店 3 楼, 汉口路 740 号, 近西藏中路



Dragonfly 1) 2/F, 559 Nanchang Lu, by Shaanxi Nan Lu (5456 1318) 2) 206 Xinle Lu, by Fumin Lu (5403 9982) 3) L119, 1378 Huamu Lu, by Fangding Lu (2025 2308) 4) Villa 5, 3911 Hongmei Lu, by Yan'an Xi Lu (6242 4328) 5) 193 Jiaozhou Lu, by Xinzha Lu (5213 5778) 6) LG2-47 IFC, 8 Shiji Dadao, by Lujiazui Huan Lu (6878 5008) 7) 616 Biyun Lu, by Yunshan Lu (5835 2118) 8) SB1-05B, B1 South Retail, Jingan Kerry Centre, 1218 Yan'an Zhong Lu, by Changde Lu (6266 0018) 1) 南昌路 559 号 2 楼, 近陕西南路 2) 新乐路 206 号, 近富民路 3) 虹梅路 3911 号 5 号别墅, 近延安西路 4) 胶州路 193 号, 近新南路 5) 世纪大道 8 号国金中心 LG2-47, 近陆家嘴环路 6) 碧云路 616 号, 近云山路 7) 延安中路 1218 号静安嘉里中心商场南区地下一楼 SB1-05B (25 号商舖), 近常德路

The Peninsula Spa Escape from the hustle city life and enjoy massages, facials or make-up applications, it is the first spa in Shanghai offering award-winning Biologique Recherche skincare treatments and facial products. 3/F, The Peninsula Shanghai, 32 Zhongshan Dong Yi Lu, by Beijing Dong Lu (2327 6599), Mon-Fri 11am - 12am; Sat-Sun 10am - 12am; treatment reservation begins at 10am. 中山东一路 32 号, 上海半岛酒店 3 楼, 近北京东路

Yu Massage Step into a tranquil dynastic setting when you cross the threshold of this spa, adorned in antique Chinese-style decorations. Matching the decor, the services are primarily Chinese, offering Chinese massage, aroma oil massage and foot massage. 1) 366 Wuyuan Lu, by Wukang Lu (5403 9931) 11-1:30am 2) 199 Huangpi Bei Lu, by Renmin Dadao 10am-1:30am (6315 2915) www.yumassage.cn 3) 2/F, 218 Xinle Lu, by Donghu Lu 4) 484 Xikang Lu, by Kangding Lu (6266 9233) 1) 五原路 366 号, 近武夷路 2) 黄陂北路 199 号, 近威海路口 3) 新乐路 218 号 2 楼, 近东湖路 4) 西康路 484 号, 近康定路

Store + Home Service

400-820-2795

TOYOOO 玩具屋

推油网 - Seven Massage 宫七 A high-end massage brand that provides door to door service and a variety of body essential oil spa massage in a quiet and private environment. Whether you prefer a pampering spa at home or during your hotel stay, feel free to make appointments by calling 3490

1117 or 6882 1317 or go to their actual stores. Opening hours: 11-1am. Home service hours: 9am-midnight. Pudong: 2302 Zhangyang Lu, by Jingnan Lu (6882 1317, 15221309767) Puxi: 2/ F, 1832 Gubei Lu, by Hongsong Dong Lu (3490 1117; 17717447707. www.toyoo7.com) 1) 张杨路 2302 号, 近张南路 2) 古北路 1832 号 2 楼, 近虹松东路

Waldorf Astoria Spa The Waldorf Astoria Spa offers an international elixir of luxury spa experiences delivered by a team of highly skilled therapists. Each experience is enhanced by purest exquisite products selected from around the globe, sending you on a journey of enlightenment. 3/F, 2 Zhongshan Dong Yi Lu, by Guangdong Lu (6322 9988-3620) Daily 10am-10pm 中山东一路 2 号外滩华尔道夫酒店 3 楼, 近广东路

PREGNANCY HEALTH SERVICE

American-Sino OB/GYN/Pediatrics Services ASOG was founded in 2003. We provide a comprehensive array of on-site services for women and children by certified specialists from overseas and China. Our facilities located in the city center are comfortable and equipped with state-of-the-art technology. We are committed to providing quality, compassionate, and personalized healthcare with international standards. Our medical staffs are bilingual in English and Chinese. Opening Hours Monday-Friday 9:00-20:00 Saturday-Sunday 9:00-17:00 Vaccination for children is not available after 5pm Direct billing with over 30 international insurance companies 1) Inpatient: 14/F, Complex Building Huashan Hospital, 12 Wulumuqi Zhong Lu, by Changde Lu (6249 3246, 5288 7240) 2) Outpatient: 3/F, Block 6, Clove Apartment, 800 Huashan Lu, by Zhenning Lu (6210 2299) Mon-Fri 9am-8pm, Sat-Sun 9am-5pm 1) 乌鲁木齐中路 12 号华山医院综合楼 14 楼, 近长乐路 2) 华山路 800 弄丁香公寓 6 号楼 3 楼近镇宁路

Shanghai Redleaf International Women and Infants Center; Shanghai Redleaf International Women's Hospital 1209 Huaihai Zhong Lu, by Donghu Lu 8am-5pm, 24/7 (6196 3333) marketing@redleafhospital.com www.redleafhospital.com 淮海中路 1209 号, 近东湖路

VIP Maternity&GYN Center This is a reputable chain of hotel-style VIP Maternity & GYN Centres delivering premium Obstetric and Gynaecological ("OB/GYN") services. These services include prenatal examinations, examinations, genetic consulting, general examinations, minor operatio V13-15/F, 1961 Huashan Lu, by Changde Lu (6407 0399, 5288 9999) Daily 8am-10pm www.upmg.us 华山路 1961 号贵宾楼 13-15 层, 近长乐路

YOGA

Karma Life Yoga This large newly renovated high-end studio in Pudong offers a diverse range of styles and classes, including Ashtanga, Anusara, Hot yoga, soft Yin and Basics. The teachers are top notch and international, with world-renowned visiting guest teachers offering workshops and teacher trainings. Classrooms are spacious and bright, and changing areas are clean and stylish. Classes taught in both Chinese and English. 1) 160 Pucheng Lu, by Shangcheng Lu (5882 4388, 150 0003 0588) Daily 9am-10pm info@karmayoga.com.cn www.karmayoga.com.cn 2) 2nd floor, No. 758 South Xizang Lu 1) 浦城路 160 号, 近商城路 2) 西藏南路 758 号 2 楼

The Pure Yoga Shanghai flagship studio is located at iapm mall on 999 Huaihai Middle Road, in the heart of Shanghai's shopping district. Pure is Asia's leading lifestyle brand and is proud to extend its foothold in Shanghai after Hong Kong, Singapore, Taipei and New York. Pure Yoga brings to our city its yoga and fitness expertise, a team of passionate and internationally recognized instructors, plus exciting workshops and teacher training conducted by renowned yoga masters. L6-615, iapm mall, 999 huaihai Zhong Lu, by Shaanxi Nan Lu (5466 1266) 淮海中路 999 号 环贸 iapm 商场 L6-615, 近陕西南路

Y+ Yoga Centre Whether you are looking to develop your spiritual wellbeing, body toning or just socialise with the hip young crowd, Y+ Yoga Centre will have the right class for you. 1) 2/F, Bldg2, 299Fuxing Xi Lu, by Huashan Lu (6433 4330) Daily 6.45am - 8.45pm info@yplus.com.cn www.yplus.com.cn 2) 3/F, 308 Anfu Lu, by Wukang Lu (6437 2121) info@yplus.com.cn 3) 2/F, 202 Hubin Lu, by Shunchang Lu (6340 6161) Daily 7.30am-8.45pm info@yplus.com.cn 1) 复兴西路 299 号 2 号楼 2 楼, 近华山路 2) 安福路 308 号 3 楼, 近武夷路 3) 湖滨路 202 号 2 楼, 近顺昌路

LIFE & STYLE APPAREL

ANNABEL LEE SHANGHAI is a Shanghai-based luxury home and fashion accessories brand that reflects beautiful Chinese tradition and culture. It boasts sophisticated modern Chinese design in the form of the finest Chinese silk, cashmere and jewelry. Silk pouches with delicate

embroidery, intricately-woven cashmere shawls made of the highest-quality cashmere from Inner Mongolia, breath-taking jewelry made of beautiful gemstones, all of which make perfect gifts! No. 1, Lane 8, Zhongshan Dong Yi Lu, by Fuzhou Lu (6445-8218) 10am-8pm 中山东一路 8 弄 1 号, 近福州路

Shanghai Tang 1) No.15 North Block,181 Taicang Lu, by Madang Lu (6384 1601) Mon-Sun 10.30am-11pm 2) Shop E, Jinjiang Hotel, 59 Maoming Nan Lu, by Changde Lu (5466 3006) Mon-Sun 10am-10pm 3) Shanghai-La Pudong Lobby Level, 33 Fucheng Lu, by Mingshang Lu (5877 6632) Mon-Sun 10am-10pm 4) 1/F, 333 Huangpi Nan Lu, by Taicang Lu (6384 1601) Mon-Sun 10.30am-11pm 5) L1C, Level 1 the Peninsula Hotel, 32 Zhongshan Dong Yi Lu, by Nanjing Dong Lu (6329 6255) Mon-Sun 10.30am-11pm 6) L2L1, Citic Square, 1168 Nan Jing Xi Lu, by Jiangning Lu (5212 2162) Mon-Sun 10.30am-11pm 1) 太仓路 181 弄新天地北里 15 号, 近马当路 2) 茂名南路 59 号锦江饭店 E 店舖, 近长乐路 3) 富城路 33 号浦东香格里拉大酒店 1 楼, 近名南路 4) 黄陂南路 333 号新天地 1 楼, 近太仓路 5) 中山东一路 32 号半岛酒店 1 层 L1C 舖, 近南京东路 6) 南京西路 1168 号中信泰富广场 2 层 221 单元, 近江宁路

FURNITURE & LIFESTYLE

SHANG XIA 1) 233 Huaihai Zhong Lu, by Songshan Lu (8017 9777) 2) No.8D-16, Departure Hall on Hongqiao Airport T2 (2328 2549) 1) 淮海中路 233 号, 近高山路 2) 虹桥机场 T2 航站楼出发大厅 8D-16

FAMILY FUN

NBA Playzone The NBA is excited to provide children and their families with a safe, clean environment for sports and fun right in the heart of Shanghai. Our 1,500 square meter space features ten signature elements including a concessions area and a retail store. Whether it's hitting a buzzer-beater at the Arena, exploring the twists, turns and slides in the Mascot Training Ground, building balance and coordination in the Rookie Challenge, watching your favorite player come to life at the Interactive Court, dunking like a pro on our trampoline lanes or measuring yourself against your favorite star at one of our NBA Measure-Ups, NBA Playzone is sure to deliver an active, inspiring, educational, and fun experience for the whole family. What's more, our world famous NBA mascots, Clutch and Benny the Bull, will make regular appearances at NBA Playzone, delighting parents and children alike with their comedic routines. Website: www.nbaplayzone.com Email: info@nbaplayzone.com Address: 2F, Hubindao Shopping Mall, Huangpu District Opening this Summer!

BOOKSTORES

Garden Books

404 8729
404 8728

www.gardenbooks.cn

Enjoy the imported books, magazines and newspapers

Open: 10:00am-1:00pm

325 Chang Le Road, 200031, Shanghai

Garden Books SHANGHAI CENTER, F1/1376 Nanjing Road (W), (EAST SUITE)Sells imported books, newspapers, magazines and other foreign publications. www.bookzones.com chochobook@yahoo.com.cn 325 Changle Lu, by Shaanxi Lu (5404 8728) 长乐路 325 号, 近陕西路

CLASSIFIEDS

CLASSIFIEDS INDEX

BUSINESS CENTERS
CONSULTING SERVICES
EDUCATIONAL SERVICES
HOTEL
MOVING + SHIPPING
RECRUITMENT SERVICE
STORAGE
TRAVEL SERVICES

BUSINESS CENTER

Regus Business Centre
Premium Business Centre
21 in Shanghai, 70+ in Greater China
Tel: +86 400 120 1205
www.regus.cn

Regus is the world's largest provider of workplace solutions, with products and services ranging from fully equipped offices to professional meeting rooms, business lounges and the world's largest network of video communication studios.

Servcorp is the industry-leading, technologically advanced provider of the most professional, flexible and cost-effective serviced office and virtual office solutions. Tel: +86 400 656 0166
www.servcorp.com.cn

Kerry Center
Level 29 Shanghai Kerry Centre
1515 Nanjing West Road
Jing An District, Shanghai 200040
Close to Jing'An station (Line 2, 7)
嘉里中心 29 楼
南京西路 1515 号
中国上海市静安区
靠近静安寺地铁站 (2 号线)

Servcorp At the Bund
5th Floor Somekh Building, Bund
149 Yuanmingyuan Road
Huangpu District Shanghai 200002
Close to People Square Station (Line 1, 2, 8)
圆明园路 149 号
外滩哈密大楼 5 楼
中国上海黄浦区
靠近人民广场地铁站 (1 号线)

Citigroup Tower
Level 23, Citigroup Tower
33 Huayuanshiqiao Road
Pudong, Shanghai 200120
Close to Lujiazui Station (Line 2)
花旗集团大厦 23 楼
花园石桥路 33 号
中国上海浦东
靠近陆家嘴地铁站 (2 号线)

Shanghai Business Center 第一商务中心
CBD, Grade A Building, Serviced Office
Lujiazui, Huaihai Road, West Nanjing
Road, Hongqiao, Xujiahui
Free Service, Impartial Assessment, Best
Offer
Call Green To Viewing: 189 1732 8282
www.001BC.com

The Executive Centre – International Finance Center
德事商务中心 – 上海国金中心
Level 8 & 36, Tower 2, International
Finance Center
No.8 Century Avenue, Pudong, Shanghai
(Lujiazui Station, Line 2)
上海市浦东新区世纪大道 8 号, 上海国金中心二期 8
楼 / 36 楼 (地铁二号线陆家嘴站)

The Executive Centre – CITIC Square
德事商务中心 – 中信泰富广场
Level 35, CITIC Square
No.1168 West Nanjing Road, Jing'an
District, Shanghai
(West Nanjing Road Station, Line 2)
上海市静安区南京西路 1168 号, 中信泰富广场 35
楼 (地铁二号线南京西路站)

The Executive Centre – Xintiandi
德事商务中心 – 新天地
Level 5, Xintiandi
No.159 Madang Road, Huangpu District,

Shanghai
(South Huangpi Road Station, Line 1)
上海市黄浦区马当路 159 号, 新天地 5 楼
(地铁一号线黄陂南路站)

The Executive Centre – The Center
德事商务中心 – 世纪商贸广场
Level 20, The Center
No.989 Changle Road, Xuhui District,
Shanghai (Changshu Road Station, Line
1)
上海市徐汇区长乐路 989 号, 世纪商贸广场 20 楼
(地铁一号线常熟路站)

The Executive Centre - Chong Hing Finance Center
德事商务中心 – 创兴金融中心
Level 12, Chong Hing Finance Center
No.288 West Nanjing Road, Huangpu
District, Shanghai
(People Square Station, Line 1)
上海市黄浦区南京西路 288 号, 创兴金融中心 12 楼
(地铁一号线人民广场站)

TINVEST
Tinvest Group - boutique serviced office (Former French concession)
www.tinvestgroup.com
6433 5707 or 18317070380

T288
9F/10F, Dramatic Art Center 288 Anfu
Rd, Xuhui District, Shanghai
Close to Changshu station (Line 1 & 7),
Close to Shanghai library station (line 10)

T297
#297, Wuyuan Rd
Close to Changshu station (Line 1 & 7),
Close to Shanghai library station (line 10)

CONSULTING SERVICES

Shanghai Sunglow Elite Law Firm:
We focus on Criminal Defence / Labour
Dispute / Marriage Legal Service.
E-mail: ywlvshi@163.com
Mobile: 159-0075-6080 (Bruce Yin)
Tel: 021-51699615
Add: B206, No.85 Loushanguan Rd,
Shanghai, China

EDUCATIONAL SERVICES

AIA
AIA CFO Forum on Dec 15
This is the 14th CFO Forum AIA (the
Association of International Accountant)
has held in Shanghai. This time we invite
Yu Chun, a director of one international
accounting firm to share her view on
bank fraud.
Tel: 400-820-2803
Free, 2:00-3:30pm, 10F, Towel 2, No.
2230, Zhongshan Road West, close to Yi
Shan Road Station (Line 3, 4, 9)
徐汇区中山西路 2230 号 2 号楼 10 楼, 靠近宜山路
地铁站 (3, 4, 9 号线)

LONG Mandarin - With 6 centers
throughout Shanghai, Long Mandarin
has taught Chinese to over 14,000
expats over the past 10 years. Long
Mandarin is an official registered HSK
testing center as well. Free HSK seminar
held every month. **Course** - Classes are
available for survival, conversational,
business Chinese, Chinese character
course, HSK course and more. Cultural
courses are also available, with special
events held every month.

Campus
徐家汇校 Xujiahui School
徐汇区天钥桥路 93 号中福实业大厦 11 楼 (近肇嘉
浜路, 1, 9, 11 号线徐家汇站)
93 Tianyaoqiao Rd 11F near Zhaojiaqiao
Rd, Xujiahui Station (Line 1, 9, 11)

中山公园校 Zhongshan Park School
长宁区凯旋路 166 号凯旋坊 6 号楼 3 层 D 座 (近汇
川路, 2, 3, 4 号线中山公园站)
166 Kaixuan Rd, Bldg 6, 3F/D near
Huichuan Rd, Zhongshan Park Station
(Line 2, 3, 4)

八佰伴校 Babaiban School - Pudong
浦东新区浦东南路 1088 号中融大厦 9010-9011
室 (近张杨路 9 号线商城路站)

1088 South Pudong Rd, Ste. Rooms
9010-9011 near Zhangyang Rd,
Shangcheng Rd Station (Line 9)

古北校 Gubei School
长宁区莱华西路 79 弄 10A 金鹿公寓 1-4 楼 (近水
城南路 10 号线水城路站)
79 West Ronghua Rd, No 10A near South
Shuicheng Rd, Shuicheng Rd Station
(Line 10)

虹桥校 Hongqiao School
长宁区仙霞路 88 号太阳广场东塔 2 楼 B4-6 室 (近
娄山关路, 2 号线娄山关路站)
88 Xianxia Rd, B4-6, 2/F East Sun Plaza
near Loushanguan Rd, Loushanguan Rd
Station (Line 2)
香梅校 Xiaomei School - Pudong
浦东新区锦绣路 1650 弄香梅花园 2 号楼 702 室
(近东绣路 9 号线杨高中路站)
1650 Jinxiu Rd./Bldg 2, 702 near
Dongxiu Rd, Middle Yanggao Rd Station
(Line 9)

Berlitz
Mandarin Course
Surprise Offering For
New Year
from 95 RMB/unit

About Berlitz:

- The oldest existing language school in the world since 1878
- Small group with native speaker (up to 4 students each group)
- Unparalleled and supremely effective Berlitz Method®

Surprise! Now Berlitz is offering an unprecedented discount on Mandarin courses.

Get your
FREE lesson NOW!

Just call

63346262

68810588

or email us
info@em.berlitz.com



Berlitz
In today's world, it is easier than ever to reach across boundaries. The global environment offers infinite opportunities—but only to those who have the right skills. Berlitz helps individuals and businesses, government and non-profit organizations develop the language, cross-cultural and leadership skills necessary for success.
Pudong, Shanghai Language Center
23/F, Shanghai Stock Exchange Building (N),
528 Pudong South Road, Shanghai
上海浦东南路 528 号上海证券大厦北塔 23 楼
Tel: 021-6881 0588
Puxi, Shanghai Language Center
35/F, Ciro's Plaza, 388 Nanjing West Road,
Shanghai
上海南京西路 388 号仙乐斯广场 35 楼
Tel: 021-6334 6262

Gubei Language Center
2D, St. Laurent Building, 3215-201 Alley,
Hongmei Road, Shanghai
上海虹梅路 3215 弄 201 号 圣伦兰商务大楼 2D
Tel: 021-5430 7565
WEB: http://www.berlitz.com.cn/

C-Tyme Chinese
PROMOTE TO A
MANDARIN MASTER IN
90 DAYS
3 STEPS LEARNING METHOD HELP YOU
IMPROVE FAST!

Short-Term Training Course!
(Valid Until February 28, 2017)

- 5 Day Spartan Session: \$699!
- 10 Day Spartan Session / Risk Training Class: \$1690!
- 1 on 1 private lesson & 1-3 Mini Group Class (58 RMB/60 minutes in minimum)
- 3-8 Years Of Teaching Experience Star Teacher

400-7167-690
021-6052-8430
chinese@c-tyme.com
www.c-tyme.com

Headquarters in Jing'an:
Room 1213, 12 Floor, Zhan
Mansion, 372, Wuyuan Road
(Metro line 2 & line 7)

★ HSK Level 1-2: Self Introduction, Shopping, Taxi And Other Basic Expressions;
★ HSK Level 3-4: Quick Grammar Learning, Sentences Making; Daily/Business Conversation
★ HSK Level 5-6: Listening & Sentences-Making Skills; Vocabulary Classified Training

CTYME
1) Top 2000-5000-hours-experienced professional teacher, exploring Memory code, to help students learn Chinese Fast! 2) Special 3-STEP Learning-Method, sprint vocabulary, grammar, communication, and HSK examination. 3) Different teachers focus on different courses (Oral Chinese/ business Chinese/HSK). 4) Headquarters in Jing'An: Room 1213, 12 Floor, Zhan Mansion, 372, Wuyuan Road. Branch School in Xu'Hui (On line Course Center): Building 1, 50 Lane, 200 Long'cao Road.

HAN YUAN Mandarin School

- Step by step
- Blurt Out Idiomatic Chinese
- Speak out your fluent Chinese with the magic rhythm!

www.hanyuansh.com
A HOUSE WITH A HISTORY OF 100 YEARS

HanYuan Promotion Daytime Course
Day : Monday-Friday

Time : 10:00-17:00

1 to 1 Class

Daytime Course Price:
Class hour:30H,3600yuan
Class hour:50H,5000yuan

Regular Daytime Course Price:
Class hour:50H,6500yuan
Class hour:100H,12000yuan

TEL:021-53067271
hanyuan@jicsh.com
www.mandarinshool.net
No.28 Gaolan Rd Shanghai

Mandarin City

Mandarin City is dedicated to providing high quality and professional Chinese courses for foreigners. It has a good reputation for achieving results through excellent teaching and considerate service! Mandarin City also can sent teachers to your office or home for your convenience! Address: No.40, Lane 56 Yangang Road (Close to Middle Huaihai Road)
Tel: 8621 5306-2960, 8621 5306-0968
E-mail: info@mandarincity.cn
www.mandarincity.cn



Panda Language



**EXPERT TEACHING
COMPETITIVELY PRICED**

**1 on 1 Private Teaching
Mandarin Courses:
From 69rmb/50min**

**English Courses:
From 88rmb/50min**

**3 Schools
in Shanghai**

Tel: 4008203587
Wechat:panda-edu
www.panda2004.com
info@panda2004.com

Panda Language Institute
Hotline: 4008203587

Jing'an School: Suite 311-315, 3F, Tower 3, Donghai Plaza, 28 East Yuyuan Rd. 愚園東路28號, 東海廣場, 3號樓, 3樓, 311-315室

Pudong School: Suite B, 14F, Regal Tower, 15 Xiangcheng Rd. 向城路15號, 錦城大廈, 14樓B座

Hongqiao School: Suite 03, 27F, Shartex Plaza, 88 South Zunyi Rd. 遵義南路88號, 協泰中心, 27樓03室

School in Japan: Suite F, Hayami Building, 1-5-3, Machikuzuhira, Hirakata-shi, Oosaka, Japan. 日本國大阪府枚方市町楠葉1丁目5-3速水大廈, 3樓F座

Expert Teaching and Competitively Priced

With 10 year of teaching experience,

4 schools and over 12000 satisfied graduates, the Panda Language Institute is only source you need for effective mandarin Chinese instruction, English instruction or Chinese cultural training, whether for business or personal enrichment.



iMandarin
More than just a language

**Learn authentic language
and Chinese culture,
choose iMandarin.**

apply now, you can get
500RMB cash coupon

URL:www.imandarin.net

iMandarin
"Ting Bu Dong" is Long gone!
www.iMandarin.net
study@imandarin.net

Shanghai Centre Campus
Rm720, 1376 Nanjing Xi Lu, by Xikang Lu
南京西路1376号上海商城西峰720室, 近西康路
Tel:021-3222 1028
Xintiandi Campus
Suite1708, 333 Huaihai Zhong Lu, by Huangpi Nan Lu
淮海中路333号瑞安广场1708室, 近黄陂南路
Tel:021-3308 0508
Zhongyin Campus
Suite2312, 200 Yincheng Zhong Lu, by Shiji Dadao
银城中路200号中银大厦2312室, 近世纪大道
Tel:021-5037 2711
Jinqiao Campus
1779 Yunshan, by Biyun Lu
云山路1779号, 近碧云路
Tel:021-6105 9572
Yuandong Campus
Rm1916, Bldg B, 317 Xianxia Lu, by Gubei Lu, 仙霞路317号远东国际广场B座1916室, 近古北路
Tel:021-5239 2807
Hongqiao Campus
RmC207, Shang-Mi Ra Commercial Centre, 2633 Yan'an Xi Lu, by Shuicheng Nan Lu
延安西路2633号美丽华商务中心C207室, 近水城南路
Tel:021-3223 1046

Mandarin House (Shanghai)
International quality accredited Chinese language programs. Whether at your office, home, or our conveniently-located schools; learn practical and modern Chinese with experienced teachers. Call us or visit our school and see why more than 30000 people have chosen Mandarin House for learning Chinese!
People's Square
12F, Asia Mansion, 650 Han Kou Road 上海市黄浦区汉口路650号亚洲大厦12层

Hongqiao
Room 538, 68 Shui Cheng Road 上海市长宁区水城路68号538室(近虹古路321号)
Tel: 400 633 5538
E-mail:info@mandarinhouse.com
Web:www.mandarinhouse.com

Shanghai International MBA
A two-year Part-time MBA designed for multinational managers
Classes are taught in English by international professors on average 4 consecutive days per month
Tel: +86 (21) 65980610
E-mail: adm@simba-tongji.com
Web: www.simba-tongji.com
Room A309, Sino-French Center, Tongji University, 1239 Siping Road, Shanghai 200092, China
同济大学上海国际 MBA, 中国上海四平路 1239 号同济大学法文中心 A309 室

Recruiting for British Teachers
SEATTON is the number-one etiquette training brand in China, teaching clients western style and culture. This year Seaton opens a Club House in Shanghai dedicated to offering clients luxury cultural experiences.

The candidate:
• Confident teacher ideally with experience teaching both adults and children
• Will be trained on the Seaton curriculum

riculum
• Will be responsible for delivering Seaton Etiquette and Style classes
• Salary negotiable depending on experience
• Both full-time and part-time positions
Please email CV and business photograph to Catherine Wang
catherine@seaton.com
www.seaton.com

Youmandarin always has the right course for you!

Whatever your objectives - personal training, corporate training, cultural acclimation, providing your children with an opportunity for a head start, or even just fine-tuning your accent- our customized training system ensures that all your needs can be met in a timely fashion. Quality assurance is our foremost concern.

Jing'an Campus: Suite 1405A, Shanghai International Group Mansion, 511 Weihai Road
Tel:52047618
Website: www.youmandarin.com
Email:info@youmandarin.com

MOVING + SHIPPING

BALtrans International Apeial Freight Ltd.
Tel:(8621)62281993
www.bim.com.hk

Excel World Wide Moving & Storage
International/ Domestic/Local/Office Removal Storage
Tel: 3462 8040
Email: info@excelrelo.com
Website: www.excelrelo.com

Hanna Relocation -Hanna keeps it safe.
International/ Domestic/Local Move Storage Service
Office Move
M:138 1742 2742 Menicus
Tel:6475 2726 F:5479 6362
Email:hanna@hannapack.com
Website: www.hannapack.com

MKT CHINA
Moving with competitive price, good service and reliable follow-up? We can!
Contact us:
Phone: 021-62955282
Mobile: 13916852225
Email: contact@mkt-china.com

Seven Seas Worldwide
It's simple to move your belongings safely around the world.
Baggage Worldwide: Price from CNY1, 299
International MoveCube Relocation: Price from CNY 6,500
Get FREE and instant quote, book online at www.sevenseasworldwide.cn
24/7 multilingual hotline 400 181 6698

RECRUITMENT SERVICE

Cesna Group Worldwide
-China, USA, Korea
-Talent Recruitment
-(+86) 21 6152 7877
sh@cesna.com

STORAGE

GGBOX Storage is self-storage, delivered to your door! We deliver a sturdy 7m3 storage module to your address, you fill it, then we take it away for storage in our secure warehouse. When you need it again, you can access your module by appointment, or we deliver it back to your address. We are cheaper and more convenient than traditional self-storage. Please call 4006 252 559 for more information, or visit us at www.ggboxstorage.com

MINISTORAGE Self Storage
Are you moving house? Have too much stuff? Need more space to store your personal items or for your growing business?

MINISTORAGE is an expert in self storage and offers clean, secure and flexible storage units ranging from 1m² to 50m² (larger upon request). The units are climate controlled and ideal to store your rarely used items, furniture, equipment and more.
Contact us now for more information!

Tel: 021 6045 6838
Email: info@minicc.com
Website: www.minicc.com
Address: Building 1, No. 33 Jinji Road 上海浦东新区金吉路33弄1号楼

Rayca Storage Service

Open 365 days
State-of-the-art security monitoring system
Reasonable pricing policy
Storage solutions for both individuals and businesses
FREE packing materials offered
Service hotline: 400 048 9099
Email: info@raycatrans.com
Website: http://www.raycatrans.com
Address: No. 355, Hua Cai Road, Qingpu District, Shanghai

StorHub Self Storage

StorHub is Singapore's first, largest and friendliest self-storage operator, and is a wholly-owned subsidiary of CapitalLand Group. StorHub is now proud to have extended its experience and brand to China through our facilities in Shanghai. StorHub offers individuals and businesses a range of reliable and secure storage solutions to resolve storage challenges at home or in the office, provides cost effective and flexible storage solutions to our customers with clean and secure self-storage units with 24/7 access.
Tel: 400 821 3150
Web: www.storhub.cn
Address: 3F, No. 1581 ChangYang Rd., YangPu District, Shanghai 上海市杨浦区长阳路1581号3楼

A class - You You Space Security Self Storage
Need help solving your storage problems in China? You You Space security self storage is your best choice. All storage units are clean and climate-controlled. The store is accessible 24/7. As the first USA self storage association member company in the mainland of China, You You Space has been serving customers from many countries for five years, ensuring your belongings stay safe and protecting your privacy carefully. Moving trucks available.
Web: www.youyospace.com/en (English)
Hotline: 400-680-1716
158-2103-0431 (English)
Email: service@youyospace.com
Address: 1-3F, East Tower, 800 East Guo Shun Rd, Shanghai. 上海市国顺东路800号东楼1-3F

TRAVEL SERVICES

Expats Holidays
Expats Holidays is a top proficient travel agency in China which caters not only to the Chinese locals but especially for expats living in China. Our team is composed of people highly knowledgeable and experienced with the travel industry. They all speak English professionally and are devoted to providing a high level of service.

If you have your own ideas and preferences to planning a trip, we are able to help you to customize one. According to your schedule, specific needs and budget. We can design a private trip for you, your family or friends.

Why choose Expats Holidays?

• Our company is a legitimate licensed travel agency.

• We have our own office in which you are welcome to visit anytime and rest assured that our efficient staffs will be assisting you.

• A very good relationship has been established between our company and the best hotel chains, airline companies and tourism bureaus.

• If an inevitable thing happens after your reservation is made, we will continue to assist you the best way we can may it be prior, within or even after your trip.

• Your feedback is always important to us as it will also help us to continuously improve our service.

Web: www.expatsolidays.com
Tel: 021-60547788

Email: info@expatsolidays.com
Office Address: 9/F, 1730 West Nanjing Road, Jing'an District Shanghai China 中国上海市静安区南京西路1730号9楼

MOVERS AND SHAKERS

Big-Money Moves Provoke CSL Rule Shake-up

By Ian Walker



A former England international goalkeeper, Ian Walker played for Tottenham Hotspur, Leicester City and Bolton Wanderers. In 2012 he moved to China to become goalkeeper coach of Shanghai Shenhua, before crossing the city divide to join Shanghai SIPG in 2014. Follow him on Twitter @IanWalks1.

With the Chinese Super League making world headlines for its heady spending once again, a spokesperson for China's General Administration of Sport last month castigated clubs for "burning money," describing the spending as "a grave phenomenon."

And sure enough, rule changes were promptly announced, further restricting the number of non-Chinese players allowed on the pitch. Where previously the 3+1 rule applied - three foreigners of any nationality plus one Asian player - it will now be limited to just three foreigners.

Teams will also be required to name two Chinese players under the age of 23 in their matchday squads, with at least one starting the game. The changes were made with the intention of fostering more domestic talent, rather than splashing cash on overseas players. We'll see if it has the desired effect.

Those Big-Money Deals

Carlos Tevez

£71.6 million

Boca Juniors to Shanghai Shenhua

Although no financial details of the deal were officially released, the *Guardian* claimed that the Argentinean striker has become the highest paid player in the world, with a salary of GBP32 million, as well as a hefty transfer fee for a 32-year-old.



Oscar

£60 million

Chelsea to Shanghai SIPG

The 25-year-old Brazilian international was signed by former Chelsea, and new Shanghai SIPG boss Andre Villas-Boas for a reported salary of GBP24 million, joining countrymen Hulk and Elkeson at the club.



Axel Witsel

Undisclosed

Zenit St Petersburg to Tianjin Quanjian

The 27-year-old Belgium midfielder is believed to have turned down Juventus for a GBP15.3 million salary at newly-promoted Tianjin Quanjian, who are managed by Italian World Cup winning captain Fabio Cannavaro.



John Obi Mikel

Free transfer

Chelsea to Tianjin TEDA

The 29-year-old Nigerian midfielder brought 10 years at Stamford Bridge to a close, turning down offers from Valencia and Marseille in return for a salary in excess of GBP7 million and a life in Tianjin.



Breaking down the Tevez bread...

£32 million per year = £615,000 per week = £88,000 per day = £3,600 per hour = £60 per minute = £1 per second

AFC Champions League

Both Shanghai teams have qualifiers for the group stages of the AFC Champions League this month.



Shanghai SIPG finished third in the CSL last season, and will play either Sukhothai of Thailand or Yadanarbon of Myanmar at the Shanghai Stadium at 7.30pm on Tuesday February 7.

> Shanghai Stadium, 1111 Caoxi Bei Lu, by Tiányaoqiao Lu 漕溪北路1111号, 近天钥桥路. Nearest metro: Shanghai Indoor Stadium on Lines 1 & 4.



Shanghai Shenhua finished a place behind SIPG in fourth, and will most likely face a tricky tie against Brisbane Roar at the Hongkou Stadium at 7.45pm on Wednesday February 8.

> Hongkou Stadium, 444 Dong Jiangwan Lu, by Sichuan Bei Lu 东江湾路444号, 近四川北路. Nearest metro: Hongkou Football Stadium on Lines 3 & 8.

WIN A STAY

AT THE BANYAN TREE LIJIANG'S LUXURIOUS JET POOL VILLA



IN **3** EASY STEPS...



Apple IOS



Android



1. Scan the QR code and download the That's AR app

2. Use the That's AR app to scan the image above

3. Leave your details for a chance to win

The background of the advertisement shows the interior of a Hard Rock Cafe. It features dark wood paneling with several framed posters of rock stars. In the foreground, there are dark wooden tables and tufted leather chairs. The lighting is warm and focused on the seating area.

Hard Rock
CAFE


SHANGHAI

硬石餐厅

当音乐遇见美食



Scan the QR code to download voucher and redeem
at HRC Rock Shop with a RMB 200 purchase

SHANGHAI | NO. 249 NORTH MAOMING ROAD | +86 21 62850021
HARDROCK.COM  @hardrockcafeshanghai

©2017 Hard Rock International (USA), Inc. All rights reserved.

JOIN HARDROCKREWARDS.COM



不能
SLEEP





SMG LIVE PRESENTS

punchdrunk

眠之夜

NO MORE



百威，敬真我

THIS BUD'S FOR YOU.