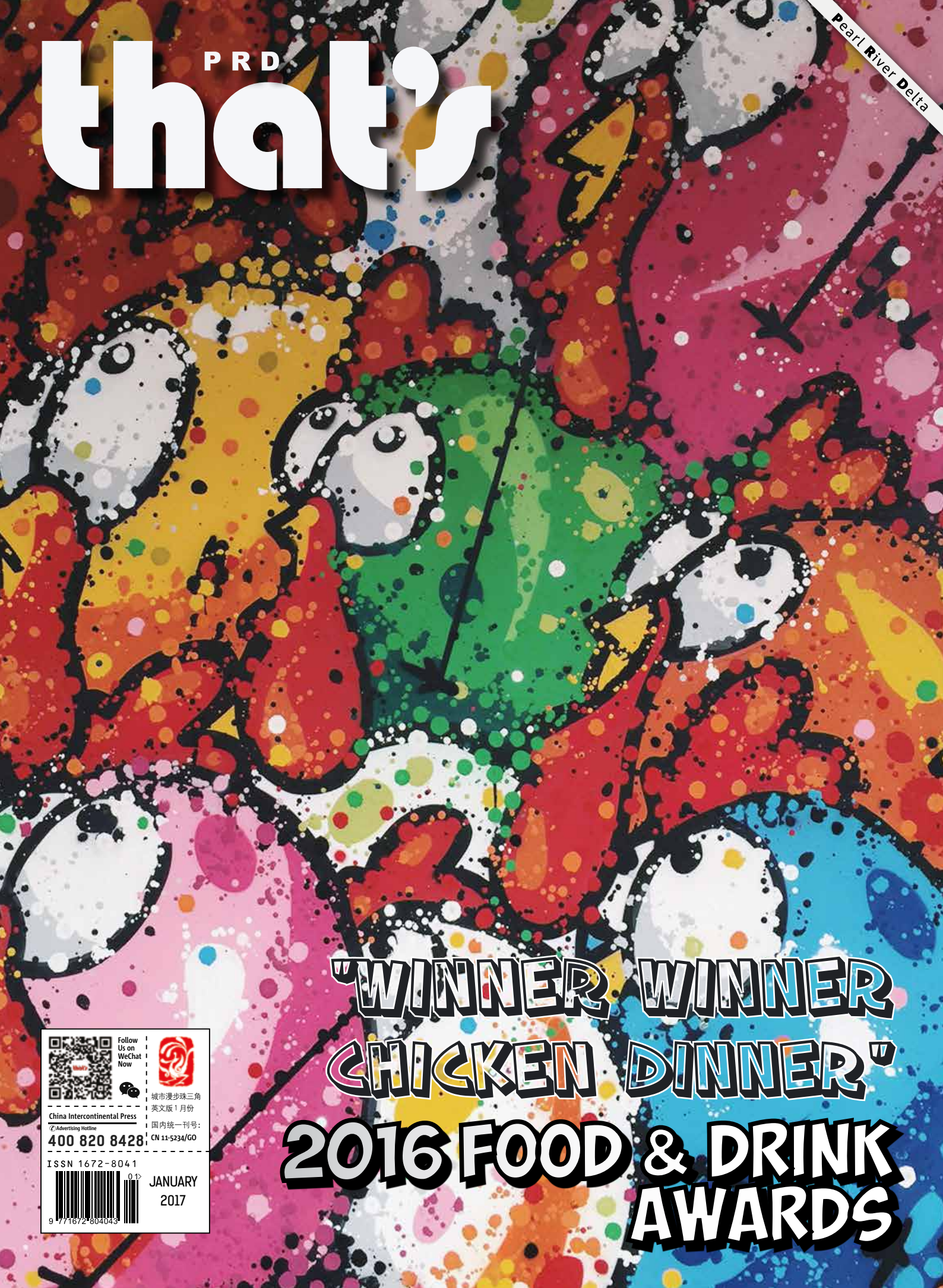


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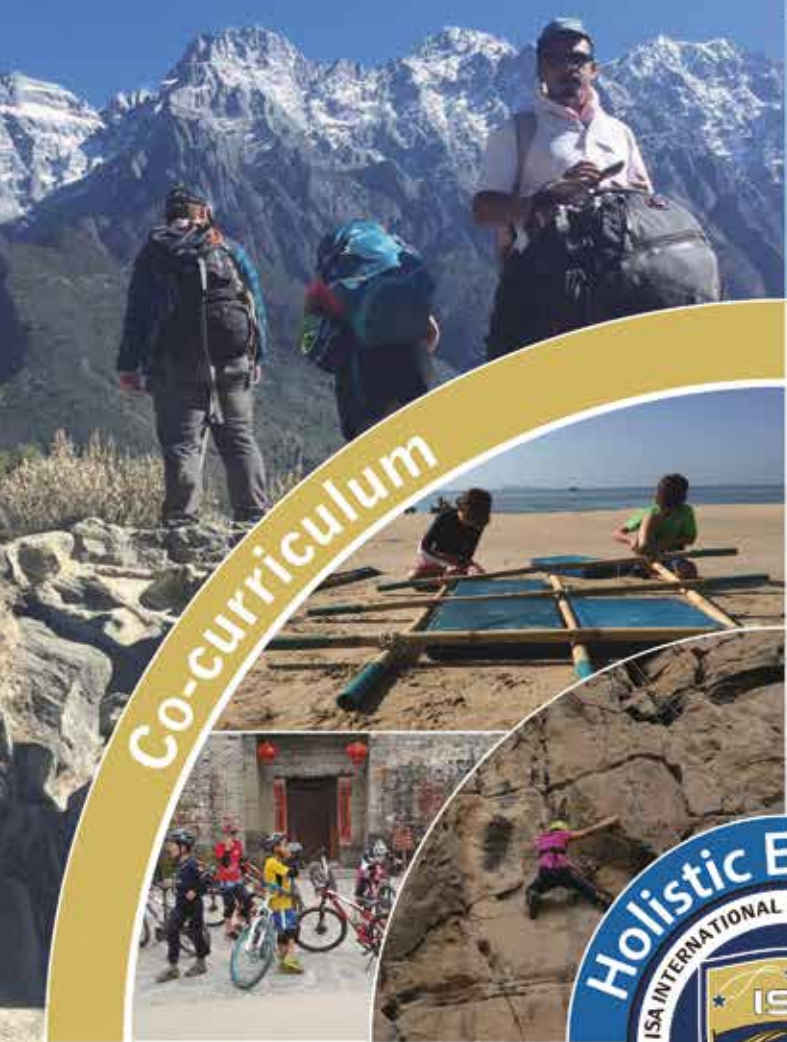
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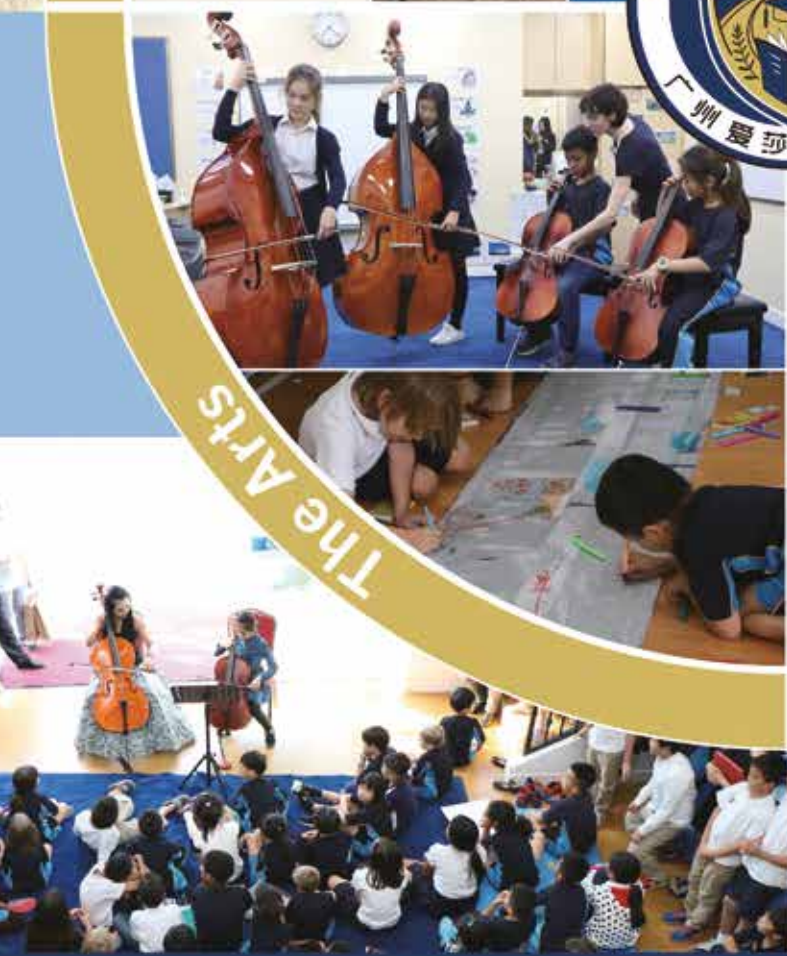


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总编辑 **Editor in Chief of China Intercontinental Press:** 慈爱民 Ci Aimin
期刊部负责人 **Supervisor of Magazine Department:** 邓锦辉 Deng Jinhui
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Editor in Chief Tom Lee, Jocelyn Richards
Shenzhen Editor Sky Thomas Gidge
Web Editor Matthew Bossons
Editorial Assistants Tristin Zhang, Ziyi Yuan
National Arts Editor Andrew Chin
Contributors Cara Crawford, Lena Gidwani, Mike Jordan, Noelle Mateer,
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HK FOCUS MEDIA

Shanghai (Head Office) 上海和舟广告有限公司
上海市蒙自路 169 号智造局 2 号楼 305-306 室 邮政编码：200023
Room 305-306, Building 2, No.169 Mengzi Lu, Shanghai 200023
电话：021-8023 2199 传真：021-8023 2190

Guangzhou 上海和舟广告有限公司广州分公司
广州市麓苑路 42 号大院 2 号楼 610 室 邮政编码：510095
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Shenzhen 深圳联络处
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Editor's Note

January

Eleven years is a long time, especially by modern Chinese standards. Looking back to the very first That's PRD Food and Drink Awards (when the magazine was still called *That's Guangzhou*), I doubt whether any of the restaurants that took home accolades are still around. Time makes fools of us all, and it will be interesting to see – at least for those South China lifers – which of our 2016 winners will still be here to greet a new decade.

The F&B industry is a notoriously harsh mistress, one that more often punishes than rewards, so it's always been a pleasure to participate in the Food and Drink Awards and absorb the merriment as restaurant and bar owners and managers get completely sloshed while being recognized for their contributions to growing the culinary milieu. We may not have the heft of Beijing and Shanghai down south, yet, but it's certainly exciting to watch a truly international cuisine scene join Canton's legendary home-grown delicacies.

Food has always been a major passion of mine, and it seems appropriate to sign off on an issue dedicated to eating. When I first started working for *That's PRD*, I remember thinking, 'Bugger me Guangzhou is provincial. Can it be that the quality of international restaurants and bars in China's third-largest city is this abysmal?' It's been truly staggering to see what a difference three years can make, and while I'll wager there's a way to go till a non-Chinese eatery in Guangzhou or Shenzhen earns itself a Michelin star, one of my favorite things about living down south has been watching the incredible growth of the gourmet.

So long, and thanks for all the fish!

Tom Lee
Editor in Chief



Up Front

Thank you to Ceet Fouad for providing the art work featured on this issue's cover.



WIN WIN WIN



In Guangzhou, a pair of tickets to pianist **Alice Sara Ott** (p66), a pair of tickets to New York-based **DJ Amadeus** (p66), a pair of tickets to the legendary cellist **Yo-Yo Ma with Michael Stern** (p66), 4 pairs of tickets to **Riverdance** in Macau (p70) and a pair of tickets to salsa sensation **Mora Godoy** (p67).

In Shenzhen, a RMB888 voucher to **Lan Ting Chinese Restaurant at the Hilton Shenzhen Shekou Nanhai** (p77), a pair of tickets to Chinese punk band **Mercader** (p68) and a pair of tickets to American singer-songwriter **Chris Garneau** (p69).

To find out how to win one of these fabulous prizes, simply message our official **WeChat (Thats_PRD)** with the name of the prize you would like.



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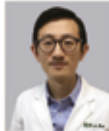
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JAN 20-21

Riverdance

THE WRAP

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Early Tombs Unearthed
P10



Birth of the Superbug
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CREATURE COMFORTS

Frog and Turtle Butcher

Text and photo by Tristin Zhang

Through a maze of limestone-paved alleys, in a beaten-up neighborhood along Nantian Lu in Guangzhou's Haizhu District, a wet market extends. Everything from live poultry to water snakes is sold here. Local farmers travel in every day, bamboo poles balanced on their shoulders, to sell garden-fresh vegetables.

Among the many buoyant shops located along the lanes, a frog and turtle vendor stands out, operated by a cleaver-wielding, 20-something lady wearing rain boots and a solemn look.

"Of course they are not venomous," Wang Xun snaps, as we inquire about a knot of serpents. A woman just bought four amphibians, which Wang expertly cuts open, skins, guts and dismembers in two shakes of a lamb's tail.

Plastic tanks are arranged in rows in front of her shop. Fish are constantly trying to fling themselves out of the water to end their crowded misfortune. Different kinds of Chinese soft-shell turtles draw the eyes of passersby.

Wang patiently explains her wares to us.

"This one is 25 kuai per half kilo, that one 30, that one 35. If you want to do hot pot tonight, take this big, black one, only for 20 kuai. This originates from Guangdong. That one I don't know."

It's 1pm and some of the street vendors have gone home, leaving their stations unattended but watched by adjoining business owners.

Another woman comes by Wang's containers, stops, picks a turtle and starts haggling. "88 kuai. No bargains *ayi*." With the price settled, Wang tosses the reptile into boiling water. Ten minutes or so go by and Wang, taking up her cleaver once again, engages herself in a 25-minute-long butchering.

"I'll clean the innards carefully, don't worry," Wang assures her customer. "I'm not my *shifu*. He can finish chopping up a turtle in 10 minutes, but he might be sloppy."

As it turns out, Wang is a green recruit at this shop, which is owned by a relative of hers. A water snake sticks its head out of a hole in a Styrofoam crate, intervening in our observations.

"[Turtles] will help remove the *shiqi* (damp) in your body. You know Guangzhou is humid most of the time," Wang says, putting on her sales patter when she discovers we want something to cook in hot pot. "Don't take the snakes. They are good for soup but not hot pot. Take the frogs or the toads."

Wang tackles doubts and concerns on an hourly basis, beginning at 7am. It's not until 7pm that she packs away the remaining turtles, frogs and snakes and heads home, fatigued.

THE DIRTY DETAILS

Monthly salary: RMB3,000

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Man on the Street is a monthly feature where we talk to someone doing an everyday job, in order to get an insight into the lives of normal Chinese people.

THE BUZZ

TOTALLY TRIVIAL

Dynastic Debates

Earlier this year, 25 tombs from across history were discovered on the outskirts of Guangzhou. The excavation, which was made public last month, contains funerary remains that cover more than 10,000 years, some dating back as far as the Shang dynasty (1600–1046 BC).

The Shang is in fact the oldest confirmed dynasty in China's history. We say 'confirmed,' because a debate continues to rage about whether its supposed predecessor, the Xia, is historical fact or merely whimsical legend.

Xia's first leader, the story goes, was a man named Yu, who earned himself the title of 'the great' through taming the floods that afflicted early Chinese civilization. Legendary versions have him using magic; those aiming at historical veracity describe his solution as involving a more banal system of canals. At any rate, as a reward for his efforts – and impressive military prowess – he was crowned king.

Tales of the Xia, however, are not contemporaneous, meaning descriptions of this proto-dynasty all come from successor states. (Incidentally, the Shang's existence was also questioned at one point, until the discovery of oracle bones at its last capital were indisputably dated to the period.)

Archeological sites of the Erlitou culture have been cited as evidence of the Xia's existence, though many historians feel these connections are tenuous, since there is no written record linking the two.

For now, the Xia is seen predominantly as a mythical dynasty used to connect peoples lost to the mists of time with those firmly rooted in history. That is, until an even older trove of tombs is discovered in Guangzhou...



PRD VIP

Ma Huateng

As the world's third largest Internet company, Tencent's sphere of business covers messaging, online games, dot-com, e-commerce, search engines and more. It's always playing the field and waiting for the right moment to take its share of the pie, but in most cases, be it QQ or WeChat, it's the terminator that dominates the whole market.

Ma Huateng is the man at the helm of Tencent's operations. Born in Shantou, Ma moved to Shenzhen at the age of 10, where he studied computer science and applications at Shenzhen University. Five years after graduation, Ma founded Tencent in 1998. Amidst trials and errors, as well as an Internet bubble in the year 2000, QICQ – Tencent's copy of the then-popular instant messaging app ICQ – was born, and later became QQ.

By 2001, literally every Chinese student had a QQ ac-



count. It became a phenomenon, an addiction – the thing no one could live without. Ma himself met his wife through it. When Tencent went public in 2004, Ma was worth 1.7 billion Hong Kong dollars.

With QQ's success, Ma Huateng and his team embarked on various other projects. But as each new Tencent product was introduced, Ma was hammered for being a copycat. Jack Ma said he wasn't innovative and reprimanded him for knocking off Taobao.com with

Paipai.com, while Sina's CEO called him the 'king of plagiarism.' Ma Huateng, however, begged to differ: "Copying can be seen as a way to study, absorb and making the best of both worlds," he claimed.

Where he relied on influence for inspiration, Ma built upon existing ideas to create something markedly different. Today, WeChat has surpassed QQ as China's largest messaging platform. We don't have to tell you how big it is – you probably have the application open right now.

QUIZ CORNER

History: The Ming Dynasty lasted for how many years?

Current Affairs: True or false: China's air pollution alarm qualifications were lowered last month?

Sport: Which American sports superstar recently won a trademark case over his likeness and Chinese name in a Beijing court?

Food and drink: Grammy Award winner T-Pain played at which Shenzhen nightclub last month?

General knowledge: What is Shenzhen's tallest building?



Last month's answers: 1. December 26, 1893 2. Metallica 3. John Higgins 4. November 11-12 5. Five (Guangxi, Inner Mongolia, Tibet, Ningxia, Xinjiang)

BEHIND THE CONCRETE

Huaisheng Mosque

The oldest mosque in Guangzhou, Huaisheng Mosque has been standing on Guangta Lu in Yuexiu District for almost 1,400 years (give or take a few during its reconstruction after it burned down in the Yuan Dynasty). The mosque dates to the very beginning of the Tang Dynasty (618-907), when Muhammad sent his diplomatic envoys to China.

Believed to have been built by Sa'ad ibn Abi Waqqas, the Islamic prophet's uncle and one of the first envoys to China, the building, which includes a lighthouse more than 35 meters high, used to serve as a beacon for cargo boats carrying spices, jewels and ivory, giving it the nickname 'the Lighthouse (Guangta) Mosque.'

According to Ma Guangxing, president of the Guangdong Islamic Association, Huaisheng Mosque was rebuilt again in 1695 and has undergone three renovations since 1949.

Though you may easily sneak into the mosque before salat at 1.30pm, Ma tells us "non-Muslims are not encouraged to do that." It's a rule that doesn't exist in countries like Saudi Arabia, where some of the most rigorous Muslims live but visitors – Muslim or not – can enter mosques at will without being driven out.

In 1996, Haisheng Mosque – one of China's four oldest mosques, which include Shengyou Mosque in Quanzhou, Fenghuan Mosque in Hangzhou and Xianhe Mosque in Yangzhou – was listed as an 'Important Historical Monument under Special Preservation' by the Chinese government.

Walk to the mosque from Ximenkou Metro Station at around noon on a Friday and you will see throngs of Indians, Arabs and Uighers on their way to worship, gathering before the lighthouse just as they did one thousand years before.

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SHOCK RESISTANT

The Antibiotic Fixation Feeding China's Superbugs

By Jocelyn Richards

Ever since July 1, 2004 – when China's State Food and Drug Administration announced it would restrict the sale of over-the-counter antibiotics – purchasing such medication in China without a prescription should have been illegal.

'Superbugs' – the terrifying new strands of invincible bacteria popping up in pig farms and hospitals from China to the United States – should never have existed.

But the law was never enforced to the degree that many, including the World Health Organization (WHO), expected. Today, when you stroll into any street-side pharmacy in China asking for *kangshengsu* (antibiotics), many pharmacists will greet you with a smile, show you an array of bacteria-fighting drugs and advise you to refer to the directions inside the box.

"I'm always kind of surprised when I go into a pharmacy at a grocery store here and there's all this medication available that I was under the im-

pression you needed a prescription for," says Dr. Kate Gaynor, a board-certified family medicine physician at United Family Guangzhou Clinic. "It's definitely not legal for someone to walk into our clinic and buy an antibiotic without a prescription."

Just how easy is it to illegally obtain a pack of antibiotics over the counter? On a Thursday evening in December, we decide to give it a try.

Walking into Baojiakang Pharmacy in Yuexiu District, Guangzhou, we approach a young technician and tell her we're suffering from a bad chest cough and need medication.

"Have you had it for more than two days?" she asks, her eyes shifting between our melodramatic pout and the shelves of antibiotics below. We nod.

"Then it must be an infection. You can try azithromycin, which will help clear your bronchial passageways."

She's right: azithromycin, better known as zithromax in the West, does treat respiratory infections – provided that's what one actually has. Without an informed diagnosis, however, the medication may do more harm than good.

Misdiagnoses are not uncommon in China. According to Guangzhou-based pharmacist Sherry Lai, drugstores didn't require a licensed pharmacist to be present until a few years ago. And even now, some are more concerned with the price of a medication than its effectiveness.

"In local pharmacies in China, some may try to sell you a more expensive medication because they need to earn a profit in order to compete with all the other pharmacies on the street," says Lai.

Since last year, however, she says the government has started offering guidance to pharmacists and doctors in an effort to curb antibiotic overuse. Lai is required to report her clinic's antibiotic usage every season, including the number of antibiotics prescribed each day.

"I think antibiotics are actually regulated quite well," she says. "There's more and more medication information available online and on TV, so more people know it's not good to abuse antibiotics."

That may be true, but the problem still persists in areas where information about medications is not readily available. In small, village clinics, for example, pressure from uninformed patients may even lead doctors to prescribe antibiotics against their better judgment.

"When they [parents] come to the village clinic, most of them ask for the best medicine for their children. Sometimes, I think that antibiotics are unnecessary and I explain this to them. But they insist on their own opinions. Sometimes, they even quarrel with me. In this case, what else can I do? I can only prescribe antibiotics to them," a village doctor in Xianning, Hubei Province, is quoted as saying in a study published in *Medicine* (Baltimore) in June 2016.

According to a survey commissioned by the WHO in November 2015, 61 percent



of respondents in China thought antibiotics were effective against colds and flu, despite the fact that antibiotics have no impact on viruses. Many Chinese families admit to keeping 'Toubao,' or Cefaclor (a class of broad-spectrum antibiotics), in their medicine cabinets to use as a common cold remedy.

Taking antibiotics in the absence of a bacterial infection isn't merely ineffective, however; it could also wipe out the body's 'good bacteria' (the kind naturally found in one's gut that helps make vitamins and boost immunity) and contribute to fatal antibiotic resistance.

New estimates by the WHO predict that by 2050, antibiotic resistance will result in one million premature deaths annually in China and cost the country a cumulative USD20 trillion.

Mainlanders have already been found to carry far more antibiotic-resistant genes in their gut microbes than Europeans, resulting mainly from antibiotic overuse, environmental pollution and exposure to affected livestock.

In one particularly jarring study released last year by Fudan University, traces of at least one type of antibiotic were found in the urine samples of 80 percent of a pool of 505 schoolchildren in Shanghai, China's modern hub.

Such cautionary statistics came to a head in November 2015, just as the WHO was launching its first ever World Antibiotic Awareness Week, when researchers discovered a superbug gene in both humans and livestock in South China.

Dubbed 'MCR-1,' the gene proved to be resistant to colistin, a harsh antibiotic considered the "last line of defense" in fighting powerful bacteria.

A team of researchers at South China Agricultural University found MCR-1 in 20 percent of the sampled pigs and 15 percent of raw meat in wet markets in Guangzhou, as well as in 16 of 1,322 E. coli samples collected from patients at two Chinese hospitals in Guangzhou and Zhejiang.

Since 2011, MCR-1 has also been found in human samples from countries in Southeast Asia and Europe, as well as in Japan and the US.

The emergence of the superbug gene was a much-needed wake up call for the entire international community but especially for China, which consumes roughly half of all antibiotics worldwide, with consumption on the mainland evenly split between humans and animals.

In August 2016 – just nine months after the study came out – China's National Health and Planning Commission introduced a National Action Plan to Contain Antimicrobial Resistance.

Stricter regulation is at the heart of the five-year plan, which aims to "optimize the surveillance networks of antibacterial agents consumption in both healthcare and food animal sectors." It also hopes to boost awareness of safe antibiotic use among healthcare professionals, livestock farmers and even primary- and secondary-school students.

"We are delighted to see the release of China's National Action Plan, which sets out a

clear multisectoral approach for keeping antimicrobial agents – our most relied upon drugs – effective for as long as possible," Dr. Bernhard Schwartländer, WHO representative in China, said in an official statement soon after the plan was released.

Other experts claim China has been well on its way to decreasing antibiotic use since 2012. Xiao Yonghong, a professor at the Institute of Clinical Pharmacology at Peking University, told China Daily that a surveillance network of drug use linking large hospitals nationwide has been functioning effectively for years now.

"Antibiotic use dropped by 40 percent by the end of last year," Xiao declared in May 2016. "The Chinese government recognized the challenges and implemented measures starting in 2012 to tackle that."

If this is indeed the fourth year antibiotics have been heavily regulated on the mainland, perhaps our experience at Baojiakang Pharmacy was an exception to the norm. To be sure, we inquired about purchasing kangshengsu at two other pharmacies in the Taojin area of Guangzhou, both of which refused.

"Sorry," a representative at the first drugstore told us. "You need a doctor's note for that... you could be seriously allergic."

"We haven't sold those over the counter since last year," a pharmacist at the second branch responded. "They're heavily regulated now."

Why is the standard so different at pharmacies within two kilometers of each other? And how many people have found ways to take advantage of the glaring gaps in regulation?

No one we speak to dares tackle those questions, stressing instead that China is "still developing" and sound regulation will, one day, be achieved.

"By 2050, antibiotic resistance will result in one million premature deaths annually in China"



THE ULTIMATE CREW

This Season's K2Fit Champs Share Their Inspiration

Compiled by Jocelyn Richards, photos by Cara Crawford and Claire Zheng



Charlotte Giles, Ms. Toned Up Champ

Favorite exercise: Deadbug or mountain climbers.
Motivational quote: Kara once said something like: "No one ever regrets doing a workout!" and I used to keep that in mind when I didn't feel motivated – it always got me up and moving!

Just 10 weeks ago, none of these champions of the K2Fit Ultimate You Challenge expected to pose for a magazine spread to be consumed by thousands of curious eyes across the Pearl River Delta. Few considered themselves healthy, fit or strong, and yet now, here they stand: empowered, resilient and in control. What motivated them to choose burpees over burgers and how did they manage to rise at 5am for fitness boot camps at dawn? Here's what this season's champs have to say about their journey:



Claire Tyler, Ms. (Just) Over 40 Champ

Favorite exercise: Lifting weights, learning more about how to "practice safe sets" and Body Combat for cardio.
Inspiration: This challenge was easier for me as I had clear goals, an amazing gym partner and a brilliant support network in Zhuhai and the UK.



Ilona Spes, Ms. Fat Loss Champ

Favorite exercise: Zumba and Body Combat classes.
Motivational quote: "Be somebody nobody ever thought you could be." Never having been a gym person or a very clean eater, I managed to surprise everyone – including myself – this challenge.



Russ Hiser, Mr. Over 40 Champ

Favorite exercise: Anything that involves legs.
Motivational quote: "It's a continuous journey to return to fitness that balances lifestyle and well-being – K2Fit provides the framework!"



Charlotte Luo, Ultimate Couple Champ

Favorite exercise: Doing nothing... but that's not part of the K2Fit plan. So squats – to build a sexy butt!

Inspiration: I was never a gym girl, but found it encouraging having so many friends doing the challenge with me. I couldn't have reached this point without our teacher, Robert. K2Fit changed my life, and I really appreciate it!

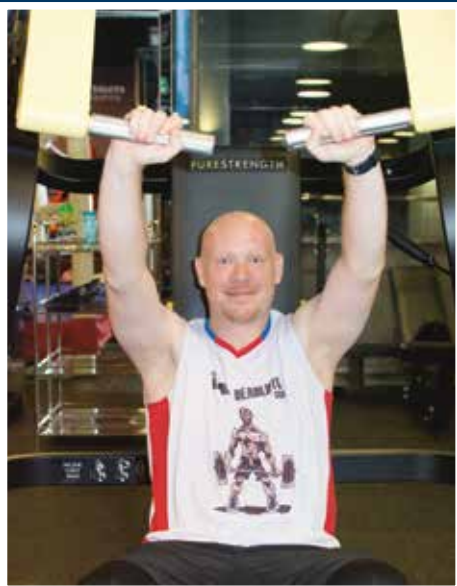


Mattia Pinza, Ultimate Couple Champ

Favorite exercise: Squat in any declination.

Inspiration: K2fit for me was not about losing weight or working out, but about changing my lifestyle and becoming more aware of my body. My inspiration every day was our group, the Zhuhai Pirates and Deadlifters.

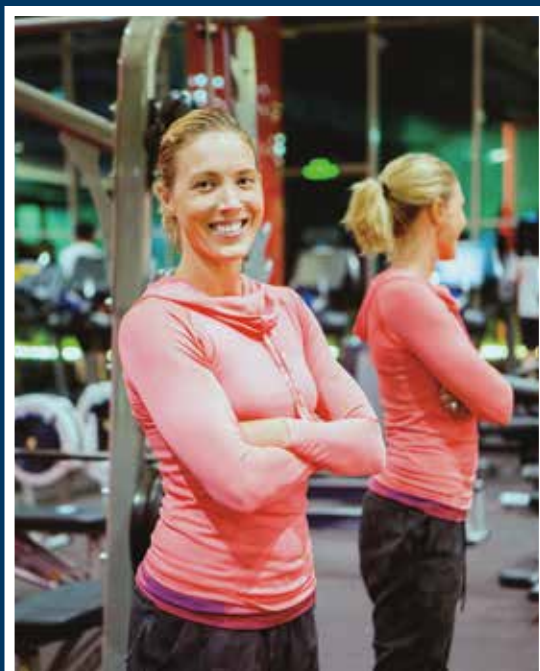
Alex Wise, Mr. Fat Loss Champ
Favorite exercise: Walking – a highly underrated exercise!
Inspiration: My K2 Team (the Zhuhai Walking Deadlifters), old and new friends that shared experiences, advice and recipes... their constant encouragement was priceless to me.



Jenny MacDonald, Ultimate Team Captain

Favorite exercise: (Wo)Man Makers.

Inspiration: My team! The Bit#\$\$@Z WeChat group was blowing up every day with motivation, jokes, confessions and just all-around great support. They pushed me every day... I was very proud of my results and I have them to thank.



Kara Wutzke, Founder of K2Fit

Mission complete! I am so proud to have coached these eight dedicated champions (and Sergei Smirnov, our Mr. Toned Up Champ, who isn't pictured here). They put in the time to focus on eating clean while training hard, and it shows. Thank you to all who participated and helped build a strong community of team members that motivated each other towards success! The 10-week program, well, that's just the start of it. Keep it up and stay tuned for Season 5 of the Ultimate You Challenge this March!

LIFE & STYLE

Scaling Great Heights

The photographer using his lens to show the beauty of China is worth protecting

ཡུལ་ཕུག་སྤྱོད་པའི་ཐང་ལོ་གསལ་རྒྱལ་ལོ་ལོ་
五树千年唐落古道



Classic Chinese Garb
P17



Virtual Video
P18

BRINGING HISTORY BACK

Ancient Fashion for the Modern Wardrobe

By Ziyi Yuan



DOWN COAT BY EYENSREE
RMB1,258
TAOBAO SHOP: EYENSREE 意树



VELVET JACKET WITH PRINTED LINING
SHANGHAI TANG
RMB6,900
WWW.SHANGHAITANG.CN

Chinese New Year is approaching, making it the perfect time to update your wardrobe with pieces from designers who are incorporating historic motifs into fresh fashion lines. Below, we've compiled some of the more interesting elements of classic Chinese garb.

Journey to the West

Sinophile or not, you've likely heard of the classic novel *Journey to the West*. Husenji recently introduced cufflinks dedicated to the novel's four main characters. Though subtle, these cufflinks serve as great conversations starters with eagle-eyed business associates.



CUFFLINKS BY HUSENJI
RMB199

Chinese Knots

The decorative Chinese knot is actually an ancient folk art, but also serves as a regular knot. Shanghai Tang makes a chic velvet jacket with beautiful printed lining along with a cut that evokes a traditional Chinese style.

Another stylish example is made by Eyensree and comes in the form of a down coat for men. The designer has eschewed the usual zipper for three fancy knots, giving the jacket a distinctly oriental flair.

Embroidered Chinese Wedding Dress

Tired of white weddings? This red and gold wedding qipao is sure to shake things up. Refosian, one of the oldest qipao shops in the world, makes dresses for all occasions, including tying the knot. The Chinese character for happiness is inked onto the corners of the dress, while a Chinese-style Phoenix is also emblazoned across the center of the skirt.

WEDDING QIPAO RMB99,999
WWW.REFOSIAN.COM



TANG SUIT BY HUSENJI
RMB1,699
WWW.HUSENJI.COM

The Tang Suit

A style originating near the end of the Qing Dynasty, you've likely seen the Tang suit before, whether on period piece TV shows or wrapped around your elderly neighbors during Chinese New Year.

Fading from favor in mainland China for decades, the style has made a comeback and is no longer reserved for cranky old men. Husenji sells a white Tang suit adorned with a cartoon – just the trick for children interested in this traditional outfit.



SNOW BOOTS BY HUSENJI RMB499
WWW.HUSENJI.COM

Chinese Boots

The look of Hanfu boots evolved over hundreds of years before falling out of vogue, but Husenji is bringing the ancient boots back with this eye-catching pair. Designed to shield against snow, they are as fashionable as they are functional.

STYLE RADAR

TAP THAT APP

Popcorn Time

It's no secret that streaming television shows and movies is a breeze in China, but for expats with limited Mandarin skills, local apps and streaming sites can be difficult to navigate.

The solution? Popcorn Time. No, we aren't talking about delicious, buttery movie theater popcorn; we're talking about the free video-streaming app. The program is available on both Android and iOS (it's still in beta, so you can download it via popcorn-time.to) and features a comprehensive catalogue of films and television shows that can be directly streamed to your phone or computer.

Founded in 2014, Popcorn Time is a BitTorrent program that can stream in high definition and with subtitles (when desired) through its integrated media player.

Content on Popcorn Time is diverse, with users able to access new Hollywood films, popular TV shows and even an extensive selection of anime. One of the best aspects of the app is that you can also download videos directly to your mobile or computer, so you don't need an Internet connection to enjoy HBO's *Westworld* on your flight to Thailand this Chinese New Year.

If you're tired of browsing steaming sites like iQiyi or roadside pirated DVD stalls, this app's for you.

Popcorn time is available for both Android and iOS devices, as well as laptop computers. Download it at popcorn-time.to.



MAISON MICHEL'S
'VIRGINIE' FEDORA
WWW.NET-A-PORTER.COM
RMB5,350



HATSUP'S NAVY HAT
TAOBAO SHOP: HATSUP
RMB160

CHEAP CHIC VS LUX LABEL

Start at the Top

Use the new year to usher in a new you, beginning at the brow. This month we take a look two hats that appear similar but are created from very different materials. Handcrafted in France, the Maison Michel 'Virginie' fedora is made from waterproof rabbit felt and includes an internal head-gripping band. It also costs more than RMB5,000, restricting purchasers to well-to-do fashionistas. Decidedly more affordable is the woolen, Chinese-made Hatsup's navy-colored cap. It cuts a similar profile at a fraction of the price, leaving you a bit of coin to rework the rest of your wardrobe.

INSPECT-A-GADGET

360-Degree Video Viewer

A sunlit curtain moves gently in the wind behind you as a girl-next-door type approaches from the front. "You worked really hard today," she whispers. "Let me massage your shoulders."

A glance down and the illusion is shattered: where your shoulders should be is a tabletop, the woman's hands moving back-and-forth above it.

This simulated massage marks the humble beginnings of an in-home VR revolution, the 360-degree video downloaded through a free phone app.

Originally thought to be a joke, Google Cardboard proved in 2014 that all that was needed for a 'virtual reality' experience was lenses set in a smartphone-holding, cardboard visor.

With the introduction of 'truer' VR technology, which allows room-wide movement and real-time interaction, the content viewable through Google Cardboard is now rightly referred to as 360-degree video, though that hasn't slowed down the shipping of millions of units.

Now, several Shenzhen-area companies are trying to outdo the big G.

We got our hands on UCVR's Zombies Cat



FOR WHO: THE VR CURIOUS
HOW MUCH: ABOUT RMB200
SOLD WHERE: TAOBAO.COM, JD.COM

headset. The frame is made from lightweight plastic, and the band that fastens around your head uses a special Velcro that doesn't stick to hair. Comfortable padding also lines the places where your face meets the hardware.

The Zombie Cat's sliding, spring-loaded grips max out at iPhone 6 Plus-sized phones, but, surprisingly, bigger doesn't mean better; smaller-sized phones deliver the same experience, albeit with some light leakage from the real world.

Until prices on newer VR technology drop (the HTC Vive costs RMB6,888), headsets used to view 360-degree videos are an excellent way to glimpse the experience still just over the virtual horizon.

DAYTRIPPER

Dapeng Fortress

Those looking for a break from the frenetic rhythm of city life will delight in a quiet visit to one of Shenzhen's most significant historical areas: Dapeng Fortress. Though serviced by bus routes across Shenzhen, the fortress is located 50 kilometers from the center of the city, meaning you'll want to bring a book for the two-or-so-hour ride.

The trip is well worth it. As you approach the fortress you are greeted by a panorama of blue sea and green mountains, before finally reaching the fortress' main gate.

With a history of more than 600 years, one can imagine soldiers entering through the stone-arch entranceway – or famously keeping it shut during a 40-day onslaught by Japanese pirates in 1571.

Instead of garrisoned troops and supply stockpiles, we find a walled-in hamlet that has developed commercially, with alleyways of coffee shops, hostels and restaurants nestled beneath Ming and Qing dynasty era tiled roofs.

Before noon, the streets are preternaturally quiet. Hearing your own footsteps is a bizarre feeling for anyone who has adjusted to the constant din of the big city, and the near silence lasts until midday, when the first businesses lazily begin opening. A trip down a side street leads to an ancient fortress wall, where current residents hang homemade sausages in the sun.

The people who live in Dapeng Fortress today are relatively recent arrivals, with the descendants of longtime residents having moved to Hong Kong or overseas, according



to local bar and hotel owner Zhang Beinian.

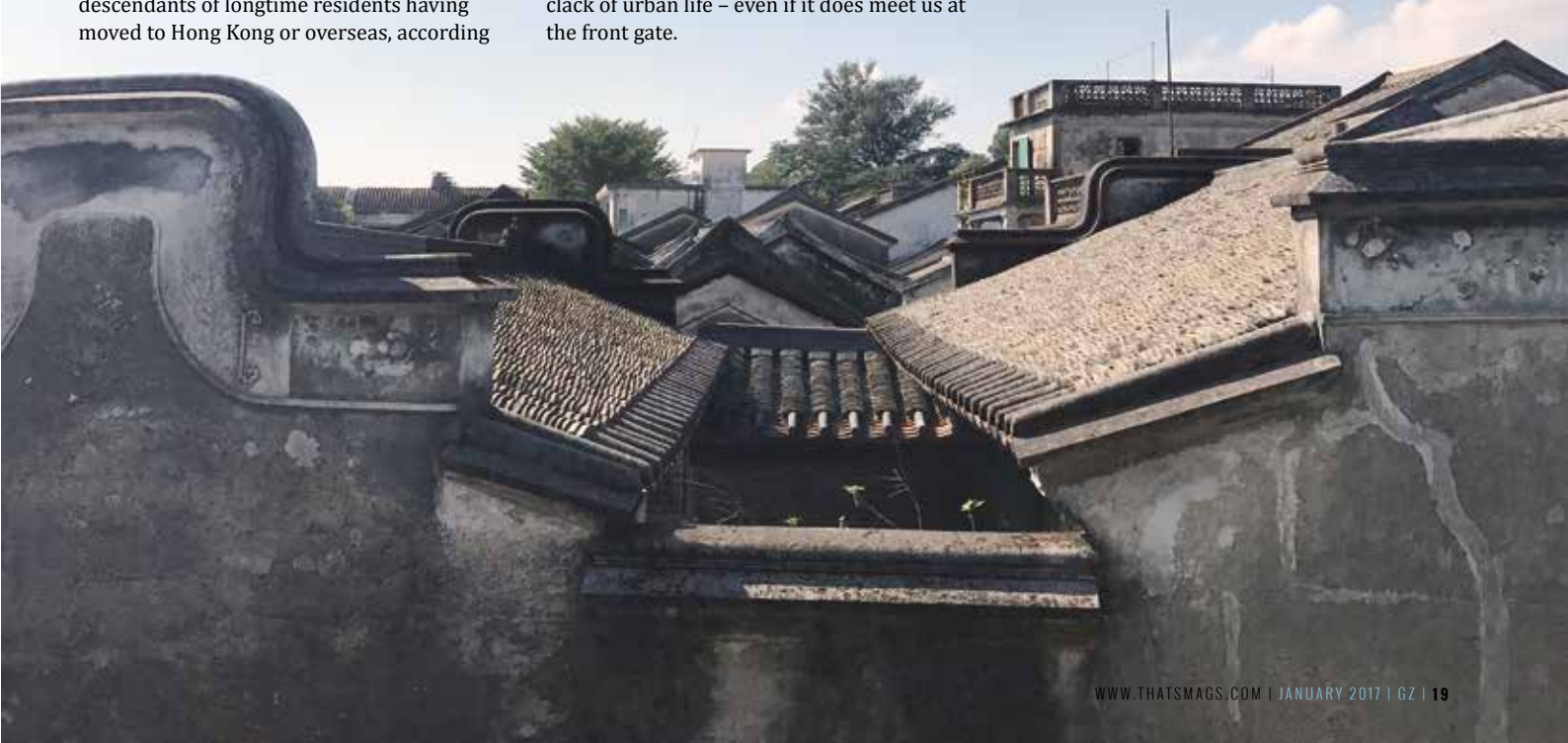
While the genetic heritage may be lost, culinary traditions remain, including tube-shaped rice dumplings known for their heavy packing of meat.

Popular restaurant Pengcheng also offers up local flavors, including a rice-noodle dish that will appeal to more adventurous diners by mixing seafood and peanuts.

Exiting the fortress, we come upon a movie crew blocking the road and are told to wait for a special bus. While waiting we reflect that Dapeng Fortress has again served its purpose by keeping out the clatter and clack of urban life – even if it does meet us at the front gate.

How to get there:

Take a train or coach to Shenzhen and then catch either the E26 or H92 bus, both of which leave from Lianhe Square and will bring you to central Dapeng New Area. From there, bus B753 runs every 30-60 minutes to the Dapeng Fortress gate. The total trip should cost about RMB176 (if you take the train).



A Mountain to Climb

The Adventure Photographer Scaling Great Heights to Help Protect China's Environment

Words by Dominique Wong, images by Kyle Obermann

Sanlitun SOHO is an undulating mix of malls, offices and apartments in the heart of downtown Beijing. American photographer Kyle Obermann is lost and using WeChat's real-time location function to find us in one of the complex's basement cafes.

Unsurprising, perhaps. The adventure photographer is more at home in the wild, after all. The more remote, the better: up in the foothills, with a camera in his hand and Google Maps on his phone ("it's pretty much essential").

Obermann has spent the past year com-

bing two of his biggest passions: photography and promotion of environmental awareness. His journeys – from traversing Yunnan valleys to sleeping on snowcapped ridges in Sichuan – have resulted in magnificent photo opportunities, some of which are reprinted on these pages.

Sipping on a flat white in the confines of SOHO, Obermann explains: "There are so many unexplored mountains out there, so many valleys. It is pretty easy to get off the trail and go remote."

Armed with apps and topography maps

(or those available at least – "topo maps in China are like a military state secret, you just can't access them"), and with several years of hiking experience behind him, Obermann has managed to stumble upon "mind-blowing" scenes.

"I like to look at places people have been to with a new perspective, like in the Jade Dragon Snow Mountain.

"We took a taxi to a famous monastery [in Tibet] and used Google Maps to find a doable route back. We walked through beautiful fields of alpine flowers and grass on 4,800-meter hills. It was definitely a hard 30k but it was gorgeous, and the first time I ever saw Tibetan antelope in the wild," Obermann recalls.

Despite regularly scaling heights of 4,000-meters upwards, Obermann has only had one near-death experience in China. While hiking the Taishan Mountain range bordering Hebei and Shanxi last October during Golden Week, a blizzard hit his exposed camp on a narrow mountain ridge, he says. "We sat up the whole night against the wind-





“I’ve seen a ton of groups that, frankly, leave a trail of trash behind. It’s tragic when you’re in a remote area and run into a group who’ve littered oxygen cans, gas canisters and wrappers”

ward side of the tent to keep it from blowing over.”

But the self-trained photographer isn’t out there for the mere thrill of it. It’s his livelihood. Armed with a degree in environmental science, Obermann currently works at the Beijing office of American non-profit organization Conservation International.

In fact, the day of our interview coincides with his return from Xinglong Observatory in Hebei, after an all-nighter shooting a meteor shower for Chinese National Astronomy. Obermann is still wearing an orange thermal zip-up, the type of top synonymous with the word ‘outdoors.’

Being in the countryside is “a way to escape and refresh,” he says. “As far as environmental protection goes in China, it’s important to see these kind of landscapes and the beauty that is worth saving. Imagine what it would be like if there was a system in place to do so?”

Until just a couple of years ago, China lacked such a workable scheme – one that can be monitored and enforced, that is – for safeguarding its ecosystems. But in 2014 the

government amended its environmental laws to help fight pollution, placing greater emphasis on punishing illegal polluters.

Obermann acknowledges, “The environmental situation [in China] is constantly improving – from the top down to the bottom up.”

Yet, trekking experiences have shown the conservationist that there is still much to achieve regarding education. “Hiking has become really popular now in China. It’s a good trend, but I think that – like a lot of things that happen quickly here – details of what’s necessary are skipped over and hikers just go for it.

“There are plenty of people who are more skilled than I am. But I’ve also seen a ton of groups that, frankly, leave a trail of trash behind,” he says. “It’s tragic when you’re in a remote area and run into a group [who’ve littered] oxygen cans, gas canisters and wrappers.”

Ironically, Obermann admits, people who claim to be more environmentally conscious are just as blasé. “There’s an education gap between valuing nature and learning how to protect it when you’re outdoors. But I think awareness comes with time.”

Obermann accepts it’s a steep mountain to climb (“it’s not going to be fast”) but points to Conservation International’s education programs as a positive example: “They’re focusing on kids, which is the generation that’s going to matter most.”

But we can all do our bit, Obermann says. “It’s your everyday choices [that count]. Look at what you purchase to minimize the impact of packaging, ride your bike and bring a trash bag when you hike. Our options are limited right now because of the lack of infrastructure in China, but it’s about being conscious.

“I hope my pictures help open up the minds of people who don’t have the opportunity to go out explore. I also encourage them to experience [rural China] for themselves, or support the groups that are trying to protect it,” he concludes. “Because without these groups, those landscapes wouldn’t be out there.”

View more of Obermann’s landscape photography via Instagram @kyleobermann

ARTS

Recasting a Classic

Behind the scenes with the stars from Wicked



Make Way For Kaixin Mahua
P24



Metallica's Life Cycle
P28



SHENZHEN GETS AN ART INFUSION

Jardin Orange Art Residency Adds Color to the Scene

By Sky Thomas Gidge

Cheet Fouad sits in his Shenzhen office with two heavy binders of press clippings on the desk to his left and a pen held like a paintbrush between his thumb and index finger. He is sketching the frame of a canvas for an upcoming live-painting event.

"Ownership will be maintained by the artists," Fouad stresses, before explaining what sort of truck will be needed to transport the large canvas panels.

Fouad's ability to organize, coordinate a busy schedule and – perhaps most of all – market the art that he produces is what has allowed him to work with about 400 companies, by his count, including Adidas and Prada. Originally beginning as a French graffiti artist, his work has made it into galleries from Hong Kong to New York City.

It's the same prowess that has earned him the directorial role in an ambitious project set to revolutionize Shenzhen's art scene: Jardin Orange.

The project is supported by the Montresso Art Foundation, which operates Jardin Rouge in Morocco, a residency for contemporary artists founded in 2007 that has seen today's most promising contemporary artists work within its red-brick walls.

But how will a city better known for assembly lines than art shows attract high-caliber artists? Through connections Fouad has spent decades making.

"When I find someone I feel has a little bit of talent," he begins, completing his thought by moving his hands in the air as if picking up artists and dropping them in Shenzhen.

Jardin Orange is positioned at the heart of SoFunLand, a quickly developing area full of student apartments in Xili, Nanshan District. The hope seems to be that a young population combined with a budding art scene will tap again into the bohemian vibe that has made OCT Creative Park a Shenzhen landmark.

SoFunLand expects to have 2,000 residents by Chinese New Year and has confirmed two incubators and the possibility of an extreme sports park, according to the area's CEO.

But to interest Fouad in the project, the developers had to give him an offer that was difficult to refuse. "They said, 'Yeah, we can give you something for free. We can give you a building,'" he says. "Now, this place is like my kindergarten."

After an electric cart ride down one of the pedestrian streets that make up 380,000-square-meter SoFunLand, Fouad strides into a three-story pumpkin-colored building and details his plans for Jardin Orange room by room.

"This will be a gallery," he gestures at a back wall. "And here will be a recording studio." We ascend one floor and he continues:

"This is the varnish room, here is storage, this is an office." We climb another flight and Fouad points down a hallway filled with construction workers, bags of concrete and wires hanging from the ceiling. "These are going to be luxury rooms."

Those rooms will be set aside for the project's engine, purchasers visiting Shenzhen to check out what the dozen-or-so confirmed international artists produce under Fouad's guidance in 2017.

"I'm an artist, but I'm also an art director," says Fouad, explaining how he will guide artists towards commercially viable work. "Every month we have to prove that our business is growing and making money – we have to pay the bills. It's all about bringing art to Shenzhen, but at the end of the day we need to sell."



COLLAGE

SINO CELEB

Wang Baoqiang

Of all Chinese movie stars on the big screen, Wang Baoqiang is most like the Cinderella of Middle Kingdom show business. An inspirational example for the hundreds of millions born into China's working class, Wang, who was raised in an underprivileged village in Hebei, rose to stardom against the odds.

As a small child, he was first inspired to take up acting after watching Jet Li's hit film *Shaolin Temple*. At the age of eight, Wang was recruited as a member of the renowned kung fu hub Shaolin Shi, where he spent six years practicing martial arts.

Wang came to Beijing when he turned 20, playing extras in small budget films and TV series until he was chosen to take part in *Blind Shaft* – a film that won him a Golden Horse award but is now banned in China. Before long, he was acting in prominent hits like Chinese director Feng Xiaogang's *A World Without Thieves* and the popular 2010 comedy *Lost on Journey*.

In August, Wang elicited newfound attention when he announced on Weibo that he would be divorcing his wife, with whom he had a daughter and son. The cause – an affair between the man's beloved and his agent – aroused heated discussion across the country and won the humble actor plenty of sympathy from fans.

Kind of like: Zach Galifianakis of *The Hangover* (only fitter and with less facial hair).

Famous for: *Blind Shaft*, rising to stardom from a poor village in Hebei and (most notably) his recent divorce.

See him next in: the film *Detective Chinatown 2*.



STAGECRAFT

Earl of Oolong Mountain 《乌龙山伯爵》

From China's legendary comedy troupe Kaixin Mahua comes the play *Earl of Oolong Mountain*, which opens with an unemployed, single, unattractive protagonist who, on his 30th birthday, receives an unexpected check for one million dollars.

In a rush to cash in on his discovery, the young man mistakenly aligns himself with a dishonest bank manager and an even less trustworthy band of thieves. Before long, he too is labeled as a criminal and murderer by association, and must flee to a nondescript hideout far from the city: Oolong Mountain.

What follows is a series of hilarious skits as Earl develops a plan to seek revenge and get his life back on track.

Touring more than 50 cities across China since 2011, *Earl of Oolong Mountain* is heralded as one of the most successful comedies in modern Chinese theater. Even if you aren't fluent in Mandarin, the expressive set, lighting and



first-class acting will allow you to follow the storyline with ease. And if you're at all curious about the local arts scene here in South China, this is an excellent opportunity to rub shoulders with some of the talented performers that reside right here in the PRD!

Fri-Sat Jan 13-14, 8pm; Sun Jan 15, 3.30pm; RMB80-880. Huaxia Art Centre, 1 Guangqiao Jie (outside Huaqiao Cheng Metro Station), OCT, Nanshan District, Shenzhen 深圳市南山区华侨城光侨街一号 华侨城地铁站) 华夏艺术中心 (0755-2660 2204/2660 2414/2693 2360, www.octeshow.com, piao.damai.cn/113163.html)

HAO BU HAO

Hao

Despite whitewashing accusations and genre concerns, the largest US-China film co-production has proven to be hit. Starring Matt Damon and directed by Zhang Yimou, *The Great Wall* pulled in an impressive USD66 million on its opening weekend - the third highest of the year. The sci-fi film set in Ancient China is expected to open across North America in February.



Bu Hao

Beijing-based travel website eLong was hit with a RMB400,000 lawsuit from Chinese actor Ge You after using a popular internet meme featuring his image on Weibo. The offending meme depicts Ge's work as an incredibly lazy couch potato on the hit show *I Love My Family*. Ge alleges that the use of the meme without his permission implies he's endorsing the service.



COMING TO A THEATER NEAR YOU



★ JAN 6 ★

Bridget Jones' Baby

A dozen years after her misadventures in *The Edge of Reason*, Renée Zellweger is back as Bridget Jones for some more romantic drama. This time, her character deals with some baby daddy drama, as in sorting out who exactly is the father. In one corner is Colin Firth who returns as Mark Darcy, Bridget's ex-husband and the primary love interest in the first two *Bridget Jones'* films. In the other corner is the always smoldering Patrick Dempsey. So far, the world is eager to find out, as the film has already grossed over USD211 million worldwide.

Rogue One: A Star Wars Story

★ JAN 6 ★

Last year's successful launch of the third trilogy in the *Star Wars* series was just the opening salvo in an onslaught of upcoming films. *Rogue One* kicks off the *Star Wars* Anthology series – standalone stories set shortly before the events of the original *Star Wars* film (or *Episode IV* for the hardcore). Felicity Jones (*The Theory of Everything*) stars as a new recruit to the Rebel Alliance tasked with stealing the design schematics of the Empire's new superweapon, the Death Star. Chinese stars Donnie Yen and Jiang Wen cameo as a warrior and an assassin respectively.



A winter vacation getaway should never be limited to beaches



A winter vacation getaway should never be limited to beaches. This fall, The Ritz-Carlton, Shenzhen designs a vacation solution for distinguished guests eager to explore the pulsating energy of Shenzhen, coupled with the timeless festive treasures within the hotel.

The best way to experience it all is within one of the hotel's suites or Club Level accommodations. Club Level benefits at The Ritz-Carlton, Shenzhen range from five exquisite culinary presentations throughout

the day to a dedicated concierge for hard-to-get restaurant reservations and more. For families, the vacation promises the little ones an evening of adventure in the comfort of their hotel room and brings the great outdoors inside with a fun in-room camping experience.

Of course, adventures will never be limited within the hotel. Guests who book the Winter Warmer package will enjoy an outdoor adventure exploration with a local concierge guide on a private round-trip transfer service to Shenzhen Bay Park, the longest coastal park in Shenzhen or the enormous theme park, Interlaken Overseas Chinese Town.

The Winter Warmer package is priced starting from RMB 1,688*, including Deluxe Room accommodation with daily breakfast for two and one child under six years old, special amenities, and personalized services including one escorted butler transfer to

Shenzhen Bay Park or Interlaken Overseas Chinese Town through this once-in-a-lifetime journey. In addition, guests who stay in a Junior Suite at RMB 2,288* per night can also get access to the Club Lounge and a special in-room tent if they are traveling with children.

*** Valid until February 28, 2017. Rate is subject to 16.6% service charge and tax;**



The Ritz-Carlton, Shenzhen
116 Fuhua San Road, Futian District Shenzhen 518048, P. R. China
Reservation: 755-8448-7222 Email: rc.szrz.reservations@ritzcarlton.com



IT'S NOT EASY BEING GREEN

Wicked Recasts the Story of One of Fiction's Most Infamous Witches

By Tristin Zhang, images by Matt Crockett

So begins *Wicked*, a musical loosely based on the novel by Gregory Maguire that acts as a prequel of sorts to *The Wizard of Oz*. The hydrophobic Wicked Witch of the West, the saintly Good Witch of the North, a scarecrow without a brain and a tin man without a heart – *Wicked* revisits these familiar characters and provides them with a back story, one that completely transforms the orthodox story of good and evil into one about racism, political corruption and human cruelty.

Like *The Wizard of Oz*, *Wicked* has become a tremendously popular cultural milestone, one that is a mainstay on Broadway – it is currently the ninth longest-running show ever in American's famed theater district.

Hailed by the *New York Times* as “the defining musical” of the 2000s, the plot focuses on the smart but fiery Elphaba (later the Wicked Witch of the West), who is born with ‘ugly’ emerald-green skin and a remarkable talent for magic. Counterbalancing her is blonde beauty queen Glinda, (afterwards Glinda the Good Witch), a character so image-conscious that her signature song is ‘Popular,’ in which she sings: “Celebrated heads of state or / Specially great communicators / Did they have brains or knowledge? / Don't make me laugh! / They were popular!”



The rivalry between these two eventually leads to the unlikelyst of friendships, one that is put to the test when Elphaba decides to overturn the status quo.

The original production saw Idina Menzel and Kristin Chenoweth, two pillars of musical theater (and frequent guests on TV show *Glee*), take on the roles of Elphaba and Glinda respectively. Both actresses' dramatic brilliance nurtured the popularity of *Wicked*, defining the roles and leaving big magical slippers to fill.

“I've been with the show for nearly six years now and have worked with a lot of incredible Elphabas. It's very hard not to be influenced by other people. I'm certainly influenced by those I look up to. I'm a bit of a sponge who tends to absorb everything, and what comes out of that is my own Elphaba,” confesses Jacqueline Hughes, who will be performing the role of the Wicked Witch for China audiences in June.

“I think people are so familiar with the original Broadway cast, with Idina Mendel, it won't go very far with copying somebody,” adds Hughes' onstage rival, Carly Anderson, who takes on the mantle of Glinda. “You need to find what works for you and apply your own personality and interpretation of the role to it.”

Unlike the two-hour makeup session necessary for musical-land's only other green star, Shrek, it takes just 20 minutes to turn Hughes green. Like Anderson, she

“Once upon a time, in the Land of Oz, long before Dorothy's arrival, there were two witches...”



has understudied numerous roles in preparation for the spotlight, describing her *Wicked* experience as “a dream come true.”

With music and lyrics composed by Grammy and Oscar-winning Stephen Schwartz (*Godspell*, *Enchanted*), this two-act entertainment is packed with sparkling tunes, including the show-stopping ‘Defying Gravity.’ For the lead actresses though, the pivotal scene is a little more understated.

“One of our favorite moments in the show is called ‘Elphaba’s Dance,’ where there is complete silence but it speaks such volumes. You can actually hear the audience breathing. It’s the beginning of their friendship,” says Anderson.

She and Hughes will be singing eight times a week on their tour through the Middle Kingdom, but – at least for the moment – they’re more jubilant than nervous.

“What’s exciting for us about performing in a country where English isn’t necessarily their first language is

being able to translate the show as actors and actresses. The theme of friendship is universal. *Wicked* is such an amazing spectacle. There are so many things going on and you’ll immediately feel immersed in this world that is Oz,” Anderson enthuses.

What has made *Wicked* a lasting success is the combination of set pieces dedicated to friendship and love with the darker motifs of political suppression and bigoted ideology. When Elphaba attempts to reveal that something is rotten in the state of Oz, she is immediately dubbed ‘wicked’ by the Wizard’s press secretary; her legitimate protests against the establishment are transformed by propaganda into the lies of a dangerous malcontent who must be hunted down and destroyed.

Wicked is undeniably entertaining, but it also invites us to question whether we should turn a blind eye to inhumanity, or stand up to injustice at the risk of our own destruction.



Tickets for *Wicked* are already on sale. The show is scheduled to run in Guangzhou June 18-27, 7.30pm; RMB280-1,380. Guangzhou Opera House, 1 Zhujiang Xi Lu, Zhujiang Xincheng, Tianhe District 天河区珠江新城珠江江西路1号 (020-3839 2888)

METALLICA COMES FULL CIRCLE

Life Cycle of a Metal God

By Andrew Chin

It's been a mighty return for Metallica who topped the charts in 23 countries with *Hardwired... to Self-Destruct*, their first album in eight years. Tickets to their China tour are nearly gone and those lucky enough to have scored seats will be catching a band that critics are raving for returning full circle to their roots. We chart their evolution.



1983

"It implies lack of arrangement, lack of ability, lack of songwriting, lack of any form of intelligence. Thrash metal to me is just open E riffing for five minutes as fast as you can go."

- Lars Ulrich, 1983

Formed in Los Angeles in late 1981 after singer/guitarist James Hetfield responded to an advertisement placed by drummer Lars Ulrich for other metal musicians, Metallica quickly cultivated a buzz for their natural mastery of the burgeoning thrash metal genre. However, they quickly outgrew the scene, adding complex riffs, songwriting and ideas on early classics like 1984's *Ride the Lightning*.

1991

"One of the first things people say to me now is 'Hey, you guys real rich?' Who gives a shit? We're staying in this hotel, and I hate it. Can't come down to the bar and talk to your friends, have a drink."

- James Hetfield, 1991

The model band for doing things right in the underground throughout the 1990s, Metallica just became impossible to ignore. Their 1988 album *...And Justice For All* won a Grammy. Its follow-up, 1991's *Metallica* (aka. The Black Album) sold over 16 million copies thanks to hits like 'Enter Sandman' and 'Unforgiven.' The band's newfound success leaves its early fans somewhat divided.



1996

"I was surprised at how much reaction it got. I mean, what could be more useless than arguing about our bass player's hair length?"

- Lars Ulrich, 1996

If the sell-out accusations began in 1991, it came out in full force with Metallica's 1996 double releases, *Load* and *Re-Loaded*. In addition to the shorter hair, there was a notable shift to a softer sound unthinkable to fans of the group's early discs.



2000

"We're paying more money paying our lawyers – USD500 an hour – than we're losing on the internet. If people think this is about greed, then they should think again."

- Lars Ulrich, 2000

Fans are furious that a band as successful as Metallica would become the first band to take on burgeoning file sharing service, Napster. Scenes of Ulrich's life as an art collector from the band's notorious documentary, *Some Kind of Monster*, which details their therapy sessions, didn't help either.



2016

"Success is more about having the freedom to do whatever we want than it is any particular outside opinion about our music. But I'd say that the most significant thing that Rick Rubin did was [to] say, 'You can look at your own work and be inspired. *Master of Puppets* was a great record."

- Lars Ulrich, 2016

Eight years after their last album, Metallica is welcomed back with open arms. *Hardwired ... To Self-Destruct* is

praised as a return to form. The band remains one of the world's most popular touring acts and with the way that streaming has impacted the music industry, it turns out Lars and the band were probably right all along.

Fri Jan 20, 8pm, RMB580-1,280. Arena, AsiaWorld Expo, Hong Kong International Airport 亚洲国际博览馆 (www.hkticketing.com)



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2016 THAT'S PRD STELLA ARTOIS FOOD & DRINK AWARDS

With each passing year, the Guangzhou food and beverage industry grows more competitive, developing ever-more creative ways to fill our burgeoning stomachs and satisfy desires we never knew we had. This year in particular drew considerable interest from venues and readers alike, as ballots cast live on WeChat poured in at a (sometimes inconceivable) speed.

Our winners, determined by the combination of votes cast on our official polling website and WeChat account, are recognized as being the very finest in a variety of categories, from the best place to get your caffeine fix to the craftiest brewery in town.

To give credit where it's due, we've also added our editorial board's opinion to the mix this time around, selecting our personal favorites in a number of categories. If you have your hands on a magazine right now, stick it in your bag (it's free for a reason), keep it handy and consider the following pages your bucket list for cool bars and restaurants to check out in 2017.

And now, Guangzhou, your champions of the 2016 That's PRD Stella Artois Food & Drink Awards!



WOW!

Nightlife Personality of the Year

Reader's Choice: Jenny MacDonald
Catch her antics nightly at a drinking establishment near you!



Chef of the Year

Reader's Choice: Rodrigo Gonzalez
The guy with the cutting-edge recipes.



Outstanding Restaurant of the Year

Reader's Choice: Happy Monk
British dining culture at its finest.



Outstanding Restaurant of the Year

Editor's Choice: Element Fresh
Superfoods doused in detoxifying swagger.



Outstanding Club of the Year

Reader's and Editor's Choice: Suns Bar Lounge
Brighter than a thousand suns.



Outstanding Bar of the Year

Editor's Choice: McCawley's Irish Pub
Drinks from dawn till dusk.



Outstanding Bar of the Year

Reader's Choice: Hooley's Irish Pub & Restaurant
Where friendly Irish folk and Hooley-gans come to party.



YA BABY



Beer Bar of the Year

Reader's and Editor's Choice: Strand Beer Café
Like a normal cafe, but with beer... good beer.



Bakery of the Year

Reader's and Editor's Choice: Perma Bakery
Gotta love those buns.



Cafe of the Year

Reader's Choice: Feel More Coffee & Bagels
Toasting its competitors as the first bagel shop in town.



Brunch of the Year

Editor's Choice: Element Fresh
Wholesome breakfast in its element.



Brunch of the Year

Reader's Choice: Social & Co
Where Guangzhou breaks bread (and downs mimosas) every Sunday.

Cafe of the Year

Editor's Choice: Lock Chuck Coffee
Where hot coffee and chill people warm hearts.



BOO



Cantonese Restaurant of the Year

Reader's and Editor's Choice: Hoi Fan Restaurant

Gong fu dishes to satisfy your loftiest wishes.



German Restaurant of the Year

Reader's Choice: 1920 Restaurant and Bar
Where you can embrace sausage and steak in one place.



German Restaurant of the Year

Editor's Choice: Paulaner Brauhaus

The microbrewery that knows how to throw a macro-party.

Indian Restaurant of the Year

Reader's Choice: Bombay Grill

You'll be in a curry to eat here again.



French Restaurant of the Year

Reader's and Editor's Choice: Jardin d'Olive
Capturing the essence of French pleasure.





Outstanding Buffet

Langham Place, Guangzhou – The Open Kitchen
Prepare a bib: it's going to get messy when you see this spread.



Outstanding Dim Sum

Guangzhou Marriott Hotel Tianhe – Man Ho
Squeezable buns, naughty tarts, *siu mai* packed in their tight wrappers, har gow!



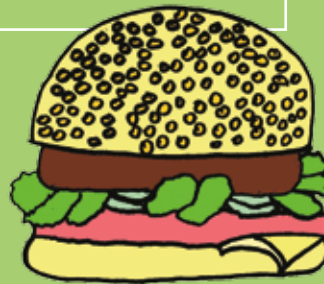
Outstanding Event

China Hotel, A Marriott Hotel – Guangzhou's 12th Annual Oktoberfest
The steins never stop coming at Guangzhou's favorite beer-a-palooza.



Outstanding Grill

Grand Hyatt Guangzhou – G Restaurant
A high steaks world where every culinary gamble pays off.



Outstanding Japanese

Guangzhou Chimelong Hotel – Kaiseki Restaurant
Traditional sets that'll have you humming 'I'm Turning Japanese.'



Outstanding Lounge

DoubleTree by Hilton Guangzhou – Canton Lounge
Make yourself at home in this Lingnan-inflected living room.



Outstanding New Restaurant

Le Méridien Huizhou – Le Mei
Hakka and Cantonese cuisines play together beside the sea.



Outstanding Interior Design

Sheraton Zhuhai Hotel – Yue Chinese Restaurant
A kaleidoscope of traditional patterns blended together for a tasteful finish.

DOUBLE!



Outstanding Bistro

Shangri-La Hotel, Guangzhou – Wok Too Café
It's always playtime at this quirkily designed, child-friendly escape.



Outstanding Cantonese

LN Garden Hotel, Guangzhou – The Peach Blossom
Dine in style at a restaurant that's always in full bloom.

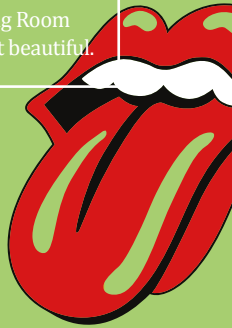
Outstanding View

LN Hotel Five – Bar 5 – Roof Top Bar
Call a psychiatrist, because these views are insane.



Outstanding Italian

Park Hyatt Guangzhou – Dining Room
Bella Italia's cuisine at its most beautiful.



Outstanding Nightlife

W Guangzhou – Woo Bar
Get a little bit woo-woo-woozy at a place that does everything from afternoon tea to fashion parties.



Outstanding Theme

Chimelong Penguin Hotel – Emperor Penguin All Day Dining
Don't flipper out, but this seafood voyage sets sail with a complement of real penguins.



Outstanding Western

White Swan Hotel – Silk Road Grill
Embark on a journey along the Silk Road to visit Europe's favorite foods.



Outstanding Cocktails

Mandarin Oriental, Guangzhou – Jin Bar
A classy courtesan that seduces guests with sensual gins and titillating cocktails.

PASTA!



Italian Restaurant of the Year
Reader's Choice: Oggi Trattoria
No one is fetuccini a-fraid-o of this Italian.



Italian Restaurant of the Year
Editor's Choice: Buongiorno
Stealing pasta-lovers' hearts for 10 years (and counting).

Japanese Restaurant of the Year
Editor's Choice: Tomonoya
This is some dreamy sashimi.



Live Music Venue of the Year
Editor's Choice: JZ Club
Diversifying Guangzhou's live music scene, one jazzy melody at a time.



Live Music Venue of the Year
Reader's Choice: Hooley's Irish Pub & Restaurant
For those about to rock: Hooley's salutes you!

POOF





Middle Eastern Restaurant of the Year
Reader's Choice: Shami House
 Barbecue and other Arab delights to keep you full for a night.



Middle Eastern Restaurant of the Year
Editor's Choice: Sultan Restaurant Turkish BBQ
 Where there's lahmacun for everyone and it's always a full house.



Pizza of the Year
Reader's Choice: American Pie Pizza
 We never SAU-sa-ge a beautiful pizza.



Pizza of the Year
Editor's Choice: Three Drops Kitchen & Bar
 In this Foshan pizza joint, we crust.

New Bar of the Year
Reader's and Editor's Choice: Bravo Restaurant Lounge
 Beers, bros and bang-up burgers.





New Restaurant of the Year
Reader's Choice: Veg Tables
Converting meat lovers softly with its song.



New Restaurant of the Year
Editor's Choice: Aroma Bistro
Just follow the aroma...



Date Night Restaurant of the Year
Reader's Choice: Social & Co
Share a platter or banoffee pie and you'll be together till you die.





Date Night Restaurant of the Year
Editor's Choice: Summer House
 Delicacies to sate and score you a second date.



Cocktail Bar of the Year
Reader's Choice: Hope & Sesame
 Everything's peachy at this Dongshankou speakeasy.



Cocktail Bar of the Year
Editor's Choice: Revolution
 Keeping the cocktail revolution alive in Guangzhou.



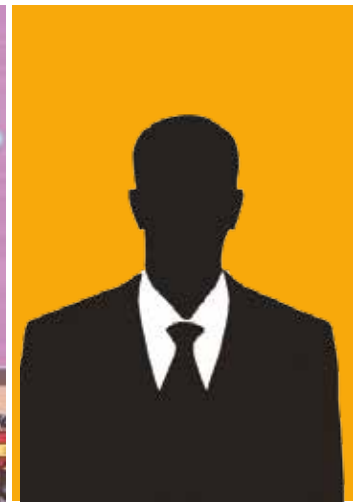
Stella Recommends:
 The Tavern Sports Bar
 Happy hour beers and pool time cheers.



Stella Recommends:
 Tippy Bar & Grill
 Craft beers on tap for every ol' chap.



Stella Recommends:
 Lab Loft
 Xingsheng Lu's most inventive array of dishes and drinks.



Stella Recommends:
 Zapata's Mexican Restaurant and Cantina
 Life is grand with a margarita in hand.

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COMMUNITY

Men in Uniform

Catching up with the Shenzhen Dragons Rugby Football Club



A Reason for Celebrating
P52



The Ultimate Lesson Plan
P54



A JOLLY GOOD SHOWING

13th Santa Pub Crawl Sees Largest Crowd Ever

By Matthew Bossons

Guangzhou's annual Santa Pub Crawl finished its 13th year last month with a sellout, 300-person crowd. As you'd expect, there was a fair number of inebriated Christmas characters and a lot of pleasantly surprised locals eager for photos.

Since its inception in 2003, the occasion has evolved into one of Guangzhou's most notable nonprofit events and was even featured in the *Wall Street Journal* a few years back.

Established by gentlemen at the Whiskey Appreciation Society as a way to give back to the community, the Santa Pub Crawl also helps homesick expats reconnect with their Christmas spirit.

"We organize this to give back to the community, for both expats and locals - especially those living far away from their homes - to help them get into the Christmas spirit at a special time of the year," Kent Hight, one of the event's longtime organizers, told us in the lead up to last year's event.

The 2016 edition of the pub crawl was held on December 3 and took thirsty Santas to four notable Guangzhou venues: The Paddy Field, Hooley's, The Happy Monk Happy Valley and McCawley's Irish Pub. All proceeds went to the Guangdong International Volunteer Expatriate Service (GIVES), which raises money for autism research and relief in China, as well as music therapy programs.

If you missed out this year, pencil it in that brand-new calendar you received during the holidays and get busy tracking down a Santa suit!



COMMUNITY

DEAR JAMIE

China Complainer

Dear Jamie,

I've never written to you before. I'm facing a serious problem and I don't know what to do about it. I hope you can give me some sound advice.

My boyfriend complains about China all the time. Every time we meet up he tells me about all the bad things that have happened to him recently and how terrible his life is here and how great his life was back in Canada. Every WeChat conversation, phone call or dinner includes negative comments about this country, yet he has chosen to live in China for five years.

I studied in the United States, so I can understand his point of view sometimes, but I'm always left wondering why he has no plans to leave.

Last week was the last straw. He called me at 4am from a strange number and said that someone had stolen his phone in a club. He added that this would never have happened in Canada and complained for an hour about his life in China.

Before going back to sleep, I went online and bought a one-way ticket for this summer to Toronto.

The next day I brought the printed ticket to his apartment. I really wasn't sure how he would react, but I know that leaving is for the best – for both of us.

Then I noticed that the ticket was registered under my name and not his. Can I change the name on the ticket or have I just wasted my money?

-Sincerely,

Fed Up in Foshan

Dear Fed Up,

You haven't wasted your money, though you will need to spend a little more to enjoy your upcoming vacation to Canada. Buy a return ticket and apply for a visa at the Canadian Consulate in Guangzhou. There can be a bit of paperwork, so it's good to start early to make sure everything is set for your trip.

As for your current boyfriend, dump him. If he is unhappy with his decision to stay here, it doesn't mean you need to be.

-Jamie

Got a problem? We've got a problem solver. Nothing is too big (or small) for Jamie at jamiainchina@outlook.com.

AROUND TOWN

SOCIAL SKILLS

Shenzhen Dragons Rugby Football Club

If seeing muscular men in schoolgirl uniforms appeals to you, consider joining the Shenzhen Dragon's Rugby Football Club.

Although donning dresses is not part of the club's regular training, says President Illian Nadenenko, it did make for a particularly memorable costume party.

"We place a lot of attention on the social aspect of the club, with after parties where both teams participate," says Nadenenko, explaining that post-match festivities often follow away games.

The Tuesday and Thursday training sessions cost RMB50 each, mixing fitness and full contact. They take place in Futian and first-timers participate for free.

A yearlong full club membership for men costs RMB800, while women pay RMB450. That gets each player a training kit, uniform and discounts at rugby-friendly businesses like The Brew and Vista-SK Medical Center. A RMB300 non-playing 'social club' membership is also available.

Despite rugby's high-octane nature, Nadenenko says injuries are relatively rare,

mostly because the club avoids putting players in situations they aren't ready for.

"For those who have never played before, we don't let them out on the pitch until we are confident they can handle full contact."

So who should join?

"People who love sports and want to make friends, people who like to have fun. Basically anyone who wants to make life more interesting in Shenzhen."



For more information, including maps to the training fields, visit www.shenzhen-rugby.com. The Shenzhen Dragon's also provide regular game summaries and training updates through their public WeChat account: [shenzhendragonsrugby](https://www.wechat.com/qrcode/index?qr=shenzhendragonsrugby).

INTERNATIONAL CHITTER-CHATTER

Chambers in the PRD Ring in the Holidays

'Tis the season of giving, and that's just what guests at this year's British Chamber Christmas Gala Dinner did on December 10, raising RMB10,000 by auctioning two hotel vouchers and one round-trip flight from Guangzhou to London to donate to Animals Asia. The event, held at The Ritz Carlton Guangzhou, also marked the British Chamber of Commerce Guangdong's 20th anniversary, and saw more than 200 attendees don their finest tuxes and gowns to partake in a fabulous evening of festive foods, performances and competitive trivia.



Celebrations abounded last month, with the Spanish Chamber treating guests to its annual holiday dinner on December 7 at the Crowne Plaza Guangzhou City Centre. Brightened by live jazz, harmonica and a menu filled with traditional Spanish turrón, biscuits, cakes and ice cream, the banquet also included a lucky draw with generous prizes from Qatar Airways, Yiqifei, Elizabeth Women Hospital and China Unicom.

If you like cats, you'll love the latest news coming out of the Consulate General of Mexico in Guangzhou this month. On December 14, the consulate launched the exhibition *The Brotherhood of the Eyes* – a collection of cat drawings sketched in 650-700 tones using colored pencils. The work of Mexican artist Jose Luis Loria, the exhibition strives to promote respect towards animals, nature and ecosystems. Though this particular display wrapped up on December 29, the consulate hopes to bring the collection to Dongguan and Zhuhai early this year. Stay tuned to thatsmags.com for updates!

TAKE FIVE

Adrian Blackstock

A rocker, hip-hopper and just all-round cool guy, Adrian Blackstock is a key part of Shenzhen's growing art scene. Originally hailing from Danville, Virginia, Blackstock is a major player in a number of the city's notable musical acts – one of which we chatted with him about this month:

What brought you to China?

In America, I studied Wing Chun, and philosophers like Sun Tzu, Lao Tzu and Confucius. I also got really big into Shaw Brothers Kung Fu films after reading the RZA's books "Tao of Wu." I came to China to be a teacher but I started playing music at an open mic audition at Rapsclallions with Rue and Jon, and it's all history from there.

What made you pick the name VaChina for your most recent musical project?

VaChina is a combination of dope musical styling's from traditional Chinese music and Southern VA hip-hop and soul sounds, where I'm from, but it's also about honoring where



we all come from, loving and respecting one another, and especially women.

What sets Shenzhen's music scene apart from Guangzhou's?

Shenzhen's music scene grew as the city did, from nothing, and Guangzhou has been established for a while and lots of big acts come through Guangzhou and that's only been happening for the past five years here [in Shenzhen].

Three desert island discs (albums)?

If I was deserted on an island and I only had three albums they'd be Wu Tang Clan's *Return of the 36th Chambers*, James Brown's *Live at the Apollo* and *College Dropout* by Kanye West.

If you could open for any major act, which would it be?

Kanye – I love his sound. He's one of my biggest inspirations.

 A large advertisement for Lingnan Hotel Five. The top half features a night view of a city skyline with fireworks exploding in the sky. The text "Celebrate Chinese New Year with Baijiu Cocktails @ Roof Top Bar" is overlaid on the fireworks. In the center, a martini glass is superimposed over the city view. The bottom section contains the hotel's logo, contact information, and QR codes for social media.

Celebrate Chinese New Year with Baijiu Cocktails @ Roof Top Bar

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A GROWTH MINDSET

Why Continuous Professional Development Is Key For Teachers

By Lena Gidwani

Education reform is top of the agenda for most countries. Yet despite substantial increases in spending and ambitious endeavors at development, the performance of many school systems remains disappointing. That some are more successful than others is indisputable. So why is it that some consistently perform better and improve faster than others?

A conversation with a few folks in the industry offers a response of sorts, best summed up in a phrase from UNESCO's 2013/4 Education for All Global Monitoring Report: "An education system is only as good as its teachers."

The teaching profession has never been in the limelight as much as it is these days. Teachers are expected to uphold on-the-pulse professionalism for the benefit of their schools, whilst at the same time reflect on practice, remain open to critique and simply perform better, which many believe reflects in student results.

Ultimately, what attracts a person to the teaching profession is their innate disposition to impart knowledge, inspire and to continue to learn for themselves. Now ask yourself, given the way our world is moving, is it always possible for a teacher to do all of this and still teach?

No, claim an overwhelming majority of those in the profession. And this is apparently

where we may let ourselves down. World-renowned Stanford University psychologist and a cult figure in education and parenting circles, Professor Carol Dweck explains the differences in mindsets. Praising a child's intelligence, Dweck says, creates a 'fixed mindset' – a belief that how clever they are governs what children can and can't do, making them less resilient and self-defeatist in the face of obstacles. To contrast, a growth mindset involves teaching children that the brain works like a muscle that gets stronger with practice, thus reinforcing persistence. The same applies to teachers, Dweck says.

Is this the curse of the teaching profession? Dweck writes that is may be so, and hence advocates what is known in the profession as Continuing Professional Development, or CPD. Teachers, new and seasoned, young and old, must be given the time to develop, share and train in order to meet the needs of their ever-evolving, 21st-century audience. Enhancing quality at all stages of a teacher's career is thus a key factor in improving the quality of learning, organizational effectiveness and student outcomes, and CPD provides the social, ongoing, in-context and inquiry-driven process to contribute effectively to the purpose.

Even though continuous professional development courses are held throughout the academic year at various locations by

groups like EARCOS and the International Baccalaureate Organization, there is always time for more, says Emma Scott, Primary Years Coordinator at Utahloy International School Guangzhou. Scott believes that learning must be situated in a critical community of inquirers who support the enrichment of knowledge through sharing of meanings, interpretations and collaboration, and this has led UISG to organise a conference aptly named EYE SPI on January 14 at UISG's lake-side campus at Baiyun District.

EYE SPI, which stands for Elementary Years Event, Sharing Professional Insights, attracted more than 300 delegates from 22 schools across South China and Hong Kong last year. Thirty-seven teachers, specialists, leaders and aspiring workshop facilitators presented, reaching a wide professional audience and furthering their role as workshop presenters, enabling attendees to share best practice and celebrate learning and teaching.

At this year's event on Saturday, January 14, Scott expects a similar turnout and over 45 presenters. She hopes that educators will walk away with not just a growth mindset, but also a view towards the vernacular that an education system is only as good as its teachers, and teachers are only as good as the education that they continuously receive throughout their careers.



HEAD-NECK DISCONNECT

Fixing Poor Posture

By Dr. Injun Kim



Forward head posture is a correctible condition that can be the result of trauma (intense and fast stress on the neck) or long-term cumulative stress such as poor posture. The x-rays shown here are examples of before and after treatment to correct forward head posture and its negative effects.

Cause

Forward head posture can be a result of a variety of different lifestyle factors, such as sleeping with too many pillows, working for extended periods of time on a computer, excessive texting, slumping when sitting or from a lack of developed back muscle strength.

Symptoms

Forward head posture creates excessive strain on the muscles in your neck and back. It has been estimated that for every inch your head sits in front of your shoulders, the weight of it increases by 10 lbs. To cope with the extra weight, your muscles are in constant contraction. This adds pressure to the base of your skull and can lead to headaches, tingling and numbness in the arms, and a burning pain between the shoulder blades.



The more serious issue with forward head posture is that it restricts the movement of your ribs and therefore your ability to breathe deeply. This has a huge affect on the heart and lungs, preventing them from functioning properly.

Solution

Chiropractors can use gentle adjustments to correctly align your spine and relax the muscles that have been put under such strain. They will then advise you on how best to

avoid forward head posture in the future.

It is important to correct forward head posture as soon as you can, in order to avoid further strain in other parts of your body. Chiropractics offer an extremely effective, drug-free solution.

Dr. Injun Kim is doctor of chiropractics at Bellaire International Clinics, 1) 28 Tianhe Bei Road # 601 Times Square, Guangzhou, 广州市天河区北路28号时代广场东座6楼601 020-2899-3911, 020-3891-0511 2) No.62 Jinsui Road 2202-2203 Qinaoxin Kingold Century, 广州市天河区珠江新城金穗路62号齐鑫国际金融中 020-2202-2203 www.bellaireclinic.com Email: bmc888@126.com

CITY SCENES

An URBANATOMY Event **urbanfamily**

2016 Urban Family Day

Urban Family held its second annual Shenzhen family day in Shekou's Jingshan Villa on December 4. Benefiting the charity Captivating International, sponsors hosted sport-themed events for children, including an area to practice golf swings, play a grab-tag version of rugby and build soccer skills. Quality munchies were provided by popular restaurants and children tuckered out from all the running and jumping were given a chance to unleash their creativity at block-building booths. Captivating International raised more than RMB2,500 through a silent auction and donations by the end of the event. Urban Family would like to extend a warm thank you to all the sponsors that took time to participate in the event by providing excellent food, drinks, activities and games.



SWIS Winter Celebration (Supported by **urbanfamily**)

On December 10, the Shen Wai International School PTA hosted their annual Winter Celebration for students, their families and the greater Guangzhou community. The weather was beautiful, and the campus quickly filled with guests eager to browse the market, sample different cuisines at the food bazaar and take part in lots of free and fun activities.



An URBANATOMY Event **urbanfamily**

Fifth Annual Shenzhen Chess Tournament

Shenzhen's top chess talents converged on Shenzhen Book City for the fifth annual Shenzhen Chess Tournament on December 10. More than 100 players participated in the event, which was organized by Hanbridge Mandarin and the Shenzhen Chess Academy. Competitors took turns testing their strategies on opponents in order to be the first to say "checkmate."



Belgian Literature Makes Entrance into Guangzhou

On December 6, a delegation from the Belgian province of Limburg joined local Guangzhou authorities and media friends to celebrate the opening ceremony of the Belgian section of the Guangzhou Library. More than 1,550 Belgian books were donated to the section, making it the largest among all foreign literature areas in the library. Guests had the pleasure of tasting Belgian specialties, including speculoos, Liège waffles, cherry tarts and other national sweets.



AmCham South China Kicks Off its 2016 Charity Fundraising Effort

The American Chamber of Commerce in South China announced details of its annual charity fundraising effort last month, which includes a project to raise donations to finance medical treatments for orphaned children at Guangzhou Women and Children's Medical Center and help Guangdong's impoverished Wuxing Village (part of Meizhou City) and other poor villages. AmCham South China President Dr. Harley Seyedin noted that weeks before the launch, Mead Johnson Nutrition and Jingxing Real Estate had already pledged RMB130,000 and RMB100,000 in cash respectively. All donations will go through Guangzhou Youth Development Foundation with proper receipts issued to the donors.



Terry Fox Run 2016 (Supported by **that's**)

The largest single day fund raising event for cancer research worldwide, Terry Fox Run in Guangzhou kicked off at Guangzhou Luhu Golf Driving Range on 10 December. This is the fourth year Four Seasons Hotel Guangzhou organized this charity event, with support from Consulate General of Canada in Guangzhou, Luhu Golf and Country Club and other associations and government organizations. Approximately 3,000 participants joined the run and helped raised nearly RMB900,000. All proceeds would go to a local cancer research institute by the Terry Fox Foundation for finding cure of cancer.



PRD

FOCUS



On December 9, Connecting + Plateno Group Collection Show 2017 was held at the Pazhou Poly World Trade Center. Successfully launched last year, the event is part of Plateno Group's mission to present new collections in the way of a fashion show – the only brand to do so in the hospitality industry.



Urban Revivo, a globally renowned, fast-fashion brand, held its 10th anniversary celebration at Guangzhou Stadium last month. The brand's founder Li Mingguang attended the celebration with invitees to review the brand's development over the past decade.



The Consulate General of France organized a welcoming cocktail party for French students living in South China at Oggi Trattoria in The Canton Place this past month. Around 50 French students attending universities in Guangzhou, Shenzhen and Zhuhai attended.



Foshan Eton House International School held its Festivals of Light in December, a tradition celebrated around the world. Parents, grandparents and the community gathered to watch wonderful performances in celebration of Diwali, Hanukkah and Christmas.



Oakwood Premier Guangzhou threw an old Canton themed appreciation party on the evening of December 8. Guests from far and wide joined the occasion, which featured a number of games, an auction and a charity bazaar and raised RMB23,740 for underprivileged students in Guangdong.



Students from The British School of Guangzhou recently visited Tanzania as part of their Global Campus initiative, which connects more than 36,000 students in 43 schools across 15 countries every year. The expedition led students to build sheds and stoves for local communities.



ASC Fine Wines, the leading fine wine importer and distributor in mainland China, Hong Kong and Macau, has partnered with The Icons to present the ASC Icons 2017 Cookbook Calendar. The Icons has two successful cookbooks: the first cookbook featuring 12 chefs from Hong Kong and the second, chefs from Hong Kong, Singapore and Shanghai. Now, the ASC Icons 2017 edition has expanded to include seven cities. It showcases chefs from some of the region's leading hotels and restaurants, as well as their culinary creations paired with some of the best wines in the world – all of which are presented by ASC Fine Wines.



Bordeaux Wine School held its press conference in Guangzhou this past December, attracting a variety of curious guests and wine experts. Thomas Jullien, Bordeaux Wines' Asian-Pacific representative, and Yang Wei, project manager in China, discussed the strategies of the pioneering wine school.

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Guangzhou reviews,
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EAT & DRINK

A Scandinavian Feast
Fine dining by the sea at Kitchen More



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BEER-BATTERED BITE

Real English Fish and Chips

By Jocelyn Richards

Though its English origin is untested, this beer-battered take-away snack was actually an early example of culinary fusion, conceived after Spanish Jews brought the concept of fried fish to England in the 17th century. When, nearly 200 years later, the country developed rail-ways to transport fresh fish from the North Sea to more populated areas, the classic fish and chips we know today became a staple snack for British working class citizens.

This month, our friends at Hooley's and Rebel Rebel introduce an easy-to-follow recipe for you to try at home. They recommend using boneless cod or halibut fillets, but any type of fish will do. The secret, they say, is adding a bit of yeast to the batter to make it delicate and crispy. So before you order in for your next potluck with friends, why not impress with a platter of home-made pub grub?

Ingredients (serves two):

- 2 deboned fish fillets (cod, halibut or other)
- 110ml ice water
- 110ml beer
- 7g yeast
- 100g plain flour
- 2 imported potatoes
- 3-5g salt
- a pinch of turmeric (for color)



Method:

For the fish:

1. Whisk together the cold water, beer and yeast in a bowl.
2. Slowly add the flour, whisking it into the liquid mixture.
3. Add one-half teaspoon turmeric for color and salt to taste.
4. Let stand for 30 minutes to allow yeast to ferment – you should see small bubbles in the batter.
5. Flour and batter the fish fillets.
6. Fry for 7-8 minutes at 175 degrees Celsius.
7. Remove from the fryer, dab with paper towels to remove excess grease and serve with French fries, tartar sauce and ketchup.

For the chips, or fries:

1. Peel and wash one or two imported potatoes

- (local varieties often come out too soggy).
2. Cut the peeled potato into thick rectangular chunks.
3. Fry for 7-8 minutes at 175 degrees Celsius.
4. Serve with the fried fish prepared above.

This recipe is courtesy of chefs Sam and Harry at Rebel Rebel Café and Bar, 42 Tiyu Dong Lu, Tianhe District 天河区体育东路42号 (8520 1579) and Hooley's Irish Pub and Restaurant, Shop 101, 8 Xingsheng Lu, by Haiyue Lu, Tianhe District 天河区珠江新城兴盛路8号 101 (3886 2675)



Scan the QR below to watch a video of chefs Sam and Harry preparing this dish.



GRAPE VINE

GOSSIP

We're digging:



Prism's molecular gastronomy, new in Dongshankou; the astounding second-floor view at legendary **Morton's Grille**, now open in IGC; **Mad Fish's** Sichuan-Italian fusion dishes and homemade quiche; sipping on delightful chocolatey espresso drinks crafted by staunch baristas at **The Scientist** (see p64); **Tristan's** imminent and highly anticipated rebirth; bulking up on beef Wellington at **Kitchen More** (p66).

We're done with:



then end of Xingsheng Lu's outdoor seating areas after city authorities unexpectedly removed them this month (and not just for the winter); news that both **The Butcher Shop** and Haizhu's craft beer hangout **The Hub** are closing their doors; an unexpected future for **CA1's** Guangzhou branch, as the foreign manager and head chef relocate to Shanghai to open a second shop there.

SILK ROAD GOLD

Bitter Melon 苦瓜

Search 'bitter melon' on Google and the first result will bring you to webmd.com for a look at the uses, side effects – really, we're not making this up – and warnings of consuming the green knobby fruit (which comes in pill form now in the West).

If, like us, you thought you'd been eating an unpleasantly bitter but otherwise innocuous melon all these years, now you know that kugua (as it's known in Mandarin) is actually a powerful supplement that may reduce blood sugar levels, lower cholesterol and treat stomach disorders, liver disease, kidney stones and more. It is possible to 'overdose,' but doing so would only potentially affect those who are pregnant or taking diabetes medication. That said, many Chinese women claim there is nothing wrong with eating bitter melon when expecting, provided one does so in moderation. Thankfully, the fruit's



natural bitterness should help minimize your cravings.

Introduced to China in the 14th century from India, bitter melon is now grown in tropical regions of Asia, Africa and the Caribbean. Chinese generally consume the gourd in its green, unripe form, but kugua matures into a mushy yellow fruit when ripe – its skin peeling back to expose bright red pulp underneath.

Want to give this superfood a try? Choose melons with green skin rather than yellow (they'll be crispier), but keep in mind that the darker the melon, the more bitter it will be.

THE NIUBI CHEF

Stir-Fried Bitter Melon

In Chinese cuisine, many dishes begin as a simple stir-fry with additional spices or ingredients added as desired. For example, in the recipe below, we're introducing the most basic method of preparing bitter melon (sautéed with oil and salt), so that you can then build upon that foundation to create more complex variations, like scrambled eggs with bitter melon – a riff on the classic tomato-and-egg dish. As long as oil, salt and heat are involved, you really can't go wrong.

Ingredients (serves two):

- 1 bitter melon
- 2 tbsp olive oil
- 1 clove garlic (sliced)
- salt (to taste)
- 1 red chili pepper (optional, sliced)



Method:

1. Rinse the melon and cut in half lengthwise. Use a spoon to scoop out the white pulp and seeds.
2. Place the halves face-down and slice thinly at an inclined angle (this will expose more flesh and allow the melon to soak up more seasonings, making it less bitter).
3. Put a wok on high heat and toss in the olive oil and garlic, searing for 10 seconds.
4. Add in the melon, taking care to stir vigorously. Add water as necessary to prevent the melon from sticking to the pan.
5. Add salt to taste and red chili pepper if you want a spicier and/or more visually appealing dish.
6. Continue to stir-fry until the melon becomes soft enough to break with your spatula. When fully cooked, the melon should still be bright green – try not to overcook it, as that will only make the melon more bitter.
7. Place contents of the wok into a shallow bowl and serve immediately.



COCKTAIL

Hot Toddy

Many claim to be able to make a 'proper' hot toddy, with recipes differing slightly. One point of agreement: the winter chill is no match for this warming elixir. Often drunk as a nightcap or folk remedy for the flu, the hot toddy is a perfect companion on those nights that require extra blankets and a high-powered space heater.

Ingredients:

- 1 ounce bourbon
- 1 teaspoon honey (or more)

- 1 slice lemon
- 1 cinnamon stick
- 1 pinch ground nutmeg
- 2 ounces boiling water
- 3 cloves

Method:

1. Pour the honey, boiling water and whiskey into a mug.
2. Add the cloves, cinnamon and lemon slice.
3. Let the drink stand for five minutes.
4. Add a pinch of nutmeg before serving.

OLDIE BUT GOODIE

Kui Yuan Cafe

Rare are mornings of peaceful solitude here in Guangzhou, but you can still catch an hour or so of quiet from the sunlit patios of Kui Yuan Cafe around 10am, when the Dongshankou mansion unlocks its doors to greet early risers.

Situated above the first-floor gallery, the cafe holds secrets to Guangzhou's past, revealed in original floor tiles laid in the 1920s and chipping paint on windows that, per government mandate to protect the historical structure, have not been replaced since the building was erected. Contemporary paintings by local artists dot the walls, providing foci for the distracted writer to ponder between paragraphs.

The menu, which features small bites that would suit a simple breakfast or afternoon tea, offers organic espresso drinks for around RMB30 each – a fair price considering it's one of Guangzhou's only historic coffee shops, with a homey atmosphere that renders flashier cafes cold and lifeless.

Open until 10pm Tuesday to Sunday, Kui Yuan Cafe is one of the few places left in the city where you can pause, collect your thoughts and relish the charm of old Canton.

9 Xuguyuan Lu, Yuexiu District 越秀区恤孤院路9号逵园艺术馆
(8765 9746)



FAST FOOD WITH CHINESE CHARACTERISTICS

Compiled by Sky Thomas Gidge

Oh, China: you might not have gone through an imperialistic streak like the West, but you are the conqueror of cuisines. While fast food chains on other parts of the globe might pride themselves in serving up the same dishes, the game in the Middle Kingdom seems to be adapt or die. This month, we took a look at four fast bites with distinctly Chinese characteristics. To watch our (somewhat pained) reactions in real time, scan the QR code on the right.



PIZZA HUT'S SICHUAN STYLE SPICY BEEF PIZZA

"The beef is obviously quite cheap. It's soft and squishy. Also, corn on a pizza? Come on."
- Matt



"Not bad, but it's just normal Pizza Hut pizza."
- Ziyi

"It's good. Is this onion? Some sort of tasty sprig? Maybe the meat is a bit cheap, but I like it. I would order it again."
- Sky

"I think it's weird. Combining Sichuan food with pizza? It looks good. But it's just weird, like putting hot pot on pizza."
- Katrina

BURGER KING'S BUTTERFLY SHRIMP

"It's just the usual fried food you can get in Burger King."
- Katrina



"Not bad. There is supposed to be cheese, but I don't taste any. I'd eat it again if someone gave it to me. It's kind of needlessly ornate."
- Sky

"It looks weird and it tastes weird and I don't know why they call it butterfly shrimp."
- Ziyi

"Boring."
- Matt

KFC'S CHICKEN AND SHRIMP BURGER WITH HONEY MUSTARD

"I'd try this once, but never again. It's just like a bun stuffed with honey mustard."

- Sky

"I don't know why you guys are saying this is weird. It's just a hamburger with shrimp and chicken. I like it."

- Katrina

"Wow, honey mustard everywhere. It's sort of like surf and turf but a really sh*tty version and disgusting. I won't eat this again."

- Matt

"I have to say this is pretty weird."

- Ziyi



THE JUDGES:



Sky Thomas Gidge,
Shenzen Editor

"I enjoy mashed potatoes and cooked carrots, mostly simple things. Today my stomach is particularly sensitive, so this will be an interesting trial for my digestive system."



Katrina Shi, *Video Intern*

"I'm Cantonese and people say we eat everything. I can tolerate almost any food. I usually eat Chinese food, but like some Western food."

PIZZA HUT'S BEIJING DUCK WITH CUCUMBER

"I don't think duck and pizza should go together and Pizza Hut made one of the food mistakes of the century when they did this."

- Sky

"It smells good, let's find out... Hm, I can't swallow it."

- Katrina

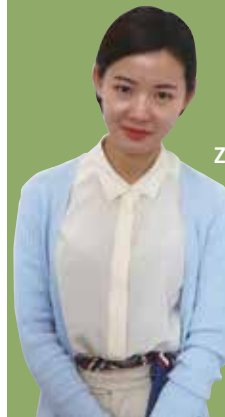


"That tastes like sh*t (spits pizza out). Not good. Not good at all. Don't buy this."

- Matt

"Don't try it. Don't try it. Don't try it. Don't try it."

- Ziyi

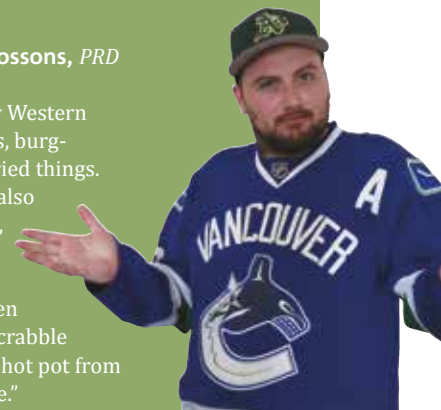


Ziyi Yuan, *Shenzen Editorial Assistant*

"I'm from northern China. Honestly, I prefer spicy and salty food, though KFC used to be one of my favorites."

Dr. Matt Bossons, *PRD Web Editor*

"I enjoy Western food: pizzas, burgers, deep-fried things. Although I also enjoy sushi, Indian food and I've been known to scabble on Sichuan hot pot from time to time."



MAD FISH

Flexing Its Mussels

By Jocelyn Richards

Dining at The Canton Place is a mixed bag: the ambiance is unrivaled, but service seldom comes with a smile and the check always manages to surprise.

Mad Fish, like its competitors on the circle, will set you and a friend back RMB200-400 for an average dinner. Its refreshingly large portion sizes and astute wait staff, however, are a welcome departure from the neighborhood norm.

A diverse assortment of dishes dot the menu, from osmanthus blossom croissants (RMB16) and crab quiche (RMB29) to chilled mussels with wasabi green sauce (RMB88) and smoked duck breast sandwiches (RMB29). We're told Mad Fish is trying to be a go-to locale for breakfast, lunch and dinner, but so far the place only comes alive at night.

Fusion is the name of the game here, and the chef has done an exceptional job with the fusilli calamari in curry coconut cream sauce (RMB68), where chili oil and Chinese prickly ash are blended with cream over homemade fettuccine. It's an ingenious combination, as the zesty, numbing spices combat the cloying nature of the cream, allowing one to dig in without feeling unpleasantly full.

The cinnamon caramel croissant (RMB16) is agreeably flaky, sweet and light. But if you do arrive for breakfast (which starts at 8.30am), try a slice of the tuna and onion quiche (RMB29) instead, which is somewhat of a rarity in Guangzhou and is baked with equal parts egg and filling, making it lighter than your classic egg-centric quiche.

It would be a shame not to try at least one pot of the fresh Chilean blue mussels while you're here. Order a round with lobster meatballs in white wine cream sauce (RMB109) or doused in kimchi sour and spicy sauce (RMB99) for an invigorating main. We wish Mad Fish offered some hearty dinner bread to dip into the luscious sauces, but alas, we ended



up having to purchase a baguette at Corner's Deli and BYO-Breading.

For drinks, there's a versatile mix of fruit teas (RMB36), Vietnamese coffee (RMB22-28), bubbly (RMB128-278) and white wine (RMB35/glass, RMB138-288/bottle). Whether you come for brunch, afternoon tea or a late dinner, it's easy to find the right food-drink combo to fit the mood.

There's not as much selection for dessert, however: you can choose between classic, rose petal or mango creme brulee, all of which sell for RMB29. The latter is topped with a plump mango bead on top, which bursts like an egg yolk when you poke it with a spoon. It's a visual feat, but the combination of burnt caramel and syrupy mango puree literally falls flat.

Aside from the fun Sichuan-Italian culinary mash-ups and delicious quiche, we give Mad Fish a thumbs-up for its professional wait staff, stylish interior and the sunny patio that welcomes al fresco dining any day of the year.

Price: RMB200

Who's going: 30-somethings, Canton Mansion residents

Good for: homemade quiche, fresh mussels, fusion dishes

Shop 87-93, The Canton Place, Haifeng Lu, Zhujiang Xincheng, Tianhe District 天河区珠江新城海风路广粤天地87-93号 (8709 6925)



A Shared Vision

Tapping Into the Happy Monk Community

By Jocelyn Richards

Let's be honest: how many restaurants or bars here in Guangzhou truly listen when you offer feedback and work hard to effect positive change? It's rare, of course – especially in a city of 13 million – but that's just what The Happy Monk hopes to accomplish after conducting a series of in-depth surveys last May.

The project kicked off with 1,000 surveys and written reports collected randomly from customers at each of The Happy Monk locations. After amassing those results, the team at the Monk took things a step further, sitting down with 100 patrons to chat, face-to-face, about their experience and welcome any feedback they had. Finally, workshops in both Chinese and English were held for groups of 10-15 to learn more about customers' broader interests and values.

"We got a lot of information about our customers and also feedback about how they feel, what values they have, what they're interested in as well as where they think we can improve," explains Jeremy Sargent, founder of The Happy Monk.

That cramped bathroom you avoid at the Jianshe Malu location? Gone – Sargent says renovations will begin soon and the Monk will expand into the neighboring area. Frustrated with staff members that don't speak fluent English? Not to worry: the Happy Monk Academy, a newly established

"The in-depth surveys revealed nearly 98 percent of customers would happily recommend The Happy Monk to a friend"

training center for wait staff, will ensure that your Caesar salad with dressing on the side doesn't show up doused in extra sauce.

There were some positive results from the survey as well: nearly 98 percent of customers, for instance, would happily recommend The Happy Monk to a friend. And roughly 40 percent of guests have been frequenting the London-style restaurant and bar for more than three years.

While the survey results will certainly steer the Monk in a positive direction by providing a clear idea of what clientele desire, they also shed light on the values of patrons – many of which reflect The Happy Monk's own core values.

"More than 95 percent of our customers regard values as quite important in a business," Sargent says. "It's interesting to see how they align with ours."

Happy Monk patrons listed genuineness, professionalism and honesty among the 'top values' they consider to be important in a company. Similarly, the Monk considers transparency (a form of genuineness), to play a crucial role in its day-to-day operations. It also values authenticity, openness, excellence and ethics.

Going forward, The Happy Monk plans to introduce a kind of customer loyalty program, built less around discounts and more around fun events and shared values.

"Our team has talked a lot about 'loyalty' and what that really means, and eventually we decided that loyalty is not necessarily people who spend a lot of money at your place," says Sargent. "Loyalty means people who stick with you, who identify with you, follow you and support you. So our customer 'loyalty' program, though still a work in progress, will help build a community of people who are our customers, but more importantly, who share similar ideas and values as us."

It's an ambitious project for sure, but one that the team behind the Monk looks forward to completing in 2017, and continuing for countless years to come.



The Happy Monk, Jianwu

Shop 107, G/F, 29 Jianshe Wu Malu, Yuexiu District
越秀区建设五马路29号首层107铺 (8376 5597)

The Happy Monk, Xingsheng

Shop 109, 7 Xingsheng Lu, Zhujiang Xincheng,
Tianhe District 天河区珠江新城兴盛路7号109铺 (3877 8679)

The Happy Monk, Happy Valley

Shop 124, G/F, Happy Valley Shopping Mall, 36
Machang Lu, Zhujiang Xincheng, Tianhe District 天
河区珠江新城马场路36号太阳新天地首层124铺 (3832 5317)



ing the meticulous espresso-making process. The water temperature is calibrated to 90-95 degrees Celsius, depending on the bean.

It's thrilling to watch Lu at work, if

only because he's so nervous-excited we can't help but follow suit. When the first stream of aromatic liquid emerges from the silver portafilter, Lu bites his lip in anticipation. Then, with a fluid flick of his hand, he pours a smooth bouquet of milk on top and brings the cup to his mouth for one long, contemplative sip.

If you take a less straight-laced approach to coffee, The Scientist mocha (RMB40) is where it's at: powerfully full-bodied, bitter-sweet and topped with uneven, textured layers of hand-churned cream, cocoa powder and chocolate shavings, it's at once a scientific breakthrough and work of art.

As seamless as the process behind the barista counter may be, The Scientist is not without flaws: located in a mall, the space is cramped and offers limited seating in isolated rows, making it difficult to chat comfortably across the table from a friend. Some of the drinks – in particular the drip coffee (RMB35) – are too sour for our entry-level palate, though maybe we just chose the wrong beans.

All in all, The Scientist offers endless gadgets and secret corners of interest for the diehard coffee enthusiast. Curious how cold-brew coffee can drip for eight hours straight? Lu has an entire wall devoted to that. Want to watch the world's leading baristas pack a portafilter? Pull up a chair behind the coun-

ter and see Lu in his element – you'll never look at a cup of coffee the same way again.

Price: RMB40

Who's going: young coffee junkies, world-class baristas

Good for: the city's most ingenious mocha, exploring coffee gadgets

2/F, Zhong Tian Shopping Plaza (located directly behind Citic Plaza), Tianhe Bei Lu, Tianhe District 天河区天河北路中天购物城二层 (號穴对面) (3877 3133)

THE SCIENTIST

Zero Margin for Error

Text and Photos by Jocelyn Richards

How do you know you're serious about coffee? When you spend RMB180,000 on an imported Synesso MVP Hydra espresso machine from Seattle and call it the "soul" of your shop.

Such was the move Jude Lu made before opening his brand's first Guangzhou branch (and fourth location on the mainland). But rather than acquiring the shiny machine just for show, Lu actually knows how to use the thing, gliding his fingers to and fro over its controls like a pianist intuitively reads keys.

At The Scientist (named after the Coldplay single), every cup is a highly controlled experiment held to precise, predetermined standards of weight, temperature, pressure and time, so that patrons' lips touch the most flavorful beverage possible given today's technology.

A Gibraltar (or espresso shot with steamed milk, RMB35) at The Scientist is made by pressing 19 grams of fresh coffee grounds (Lu has a scale for that) into a portafilter and packing it perfectly flat with an O.C.D. (ONA Coffee Distributor) designed by World Barista Champion Sasa Sestic. Lu then flips on his USD26,000 machine and programs the exact pressure he desires at each time interval dur-





DUMPLINGS CAFE

Two Peas in an (Odd) Pod

By Jocelyn Richards

Coffee and donuts? Boom – perfect match. Coffee and coffee cake? Even better. Coffee and dumplings? Yeah... what?

In this latest episode of unusual themed restaurants in Guangzhou, we introduce Dumplings Cafe: a well-decorated *jiaozi guan* in Zhujiang New Town boiling meat-and-veggie-filled pockets of goodness beside an active espresso machine, with Fleet Foxes playing in the background. Think cozy Qing dynasty dumpling shop meets hipster Providence cafe, with patrons that would feel more at home on Wall Street. It's a riot, to say the least. But does the combination work?

"The coffee helps get rid of bad breath that results from the strong onion, garlic and chive in the dumplings," says proprietor Yu Xiaoran. "A lot of people that come during lunchtime work in nearby office buildings and don't want to return to their afternoon meetings with strong breath. The coffee fixes

that, and keeps them alert."

Fair, though it sounds more like a posterior explanation than an original concept.

Yu has recruited an experienced chef from Chongqing to prepare and cook the dumplings, which are made fresh every morning. There are some unusual fillings – like cucumber and pork (RMB20/12) and anise, egg and onion (RMB23/15) – but also plenty of delicious combos, including pork and onion (RMB25/12), mutton and carrot (RMB32/24) and Yunnan melon, chive and egg (RMB23/15).

When we visited, Yu and her team were still perfecting the little bundles, which had thicker skin than we prefer and lacked that juicy, I-want-to-eat-this-entire-plate kind of stuffing. It's easy to find flaws in retrospect, but we still wolfed down about 12 each that night.

If you want to nix the sides, go ahead: we felt plenty full after a plate of dumplings, latte (RMB24) and steaming bowl of glu-

tinous rice balls (*tangyuan*) flavored with osmanthus – a fragrant flower – for dessert (RMB12).

So, did we leave thinking coffee and dumplings are a match made in heaven? Not quite, but we did find a convivial spot to share dumplings with friends, get our caffeine fix and indulge in the clear sounds of indie folk. It's a random combination, yes, but we'd go back.

Price: RMB50

Who's going: colleagues on lunch break

Good for: specialty coffee and fresh dumplings

2/F, Bldg 2, Poly Plaza
Clover Sunny Walk,
406 Huasui Lu, Tianhe
District 天河区华穗路
406号保利克洛维时光里
二期二楼 (138 2600 8256)



wechat: hooleys_gz

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KITCHEN MORE

Reaches of Scandinavia

Text and Photos by Tristin Zhang

A three-story restaurant housed in part of an old warehouse, Kitchen More claims a line of rustic windows facing the wharf that allow copious light to spill inside. It's like dining in the warmth of the sun on a wintry day or, if you come before sunset, in front of a marvelous painting.

A metal staircase winds onto the second floor, where minimalistic furnishings and dangling light bulbs give the space an industrial-chic feel. An open kitchen brings diners in direct contact with the chefs, while a spacious dining area on the third floor (which has yet to open) offers a place for private gatherings.

Situated on Huandao Lu in Haizhu District, Kitchen More lacks the kind of competitive location that its neighbor – the restaurant-packed Taigucang Wharf – enjoys. To win diners' hearts, therefore, the venue needs an especially appealing menu, and in that, its head cook is confident. The former sous-chef at the Grand Hyatt, Dannies is no stranger to fine cuisine.

The main source of his confidence, it turns out, is beef Wellington (RMB188). Complex and demanding, this is a dish scarcely seen in Guangzhou's restaurants

(partly because it requires 40 minutes just to cook). Yet Chef Dannies manages to make it taste – and look – elegant through painstaking execution and detailed preparation.

To start, a beef fillet is wrapped in layers of Parma ham, mushrooms and puff pastry, before being braised in an oven until pink and juicy. When prepared well, it vaunts a simultaneously crispy texture as well as a creamy, tender feel born from the ham and mushroom hash.

Open for only two months, Kitchen More's menu is still being tweaked per customers' feedback, but remains devoted to Scandinavian cuisine. Dishes are cooked with only the freshest of ingredients, for which its owners and chef forage every morning in the local market.

When you visit, start with the Iceland scallop with orange, caviar and fennel (RMB68) to whet your appetite. Alternatively, opt for the beautifully presented smoked salmon (RMB60), imported from Norway, which boasts an oaky, fresh flavor.

The Copenhagen smorrebrod (RMB68) – a kind of Danish open sandwich with one slice of bread and a bounty of toppings – is

another fascinating find. The ingredients vary according to the season and the chef's improvisation, but salmon, fig and almond dominate for the time being.

Some Northern European-inspired cocktails are selling well here, among which the snow queen (RMB68) is not to be missed. It's made by mixing lemonade with butterfly-pea flower tea – which gives the beverage a purple hue – and is topped with a bit of ginger and pineapple juice for a piquant kick.

If you're in the mood to savor seafood, do it like the French do and order an impressive seafood platter (price varies by order). Accompanied by a plate of assorted breads, oysters, prawns and king crab legs, it's the kind of dish that will accompany a long, lazy weekend meal – or a very successful date.

Price: RMB200

Who's going: in-the-know foodies, couples on dates

Good for: sampling beef Wellington, gastro-nomic pleasure

1904 Creative Industry Park, Daban Warehouse, Huandao Lu, Haizhu District 海珠区环岛路大坂仓1904 创意产业园 (188 1322 6694/159 1878 8608)





PRISM

Taste the Rainbow

By Matthew Bossons

Located in a heritage building in Dongshankou, Prism is the newest edition to Guangzhou's fine dining scene.

With a theme centered on glass, mirrors and the colors white, red and black, this new molecular gastronomy eatery sets itself apart with custom cocktails, reasonably priced dishes and personable service.

On our visit, proprietor Anson Xue explained that the inspiration behind Prism's menu is quality ingredients and careful preparation – as well as imaginatively displaying even the simplest dishes. For example, coffee at this new eatery arrives at the table looking more like a chemistry set than your traditional cup of joe, with

test tubes containing the espresso and milk.

We started our Prism experience with

the truffle spring egg (RMB68): a delightful appetizer of silky egg with truffles and greens. In all our foodie adventures in Guangzhou, this dish was a first – and something we will definitely revisit.

For mains we recommend diving into the cigar steak (RMB108), which is served alongside mushrooms and peppers and garnished with flower petals. Add a little surf to your turf with two French oysters (RMB98).

To wet your whistle, order one of Prism's custom cocktails, our favorite of which is the Prism Bamboo (RMB98) – a creative combo of vodka, sake and Spanish sherry adorned with a bamboo leaf.

Be forewarned, foodies: Prism only accepts 40 restaurant guests per day, 20 for afternoon tea and 20 for dinner, so reservations are strongly encouraged. Luckily, the ground floor bar is a bit more forgiving when it comes to capacity, so if dinner is fully booked you can settle for a cocktail instead.

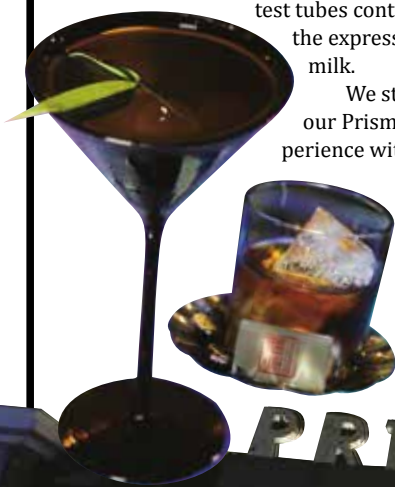


Price: RMB300-500

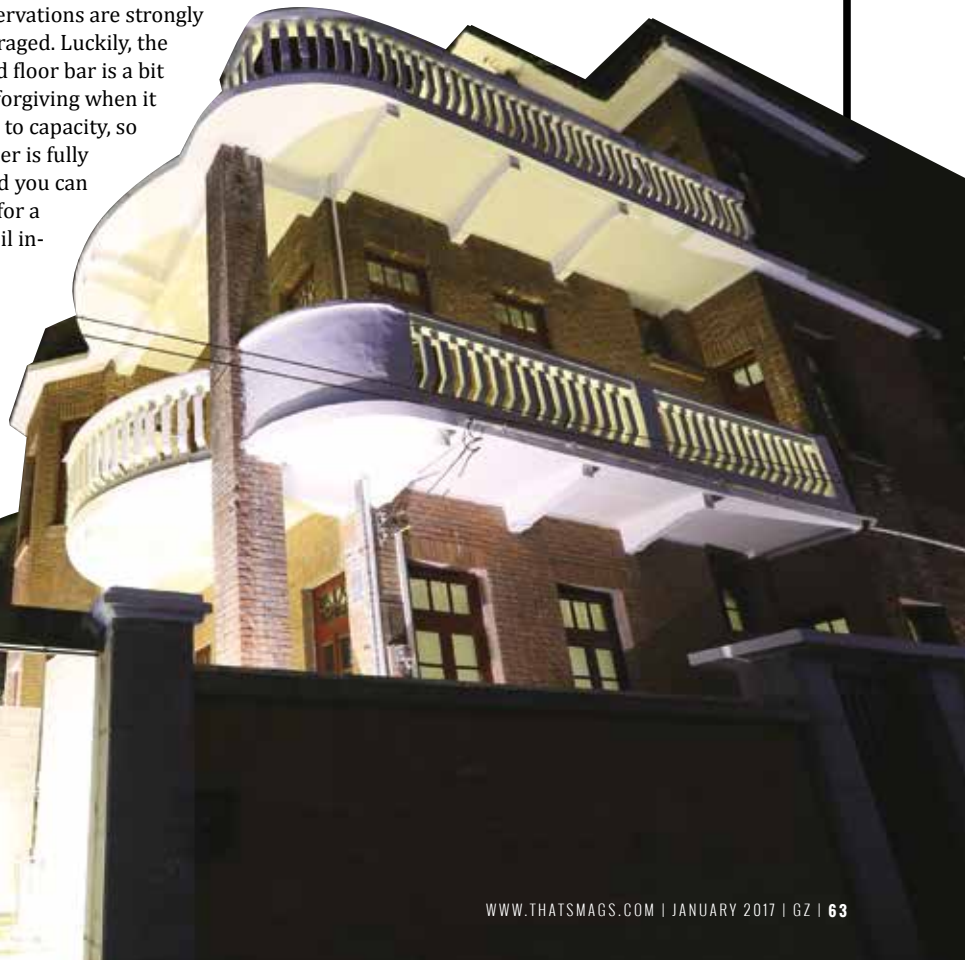
Who's going: molecular gastronomy gurus and cocktail enthusiasts

Good for: visually impressive edibles, afternoon tea

1 Qiming Yi Malu, Yuexiu District 越秀区启明一马路1号别墅 (186 2023 0799)



PRISM



GRAVITY

Come on Down

By Tristin Zhang



Finding Gravity bar, which is tucked away atop a building at Party Pier, is not a pleasant experience – especially after you climb three flights of stairs only to be told to take the elevator from an adjoining building.

Once you arrive, however, a glittery nightscape and spacious, wooden patio unfold before you. Where the skyline and river meet is Gravity: a two-month-old English cocktail bar and lounge that's adding some much needed subtlety to the pier.

Entering the box-shaped establishment, you're greeted by an extensive bar counter and two good-sized oil paintings depicting tales of British aristocrats.

Leather couches, bookshelves and an artificial hearth create a snug ambiance that's a nice alternative to the louder venues beyond.

Gravity's menu boasts a variety of old scotch whiskeys, from the richly flavored Laphroaig (RMB2,280) and the 'malt madness' Old Ballantruan (RMB1,280) to the touchstone Chivas (RMB1,280) and even Japan's Suntory (RMB580). If pure scotch makes you lightheaded, get the sweet black Russian (RMB78) and snuggle up beside the fireplace.

You may find barbecue in an English bar unconventional, but a delectable array of grilled fare is available to satisfy your late-night appetite. The stunning view, with the Canton Tower standing proudly in the distance, is an impressive sight to accompany any occasion.

In the near future, jazz bands and private parties will help liven the place up, but right now the bar is calm – too calm, in fact, for a Friday night at 9pm, when just one other table is occupied.

Maybe it's time Gravity's prices were brought down to Earth.

Price: RMB80 for a cocktail

Who's going: nocturnal creatures, those looking for a party venue

Good for: liquoring up in a cozy setting

Shop A301, Zone B, Party Pier, 118 Modiesha Dajie, Haizhu District
海珠区磨碟沙大街118号琶醍酒吧街B区A301 (159 1873 9536)



TASTE WINE LIKE A PRO

Cheers Wine Expert Angqian Explains Three Essential Steps

Established in 2010 by Swiss entrepreneur Claudia Masueger, whose family has been in the wine business for four generations, Cheers has a presence in 16 cities throughout China and is about to open its 62nd store nationwide. In the south, you can find Cheers in Chengdu, Shenzhen and Zhuhai.

Step 1: Look at the wines' appearance

Looking at the wine can give us some clues about its condition, color, age and even grape variety. To get the best look at a wine's color, tilt the glass at an angle of 45 degrees away from you, preferably against a plain background, a white tablecloth or a piece of white paper. In practice, this seeing stage should not take more than five seconds, because all the answers you can find are on the label (vintage, variety, alcohol and sugar), unless you are doing the tasting blind.

- Condition: the clarity of the wine will reveal if the wine has fault; almost all the wines we taste should be bright and clear. If the wine is hazy, it's usually suffering from some sort of malady and will not taste very pleasant.

- Age: as white wines age they tend to change colour towards more yellow and brown colours, increasing in overall pigment. Red wines tend to lose colour, becoming more transparent as time goes on.

- Alcohol and sugar: wine legs (streaks that form on the glass when a wine is swirled) can tell us if the wine has high or low alcohol and/or high or low sugar. The thicker and more viscous the legs, the more alcohol or residual sugar the wine has.

Step 2: Smell the wine

Aromas reveal a lot about wine, and an

experienced taster will be able to tell the grape variety, whether or not the wine was oak-aged, where the wine is from and how old the wine is. For people who are purely seeking pleasure from wine drinking, however, all you need to know is that wine aromas can be split into three categories:

- Varietal aromas or primary aromas: grape-derived, these include fruit-driven, herbal and floral notes. An example is lychee aromas for moscato grapes and green grass for sauvignon blanc.

- Aromas from wine making: come from wine-making practices. The most common aromas are yeast-derivative and are most easy to spot in white wines, like the buttery aromas from chardonnays which have been through oak fermentation.

- Aromas from ageing: these aromas are mostly savoury, such as roasted nuts, baking spice, vanilla, autumn leaves, old tobacco, cured leather or mushroom.

Key to smelling the wine is the act of swirling your wine glass, which brings more air in and allows the wine to breathe, encouraging less volatile aromas to come out. There are some common wine faults, which are mostly due to bad storage conditions, that can be discerned through scent:

- Corked: corked wine usually lacks fruit and charm on the palate; this masks the fresh, fruity aromas with an unpleasant damp cardboard or musty smell

- Oxidation: a dried cork or a long-opened bottle will allow air sneak in to the bottle and cause oxidation, which also masks the freshness of the wine and creates volatile acidity, like there's vinegar in your bottle.

Step 3: Taste the wine

Finally, you're allowed get some of the wine into your mouth! It's often said that tasting is an entirely subjective matter; the sweetness, acidity, tannins and certain aroma compounds differ according to our sensitivities.

- Sweetness: an indicator of how much sugar a wine contains. Wines range from 0 grams per liter residual sugar (g/l RS) to about 220g/l RS.

- Acidity: causes the mouth to water, and its presence makes wines taste vibrant and refreshing. It's present in all wines, although levels in white wines are generally higher than red. Certain varieties, such as riesling and sauvignon blanc, are typically high in acidity. Cool climates generally result higher levels of acidity than warm climates. Acidity is very important in sweet wines; too little acidity makes the wine sticky and cloying.

- Tannins: also noticeable in tea, these arise in wine from two places: the skins of grapes and oak aging. Every grape variety has a different inherent level of tannins, depending on its individual character. For example, pinot noir and gamay have inherently low-levels of tannins, whereas malbec and cabernet have very high levels.

- Body: sometimes described as mouth-feel, this is the sensation of richness, weight or viscosity, and is a combination of the effects of alcohol and tannins, sugars and flavor compounds extracted from the skins.

- Finish: how long the desirable flavors linger in the mouth after the wine has been swallowed or spat out. Usually described as either long or short.



Cheers is planning big things in the south for 2017, so expect to see more stores opening near you. For more information about the company, visit www.cheers-wines.com.



● Richard Clayderman Piano

Born Philippe Pagès, Clayderman encountered the piano early on in life under the guidance of his musical father. By the age of six, Clayderman could read music more adeptly than his native French. At the age of 12, he was accepted into the Conservatoire de Paris. His talent did not go unnoticed, as he was soon invited to accompany such major French stars as Michel Sardou, Thierry Le Luron and Johnny Hallyday. Clayderman's distinctive style has earned him superstar status all over the world. He has recorded over 1,300 melodies and clocked up a massive worldwide sales record of approximately 150 million as of 2006. Come out to hear this prince of piano while he's in town.

Sun Jan 8, 8pm; RMB280-1,580.

Opera Hall, Guangzhou Opera House, 1 Zhujiang Xi Lu, Zhujiang Xincheng, Tianhe District 天河区珠江新城珠江江西路1号 (www.gzgjy.org, 3839 2888)

● Alice Sara Ott Piano



German-Japanese pianist Alice Sara Ott believes "music was the language that goes much beyond any words." Her recent performance with the London Symphony Orchestra was praised by the *Guardian*, which wrote she "gave the kind of gawp-inducing bravura performance of which legends are made." Ott will play works by Edvard Grieg and Franz Liszt at the Guangzhou Opera House.

Thu Jan 12, 8pm; RMB80-380. Opera Hall, Guangzhou Opera House, 1 Zhujiang Xi Lu, Zhujiang Xincheng, Tianhe District 天河区珠江新城珠江江西路1号 (www.gzgjy.org, 3839 2888)

win!

We have a pair of tickets to this show to give away! Message **our official WeChat account (Thats_PRD)** before January 9 with the subject 'Alice Sara Ott' and why you should win. Please include your full name and contact number.

● Yo-Yo Ma and Michael Stern Concert



In concert with his Harvard schoolmate and noteworthy American conductor Michael Stern, Chinese American cellist Yo-Yo Ma will bring you a musical feast at Xinghai Concert Hall. A child prodigy, Ma started performing at the age of four before later graduating from Juilliard School and Harvard University. He was a regular attendee of the Grammys, receiving a total of 17 awards. Accompanied by a makeshift orchestra consisting of some 80 young, Chinese and overseas Chinese musicians, Yo-Yo Ma and Michael Stern's concert will be the highlight of the music exchange program Youth Music Culture Guangdong.

Sun Jan 15, 8pm; RMB200-1,280.

Xinghai Concert Hall, 33 Qingbo Lu, Ersha Island, Yuexiu District 越秀区二沙岛晴波路33号 (3758 1993, 3758 1097)

win!

We have a pair of tickets to this show to give away! Message **our official WeChat account (Thats_PRD)** before January 12 with the subject 'Yo-Yo Ma' and why you should win. Please include your full name and contact number.

● Italian Philharmonic Orchestra Concert



Italy's national treasure, the distinguished Italian Philharmonic Orchestra is regarded as one of the leading orchestras in the Mediterranean. A succession of critical acclaims has been bestowed upon the orchestra and its eminent music director Maestro Giuseppe Di Donato. In January, the Italian Philharmonic Orchestra is set to visit China again, making an appearance at Xinghai Concert Hall with classic pieces like 'Brindisi' and 'Con te partiro' (Time to Say Goodbye).

Thu Jan 5, 8pm; RMB280-1,280. Xinghai Concert Hall, 33 Qingbo Lu, Ersha Island, Yuexiu District 越秀区二沙岛晴波路33号 (3758 1993, 3758 1097)

● Buena Vista Social Club Latin



The 1998 Grammy Award-winning album *Buena Vista Social Club*, named after a club in Havana, is a recording of Latin American music made by Cuban musician Juan de Marcos González and American guitarist Ry Cooder. The album soon became an international success and was made into a documentary, which ended up winning an Academy Award nomination in 1999. This month, a group of Cuban musicians will present songs from the award-winning album as well as a taste of their musical prowess to audiences in the PRD.

Fri Jan 13, 8pm; RMB80-480. Guangdong Performing Arts Center Theater, 1229 Guangzhou Dadao Zhong, Tianhe District 天河区广州大道中1229号 (3720 6282)

● DJ Amadeus at W Guangzhou DJ



Born into a family of music talent, Dennis Ivanoff, better known as DJ Amadeus, was exposed to the world of music at an early age. Amadeus has rocked stages with Tiesto, Swedish House Mafia, David Guetta, Bob Sinclar, Martin Solveig and other prominent musicians, rendering him a highly sought-after DJ. The New York-based and world's Top 25 DJ will return to Guangzhou this January.

Fri Jan 13, 10pm-late; RMB100, including a drink; free for ladies before 11pm.

Fei, W Guangzhou, 26 Xiancun Lu, Tianhe District 天河区冼村路26号W酒店酒吧 (6680 7825)

win!

We have a pair of tickets to this show to give away! Message **our official WeChat account (Thats_PRD)** before January 10 with the subject 'DJ Amadeus' and why you should win. Please include your full name and contact number.



● Da Vinci: The Genius Exhibition



This exhibition, entitled *Da Vinci: The Genius*, is a display of Italian polymath Leonardo da Vinci's exceptional intellectual and creative power as a painter, inventor, artist, anatomist, sculptor, engineer, musician and architect. Featuring 17 compelling themed areas to showcase da Vinci's works and manuscripts, the exhibition offers visitors an unmatched look inside the mind of the ultimate Renaissance man who laid the groundwork for some of modern society's most impactful inventions.

Tue-Sun until Jan 22, 10am-6pm; RMB148-168. Dongfang Wende Plaza, 52-98 Wende Nan Lu, Yuexiu District 越秀区文德南路52-98号 (en.damai.cn)

● Riverdance Dance



A theatrical show of traditional Irish dance and music, *Riverdance* has been a global sensation for 21 years. Winning a Grammy and selling more than 10 million copies, the show has attracted celebrities like Madonna, Lady Gaga and the Beckhams, as well as 114 heads of state. Buy your tickets now to see the "face of Irish dancing" while there's still a small number left.

Fri-Sat Jan 20-21, 3pm/8pm; RMB180-1,280. Opera Hall, Guangzhou Opera House, 1 Zhujiang Xi Lu, Zhujiang Xincheng, Tianhe District 天河区珠江新城珠江西路1号 (www.gzdjy.org, 3839 2888)

● Time Test: International Video Art Research Exhibition



Organized by the Art Museum of China Central Academy of Fine Arts (CAFA) and the Eli and Edythe Broad Art Museum at Michigan State University, *Time Test* emphasizes video art in two interrelated yet independent exhibitions. The first, *Moving Time: Video Art at 50, 1965-2015*, presents work that has significantly influenced the development of video art over the last 50 years. Curated by Dong Bingfeng and Wang Chunchen, the second exhibition, *Screen Test: Chinese Video Art Since the 1980s*, focuses on a systematic review of landmark video art created by ethnically Chinese artists over the last 30 years.

Tue-Sun ongoing, 11am-7:30pm (Tue-Fri), 9:30am-7:30pm (Sat-Sun); RMB20. Redtory Museum of Contemporary Art, Redtory, 128 Yuancun Si Henglu, Tianhe District 天河区员村四横路128号红专场当代艺术馆 (www.redtory.com.cn, 8557 4417)



● Carmen by Ballet Flamenco de Madrid

The Ballet Flamenco de Madrid, a non-profit cultural association founded in 2001, tells the saddening love story of *Carmen* in rhythmic, passionate flamenco. After treating audiences to more than 2,500 performances worldwide, the Ballet Flamenco de Madrid is coming on stage this month in Guangzhou to present *Carmen*.

Sat-Sun Jan 14-15, 8pm; RMB80-480. Guangdong Performing Arts Center Theater, 1229 Guangzhou Dadao Zhong, Tianhe District 天河区广州大道中1229号 (3720 6282)

● Tape Art Around the World: China Exhibition



An avant-garde artistic form, tape art utilizes duct tape or packing tape as a form of media, which can be attached to walls or shaped into 3-D sculptures. In cooperation with Redtory, the Consulate General of Germany in Guangzhou is organizing an exhibition named *Tape Art Around the World: China*, where a Berlin-based performance art group will showcase their creative work. Their style ranges from colorful, complex tape and light installations to minimalist black and white murals. Come check out this intriguing exhibition at Redtory.

Tue-Sun ongoing, 11am-7:30pm (Tue-Fri), 9:30am-7:30pm (Sat-Sun); free entry. Hall A3, Redtory, 128 Yuancun Si Henglu, Tianhe District 天河区员村四横路128号 (www.redtory.com.cn, 8557 4417)

● Mora Godoy Tango



Even Barack Obama couldn't resist the onstage fervor of Mora Godoy's tango performance when the American president visited Argentina last March. People say football and tango are two of Argentines' dearest possessions, and that if you don't know tango, you don't know Argentina. So for those of you who are drawn to or interested in tango, you're in luck, because Mora Godoy herself is visiting Guangzhou this January. Argentina's most prominent tango artist, Godoy was a ballerina for 15 years before she started learning jazz dance, which constituted the distinctive style of her performances.

Sat-Sun Jan 14-15, 8pm; RMB100-880. Opera Hall, Guangzhou Opera House, 1 Zhujiang Xi Lu, Zhujiang Xincheng, Tianhe District 天河区珠江新城珠江西路1号 (www.gzdjy.org, 3839 2888)

win!

We have a pair of tickets to this show to give away! Message our official WeChat account (**Thats_PRD**) before January 11 with the subject 'Mora Godoy' and why you should win. Please include your full name and contact number.



● A Variety of American Whiskeys Drink Specials

The Churchill Bar at The Ritz-Carlton, Guangzhou is the place in town that offers the most diverse selection of American whiskeys, including some limited editions. Over 20 varieties are recommended and selected by its chief bartender, and features popular American labels.

All month, 5pm-1am; from RMB248.

The Churchill Bar, The Ritz-Carlton, Guangzhou, 3 Xing'an Lu, Zhujiang Xincheng, Tianhe District 天河区珠江新城兴安路3号 (3813 6888)

● Stone Pot Dishes Chinese Cuisine



The China Club of Hilton Guangzhou Baiyun is proud to present 16 authentic flavors of Chinese stone pot dishes. Tailor-made dinner sets are also available from RMB1,288 for parties of four.

All month, 10.30am-2pm, 5.30-9.30pm. The China Club, Hilton Guangzhou Baiyun, 515-517

Yuncheng Dong Lu, Baiyun District 白云区云城东路515-517号 (6667 8085, 6660 0666)

● W Guangzhou Pop-up Restaurant Volume III Pop-up



Get ready for the W Guangzhou pop-up restaurant volume III! With fresh party elements to impress, this party will sate your appetite on an extraordinary culinary tour brought to you by Chef Philippe. Guests will not be told the location until immediately prior to the party, as per a unique 'pop-up' experience, so stay tuned.

All week Jan 5-14, 6.45pm; RMB1,500 plus 10 percent service charge and 6 percent tax. Dress code: black and white. W Guangzhou, 26 Xancun Lu, Zhujiang Xincheng, Tianhe District 天河区珠江新城洗村路26号 (6680 7910)

● Reunion Dinner at Dong Yuan Ge Chinese Cuisine



Dong Yuan Ge Chinese restaurant in DoubleTree by Hilton Guangzhou has prepared a reunion dinner package for you to celebrate the upcoming Chinese New Year. Invite your family and friends for a night of exquisite Chinese cuisines.

All month, 11.30am-2.30pm, 5.30-10pm; Prices start from RMB1,988 plus 10 percent per table. Dong Yue Ge, DoubleTree by Hilton Guangzhou, 391 Dongfeng Lu, Yuexiu District 越秀区东风路391号 (2833 7225)

● Australian Angus Beef at Le Grill Themed Dinner



Combining Australian angus beef selected by Sofitel's internationally trained chefs, Le Grill presents diners with a sumptuous, filling feast this winter season. Daily all month, 6-9pm; RMB698 for two, includes two side dishes. Le Grill, Sofitel Guangzhou Sunrich, 988 Guangzhou Dadao Zhong, Tianhe District 天河区广州大道中988号 (3883 8888)

● Limoni New Year Menu Italian Cuisine



Gear up for the Chinese New Year with a captivating influx of Italian flavors. A specially crafted family set is available to tantalize taste buds and Chef Andrea will present authentic Italian dishes to satisfy your cravings. With an extensive Italian wine cellar and a warm and casual ambience, Limoni brings a unique celebration infused with unmistakable Italian verve.

Daily Jan 21-Feb 5, 11.30am-2pm, 6-10pm; RMB228 for lunch, RMB288 for dinner; Prices subject to 15 percent service charge. Limoni, The Ritz-Carlton, Guangzhou, 3 Xing'an Lu, Zhujiang Xincheng, Tianhe District 天河区珠江新城兴安路3号 (3813 6888)



● Tango Experimental Class Dance Class



Do you envy Al Pacino in *Scent of a Woman* when he leads that pretty lady in a graceful dance? What's been stopping you from learning how to tango? Let professional dance instructors at Maggie Dance Studio guide you to master this stylish dance.

Sat ongoing, 4-6.30pm; RMB800 for eight fundamental classes. Maggie Dance Studio, Room 501-502, 5/F, Mingmen Chamber, 6 Huacheng Dadao, Zhujiang Xincheng, Tianhe District 天河区珠江新城花城大道6号名门大厦名门会所五楼501-502 (185 8867 6389)



● Spanish Classes Language

Spoken by an estimated 427 million people, Spanish is the second most spoken language in the world. And, let's face it: it's a sexy language. Boasting experienced language teachers, Easy Spanish is where you want to start if you decide to learn. Various classes are offered throughout the week for learners of different levels; RMB2,500. For more information, please contact Easy Spanish (WeChat ID: easyspanish).

● Idea Exchange Discussion



Coming into being in 2013, Idea Exchange features guest speakers that address a variety of topics, which are followed by lively Q&A sessions. Themes like habits and hobbies, communication and negotiation, as well as magic have previously raised interest among audiences. The event takes place every Tuesday at Constellation Café – it's a great occasion to meet like-minded people!

Tue ongoing. Contact David Butler (WeChat ID: DavidDub) to learn more about the topic of the week. Constellation Café, 11 Liede Lu, Tianhe District 天河区猎德路11栋

● Capoeira Brasil at Guangzhou Capoeira



An organization with representatives all over the world, Capoeira Brasil practices, teaches and demonstrates the Afro-Brazilian martial art of Capoeira. Under the auspices of the Hong Kong branch, Mekaël Turner runs classes every Wednesday and Sunday at Guangzhou's new TMT Gym beside the river in Liede. Turner describes the sport as "like a conversation," not just between the two bodies facing off against one another, but in the interaction of the different elements that make up the martial art, including playing an instrument called the berimbau and chanting in Portuguese.

Wed and Sun ongoing, 8pm; RMB100/class. TMT Gym, 59 Linjiang Dadao, Tianhe District 天河区临江大道59号 (WeChat ID: capoeirabrazilcn, 3821 2099)

● 2017 TEDxZhujiang New Town TED Conference



Following the theme 'Search For', the 2017 TEDxZhujiang New Town will kick off on January 14 in White Swan Hotel. It will ask guests to imagine they are Schrödinger's Cat, living in a box called Guangzhou where orange bikes prevail and NFC payment is popular, and to consider the uncertainties of our world. Nine speakers from a range of fields have been invited to discuss the questions of how Guangzhou embodies revolutionary changes and explore the problems we may face in five years. Simultaneous translation from Chinese to English (or English to Chinese) will be provided.

Sat Jan 14, 10am-5pm; RMB299-688. White Swan Hotel, 1 Shamian Nan Jie, Liwan District 荔湾区沙面南街1号 (gz.huodongxing.com)

● Guangzhou Hash House Harriers Running



The Guangzhou Hash House Harriers – or 'drinking club with a running problem' – is all about meeting people, drinking loads of beer and staying fit. The team meets every Saturday at Mango Bar on Huanshi Dong Lu. You don't have to be an excellent runner but do need to like adventure and have a reasonable sense of humor. Oh, and there may be some initiations involved...

Sat ongoing, 1pm; RMB50. First-timers are required to purchase a starter kit at RMB70, apart from the fee. Mango Bar, 361 Huanshi Dong Lu, Yuexiu District 越秀区环市东路361号 (www.gzh3.net)

JANUARY 8-17 SUN-TUE



The Invincible by Jay Chou, 8.15pm; HKD480-1,080. Hong Kong Coliseum (pklive.com)

Jay Chou, a well-known Taiwanese musician, singer, song-writer and record producer, is a legend on the Chinese mainland and in Asian communities around the world. In 2003, Chou was featured in *Time* magazine Asia's cover story and dubbed the 'New King of Asian Pop.' He will present both hit singles and new tracks at his Hong Kong concert.

JANUARY 11-15 WED-SUN

KidsFest 2017 Gruffalos, Ladybirds and Other Beasts, various times; HKD335-435. The Hong Kong Academy for Performing Arts, Drama Theatre (www.hkticketing.com)
Britain's best-selling author Julia Donaldson comes to Hong Kong to act out her stories and songs with a cast of five, including her guitar-playing husband. Bring the kids to this family friendly event.

JANUARY 13-15 FRI-SUN

KidsFest 2017 The First Hippo On The Moon, various times; HKD195-435. The Hong Kong Academy for Performing Arts, Drama Theater (www.hkticketing.com)
From number one best-selling children's author David Walliams comes an explosively funny space adventure for children aged three and up. The creative team has worked on hit shows such as Dr. Seuss' *The Lorax*, *Elephantom*, *War Horse* and Raymond Briggs' *The Bear*.

JANUARY 14 SAT



Bryan Adams Get Up Tour 2017 Hong Kong, 8pm; HKD480-980. AsiaWorld-Expo-Hall 10 (www.hkticketing.com)
Canadian multi-platinum selling recording artist Bryan Adams is set to hit Hong Kong again this month. Sing along to his hit singles like 'Everything I Do' 'I Do It for You,' 'Summer of 69' and 'Open Road.'

JANUARY 20 FRI



Metallica WorldWired Tour Live in Hong Kong 2017, 8pm; HKD780-1,280. AsiaWorld-Expo-Arena (www.hkticketing.com)
Having sold 110 million albums worldwide while playing to millions of fans on all seven continents, Metallica will bring their eleventh studio album *Hardwired... To Self-Destruct* to fans in Hong Kong this month.

JANUARY 21 SAT

FTISLAND Live, 8pm; HKD480-1,380. AsiaWorld-Expo-Hall 10 (www.hkticketing.com)
FTISLAND is a five-member Korean band that debuted in June 2007 and rose rapidly to fame in Korea. Now, they are hit-ting Hong Kong with their latest album, *Where's the Truth*. After nine years of honing their stage performances, fans can expect FTISLAND to put on a sophisticated showing.

JANUARY 21-22 SAT-SUN



Big Bang The Concert: '0.TO.10' Final in Hong Kong, 6pm; HKD688-2,188. Kai Tak Cruise Terminal (pklive.com)
This month, Big Bang – one of the giants in the Korean boy band scene – is putting on a 0.TO.10 show in Hong Kong as part of its series of 10th anniversary celebrations. See them own the stage this month while they perform new songs from *Made*, their latest album.

HK

JANUARY 7 SAT



Rene Liu (Renext) World Tour. 8pm; MOP380-MOP1,280. Cotai Arena, The Venetian Macau (www.macaoticket.com)

A popular Taiwanese singer and actress, Rene Liu has received overwhelming praise from around the world with her sold-out concerts in New York, Los Angeles, Beijing and Hong Kong. The theme of her next tour is 'I Dare.' Through her powerful onstage performance, she will demonstrate to her fans the importance of taking initiative.

JANUARY 13-15 FRI-SUN



Hong Kong Ballet – The Nutcracker. 3pm/7:30pm; MOP150-300. Macau Cultural Center (www.macaoticket.com)

This classic ballet show is an all-time favorite among families and dance lovers. It will immerse the audience in a world ruled by a mischievous army of rats and toy soldiers mingling with other magical creatures. Young Australian choreographer Terence Khole joins hands with the Hong Kong Ballet, one of Asia's best classical dance companies, to create Khole's reinterpretation of this classic piece.

JANUARY 13-22 ALL WEEK



16th Macau City Fringe. MOP50/MOP100 (www.macaocityfringe.gov.mo)

Featuring artistic performances and artwork, this event allows artists to submit and share their creations with the public. Visitors can also join in a number of activities and workshops to better nurture their interest in different artistic fields.

MO

JANUARY 15 SUN

Got7 Macau Fan Meeting. 11am-1pm; MOP580-1,580. Event Center, Studio City (www.studiocity-macau.com)
A famous Korean boy band is going to Macau to meet their fans for the very first time. Their latest single 'Hard Carry' was a massive hit around Asia. This sensational group has earned love and support since their debut with their good looks, unique musical talent and dance moves.

JANUARY 24-FEBRUARY 5 TUE-SUN



Riverdance. 2pm/6pm/8pm; MOP288-888. The Venetian Macau (www.venetianmacao.com)
A theatrical show of traditional Irish dance and music, the renowned *Riverdance* has been a global sensation for 21 years. Winning a Grammy and selling more than 10 million copies, *Riverdance* has attracted celebrities like Madonna, Lady Gaga and the Beckhams, as well as 114 heads of state. Buy your tickets now to see the 'face of Irish dancing' while there's still a small number left.

win!

We have 4 pairs of tickets to this show to give away! Message our official WeChat account (**Thats_PRD**) before January 20 with the subject 'Riverdance' and why you should win. Please include your full name and contact number.

JANUARY 31-FEBRUARY 14 ALL WEEK

An Amazing Snow in Asia. 11am-10pm; MOP120-990. Cotai Expo Hall E, The Venetian Macao (www.venetian-macau.com)

Backed by technology and an experienced team from Europe, this event boasts the application of real snow in a venue consisting of a snow garden, cross-country ski course, tube slide, snow carnival games, virtual reality center and other alluring activities. Happening during the Chinese New Year holiday, the event will make a perfect outing for the whole family.



**Hoegaarden Fun Market
@ Xingsheng Lu,
December 2 - 4.**



HOTEL NEWS

HOTEL NEWS



A Fabulous Night at Four Points by Sheraton Guangzhou, Dongpu

'A Fabulous Christmas Night: a Joyous Christmas Tree Lighting Ceremony,' was held on December 2 at the lobby of Four Points by Sheraton Guangzhou, Dongpu, which marked the beginning of the festive season at the hotel. More than 100 guests attended the ceremony, including corporate guests, media friends and hotel guests. The hotel also hosted students from Tianhe District Yingcai Primary School to experience the exciting occasion. Guests were invited for the lighting ceremony while enjoying complimentary winter drinks, canapes and listening to the angelic Four Points by Sheraton Guangzhou, Dongpu Christmas choir.



Newly Appointed Executive Sous-Chef Marco Priolo Presents Authentic Italian Dishes for Grand Hyatt Guangzhou

Grand Hyatt Guangzhou welcomes newly appointed Executive Sous Chef Marco Priolo to oversee Western cuisine. With over 25 years of culinary experience, Priolo is eager to bring in more varieties of traditional Italian flavors, as well as classic modern cuisine. Born and raised in Brescia, northern Italy, Priolo launched into his great passion for cooking at the age of 14. He spent 11 years developing his cooking journey in different regional restaurants throughout Italy. Prior to being appointed executive sous chef of Grand Hyatt Guangzhou, Priolo also worked in numerous luxury hotels and high-end restaurants in Asia.



A Gingerbread House Built with Love at The Ritz-Carlton, Guangzhou

The Ritz-Carlton, Guangzhou marked the beginning of its 2016 festive celebrations on November 25 with a Christmas tree lighting ceremony and charity event called 'Gingerbread House Built with Love.' The events saw local media friends from newspapers, magazines, broadcast and social media gather round to partake in early holiday celebrations. General Manager Matthias Vogt led the hotel's members to kick off the meaningful charity project.



The Ritz-Carlton Hotel Company, L.L.C. Shines Even Brighter Across Global Culinary Scene

The Ritz-Carlton Hotel Company, L.L.C. was awarded its 16th Michelin Star in 2016, with Summer Pavilion at The Ritz-Carlton, Milenia Singapore, Lai Heen at The Ritz-Carlton, Macau, Lab by Sergi Arola at Penha Longa Resort and Jin Xuan at The Ritz-Carlton Shanghai, Pudong all earning their first Michelin Star. From Abama to Sintra, Wolfsburg to Macau to Hong Kong, leading Ritz-Carlton restaurants continue to compete favorably on the global stage amongst the world's finest dining establishments.



W Guangzhou Reveals an Exhilarating Fashion Night Out

On November 29, W Guangzhou revealed an exhilarating fashion night out with cooperation from ESMOD International French Fashion School. The show brought attendees a stylish range of fashion and designs guaranteed to turn heads. Guests were treated to a show displaying different garments created by up-and-coming designers from ESMOD on live models.



Christmas Tree Lighting Ceremony at LN Garden Hotel, Guangzhou

The holiday spirit was in the air at the LN Garden Hotel, Guangzhou on December 2, when the hotel commenced the holiday season in jolly good style with Christmas carols and a holiday feast. Over 500 attendees celebrated the beginning of this merry season at the hotel's annual Christmas tree lighting ceremony.



The 2nd Anniversary Charity and Appreciation Dinner Ceremony

Wanda Realm Jiangmen's 2nd Anniversary Charity and Appreciation Dinner ceremony was held on the evening of November 29. More than 300 guests attended the event, including government officials, media and charities. Guests were entertained by the Chinese national dance drama 'Along The Silk Road,' as well as by other musicians. The charity auctions and lucky draws were the highlight of the event, which raised RMB96,800. Donations were given to The Children's Investment Fund of Wanda and the Charity of Pengjiang District.



Announces the Opening of The Westin Shimei Bay Resort in Hainan

The Westin Shimei Bay Resort, part of Marriott International, opened on December 12. The hotel features 398 guest rooms with 21 suites, all with balconies offering views of lush forest or magnificent ocean. In the upcoming months, the resort will also unveil 20 private villas. All guest rooms will be equipped with the renowned Westin Heavenly Bed, as well as other amenities such as Heavenly Bath products, a mini bar and a generous work area with a 43-inch flat-screen LCD television and high-speed Internet access.



Mikael Robin Appointed as Executive Chef of Sofitel Foshan

Sofitel Foshan and Louvre Furnishings Group announced the appointment of Mikael Robin as executive chef. A French native, Robin started his culinary career in 1991, which spanned from Paris to the French Riviera. He has extensive culinary experience in French, Mediterranean and Asian cuisines, with strengths in menu structuring, dining presentation and personnel training. In his role as executive chef of Sofitel Foshan, Chef Mikael will oversee the culinary operations, including Kwee Zeen (International All Day Dining), the Italian restaurant, bars, in-room dining and banqueting.

PROMOTIONS



Holiday Staycation at LN Hotel Five, Guangzhou

Come celebrate the New Year in a stylish executive room at LN Hotel Five, Guangzhou. Prices start from RMB2,080 and include breakfast, dinner and welcome drinks for two, as well as airport or train station shuttles and 24-hour access to the gym.

277, Yanjiang Lu, Yuexiu District 越秀区 沿江中路277号 (8931 0505)

Hyatt Regency Fuzhou Cangshan Offers Energizing, Locally Rooted Experiences

Located in the heart of Cangshan District, Fuzhou, Hyatt Regency Fuzhou Cangshan recently opened as the first Hyatt property in the capital of Fujian province. The hotel features a beautiful new reception hall on the banks of the Wulong River, and incorporates traditional Min culture, greeting guests with its unique jasmine themed design and Fujian courtyard architecture. A central garden atrium and lively event spaces offer endless and dynamic opportunities for interactions with friends, guests and new acquaintances. Rooms start from RMB1,218 plus 15 percent service charge for two consecutive nights including daily breakfast.

46 Huaxi Nan Lu, Cangshan District, Fuzhou, Fujian Province 福建省福州市 仓山区花溪南路46号 (591 8757 1234)

TRAVEL DEALS



Winter Getaway Package at DoubleTree by Hilton Xiamen

Want to escape from the noise of the city? Get some fresh air at DoubleTree by Hilton Xiamen, located by Wuyuan Bay. The hotel offers three packages, the first of which offers a two-night stay in a bay-view room, buffet breakfast and afternoon tea set for two for just RMB1,488. Want a more lavish experience? For just RMB400 more, you can enjoy a two-night stay in a bay view room, buffet breakfast, dinner for two and a go-karting ride for two. Or, for a simple weekend, enjoy a one-night stay with buffet breakfast and dinner for two for just RMB1,088.
105 Mupu Lu, Huli District, Xiamen 厦门市湖里区五缘湾木浦路105号 (592 5799 368)

Take Advantage of Discounts at W Guangzhou

Magnify your chic, urban staycation at W Guangzhou. Enjoy ultra fast Wi-Fi in the room, unlimited access to the hotel's FIT Gym, WET swimming pool and free parking during your stay. Stay two nights and get 10 percent off, seven nights 20 percent or 14 nights 30 percent. This offer is valid throughout the whole year, so keep it in mind the next time you're planning a special outing right here in Flower City!

26 Xiancun Lu, Zhujiang Xincheng, Tianhe District 天河区珠江新城冼村路26号 (6628 6628)



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English, German Speaking



Dr. Victor Zhong DDS
English Speaking



Dr. Sandro Rasgado
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Dr. Eric Chin DDS; Ph.D
Tokyo Medical College
English, Japanese Speaking



Dr. Yanjun Qin Ph.D
English Speaking



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地址: 广州市天河北路2号冰花酒店11楼全层
Website: www.kaiyiyk.com



LISTINGS

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RESTAURANT

ASIAN

INDIAN (SOUTH ASIAN)

Bombay Grill Cuisine of India 2 Aiguo Lu, Overseas Chinese Village (opposite Holiday Inn City Centre Hotel Lobby), Yuexiu District (8359 4533)
孟买印度餐厅, 越秀区环市东路华侨新村爱国路2号(假日酒店正门对面)

Ice Cube Bar & Grill 1/F, Paco Hotel, 5 Ji-an-shan San Malu, Yuexiu District (8382 9522)
越秀区建设三马路5号柏高酒店首层

Little India Indian & Nepalese Cuisine Units 103-104, Edinburgh International Apartment, 2 Huali Lu, Zhujiang Xincheng, Tianhe District (3878 1353) 越秀区珠江新城华利路2号爱丁堡国际公寓103-104号铺

The Tandoor-Guangzhou 2/F, Asia International Hotel, 326 Huanshi Dong Lu, Yuexiu District (6260 8999)
大都会印度餐厅, 越秀区环市东路326号亚洲国际大酒店二楼

INDONESIAN

Lombok Indonesian Restaurant 522 Huifu Dong Lu, Yuexiu District (020-8306 5831)
越秀区惠福东路522号

Pandan Indonesian Cuisine 1) No. 16-19, Bldg A, 475 Huanshi Dong Lu, Yuexiu District (8760 5258); 2) 1 Jianshe Liu Malu, Yuexiu District (8376 5075); 3) Shop 1-3, 2/F, 11 Xingsheng Lu, Tianhe District (3805 1586)
香三印尼餐厅 1) 越秀区环市东路475号A区16-19号; 2) 越秀区建设六马路一号(靠东风东路口); 3) 天河区兴盛路11号兴盛汇2楼1-3铺

JAPANESE

California Roll Restaurant 1) Shop 101, 55 Jianshe Liu Malu, Yuexiu District (8370 3288); 2) 12 Jianshe Liu Malu, Yuexiu District (8376 5763); 3) No. 107, Building 31, Liede Dadao, Zhujiang Xincheng, Tianhe District (3827 8599)
加州卷 1) 越秀区建设六马路55号101铺; 2) 越秀区建设六马路12号; 3) 天河区珠江新城猎德大道31号中海瑞晖107号

Fusion Japan 102B-105, Pearl River City Garden, Huali Lu, Zhujiang Xincheng, Tianhe District (3838 5477)
非常日本, 天河区珠江新城华利路25号珠江都荟102B-105

I by Inagiko 5/F, W Guangzhou, 26 Xiancun Lu, Zhujiang Xincheng, Tianhe District (6628 6628)
稻荷日本料理, 天河区珠江新城洗村路26号广州W酒店5楼

Kaiseki Japanese Restaurant 4/F, Lobby No. 2, Chimeilong Hotel, Panyu Dadao, Panyu District (8478 6838 ext. 61488)
怀石料理日本餐厅, 番禺区迎宾路长隆酒店二楼大堂4层

Koyama Robotayaki Sushi 1) 4/F, Electronic Bldg, 403 Huanshi Dong Lu, Yuexiu District (8732 2022); 2) 3F, Ping An Building, 50-160 Tiyu Dong Lu, Tianhe District (3886 8038); 3) Shop 101, 1/F, Times Square, 28 Tianhe

Bei Lu, Tianhe District (3882 1846)
小山日本料理 1) 越秀区环市东路403号电子大厦4楼; 2) 天河区体育东路150-160号平安大厦3楼; 3) 天河区天河北路28号时代广场1楼101店



Tairyu Teppanyaki 1) 2/F, Zhizhunhui, 263 Huasui Lu, Zhujiang Xincheng, Tianhe District (8559 8937); 2) 2/F, Guangyi Bldg, 34-38 Huale Lu, Yuexiu District (8360 1371); 3) Shop 3008, 3/F, Baiyun Wanda Plaza, Baiyun District (2332 0061); 4) Shop 3009, 3/F, Guiluan Wanda Plaza, Nanhai District, Foshan (0757-6685 3568); 5) Shop 3005, 3/F, Panyu Wanda Plaza, Panyu District (2293 8935)
大渔铁板烧 1) 珠江新城华穗路263号至尊汇二楼; 2) 越秀区华乐路34-38号广怡大厦2楼; 3) 白云区万达广场室内步行街3层3008铺; 4) 佛山市南海区桂澜北路28号万达广场三层3009铺; 5) 番禺万达广场二楼3005铺

THAI

Banana Leaf 1) 5/F, World Trade Centre, 371-375 Huanshi Dong Lu, Yuexiu District (8776 3738); 2) 2/F, Times Square, 28 Tianhe Bei Lu, Tianhe District (3891 0728)
蕉叶风味屋 1) 越秀区环市东路371-375号世贸大厦5楼; 2) 天河区天河北路28号时代广场2楼

Hot Basil Thai Cuisine 1) Shop G4-5, 522 Huifu Dong Lu, Yuexiu District (8330 2183); 2) 2/F, Unit 205, 75 Tianhe Dong Lu, Tianhe District (8558 3988)
泰地道 1) 越秀区惠福东路522号G4-5铺; 2) 天河区天河东路75号二楼205铺

Mr. Thai Shop 201 (above Starbucks on Xingsheng Lu), 31 Liede Dadao, Tianhe District (8660 6822)
天河区猎德大道31号二楼201(兴盛路风情街星巴克上)

VIETNAMESE

District Bo Ho No. 20 Jianshe Si Malu (next to Oggi), Yuexiu District (8356 7059)
越秀区建设四马路20号

Indochine 57 Tianhe Dong Lu, Tianhe District (2893 5253)
天河区天河东路57号

Lemon House Vietnamese Cuisine 1) 1/F, 11 Jianshe Liu Ma Lu, Yuexiu District (8375 3600); 2) 511 Huifu Dong Lu, Yuexiu District (8318 9715)
越南范越式美食 1) 越秀区建设六马路11号首层; 2) 越秀区惠福东路511号

Pho Kim Saigon No. B110, -1/F, IFC shopping mall, Zhujiang Xincheng, Tianhe District ((Mr. Wong: 138 2516 5093)
天河区珠江新城IFC金天地负一层B110铺

OTHER ASIAN

Kang Ho-Dong Baekjeong No. 2-2, 3/F, Xingsheng Hui, Xingsheng Lu, Zhujiang Xincheng, Tianhe District (3810 4800)
天河区珠江新城兴盛路兴盛汇3楼2-2号

Honey Beam's 27 Huali Lu, Tianhe District (天河区华利路27号(181 0255 3597))

Ya Kun Kaya Toast Shop 523, 5/F, GTLand Winter Mall, 16 Zhujiang Dong Lu, Zhujiang Xincheng, Tianhe District
天河区珠江新城珠江东路16号高德置地冬商场5层523(8526 9606)

BAKERY & DESSERT

Awfully Chocolate M50, TaiKoo Hui Shopping Mall, 383 Tianhe Lu, Tianhe District (www.awfullychocolate.com)
天河区天河路383号太古汇M50

Cheris Patisserie L/1, Kabin Dasha, 379 Shougouling Lu, Tianhe District
天河区瘦狗岭路379号卡宾大厦首层

Emmaus Bakery 1 Congyuan Lu (opposite Poly Hotel), Baiyun District (3663 5171, em-maus@yeah.net)
麦子烘焙, 白云区从云路1号商辅(保利山庄酒店的对面)

Maison Delice Ice Cream 64 Xiadu Lu, Haizhu District (French/English: 139 2894 2789; Chinese/English: 136 0964 0604)
玛利兹法式冰淇淋, 海珠区下渡路64号

Mr. Bean 1) Shop 104, Starlight Walk, 352-354 Xingang Zhong Lu, Haizhu District (189 2759 4161); 2) B1, Grandview Mall, 228 Tianhe Lu, Tianhe District (189 2959 0831)
1) 海珠区新港中路352-354号环球星光城104铺; 2) 天河区天河路228号正佳广场B1

Perma Bakery 38 Jianshe Wu Malu, Yuexiu District (8380 7050)
村面包工房, 越秀区建设五马路38号

The Mandarin Cake Shop Mandarin Oriental, Guangzhou, 389 Tianhe Lu, Tianhe District (3808 8886)
文华饼店, 天河区天河路389号广州文华东方酒店

White Swan Deli 1/F, White Swan Hotel, Guangzhou, No.1, Shamian South Street, Liwan District (8188 6968 ext. 30840)
美良屋, 荔湾区沙面南街1号白天鹅宾馆1楼

CAFES

Chois Coffee 1) Yuanjing Lu, Baiyun District (8627 2081); 2) 559 Tianhe Bei Lu, Tianhe District (8523 8363); 3) 127 Huali Lu, Zhujiang Xincheng, Tianhe District (3855 9019)
崔逸咖啡 1) 白云区远东路3社1号; 2) 天河区天河北路559号16层; 3) 天河区珠江新城华利路27号

DownTown that's Shop 102-103, Peace World Apartment, 29 Jianshe Wu Malu, Yuexiu District
啡悦, 越秀区建设五马路29号好世界公寓首层102-103号铺

H.O 4/F, The Ritz-Carlton, Guangzhou, 3 Xing'an Lu, Zhujiang Xincheng, Tianhe District (3813 6688)
H.O 池畔吧, 天河区珠江新城兴安路3号广州富力丽思卡尔顿酒店4楼

Henry's Coffee and Bakery Shop 101, 80 Huacheng Dadao, Zhujiang Xincheng, Tianhe District (3893 9367)
天河区珠江新城花城大道80号101铺

Kafelaku Coffee 1) Shop 1516, 1/F, China Plaza, 33 Zhongshan San Lu, Yuexiu District (8373 8221); 2) Haiyue Lu, Tianhe District (3827 9021); 3) 1/F, Guangwu Hotel, No. 101, 603 Tianhe Lu, Tianhe District (8754 4117); 4) Fortune Plaza, 116 Tiyu Dong Lu, Tianhe District (3881 1325) 插画咖啡 1) 中山三路33号中华广场(楼西)1516铺; 2) 天河区海月路(近海月路楼); 3) 天河路003号之101号广武酒店1楼; 4) 体育东路116号财富广场

Lady 7 Café 2/F, Tianhe Dong Lu, Tianhe District (3868 2008)
天河区天河东路75号2楼

Laihui Coffee 1/F, 84 Tianhe Nan Yi Lu,

Tianhe District (2984 7242)
来日咖啡, 天河区天河南路84号首层

Living Room 65/F, Park Hyatt Guangzhou, 16 Huaxia Lu, Zhujiang Xincheng, Tianhe District (3769 1234 ext. 7838)
悦厅, 天河区珠江新城华夏路16号广州柏悦酒店

Lobby Lounge 2/F, White Swan Hotel, Guangzhou, No.1, Shamian South Street, Liwan District (8188 6968 ext. 30818)
月兔吧, 荔湾区沙面南街1号白天鹅宾馆2楼

Naughty Bean Shop B1, B/F, South Zone, Mall of the World, 89 Huacheng Dadao, Tianhe District (3831 5355)
天河区花城大道89号花城汇南区负一层B1号

People's Café (open 24 hours) 1) 1/F, 35 Jianshe Wu Malu, Yuexiu District (8559 6677); 2) Shop 106-107, 8 Xingsheng Lu, Tianhe District (3805 1528) 1) 越秀区建设五马路35号大院一楼; 2) 天河区兴盛路8号106-107铺

Pacific Coffee 1) Shop A, South Gate, 1/F, Tee Mall, 208 Tianhe Lu, Tianhe District (8559 8263); 2) Shop MU06, TaiKoo Hui Shopping Mall, 383 Tianhe Lu, Tianhe District (3868 2026, 3868 2030); 3) Shop A15 (Lobby), G/F, 191 Tiyu Xi Lu, Tianhe District 4) Shop 103, G/F, Westmin Plaza, 48 Zhongshan Qi Lu, Liwan District (8132 9797); 5) Shop 103, East Hope Bldg, 515 Dongfeng Zhong Lu, Yuexiu District (8132 9797)

太平洋咖啡 1) 天河区天河路208号天河城购物中心第一层南庭A号商辅; 2) 天河区天河路383号太古汇商场MU06号铺; 3) 天河区体育西路191号一层白编号A15单元(写字楼大堂内); 4) 荔湾区中山七路48号西门口广场1楼103铺(近地铁西门口站D出口); 5) 越秀区东风中路515号东照大厦103铺

Teddy Coffee Shop Shop D2, South end of Mall of the World, Zhujiang Xincheng, Tianhe District (8888 8568)
天河区珠江新城花城汇南区3001商辅D2

Wagas Room MU06, Taikoo Hui, 383 Tianhe Lu, Tianhe District (8565 5790)
天河区天河路383号太古汇MU06单元

CHINESE

Flavors of China 3/F, White Swan Hotel, Guangzhou, No.1, Shamian South Street, Liwan District (8188 6968 ext. 30818)
风味餐厅, 荔湾区沙面南街1号白天鹅宾馆3楼

CANTONESE

Bing Sheng Restaurant 1) 33 Dongxiao Lu, Haizhu District (3428 6910); 2) 168 Tianhe Dong Lu, Tianhe District (8751 8683); 3) 1-4/F, Wufeng Hotel, 438 Jiangnan Dadao Nan, Haizhu District (8447 2844)
炳胜 1) 海珠区东晓路33号; 2) 天河区天河东路168号; 3) 海珠区江南大道南438号五凤酒店1-4楼

Chaly's Daily Shop 28, The Canton Place, Haifeng Lu, Zhujiang Xincheng, Tianhe District (3862 1305)
茶里, 天河区珠江新城广东天地28号

Din Tai Fung Shop 35, M/F, Taikoo Hui, 383 Tianhe Lu, Tianhe District (3808 8181)
天河区天河区天河路383号太古汇M层35铺

Food Street 1/F, China Hotel, A Marriott Hotel, 122 Lihua Lu, Yuexiu District (8666 6888 ext. 3156)
食街, 越秀区流花路122号中国大酒店1楼

Four Seasons 1/F, China Hotel, A Marriott Hotel, 122 Lihua Lu, Yuexiu District (8666 6888 ext. 3123)
四季, 越秀区流花路122号中国大酒店1楼

Lai Wan Market 2/F, The Garden Hotel Guangzhou, 368 Huanshi Dong Lu, Yuexiu

District (8333 8989 ext.3922)
荔湾亭, 越秀区环市东路 368 号花园酒店 2 楼

Lao Yang Dumplings Unit 14, Street Two, Huanan Country Garden Main Gate, Panyu District (180 0222 9433)
番禺区番禺大道华南碧桂园正门右侧商业 2 街 14 铺

Hoi Fan 1) Shop 16, The Canton Place, Haifeng Road, Zhujiang Xincheng, Tianhe District; 2) Shop 26, The Canton Place, Haifeng Lu, Zhujiang Xincheng, Tianhe District (3862 1433); 3) 3F, Fall, G.T Land Plaza, 11-13 Zhujiang Dong Lu, Zhujiang Xincheng, Tianhe District (3869 2704); 4) 3F, Onelink Walk Shopping Mall, 230-232 Tianhe Lu, Tianhe District (3899 2206); 5) 2F, Central Plaza (South Tower), 18 Jianshe Da MaLu, Huanshi Dong Lu, YueXiu District (8302 2281)

开饭: 1) 天河区珠江新城广粤天地 16 号; 2) 天河区珠江新城广粤天地 26 号; 3) 天河区珠江新城珠江东路 11-13 号; 4) 天河区天河路 230 号 - 232 号高德置地 [秋] 商场 3 楼; 5) 越秀区环市东建设大马路 18 号保利中环广场南塔 2 楼

Jade River 3/F, White Swan Hotel, Guangzhou, No.1, Shamian South Street, Liwan District (8188 6968 ext. 30818)
玉皇春暖, 荔湾区沙面南街 1 号白天鹅宾馆 3 楼

Peach Blossom Chinese Restaurant 3/F, The Garden Hotel, Guangzhou, 368 Huanshi Dong Lu, YueXiu District (8333 8989 ext. 3316) 桃园馆中餐, 越秀区环市东路 368 号花园酒店 3 楼

Wuu's Hong Kong Cuisine Shop 103-107, B1/F, 75 Tianhe Dong Lu, Tianhe District (8757 0062)
美缘茶餐厅, 天河区天河东路 75 号 B1 楼 103-107

Yan Yu 4/F, W Guangzhou, 26 Xiancun Lu, Zhujiang Xincheng, Tianhe District (6680 7828) 宴遇中餐, 天河区珠江新城花城大道 26 号广州 W 酒店

Yue Jing Xuan 68/F, Park Hyatt Guangzhou, 16 Huaxia Lu, Zhujiang Xincheng, Tianhe

District (3769 1234 ext. 7880)
悦景轩, 天河区珠江新城华夏路 16 号广州柏悦酒店

FUSION

M9 Restaurant Lounge Shop 112, 9 Xingsheng Lu, Zhujiang Xincheng, Tianhe District (3802 0171)
天河区珠江新城兴盛路 9 号 112 铺

River Café 1/F, White Swan Hotel, Guangzhou, No.1, Shamian South Street, Liwan District (8188 6968 ext. 30818)
流浮阁, 荔湾区沙面南街 1 号白天鹅宾馆 1 楼

MIDDLE EASTERN

SYRIAN

Orient Palace G/F, 875 Renmin Bei Lu (beside Guangdong Art Institute), YueXiu District (8136 2438, 8136 2439) 芳廷餐厅, 越秀区人民北路 875 号首层 (广东画院侧)

Shami House 2/F, Zhao Qing Da Sha, 304 Huanshi Zhong Lu, YueXiu District (8355 3012 / 8355 3091)
沙来屋, 越秀区环市中路 304 号肇庆大厦 2 楼

TURKISH

Bosphorus Restaurant 1) Shop 9, Zhaoqing Bldg, 304 Huanshi Zhong Lu, YueXiu District (8356 3578, 8356 3753) 2) 1 Jianshe Liu Malu, YueXiu District (8376 7644)
铂斯土耳其餐厅 1) 越秀区环市中路 304 号肇庆大厦 9 号铺; 2) 越秀区建设六马路 1 号 2 楼

Sultan Restaurant Turkish BBQ thaty 1) 1-3/F, 367 Huanshi Dong Lu, between Baiyun Hotel and Friendship Store, YueXiu

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District (8349 4170, 8349 4171); 2) Shop 102 & 114, Zhonghai Jinghui Huating, 31 Xingsheng Lu, Zhujiang Xincheng, TianHe District (3801 5002)
1) 苏坦土耳其烧烤餐厅, 越秀区环市东路 367 号 1-3 楼 (白云宾馆与友谊商店夹位处); 2) 广州市天河区珠江新城兴盛路 31 号中海寰宇华庭二期商辅 102 & 114

(3828 8482)
新元素: 1) 天河区天河路 383 号太古汇广场 L302 店; 2) 天河区珠江新城清风街 42 号首层

63 Burger & Booze 12,13 Bravo Plaza, 1 JinSui Road, Zhu Jiang New Town. Tianhe District. Guangzhou (3888 5086)
珠江新城金穗路 1 号邦华环球广场 12,13 铺

Chicken Express thaty 1) 11 Jianshe Liu Malu, YueXiu District (8376 5379)
1) 快快基, 越秀区建设六马路 11 号

Gail's Place American Cuisine & Bar Poly Champagne Garden, 32 Huali Lu, Zhujiang Xincheng, Tianhe District (8350 1667)
天河区珠江新城华利路 32 号, 保利香槟花园首层

Ricci Creative Eats thaty Shop 015B, G/F, Popark Mall, No.63 Linhe Zhong Road, Tianhe District, Guangzhou, China (Across

WESTERN

AMERICAN

Element Fresh 1) Shop L302, TaiKoo Hui, 383 Tianhe Lu, Tianhe District (3808 8506); 2) G/F, 42 Qingfeng Jie, Zhujiang Xincheng, Tianhe District

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- Ultrasonic Teeth Cleaning

Dr. James Ho DMD MPH

Dr. James Ho earned his Doctor of Dental Medicine and Master of Public Health from the prestigious Harvard University in the U.S.A, member of the American Dental Association, California Dental Association and American Association of Functional Orthodontics. Dr. James Ho brings over 20 years of proven experience with hundreds of satisfied patients in various dental fields including orthodontics to advanced implant dentistry. Dr. Ho is recognized for his accomplishments in dentistry and had appointments such as Consultant Trainer at Invisalign Asia Pacific Conference in Sydney, Australia and an invited speaker at the inaugural Chinese Symposium for the Promotion of Health in Beijing.

Dr. Ruoxing Azure Sun

Dr. Ruoxing Azure Sun is a well-known dentist from North California in the U.S. She earned the Doctor of Dental Surgery degree from the University of Texas Health Science Center at San Antonio. Being a pioneer of the generation of global dentists, Dr. Sun possesses practice certificates in the U.S (California, Pennsylvania and Texas) and Singapore. Dr. Sun provides high-quality dental care to her patients with advanced experience in invisalign, cosmetic dentistry and treating periodontal diseases. She impressed patients with her gentleness and patience, and received excellent feedback. Dr. Sun participates in international conferences and is an active member of the American, California and Singapore Dental Associations.

Dr. Claire Xie

Dr. Claire Xie graduated from Guangzhou Medical University, and had externship experience in Liwan Hospital of Guangzhou Medical University, Zhaoqing Dental Hospital. Dr. Xie has distinguishable achievements in endodontics, oral surgeon, prosthodontics and orthodontics. Dr. Xie especially focuses on cosmetic dentistry, to restore patients' perfect smile as well as tooth functions.

Dr. Samson Lee, Fukoung

Dr. Lee is especially fond of cosmetic reconstruction conjunction with cosmetic periodontal plastic surgery to achieve the highest patient satisfaction. Bone regeneration with gingival grafting in addition to root planning became our routine "one-stop" treatment for periodontal patients.

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广州市天河区珠江新城花城大道 4 号名门大厦正门首层

LISTINGS

the street from IKEA) (3809 6330)
天河区林和中路63号东方宝泰购物广场首层(宜家家居对面)

The Brew Sports Bar & Grill that's 1) Unit 9-11, Huanan Country Garden, Panyu Dadao (across the road from Chimelong Theme Park), Panyu District (3482 0401); 2) West Section, Bao Lin Yuan, Huaxun Jie, Zhujiang Xincheng, Tianhe District (3408 9549); 3) Shop 11-13, Yuhai Food Street, 1 Jianshe Liu Malu, Yuexiu District (8382 8299)

1) 番禺区番禺大道华南碧桂园碧华商业2街9-11号; 2) 天河区珠江新城华讯街保林苑西区加拿大布鲁咖啡馆; 近发展中心; 3) 越秀区建设六马路普海渔街11-13号

BRITISH



Rebel Rebel 42 Tiyu Dong Lu, Tianhe District (8520 1579)
天河区体育东路42号

The Tavern Sports Bar Traditional English style bar that fosters a cosy intimate atmosphere. Both Taverns offer an extensive menu of Western favorites and different theme nights throughout the whole week. 1) Poly 108, 6 Huajiu Lu, Zhujiang Xincheng, Tianhe District (8550 3038); 2) On the right side of the Huanan Country Garden, Yingbin Lu, Panyu District (3482 4882, www.tavernchina.com)

致盛 1) 天河区珠江新城华就路6号保利108公馆; 2) 番禺区迎宾路华南碧桂园大门右侧

FRENCH

The Connoisseur 3/F, The Garden Hotel, Guangzhou, 368 Huanshi Dong Lu, Yuexiu District (8333 8989 ext.3964)
名仕阁, 越秀区环市东路368号花园酒店3楼

Jardin d'Olive No. 101, 48 Tiyu Xi Lu, Tianhe District (8750 6440)
橄榄园, 天河区体育西路48号101

La Marina Shop G20, 10 Xingsheng Lu, Zhujiang Xincheng, Tianhe District (3888 0805)
天河区珠江新城兴盛路10号兴盛汇G20铺(近保利心语花园)

Sainte Maxime Shop G19, 11-17 Xingguo Lu, Liede, Tianhe District (3810 9300)
天河区猎德兴国路11-17兴盛汇G19号铺

GERMAN

1920 Restaurant 1) 4/F, 1 Jianshe Liu Malu, Yuexiu District; 2) Shops 67, 69, 72 & 76, The Canton Place, Qingfeng Jie, Zhujiang Xincheng, Tianhe District (8388 1142); Shop MW01-03, 05, Central Zone, Mall of the World, 89 Huacheng Dadao, Tianhe District (8709 6033)
(920咖啡店) 1) 建设六马路一号前幢4楼; 2) 天河区珠江新城清风街48号广粤天地67, 69, 72, 76号铺; 3) 天河区花城大道89号花城汇MW01-03, 05商铺

Munich 1820 Shop 102, 7 Xingsheng Lu, Zhujiang Xincheng, Tianhe District (3703 3309)
天河区珠江新城兴盛路7号102铺

Paulaner Bräuhaus L307, 3/F, TaiKoo Hui, 383 Tianhe Lu, Tianhe District (2808 6333)
宝来纳, 天河区天河路383号太古汇L307

ITALIAN

An-tico Shop L 304, 3/F, TaiKoo Hui, 383 Tianhe Lu, Tianhe District (8500 9028)
天河区天河路383号太古汇商场裙楼第三层L304号

Bocca Kitchen + Bar Shop 110, Bldg T25, The Canton Place, Haifeng Lu, Zhujiang Xincheng, Tianhe District (8759 1558)
天河区珠江新城海风路凯悦新世界T25栋110铺

Buongiorno 1) 3/F, Yi An Plaza, 33 Jianshe Liu Malu, Yuexiu District (8363 3587); 2) A7, Xinsihjie Haoyuan Diyi Ju, 168 Dongcheng Nan Lu, Dongguan (0769 2339 6499)
邦双意大利餐厅 1) 越秀区建设六马路直安广场3楼; 2) 东莞市东城南路168号新世界家园第一层A7号

Dining Room 65/F, Park Hyatt Guangzhou, 16 Huaxia Lu, Zhujiang Xincheng, Tianhe District (3769 1234 ext. 7858)
悦轩, 天河区珠江新城华夏路16号广州柏悦酒店

Grappa's Shop B166, Parc Central, 218 Tianhe Lu, Tianhe District (3725 2300)
天河区天河路218号天环广场B166铺

The Italian Restaurant 3/F, East Tower, Zhujiang Bldg, 360 Huanshi Dong Lu, Yuexiu District (8386 3840, www.xiaojiefengqing.com)
小街风情, 越秀区环市东路360号珠江大厦东座3楼

Limoni 3/F, The Ritz-Carlton, Guangzhou, 3 Xing'an Lu, Zhujiang Xincheng, Tianhe District (3813 6688)
意轩, 天河区珠江新城兴安路3号广州富力丽思卡尔酒店3楼

Oggi Trattoria & Pizzeria that's 1) 1 Tiyu Dong Lu, Tianhe District (8751 5882); 2) Shop 106, The Canton Place, Haifeng Lu, Zhujiang Xincheng, Tianhe District (3862 0240); 3) 1 Tianlun Garden, Jianshe 4 Lu, Yuexiu District (8356 1196) www.oggi-restaurant.com
卡布里西餐厅 1) 天河区体育东路1号(近黄埔大道); 2) 天河区珠江新城海风街广粤天地106; 3) 越秀区建设四马路天伦花园首层

LATIN AMERICAN

Latin Grillhouse 1) 3/F, Wing Kin Square, 29-31 Jianshe Liu Malu, Yuexiu District (8331 9118); 2) 4/F, Grandview Plaza, 228 Tianhe Lu, Tianhe District (3833 0052)
拉丁餐厅 1) 越秀区建设六马路29-31号荣建大厦3楼; 2) 天河区天河路228号正街广场4楼

Tristan's Texmex Restaurant and Bar Unit 101, 25 Liuyun Yi Jie, Tianhe Nan Lu, Tianhe District (139 2608 0256)
天河区天河南路六运一街25号101(地铁体育西路B或H出口)

PIZZA

Oggi Pizzeria that's 1) Shop 119, 8 Xingsheng Lu, Tianhe District (3805 1282); 4) 1 Tianlun Garden, Jianshe 4 Lu, Yuexiu District (8356 1196) www.oggi-restaurant.com
卡布里西餐厅 1) 天河区兴盛路8号119铺; 2) 越秀区建设四马路天伦花园首层



Summer House Directly behind the Marriage House, Xietian Li, Lingnan Tiandi, Chancheng District, Foshan (133 9223 6374, www.summerhouse.com.cn)
佛山市禅城区岭南天地协天里(嫁娶屋正后面)

Tomatoes Pizzeria G5, 11 Xingsheng Lu, Zhujiang Xincheng, Tianhe District (3839 9523)
天河区珠江新城兴盛路11号兴盛汇G5

RUSSIAN

Arbat Restaurant G6, Xingsheng Hui, 17 Xingsheng Lu, Zhujiang Xincheng, Tianhe District (3847 9186)
天河区珠江新城兴盛路兴盛汇17号G6铺

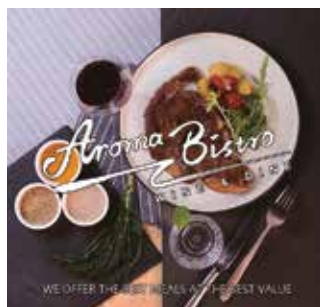
Katusha 1/F, Binghua Hotel, 2 Tianhe Bei Lu, Tianhe District (8729 9083)
天河区天河北路2号冰花酒店首层

SPANISH

Mezomd Cafe Shop 112-116, Canton Place, Zhujiang Xincheng, Tianhe District (3831 6227)
曼索蒂, 天河区珠江新城广粤天地112-116号铺

OTHER WESTERN

Alfresco Langham Place, Guangzhou, 638 Xingang Dong Lu, Haizhu District (8916 3388)
海珠区新港东路638号广州南丰朗豪酒店



Aroma Bistro Shop 117, 1/F, Voka Street, 460 Tianhe Bei Lu, Tianhe District (185 0200 1416)
天河区天河北路460号沃凯街首层117铺

The Carousel 30/F, The Garden Hotel, Guangzhou, Huanshi Dong Lu, Yuexiu District (8333 8989 ext. 3996)
凌璇阁, 越秀区环市东路花园酒店30层

The Cascade Cafe 1/F, The Garden Hotel, Guangzhou, 368 Huanshi Dong Lu, Yuexiu District (8333 8989 ext.3909) 观瀑廊咖啡厅, 越秀区环市东路368号花园酒店1楼

The Eating Table No. 401, 4/F, GTLand Winter Mall, Zhujiang Dong Lu, Zuijiang Xincheng, Tianhe District (8398 0502)
天河区珠江新城珠江东路高德置地东商场4层401室

Ebony 4/F, Mandarin Oriental, Guangzhou, 389 Tianhe Lu, Tianhe District (3808 8884)
天河区天河路389号广州又华东方酒店4楼

G Restaurant 22/F, Grand Hyatt Guangzhou, 12 Zhujiang Xi Lu, Zhujiang Xincheng, Tianhe District (8550 8025/8026)
天河区珠江新城珠江江西路12号富力君悦大酒店22楼

Happy Monk 1) Back of Yi'an Plaza, Jianshe Wu Malu, Yuexiu District (8376 5597); 2) No. 109, 7Xingsheng Lu, Zhujiang Xincheng, Tianhe District (3877 8679); 3) Outdoor Plaza, Happy Valley Mall, 36 Machang Lu, Tianhe District (3832 5317)
1) 越秀区建设五马路直安广场后1; 2) 天河区珠江新城兴盛路7号109号铺; 3) 天河区珠江新城马场路36号太阳新天地户外广场

Hooley's Irish Pub and Restaurant 1) 101, 8 Xingsheng Lu, Zhujiang Xincheng, Tianhe District (3886 2675); 2) 102, Unit 22, Creative Park, Jihua Si Lu, Chancheng District, Foshan (0757-8226 4606); 3) Section 2, Yijia Yuan, 7 Xingzhongdao, Zhongshan
爱尔兰西餐酒吧 1) 天河区珠江新城兴盛路8号101; 2) 佛山市禅城区季华西路创意产业园22栋102; 3) 中山市中道7号颐嘉苑2卡

The Kitchen Table 2/F, W Guangzhou, 26 Xiancun Lu, Zhujiang Xincheng, Tianhe District (6680 7816)
帜帜餐厅, 天河区珠江新城洗村路26号广州W酒店

Oakroom Restaurant & Bar 16/F, Oakwood Premier Guangzhou, 28 Tiyu Dong Lu, Tianhe District (3883 2828, 3883 3883 ext. 6704)
天河区体育东路28号广州万奥奥克伍德家俱16楼

Pétrus Grill Room 3/F, Lobby 1, Chimelong Hotel, Panyu Dadao, Panyu District (8478 6838)
帕图斯扒房, 番禺区番禺大道长隆酒店1号大堂3层

Prime 4/F, China Hotel, A Marriott Hotel, 122 Liuhua Lu, Yuexiu District (8666 6888 ext. 3468)
扒房, 越秀区流花路122号中国大酒店4楼

Silk Road Grill 1/F, White Swan Hotel, Guangzhou, No.1, Shamian South Street, Liwan District (8188 6968 ext. 30818)
丝绸之路西餐, 荔湾区沙面南街1号白天鹅宾馆1楼

Social & Co. Shop 112-113, 6 Huajiu Lu, Zhujiang Xincheng, Tianhe District (3804 9243, www.socialandco.com)
天河区珠江新城华就路6号112-113铺

Summer House Directly behind the Marriage House, Xietian Li, Lingnan Tiandi, Chancheng District, Foshan (133 9223 6374, www.summerhouse.com.cn)
佛山市禅城区岭南天地协天里(嫁娶屋正后面)



Three Drops Kitchen & Bar 10 Xietianli, Lingnan Tiandi, Chancheng District, Foshan
佛山市禅城区岭南天地协天里10号(0757 8203 1400)

Wilber's 62 Zhusigang Er Malu, Yuexiu District (3761 1101, www.wilber.com.cn)
越秀区竹丝岗二马路62号

WINE

ASC Fine Wine No. 1705, Tower B, Centre Plaza, 161 Linhe Xi Lu, Tianhe District (8666 8683, 8666 8021)
圣皮尔精品葡萄酒, 天河区林和西路161号中泰广场B塔1705

Aussio World Wines Rm 2017, Southern Securities Bldg, 148 Tiyu Dong Lu, Tianhe District
富隆酒窖, 天河区体育东路148号南方证券大厦2017室

East Meets West Fine Wines Room 507, Vli International, 167 Linhe Xi Lu, Tianhe District (8327 4162, www.emw-wines.com)
由西往东(上海)贸易有限公司深圳分公司, 天河区林和西路167号威尼国际公寓写字楼507室

Everwines 108 Qingfeng Jie, Zhujiang Xincheng, Tianhe District (3821 2195)
天河区珠江新城清风街108号

Everwise Wine Ltd. D7, 15/F, Jian He Centre, 110 Tiyu Xi Lu, Tianhe District (3880 4860)
永醇酒业, 天河区体育西路110号建和中心15楼D7

Jebson Fine Wines 28/F, Tower B, China International Centre, 33 Zhongshan San Lu, Yuexiu District (8713 7155, www.jebson-finewines.com)
捷成中国贸易有限公司, 越秀区中山三路33号中国国际中心B塔28楼

Jointek 1) Shop 57-60, Section C, Dongdu Da Shi Jie, 422 Huanshi Dong Lu, Yuexiu District (8769 6288) 2) Next to the Huashan Hotel, Yuexiu District (8756 9109)
臻德酒庄, 1) 越秀区环市东路422号东都大世界C区57-60号铺; 2) 越秀区华山宾馆旁

Justwine Cellar Chain Store 1) 90 Tianhe Nan Yi Lu, Tianhe District (8758 0807); 2) Unit 11-3, G/F, Guangzhou International Trade Center, Tianhe Bei Lu, Tianhe District (3825 0440)
神之水滴葡萄酒连锁店 1) 天河区天河南路90号; 2) 天河区天河北路广州国际贸易中心地铺一层11-3单元

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 桃乐丝葡萄酒贸易有限公司, 天河区体育西路111-115号建和中心6楼G室

NIGHTLIFE

Bravo Shop 114-115, 6 Huajiu Lu, Zhujiang Xincheng, Tianhe District (13570499142)
 天河区珠江新城华就路6号114-115铺



The Brew Sports Bar & Grill thaty 1) Unit 9-11, Huanan Country Garden, Panyu Dadao (across the road from Chime-long Theme Park), Panyu District (3482 0401); 2) West Section, Bao Lin Yuan, Huaxun Jie, Zhujiang Xincheng, Tianhe District (3408 9549); 3) Shop 11-13, Yuhai Food Street, 1 Jianshe Liu Malu, Yuexiu District (8382 8299)
 1) 番禺区番禺大道南碧桂园碧华商业2街9-11号; 2) 天河区珠江新城华讯街保林苑西区加拿大市鲁咖啡街; 近发展中心; 3) 越秀区建设六马路碧海食街11-13号铺

Brussels Belgian Beef Cafe Shop 133B, Starlight Walk, 354 Xingang Zhong Lu, Haizhu District (8412 3032)
 海珠区新港中路354珠影星光城133b铺

Cave Bar B/F, Pearl River Bldg (East Side), 360 Huanshi Dong Lu, Yuexiu District (8386 3660)
 墨西哥酒吧, 越秀区环市东路360号珠江大厦(东)地下

Duo Club 16 Jianshe Liu Malu, Yuexiu District (English: 137 1077 0232; Español: 187 0207 4849; Chinese: 134 2402 1170)
 元素吧, 越秀区建设六马路16号首层

Fei 2-4/F, W Guangzhou, 26 Xiancun Lu, Zhujiang Xincheng, Tianhe District (6680 7825)
 妃, 天河区珠江新城洗村路26号广州W酒店2-4层

Happy Monk 1) Back of Yi'an Plaza, Jianshe Wu Malu, Yuexiu District (8376 5597); 2) No. 109, 7Xingsheng Lu, Zhujiang Xincheng, Tianhe District (3877 8679); 3) Outdoor Plaza, Happy Valley Mall, 36 Machang Lu, Tianhe District (3832 5317)
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 1) 爱尔兰西餐酒吧, 天河区珠江新城兴盛路8号101;

2) 中山市兴中道7号颐嘉苑2F

JZ Club The Bucket, Zhujiang Beer Museum, Yuejiang Xi Lu, Haizhu District (3446 9831)
 海珠区阅江西路珠啤博物馆大酒桶(琶醍A区米库旁)(珠江啤酒博物馆)

Lazy Guys 105-106, Huaqiao Garden, 1 Zhengping Nan Jie, Taojin Bei Lu, Yuexiu District (153 6003 3696, 138 0882 9951)
 越秀区淘金北路正平南街1号华侨乐园105-106

Lotus Pond 1/F, The Garden Hotel, 368 Huanshi Dong Lu, Yuexiu District (8333 9899 ext.3191)
 荷塘雅座, 越秀区环市东路368号花园酒店1楼

Lucky Jack No.23, Zone A, Party Pier, Yuejiang Dong Lu, Haizhu District
 海珠区阅江东路琶醍珠江啤酒厂文化创意园A区23

M9 Restaurant Lounge Shop 112, 9 Xingsheng Lu, Zhujiang Xincheng, Tianhe District (3802 0171)
 天河区珠江新城兴盛路9号112铺

McCawley's Bar & Grill thaty Shop 101, 16 Huacheng Dadao, Zhujiang Xincheng, Tianhe District (3801 7000)
 天河区珠江新城花城大道16号101铺

Mr. Rocky Restaurant & Bar 1) 6-7 Tai Gu Cang, 124 Gexin Lu, Haizhu District (3448 0800); 2) Shop 6-7, Zone B, Party Pier, 118 Modiesha Da Jie, Yuejiang Lu, Haizhu District; 3) 1/F, Time Square Plaza, 28 Tianhe Bei Lu, Tianhe District
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In · Side · Out By Threedrops 3 floor, 10 Xi-etianli, Lingnan Tiandi, Chancheng District, Foshan (0757 82031400 / 189 885 25470)
 佛山市禅城区岭南天地协天里10号3楼

Revolution Cocktail 9 Xingsheng Lu, Zhujiang Xincheng, Tianhe District (3802 9960)
 天河区珠江新城兴盛路9号

The River Oyster Bar & Grill 4/F, Zone C, Zhujiang Party Pier Art & Creative Area, Yuejiang Xi Lu, exit of Modiesha Tunnel, Haizhu District (138 2604 0956, 135 1277 1631)
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The Roof Bar 70/F, Park Hyatt Guangzhou, 16 Huaxia Lu, Zhujiang Xincheng, Tianhe District (3769 1234 ext. 7875)
 悦吧, 天河区珠江新城华夏路16号广州柏悦酒店

Sapphire Lounge 4/F, China Hotel, A Marriott Hotel, 122 Lihua Lu, Yuexiu District (8666 6888 ext. 3450)
 马天吧, 越秀区流花路122号中国大酒店4楼

Social & Co. Shop 112-113, 6 Huajiu Lu, Zhujiang Xincheng, Tianhe District (3804 9243, www.socialandco.com)
 天河区珠江新城华就路6号112-113铺

Song's Club Shop 2-12, Xingsheng Hui, Xingsheng Lu, Zhujiang Xincheng, Tianhe District (3887 5888)
 天河区珠江新城兴盛路兴盛汇3楼2-12铺

Summer House Directly behind the Marriage House, Xietian Li, Lingnan Tiandi, Chancheng District, Foshan (133 9223 6374, www.summerhouse.com.cn)
 佛山市禅城区岭南天地协天里(聚翠屋正后面)

Suns Bar Lounge A25-26, Zhujiang Party Art and Creative Area, Yuejiang Xi Lu, Haizhu District
 海珠区阅江西路珠江啤酒厂琶醍艺术创意区A25-26室(8977 9052)

Woo Bar 1/F, W Guangzhou, 26 Xiancun Lu, Zhujiang Xincheng, Tianhe District (6628 6628)
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 广州伊丽莎白妇产医院国际医疗中心, 荔湾区康王中路484号

United Family Guangzhou Clinic 1/F, Annex Bldg, PICC Bldg, 301 Guangzhou Dadao Zhong (4008 919 191, 24-hr urgent care: 8710 6060)
 广州越秀和庭家庭医生诊所, 广州大道中301号人保大厦南塔副楼首层

DENTAL CLINICS

All Smile - Dr. Lu Int'l Dental Clinic Rm 603-604, 6/F, Metro Plaza, 183 Tianhe Bei Lu (24-hour hotline: 8755 3380). Mon-Sat 9am-6pm (other times by appointment).
 大都会牙科, 天河区北路183号大都会广场六楼603-604

H&H Dental Center 1/F, Mingmen Building, 4 Huacheng Dadao, Zhujiang Xincheng, Tianhe District (3808 0700, 3808 0729; 24-hour hotline: 139 2516 2826; E-mail: hnh-dental@163.com)
 H&H牙科中心(嘉西医疗门诊), 天河区珠江新城花城大道4号名门大厦正门首层

Deron Dental 11/F, Ice Flower Hotel, 2 Tianhe Bei Lu (3886 4821, www.kaiyiyk.com)
 德隆牙科诊所, 天河区北路2号冰花酒店11层

Wisdom International Dental Clinic Room 2008-2010, No.2 Hua Li Road, Zhujiang Xincheng (Edinburgh International Apartment) (3827 2897). Daily 9:30am-9pm.
 广州智慧国际牙科中心, 珠江新城华利路2号2008-2010(爱丁堡国际公寓)

HAIR AND NAIL

Hair Code 1) 54 Taojin Lu, Yuexiu District (8359 9964); 2) Shop 5A017-18, 5/F, Grandview Mall, 228 Tianhe Lu, Tianhe District (8550 5180); 3) 3/F, South District of Poly Central Plaza, 18 Jianshe Da Ma Lu, Yuexiu District (8302 2068)
 芭曲, 1) 越秀区淘金路54号; 2) 天河区天河路228号正佳广场5楼5A017-18; 3) 越秀区建设大马路保利中环广场南区3楼

Hair Corner L225, 2/F, TaiKoo Hui Shopping Mall, 383 Tianhe Lu, Tianhe District (3808 8338)
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EDUCATION INTERNATIONAL SCHOOLS

Alcanta International College (AIC) 1130 Baiyun Dadao Nan, Baiyun District (8618 3999; 8618 3000; 8618 3666)
 业加达教育机构国际预科部, 白云区白云大道南1130号, www.aicob.org

American Int'l School of Guangzhou (AISG) 1) 3 Yanyu Nan Lu, Ersha Island (8735 3393); 2) 19, Xianxiang Road Luogang District, Science Park, Guangzhou (3213 5555)
 1) 广州美国人, 二沙岛烟雨南路3号; 2) 广州萝岗区科翔路19号

Canadian Foreign Language School Cambridge Garden, Panyu District (39191868 ext. 0)
 广州市番禺区剑桥郡加拿大外国语学校, 广州市番禺区剑桥郡花园

Canadian International School of Guangzhou Cambridgeshire Garden, Nancun Town, Panyu District (3925 5321) www.cisgz.com
 广州加拿大国际学校, 番禺区南村镇雅居乐剑桥郡花园内

Canadian Internatioanal Kindergarten Agile Garden, Yinbin Lu, Panyu District (8456 6551).
 加拿大国际幼儿园, 番禺区迎宾路雅居乐花园

Canadian (Mayland) International Kindergarten Mayland Garden, Keyun Lu, Tianhe District (8561 6516)
 嘉林国际幼儿园, 天河区科韵路美林海岸花园园林街48号

Clifford School International International Building, Clifford School, Clifford Estates, Shiguang Lu, Panyu District (8471 8273; 8471 1441; 8471 1694)
 祈福英语实验学校, 番禺区市广路

Guangzhou Huamei International School 23 Huamei Lu, Tianhe District (Tel: 8721 0372). www.hm163.com
 广州华美英语实验学校, 天河区华美路23号

Guangzhou Nanfang International School No.1 South Industrial Park, Yinglong Lu, Longdong, Tianhe District (3886 6952, 3886 3606, Fax: 3886 3680). www.gnischina.com
 广州南方国际学校, 天河区龙涌迎龙路龙山工业园南1号

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Int'l French School of Guangzhou Favorview Palace, Tianhe District (3879 7324). www.efcanton.com.
 广州法国学校, 天河区汇景新城

Japanese School of Guangzhou 10 Fengxin Lu, Science City, High-technology and Industrial Zone (Tel: 6139 7023, Fax:

6139 7027). www.jsqcn.com
 广州日本人学校, 高新技术产业开发区科学城凤信路10号

Mayland International School Mayland International Resort, 168 Shanqian Dadao, Huadu District (3672 8212)
 美林湖国际学校, 花都山区前大道168号美林湖国际社区

Raffles Design Institute 9F, B Tower of Guangzhou Sinopec Building, No.191, Tiyu Xi Lu, Tianhe District. (8350 0760; 400 8332 033) gz.affles.edu.cn
 广州莱佛士设计培训学院, 天河区体育西路191号中石化大厦B塔9楼

St.Lorraine Anglo-Chinese School Riverside Garden, Dashi Town, Panyu District (8458 8252; 8450 7290). www.st-lorraine.com.cn
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 广州英国学校, 白云区同和路983-3

Utahloy Int'l School www.utahloy.com 1) 800 Shatai Bei Lu, Baiyun District (8720 2019, fax 8704 4296); 2) Sanjiang Town, Zeng Cheng (8291 4691 fax 8291 3303)
 广州普德莱国际学校, 1) 白云区沙太北路800号; 2) 增城三江镇

Yew Wah International Education School of Guangzhou Dragon Lake Resort, National AAAA Tourist Attraction, Huadong Town, Huadu District, Guangzhou (8683 2662 / 400 850 9778)
 广州耀华国际教育学校, 广州市花都区花东镇山前旅游大道学而街9号(比邻国家4A级旅游风景区九龙湖) www.ywies-gz.com

Yihe Int'l Kindergarten Summer Palace, Tonghe Lu, Baiyun District (3623 8230).
 颐和国际幼儿园, 白云区同和镇颐和山庄

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 长隆马戏酒店, 珠海市横琴新区

China Hotel, A Marriott Hotel 122, Lihua Lu (8666 6888) www.MarriottChinaHotel.com
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Guangzhou Women's Int'l Club (GWIC)
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Brazil Rm 1403, 10 Huaxia Lu, R&F Center, Zhujiang New Town, Tianhe District (020-83652236; cg.cantao.itamaraty.gov.br)
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Australia 12/F, Zhujiang New City, Development Centre, 3 Linjiang Lu (Tel: 3814 0111; Fax: 3814 0112) www.guangzhou.china.embassy.gov.au
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British Chamber of Commerce Unit 2201B, International Financial Center, 5 Zhujiang Xi Lu, Tianhe District (Tel: 8331 5013; Fax: 8331 5016; events@britchamgd.com)
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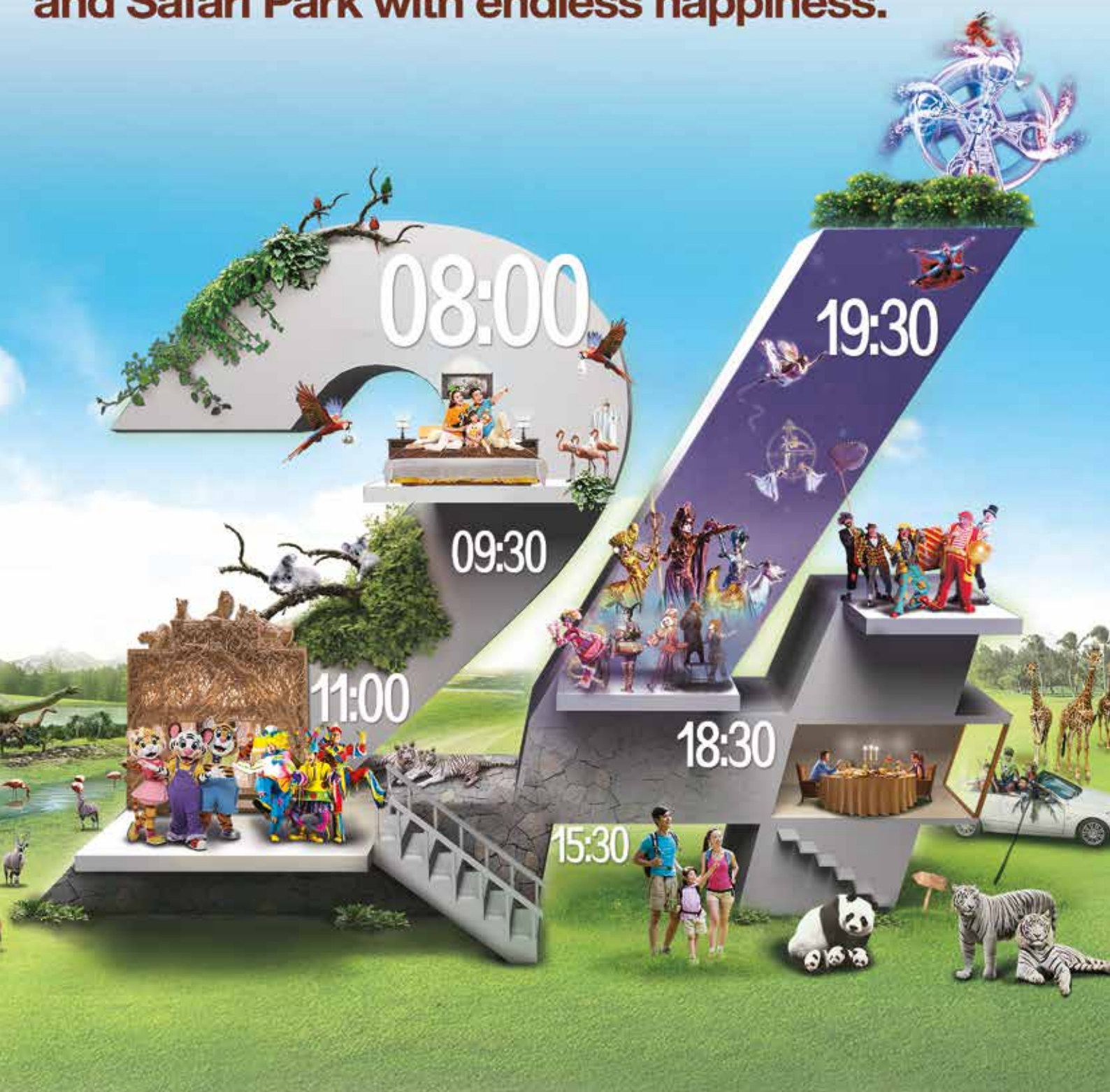
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