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# PRD that's



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# 2016 FOOD & DRINK AWARDS



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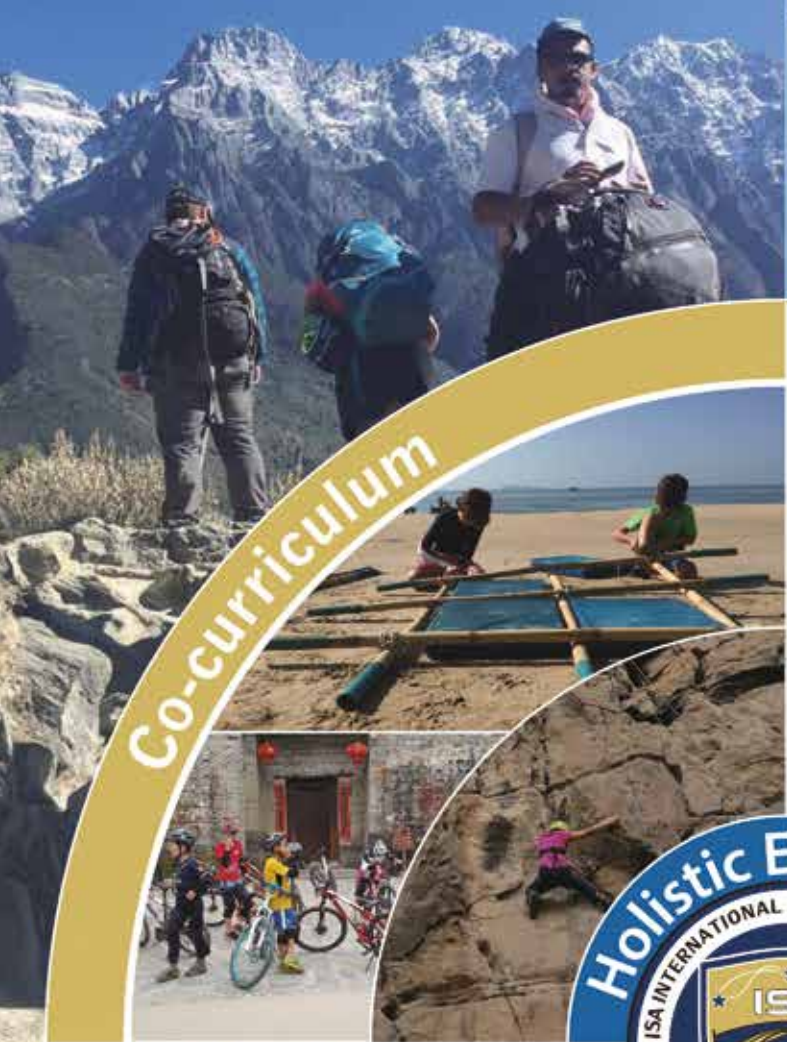
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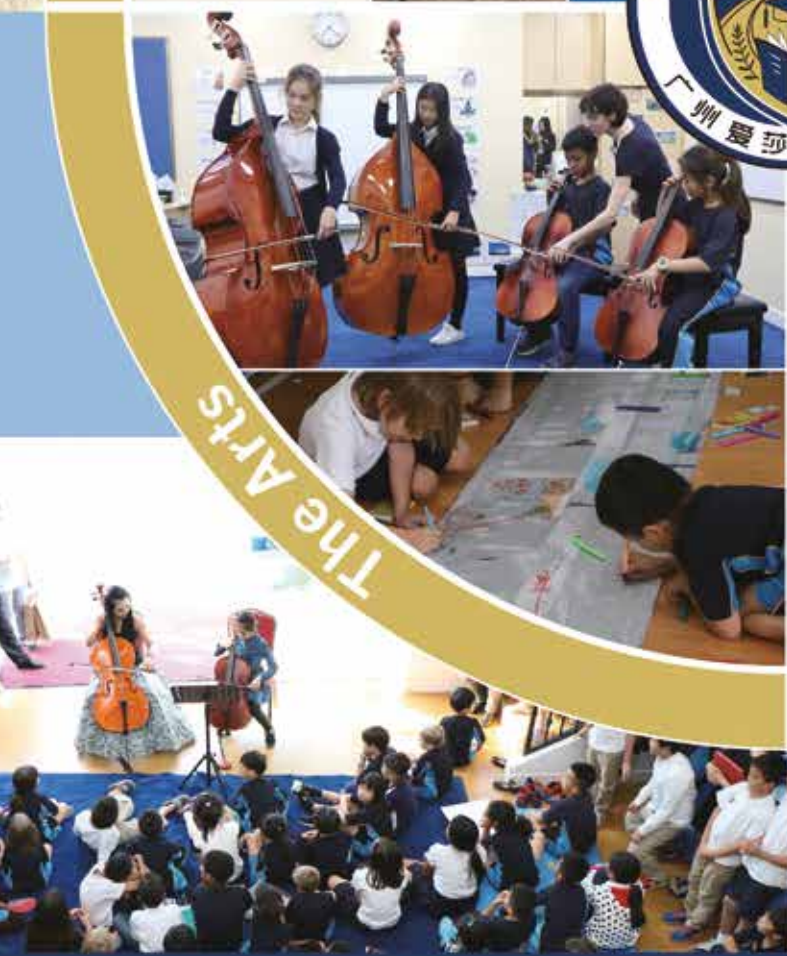


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**Outstanding Restaurant (Guangzhou)  
Best Brunch (Guangzhou)  
Best American (Shenzhen)**



# Editor's Note

January

Eleven years is a long time, especially by modern Chinese standards. Looking back to the very first That's PRD Food and Drink Awards (when the magazine was still called *That's Guangzhou*), I doubt whether any of the restaurants that took home accolades are still around. Time makes fools of us all, and it will be interesting to see – at least for those South China lifers – which of our 2016 winners will still be here to greet a new decade.

The F&B industry is a notoriously harsh mistress, one that more often punishes than rewards, so it's always been a pleasure to participate in the Food and Drink Awards and absorb the merriment as restaurant and bar owners and managers get completely sloshed while being recognized for their contributions to growing the culinary milieu. We may not have the heft of Beijing and Shanghai down south, yet, but it's certainly exciting to watch a truly international cuisine scene join Canton's legendary home-grown delicacies.

Food has always been a major passion of mine, and it seems appropriate to sign off on an issue dedicated to eating. When I first started working for *That's PRD*, I remember thinking, 'Bugger me Guangzhou is provincial. Can it be that the quality of international restaurants and bars in China's third-largest city is this abysmal?' It's been truly staggering to see what a difference three years can make, and while I'll wager there's a way to go till a non-Chinese eatery in Guangzhou or Shenzhen earns itself a Michelin star, one of my favorite things about living down south has been watching the incredible growth of the gourmet.

So long, and thanks for all the fish!

**Tom Lee**  
Editor in Chief



## Up Front

Thank you to Ceet Fouad for providing the art work featured on this issue's cover.



WIN WIN WIN



In Guangzhou, a pair of tickets to pianist **Alice Sara Ott** (p66), a pair of tickets to New York-based **DJ Amadeus** (p66), a pair of tickets to the legendary cellist **Yo-Yo Ma with Michael Stern** (p66), 4 pairs of tickets to **Riverdance** in Macau (p70) and a pair of tickets to salsa sensation **Mora Godoy** (p67).

In Shenzhen, a RMB888 voucher to **Lan Ting Chinese Restaurant at the Hilton Shenzhen Shekou Nanhai** (p77), a pair of tickets to Chinese punk band **Mercader** (p68) and a pair of tickets to American singer-songwriter **Chris Garneau** (p69).

To find out how to win one of these fabulous prizes, simply message our official **WeChat (Thats\_PRD)** with the name of the prize you would like.



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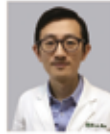
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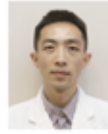
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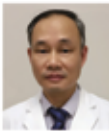
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Mercader



**JAN 15**  
Chris Garneau



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# THE WRAP



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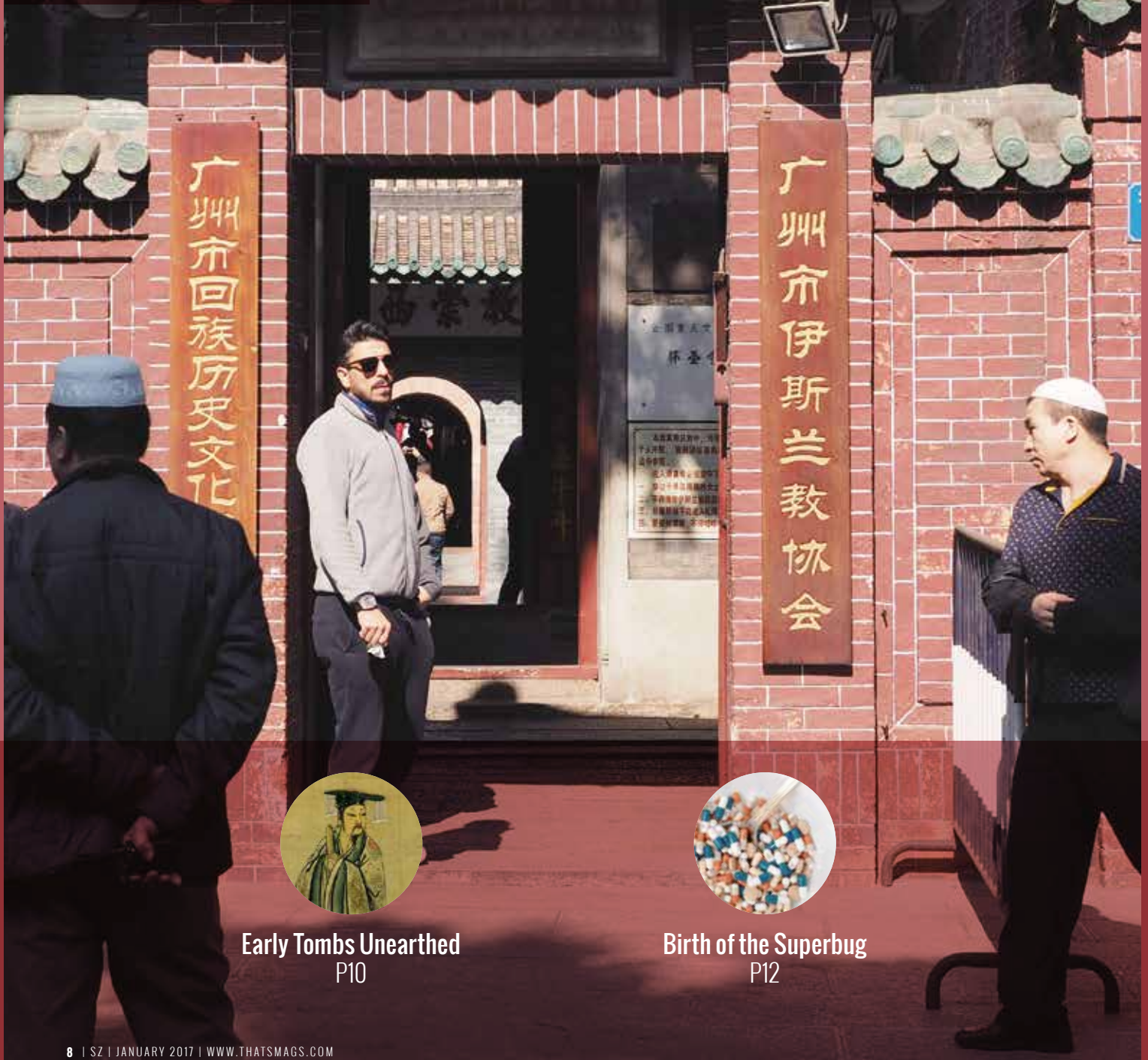


# CITY



## A Thousand Years and Counting

Rediscovering one of China's oldest mosques



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P10



Birth of the Superbug  
P12



# CREATURE COMFORTS

## Frog and Turtle Butcher

Text and photo by Tristin Zhang

Through a maze of limestone-paved alleys, in a beaten-up neighborhood along Nantian Lu in Guangzhou's Haizhu District, a wet market extends. Everything from live poultry to water snakes is sold here. Local farmers travel in every day, bamboo poles balanced on their shoulders, to sell garden-fresh vegetables.

Among the many buoyant shops located along the lanes, a frog and turtle vendor stands out, operated by a cleaver-wielding, 20-something lady wearing rain boots and a solemn look.

"Of course they are not venomous," Wang Xun snaps, as we inquire about a knot of serpents. A woman just bought four amphibians, which Wang expertly cuts open, skins, guts and dismembers in two shakes of a lamb's tail.

Plastic tanks are arranged in rows in front of her shop. Fish are constantly trying to fling themselves out of the water to end their crowded misfortune. Different kinds of Chinese soft-shell turtles draw the eyes of passersby.

Wang patiently explains her wares to us.

"This one is 25 kuai per half kilo, that one 30, that one 35. If you want to do hot pot tonight, take this big, black one, only for 20 kuai. This originates from Guangdong. That one I don't know."

It's 1pm and some of the street vendors have gone home, leaving their stations unattended but watched by adjoining business owners.

Another woman comes by Wang's containers, stops, picks a turtle and starts haggling. "88 kuai. No bargains *ayi*." With the price settled, Wang tosses the reptile into boiling water. Ten minutes or so go by and Wang, taking up her cleaver once again, engages herself in a 25-minute-long butchering.

"I'll clean the innards carefully, don't worry," Wang assures her customer. "I'm not my *shifu*. He can finish chopping up a turtle in 10 minutes, but he might be sloppy."

As it turns out, Wang is a green recruit at this shop, which is owned by a relative of hers. A water snake sticks its head out of a hole in a Styrofoam crate, intervening in our observations.

"[Turtles] will help remove the *shiqi* (damp) in your body. You know Guangzhou is humid most of the time," Wang says, putting on her sales patter when she discovers we want something to cook in hot pot. "Don't take the snakes. They are good for soup but not hot pot. Take the frogs or the toads."

Wang tackles doubts and concerns on an hourly basis, beginning at 7am. It's not until 7pm that she packs away the remaining turtles, frogs and snakes and heads home, fatigued.

### THE DIRTY DETAILS

**Monthly salary:** RMB3,000

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**Hours per day:** 10

Man on the Street is a monthly feature where we talk to someone doing an everyday job, in order to get an insight into the lives of normal Chinese people.

# THE BUZZ

## TOTALLY TRIVIAL

### Dynastic Debates

Earlier this year, 25 tombs from across history were discovered on the outskirts of Guangzhou. The excavation, which was made public last month, contains funerary remains that cover more than 10,000 years, some dating back as far as the Shang dynasty (1600–1046 BC).

The Shang is in fact the oldest confirmed dynasty in China's history. We say 'confirmed,' because a debate continues to rage about whether its supposed predecessor, the Xia, is historical fact or merely whimsical legend.

Xia's first leader, the story goes, was a man named Yu, who earned himself the title of 'the great' through taming the floods that afflicted early Chinese civilization. Legendary versions have him using magic; those aiming at historical veracity describe his solution as involving a more banal system of canals. At any rate, as a reward for his efforts – and impressive military prowess – he was crowned king.

Tales of the Xia, however, are not contemporaneous, meaning descriptions of this proto-dynasty all come from successor states. (Incidentally, the Shang's existence was also questioned at one point, until the discovery of oracle bones at its last capital were indisputably dated to the period.)

Archeological sites of the Erlitou culture have been cited as evidence of the Xia's existence, though many historians feel these connections are tenuous, since there is no written record linking the two.

For now, the Xia is seen predominantly as a mythical dynasty used to connect peoples lost to the mists of time with those firmly rooted in history. That is, until an even older trove of tombs is discovered in Guangzhou...



## PRD VIP

### Ma Huateng

As the world's third largest Internet company, Tencent's sphere of business covers messaging, online games, dot-com, e-commerce, search engines and more. It's always playing the field and waiting for the right moment to take its share of the pie, but in most cases, be it QQ or WeChat, it's the terminator that dominates the whole market.

Ma Huateng is the man at the helm of Tencent's operations. Born in Shantou, Ma moved to Shenzhen at the age of 10, where he studied computer science and applications at Shenzhen University. Five years after graduation, Ma founded Tencent in 1998. Amidst trials and errors, as well as an Internet bubble in the year 2000, QICQ – Tencent's copy of the then-popular instant messaging app ICQ – was born, and later became QQ.

By 2001, literally every Chinese student had a QQ ac-



count. It became a phenomenon, an addiction – the thing no one could live without. Ma himself met his wife through it. When Tencent went public in 2004, Ma was worth 1.7 billion Hong Kong dollars.

With QQ's success, Ma Huateng and his team embarked on various other projects. But as each new Tencent product was introduced, Ma was hammered for being a copycat. Jack Ma said he wasn't innovative and reprimanded him for knocking off Taobao.com with

Paipai.com, while Sina's CEO called him the 'king of plagiarism.' Ma Huateng, however, begged to differ: "Copying can be seen as a way to study, absorb and making the best of both worlds," he claimed.

Where he relied on influence for inspiration, Ma built upon existing ideas to create something markedly different. Today, WeChat has surpassed QQ as China's largest messaging platform. We don't have to tell you how big it is – you probably have the application open right now.

## QUIZ CORNER

**History:** The Ming Dynasty lasted for how many years?

**Current Affairs:** True or false: China's air pollution alarm qualifications were lowered last month?

**Sport:** Which American sports superstar recently won a trademark case over his likeness and Chinese name in a Beijing court?

**Food and drink:** Grammy Award winner T-Pain played at which Shenzhen nightclub last month?

**General knowledge:** What is Shenzhen's tallest building?



Last month's answers: 1. December 26, 1893 2. Metallica 3. John Higgins 4. November 11-12 5. Five (Guangxi, Inner Mongolia, Tibet, Ningxia, Xinjiang)

BEHIND THE CONCRETE

# Huaisheng Mosque

The oldest mosque in Guangzhou, Huaisheng Mosque has been standing on Guangta Lu in Yuexiu District for almost 1,400 years (give or take a few during its reconstruction after it burned down in the Yuan Dynasty). The mosque dates to the very beginning of the Tang Dynasty (618-907), when Muhammad sent his diplomatic envoys to China.

Believed to have been built by Sa'ad ibn Abi Waqqas, the Islamic prophet's uncle and one of the first envoys to China, the building, which includes a lighthouse more than 35 meters high, used to serve as a beacon for cargo boats carrying spices, jewels and ivory, giving it the nickname 'the Lighthouse (Guangta) Mosque.'

According to Ma Guangxing, president of the Guangdong Islamic Association, Huaisheng Mosque was rebuilt again in 1695 and has undergone three renovations since 1949.

Though you may easily sneak into the mosque before salat at 1.30pm, Ma tells us "non-Muslims are not encouraged to do that." It's a rule that doesn't exist in countries like Saudi Arabia, where some of the most rigorous Muslims live but visitors – Muslim or not – can enter mosques at will without being driven out.

In 1996, Haisheng Mosque – one of China's four oldest mosques, which include Shengyou Mosque in Quanzhou, Fenghuan Mosque in Hangzhou and Xianhe Mosque in Yangzhou – was listed as an 'Important Historical Monument under Special Preservation' by the Chinese government.

Walk to the mosque from Ximenkou Metro Station at around noon on a Friday and you will see throngs of Indians, Arabs and Uighers on their way to worship, gathering before the lighthouse just as they did one thousand years before.

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# SHOCK RESISTANT

## The Antibiotic Fixation Feeding China's Superbugs

By Jocelyn Richards

Ever since July 1, 2004 – when China's State Food and Drug Administration announced it would restrict the sale of over-the-counter antibiotics – purchasing such medication in China without a prescription should have been illegal.

'Superbugs' – the terrifying new strands of invincible bacteria popping up in pig farms and hospitals from China to the United States – should never have existed.

But the law was never enforced to the degree that many, including the World Health Organization (WHO), expected. Today, when you stroll into any street-side pharmacy in China asking for *kangshengsu* (antibiotics), many pharmacists will greet you with a smile, show you an array of bacteria-fighting drugs and advise you to refer to the directions inside the box.

"I'm always kind of surprised when I go into a pharmacy at a grocery store here and there's all this medication available that I was under the im-

pression you needed a prescription for," says Dr. Kate Gaynor, a board-certified family medicine physician at United Family Guangzhou Clinic. "It's definitely not legal for someone to walk into our clinic and buy an antibiotic without a prescription."

Just how easy is it to illegally obtain a pack of antibiotics over the counter? On a Thursday evening in December, we decide to give it a try.

Walking into Baojiakang Pharmacy in Yuexiu District, Guangzhou, we approach a young technician and tell her we're suffering from a bad chest cough and need medication.

"Have you had it for more than two days?" she asks, her eyes shifting between our melodramatic pout and the shelves of antibiotics below. We nod.

"Then it must be an infection. You can try azithromycin, which will help clear your bronchial passageways."

She's right: azithromycin, better known as zithromax in the West, does treat respiratory infections – provided that's what one actually has. Without an informed diagnosis, however, the medication may do more harm than good.

Misdiagnoses are not uncommon in China. According to Guangzhou-based pharmacist Sherry Lai, drugstores didn't require a licensed pharmacist to be present until a few years ago. And even now, some are more concerned with the price of a medication than its effectiveness.

"In local pharmacies in China, some may try to sell you a more expensive medication because they need to earn a profit in order to compete with all the other pharmacies on the street," says Lai.

Since last year, however, she says the government has started offering guidance to pharmacists and doctors in an effort to curb antibiotic overuse. Lai is required to report her clinic's antibiotic usage every season, including the number of antibiotics prescribed each day.

"I think antibiotics are actually regulated quite well," she says. "There's more and more medication information available online and on TV, so more people know it's not good to abuse antibiotics."

That may be true, but the problem still persists in areas where information about medications is not readily available. In small, village clinics, for example, pressure from uninformed patients may even lead doctors to prescribe antibiotics against their better judgment.

"When they [parents] come to the village clinic, most of them ask for the best medicine for their children. Sometimes, I think that antibiotics are unnecessary and I explain this to them. But they insist on their own opinions. Sometimes, they even quarrel with me. In this case, what else can I do? I can only prescribe antibiotics to them," a village doctor in Xianning, Hubei Province, is quoted as saying in a study published in *Medicine* (Baltimore) in June 2016.

According to a survey commissioned by the WHO in November 2015, 61 percent



of respondents in China thought antibiotics were effective against colds and flu, despite the fact that antibiotics have no impact on viruses. Many Chinese families admit to keeping 'Toubao,' or Cefaclor (a class of broad-spectrum antibiotics), in their medicine cabinets to use as a common cold remedy.

Taking antibiotics in the absence of a bacterial infection isn't merely ineffective, however; it could also wipe out the body's 'good bacteria' (the kind naturally found in one's gut that helps make vitamins and boost immunity) and contribute to fatal antibiotic resistance.

New estimates by the WHO predict that by 2050, antibiotic resistance will result in one million premature deaths annually in China and cost the country a cumulative USD20 trillion.

Mainlanders have already been found to carry far more antibiotic-resistant genes in their gut microbes than Europeans, resulting mainly from antibiotic overuse, environmental pollution and exposure to affected livestock.

In one particularly jarring study released last year by Fudan University, traces of at least one type of antibiotic were found in the urine samples of 80 percent of a pool of 505 schoolchildren in Shanghai, China's modern hub.

Such cautionary statistics came to a head in November 2015, just as the WHO was launching its first ever World Antibiotic Awareness Week, when researchers discovered a superbug gene in both humans and livestock in South China.

Dubbed 'MCR-1,' the gene proved to be resistant to colistin, a harsh antibiotic considered the "last line of defense" in fighting powerful bacteria.

A team of researchers at South China Agricultural University found MCR-1 in 20 percent of the sampled pigs and 15 percent of raw meat in wet markets in Guangzhou, as well as in 16 of 1,322 E. coli samples collected from patients at two Chinese hospitals in Guangzhou and Zhejiang.

Since 2011, MCR-1 has also been found in human samples from countries in Southeast Asia and Europe, as well as in Japan and the US.

The emergence of the superbug gene was a much-needed wake up call for the entire international community but especially for China, which consumes roughly half of all antibiotics worldwide, with consumption on the mainland evenly split between humans and animals.

In August 2016 – just nine months after the study came out – China's National Health and Planning Commission introduced a National Action Plan to Contain Antimicrobial Resistance.

Stricter regulation is at the heart of the five-year plan, which aims to "optimize the surveillance networks of antibacterial agents consumption in both healthcare and food animal sectors." It also hopes to boost awareness of safe antibiotic use among healthcare professionals, livestock farmers and even primary- and secondary-school students.

"We are delighted to see the release of China's National Action Plan, which sets out a

clear multisectoral approach for keeping antimicrobial agents - our most relied upon drugs - effective for as long as possible," Dr. Bernhard Schwartländer, WHO representative in China, said in an official statement soon after the plan was released.

Other experts claim China has been well on its way to decreasing antibiotic use since 2012. Xiao Yonghong, a professor at the Institute of Clinical Pharmacology at Peking University, told China Daily that a surveillance network of drug use linking large hospitals nationwide has been functioning effectively for years now.

"Antibiotic use dropped by 40 percent by the end of last year," Xiao declared in May 2016. "The Chinese government recognized the challenges and implemented measures starting in 2012 to tackle that."

If this is indeed the fourth year antibiotics have been heavily regulated on the mainland, perhaps our experience at Baojiakang Pharmacy was an exception to the norm. To be sure, we inquired about purchasing kangshengsu at two other pharmacies in the Taojin area of Guangzhou, both of which refused.

"Sorry," a representative at the first drugstore told us. "You need a doctor's note for that... you could be seriously allergic."

"We haven't sold those over the counter since last year," a pharmacist at the second branch responded. "They're heavily regulated now."

Why is the standard so different at pharmacies within two kilometers of each other? And how many people have found ways to take advantage of the glaring gaps in regulation?

No one we speak to dares tackle those questions, stressing instead that China is "still developing" and sound regulation will, one day, be achieved.

"By 2050, antibiotic resistance will result in one million premature deaths annually in China"



# THE ULTIMATE CREW

This Season's K2Fit Champs Share Their Inspiration

Compiled by Jocelyn Richards, photos by Cara Crawford and Claire Zheng



**Charlotte Giles, Ms. Toned Up Champ**

**Favorite exercise:** Deadbug or mountain climbers.  
**Motivational quote:** Kara once said something like: "No one ever regrets doing a workout!" and I used to keep that in mind when I didn't feel motivated – it always got me up and moving!

Just 10 weeks ago, none of these champions of the K2Fit Ultimate You Challenge expected to pose for a magazine spread to be consumed by thousands of curious eyes across the Pearl River Delta. Few considered themselves healthy, fit or strong, and yet now, here they stand: empowered, resilient and in control. What motivated them to choose burpees over burgers and how did they manage to rise at 5am for fitness boot camps at dawn? Here's what this season's champs have to say about their journey:



**Claire Tyler, Ms. (Just) Over 40 Champ**

**Favorite exercise:** Lifting weights, learning more about how to "practice safe sets" and Body Combat for cardio.  
**Inspiration:** This challenge was easier for me as I had clear goals, an amazing gym partner and a brilliant support network in Zhuhai and the UK.



**Ilona Spes, Ms. Fat Loss Champ**

**Favorite exercise:** Zumba and Body Combat classes.  
**Motivational quote:** "Be somebody nobody ever thought you could be." Never having been a gym person or a very clean eater, I managed to surprise everyone – including myself – this challenge.



**Russ Hiser, Mr. Over 40 Champ**

**Favorite exercise:** Anything that involves legs.  
**Motivational quote:** "It's a continuous journey to return to fitness that balances lifestyle and well-being – K2Fit provides the framework!"





**Charlotte Luo, Ultimate Couple Champ**

**Favorite exercise:** Doing nothing... but that's not part of the K2Fit plan. So squats – to build a sexy butt!

**Inspiration:** I was never a gym girl, but found it encouraging having so many friends doing the challenge with me. I couldn't have reached this point without our teacher, Robert. K2Fit changed my life, and I really appreciate it!



**Mattia Pinza, Ultimate Couple Champ**

**Favorite exercise:** Squat in any declination.

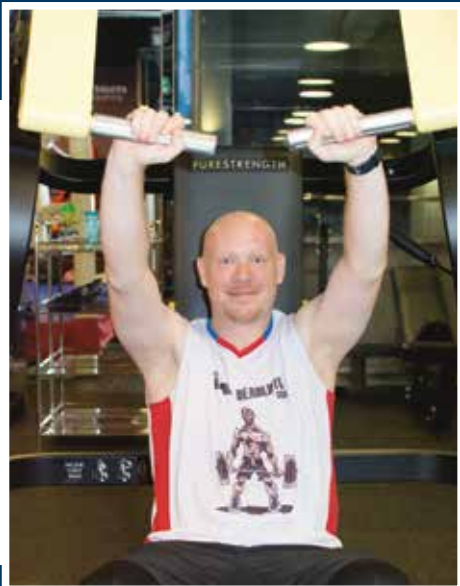
**Inspiration:** K2fit for me was not about losing weight or working out, but about changing my lifestyle and becoming more aware of my body. My inspiration every day was our group, the Zhuhai Pirates and Deadlifters.

**Alex Wise, Mr. Fat Loss Champ**

**Favorite exercise:**

Walking – a highly underrated exercise!

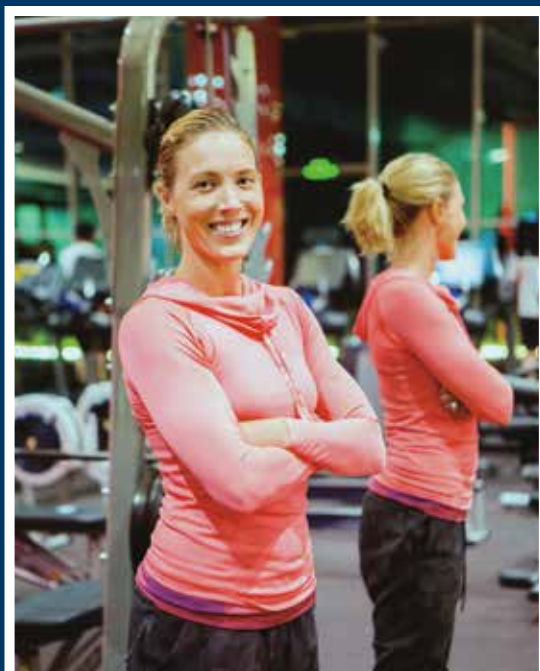
**Inspiration:** My K2 Team (the Zhuhai Walking Deadlifters), old and new friends that shared experiences, advice and recipes... their constant encouragement was priceless to me.



**Jenny MacDonald, Ultimate Team Captain**

**Favorite exercise:** (Wo)Man Makers.

**Inspiration:** My team! The Bit#\$@Z WeChat group was blowing up every day with motivation, jokes, confessions and just all-around great support. They pushed me every day... I was very proud of my results and I have them to thank.



**Kara Wutzke, Founder of K2Fit**

Mission complete! I am so proud to have coached these eight dedicated champions (and Sergei Smirnov, our Mr. Toned Up Champ, who isn't pictured here). They put in the time to focus on eating clean while training hard, and it shows. Thank you to all who participated and helped build a strong community of team members that motivated each other towards success! The 10-week program, well, that's just the start of it. Keep it up and stay tuned for Season 5 of the Ultimate You Challenge this March!

# LIFE & STYLE

## Scaling Great Heights

The photographer using his lens to show the beauty of China is worth protecting

ཡུལ་ཕུག་སྤྱི་འདུན་ལོ་ལྷན་པོ་གསལ་སྤྲོད་པའི་རྒྱུ་  
五树千年唐落古道



Classic Chinese Garb  
P17



Virtual Video  
P18

# BRINGING HISTORY BACK

## Ancient Fashion for the Modern Wardrobe

By Ziyi Yuan



DOWN COAT BY EYENSREE  
RMB1,256  
TAOBAO SHOP: EYENSREE 意树



VELVET JACKET WITH PRINTED LINING  
SHANGHAI TANG  
RMB6,900  
WWW.SHANGHAITANG.CN

### Chinese Knots

The decorative Chinese knot is actually an ancient folk art, but also serves as a regular knot. Shanghai Tang makes a chic velvet jacket with beautiful printed lining along with a cut that evokes a traditional Chinese style.

Another stylish example is made by Eyensree and comes in the form of a down coat for men. The designer has eschewed the usual zipper for three fancy knots, giving the jacket a distinctly oriental flair.



SNOW BOOTS BY HUSENJI RMB499  
WWW.HUSENJI.COM

### Chinese Boots

The look of Hanfu boots evolved over hundreds of years before falling out of vogue, but Husenji is bringing the ancient boots back with this eye-catching pair. Designed to shield against snow, they are as fashionable as they are functional.

Chinese New Year is approaching, making it the perfect time to update your wardrobe with pieces from designers who are incorporating historic motifs into fresh fashion lines. Below, we've compiled some of the more interesting elements of classic Chinese garb.

### Journey to the West

Sinophile or not, you've likely heard of the classic novel *Journey to the West*. Husenji recently introduced cufflinks dedicated to the novel's four main characters. Though subtle, these cufflinks serve as great conversations starters with eagle-eyed business associates.



CUFFLINKS BY HUSENJI  
RMB199



TANG SUIT BY HUSENJI  
RMB1,699  
WWW.HUSENJI.COM

### The Tang Suit

A style originating near the end of the Qing Dynasty, you've likely seen the Tang suit before, whether on period piece TV shows or wrapped around your elderly neighbors during Chinese New Year.

Fading from favor in mainland China for decades, the style has made a comeback and is no longer reserved for cranky old men. Husenji sells a white Tang suit adorned with a cartoon – just the trick for children interested in this traditional outfit.

### Embroidered Chinese Wedding Dress

Tired of white weddings? This red and gold wedding qipao is sure to shake things up. Refosian, one of the oldest qipao shops in the world, makes dresses for all occasions, including tying the knot. The Chinese character for happiness is inked onto the corners of the dress, while a Chinese-style Phoenix is also emblazoned across the center of the skirt.

WEDDING QIPAO RMB99,999  
WWW.REFOSIAN.COM



# STYLE RADAR

## TAP THAT APP

### Popcorn Time

It's no secret that streaming television shows and movies is a breeze in China, but for expats with limited Mandarin skills, local apps and streaming sites can be difficult to navigate.

The solution? Popcorn Time. No, we aren't talking about delicious, buttery movie theater popcorn; we're talking about the free video-streaming app. The program is available on both Android and iOS (it's still in beta, so you can download it via popcorn-time.to) and features a comprehensive catalogue of films and television shows that can be directly streamed to your phone or computer.

Founded in 2014, Popcorn Time is a BitTorrent program that can stream in high definition and with subtitles (when desired) through its integrated media player.

Content on Popcorn Time is diverse, with users able to access new Hollywood films, popular TV shows and even an extensive selection of anime. One of the best aspects of the app is that you can also download videos directly to your mobile or computer, so you don't need an Internet connection to enjoy HBO's *Westworld* on your flight to Thailand this Chinese New Year.

If you're tired of browsing steaming sites like iQiyi or roadside pirated DVD stalls, this app's for you.

Popcorn time is available for both Android and iOS devices, as well as laptop computers. Download it at popcorn-time.to.



MAISON MICHEL'S  
'VIRGINIE' FEDORA  
WWW.NET-A-PORTER.COM  
RMB5,350



HATSUP'S NAVY HAT  
TAOBAO SHOP: HATSUP  
RMB160

## CHEAP CHIC VS LUX LABEL

### Start at the Top

Use the new year to usher in a new you, beginning at the brow. This month we take a look two hats that appear similar but are created from very different materials. Handcrafted in France, the Maison Michel 'Virginie' fedora is made from waterproof rabbit felt and includes an internal head-gripping band. It also costs more than RMB5,000, restricting purchasers to well-to-do fashionistas. Decidedly more affordable is the woolen, Chinese-made Hatsup's navy-colored cap. It cuts a similar profile at a fraction of the price, leaving you a bit of coin to rework the rest of your wardrobe.

## INSPECT-A-GADGET

### 360-Degree Video Viewer

A sunlit curtain moves gently in the wind behind you as a girl-next-door type approaches from the front. "You worked really hard today," she whispers. "Let me massage your shoulders."

A glance down and the illusion is shattered: where your shoulders should be is a tabletop, the woman's hands moving back-and-forth above it.

This simulated massage marks the humble beginnings of an in-home VR revolution, the 360-degree video downloaded through a free phone app.

Originally thought to be a joke, Google Cardboard proved in 2014 that all that was needed for a 'virtual reality' experience was lenses set in a smartphone-holding, cardboard visor.

With the introduction of 'truer' VR technology, which allows room-wide movement and real-time interaction, the content viewable through Google Cardboard is now rightly referred to as 360-degree video, though that hasn't slowed down the shipping of millions of units.

Now, several Shenzhen-area companies are trying to outdo the big G.

We got our hands on UCVR's Zombies Cat



FOR WHO: THE VR CURIOUS  
HOW MUCH: ABOUT RMB200  
SOLD WHERE: TAOBAO.COM, JD.COM

headset. The frame is made from lightweight plastic, and the band that fastens around your head uses a special Velcro that doesn't stick to hair. Comfortable padding also lines the places where your face meets the hardware.

The Zombie Cat's sliding, spring-loaded grips max out at iPhone 6 Plus-sized phones, but, surprisingly, bigger doesn't mean better; smaller-sized phones deliver the same experience, albeit with some light leakage from the real world.

Until prices on newer VR technology drop (the HTC Vive costs RMB6,888), headsets used to view 360-degree videos are an excellent way to glimpse the experience still just over the virtual horizon.

## DAYTRIPPER

## Dapeng Fortress

Those looking for a break from the frenetic rhythm of city life will delight in a quiet visit to one of Shenzhen's most significant historical areas: Dapeng Fortress. Though serviced by bus routes across Shenzhen, the fortress is located 50 kilometers from the center of the city, meaning you'll want to bring a book for the two-or-so-hour ride.

The trip is well worth it. As you approach the fortress you are greeted by a panorama of blue sea and green mountains, before finally reaching the fortress' main gate.

With a history of more than 600 years, one can imagine soldiers entering through the stone-arch entranceway – or famously keeping it shut during a 40-day onslaught by Japanese pirates in 1571.

Instead of garrisoned troops and supply stockpiles, we find a walled-in hamlet that has developed commercially, with alleyways of coffee shops, hostels and restaurants nestled beneath Ming and Qing dynasty era tiled roofs.

Before noon, the streets are preternaturally quiet. Hearing your own footsteps is a bizarre feeling for anyone who has adjusted to the constant din of the big city, and the near silence lasts until midday, when the first businesses lazily begin opening. A trip down a side street leads to an ancient fortress wall, where current residents hang homemade sausages in the sun.

The people who live in Dapeng Fortress today are relatively recent arrivals, with the descendants of longtime residents having moved to Hong Kong or overseas, according



to local bar and hotel owner Zhang Beinian.

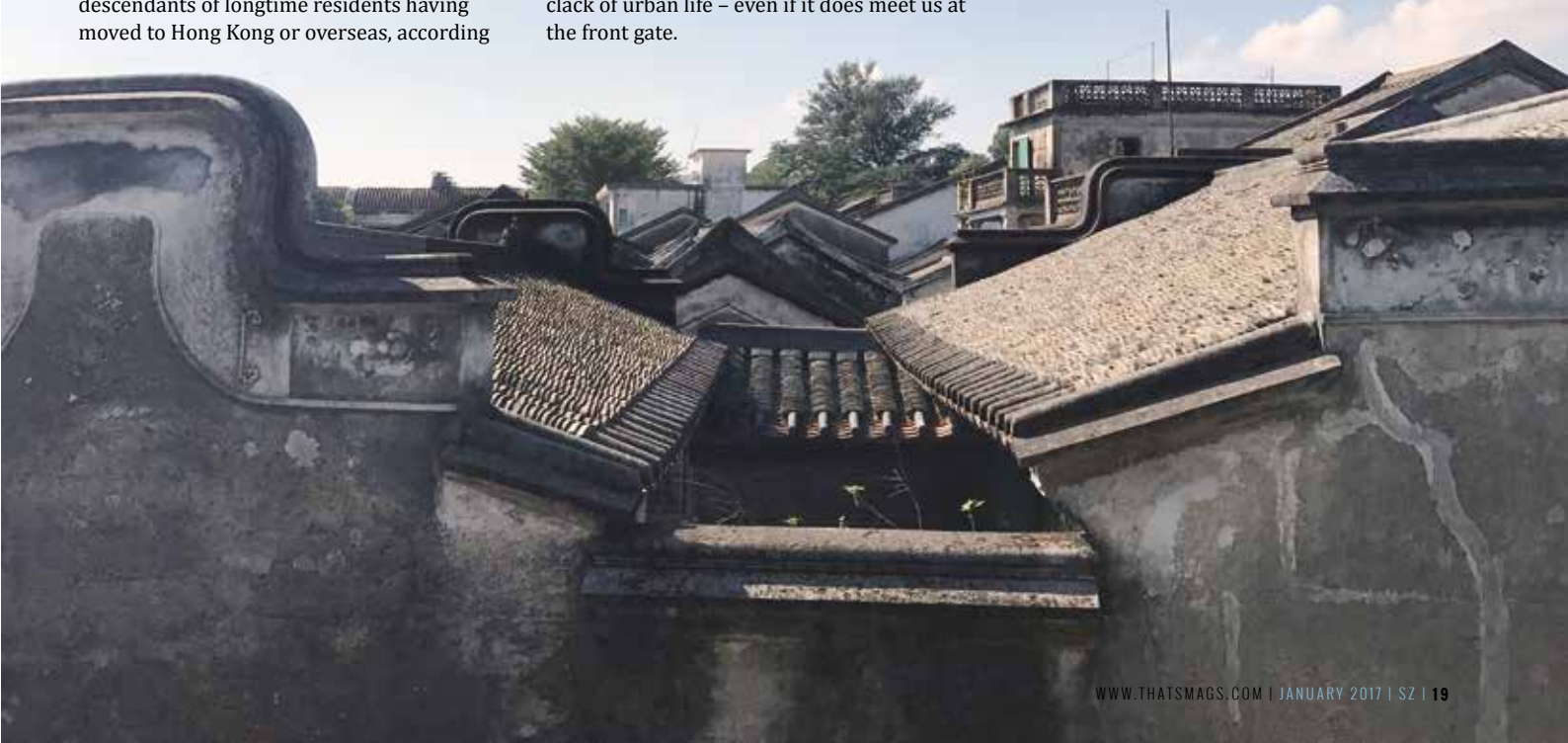
While the genetic heritage may be lost, culinary traditions remain, including tube-shaped rice dumplings known for their heavy packing of meat.

Popular restaurant Pengcheng also offers up local flavors, including a rice-noodle dish that will appeal to more adventurous diners by mixing seafood and peanuts.

Exiting the fortress, we come upon a movie crew blocking the road and are told to wait for a special bus. While waiting we reflect that Dapeng Fortress has again served its purpose by keeping out the clatter and clack of urban life – even if it does meet us at the front gate.

## How to get there:

Take bus E26 or H92 which leaves from Lianhe Square and will bring you to central Dapeng New Area. From there, bus B753 runs every 30-60 minutes to the Dapeng Fortress gate. The total trip should cost about RMB16.



# A Mountain to Climb

The Adventure Photographer Scaling Great Heights to Help Protect China's Environment

Words by Dominique Wong, images by Kyle Obermann

Sanlitun SOHO is an undulating mix of malls, offices and apartments in the heart of downtown Beijing. American photographer Kyle Obermann is lost and using WeChat's real-time location function to find us in one of the complex's basement cafes.

Unsurprising, perhaps. The adventure photographer is more at home in the wild, after all. The more remote, the better: up in the foothills, with a camera in his hand and Google Maps on his phone ("it's pretty much essential").

Obermann has spent the past year com-

bing two of his biggest passions: photography and promotion of environmental awareness. His journeys – from traversing Yunnan valleys to sleeping on snowcapped ridges in Sichuan – have resulted in magnificent photo opportunities, some of which are reprinted on these pages.

Sipping on a flat white in the confines of SOHO, Obermann explains: "There are so many unexplored mountains out there, so many valleys. It is pretty easy to get off the trail and go remote."

Armed with apps and topography maps

(or those available at least – "topo maps in China are like a military state secret, you just can't access them"), and with several years of hiking experience behind him, Obermann has managed to stumble upon "mind-blowing" scenes.

"I like to look at places people have been to with a new perspective, like in the Jade Dragon Snow Mountain.

"We took a taxi to a famous monastery [in Tibet] and used Google Maps to find a doable route back. We walked through beautiful fields of alpine flowers and grass on 4,800-meter hills. It was definitely a hard 30k but it was gorgeous, and the first time I ever saw Tibetan antelope in the wild," Obermann recalls.

Despite regularly scaling heights of 4,000-meters upwards, Obermann has only had one near-death experience in China. While hiking the Taishan Mountain range bordering Hebei and Shanxi last October during Golden Week, a blizzard hit his exposed camp on a narrow mountain ridge, he says. "We sat up the whole night against the wind-





***“I’ve seen a ton of groups that, frankly, leave a trail of trash behind. It’s tragic when you’re in a remote area and run into a group who’ve littered oxygen cans, gas canisters and wrappers”***

ward side of the tent to keep it from blowing over.”

But the self-trained photographer isn’t out there for the mere thrill of it. It’s his livelihood. Armed with a degree in environmental science, Obermann currently works at the Beijing office of American non-profit organization Conservation International.

In fact, the day of our interview coincides with his return from Xinglong Observatory in Hebei, after an all-nighter shooting a meteor shower for Chinese National Astronomy. Obermann is still wearing an orange thermal zip-up, the type of top synonymous with the word ‘outdoors.’

Being in the countryside is “a way to escape and refresh,” he says. “As far as environmental protection goes in China, it’s important to see these kind of landscapes and the beauty that is worth saving. Imagine what it would be like if there was a system in place to do so?”

Until just a couple of years ago, China lacked such a workable scheme – one that can be monitored and enforced, that is – for safeguarding its ecosystems. But in 2014 the

government amended its environmental laws to help fight pollution, placing greater emphasis on punishing illegal polluters.

Obermann acknowledges, “The environmental situation [in China] is constantly improving – from the top down to the bottom up.”

Yet, trekking experiences have shown the conservationist that there is still much to achieve regarding education. “Hiking has become really popular now in China. It’s a good trend, but I think that – like a lot of things that happen quickly here – details of what’s necessary are skipped over and hikers just go for it.

“There are plenty of people who are more skilled than I am. But I’ve also seen a ton of groups that, frankly, leave a trail of trash behind,” he says. “It’s tragic when you’re in a remote area and run into a group [who’ve littered] oxygen cans, gas canisters and wrappers.”

Ironically, Obermann admits, people who claim to be more environmentally conscious are just as blasé. “There’s an education gap between valuing nature and learning how to protect it when you’re outdoors. But I think awareness comes with time.”

Obermann accepts it’s a steep mountain to climb (“it’s not going to be fast”) but points to Conservation International’s education programs as a positive example: “They’re focusing on kids, which is the generation that’s going to matter most.”

But we can all do our bit, Obermann says. “It’s your everyday choices [that count]. Look at what you purchase to minimize the impact of packaging, ride your bike and bring a trash bag when you hike. Our options are limited right now because of the lack of infrastructure in China, but it’s about being conscious.

“I hope my pictures help open up the minds of people who don’t have the opportunity to go out explore. I also encourage them to experience [rural China] for themselves, or support the groups that are trying to protect it,” he concludes. “Because without these groups, those landscapes wouldn’t be out there.”

View more of Obermann’s landscape photography via Instagram @kyleobermann

# ARTS

## Recasting a Classic

Behind the scenes with the stars from Wicked



Make Way For Kaixin Mahua  
P24



Metallica's Life Cycle  
P28





# SHENZHEN GETS AN ART INFUSION

## Jardin Orange Art Residency Adds Color to the Scene

By Sky Thomas Gidge

Ceet Fouad sits in his Shenzhen office with two heavy binders of press clippings on the desk to his left and a pen held like a paintbrush between his thumb and index finger. He is sketching the frame of a canvas for an upcoming live-painting event.

"Ownership will be maintained by the artists," Fouad stresses, before explaining what sort of truck will be needed to transport the large canvas panels.

Fouad's ability to organize, coordinate a busy schedule and – perhaps most of all – market the art that he produces is what has allowed him to work with about 400 companies, by his count, including Adidas and Prada. Originally beginning as a French graffiti artist, his work has made it into galleries from Hong Kong to New York City.

It's the same prowess that has earned him the directorial role in an ambitious project set to revolutionize Shenzhen's art scene: Jardin Orange.

The project is supported by the Montresso Art Foundation, which operates Jardin Rouge in Morocco, a residency for contemporary artists founded in 2007 that has seen today's most promising contemporary artists work within its red-brick walls.

But how will a city better known for assembly lines than art shows attract high-caliber artists? Through connections Fouad has spent decades making.

"When I find someone I feel has a little bit of talent," he begins, completing his thought by moving his hands in the air as if picking up artists and dropping them in Shenzhen.

Jardin Orange is positioned at the heart of SoFunLand, a quickly developing area full of student apartments in Xili, Nanshan District. The hope seems to be that a young population combined with a budding art scene will tap again into the bohemian vibe that has made OCT Creative Park a Shenzhen landmark.

SoFunLand expects to have 2,000 residents by Chinese New Year and has confirmed two incubators and the possibility of an extreme sports park, according to the area's CEO.

But to interest Fouad in the project, the developers had to give him an offer that was difficult to refuse. "They said, 'Yeah, we can give you something for free. We can give you a building,'" he says. "Now, this place is like my kindergarten."

After an electric cart ride down one of the pedestrian streets that make up 380,000-square-meter SoFunLand, Fouad strides into a three-story pumpkin-colored building and details his plans for Jardin Orange room by room.

"This will be a gallery," he gestures at a back wall. "And here will be a recording studio." We ascend one floor and he continues:

"This is the varnish room, here is storage, this is an office." We climb another flight and Fouad points down a hallway filled with construction workers, bags of concrete and wires hanging from the ceiling. "These are going to be luxury rooms."

Those rooms will be set aside for the project's engine, purchasers visiting Shenzhen to check out what the dozen-or-so confirmed international artists produce under Fouad's guidance in 2017.

"I'm an artist, but I'm also an art director," says Fouad, explaining how he will guide artists towards commercially viable work. "Every month we have to prove that our business is growing and making money – we have to pay the bills. It's all about bringing art to Shenzhen, but at the end of the day we need to sell."



# COLLAGE

## SINO CELEB

### Wang Baoqiang

Of all Chinese movie stars on the big screen, Wang Baoqiang is most like the Cinderella of Middle Kingdom show business. An inspirational example for the hundreds of millions born into China's working class, Wang, who was raised in an underprivileged village in Hebei, rose to stardom against the odds.

As a small child, he was first inspired to take up acting after watching Jet Li's hit film *Shaolin Temple*. At the age of eight, Wang was recruited as a member of the renowned kung fu hub Shaolin Shi, where he spent six years practicing martial arts.

Wang came to Beijing when he turned 20, playing extras in small budget films and TV series until he was chosen to take part in *Blind Shaft* – a film that won him a Golden Horse award but is now banned in China. Before long, he was acting in prominent hits like Chinese director Feng Xiaogang's *A World Without Thieves* and the popular 2010 comedy *Lost on Journey*.

In August, Wang elicited newfound attention when he announced on Weibo that he would be divorcing his wife, with whom he had a daughter and son. The cause – an affair between the man's beloved and his agent – aroused heated discussion across the country and won the humble actor plenty of sympathy from fans.

**Kind of like:** Zach Galifianakis of *The Hangover* (only fitter and with less facial hair).

**Famous for:** *Blind Shaft*, rising to stardom from a poor village in Hebei and (most notably) his recent divorce.

**See him next in:** the film *Detective Chinatown 2*.



## STAGECRAFT

### Earl of Oolong Mountain 《乌龙山伯爵》

From China's legendary comedy troupe Kaixin Mahua comes the play *Earl of Oolong Mountain*, which opens with an unemployed, single, unattractive protagonist who, on his 30th birthday, receives an unexpected check for one million dollars.

In a rush to cash in on his discovery, the young man mistakenly aligns himself with a dishonest bank manager and an even less trustworthy band of thieves. Before long, he too is labeled as a criminal and murderer by association, and must flee to a nondescript hideout far from the city: Oolong Mountain.

What follows is a series of hilarious skits as Earl develops a plan to seek revenge and get his life back on track.

Touring more than 50 cities across China since 2011, *Earl of Oolong Mountain* is heralded as one of the most successful comedies in modern Chinese theater. Even if you aren't fluent in Mandarin, the expressive set, lighting and



first-class acting will allow you to follow the storyline with ease. And if you're at all curious about the local arts scene here in South China, this is an excellent opportunity to rub shoulders with some of the talented performers that reside right here in the PRD!

Fri-Sat Jan 13-14, 8pm; Sun Jan 15, 3.30pm; RMB80-880. Huaxia Art Centre, 1 Guangqiao Jie (outside Huaqiao Cheng Metro Station), OCT, Nanshan District, Shenzhen 深圳市南山区华侨城光侨街一号 华侨城地铁站) 华夏艺术中心 (0755-2660 2204/2660 2414/2693 2360, www.octeshow.com, piao.damai.cn/113163.html)

## HAO BU HAO

### Hao

Despite whitewashing accusations and genre concerns, the largest US-China film co-production has proven to be hit. Starring Matt Damon and directed by Zhang Yimou, *The Great Wall* pulled in an impressive USD66 million on its opening weekend - the third highest of the year. The sci-fi film set in Ancient China is expected to open across North America in February.



### Bu Hao

Beijing-based travel website eLong was hit with a RMB400,000 lawsuit from Chinese actor Ge You after using a popular internet meme featuring his image on Weibo. The offending meme depicts Ge's work as an incredibly lazy couch potato on the hit show *I Love My Family*. Ge alleges that the use of the meme without his permission implies he's endorsing the service.

## COMING TO A THEATER NEAR YOU



★ JAN 6 ★

## Bridget Jones' Baby

A dozen years after her misadventures in *The Edge of Reason*, Renée Zellweger is back as Bridget Jones for some more romantic drama. This time, her character deals with some baby daddy drama, as in sorting out who exactly is the father. In one corner is Colin Firth who returns as Mark Darcy, Bridget's ex-husband and the primary love interest in the first two *Bridget Jones'* films. In the other corner is the always smoldering Patrick Dempsey. So far, the world is eager to find out, as the film has already grossed over USD211 million worldwide.

## Rogue One: A Star Wars Story

★ JAN 6 ★

Last year's successful launch of the third trilogy in the *Star Wars* series was just the opening salvo in an onslaught of upcoming films. *Rogue One* kicks off the *Star Wars* Anthology series – standalone stories set shortly before the events of the original *Star Wars* film (or *Episode IV* for the hardcore). Felicity Jones (*The Theory of Everything*) stars as a new recruit to the Rebel Alliance tasked with stealing the design schematics of the Empire's new superweapon, the Death Star. Chinese stars Donnie Yen and Jiang Wen came as a warrior and an assassin respectively.



## A winter vacation getaway should never be limited to beaches



A winter vacation getaway should never be limited to beaches. This fall, The Ritz-Carlton, Shenzhen designs a vacation solution for distinguished guests eager to explore the pulsating energy of Shenzhen, coupled with the timeless festive treasures within the hotel.

The best way to experience it all is within one of the hotel's suites or Club Level accommodations. Club Level benefits at The Ritz-Carlton, Shenzhen range from five exquisite culinary presentations throughout

the day to a dedicated concierge for hard-to-get restaurant reservations and more. For families, the vacation promises the little ones an evening of adventure in the comfort of their hotel room and brings the great outdoors inside with a fun in-room camping experience.

Of course, adventures will never be limited within the hotel. Guests who book the Winter Warmer package will enjoy an outdoor adventure exploration with a local concierge guide on a private round-trip transfer service to Shenzhen Bay Park, the longest coastal park in Shenzhen or the enormous theme park, Interlaken Overseas Chinese Town.

The Winter Warmer package is priced starting from RMB 1,688\*, including Deluxe Room accommodation with daily breakfast for two and one child under six years old, special amenities, and personalized services including one escorted butler transfer to

Shenzhen Bay Park or Interlaken Overseas Chinese Town through this once-in-a-lifetime journey. In addition, guests who stay in a Junior Suite at RMB 2,288\* per night can also get access to the Club Lounge and a special in-room tent if they are traveling with children.

**\* Valid until February 28, 2017. Rate is subject to 16.6% service charge and tax;**



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## IT'S NOT EASY BEING GREEN

Wicked Recasts the Story of One of Fiction's Most Infamous Witches

By Tristin Zhang, images by Matt Crockett

So begins *Wicked*, a musical loosely based on the novel by Gregory Maguire that acts as a prequel of sorts to *The Wizard of Oz*. The hydrophobic Wicked Witch of the West, the saintly Good Witch of the North, a scarecrow without a brain and a tin man without a heart – *Wicked* revisits these familiar characters and provides them with a back story, one that completely transforms the orthodox story of good and evil into one about racism, political corruption and human cruelty.

Like *The Wizard of Oz*, *Wicked* has become a tremendously popular cultural milestone, one that is a mainstay on Broadway – it is currently the ninth longest-running show ever in American's famed theater district.

Hailed by the *New York Times* as “the defining musical” of the 2000s, the plot focuses on the smart but fiery Elphaba (later the Wicked Witch of the West), who is born with ‘ugly’ emerald-green skin and a remarkable talent for magic. Counterbalancing her is blonde beauty queen Glinda, (afterwards Glinda the Good Witch), a character so image-conscious that her signature song is ‘Popular,’ in which she sings: “Celebrated heads of state or / Specially great communicators / Did they have brains or knowledge? / Don't make me laugh! / They were popular!”



The rivalry between these two eventually leads to the unlikelyst of friendships, one that is put to the test when Elphaba decides to overturn the status quo.

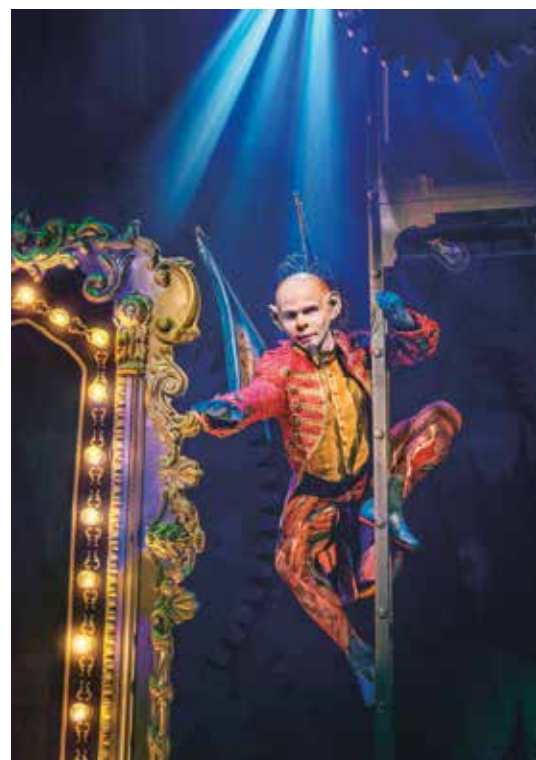
The original production saw Idina Menzel and Kristin Chenoweth, two pillars of musical theater (and frequent guests on TV show *Glee*), take on the roles of Elphaba and Glinda respectively. Both actresses' dramatic brilliance nurtured the popularity of *Wicked*, defining the roles and leaving big magical slippers to fill.

“I've been with the show for nearly six years now and have worked with a lot of incredible Elphabas. It's very hard not to be influenced by other people. I'm certainly influenced by those I look up to. I'm a bit of a sponge who tends to absorb everything, and what comes out of that is my own Elphaba,” confesses Jacqueline Hughes, who will be performing the role of the Wicked Witch for China audiences in June.

“I think people are so familiar with the original Broadway cast, with Idina Mendel, it won't go very far with copying somebody,” adds Hughes' onstage rival, Carly Anderson, who takes on the mantle of Glinda. “You need to find what works for you and apply your own personality and interpretation of the role to it.”

Unlike the two-hour makeup session necessary for musical-land's only other green star, Shrek, it takes just 20 minutes to turn Hughes green. Like Anderson, she

“Once upon a time, in the Land of Oz, long before Dorothy's arrival, there were two witches...”



has understudied numerous roles in preparation for the spotlight, describing her *Wicked* experience as “a dream come true.”

With music and lyrics composed by Grammy and Oscar-winning Stephen Schwartz (*Godspell*, *Enchanted*), this two-act entertainment is packed with sparkling tunes, including the show-stopping ‘Defying Gravity.’ For the lead actresses though, the pivotal scene is a little more understated.

“One of our favorite moments in the show is called ‘Elphaba’s Dance,’ where there is complete silence but it speaks such volumes. You can actually hear the audience breathing. It’s the beginning of their friendship,” says Anderson.

She and Hughes will be singing eight times a week on their tour through the Middle Kingdom, but – at least for the moment – they’re more jubilant than nervous.

“What’s exciting for us about performing in a country where English isn’t necessarily their first language is

being able to translate the show as actors and actresses. The theme of friendship is universal. *Wicked* is such an amazing spectacle. There are so many things going on and you’ll immediately feel immersed in this world that is Oz,” Anderson enthuses.

What has made *Wicked* a lasting success is the combination of set pieces dedicated to friendship and love with the darker motifs of political suppression and bigoted ideology. When Elphaba attempts to reveal that something is rotten in the state of Oz, she is immediately dubbed ‘wicked’ by the Wizard’s press secretary; her legitimate protests against the establishment are transformed by propaganda into the lies of a dangerous malcontent who must be hunted down and destroyed.

*Wicked* is undeniably entertaining, but it also invites us to question whether we should turn a blind eye to inhumanity, or stand up to injustice at the risk of our own destruction.

Tickets for *Wicked* are already on sale. The show is scheduled to run in Guangzhou June 18-27, 7.30pm; RMB280-1,380. Guangzhou Opera House, 1 Zhujiang Xi Lu, Zhujiang Xincheng, Tianhe District 天河区珠江新城珠江江西路1号 (020-3839 2888)

# METALLICA COMES FULL CIRCLE

## Life Cycle of a Metal God

By Andrew Chin

It's been a mighty return for Metallica who topped the charts in 23 countries with *Hardwired... to Self-Destruct*, their first album in eight years. Tickets to their China tour are nearly gone and those lucky enough to have scored seats will be catching a band that critics are raving for returning full circle to their roots. We chart their evolution.



### 1983

"It implies lack of arrangement, lack of ability, lack of songwriting, lack of any form of intelligence. Thrash metal to me is just open E riffing for five minutes as fast as you can go."

- Lars Ulrich, 1983

Formed in Los Angeles in late 1981 after singer/guitarist James Hetfield responded to an advertisement placed by drummer Lars Ulrich for other metal musicians, Metallica quickly cultivated a buzz for their natural mastery of the burgeoning thrash metal genre. However, they quickly outgrew the scene, adding complex riffs, songwriting and ideas on early classics like 1984's *Ride the Lightning*.

### 1991

"One of the first things people say to me now is 'Hey, you guys real rich?' Who gives a shit? We're staying in this hotel, and I hate it. Can't come down to the bar and talk to your friends, have a drink."

- James Hetfield, 1991

The model band for doing things right in the underground throughout the 1990s, Metallica just became impossible to ignore. Their 1988 album *...And Justice For All* won a Grammy. Its follow-up, 1991's *Metallica* (aka. The Black Album) sold over 16 million copies thanks to hits like 'Enter Sandman' and 'Unforgiven.' The band's newfound success leaves its early fans somewhat divided.



### 1996

"I was surprised at how much reaction it got. I mean, what could be more useless than arguing about our bass player's hair length?"

- Lars Ulrich, 1996

If the sell-out accusations began in 1991, it came out in full force with Metallica's 1996 double releases, *Load* and *Re-Loaded*. In addition to the shorter hair, there was a notable shift to a softer sound unthinkable to fans of the group's early discs.



### 2000

"We're paying more money paying our lawyers – USD500 an hour – than we're losing on the internet. If people think this is about greed, then they should think again."

- Lars Ulrich, 2000

Fans are furious that a band as successful as Metallica would become the first band to take on burgeoning file sharing service, Napster. Scenes of Ulrich's life as an art collector from the band's notorious documentary, *Some Kind of Monster*, which details their therapy sessions, didn't help either.



### 2016

"Success is more about having the freedom to do whatever we want than it is any particular outside opinion about our music. But I'd say that the most significant thing that Rick Rubin did was [to] say, 'You can look at your own work and be inspired. *Master of Puppets* was a great record."

- Lars Ulrich, 2016

Eight years after their last album, Metallica is welcomed back with open arms. *Hardwired ... To Self-Destruct* is

praised as a return to form. The band remains one of the world's most popular touring acts and with the way that streaming has impacted the music industry, it turns out Lars and the band were probably right all along.

Fri Jan 20, 8pm, RMB580-1,280. Arena, AsiaWorld Expo, Hong Kong International Airport 亚洲国际博览馆 ([www.hkticketing.com](http://www.hkticketing.com))



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# 2016 THAT'S PRD STELLA ARTOIS FOOD & DRINK AWARDS

With each passing year, the Shenzhen food and beverage industry grows more competitive, developing ever-more creative ways to fill our burgeoning stomachs and satisfy desires we never knew we had. This year in particular drew considerable interest from venues and readers alike, as ballots cast live on WeChat poured in at a (sometimes inconceivable) speed.

Our winners, determined by the combination of votes cast on our official polling website and WeChat account, are recognized as being the very finest in a variety of categories, from the best place to get your caffeine fix to the craftiest brewery in town.

If you have your hands on a magazine right now, stick it in your bag (it's free for a reason), keep it handy and consider the following pages your bucket list for cool bars and restaurants to check out in 2017.

And now, Shenzhen, your champions of the 2016 That's PRD Stella Artois Food & Drink Awards!



**WOW!**



# READER'S CHOICE



## Outstanding Club of the Year

Pepper Club  
Spicing up the night.



## Outstanding Bar of the Year

Terrace  
Thai-ing off 11 stellar years.



## Outstanding Restaurant of the Year

Shark Wine Lounge And Restaurant Shopping Park  
Dining fine with meat and wine.



## Chef of the Year

Stefano Nicodemo - Paletto  
The Ritz-Carlton, Shenzhen  
Going gourmet the Italian way.



## Nightlife Personalities of the Year

Shady Monkey Hip Hop  
Out of the shadows, into the spotlight.



# YA BABY

## Brew Bar of the Year

Taps Brewpub  
Brew bar worth a dance.



## German Restaurant of the Year

Haxnbauer  
Knuckling down for another win?



## Italian Restaurant of the Year

Pizzeria Alla Torre  
A pie you can't refuse.



# POP



## Burger of the Year

Frankie's Bar and Grille  
Expat expert meat on menu.



## Cocktail Bar of the Year

Lavo Jazz Funk Soul  
Music reboot hits right note.



## Contemporary Restaurant of the Year

Future One  
No crystal ball needed.

### New Bar of the Year

Whiskey Life  
Luohu's top tipple.



### New Restaurant of the Year

Baia Burger Concept  
A crafty concept pays off.



### Southeast Asian Restaurant of the Year

Muine  
Premium without the price.



### Latin Restaurant of the Year

Latina  
Brazilian bang for your buck.



### Pizza of the Year

Samking Pizza  
Crust connoisseurs celebrate.



### Cafe / Bakery of the Year

Les 5 Chef's  
Steaking to the basics.



**BBQ / Grill Restaurant of the Year**  
George & Dragon British Pub  
Four years of pigging out.



**Chill Out Venue of the Year**  
Bionic Brew  
Room with a brew.



**Date Night Restaurant of the Year**  
Comme Chez Vous  
Seasonal delights for romantic nights.



**Japanese of the Year**  
Kyoku Japanese Cuisine  
No more Mr. Rice Guy.



**Live Music Venue of the Year**  
Terrace  
Bringing rock to the next level.

# EDITOR'S CHOICE



**All Day Dining of the Year**  
Nanshan Kitchen  
Shenzhen Marriott Hotel Nanshan  
Get high off dizzying views and astronomical eats.

**Al Fresco Dining of the Year**  
Shenzhen Kitchen  
JW Marriott Hotel Shenzhen Bao'an  
Visit India, Japan and Europe – all without moving a single buttock from the comforts of this five-star hotel.



**American of the Year**  
Element Fresh Sea World  
You'll stay for a taste of the U.S. of A.

**Theme Buffet of the Year**  
Café Marco, Marco Polo Shenzhen  
Open up to the wonders of the open kitchen at this international buffet.



**Traditional Cuisine of the Year**  
Azzurro  
Out of the blue.

**Variety Cuisine of the Year**  
Social, The St. Regis Shenzhen  
Variety is the spice that keeps this East-meets-West spot lively and piquant.



**Afternoon Tea of the Year**

Palm Court, The Langham, Shenzhen  
A very royal pastime in a very regal interior:



**Contemporary Grill of the Year**

Grange Grill, The Westin Shenzhen Nanshan  
Sizzle and shake over divine meat and seafood offerings.



**Mediterranean Style of the Year**

Blue Italian Seafood & Grill Restaurant  
The Venice Raytour Hotel Shenzhen  
Fruits of the sea are marinated and barbecued to smoky perfection.



**Homemade Pizza of the Year**

La Terrazza, Grand Hyatt Shenzhen  
Mambo Italiano to the sight of La Terrazza's circular gems cooking in the oven.



**Seafood Brunch of the Year**

Capri Italian Restaurant  
Sheraton Dameisha Resort  
An oceanic kingdom of crustaceans and fish couched within a seaside getaway.



**Signature Dish of the Year**

Pork Knuckle  
Haxnbauer German Restaurant and Bar  
A German staple hits Shenzhen shores.



**Chinese Cuisine of the Year**

Shang Garden, Futian Shangri-La Shenzhen  
The only way is up, baby, when you dine at this Chinese fine dining restaurant.

**POOF**

**Romantic Dining of the Year**

Elba, The St. Regis Shenzhen  
Journeys end in lovers' meeting at this fancy, crystal-embellished establishment.



**New Concept Cuisine of the Year**

Eager  
This creative cuisine uses its noodle.



**Rooftop Bar of the Year**

Eden Garden, Hilton Shenzhen Shekou Nanhai  
Cocktail connoisseurs hitting the roof.



**Sommelier of the Year**

Dario Schiavoni-Paletto  
The Ritz-Carlton, Shenzhen  
This vino pro has great wines on show.



**Stella Recommends:**  
D.U.B. ST 23  
Slick flair and Western fare.



**Stella Recommends:**  
Sicilia  
Dance inside, lounge out, drink everywhere.



**Stella Recommends:**  
The Brew  
Guangzhou export making a Shenzhen splash.



**Stella Recommends:**  
Baron Turkish Restaurant  
Lording over Coco Park's boardwalk.

Honorable Mention







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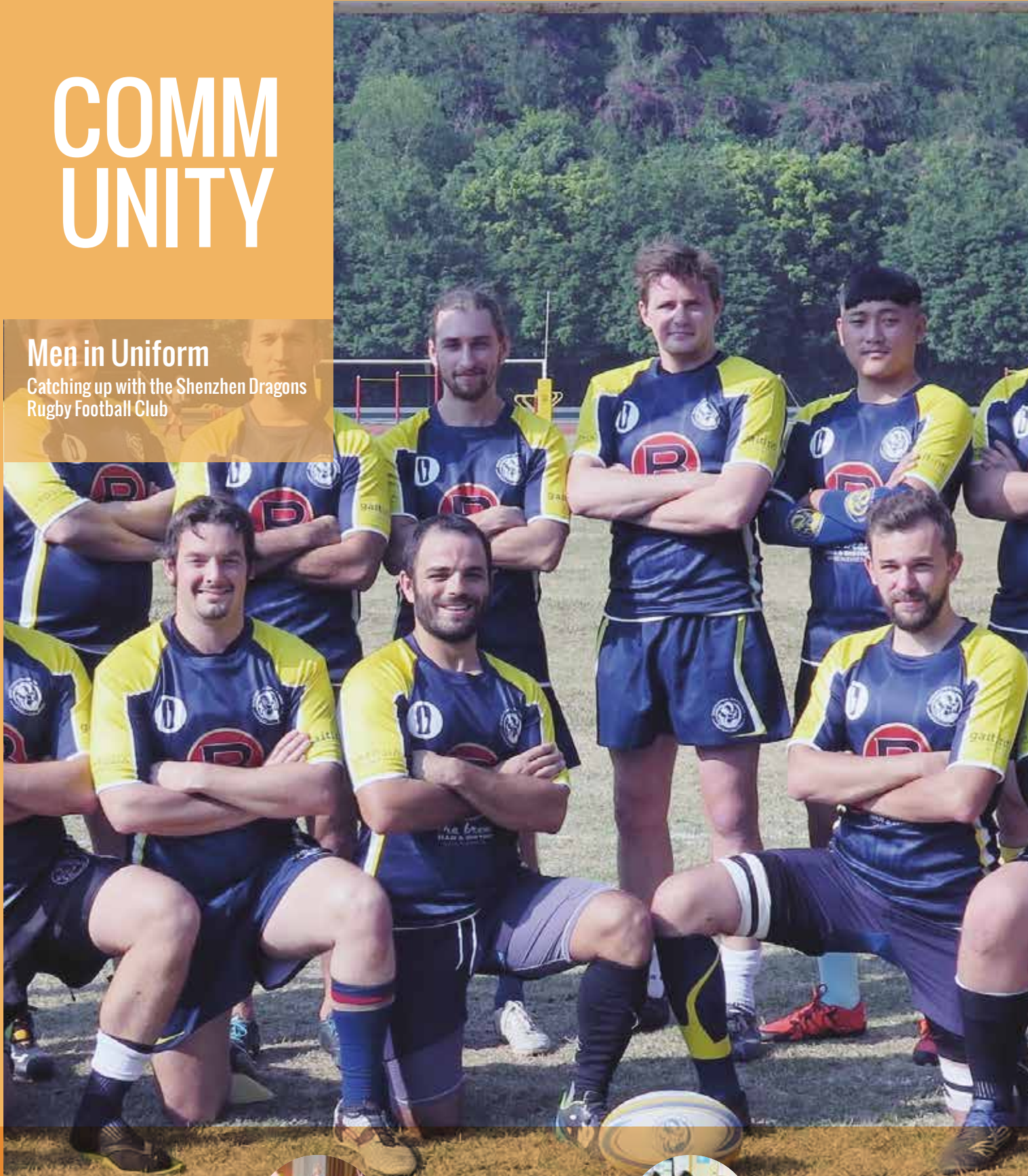
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# COMMUNITY

## Men in Uniform

Catching up with the Shenzhen Dragons Rugby Football Club



A Reason for Celebrating  
P52



The Ultimate Lesson Plan  
P54



# A JOLLY GOOD SHOWING

## 13th Santa Pub Crawl Sees Largest Crowd Ever

By Matthew Bossons

Guangzhou's annual Santa Pub Crawl finished its 13th year last month with a sellout, 300-person crowd. As you'd expect, there was a fair number of inebriated Christmas characters and a lot of pleasantly surprised locals eager for photos.

Since its inception in 2003, the occasion has evolved into one of Guangzhou's most notable nonprofit events and was even featured in the *Wall Street Journal* a few years back.

Established by gentlemen at the Whiskey Appreciation Society as a way to give back to the community, the Santa Pub Crawl also helps homesick expats reconnect with their Christmas spirit.

"We organize this to give back to the community, for both expats and locals - especially those living far away from their homes - to help them get into the Christmas spirit at a special time of the year," Kent Hight, one of the event's longtime organizers, told us in the lead up to last year's event.

The 2016 edition of the pub crawl was held on December 3 and took thirsty Santas to four notable Guangzhou venues: The Paddy Field, Hooley's, The Happy Monk Happy Valley and McCawley's Irish Pub. All proceeds went to the Guangdong International Volunteer Expatriate Service (GIVES), which raises money for autism research and relief in China, as well as music therapy programs.

If you missed out this year, pencil it in that brand-new calendar you received during the holidays and get busy tracking down a Santa suit!



# COMMUNITY

DEAR JAMIE

## China Complainer

Dear Jamie,

I've never written to you before. I'm facing a serious problem and I don't know what to do about it. I hope you can give me some sound advice.

My boyfriend complains about China all the time. Every time we meet up he tells me about all the bad things that have happened to him recently and how terrible his life is here and how great his life was back in Canada. Every WeChat conversation, phone call or dinner includes negative comments about this country, yet he has chosen to live in China for five years.

I studied in the United States, so I can understand his point of view sometimes, but I'm always left wondering why he has no plans to leave.

Last week was the last straw. He called me at 4am from a strange number and said that someone had stolen his phone in a club. He added that this would never have happened in Canada and complained for an hour about his life in China.

Before going back to sleep, I went online and bought a one-way ticket for this summer to Toronto.

The next day I brought the printed ticket to his apartment. I really wasn't sure how he would react, but I know that leaving is for the best – for both of us.

Then I noticed that the ticket was registered under my name and not his. Can I change the name on the ticket or have I just wasted my money?

-Sincerely,

Fed Up in Foshan

Dear Fed Up,

You haven't wasted your money, though you will need to spend a little more to enjoy your upcoming vacation to Canada. Buy a return ticket and apply for a visa at the Canadian Consulate in Guangzhou. There can be a bit of paperwork, so it's good to start early to make sure everything is set for your trip.

As for your current boyfriend, dump him. If he is unhappy with his decision to stay here, it doesn't mean you need to be.

-Jamie

Got a problem? We've got a problem solver. Nothing is too big (or small) for Jamie at [jamiainchina@outlook.com](mailto:jamiainchina@outlook.com).

# AROUND TOWN

## SOCIAL SKILLS

### Shenzhen Dragons Rugby Football Club

If seeing muscular men in schoolgirl uniforms appeals to you, consider joining the Shenzhen Dragon's Rugby Football Club.

Although donning dresses is not part of the club's regular training, says President Illian Nadenenko, it did make for a particularly memorable costume party.

"We place a lot of attention on the social aspect of the club, with after parties where both teams participate," says Nadenenko, explaining that post-match festivities often follow away games.

The Tuesday and Thursday training sessions cost RMB50 each, mixing fitness and full contact. They take place in Futian and first-timers participate for free.

A yearlong full club membership for men costs RMB800, while women pay RMB450. That gets each player a training kit, uniform and discounts at rugby-friendly businesses like The Brew and Vista-SK Medical Center. A RMB300 non-playing 'social club' membership is also available.

Despite rugby's high-octane nature, Nadenenko says injuries are relatively rare,

mostly because the club avoids putting players in situations they aren't ready for.

"For those who have never played before, we don't let them out on the pitch until we are confident they can handle full contact."

So who should join?

"People who love sports and want to make friends, people who like to have fun. Basically anyone who wants to make life more interesting in Shenzhen."



For more information, including maps to the training fields, visit [www.shenzhen-rugby.com](http://www.shenzhen-rugby.com). The Shenzhen Dragon's also provide regular game summaries and training updates through their public WeChat account: [shenzhendragonsrugby](https://www.wechat.com/qrcode?qr=shenzhendragonsrugby).

## INTERNATIONAL CHITTER-CHATTER

### Chambers in the PRD Ring in the Holidays

'Tis the season of giving, and that's just what guests at this year's British Chamber Christmas Gala Dinner did on December 10, raising RMB10,000 by auctioning two hotel vouchers and one round-trip flight from Guangzhou to London to donate to Animals Asia. The event, held at The Ritz Carlton Guangzhou, also marked the British Chamber of Commerce Guangdong's 20th anniversary, and saw more than 200 attendees don their finest tuxes and gowns to partake in a fabulous evening of festive foods, performances and competitive trivia.



Celebrations abounded last month, with the Spanish Chamber treating guests to its annual holiday dinner on December 7 at the Crowne Plaza Guangzhou City Centre. Brightened by live jazz, harmonica and a menu filled with traditional Spanish turrón, biscuits, cakes and ice cream, the banquet also included a lucky draw with generous prizes from Qatar Airways, Yiqifei, Elizabeth Women Hospital and China Unicom.

If you like cats, you'll love the latest news coming out of the Consulate General of Mexico in Guangzhou this month. On December 14, the consulate launched the exhibition *The Brotherhood of the Eyes* – a collection of cat drawings sketched in 650-700 tones using colored pencils. The work of Mexican artist Jose Luis Loria, the exhibition strives to promote respect towards animals, nature and ecosystems. Though this particular display wrapped up on December 29, the consulate hopes to bring the collection to Dongguan and Zhuhai early this year. Stay tuned to [thatsmags.com](http://thatsmags.com) for updates!

TAKE FIVE

# Adrian Blackstock

A rocker, hip-hopper and just all-round cool guy, Adrian Blackstock is a key part of Shenzhen's growing art scene. Originally hailing from Danville, Virginia, Blackstock is a major player in a number of the city's notable musical acts – one of which we chatted with him about this month:

**What brought you to China?**

In America, I studied Wing Chun, and philosophers like Sun Tzu, Lao Tzu and Confucius. I also got really big into Shaw Brothers Kung Fu films after reading the RZA's books "Tao of Wu." I came to China to be a teacher but I started playing music at an open mic audition at RapsCALLIONS with Rue and Jon, and it's all history from there.

**What made you pick the name VaChina for your most recent musical project?**

VaChina is a combination of dope musical styling's from traditional Chinese music and Southern VA hip-hop and soul sounds, where I'm from, but it's also about honoring where



we all come from, loving and respecting one another, and especially women.

**What sets Shenzhen's music scene apart from Guangzhou's?**

Shenzhen's music scene grew as the city did, from nothing, and Guangzhou has been established for a while and lots of big acts come through Guangzhou and that's only been happening for the past five years here [in Shenzhen].

**Three desert island discs (albums)?**

If I was deserted on an island and I only had three albums they'd be Wu Tang Clan's *Return of the 36th Chambers*, James Brown's *Live at the Apollo* and *College Dropout* by Kanye West.

**If you could open for any major act, which would it be?**

Kanye – I love his sound. He's one of my biggest inspirations.

An advertisement for Lingnan Hotel Five. The top half features a night view of a city skyline with fireworks exploding in the sky. A large, elegant martini glass is superimposed in the center. The text "Celebrate Chinese New Year with Baijiu Cocktails @ Roof Top Bar" is written across the top. The bottom section contains the hotel's logo, contact information, and social media icons.



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# A GROWTH MINDSET

## Why Continuous Professional Development Is Key For Teachers

By Lena Gidwani

**E**ducation reform is top of the agenda for most countries. Yet despite substantial increases in spending and ambitious endeavors at development, the performance of many school systems remains disappointing. That some are more successful than others is indisputable. So why is it that some consistently perform better and improve faster than others?

A conversation with a few folks in the industry offers a response of sorts, best summed up in a phrase from UNESCO's 2013/4 Education for All Global Monitoring Report: "An education system is only as good as its teachers."

The teaching profession has never been in the limelight as much as it is these days. Teachers are expected to uphold on-the-pulse professionalism for the benefit of their schools, whilst at the same time reflect on practice, remain open to critique and simply perform better, which many believe reflects in student results.

Ultimately, what attracts a person to the teaching profession is their innate disposition to impart knowledge, inspire and to continue to learn for themselves. Now ask yourself, given the way our world is moving, is it always possible for a teacher to do all of this and still teach?

No, claim an overwhelming majority of those in the profession. And this is apparently

where we may let ourselves down. World-renowned Stanford University psychologist and a cult figure in education and parenting circles, Professor Carol Dweck explains the differences in mindsets. Praising a child's intelligence, Dweck says, creates a 'fixed mindset' – a belief that how clever they are governs what children can and can't do, making them less resilient and self-defeatist in the face of obstacles. To contrast, a growth mindset involves teaching children that the brain works like a muscle that gets stronger with practice, thus reinforcing persistence. The same applies to teachers, Dweck says.

Is this the curse of the teaching profession? Dweck writes that is may be so, and hence advocates what is known in the profession as Continuing Professional Development, or CPD. Teachers, new and seasoned, young and old, must be given the time to develop, share and train in order to meet the needs of their ever-evolving, 21st-century audience. Enhancing quality at all stages of a teacher's career is thus a key factor in improving the quality of learning, organizational effectiveness and student outcomes, and CPD provides the social, ongoing, in-context and inquiry-driven process to contribute effectively to the purpose.

Even though continuous professional development courses are held throughout the academic year at various locations by

groups like EARCOS and the International Baccalaureate Organization, there is always time for more, says Emma Scott, Primary Years Coordinator at Utahloy International School Guangzhou. Scott believes that learning must be situated in a critical community of inquirers who support the enrichment of knowledge through sharing of meanings, interpretations and collaboration, and this has led UISG to organise a conference aptly named EYE SPI on January 14 at UISG's lake-side campus at Baiyun District.

EYE SPI, which stands for Elementary Years Event, Sharing Professional Insights, attracted more than 300 delegates from 22 schools across South China and Hong Kong last year. Thirty-seven teachers, specialists, leaders and aspiring workshop facilitators presented, reaching a wide professional audience and furthering their role as workshop presenters, enabling attendees to share best practice and celebrate learning and teaching.

At this year's event on Saturday, January 14, Scott expects a similar turnout and over 45 presenters. She hopes that educators will walk away with not just a growth mindset, but also a view towards the vernacular that an education system is only as good as its teachers, and teachers are only as good as the education that they continuously receive throughout their careers.



# HEAD-NECK DISCONNECT

## Fixing Poor Posture

By Dr. Injun Kim



**F**orward head posture is a correctible condition that can be the result of trauma (intense and fast stress on the neck) or long-term cumulative stress such as poor posture. The x-rays shown here are examples of before and after treatment to correct forward head posture and its negative effects.

### Cause

Forward head posture can be a result of a variety of different lifestyle factors, such as sleeping with too many pillows, working for extended periods of time on a computer, excessive texting, slumping when sitting or from a lack of developed back muscle strength.

### Symptoms

Forward head posture creates excessive strain on the muscles in your neck and back. It has been estimated that for every inch your head sits in front of your shoulders, the weight of it increases by 10 lbs. To cope with the extra weight, your muscles are in constant contraction. This adds pressure to the base of your skull and can lead to headaches, tingling and numbness in the arms, and a burning pain between the shoulder blades.



The more serious issue with forward head posture is that it restricts the movement of your ribs and therefore your ability to breathe deeply. This has a huge affect on the heart and lungs, preventing them from functioning properly.

### Solution

Chiropractors can use gentle adjustments to correctly align your spine and relax the muscles that have been put under such strain. They will then advise you on how best to

avoid forward head posture in the future.

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Dr. Injun Kim is doctor of chiropractics at Bellaire International Clinics, 1) 28 Tianhe Bei Road # 601 Times Square, Guangzhou, 广州市天河区北路28号时代广场东座6楼601 020-2899-3911, 020-3891-0511 2) No.62 Jinsui Road 2202-2203 Qinaoxin Kingold Century, 广州市天河区珠江新城金穗路62号齐鑫国际金融中 020-2202-2203 [www.bellaireclinic.com](http://www.bellaireclinic.com) Email: [bmc888@126.com](mailto:bmc888@126.com)

# CITY SCENES

An URBANATOMY Event **urbanfamily**

## 2016 Urban Family Day

Urban Family held its second annual Shenzhen family day in Shekou's Jingshan Villa on December 4. Benefiting the charity Captivating International, sponsors hosted sport-themed events for children, including an area to practice golf swings, play a grab-tag version of rugby and build soccer skills. Quality munchies were provided by popular restaurants and children tuckered out from all the running and jumping were given a chance to unleash their creativity at block-building booths. Captivating International raised more than RMB2,500 through a silent auction and donations by the end of the event. Urban Family would like to extend a warm thank you to all the sponsors that took time to participate in the event by providing excellent food, drinks, activities and games.



## SWIS Winter Celebration (Supported by **urbanfamily**)

On December 10, the Shen Wai International School PTA hosted their annual Winter Celebration for students, their families and the greater Guangzhou community. The weather was beautiful, and the campus quickly filled with guests eager to browse the market, sample different cuisines at the food bazaar and take part in lots of free and fun activities.



An URBANATOMY Event **urbanfamily**

## Fifth Annual Shenzhen Chess Tournament

Shenzhen's top chess talents converged on Shenzhen Book City for the fifth annual Shenzhen Chess Tournament on December 10. More than 100 players participated in the event, which was organized by Hanbridge Mandarin and the Shenzhen Chess Academy. Competitors took turns testing their strategies on opponents in order to be the first to say "checkmate."





## Belgian Literature Makes Entrance into Guangzhou

On December 6, a delegation from the Belgian province of Limburg joined local Guangzhou authorities and media friends to celebrate the opening ceremony of the Belgian section of the Guangzhou Library. More than 1,550 Belgian books were donated to the section, making it the largest among all foreign literature areas in the library. Guests had the pleasure of tasting Belgian specialties, including speculoos, Liège waffles, cherry tarts and other national sweets.



## AmCham South China Kicks Off its 2016 Charity Fundraising Effort

The American Chamber of Commerce in South China announced details of its annual charity fundraising effort last month, which includes a project to raise donations to finance medical treatments for orphaned children at Guangzhou Women and Children's Medical Center and help Guangdong's impoverished Wuxing Village (part of Meizhou City) and other poor villages. AmCham South China President Dr. Harley Seyedin noted that weeks before the launch, Mead Johnson Nutrition and Jingxing Real Estate had already pledged RMB130,000 and RMB100,000 in cash respectively. All donations will go through Guangzhou Youth Development Foundation with proper receipts issued to the donors.



## Terry Fox Run 2016 (Supported by **that's**)

The largest single day fund raising event for cancer research worldwide, Terry Fox Run in Guangzhou kicked off at Guangzhou Luhu Golf Driving Range on 10 December. This is the fourth year Four Seasons Hotel Guangzhou organized this charity event, with support from Consulate General of Canada in Guangzhou, Luhu Golf and Country Club and other associations and government organizations. Approximately 3,000 participants joined the run and helped raised nearly RMB900,000. All proceeds would go to a local cancer research institute by the Terry Fox Foundation for finding cure of cancer.



# PRD

# FOCUS



**O**n December 9, Connecting + Plateno Group Collection Show 2017 was held at the Pazhou Poly World Trade Center. Successfully launched last year, the event is part of Plateno Group's mission to present new collections in the way of a fashion show – the only brand to do so in the hospitality industry.



**U**rban Revivo, a globally renowned, fast-fashion brand, held its 10th anniversary celebration at Guangzhou Stadium last month. The brand's founder Li Mingguang attended the celebration with invitees to review the brand's development over the past decade.



**T**he Consulate General of France organized a welcoming cocktail party for French students living in South China at Oggi Trattoria in The Canton Place this past month. Around 50 French students attending universities in Guangzhou, Shenzhen and Zhuhai attended.



**F**oshan Eton House International School held its Festivals of Light in December, a tradition celebrated around the world. Parents, grandparents and the community gathered to watch wonderful performances in celebration of Diwali, Hanukkah and Christmas.



**O**akwood Premier Guangzhou threw an old Canton themed appreciation party on the evening of December 8. Guests from far and wide joined the occasion, which featured a number of games, an auction and a charity bazaar and raised RMB23,740 for underprivileged students in Guangdong.



**S**tudents from The British School of Guangzhou recently visited Tanzania as part of their Global Campus initiative, which connects more than 36,000 students in 43 schools across 15 countries every year. The expedition led students to build sheds and stoves for local communities.



**A**SC Fine Wines, the leading fine wine importer and distributor in mainland China, Hong Kong and Macau, has partnered with The Icons to present the ASC Icons 2017 Cookbook Calendar. The Icons has two successful cookbooks: the first cookbook featuring 12 chefs from Hong Kong and the second, chefs from Hong Kong, Singapore and Shanghai. Now, the ASC Icons 2017 edition has expanded to include seven cities. It showcases chefs from some of the region's leading hotels and restaurants, as well as their culinary creations paired with some of the best wines in the world – all of which are presented by ASC Fine Wines.



**B**ordeaux Wine School held its press conference in Guangzhou this past December, attracting a variety of curious guests and wine experts. Thomas Jullien, Bordeaux Wines' Asian-Pacific representative, and Yang Wei, project manager in China, discussed the strategies of the pioneering wine school.

# SZ

Shenzhen reviews,  
events and information



## PHOENIX LEGEND

Folk stylings collide with hip-hop funk at Shenzhen Bay

### THIS MONTH

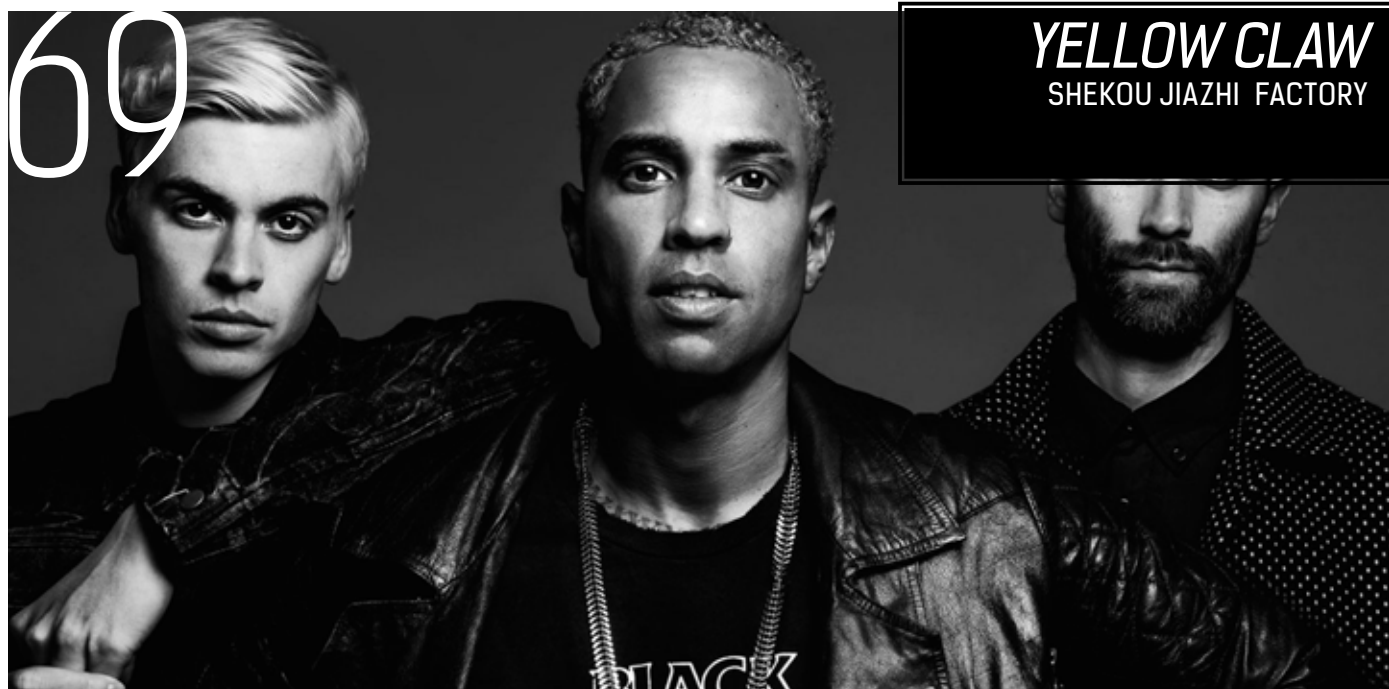
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A monthly insert for January 2017

PRD  
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# WHAT'S ON IN JANUARY 2017

FRI-SAT  
JAN 6-7



**YELLOW CLAW**  
SHEKOU JIAZHI FACTORY



SAT  
JAN 7  
**MEET BY CHANCE**  
BAO'AN STADIUM



JAN 7  
**JANICE VIDAL**  
SHENZHEN STADIUM

SAT  
JAN 14  
**JOANNA WANG**  
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**SUN JAN 15**  
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**FRI JAN 27**  
**REUNION DINNER BUFFET**  
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**DAILY ALL MONTH**  
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 1618 Gallery  
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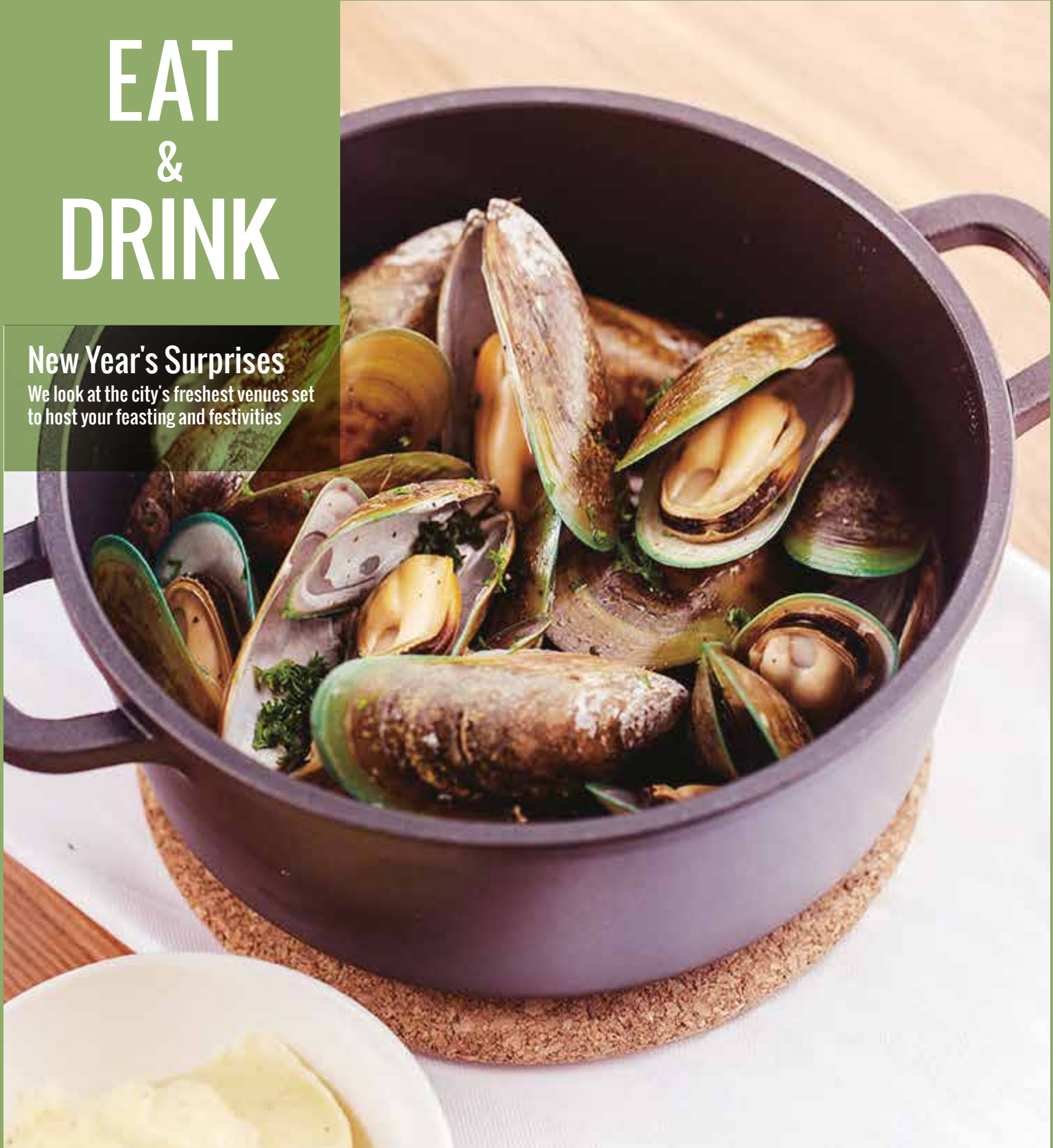
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# EAT & DRINK

## New Year's Surprises

We look at the city's freshest venues set to host your feasting and festivities



Delectable Desserts  
P59



Steak Surprise  
P60



# BEER-BATTERED BITE

## Real English Fish and Chips

By Jocelyn Richards

Though its English origin is uncontested, this beer-battered take-away snack was actually an early example of culinary fusion, conceived after Spanish Jews brought the concept of fried fish to England in the 17th century. When, nearly 200 years later, the country developed railways to transport fresh fish from the North Sea to more populated areas, the classic fish and chips we know today became a staple snack for British working class citizens.

This month, our friends at Hooley's and Rebel Rebel introduce an easy-to-follow recipe for you to try at home. They recommend using boneless cod or halibut fillets, but any type of fish will do. The secret, they say, is adding a bit of yeast to the batter to make it delicate and crispy. So before you order in for your next potluck with friends, why not impress with a platter of homemade pub grub?

### Ingredients (serves two):

- 2 deboned fish fillets (cod, halibut or other)
- 110ml ice water
- 110ml beer
- 7g yeast
- 100g plain flour
- 2 imported potatoes
- 3-5g salt
- a pinch of turmeric (for color)



### Method:

#### For the fish:

1. Whisk together the cold water, beer and yeast in a bowl.
2. Slowly add the flour, whisking it into the liquid mixture.
3. Add one-half teaspoon turmeric for color and salt to taste.
4. Let stand for 30 minutes to allow yeast to ferment – you should see small bubbles in the batter.
5. Flour and batter the fish fillets.
6. Fry for 7-8 minutes at 175 degrees Celsius.
7. Remove from the fryer, dab with paper towels to remove excess grease and serve with French fries, tartar sauce and ketchup.

#### For the chips, or fries:

1. Peel and wash one or two imported potatoes

- (local varieties often come out too soggy).
2. Cut the peeled potato into thick rectangular chunks.
3. Fry for 7-8 minutes at 175 degrees Celsius.
4. Serve with the fried fish prepared above.

This recipe is courtesy of chefs Sam and Harry at Rebel Rebel Café and Bar, 42 Tiyu Dong Lu, Tianhe District 天河区体育东路42号 (8520 1579) and Hooley's Irish Pub and Restaurant, Shop 101, 8 Xingsheng Lu, by Haiyue Lu, Tianhe District 天河区珠江新城兴盛路8号101 (3886 2675)



Scan the QR below to watch a video of chefs Sam and Harry preparing this dish.



# GRAPE VINE

THE SCANDALOUS SCOOP

We're digging:



whispers of Cajun and creole cuisine coming Shuiwei's way at **New Orleans Kitchen**; music megastars T-pain and Bob Sinclair's same-month Shenzhen shows; the bacon old fashioned continuing **Providence Cocktail**'s top class craft; **Hilton Shekou Nanhai** hosting White Collar Fight Night and bringing out Shenzhen's who's who for a brilliant brawl bash.

We're done with:



**Craft Head's** lights out leading to locked doors and dry taps after a sudden renovation relocation; Foshan's popo finding another booze no no, with 3,000 bottles of fake sauce seized; the rough start for Huaqiangbei's new **Wagas'** outlet.

SILK ROAD GOLD

## Bitter Melon 苦瓜

Search 'bitter melon' on Google and the first result will bring you to webmd.com for a look at the uses, side effects – really, we're not making this up – and warnings of consuming the green knobby fruit (which comes in pill form now in the West).

If, like us, you thought you'd been eating an unpleasantly bitter but otherwise innocuous melon all these years, now you know that kugua (as it's known in Mandarin) is actually a powerful supplement that may reduce blood sugar levels, lower cholesterol and treat stomach disorders, liver disease, kidney stones and more. It is possible to 'overdose,' but doing so would only potentially affect those who are pregnant or taking diabetes medication. That said, many Chinese women claim there is nothing wrong with eating bitter melon when expecting, provided one does so in modera-



tion. Thankfully, the fruit's natural bitterness should help minimize your cravings.

Introduced to China in the 14th century from India, bitter melon is now grown in tropical regions of Asia, Africa and the Caribbean. Chinese generally consume the gourd in its green, unripe form, but kugua matures into a mushy yellow fruit when ripe – its skin peeling back to expose bright red pulp underneath.

Want to give this superfood a try? Choose melons with green skin rather than yellow (they'll be crispier), but keep in mind that the darker the melon, the more bitter it will be.

THE NIUBI CHEF

## Stir-Fried Bitter Melon

In Chinese cuisine, many dishes begin as a simple stir-fry with additional spices or ingredients added as desired. For example, in the recipe below, we're introducing the most basic method of preparing bitter melon (sauteed with oil and salt), so that you can then build upon that foundation to create more complex variations, like scrambled eggs with bitter melon – a riff on the classic tomato-and-egg dish. As long as oil, salt and heat are involved, you really can't go wrong.

### Ingredients (serves two):

- 1 bitter melon
- 2 tbsp olive oil
- 1 clove garlic (sliced)
- salt (to taste)
- 1 red chili pepper (optional, sliced)



### Method:

1. Rinse the melon and cut in half lengthwise. Use a spoon to scoop out the white pulp and seeds.
2. Place the halves face-down and slice thinly at an inclined angle (this will expose more flesh and allow the melon to soak up more seasonings, making it less bitter).
3. Put a wok on high heat and toss in the olive oil and garlic, searing for 10 seconds.
4. Add in the melon, taking care to stir vigorously. Add water as necessary to prevent the melon from sticking to the pan.
5. Add salt to taste and red chili pepper if you want a spicier and/or more visually appealing dish.
6. Continue to stir-fry until the melon becomes soft enough to break with your spatula. When fully cooked, the melon should still be bright green – try not to overcook it, as that will only make the melon more bitter.
7. Place contents of the wok into a shallow bowl and serve immediately.





## COCKTAIL

### Hot Toddy

Many claim to be able to make a 'proper' hot toddy, with recipes differing slightly. One point of agreement: the winter chill is no match for this warming elixir. Often drunk as a nightcap or folk remedy for the flu, the hot toddy is a perfect companion on those nights that require extra blankets and a high-powered space heater.

#### Ingredients:

- 1 ounce bourbon
- 1 teaspoon honey (or more)
- 1 slice lemon

- 1 cinnamon stick
- 1 pinch ground nutmeg
- 2 ounces boiling water
- 3 cloves

#### Method:

1. Pour the honey, boiling water and whiskey into a mug.
2. Add the cloves, cinnamon and lemon slice.
3. Let the drink stand for five minutes.
4. Add a pinch of nutmeg before serving.

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# FAST FOOD WITH CHINESE CHARACTERISTICS

Compiled by Sky Thomas Gidge

**O**h, China: you might not have gone through an imperialistic streak like the West, but you are the conqueror of cuisines. While fast food chains on other parts of the globe might pride themselves in serving up the same dishes, the game in the Middle Kingdom seems to be adapt or die. This month, we took a look at four fast bites with distinctly Chinese characteristics. To watch our (somewhat pained) reactions in real time, scan the QR code on the right.



## PIZZA HUT'S SICHUAN STYLE SPICY BEEF PIZZA

"The beef is obviously quite cheap. It's soft and squishy. Also, corn on a pizza? Come on."

- Matt



"Not bad, but it's just normal Pizza Hut pizza."  
- Ziyi

"It's good. Is this onion? Some sort of tasty sprig? Maybe the meat is a bit cheap, but I like it. I would order it again."  
- Sky

"I think it's weird. Combining Sichuan food with pizza? It looks good. But it's just weird, like putting hot pot on pizza."  
- Katrina

## BURGER KING'S BUTTERFLY SHRIMP

"It's just the usual fried food you can get in Burger King."  
- Katrina



"Not bad. There is supposed to be cheese, but I don't taste any. I'd eat it again if someone gave it to me. It's kind of needlessly ornate."  
- Sky

"It looks weird and it tastes weird and I don't know why they call it butterfly shrimp."  
- Ziyi

"Boring."  
- Matt

## KFC'S CHICKEN AND SHRIMP BURGER WITH HONEY MUSTARD

"I'd try this once, but never again. It's just like a bun stuffed with honey mustard."

- Sky

"I don't know why you guys are saying this is weird. It's just a hamburger with shrimp and chicken. I like it."

- Katrina

"Wow, honey mustard everywhere. It's sort of like surf and turf but a really sh\*tty version and disgusting. I won't eat this again."

- Matt

"I have to say this is pretty weird."

- Ziyi



# THE JUDGES:



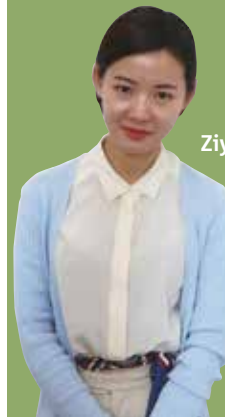
**Sky Thomas Gidge,**  
*Shenzhen Editor*

"I enjoy mashed potatoes and cooked carrots, mostly simple things. Today my stomach is particularly sensitive, so this will be an interesting trial for my digestive system."



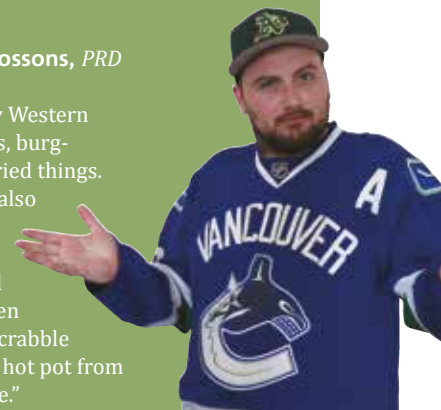
**Katrina Shi,** *Video Intern*

"I'm Cantonese and people say we eat everything. I can tolerate almost any food. I usually eat Chinese food, but like some Western food."



**Ziyi Yuan,** *Shenzhen Editorial Assistant*

"I'm from northern China. Honestly, I prefer spicy and salty food, though KFC used to be one of my favorites."



**Dr. Matt Bossons,** *PRD Web Editor*

"I enjoy Western food: pizzas, burgers, deep-fried things. Although I also enjoy sushi, Indian food and I've been known to scabble on Sichuan hot pot from time to time."

## PIZZA HUT'S BEIJING DUCK WITH CUCUMBER

"I don't think duck and pizza should go together and Pizza Hut made one of the food mistakes of the century when they did this."

- Sky

"It smells good, let's find out... Hm, I can't swallow it."

- Katrina



"That tastes like sh\*t (spits pizza out). Not good. Not good at all. Don't buy this."

- Matt

"Don't try it. Don't try it. Don't try it. Don't try it."

- Ziyi

# BRACERIA PUGLIESE

Italian Casual

By Sky Thomas Gidge



**B**raceria Pugliese is the latest culinary effort by Caroppo Angelo, the veritable godfather of Shenzhen's Italian cuisine, who can boast a 12-year history of running city staples such as Trattoria Italiana and Mediterranean Sun.

While his other restaurants have stuck to upscale locales, Braceria Pugliese is notable for opening in the Shuiwei urban village, where its airy interior and slick decor are a marked contrast to the lively and chaotic street outside.

As we approach, we see that evolving menu we've already heard about is complemented by an outdoor whiteboard displaying the day's specials in English, Chinese and Italian.

Inside, fans suspended from the high

ceiling give the restaurant a feeling of space despite its humble dimensions, which become more apparent as we squeeze into the wall-side seats. The music, one part 70s Italian disco another part faux Sinatra, is played at a level loud enough to invite the boisterous conversation that accompanies any authentic Italian meal.

We start with a cold cut platter of dry-cured ham, mortadella and salami presented with cheeses whose flavors pair well with the meat's. At RMB100, this selection costs more than the main dish, but the price is in line with Shenzhen's other Italian eateries.

The seasoned staff, hand picked from other restaurants, make the sometimes-onerous experience of being seated and

ordering fast and friendly. While they are always present, the waiters never insinuate themselves into our party unless necessary. As we munch on our starter's final morsels of meat, word of the imminent emptying of our plates is relayed to the kitchen, where the chefs get cooking on our main dish.

The RMB65 polpettone—something of an Italian meatloaf—arrives at our table, freshly pulled from the wood oven. It's hardy fare that is usually reserved for the home, explains the Italian we are with, who also notes that the cooked egg in the center appears to be a personal touch by the cook.

With two Italian chefs ducking in and out of the kitchen, and quite eager to discuss their food with you, any fault in the meal is likely a matter of preference rather than a shortcoming.

An Italian-twist to Shuiwei's casual atmosphere, with its professional service and expertly prepared food, Braceria Pugliese is a fresh and welcome addition to the short list of Shenzhen foodie favorites.

**Price:** RMB150

**Who's going:** foodies, groups on a night out  
**Good for:** casual Italian, wood-oven cooked meats

62 Wu Jie, Shuiwei Village, Futian District 福田区水围村五街62号 (2361 1092)



# WAGAS

## Shanghai Calling

By Ziyi Yuan



**N**ine Square is Huaqiangbei's newest landmark and home to all the glitzy and gleaming stores one has come to expect from a freshly opened shopping mall, including a fair few restaurants.

Wagas might be old news to Shanghai hands, but its entrance to the Shenzhen market is so recent the location is yet to be listed on its official website, which claims there are already dozens of mainland outlets. So what has

Shenzhen been missing?

The second-floor location offers both outdoor and indoor seating, with the indoor area a tight fit as dozens of chairs and tables compete for floor space.

In true Shenzhen fashion, Wagas allows you to sit at a table and order your meal through WeChat – a not entirely painless process, because one must first set up an account.

After going through the registration rigmarole, we order the spaghetti with ground black pepper and chicken (RMB60). It's a light dish and a bit on the plain side despite a healthy sprinkling of Parmesan cheese.

For people who dislike cumin, we suggest you avoid the roasted Australian beef, coleslaw and curried pickle aioli sandwich (RMB58), which comes smothered in the herb despite no mention of it on the menu. If you enjoy your food warm, you'll also want to avoid this dish – it arrives at our table in desperate need of a reheating.

Desiring something a bit warmer, we go for the teas.



Despite being labeled as a best seller on the menu, the ginger, lemon, honey tea (RMB35) is disappointingly plain, while the fruit tea (RMB25) is actually just fruit in a tea bag.

But all is not lost. Wagas shines brighter than a Broadway spotlight when it comes to dessert. The delectable chocolate cake (RMB28) comes with a more than fair amount of sweet cream, which perfectly complements the bitter chocolate.

Founded in 1999 and now with 50 outlets on the Chinese mainland, the Wagas brand is

clearly doing something right somewhere – we just hope that 'something' begins happening in Shenzhen so we can see what all the fuss is about.

**Price:** RMB100

**Who's going:** expats, weary shoppers

**Good for:** a break from buying winter clothes, chatting with friends, dessert

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## EAGER

### Business Dining

By Sky Thomas Gidge

In just a few months, Eager has earned a reputation for high-speed servings of quality salad, pasta and steak, with prices that neatly fit the spending power of Futian CBD's white-collar workers.

Wisely located at the foot of the INTOWN office complex, the establishment's open seating and rectangular interior means it takes just a glance to know whether you'll find space inside or be dining in the smoker-friendly outdoor area.



Fast service is a cornerstone of Eager's model, but it also means a five percent service charge. After paying at the counter, diners receive a beeper which instructs the fleet-footed staff where to set down the food, which is mostly Italian cuisine with a few astute tweaks to fit local preferences.

The creamy, lightly cheesy risotto (RMB58) is one of the most popular lunches, though it is on the soft side — one of the aforementioned changes for the Chinese market.

Tartine's are served on four slices of rye bread made by Shekou-based Thomas' Bakery, with the RMB48 tuna version a flavorful mix of pepper onion and olive. The RMB48 guacamole version is less successful; it is so plain the rye bread's taste is left to stand on its own.

The avocado orange shake (RMB35) is not overly sweet, making it a good mealtime

"EAGER'S SLICK SERVICE, REASONABLE PRICES AND QUALITY DISHES HAVE QUICKLY ATTRACTED LOYAL CUSTOMERS"



beverage and not a guilty desert. Likewise, the apple cucumber mint ice tea (RMB30) isn't the saccharine mix on show at some of the city's other 'healthy' restaurants.

Perhaps best left for the evening rush, the small black mussels with parsley and lemon have a slight salty tang. We're told they are imported from France, hence the RMB128 price tag per bowl, making it a side best shared among friends who are also sharing the bill.

Although Eager focuses on teas and juices, it does serve simple cocktails for RMB55 and beers for RMB35, meaning the Firestone Easy Jack IPA is especially reasonably priced for a CBD establishment.

Eager's slick service, reasonable prices and quality dishes have quickly attracted loyal customers, but with the recent departure of a key culinary talent, it remains to be seen if the momentum can be maintained.

**Price:** RMB60

**Who's going:** white collars, Super Monkey gym members

**Good for:** fast and affordable Italian

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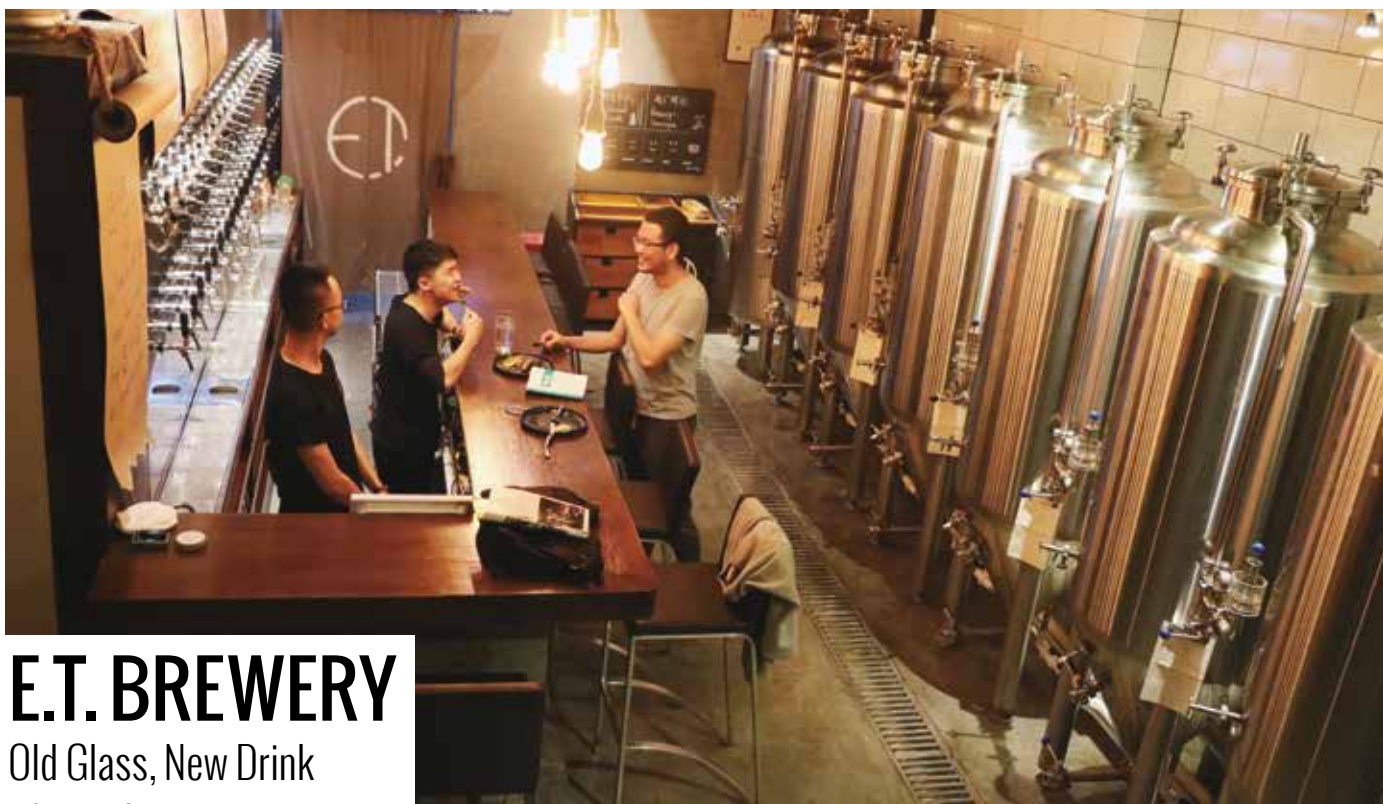
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## E.T. BREWERY

### Old Glass, New Drink

By Sky Thomas Gidge



Located a 10-minute walk from Houhai station, E.T. Brewery is at the base of an apartment compound and near a real estate agency whose more wayward employees are having a rowdy, beer-spilling time from a second floor vantage when we visit.

A fair chunk of change has clearly been sunk into E.T. Brewery, which has seven fermentation tanks and twenty taps – though most are not ready to pour when we visit.

A long wood bar sits in front of the taps, above it dimmed filament bulbs – apparently the same model that has been used in every upmarket Shenzhen bar opened over the past year. Sitting below the lights, co-owner Terry Xie explains what makes E.T. Brewery special: craft beer, made by and for Chinese. (“I think we have a bit of an advantage, because we understand what people prefer better.”)

An early attempt at combining Chinese tastes with modern brewing is the MC&HNY

(RMB40), a 7-percent ABV stout that incorporates Chinese angelica, a parsley-family plant popular in wintertime Chinese medicine. The earthy, cinnamon sweet brew is intriguing, but difficult to imagine draining a full 400-milliliter pint of.

The La Jenness IPA (RMB40) runs along more traditional craft beer lines as an IPA that uses Australian Galaxy hops to create a bitter, fruity 6.5 percent ABV brew.

Service staff are Shenzhen University students who happily take drink orders in English, but are unlikely to engage in bar room banter.

A staircase flanked by black-piping handrails leads upstairs, where the industrial chic of brick walls and unpainted concrete continues. It’s a look that seems to have been adopted as the uniform of swanky brew pubs in southern China.

While E.T. Brewery might look similar up front, the kitchen offers a surprise with the Argentine steak (RMB118). We pause after taking the first bite into the perfectly peppered, medium-rare meat. It’s that good. But coming with only a side of grilled cucumbers, a carrot and a piece of broccoli, it shouldn’t be so expensive.

Music is the usual English-language top 40 bar room mix, with a few of Xie’s

personal favorites thrown in. He explains that each hour has a different playlist, depending on the mood they want patrons to be in – a level of foresight that bodes well for this up-and-coming establishment.

While E.T. Brewery might not have the refined vibe of Shenzhen’s more established tap room, it is home to a desire to try something new and the equipment to do it, making it a meaningful addition to Shenzhen’s growing suds scene.

**Price:** RMB100

**Who’s going:** craft beer drinkers, curious neighbors

**Good for:** a Chinese twist on craft beer

60 Haide San Dao, Nanshan District 南山区海德三道 60号 (0755 8622 2326)







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# 622 BEER WAREHOUSE

## Booze Buddies

By Sky Thomas Gidge

Down a quiet Jingtian side street, 622 Beer Warehouse sits between a pizza shop and a sushi joint – a good location, because the humble, wood-floored bar doesn't have a kitchen, instead welcoming patrons to order out.

Stocking 300 kinds of mostly bottled beer, according to owner Max Yiu's count, only a portion of the venue's collection sits in a brightly lit refrigerator, the rest lies on floor-to-ceiling shelving or boxed away in dusty corners. That means most of the beer is exposed to a changing room temperature, running the risk of eventually affecting taste, though we don't find that problem on our visit.

Instead, we discover a bar with a distinctly built-by-friends vibe, with Yiu's buddies sitting inside, passing cigarettes between each other and occasionally breaking into song. The casual attitude and lack of uniforms leaves us uncertain who is on the clock, but that doesn't seem to deter the smattering of customers that swing through.

"We don't care about how much money we make," Yiu says. "We care about being chill."

Her establishment has the chill part down, but 622 Beer Warehouse has bar-street prices. RMB50 gets a 500-milliliter draft of fruity Blanche De Bruxelles and RMB100 fetches

a full liter. This price scheme extends to the few beers on tap, including the citrusy, California-made Easy Jack IPA.

Offering a much wider selection are the bottled beers, with prices ranging from RMB30 to RMB80 and including some imports we haven't seen in Shenzhen before, like Sierra Nevada's Oktoberfest Fest (RMB40).

Despite the name, 622 Beer Warehouse has a decent whiskey selection that focuses on 12-year single malt scotch. Lacking a price list, you'll need to ask about the Isle of Skye made Taliska 57°, which costs RMB75 per glass.

With a logo designed by the owner and a chandelier using old booze bottles as lampshades, 622 Beer Warehouse captures an endearing DIY energy and is only a short taxi ride from central Shenzhen, making it worth a look for those curious about the latest bottle bar on the block – just don't expect bargain prices or a bumping party.

**Price:** RMB100

**Who's going:** Jingtian locals, import beer drinkers

**Good for:** bottled beer paired with any food you bring

1/F, Xinjingyuan Building 3, Shop 6B, Number 10 Road off of Shangbaodong Lu, Futian District 福田区商报东路10号路新景苑3栋6B商铺



# STELLA ARTOIS RECOMMENDS

## IDU Tang

By Ziyi Yuan, Photo by Mike Jordan



After lengthy renovations, this easy-going bar is back bringing a comprehensive selection of popular dishes and extraordinary live shows. If you stop by OCT Loft for a relaxing weekend or to catch a free exhibition, wander into IDU Tang for a bite of its signature Margherita thin-crust pizza (RMB55) or buttery rib eye steak (RMB188).

Stopping in after dinner? You're in luck: IDU Tang offers a wide variety of beverages to keep customers chatty all night. Standout virgin drinks include the fruit punch (RMB30), which arrives chilled and smelling of summer breeze. Stella Artois (RMB50 for a glass/RMB280 for a barrel) is also a refreshing and economical choice if you're out with a large group.

If you stay late enough – past 10pm, that is – settle in for a night of stellar live music and easy listening. Blues, jazz and folk groups regularly perform at the venue, which stays open long after many of the other OCT Loft locales have closed their doors for the night.

> Block F3, Mooka Space, Enping Lu, OCT-Loft, Nanshan District 南山区华侨城恩平街OCT文化创意园F3 (8610 6046)





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Dr. James Guo

Dr. David Chim

Dr. Yan Wang

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## TASTE WINE LIKE A PRO

### Cheers Wine Expert Angqian Explains Three Essential Steps

Established in 2010 by Swiss entrepreneur Claudia Masueger, whose family has been in the wine business for four generations, Cheers has a presence in 16 cities throughout China and is about to open its 62nd store nationwide. In the south, you can find Cheers in Chengdu, Shenzhen and Zhuhai.

#### Step 1: Look at the wines' appearance

Looking at the wine can give us some clues about its condition, color, age and even grape variety. To get the best look at a wine's color, tilt the glass at an angle of 45 degrees away from you, preferably against a plain background, a white tablecloth or a piece of white paper. In practice, this seeing stage should not take more than five seconds, because all the answers you can find are on the label (vintage, variety, alcohol and sugar), unless you are doing the tasting blind.

- Condition: the clarity of the wine will reveal if the wine has fault; almost all the wines we taste should be bright and clear. If the wine is hazy, it's usually suffering from some sort of malady and will not taste very pleasant.

- Age: as white wines age they tend to change colour towards more yellow and brown colours, increasing in overall pigment. Red wines tend to lose colour, becoming more transparent as time goes on.

- Alcohol and sugar: wine legs (streaks that form on the glass when a wine is swirled) can tell us if the wine has high or low alcohol and/or high or low sugar. The thicker and more viscous the legs, the more alcohol or residual sugar the wine has.

#### Step 2: Smell the wine

Aromas reveal a lot about wine, and an

experienced taster will be able to tell the grape variety, whether or not the wine was oak-aged, where the wine is from and how old the wine is. For people who are purely seeking pleasure from wine drinking, however, all you need to know is that wine aromas can be split into three categories:

- Varietal aromas or primary aromas: grape-derived, these include fruit-driven, herbal and floral notes. An example is lychee aroma for moscato grapes and green grass for sauvignon blanc.

- Aromas from wine making: come from wine-making practices. The most common aromas are yeast-derivative and are most easy to spot in white wines, like the buttery aromas from chardonnays which have been through oak fermentation.

- Aromas from ageing: these aromas are mostly savoury, such as roasted nuts, baking spice, vanilla, autumn leaves, old tobacco, cured leather or mushroom.

Key to smelling the wine is the act of swirling your wine glass, which brings more air in and allows the wine to breathe, encouraging less volatile aromas to come out. There are some common wine faults, which are mostly due to bad storage conditions, that can be discerned through scent:

- Corked: corked wine usually lacks fruit and charm on the palate; this masks the fresh, fruity aromas with an unpleasant damp cardboard or musty smell

- Oxidation: a dried cork or a long-opened bottle will allow air sneak in to the bottle and cause oxidation, which also masks the freshness of the wine and creates volatile acidity, like there's vinegar in your bottle.

#### Step 3: Taste the wine

Finally, you're allowed get some of the wine into your mouth! It's often said that tasting is an entirely subjective matter; the sweetness, acidity, tannins and certain aroma compounds differ according to our sensitivities.

- Sweetness: an indicator of how much sugar a wine contains. Wines range from 0 grams per liter residual sugar (g/l RS) to about 220g/l RS.

- Acidity: causes the mouth to water, and its presence makes wines taste vibrant and refreshing. It's present in all wines, although levels in white wines are generally higher than red. Certain varieties, such as riesling and sauvignon blanc, are typically high in acidity. Cool climates generally result higher levels of acidity than warm climates. Acidity is very important in sweet wines; too little acidity makes the wine sticky and cloying.

- Tannins: also noticeable in tea, these arise in wine from two places: the skins of grapes and oak aging. Every grape variety has a different inherent level of tannins, depending on its individual character. For example, pinot noir and gamay have inherently low-levels of tannins, whereas malbec and cabernet have very high levels.

- Body: sometimes described as mouth-feel, this is the sensation of richness, weight or viscosity, and is a combination of the effects of alcohol and tannins, sugars and flavor compounds extracted from the skins.

- Finish: how long the desirable flavors linger in the mouth after the wine has been swallowed or spat out. Usually described as either long or short.



Cheers is planning big things in the south for 2017, so expect to see more stores opening near you. For more information about the company, visit [www.cheers-wines.com](http://www.cheers-wines.com).



Cheers  
To  
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Keep your hands up all night

MUSIC FEATURING

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Live visual by VJ Qiu

Sat | Jan 28 | 10pm



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Tel: 0755-23481542/18312561306



## ● National Symphony Orchestra of Ukraine Concert



Formed by the Council of Ministers of Ukraine in 1918, the National Symphony Orchestra of Ukraine is considered one of the finest in Eastern Europe. This month, they will perform a dozen classic songs, including 'The Blue Danube.'

Thu-Fri Jan 5-6, 8pm; RMB100-800. Shenzhen Concert Hall, 2016 Fuzhong Yi Lu, Futian District 福田区福中一路 2016号 (8284 1888)

## ● Mercader Gig

B10



Chinese punk band Mercader, which borrows its namesake from Spanish assassin Ramón Mercader, won 'Best New Band' at the Chinese Music Awards in 2014. They will bring some of the raw energy that made them a hit with critics to welcome in the New Year at B10 Live.

Fri Jan 6, 8:30pm; RMB60 presale, RMB80 at the door. B10 Live, North Side of Building C2, North District, OCT-Loft, Wenchang Jie, Nanshan District 南山区华侨城创意文化园北区C2栋北侧 (8633 7602)

win!

We have two tickets to this concert to give away. Message our official WeChat account (Thats\_SZ) before Jan 3 with the subject 'Mercader' and why you should win. Please include your full name and contact number. WeChat feed: Thats\_SZ

## ● Meet by Chance Concert



Continuing Bao'an Stadium's musical smorgasbord, Hu Yanbin, a well-known singer-songwriter, will perform some of his original work. Born in 1983 and first recognized for his musical talent at the age of 13, Hu has built a Chinese pop music legacy with eight albums under his belt.

Sat Jan 7, 7:30pm; RMB380-1,280. Bao'an Stadium, 2112 Xinhua Lu, Bao'an District 宝安区新湖路2112号 (2786 9339)

## ● Phoenix Legend Concert



This Chinese band has become popular countrywide with its music that combines pop song form with classic Chinese folk music. Phoenix Legend's music has been widely adopted by public square dancers. Come and enjoy this eclectic mix of ancient and modern at this New Year's concert.

Sat Jan 7, 7:30pm; RMB280-1,580. Shenzhen Bay Sports Centre, 3001 Binhai Dadao (by Coastal City), Nanshan District 南山区滨海大道3001号 (8630 8840)



## ● Janice Vidal Concert



Cantopop singer Janice Vidal made a splash after her 2005 debut, when she wowed the Hong Kong music scene and bagged several prestigious awards. At her Shenzhen concert this month, she will be performing music from her newest album.

Sat Jan 7, 8pm; RMB280-680. Shenzhen Stadium, 2006 Sungang Xi Lu, Futian District 福田区笋岗西路2006号 (8324 0623)

## ● Joanna Wang Concert



Promoting her first album in six years, Joanna Wang is bringing her jazz-inspired originals to Shenzhen. Her stage shows are known for their excellent presentation and narrative storylines.

Sat Jan 14, TBC. Shenzhen Bay Sports Centre, 3001 Binhai Dadao (by Coastal City), Nanshan District 南山区滨海大道3001号 (8630 8840)

## ● Chris Garneau Gig

**B10**



This American singer-songwriter will perform music from his new album, which combines elements of folk, Americana and pop.

Sun Jan 15, 8pm; RMB120 presale, RMB180 at the door. B10 Live, North Side of Building C2, North District, OCT-Loft, Wenchang Jie, Nanshan District 南山区华侨城创意文化园北区C2栋北侧 (8633 7602)

**win!**

We have two tickets to this concert to give away. Message our official WeChat account (Thats\_SZ) before Jan 11 with the subject 'Chris Garneau' and why you should win. Please include your full name and contact number. WeChat feed: Thats\_SZ



## ● Reunion Dinner Buffet Buffet



To welcome the Chinese New Year, Open has introduced a reunion dinner buffet for families to be held on Chinese New Year's Eve. Come enjoy great food with a spectacular sea view.

Fri Jan 27, 6pm; RMB508 per person plus service fee and VAT. Open, Hilton Shenzhen Shekou Nanhai, 1177 Wanghai Lu, Nanshan District 南山区望海路1177号深圳蛇口希尔顿南海酒店全日餐厅 (2162 3013)



## ● Yellow Claw Gig



EDM lovers won't want to miss this amazing all-night show by Yellow Claw. This Amsterdam-based duo incorporates a wide range of genres in their music, ranging from trap to hip-hop.

Fri-Sat Jan 6-7, 9-11.30pm on Friday, midnight-3am on Saturday. RMB220 early bird, RMB320 presale, RMB380 at the door. Shekou Jiayzhi Factory, 8 Haiwan Lu, Nanshan District 南山区海湾路8号蛇口价值工厂

## ● Chinese New Year Special Offer Hotel Stay



Celebrate an unforgettable Chinese New Year at Kempinski Hotel Shenzhen, located beside the bustling Coastal City. Escape the winter blues with a 'staycation' of your own design.

Fri-Tue Jan 20-Feb 14; RMB888 for a room; RMB988 with one-night stay and a breakfast. Kempinski Hotel Shenzhen, Hai De San Dao, by Hou Hai Bin Lu, Nanshan District 南山区后海滨路海德三道 (8888 8888)



## ● APPortfolio House Collection Exhibition



This generation's contemporary art breaks rules and limitations by linking art and life. The Asian Youth Platform, APPortfolio promotes contemporary art in all its different forms through cross-border cooperation in catering, sports and other lifestyle fields. Works by Jeff Koons, Gary Baseman, Hikari Shimoda and Shepard Fairey will be shown during the exhibition.

Daily all month, 10am-8pm; RMB50 for enjoying all TOK's exhibitions. TOK 5, MH Mall, Guanlan, Longhua Xin District 龙华新区观澜湖艺工场五栋 (2802 0888)

## ● Views from Teochew & Swatow Exhibition



This exhibition takes an in-depth look at the history of the 'Teochew,' or Chaoshan area, historically one of the most dynamic areas of Guangdong. The area has produced some of China's top entrepreneurs, film directors and writers.

Tue-Sun all month, 10am-5pm; free. Yuezong History Museum, 1106 Honggang Bei Lu, Luohu District 罗湖区红岗北路1106号越众历史影像馆 (2293 9680)

## ● Tin Toy Exhibition



Fascinated with tin toys and trinkets? One of the world's top exhibitions of tin toys will be held in Shenzhen this January. The exhibition interprets these old childhood toys as artwork instead of playthings.

Daily all month, 11am-10pm; RMB50. TOK 5, MH Mall, Guanlan, Longhua Xin District 龙华新区观澜湖艺工场五栋 (2802 0888)

## ● Exhibition of Selected Works by He Xiangning Exhibition



Named after a revolutionary poet and painter, the He Xiangning Art Museum reopened in November 2016, displaying 39 pieces of Chinese artwork with a focus on the traditional.

Daily all month, 9:30am-5pm; free. He Xiangning Art Museum, 9013 Shennan Da Dao Futian District 福田区深南大道9013号 (2660 4540)

## ● Art Reconstructs Life Exhibition



The 1618 Gallery is putting on an exhibition looking at how creative art and design connects with day-to-day life. The up-and-coming gallery hopes to encourage visitors to look at the connection between art and normal life.

Daily all month, 3-6pm; free. 1618 Gallery, 1/F, Baby City, Houhai Zhongxin Lu, Nanshan District 南山区后海中心路baby city一楼1618艺术空间 (8386 1618)

## ● The Top Japanese Artist Collection Exhibition



Work from some of the top names in Japanese modern art will be on display at the swanky B.Park location near OCT Creative Park. Work by Murakami Takashi, Nara Yoshitomo and Araki Nobuyoshi will be displayed.

Daily all month, 10am-8pm; RMB30. B.Park Art, No. 101, B Block, North Side, OCT-Loft, Nanshan District 南山区华侨城文化创意园北区B1栋101 (2641 9016)

## ● Shenzhen Metro Art Museum Exhibition Series



The Shenzhen Metro system has become an integral part of city life, serving millions of passengers and shaping the way we experience this city. Displays will be set up at three stations, all looking at the Shenzhen Metro and its evolving role in this dynamic city.

Daily all month, 7am-10:30pm; free. Shangmeilin Station; Huaqiang Nan Station; Huaxin Station; Taoyuan Cun Station.



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## JANUARY 8-17 SUN-TUE



**The Invincible by Jay Chou**, 8.15pm; HKD480-1,080. Hong Kong Coliseum (pklive.com)

Jay Chou, a well-known Taiwanese musician, singer, song-writer and record producer, is a legend on the Chinese mainland and in Asian communities around the world. In 2003, Chou was featured in *Time* magazine Asia's cover story and dubbed the 'New King of Asian Pop.' He will present both hit singles and new tracks at his Hong Kong concert.

## JANUARY 11-15 WED-SUN

**KidsFest 2017 Gruffalos, Ladybirds and Other Beasts, various times**; HKD335-435. The Hong Kong Academy for Performing Arts, Drama Theatre (www.hkticketing.com)

Britain's best-selling author Julia Donaldson comes to Hong Kong to act out her stories and songs with a cast of five, including her guitar-playing husband. Bring the kids to this family friendly event.

## JANUARY 13-15 FRI-SUN

**KidsFest 2017 The First Hippo On The Moon, various times**; HKD195-435. The Hong Kong Academy for Performing Arts, Drama Theater (www.hkticketing.com)

From number one best-selling children's author David Walliams comes an explosively funny space adventure for children aged three and up. The creative team has worked on hit shows such as Dr. Seuss' *The Lorax*, *Elephantom*, *War Horse* and Raymond Briggs' *The Bear*.

## JANUARY 14 SAT



**Bryan Adams Get Up Tour 2017 Hong Kong**, 8pm; HKD480-980. AsiaWorld-Expo-Hall 10 (www.hkticketing.com) Canadian multi-platinum selling recording artist Bryan Adams is set to hit Hong Kong again this month. Sing along to his hit singles like 'Everything I Do I Do It for You,' 'Summer of 69' and 'Open Road.'

## JANUARY 20 FRI



**Metallica WorldWired Tour Live in Hong Kong 2017**, 8pm; HKD780-1,280. AsiaWorld-Expo-Arena (www.hkticketing.com)

Having sold 110 million albums worldwide while playing to millions of fans on all seven continents, Metallica will bring their eleventh studio album *Hardwired... To Self-Destruct* to fans in Hong Kong this month.

## JANUARY 21 SAT

**FTISLAND Live**, 8pm; HKD480-1,380. AsiaWorld-Expo-Hall 10 (www.hkticketing.com)

FTISLAND is a five-member Korean band that debuted in June 2007 and rose rapidly to fame in Korea. Now, they are hit-ting Hong Kong with their latest album, *Where's the Truth*. After nine years of honing their stage performances, fans can expect FTISLAND to put on a sophisticated showing.

## JANUARY 21-22 SAT-SUN



**Big Bang The Concert: '0.TO.10' Final in Hong Kong**, 6pm; HKD688-2,188. Kai Tak Cruise Terminal (pklive.com)

This month, Big Bang – one of the giants in the Korean boy band scene – is putting on a 0.TO.10 show in Hong Kong as part of its series of 10th anniversary celebrations. See them own the stage this month while they perform new songs from *Made*, their latest album.

HK

## JANUARY 7 SAT



**Rene Liu (Renext) World Tour**, 8pm; MOP380-MOP1,280. Cotai Arena, The Venetian Macau (www.macaoticket.com)

A popular Taiwanese singer and actress, Rene Liu has received overwhelming praise from around the world with her sold-out concerts in New York, Los Angeles, Beijing and Hong Kong. The theme of her next tour is 'I Dare.' Through her powerful onstage performance, she will demonstrate to her fans the importance of taking initiative.

## JANUARY 13-15 FRI-SUN



**Hong Kong Ballet – The Nutcracker**, 3pm/7:30pm; MOP150-300. Macau Cultural Center (www.macaoticket.com)

This classic ballet show is an all-time favorite among families and dance lovers. It will immerse the audience in a world ruled by a mischievous army of rats and toy soldiers mingling with other magical creatures. Young Australian choreographer Terence Khole joins hands with the Hong Kong Ballet, one of Asia's best classical dance companies, to create Khole's reinterpretation of this classic piece.

## JANUARY 13-22 ALL WEEK



**16th Macau City Fringe**, MOP50/MOP100 (www.macaocityfringe.gov.mo)

Featuring artistic performances and artwork, this event allows artists to submit and share their creations with the public. Visitors can also join in a number of activities and workshops to better nurture their interest in different artistic fields.

MO

## JANUARY 15 SUN

**Got7 Macau Fan Meeting**, 11am-1pm; MOP580-1,580. Event Center, Studio City (www.studiocity-macau.com) A famous Korean boy band is going to Macau to meet their fans for the very first time. Their latest single 'Hard Carry' was a massive hit around Asia. This sensational group has earned love and support since their debut with their good looks, unique musical talent and dance moves.

## JANUARY 24-FEBRUARY 5 TUE-SUN



**Riverdance**, 2pm/6pm/8pm; MOP288-888. The Venetian Macau (www.venetianmacao.com) A theatrical show of traditional Irish dance and music, the renowned *Riverdance* has been a global sensation for 21 years. Winning a Grammy and selling more than 10 million copies, *Riverdance* has attracted celebrities like Madonna, Lady Gaga and the Beckhams, as well as 114 heads of state. Buy your tickets now to see the 'face of Irish dancing' while there's still a small number left.

**win!**

We have 4 pairs of tickets to this show to give away! Message our official WeChat account (**Thats\_PRD**) before January 20 with the subject 'Riverdance' and why you should win. Please include your full name and contact number.

## JANUARY 31-FEBRUARY 14 ALL WEEK

**An Amazing Snow in Asia**, 11am-10pm; MOP120-990. Cotai Expo Hall E, The Venetian Macao (www.venetian-macau.com)

Backed by technology and an experienced team from Europe, this event boasts the application of real snow in a venue consisting of a snow garden, cross-country ski course, tube slide, snow carnival games, virtual reality center and other alluring activities. Happening during the Chinese New Year holiday, the event will make a perfect outing for the whole family.

# HOTEL NEWS

## Hilton Shenzhen Shekou Nanhai Christmas Lighting Ceremony Recap

The Hilton Shenzhen Shekou Nanhai held a Christmas lighting ceremony on December 2, in the presence of hotel and corporate VIP guests, students and teachers from QSI International School and local media. A Christmas tree surrounded by toys was placed in the center of the hotel lobby, with an ocean view in



the background. The hotel provided the guests with an assortment of traditional Christmas beverages and seasonal delicacies. The ceremony began with a Christmas choir from QSI International School, bringing warm and cheerful melodies full of Christmas spirit. The director of food and beverage, Martin Kleinfeld, gave a warm welcome to every guest, saying: "It is the third Christmas lighting ceremony that Hilton Shenzhen Shekou Nanhai has held. We really appreciate the continuous support everyone has given us. 2016 was a year full of changes, not only was the Shekou Cruise Center officially put into use, but also the Eden Garden re-launched."



## Hilton Shenzhen Futian Lan Ting Chinese Restaurant and Mr. Wong Bar & Lounge Grand Opening

Hilton Shenzhen Futian Lan Ting Chinese Restaurant and the Mr. Wong Bar opened on December 9. Both are located on floor 23, the top floor of the hotel and enjoy a superb view of Shennan Road. The Lan Ting provides refined authentic Sichuan cuisine and guests can experience brilliant presentation and overall culinary excellence while being immersed in the spectacular city view. Traditional and refined gourmet meals paired with carefully selected Chinese tea continue to excite food connoisseurs. Lan Ting also features beautiful private dining rooms, great for both business entertainment and special celebrations. The Mr. Wong Bar incorporates jazz elements to create a striking ambiance, both visual and auditory, and has a vibrant backdrop for happening parties in town. Sit back with a glass of wine or a whiskey amidst the spectacular city views and immerse yourself in the sounds of jazz music.

## Shenzhen Marriott Hotel Nanshan One Year On, Going Strong

December 2 marks the first anniversary of Shenzhen Marriott Hotel Nanshan, which earned the No. 1 ranking on tripadvisor.com for Shenzhen. The hotel has gained its reputation through guest satisfaction expressed on social media and through hospitality industry awards. Fantastic word-of-mouth reviews have also led to hotel revenue breaking 1 billion within only 11 months of operation. As a part of a series of celebrations, the hotel held a gym party offering free Zumba dance lessons. The easy-to-follow dance moves make Zumba a blast for even the most casual of dancers. With a detail-oriented focus, the Shenzhen Marriott Hotel Nanshan guarantees guests an experience worthy of the Marriott name.



## Four Seasons Hotel Shenzhen Unveils Its First Art Exhibition

Internationally renowned artist David Gerstein features in the Four Seasons Hotel Shenzhen art gallery's series of exhibitions. Gerstein's unique wall installations, or 'multi-layered paintings,' will be available to view and purchase until January 7 between 9.30am and 9.30pm daily at the first-floor gallery. Born in 1944 in Jerusalem, Israel, Gerstein's family moved to Tel Aviv when he was four years old. His schooling later included five years in Paris, New York and London before settling in Jerusalem to teach in the Besalel Art School. Between 1970 and 1980, he began to experiment with painting in combination with sculpting aluminum, allowing him to create multi-layered paintings.



# LISTINGS



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## RESTAURANT AMERICAN

**Element Fresh** 1/F, Zone B, Sea World, Shekou, Nanshan District (2681 4848)  
南山区蛇口海上世界广场B区1层

**Frankie's Bar & Grille** 33-34, Guihua Yuan Garden, Fenghuang Dao, by Guihua Lu (8257 2376)  
福田区桂花路凤凰道桂花苑花园3栋一层33-34号铺

**The Kitchen Futian** COCO Park, 138 Mintian Lu, by Fuhua Yi Lu (2531 3860) 福田区 民田路138号购物公园酒吧街

## BUFFET

**Café Chinois** JW Marriott Hotel, 6005 Shennan Dadao, Futian District (2269 8230)  
万象西餐厅, 福田区深南大道6005号金茂深圳JW 万豪酒店

**Café Pavilion** 1/F, The Pavilion, 4002 Huaqiang Bei Lu, Futian District  
廷韵咖啡厅, 福田区华强北路4002号圣廷苑酒店1楼廷韵咖啡厅

**Café Zen** 1/F, Futian Shangri-La, Shenzhen, 4088 Yitian Lu, Futian District (8828 4088)  
鲜 Café 福田区深圳福田香格里拉大酒店一楼

**Café Zentro** 1/F, The Venice Hotel Shenzhen, 9026 Shennan Dadao, Overseas Chinese Town, Nanshan District (2693 6888 ext. 8117, cafezentro@szvenicehotel.com)  
南山区华侨城深南大道9026号深圳威尼斯酒店1楼

**Coffee Shop** 1/F, Grand Mercure Oriental Ginza Hotel, Zhuzilin, Shennan Dadao, Futian District (8350 0888 ext. 88605)  
Coffee Shop 西餐厅, 福田区深南大道竹子林东方银座美爵酒店1楼西餐厅

**Flavorz** 2/F, The Ritz-Carlton, Shenzhen, 116 Fuhua San Lu, Futian District (2222 2222) 全日餐厅, 福田区福华三路116号深圳丽思卡尔顿酒店2楼

**Foo** 6/F, Four Seasons Hotel Shenzhen, 138 Fuhua San Lu, Futian District (8826 8700)  
馥餐厅, 深圳四季酒店 深圳市福田区福华三路138号6楼

**Fusion Café** 1/F, The Pavilion Century Tower,

4014 Huaqiang Bei Lu, Futian District  
菲苑咖啡厅, 福田区华强北路4014号圣廷苑酒店世纪楼一楼菲苑咖啡厅

**Grand Kitchen** 3/F Wyndham Grand Shenzhen Hotel, 2009Cartian Road, Futian District Shenzhen, Guangdong(8299 8888)  
趣味自助餐厅 福田区彩田路2009号3楼

**Mercado** InterContinental Shenzhen, OCT, 9009 Shennan Dadao, Nanshan District  
广场咖啡厅, 深南大道9009号华侨城深圳华侨城洲际大酒店

**Q Café Restaurant & Bar** G/F, 999 Royal Suites & Towers, 1003 Shennan Dong Lu, Luohu District (2513 0999 ext. 33703)  
Q咖啡, 罗湖区深南东路1003号丹枫白露酒店首层

**Seasons** 2/F, Kempinski Hotel Shenzhen, Haide San Dao, Houhaibin Lu, Nanshan District (8888 8888)  
四季西餐厅, 南山区后海滨路海德三道凯宾斯基酒店2楼

**Shenzhen Kitchen JW Marriott Hotel**  
**Shenzhen Bao'an** No 8 Baoxing Lu, Bao'an District (2323 8888)  
宝安区宝兴路8号

**Silk** 2/F, The Langham, Shenzhen, 7888 Shennan Dadao, Futian District (8828 9888)  
福田区深南大道7888号深圳朗廷酒店2楼

**Social** 96/F, St. Regis Shenzhen, 5016 Shennan Dong Lu, Luohu District (8308 8888 ext.1832)  
秀餐厅 深圳瑞吉酒店罗湖区深南东路5016号

**The Show Kitchen** 32/F, Grand Hyatt Shenzhen, 1881 Baoan Nan Lu, Luohu District (2218 7338)  
东厨, 罗湖区宝安南路1881号 深圳君悦酒店32楼

## CAFE

**Deli Leisure** 1)Shang Mei Lin Station, Injoy shopping mall,L1 10-11shop; 2)Wong Tee Plaza,L1 5-6shop,Futian. (82527135)  
1) 深圳市福田区上梅林中康路卓悦二期卓悦汇 L1层10-11铺; 2) 深圳市福田区福华路三路118号皇庭广场L1层5-6号铺

**Wagas** 1) No. 1881 South Baoan Lu, Room 103; 2) No.1 Zhonghang Lu, L2 Unite51-55  
1) 罗湖区宝安南路1881号万象城内欧百货1楼103室; 2) 福田区中航路1号华强北九方购物中心L251-L255单元

**Café Marco** 1/F, Marco Polo Hotel, Fuhua Yi Lu, Futian District (8298 9888 ext. 8358)  
马高, 福田中心区马哥孛罗酒店1楼

**The Drawing Room** 96/F, St. Regis Shenzhen, 5016 Shennan Dong Lu, Luohu District (8308 8888 ext.1468)  
闲逸廊 深圳瑞吉酒店罗湖区深南东路5016号96层

**Emily's Cafe** Shop 1, Phase 2, Peninsula City, Shekou, Nanshan District (2689 3469)  
南山区蛇口半岛城邦二期1号商铺

**Fix Deli** 1/F, The Ritz-Carlton, Shenzhen, 116 Fuhua San Lu, Futian District (2222 2222)  
Fix 美食屋, 福田区福华三路116号深圳丽思卡尔顿酒店1楼

**Baekerei Thomas** 1) 112, 1F, Nanshan Haoting, 136 Honghua Lu, by Nanxin Lu; (8660 3247) 2)Shekou Seaworld Shop B123 (directly beside the Tower)  
1) 南山区红花路136号南山豪庭112号商铺2) 海上世界B123铺海上世界B123铺

**Lab** 研 Qiao Bei Yi Jie, Rubber Tree Creative Park 120 shop, Nanshan (26910120)  
南山区侨北一街, 橡皮树创意园120铺

**La Piazza** 1/F, The Venice Hotel Shenzhen, 9026 Shennan Dadao, Overseas Chinese Town, Nanshan District (2693 6888 ext. 8113)  
南山区华侨城深南大道9026号威尼斯酒店大堂

**Lobby Lounge** 1/F, Futian Shangri-La, Shenzhen, 4088 Yitian Lu, Futian District (8828 4088)  
大堂酒廊, 福田区深圳福田香格里拉大酒店一楼

**The Lounge** 33/F, Grand Hyatt Shenzhen, 1881 Bao'an Nan Lu, Luohu District (8266 1234)  
旅行者, 罗湖区宝安南路1881号深圳君悦酒店33楼

**The Lounge** JW Marriott Hotel, 6005 Shennan Dadao, Futian District (2269 8220)  
福田区深南大道6005号金茂深圳JW万豪酒店

**that's Old Heaven Books** Shop 120, Bldg A5, Phase II, OCT-Loft, Nanshan District (8614 8090)  
旧天堂书店 南山区华侨城华侨城创意文化园北区A5栋120铺

**Onyx Lounge** 1/F, The Ritz-Carlton, Shenzhen, 116 Fuhua San Lu, Futian District (2222 2222)  
Onyx 大堂酒廊, 福田区福华三路116号深圳丽思卡尔顿酒店1楼

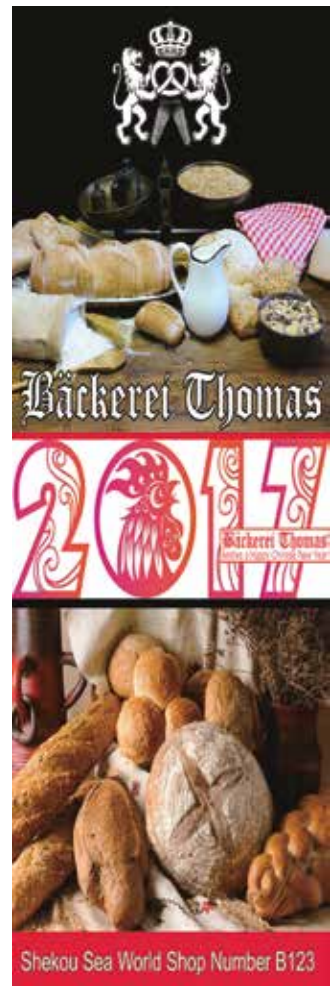
**Palm Court** The Langham, Shenzhen, 7888 Shennan Dadao, Futian District (8828 9888) 福田区深南大道7888号深圳朗廷酒店

**Seasonal Tastes** 1/F, The Westin Shenzhen, 9028-2 Shennan Dadao, Nanshan District (8634 8411, www.westin.com/shenzhen)  
知味全日餐厅, 南山区深南大道9028-2号深圳威斯汀酒店1楼

## FRENCH

**L'etoile** Building A 302-303, Ecological PLAZA, OCT,Nanshan District (81668111)  
南山区华侨城生态广场A栋302-303

**Comme Chez Vous** Excellence century center, Building 3, A3302, Fu Hua 5 Lu, Futian District (8837 7998)



## GERMAN

**that's Bierhaus** No. 117, Sea World Plaza, Taizi Lu, Shekou, Nanshan District (2669 9591) 德瑞坊啤酒餐厅, 南山区蛇口太子路海上世界广场117号

**that's Haxnbauer** L1C-055B, 1/F, Coco Park, Fuhua San Lu, Futian District (8359 2080)  
福田区福华三路购物公园1楼C-055B店

**that? Lowenburg Deck** 5-7, Minghua Cruise, Shekou, Shekou, Nanshan District (2689 2668)  
南山区蛇口太子路明华轮5-7层

**that? Paulaner Brauhaus** C-005, Huanchuan Square, Sea World, Shekou, Nanshan District (2668 7230) 南山区蛇口海上世界环船广场C-005

## ITALIAN

**Baia** B301, Sea World, 8 Wanghai Lu, Shekou, Nanshan District (2681 8836)  
南山区蛇口望海路8号海上世界船尾广场B301

**Azzurro** Shop 133, Block B, Coco Park, Fuhua Lu, by Yitian Lu, Futian District (8316 7994) 福田区福华路购物公园B区133号

**Blue** 3/F, Venice Hotel Shenzhen, 9026 Shennan Dadao, Overseas Chinese Town, Nanshan District (2693 6888) 南山区华侨城深南大道9026号深圳威尼斯酒店3楼

**Elba** 99/F, St. Regis Shenzhen, 5016 Shennan Dong Lu, Luohu District (8308 8888) 歌尔巴, 罗湖区深南东路 5016 号深圳瑞吉酒店 99

**La Terrazza** 1/F, Grand Hyatt Shenzhen, 1881 Baonan Nan Lu, Luohu District (2218 7338)  
罗湖区宝安南路 1881 号深圳君悦酒店 1 层

**Oggi Trattoria Pizzeria** No.3-14, Golden Century Road, Complex of Coastal Rose Garden III, Shekou Harbor, Nanshan District (2689 0118)  
南山区蛇口南海玫瑰园三期(金世纪路3-14号)

**Paleto Italian Restaurant** 2/F, The Ritz-Carlton, Shenzhen, 116 Fuhua San Lu, Futian District (2222 2222)  
福田区福华三路 116 号深圳丽思卡尔顿酒店 2 楼

**Mediterranean Sun** L226-L227 Centurial Zhuoyue Bldg, crossing of haitian and Fuhua Lu, Futian District (2531 3842)  
福田区福华三路与海田路交叉路口卓越世纪中心 4 号楼二楼 L226,227 号铺

**Prego** 3/F, Crowne Plaza Hotel & Suites Landmark Shenzhen, 3018 Nanhua Lu, Luohu District (82172288) 罗湖区南湖路 3018 号深圳冠寓皇冠假日套房酒店 3 楼

## Vietnamese

**pho nam** 1) Shop B26C, Link City Passage (near Coco Park), Futian District; 2) B1 floor, B1-04, Zhuoyue Plaza, Shangmeilin, Futian District

越南小, 1) 福田区连城新天地 B26C 商舖 (8255 7048); 2) 福田区上梅林卓悦汇 B1 楼 B1-04,

**La vie** A2-39, Poly Cultural Plaza, Houhai, Nanshan District  
越南记, 南山区后海保利文化广场 A2-39 (8628 7826)

**Muine** No. 219, 2/F, Garden City, 1086 Nanhai Dadao, Nanshan District (2681 7828); Shop 203, L2/F, Coco Park, Fuhua San Lu, Futian District (8693 7310)  
美奈小馆, 南山区南海大道 1086 号花园城中心第 2 楼 219 号铺(蛇口沃尔玛对面); 福田区福华三路 Coco Park L2-203

## LATIN AMERICAN

**Latina** 001-C004, Zone C, Sea World Plaza, Shekou, Nanshan District (2667 7697) 南山区蛇口海上世界广场C区001-C004

**Tequila Coyote Cantina** Shop 113, Sea World, Shekou, Nanshan District. (2683 6446); 2) No. 152, Coco Park, 138 Fuhua Lu, Futian District (8295 3332)  
仙人掌餐厅 1) 南山区蛇口海上世界商舖 113 号; 2) 福田区福华路 138 号购物公园 152 号

## OTHER WESTERN

**Grange Grill** 25/F, The Westin Shenzhen Nanshan, 9028-2 Shennan Dadao, Nanshan District (8634 8431)  
威斯汀扒房, 南山区深南大道9028号-2深圳益田威斯汀酒店25层

**The Grill** 2/F, Hilton Shenzhen Shekou Nanshan, 1177 Wanghai Lu, Shekou, Nanshan District (2162 8888)  
南山区望海路 1177 号蛇口希尔顿南海酒店 2 楼

**The Grill & Bar** 2/F, Four Points by Sheraton Shenzhen, 5 Guihua Lu, Futian Free Trade Zone, Futian District (8358 8662)  
扒房+酒吧, 福田区保税港区桂花路 5 号深圳福朋喜来登酒店 2 楼

**The Lounge** 33/F, Grand Hyatt Shenzhen, 1881 Baonan Nan Lu, Luohu District (2218 7338)  
罗湖区宝安南路 1881 号深圳君悦酒店 33 层

**that? McCawley's Irish Bar & Restaurant** Shop 118, Sea World, Shekou, Nanshan District (2668 4496)  
麦考利爱尔兰酒吧, 南山区蛇口海上世界广场 118 号

**Future One** No.6, Lanying Fang, 3/F, Oct Harbour, No. 8 Baishi Dong Lu, Nanshan District (400 9939 911) 南山区白石路东8号欢乐海岸购物中心3楼蓝橙坊6号

**Shark** 1) Shopping Park B, Mintian Lu, Futian District (8203 1999) 2) West of Bar Street, Sea World Square, Shekou, Nanshan District (2602 9569) 鲨鱼餐吧 1) 福田区民田路购物公园B区一楼2) 南山区蛇口海上世界西侧国际酒吧街

**B.Park** No. 101, B Block, North Side, OCT-Loft, Nanshan District (2641 9016) 南山区华侨城文化创意园北区B1栋101

## PIZZA

**Pizza Express** Shop 568, 5/F, the MixC, 1881 Baonan Nan Lu, Luohu District (2215 9036) 罗湖区宝安南路1881号万象城5楼

**Azzurro** Shop 133, Block B, Coco Park, Fuhua Lu, by Yitian Lu, Futian District (8316 7994) 福田区福华路购物公园B区133号

## SOUTHEASTERN



**pho nam** 1) Shop B26C, Link City Passage (near Coco Park), Futian District; 2) B1 floor, B1-04, Zhuoyue Plaza, Shangmeilin, Futian District

越南小, 1) 福田区连城新天地 B26C 商舖 (8255 7048); 2) 福田区上梅林卓悦汇 B1 楼 B1-04

**Muine** 1)B139 and B139-2, B1/F, Jiufang Shopping Mall, Shennan Zhong Lu, Futian District (2681 7828); 2)COCO Park Shopping Mall L2-203 (82712527) 1) 福田区深南中路华强北九方购物中心B1层B139&B139-2; 2) 福华三路COCOParkL2-203

## NIGHTLIFE

### LUOHU

**Champs Bar & Grill** 2/F, Shangri-La Shenzhen, Luohu Dist. (8396 1366)  
罗湖区香格里拉大酒店 2 楼

**Decanter** 100/F, St. Regis Shenzhen, No.5016 Shennan Dong Lu, Luohu District (8308 8888-1459/1455)  
品酒阁 深圳瑞吉酒店罗湖区深南东路5016号 100层

**Face Club** 4/F, MixC Mall Phase II, No.1881 Baonan Nan Lu, Luohu District (8266 6699)  
罗湖区宝安南路 1881 号万象城第二期卡地业楼 4 楼

**Malt** 100/F, St. Regis Shenzhen, No.5016 Shennan Dong Lu, Luohu District (8308 8888-1459/1455) 天吧, 深圳瑞吉酒店罗湖区深南东路5016号100层

**The Penthouse** 38/F, Grand Hyatt Shenzhen, 1881 Baonan Nan Lu, Luohu District (2218 7338) 罗湖区宝安南路1881号深圳君悦

酒店38层

**The St. Regis Bar** 96/F, St. Regis Shenzhen, No.5016 Shennan Dong Lu, Luohu District (8308 8888-1468)  
瑞吉吧 深圳瑞吉酒店罗湖区深南东路 5016 号 96 层深圳瑞吉酒店罗湖区深南东路 5016 号 99 层

## FUTIAN

**that? Club Viva** No. 140, Fuhua Lu, CoCo Park, Futian District (137 9825 6176)  
福田区福华路城建购物公园 140 号

**Curv Bar** 1/F, The Ritz-Carlton, Shenzhen, 116 Fuhua San Road, Futian District (2222 2222)  
福田区福华三路 116 号深圳丽思卡尔顿酒店 1 楼

**Duke's** The Langham, Shenzhen, No. 7888, Shennan Dadao, Futian District (8828 9888) 福田区深南大道7888号深圳朗廷酒店

**Evening Show** 4-5/F, Building 2, Huanggang Business Center, Fuhua San Lu, Futian District (8270 8888; 8278 3999;137 2435 3542).  
福田区福华三路卓越世纪中心 2 号楼裙楼 4-5 层

**Frankie's** No.33-34, Building 3, Gui Hua-yuan Garden, Fenghuang Dao, Guihua Lu, Futian Free Trade Zone (8271 9220)  
福田保税区桂花路凤凰道桂花苑花园 3 栋一层 33-34 号铺

**that? La Casa** No.139 Coco Park, Fuhua Lu, Futian District (8290 3279)  
悦坊 福田区福华路城建购物公园 139 号

**Lavo Bistro & Lounge** 1M/F, Room 1B, Tower 3, Kerry Plaza, No.1, Zhongxin Si Lu, Futian District (8899 9676; 8255 7462)  
福田区中心四路一号嘉里建设广场 1B 楼 1M 层 1B 室

**Dazzle Club** 3/F, Central Commercial Building, No.88 Fuhua 1st Road, Futian District (2348 1542) 福田区民田路中心商务大厦 3 楼

**McCawley's Irish Bar** Shop 151-152, Coco Park, Futian District. (2531 3599)  
福田区购物公园 151-152

**Pepper Club**, 2/F, Shopping Park, Fuhua Lu, Futian District (8319 9040).  
福田区福华路购物公园 2 楼

**Xpats Bar & Lounge** FL1016 & FL1017 (next to NYPD), East Side Walk, Central Walk Shopping Mall, Fuhua Lu, Futian District (8280 1352) 福田区福华路中心城东门 1016-1017 铺

**Yi Bar & Lounge** 6/F, Four Seasons Hotel Shenzhen, 138 Fuhua San Lu, Futian District (8826 8900) 逸廊吧 深圳四季酒店6楼, 福田区福华三路138号

## NANSHAN

**that? CJW OCT BAY** No.15 Qushui Bay, OCT BAY, No.8 Baishi Lu, Nanshan District (8639 5266) 欢乐海岸CJW南山区白石路东8号欢乐海岸曲水湾15栋

**that? Club Viva** International Bar Street, West of Seaworld Square, Shekou, Nanshan District. (2669 7365) 南山区海上世界广场西侧国际酒吧街



**The George & Dragon** The quintessential British pub; good draft beers, ales, stout, cider, hearty pub food with BBQ's, screening non-stop sports, secluded beer garden. Your home away from home. www.george-dragon.com. Email: manager@george-dragon.com

**George & Dragon British Pub** Shop No.3, Back of Taizi Hotel, Taizi Lu, Seaworld Plaza, Shekou, Nanshan District (2669 8564). 南山区蛇口海上世界太子路太子宾馆一号楼后排3号商舖

**Eden Garden Rooftop Bar** 16/F, Hilton Shenzhen Shekou Nanshan, 1177 Wanghai Lu, Nanshan District  
伊甸园屋顶酒吧, 南山区望海路1177号蛇口希尔顿南海酒店16楼

**that? McCawley's Irish Bar** Shop 118, Sea World, Shekou, Nanshan District (2668 4496) 南山区蛇口海上世界广场118号

**Penny Black Jazz Cafe** Shop 134, Building A5, OCT Loft Phase II, Overseas Chinese Town, Nanshan District (8609 8585)  
黑邮爵士咖啡, 南山区华侨城创意文化园北区 A5 栋 134

**RMK (Rumaku)** No.4 B-10 Shenzhen Software Industry Base, Haitianyi Lu, Nanshan (137 5113 1489)  
南山区海天一路深圳软件产业基地4栋B座裙楼10号

**The Tavern Sports Bar** 3/F, Sea World, Shekou, Nanshan District (2669 1939, www.tavernchina.com)  
南山区蛇口海上世界广场B区306

**that? The Terrace** Above Starbucks, Seaworld Plaza, Shekou, Nanshan District (2682 9105)  
南山区蛇口海上世界广场 2 楼星巴克楼上

**X-TA-SEA** 1/F, Cruise Inn, Sea World, Shekou, Nanshan District (2686 7649)  
南山区蛇口海上世界太子路明华轮酒店 1 楼

## HEALTH DENTAL

**Viva Dental** L2/F, Galaxy Center Shopping Mall, No.5, Zhongxin Lu, Futian District (2361 8563;2361 8565) 福田区中心五路星河发展中心购物广场L2层

**Dental Bauhinia** 9/F,Block B,Shenzhen International Chamber of Commerce Tower,138 Fuhua Yi Lu,Futian District,(8371 1696, 8371 7186) http://www.dental-bauhinia.com 紫荆牙科 福田区福华一路138号国际商会大厦B座9层

**Victoria Dental** Room 1510, Tower 3A, Excellence Century Center, Fu Hua San Lu, Futian District (8837 3300) 维港牙科, 福田区福华三路卓越世纪中心3号楼 A座1510室

## INTERNATIONAL MEDICAL

**C-MER (Shenzhen) Dennis Lam Eye Hospital** 1-2/F, Shengtang Bldg, 1 Tairan Jiu Lu, Chegongmiao, Futian District (4001 666 120, 3322 7188) 福田区车公庙泰然九路一号盛唐大厦1-2层

**Distinct Clinic** 1) Shenkou Medical Center, Room 5B, 5th Floor, Tower A, Wanrong Building, Gongye Si Lu, Nanshan District (8666 4776) 2) Diwang Medical Center, G4 (N), Office Tower, Diwang Commercial Center, No.5002 Shenzhen Dong Lu, Luohu District (2220 1852) 3) Exhibition Center Clinic, Room 0219-0220, Int'l Chamber of Commerce, 168 Fuhua San Lu, Futian District (8347 9801) 4) Coastal City Clinic, Room 1012, Coastal City West Tower, Haide Sandao, Nanshan District (2167 7955) 5) Well Child Center, Room 5A, 5th Floor, Tower A, Wanrong Building, Gongye Si Lu, Nanshan District (26816760) 6) Specialty & Surgical Center, Room 5C, 5th Floor, Tower A, Wanrong Building, Gongye Si Lu, Nanshan District (2682 8205) 1) 南山区工业西路方融大厦A座5层5B室 2) 罗湖区深南东路5002号地王商业中心商业大楼北翼G4层 3) 福田区福华三路168号国际商会中心裙楼0219 4) 南山区海德三道海岸城西座写字楼1012室 5) 南山区工业西路方融大厦A座5层5A室 6) 南山区工业西路方融大厦A座5层5C室

**HarmoniCare Women & Children's Hospital** 12018 Shennan Dadao, by Nanshan Dadao (3339 1333) 深圳和美妇儿专科医院 南山区深南大道12018号

**Far-east Women & Children's Hospital** 5/F, No. 2097, Shen Nan Dong Lu, Luo Hu District (8261 3384) 深圳市罗湖区深南东路2097号五楼http://en.woman91.com/

**Shenzhen Women & the Children's hospital** 12018 Shennan Dadao, Nanshan District. (3391 9122) 南山区深南大道12018号

**Raffles Medical Shenzhen Clinic** No.6 Nanhai Avenue, Industry Mansion (East Annex), Shekou, Nanshan District. (26693667)  
环宇一家综合门诊部, 蛇口南海大道 6 号工业大厦

## HAXNBAUER Introduces Winter Menu



This winter, Haxnbauer is introducing dozens of new dishes, with traditional German oven-baked duck and Bavarian snail-bratwurst being two of the highlights. There will also be vegetarian options, like boiled Hokkaido pumpkin cubes with carrots and potatoes served in a creamy white sauce, topped with roasted pumpkin seeds and tossed with pumpkin seed oil.

LLC-055B, 1/F, Coco Park, Fuhua San Lu, Futian District 福田区福华三路星河Coco Park一楼  
LLC-055B (8359 2080)

## BÄCKEREI THOMAS Chinese New Year Special Desserts



Chinese New Year is approaching and to celebrate Bäckerei Thomas is introducing a series of special desserts. These once-a-year treats will be the highlight of your festival.

112, 1F, Nanshan Haoting, 136 Honghua Lu, by Nanxin Lu, Nanshan District 南山区红花路136号南山豪庭112号商铺 (8660 3247)  
Shop 123, B Block, Sea World, Nanshan District 南山区蛇口海上世界B区123号 (8827 2412)

### LISTINGS

附楼。

**Vista-SK International Medical Center** Lvl 4, Bldg 4C, Shenzhen Software Industry Base, Xuefu Lu, Nanshan District (3689 9833) 南山区学府路软件产业基地4栋C座裙楼4层

## EDUCATION

### INTERNATIONAL SCHOOLS

**American International School, No. 82**, Gongyuan Lu, Shekou, Nanshan District (8619 4750)  
南山区蛇口公园路82号青少年活动中心

**Green Oasis School**  
No 4030, Shennan Middle Road, Tianmian, Futian District. (8399 6712) admission@greenoasis.org.cn www.greenoasis.org.cn  
福田区田面村深南中路 4030号

**International School of Nanshan Shenzhen**  
A Canadian school accepting application for Pre-Grade 1 through Grade 12. 166 Nanguang Lu, Nanshan District (2666 1000, 2606 6968). admission@isnsz.com www.isnsz.com 南山区南光路166号

**Peninsula Montessori Kindergarten** the Peninsula one, Jin Shiji Lu, Shekou Nanshan District (2685 1266) 半岛城邦国际幼儿园 南山区蛇口东角头金世纪路1号半岛城邦一期

**Quality Schools International**  
2/F Bitao Center, 8 Taizi Lu, Shekou, Nanshan District (2667 6031). www.shk.qsi.org  
南山区蛇口太子路8号碧涛中心2楼

**QSI International School of Shenzhen** (Futian) A1, TCL Science Park, No. 1001 Zhongshan Yuan, Nanshan District (8371 7108) 中山园路1001号TCL 科学园区A1栋

**Shekou International School**  
Jingshan Villas, Gongye Er Lu, Shekou, Nanshan District (2669 3669). www.sis.org.cn  
南山区蛇口工业二路鲸山别墅内

**Shenzhen (Nanshan) Concord College of Sino-Canada** 166 Nan'guang Lu, Nanshan District (2656 8886). www.ccsc.com.cn  
南山区南光路166号

**Shenzhen Oriental English College** Bao'an Education City, National Highway 107 (Bao'an Airport North) Bao'an District (2751 6669). www.szoec.baoan.net.cn/宝安区107国道宝安教育城(宝安国际机场北)

**Shen Wai International School** 29 Baishi San Lu, Nanshan (8654 1200, www.swis.cn)  
深圳外国语学校国际部南山区白石三道29号

**The Child-loving Pre-school (Shenzhen) Education Center** 1) 16 Jingtian Dong Lu, Xiangmi San Cun, Futian District (8391 0751, 8390 5242) 2) Jian Xin Yuan, Xin Xin Garden, Shixia Er Lu, Futian District (8345 1123, 8345 1146) 1) 福田区香蜜三村景田东路16号 2) 福田石厦二路新新家园建鑫苑

**UP** We maximize infants & toddlers learning abilities. Rm 307 A/B/C, 3/F, East Pacific Square, Hongli Xi Lu, Futian District (8339 0166; 8339 0266) www.upchildren.com  
福田区香蜜湖红荔西路东海城市广场三楼 307A/B/C

### LANGUAGE TRAINING

**Cotalk Chinese** 1) A1912, Reith Center, Exit C1 of Window of the World metro station, Nanshan District (159 1974 6086); 2) No. 5C-508, Seascape Square, Exit D of Sea World metro station, Shekou, Nanshan District. (139 2746 5084) 1) 南山区沙河世纪广场瑞思中心A1912; 2) 南山区蛇口海上世界D出口海景广场5C-508

**I Mandarin Chinese School**  
1) 1F, West Wing, Xincheng Building, 1027 Shennan Dadao, Futian District. (2598 7982) 2) Rm 8, 2/F, Youran Ju, Liuzhou Zhiye Center, Nanshan Dadao, Shekou, Nanshan District. (2682 8811) 3) Rm1706, Main Building of Golden Central Tower, No. 3037, Jintian Lu, Futian District. (15811815474) 爱玛德 1) 福田区深南中路

1027号新城大厦西座1F 2) 南山区蛇口南海大道和工业八路交汇处六洲置业中心悠然居2楼 3) 福田区金田路3037号金中环商务大厦主楼1706

**Jiahua Language School** 1) Unit3106B The Modern International Fuhua Lu, Futian District (2396 0365 / 2396 0363) 2) 12/F, Block B, New Energy Building, No.2239 Nanshan Dadao, Nanshan District (400 6089 228) 1) 福田区福华路现代国际大厦31层3106B 2) 南山区南海大道2239号新能源大厦B座12楼 www.jiahuaschool.com

**TLI (Taipei Language Institute)** 1209A, Building C, Ming Wah International Convention Center, Seaworld, Shekou, Nanshan District (2161 8221) 南山区蛇口海上世界明华国际会议中心C栋1209A

## LIFE & STYLE

### BOAT CHARTERS

**Sky Sea World** 3E-2, Seaview Bldg, 18 Taizi Lu, Shekou, Nanshan District (2680 7666, 2681 2999, www.sswgsz.com)  
南山区蛇口太子路18号海景大厦3E-2

### REAL ESTATE

**Executive Real Estate Shenzhen** Rm 329, Times Plaza, 1 Taizi Lu, Nanshan District (2667 3013, 135 6071 0609, lexi@shenzhenrent.com.cn)  
深圳源合森佰房地产投资管理有限公司 南山区蛇口太子路1号新时代广场329

## HOTEL

Hotels with the sign of a golden key are members of the Golden Key Alliance.

★★★★★

**Crowne Plaza Shenzhen Longgang City Centre** 9009 Longxiang Avenue, Longgang city centre, Longgang District. (3318 1888)  
深圳龙岗珠江皇冠假日酒店 龙岗区龙岗中心城龙翔大道9009号

**Crowne Plaza Hotel & Suites Landmark Shenzhen** 3018 Nanhui Lu, Luohu District (8217 2288)  
罗湖区南湖路3018号

**Futian Shangri-La Hotel Shenzhen** No.4088 Yitian Lu, Futian District (8828 4088).  
福田区益田路4088号福田香格里拉大酒店

**Four Seasons Hotel Shenzhen** 138 Fuhua San Lu, Futian District (8266 8888)  
深圳市福田区福华三路138号

**Grand Hyatt Shenzhen** No.1881 Baoan Nan Lu, Luohu District (8266 1234) www.shenzhen.grand.hyatt.com 罗湖区宝安南路1881号

**Hilton Shenzhen Shekou Nanshai** 1177, Wanghai Lu, Nanshan District  
深圳蛇口希尔顿南海酒店 南山区望海路1177号 (2162 8888)

**Hilton Shenzhen Futian Town B**, Great China International Finance Centre, 1003 Shennan Dadao, Futian District (2130 8888) 福田区深南大道1003号大中华国际金融中心B座

**InterContinental Shenzhen** 9009 Shennan Dong Lu, Overseas Chinese Town, Nanshan District (Exit C at the Huaqiaocheng metro station) (3399 3388). www.intercontinental.com 南山区华侨城深南东路9009号(地铁华侨城站C出口)

**JW Marriott Shenzhen** No.6005 Shennan Dadao, Futian District. (2269 8888)  
福田区深南大道6005号

**JW Marriott Shenzhen Bao'an** 8 Baoxing

Lu, Baoan District (2323 8888)  
深圳前海华侨城 JW 万豪酒店, 宝安区宝兴路 8 号

**Kempinski Hotel** Hai De San Dao, Hou Hai Bin Lu, Nanshan District (8888 8888)  
<http://www.kempinski.com/cn/>  
南山区后海滨路海德三道

**Marco Polo Shenzhen** Fuhua Yi Lu, CBD, Futian District (8298 9888). [www.cn.maropolohotels.com](http://www.cn.maropolohotels.com) 福田中心区福华一路

**Mission Hills Resort** No.1 Mission Hills Dadao, Bao'an District (2802 0888)  
观澜湖酒店集团 宝安区观澜湖高尔夫大道 1 号

**Shangri-La Hotel** East of the Luohu Train Station, Jianshe Lu, Luohu District (8233 0888). [www.shangri-la.com](http://www.shangri-la.com)  
罗湖区建设路火车站东岗

**Shenzhenair International Hotel Shenzhen** 6035 Shennan Da dao, Futian District (8831 9999) [www.szahotel.com](http://www.szahotel.com)  
深圳深航国际酒店, 福田区深南大道 6035 号

**Sheraton Shenzhen Futian Hotel** Inside the Great China International Exchange Square, Fuhua Lu, Futian District (8383 8888)  
福田区大中华国际交易广场内

**Sheraton Dameisha Resort** 9 Yankui Lu, Dameisha, Yantian District (8888 6688)  
盐田大梅沙盐葵路 (大梅沙段) 9 号

**St. Regis Shenzhen** No.5016 Shennan Dong Lu, Luohu District (8308 8888)  
深圳瑞吉酒店 罗湖区深南东路 5016 号

**The Langham, Shenzhen**, No. 7888, Shennan Dadao, Futian District (8828 9888).  
深圳朗廷酒店, 福田区深南大道 7888 号

**The Ritz-Carlton, Shenzhen** 116 Fuhua San Lu, Futian District (2222 2222)  
福田区福华三路 116 号

**The Westin Shenzhen** 9028-2 Shennan Dadao, Nanshan District (2698 8888) [www.westin.com/shenzhen](http://www.westin.com/shenzhen)  
南山区深南大道 9028 号 -2

**The Venice Rarytour Hotel Shenzhen** No.9026, Shennan Dadao, Overseas Chinese Town, Nanshan District (2693 6888)  
深圳威尼斯游轮酒店 南山区华侨城深南大道 9026 号

**Wongtee V Hotel** No.2028 Jintian Lu, Huanggang Business Center, Futian District. (8891 1111) 深圳皇庭V酒店 福田区金田路 2028 号皇岗商务中心

**Wyndham Grand Shenzhen** 2009 Caitian Lu, Futian District (8299 8888)  
深圳温德姆至尊酒店, 福田区彩田路 2009 号

★★★★

**Four Points by Sheraton** 5 Guihua Lu, Free Trade Zone, Futian District (8359 9999) 福田区保税区桂花路5号

## SERVICED RESIDENCE

**Savills Residence Daxin Shenzhen Bay** 1168 Houhaibin Road, Nanshan District, Shenzhen (2685 6688) 南山区后海滨路1168号 [www.savillsresidence.com](http://www.savillsresidence.com)

**Somersset Grandview Shenzhen** No.5 Kinsha Road, Futian District, Shenzhen (400 820 1028)  
福田区新沙路5号 [www.ascottchina.com](http://www.ascottchina.com)

**Fraser Place shekou Shezhzen** 1033 Nanhai Lu, Nanshan District (2688 3333) 南山区南海大道 1033 号

**Fietsers International** 6012 Shennan Dadao, Futian District (8292 8666). 福田区深南大道6012号

## BUSINESS ASSOCIATIONS

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1) Futian Anlian, 26/F, Anlian Centre-No.4018 Jintian Road, Futian District; 2) A8 Building, 15/F, A8 Building, No.1002 Keyuan Road Tech Zone, Nanshan District; 3) Futian NEO, 44/F, NEO Tower A, No.6011 Shennan Avenue Futian District; 4) SCC, 7/F, Tower A, SCC Financial Centre, Junction of Houhai Avenue & First Haide Avenue Nanshan District; 5) New World Centre, 23/F, New World Centre, No.6009 Yitian Road Futian District; 6) Times Financial Centre, 14/F Times Financial Centre, No.4001 Shennan Avenue Futian District; 7) New Times Plaza, 3/F New Times Plaza.No.1 Taizi Road Shekou District; 8) Panglin Plaza, 35/F Panglin Plaza, No.2002 Jiabin Road Luohu District; 1)深圳安联中心, 深圳市福田区金田路4018号安联大厦26层; 2) 深圳A8大厦, 深圳市南山区科技园科园南路1002号A8大厦15层; 3) 深圳NEO大厦, 深圳市福田区深南大道6011号NEO企业大道A座44层; 4) 深圳中洲控股金融中心, 深圳市南山区后海大道与海德一道交汇处中洲控股金融中心A座7层; 5) 深圳新世界中心, 深圳市福田区益田路6009号新世界中心23层; 6) 深圳时代金融中心, 深圳市福田区深南大道4001号时代金融中心14层; 7) 深圳时代广场, 深圳市蛇口区太子路1号新时代广场3层; 8) 深圳彭年广场, 深圳市罗湖区嘉里路2002号彭年广场

**wChina-Italy Chamber of Commerce** Rm220, 2/F, International Chamber Of Commerce, Fuhua San Lu, Futian District (Tel: 8632 9518; Fax: 8632 9528). [www.cameraliaticina.com](http://www.cameraliaticina.com)  
福田区福华三路国际商会中心 2 楼 220 室

**Egypt-China Business Council (South China)** Rm 201, 2/F Overseas Chinese Scholars Venture Building, southern section of High-Tech Industrial Park, Nanshan District (Tel: 8635 0900; fax: 8635 0901).  
南山高新科技园南区留学生创业大厦 2 楼 201 室

**European Union Chamber of Commerce** Rm 308, 3/F Overseas Chinese Scholars Venture Building, southern section of High-Tech Industrial Park, Nanshan District (Tel: 8635 0920; fax: 8632 9785).  
南山高新科技园南区留学生创业大厦 3 楼 308 室

**French Chamber of Commerce in South China (CCIFC)** Room 318, 3/F Chinese Overseas Scholars Venture Building, South section of Hi-tech Industry Park, Nanshan District (Tel: 8632 9602; fax: 8632 9736) [www.ccifc.org](http://www.ccifc.org) 南山区科技园南区留学生创业大厦 3 楼 318 室

**German Chamber of Commerce** 217 Chinese Overseas Scholars Venture Building, Hi-Tech Industrial Park, Nanshan District. (8635 0487) [www.china.ahk.de](http://www.china.ahk.de)  
南山区高新科技园南区留学生创业大厦 217

**IFE Business service limited** 15/F, Tower 2, Kerry Plaza, Zhongxin Si Lu, Futian District (3304 3438)  
福田中心区西路嘉里建设广场 2 座 15 楼

**Israel's Trade mission to China Shenzhen Liaison Office** Rm 306, Overseas Chinese Scholars Venture Building, southern section of High-Tech Industrial Park, Nanshan District (Tel: 2671 2226; Fax: 2671 2223). [www.israeltrade.org.cn](http://www.israeltrade.org.cn) 南山区高新科技园南区留学生创业大厦306室 南山区

**New Zealand Trade & Enterprise Shenzhen office** Room535, 5/F, Podium Building Cafu Square, 5 Guihua Lu, Futian Free Trade Zone (3391 1656)  
福田保税区桂花路5号加福广场裙楼 535 号

**The American Chamber of Commerce in South China** Rm 208, 2/F Overseas Chinese Scholars Venture Building, southern section of High-Tech Industrial Park, Nanshan District (Tel: 0755-2658 8342; fax: 0755-2658 8341). [www.amcham-southchina.org](http://www.amcham-southchina.org)

**The British Chamber of Commerce, Shenzhen Sub-Chamber** Rm 314, 3/F Overseas Chinese Scholars Venture Building, southern section of High-Tech Industrial Park, Nanshan District (Tel: 2658 8350). 深圳市南山区高新科技园南区留学生创业大厦3楼314室

**The Brussels Enterprise Agency** Rm 222, 2/F Overseas Chinese Scholars Venture Building, southern section of High-Tech Industrial Park, Nanshan District (Tel: 8632 9700; fax: 8632 9705). [www.investin-brussels.com](http://www.investin-brussels.com) 深圳市南山区高新科技园南区留学生创业大厦2楼222室

**The Korea Chamber of C&I Shenzhen** Rm 312, 3/F Overseas Chinese Scholars Venture Building, southern section of High-Tech Industrial Park, Nanshan District (Tel: 8635 0985; fax: 8635 0907). [sz.korcham.net.cn](http://sz.korcham.net.cn) 深圳市南山区高新科技园南区留学生创业



## OPEN DOOR

# LAN TING CHINESE RESTAURANT

## Grand Opening



The Hilton Shenzhen Futian Lan Ting Chinese Restaurant opened its doors this past December, bringing refined yet authentic Sichuan cuisine to Shenzhen foodies. Guests can experience brilliant presentation and overall culinary excellence while being immersed in spectacular views of the city. Specially selected traditional Chinese tea will also excite food connoisseurs. Lan Ting also features beautiful private dining rooms, great for both business and entertainment.

Hilton Shenzhen Shekou Nanhai, 1177 Wanghai Lu, Nanshan District 南山区望海路1177号蛇口希尔顿南海酒店 (2161 8888)

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Hoegaarden®

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## SOCIAL ASSOCIATIONS

**Shekou Women's International Club**  
A social club opened to membership for all expatriate ladies living in Shekou and surrounding areas. www.swiconline.com

**Shenzhen Asian Culture Society**  
A non-profit networking organization in Shenzhen (134 2372 0417, Mary Ann Mac-Cartney). www.shenzhenacs.com

## VENUES

**Auditorium of Shenzhen Citizen Center**  
3 Fuzhong San Lu, Futian District (8210 7992)  
福田区福中三路 3 号

**Futian Cultural Center 2 Dongyi Jie, Futian District (2531 8321).**  
福田区景田东一街 2 号

**Huaxia Arts Center 1 Guangqiao Jie, Overseas Chinese Town, Nanshan District (2692 8991). www.ocheshow.com**  
南山区华侨城光侨街 1 号

**Idutang Building F3, OCT Loft, Engping Lu, Overseas Chinese Town, Nanshan District (8609 5352).**  
一渡堂, 南山区华侨城恩平路文化创意园 F3 栋

**Liangcha Shop Block F3 (opposites LSD restaurant), OCT Loft, Engping Lu, Overseas Chinese Town, Nanshan District (8609 5352). www.liangchashop.com**  
凉茶铺, 南山区华侨城恩平路文化创意园 F3 栋 (LSD 对面)

**Longgang Cultural Center** East end of Longcheng Square, Longgang District (8955 8996). www.szlgcc.com  
龙岗区龙城广场东侧

**Modern Performance Center**  
Lianhua San Cun, Hongli Xi Lu (opposite to Lotus Bldg), Futian District (8332 4826/83324966)  
福田区红荔西路莲花三村(莲花二村莲花大厦对面)

**Nanshan Cultural Center** Intersection of Guimiao Lu and Yueliang Wan Dadao (2666 5145). Daily 9:30am-5pm.  
南山区文化馆, 桂庙路与月亮湾大道交汇处

**Old Heaven Books** Shop 120, Building A5, OCT Loft Phase II, Overseas Chinese Town, Nanshan District (8614 8090).  
旧天堂书店 南山区华侨城侨城创意文化园北区 A5 栋 120 铺

**Shenzhen Auditorium 5 Shangbu Zhong Lu, Futian District (8210 3619).**  
福田区上步中路 5 号

**Shenzhen Citizen's Art Gallery 95 Yannan Lu, Futian District (8335 1377).**  
福田区燕南路 95 号

**Shenzhen Concert Hall 2016 Fuzhong Yi Lu (Shao Nian Gong metro station), Futian District (8284 1888) www.shenzhenconcerthall.com**  
福田区福中一路 2016 号 (地铁少年宫站)

**Shenzhen Grand Theater 5018 Shennan Dong Lu, Luohu District (2590 6000).**  
罗湖区深南路 5018 号

**Shenzhen Gymnasium Sungang Lu, Futian District (8324 9715). www.szgym.com**  
福田区笋岗西路

**Shenzhen Poly Theater** Intersection of Houhaibin Lu and Wenxin Wu Lu, Nanshan District (8637 1698, 8637 1699).  
南山区后海滨路与文心五路交界处

**Splendid China Folk Culture Village**  
Overseas Chinese Town, Nanshan District (2660 0626). 9am-9pm, RMB 120. www.chinafcv.com  
南山区华侨城

**Shenzhen Theater 1 Xinyuan Lu, Luohu District (8217 5808, 8229 0807).**  
罗湖区新园路 1 号

**Theater of Shenzhen Children's Palace**  
Fuzhong Yi Lu, Futian District (8351 3099).  
福田区福中一路, 深圳市少年宫内

**Window of the World** Overseas Chinese Town, Nanshan District (2660 8000). 9am-10.30pm, RMB120. www.szwwco.com  
南山区华侨城



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That's PRD

# Horoscopes

Finally, a horoscope that understands your life in Shenzhen.

BY NOELLE MATEER



**Capricorn**  
12.22-1.20

You are a strong, independent Capricorn this month, reaching important milestones in your career. Do not, however, forget your family while you're making all that money. Hand them all generous hongbaos just before the annual CCTV gala.



**Aquarius**  
1.21-2.19

This is a time of transition - from one apartment to another, that is. Do not let your landlord rip you off, and do not attempt to barter on the 12th. A strange fungus may form on your doorstep during particularly damp weather. Do not clear it away until the 19th.



**Pisces**  
2.20-3.20

A perfectly perfunctory January awaits you, so long as you tap your toes seven times before eating a bowl of noodles on the first day of the year. Otherwise, illness will come knocking at a doorstep near you - don't say we didn't warn you.



**Aries**  
3.21-4.20

It's all about making that renminbi this month. May we suggest the following occupations: language teacher, bartender, voice actor or editor of a local English-language magazine (we're not hiring, but just saying). On the 17th of the month, you could meet an intriguing stranger at Club Viva.



**Taurus**  
4.21-5.21

Domestic concerns will rock your world this January. If you're married, that means trouble with your spouse; if you're single, that means your ayi will put your mug somewhere you can't find it. Nevermind, on the 8th of the month, you will probably find it again.



**Gemini**  
5.22-6.21

Good fortune awaits you, but only if you bestow good fortune upon others first. Fortunately for you, you were probably going to bestow fortune upon others anyway, as the end of January is red envelope season. Warning: Do not accept WeChat hongbaos between the hours of midnight and 2am.



**Cancer**  
6.22-7.22

It's all about opportunities - both exciting and dangerous - for you this month. Of the latter variety: An attractive person may ask for your WeChat on January 15th. Do not accept. He or she has a girlfriend. Eat more yogurt, if appropriate.



**Leo**  
7.23-8.23

Leos are feeling extra creative this month. You will hit your artistic stride on the night of January 26th following a particularly moving DJ set at Bang Club. Now it's time to set up that blog you always told mom you'd start. Do not go outside on the 8th unless it is to buy rou jiamou.



**Virgo**  
8.24-9.23

Trouble is brewing, Virgo, so hold on to your wallet while in Huaqiang Bei and be very wary of your landlord. These are dark times, but they're nothing a well-planned chunjie getaway can't fix. Turn around three times before entering Book City.



**Libra**  
9.24-10.23

Your career ambitions will become clear to you on January 3rd after you finish your lunchtime hefan. In love and social spheres, expect a January full of passion and romance... on one condition: avoid Shopping Park at all costs.



**Scorpio**  
10.24-11.22

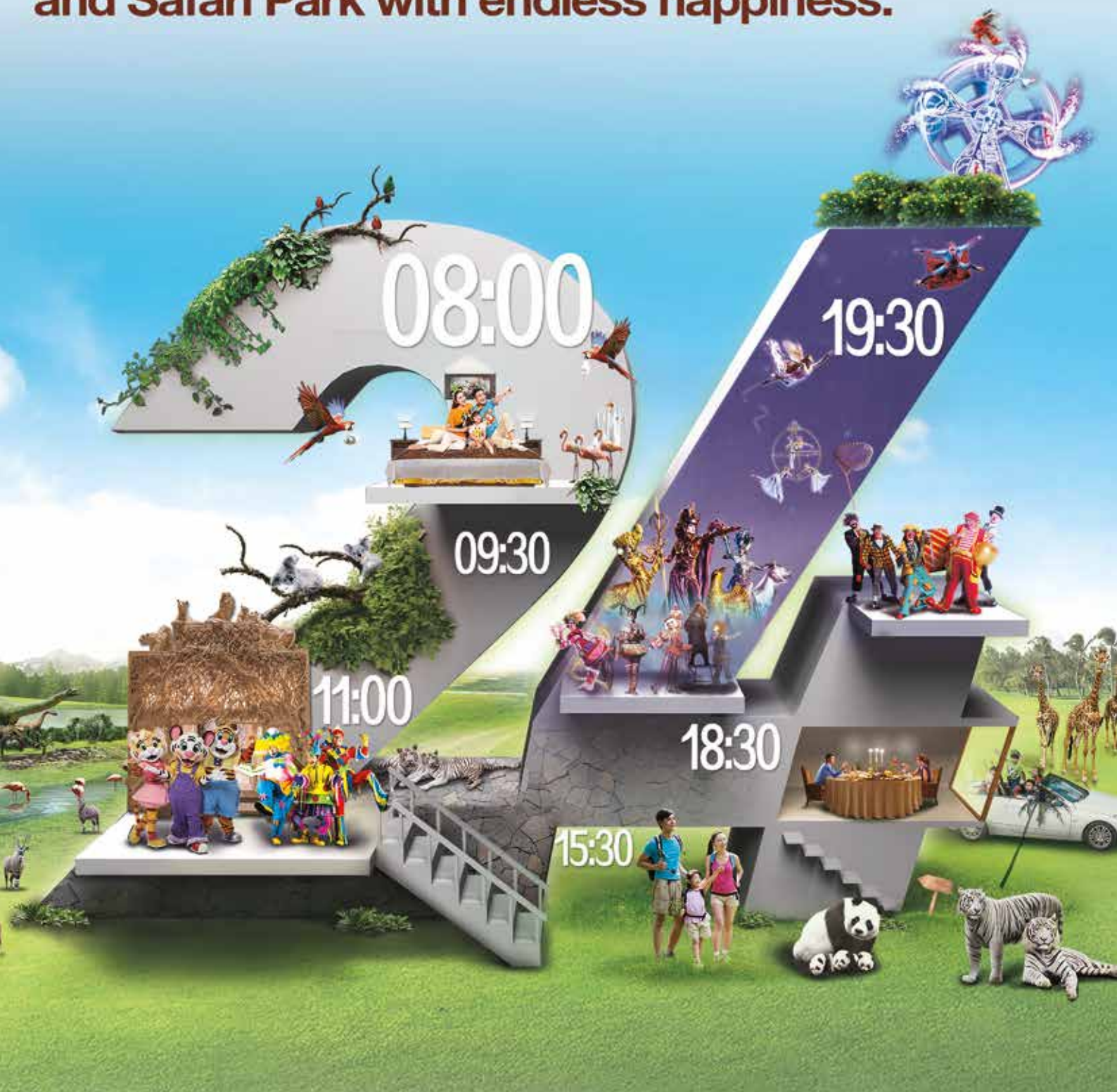
It is time to focus on your health, so buy an air filter, and make sure you know the difference between surgical masks and air-pollution ones. Teamwork will be crucial this month, so don't skip your Chinese class. Eat dumplings on the 23rd.



**Sagittarius**  
11.23-12.21

Are you expecting some huge news? Because here it comes! Congratulations and/or commiserations, Sagittarius. To celebrate and/or console yourself, take a trip to a bar you haven't been to yet, unless that huge news is of a pregnancy.

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Mandarin,  
& Cantonese



**Vivian Liu**  
China  
MD  
Speaks English,  
Mandarin,  
& Cantonese



**Kate Gaynor**  
USA  
MD  
Speaks English



**Yasufumi Fujii**  
Japan  
MD  
Speaks Japanese  
& Mandarin



**Huan Chen**  
China  
MD  
Speaks Mandarin  
& Cantonese



**Yating Zhang**  
China  
MD  
Speaks Mandarin  
& Cantonese



**Ralph Rahmer**  
Germany  
MD  
Speaks English  
& German



**Bill Zhao**  
China  
MD  
Speaks English,  
Mandarin,  
& Cantonese



**Heather Cheng**  
China  
MD  
Speaks English,  
Mandarin & Cantonese



**Macky Galvez**  
Philippines  
MD  
Speaks English,  
Tagalog, & Visayan



**Samantha Chang**  
Taiwan  
MD  
Speaks English,  
Mandarin,  
& Cantonese



**Robert Li**  
China  
MD  
Speaks English,  
Mandarin,  
& Cantonese



**Tiantian Liu**  
China  
MD  
Speaks English  
& Mandarin



**Udaya Lamichhane**  
Nepal  
MD  
Speaks English,  
Russian, Nepalese,  
Hindi, & Urdu



**Justin Zhang**  
China  
MD  
English, Mandarin &  
Cantonese

## OB/GYN



**Allyn Zamora**  
Philippines  
BSBS, MD  
Speaks English, Tagalog,  
& Ilonggo

## Dermatology Team



**Chunying Guo**  
China  
MD  
Speaks English  
& Mandarin  
**Jan. 14, 21-22, 31**



**Huiling Ding**  
China  
MD  
Speaks English  
& Mandarin  
**Jan. 7**

## Psychology



**Al Chambers**  
Canada  
PhD  
Speaks English

## Child Psychiatry



**Tad Pu**  
Hong Kong  
MD  
Speaks English  
& Mandarin  
**Jan. 11-13**

## Physical Therapy



**Erick Chen**  
USA  
MA  
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